



Communique

April 21, 2022

A CGH Medical Center Publication

In This Issue:

- CGH Recognizes DAISY Award Winner Charles Arwine, RN, BSN
- Nicole Pitts, HUC-CNA Sunshine Award Winner
- National Volunteer Week
- United Way 2021 Business of the Year
- Jill Adolph Retirement
- Congratulations!
- Medical Lab Professionals Week
- April Nursing Spotlight
- Staci Drosopoulos, ATC, PA-C
- May Birthdays
- CGH Auxiliary 75th Anniversary Party: May 12
- CGHHF Virtual Auction: April 29-May 3

CGH Recognizes DAISY Award Winner Charles Arwine, RN, BSN

Charles Arwine, a registered nurse in the CGH Critical Care Unit, was recently recognized as a recipient of the prestigious DAISY Award for extraordinary nurses. An international program, the award is presented to nurses around the world who go above and beyond for their patients and demonstrate extraordinary compassionate care.

"Chuck recognized the need for intervention on a patient who was not assigned to him and displayed true compassion and kindness," said Renee Stach, RN, Critical Care Assistant Manager. "He did everything he could to counsel and calm a postpartum patient who wanted to leave against medical advice. He spent over 20 minutes on his knee consoling her, and his true kindness and empathy towards her did not go unseen."

The DAISY Award - an acronym for "Diseases Attacking the Immune System" - was established by the DAISY Foundation in California in memory of J. Patrick Barnes, who died at age 33 of an autoimmune disease. During his hospitalization, they deeply appreciated the care and compassion shown to Patrick and his entire family. When he died, they felt compelled to say "thank you" to nurses in a very public way. The DAISY Award continues to recognize and celebrate the outstanding professionalism and compassion that nurses bring to patients and their families every day.

Other CGH nurses nominated for the DAISY award during the 1st quarter included: Darcie Bettner; Shelly Roling Christensen; Jennifer Cook, LPN; Anne Cordell; Rosalie Feary; Michele Harrison, LPN; Laura Hawk; Sandy Hobbs; Rebecca Kundert; Shelly Lewis; Priscilla McNeill; Tiffany Markel; Anne Nehrkorn; Jennifer Olson; Danelle Saunders; Trisha Shuck; Laura Stoudt; Norma Alvarado-Urrutia; Stephanie Waller; Laurie Wilkinson; Julie Wardell, NP; and Beriah Zigler.

If you would like to submit a nomination for extraordinary nursing care that you, a family member, or a patient have received at CGH Medical Center, please visit www.cghmc.com/daisy.



Chuck Arwine, RN, BSN (CCU), is presented with daisies and "The Healer's Touch" statue - symbolizing the relationship between nurses, patients, and families - after being recognized as this quarter's DAISY Award winner.

Mandatory Education

Reminder:
CGH Employee
Mandatory Education for
FY 2021-2022 completion
is required by April 30.



Nicole Pitts, HUC-CNA Sunshine Award Winner

Nicole Pitts, a Health Unit Coordinator (HUC) and Certified Nursing Assistant (CNA) in the CGH Surgical Unit, was recently recognized as a recipient of the Sunshine Award for extraordinary service. The Sunshine Award was created to honor and recognize outstanding service and compassionate care by those in non-nursing roles, such as CNAs, CMTs or MAs.



Nicole Pitts, HUC-CNA

"Nicole took time with a patient who was unable to express many of her needs clearly," said Stephanie Waller, RN, Digestive Health Center, and Sunshine Award Coordinator. "She was very patient throughout the weekend, and not only took time to talk with the patient, but also listened closely to what the patient was trying to say and did everything in her power to tend to her needs. She cared for this patient - as she cares for ALL her patients - the way we would want our loved ones treated if they were in the hospital. She held the patient's hand when they were fearful or crying, and she helped her stay calm and relaxed. Nicole is a valued member of the Surgical Floor staff who always goes above and beyond the call of duty when caring for patients."

Other CGH nurses nominated by our patients this quarter for the Sunshine award included: Shandi Armstrong, CNA, and Tammy Vinson, CMT.

If you would like to submit a nomination for extraordinary service that you or a family member have received at CGH Medical Center by a staff member in a non-nursing role, please visit www.cghmc.com/sunshine.

Jill Adolph Retirement

We want to wish **Jill Adolph** (*Medication Refill*) a Happy Retirement!

Jill joined CGH in 1986 and is retiring after 35 years of service to our patients, staff and the community.

Congratulations, Jill!
CGH wishes you all the best!



Happy National Volunteer Week to our team of dedicated, celebrated and appreciated Auxiliary volunteers who donate countless hours of time and talents throughout our organization!

Not only are we grateful to have all of your help and smiles back at CGH, but we also extend a warm thank you to each of you...we recognize and appreciate all of the many moments you have given to make a difference in the lives of our patients, visitors and staff over the past 75 years. Thank you for all you do!

United Way 2021 Business of the Year



United Way's Community Awards recognize outstanding individuals, organizations and businesses that invest time and talent to engage, excite and unite the community in support of United Way. CGH Medical Center was recently presented the 2021 Business of the Year award.

"Even with the difficulties of the pandemic, CGH continues to be a strong supporter of United Way and the community as a whole," said Keri Olson, CEO of United Way of Whiteside County.

Pictured above from L-R are Jacob Schrader United Way Board Member; Kevin Anderson, CGH Director of Information Technology and United Way Board Vice President; Keri Olson, CEO of United Way of Whiteside County; Dr. William Bird, CGH Vice President and Chief Medical Officer; and Tracie Morgan, United Way Board Member.

CONGRATULATIONS

Congratulations to **Rachel Deets, PA-C, MS**, CGH Dixon Dermatology, for being selected as Preceptor of the Year by St. Ambrose University.

Preceptors make a commitment to the advancement of student learning. **Way to go, Rachel!**




Gayle Wright, RN
Pediatrics

Fun facts about me:

I have four children and 13 grandchildren. I have been married to my husband, Brent, for almost 37 years. We were high school sweethearts, dating for seven years before we were married.



My best career lesson:

Trust your instincts. If you have a gut feeling about a child, then trust it and have the child evaluated. Secondly, trust the parent's instincts. They are caring for their child, so trust them if they are concerned and say, "something isn't right."

3 words that describe me:

Kind, Compassionate, Helpful

When I'm not working, I enjoy:

Spending time with my grandchildren and reading

What I like about my job:

I have worked in Pediatrics for 36 years. I love developing relationships with the parents and their children. I am now seeing the children, that were initially our patients, bring their children to Pediatrics.

My job duties:

I work in Pediatrics at the Main Clinic. Telephone triage is a big part of my job, along with giving injections and other treatments. I also help with our Pediatric Allergy program.

April '22

Medical Lab Professionals Week

Our clinical laboratory professionals are key members of today's health care team. Together, they have the skills to unlock important medical information that is pivotal to the diagnosis, treatment, and prevention of disease.



Every day, our nurses, physicians, and other healthcare workers depend on our lab professionals to perform tests on blood and other body fluids, interpret the results, and help provide a complete picture of a patient's health. Using modern biomedical equipment and complicated analysis, they can detect the presence of cancer, identify infectious viruses and bacteria, measure glucose, cholesterol, or drug levels in blood, and so much more! Without this precise and valuable information, medicine would simply become guesswork.

From April 24-30, join us in celebrating Medical Laboratory Professionals Week and thanking all of our lab staff for their vital role in promoting and protecting our patients' health!



NOW ACCEPTING NEW PATIENTS!
Staci Drosopoulos, ATC, PA-C
Family Medicine Physician Assistant

Staci Drosopoulos, ATC, PA-C recently joined Dr. Eric Kuhns, Kayla Bland, PA-C and Miranda Long, PA-C in Family Medicine at CGH Main Clinic. Staci has worked at CGH since 2018, most recently in Oncology.

Staci received her MS in Physician Assistant Studies from Rosalind Franklin University of Medicine and Science in North Chicago, Illinois; her MS in Athletic Training from A.T. Still University in Mesa, Arizona; and her BA in Athletic Training from North Central College in Naperville, Illinois.



101 E Miller Rd, Sterling, IL
(815) 625-4790
www.cghmc.com

May Birthdays

1	Brenda Cochran	15	Ann Clark
1	Kelsey Desmond	17	Keanna Alba
1	Trina Frieberg	17	Erika Brown
1	Dina Green	17	Alexander Garza
1	Karra Hague-Schindel	17	Diane Gaumer
1	Cathy Hatten	17	Elizabeth Langan
1	Koriann Kennedy-Wolfe	17	Kaitlyn McGinn
1	Jean Thomaschfsky	17	Millicent Moreno
2	Heather Babbitt	17	Evie Musselman
2	Jennifer Ries	18	Eric Schaffert
2	Joey Young	18	Tina Frank
2	Sarah Zigler	19	Farzan Eskandari
3	Andrea Brenner	19	Jackie Gonzales
3	Theodore Harms	19	Megan Hippen-Sandoval
3	Barbara Newlon	19	Elizabeth Orr
3	Abigail Shields	19	Marvin Van Weelden
4	Kimberly Moses	20	Paula Devers
4	Lorri Mostad	20	Jodi Henson
4	Heather Stinson	21	Jessica Henderson
5	Aaron Stanley	21	Morgan Jacobs
5	Peter Toth	21	Ashley Scanlan
6	Karen Shipma	22	Denise Kramer
7	Susan Burnette	22	Brett Royer
7	Kelly Gray	22	Olivia-Hope Toppert
7	Jeanne Roberson	22	Joshua Wade
7	Lisa Shull	23	Jill Randall
8	Nikki Ebersole	23	Emily Schultz
8	Anna Kuper	23	Joleen Cortez
9	Ashlyn Eaglin	24	Cathy Dane
9	Leeann Koch	24	Erin Luckenbill
9	Joanna Lilly	24	Erin Luckenbill
9	Carlos Moreno	25	Katie Decker
10	Juan Ibarra	26	Darryl Fringer
11	Maria Luz Chattic	26	Kara Lacy
11	Dawn Hartman	26	Kenneth Zuthoff
11	Kayla White	27	Kenneth Zuthoff
11	Brittney Zemke	27	Morgan Gauthier
12	James Asumendi	27	Nancy Lauritzen
13	Heather Gould	27	Shelly Lewis
13	Sue Peterson	27	Shelly Lewis
13	Jacquelyn Schroeder	27	Emma Watson
13	Kervin Teckio	28	Emma Watson
14	Parish Cheshire	28	Brenda Allen
14	Manorama Hermon	28	Danielle Balsley
14	Deborah Kuehl	28	Danielle Balsley
14	Donna Lamb	28	Rogean Keime
14	Kari Matthews	28	Rogean Keime
14	Vincent Racanelli	28	Alyshia Malott
14	Eric Thueson	28	Alyshia Malott
14	Frank Tugwell	29	Dinah Rosengren
14	Lori Vandermyde	29	Dinah Rosengren
15	Claire Aulwes	29	Nicole Stepp
15	Debra Boehme	29	Nicole Stepp
15	David Brooks	29	Fatima Udoiwod
		30	Fatima Udoiwod
		30	Jennifer Behrens
		30	Jennifer Behrens
		30	Tanya Huffman
		30	Tanya Huffman
		30	Dana McCoy
		30	Dana McCoy
		30	Daryl Reitzel
		30	Daryl Reitzel
		30	Laurie Zollinger
		31	Laurie Zollinger
		31	Matthew Cutter
		31	Matthew Cutter
		31	Meredith Johnson
		31	Meredith Johnson
		31	Brenna Meade
		31	Brenna Meade
		31	Jason Reter
		31	Jason Reter



1946 2021

FRIENDS — OF THE — CGH AUXILIARY

Enjoy an evening hors d'oeuvre party in honor of the CGH Auxiliary's 75th Anniversary! Indulge in delicious food, desserts, and two complimentary drinks while listening to the Rock River Jazz Band.

THURSDAY, MAY 12TH, 2022
6:30PM - 9:30PM · MCCORMICK EVENT CENTER
205 E 3RD ST, ROCK FALLS, IL · \$55 PER PERSON

RSVP BY APRIL 25TH, 2022

For additional information please contact,
 Deb Keaschall (815) 625-0400 ext. 5727



CGHHF Virtual Auction

The CGH Health Foundation Virtual Auction is almost here! Please show your support for our new dementia/Alzheimer's project by donating a basket or dessert for our event.

If you would like to donate, please bring your basket to the CGH Health Foundation office, by tomorrow, April 22 at noon or email Amanda Blaine to make arrangements.



Don't forget the auction kicks off Friday, April 29 at 7 am and runs through May 3 at 9 pm on airauctioneer.com. Watch the CGH Health Foundation Facebook for pictures of incoming baskets and for the link to bid. Proceeds from this auction go toward our new dementia project. For more information, contact Amanda at 815/625-0400, ext. 5575.