



February 23, 2023

A CGH Medical Center Publication

Communique

LIFESAVING MEASURES RECOGNIZED

It was standing room only at the Rock Falls City Council meeting held on Tuesday, February 21. Rock Falls Police Chief David Pilgrim presented awards to three police officers and four civilians for their lifesaving measures that took place on January 6 at Rotary Airlock.

"I am proud of our officers quick response and the bystanders who started CPR immediately," said Rock Falls Police Chief David Pilgrim. "The AEDs that were used were donated by the CGH Health Foundation in 2019 for use in the squad cars."

Chester Hilty, former owner of Rotary Airlock for 26 years and still active in the business, suffered a ventricular fibrillation that led to cardiac arrest. CGH ambulance crew members, Stacey Roberts and Jason Schneider, along with the Rock Falls Police Department and the Rock Falls Fire Department, responded to the cardiac arrest. With the collaborative efforts of these departments, the Twin Comm dispatcher and bystanders, Hilty survived the cardiac event.

"It was a collective effort and true reflection on how each link in the chain of survival works. This starts with bystander CPR, pre-arrival instructions from dispatch, early defib by officers and fire, and subsequent ALS interventions," said Ryan Venema, CGH Director of Pre-Hospital Care and Ambulance. "Without the actions of everyone involved, the outcome would have been negative. Kudos to all responders involved!"

Lifesaving Awards were handed out to Rock Falls Police Sergeant Doug Wolber, Officer Autumn Day, and Officer Matthew McKanna and four Rotary Airlock employees who first called 911 dispatch and started CPR.



L-R: Stacey Roberts, Chester Hilty and Jason Schneider



The lifesaving team from Rock Falls Police Department, Rotary Airlock and CGH Ambulance share a moment with Chester Hilty.



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OB/GYN @ CGH WALNUT



Laurie Buckman, CNM, APRN

Certified Nurse Midwife Laurie Buckman, CNM, APRN is now seeing patients and expectant mothers at CGH Walnut Medical Center half-days on Tuesdays. Laurie is currently accepting new OB/GYN patients.

To schedule an appointment with Laurie in Walnut, please call the Main Clinic OB/GYN department at ext. 6856.



GUEST DJ ON MAC 94.7



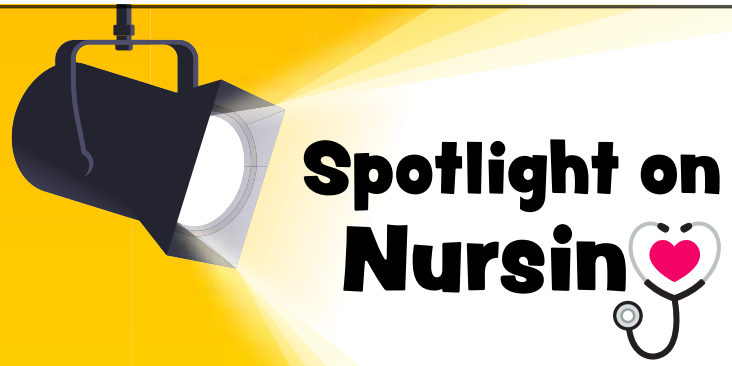
On Wednesday, February 22, **Lynne Coffey, FNP** at CGH Fulton Medical Center was a guest DJ with Chris Streets on MAC 94.7, Clinton, Iowa. She took the opportunity to talk about Family Medicine, CGH TeleUrgent Care and the CGH Fulton Medical Center.

The replay will be available soon on www.cghmc.com/health-resources/youtube-radio-interviews/.

Do you have CGH news for *Communique*?

We would LOVE to hear from you!

Please send all submissions for *Communique* to Liz Foster in Marketing: elizabeth.foster@cghmc.com.



Spotlight on Nursing

Penny Smit, RN Pediatrics

Fun facts about me:

I coach my daughter's travel softball team. I love to go hunting, fishing and riding 4-Wheelers/dirt bikes. I can change a flat tire, a set of brakes or the oil in my vehicle. I have three kids, two of which are already taller than I am, the other is only 8.



My best career lesson:

Teamwork makes the dream work. My department has a very special group of people. They make the bad days better and the good days great.

3 words that describe me:

Fun, Hardworking, Tenacious

When I'm not working, I enjoy:

Ignoring the dishes and the laundry in my house is definitely on top of my list. Otherwise, I enjoy playing softball and attending my kids' sporting events. I will admit I get some enjoyment out of playing Fortnite with the kids too.

What I like about my job:

My patients. Pediatrics is my jam. I love kids, as long as the parents take them home. I guess my coworkers are the next best thing. They are pretty great!

My job duties:

Telephone triage, giving injections, medication refills...you know the typical clinical office setting stuff. The best part is helping parents feel like they are doing their best. Sometimes a little advice is all they need.

STUDENT VOLUNTEERS

The CGH Auxiliary's new **Summer Student Program** runs **June 5 through August 4**. The program offers training and mentorship by adult volunteers, as well as observation and participation in weekday operations. **Applications are available for download at www.cghmc.com/volunteer and are due by April 7**. For more information, please contact Deb Keaschall at ext. 5727.



THANK YOU FOR VOTING CGH MEDICAL CENTER YOUR **TOP WORKPLACE** IN THE SAUK VALLEY!

- **FIRST PLACE** Health Care Facility
- **FIRST PLACE** Large Employer (100+ Employees)
- **FIRST PLACE** Company That Gives Back to the Community
- **FIRST PLACE** Nonprofit Organization
- **FIRST PLACE** Workplace for Seniors
- **TOP 3** Workplace for Veterans



At the start of each day, our hospital and clinics begin with one purpose:
to deliver exceptional patient care with outstanding skill and heartfelt compassion.

At the end of the day, **that makes CGH a great place to work!**

THANK YOU to all of our physicians, healthcare providers,
staff members and volunteers for contributing to our success!

THANK YOU to all of our patients for choosing CGH Medical Center -
your local hospital and clinics - for your healthcare needs.

If you are looking for a career in healthcare, and would like to
join the **TOP WORKPLACE** in the Sauk Valley,
visit www.cghmc.com/careers today!

- Sign-on Bonus for Select Positions
- Flexible Scheduling
- Tuition Reimbursement
- Day One Benefits
- IMRF & DC Retirement Plan
- Hospital RNs starting at \$32/hr, Clinic RNs starting at \$26.84/hr

MARCH BIRTHDAYS

1	Brittany Holocker	19	Beverly Burrows
1	Ashley Imel	19	Amy Pepper
1	Miranda Long	20	Molly Anderson
1	Stephanie Traff Glenn	20	Kelli Dean
1	Kim Vandermyde	20	Fran Haan
2	Alexis Ewald	20	Joseph Kelly
2	Mariel Kester	20	Marissa Rosengren
2	Brian Zschiesche	21	Kevin Allen
3	Grant Conibear	21	Stephanie Brady
3	Kara Diedrich	21	Katie Johnson
3	Ginny Giang	21	Hope Walters
3	Kylee Hoagland	22	Margo Bartels
3	Nicole Tessendorf	22	Tammy Eads
3	Kimberly Wainscott	22	Heather Hagemann
4	Leslie Lackey	22	Kali Hubbard
4	Perri Plog	22	Machelle Johnson
4	Angela Reitzel	22	Canaan Ross
5	Norma Alvarado-Urrutia	22	Timothy Schumaker
5	Kate Janssen	22	Julie Schwenk
5	Heather Musselman	23	Melissa Cassens
5	Kimberly Poci	23	Edward Hanlon
5	Lindsay Wallace	23	Evan Klein
6	Karen Dever	23	Faith Langenfeld
6	Mary Hammelman	23	Patti Nice
6	Alayna Palmer	23	Pamela Walrath
6	Corrine Willstead	24	Peggy Burger
7	Christy Fredericks	24	Pamela Fugate
7	Rebecca Rhodes	24	Shannon Gipe
8	Blake Carson	24	Jennifer Jellerichs
8	Jason Larson	24	Rosemarie Merced
8	Christine Maves	24	Michelle Mize
8	Summer Smith	24	Sammantha Portner
9	Alicia Evans	24	Kayla Saville
10	Carly Ebersole	25	Dana Behn
10	Sarah Snow	25	Teresa Goodell
10	Hayley Williams	25	Melissa Jacoby
11	Tiffany Houzenga	25	Rebecca Mays
11	Katie Leffelman	25	Amanda Smith
11	Allison Loggins	25	Samantha Weathers
11	Concha Sitter	26	Orlando Ramos
11	Taylor Tetric	27	Megan Stinson
12	Donna Dorothy	28	Olivia Baker
12	Debra Lira	28	Anne Cordell
13	Missy Anderson	28	Jodie Fellows
13	Shari Batten	28	Shannon Gallentine
13	Melissa Goldie	28	Wendy Selover
13	Lisa Little	28	Rae Walls
14	Anna Beswick	28	Robert Whittaker
14	Julie Hurd	28	Alison Wittenauer
14	Jennifer Swope	29	Margaret Godman
15	Cortney Parker	29	Gina Grennan
15	Janice Repass	29	Seth Janssen
15	Trina Strock	29	Krzysztof Malewicz
15	Kailynn Wickham	29	Peggy Montgomery
16	Brittany Hemminger	29	Hannah Schwenk
16	Shawna Snapp	30	Jeanette Keegan
17	Jill Bryan	31	Korissa Briscoe
17	Cara Firch	31	Ashley Davis
17	Morgan Judd	31	Kimberly Engelkens
17	Rod Miniel	31	Betsy Leech
18	Sandi Baylor-Schmidt	31	Alyssa LeSeure
18	Wendy Faley	31	Theresa McFadden
18	Ellyn Horn	31	Marina Sanchez
18	Rosa Ibarra		

Growing Healthier

SPEAKER SERIES



"Everyday Digestive Health"

with **Jorge Monteagudo, MD, CGH Gastroenterologist**
Thursday, March 23 @ Noon on Facebook Live

Join **Dr. Jorge Monteagudo** and learn how to protect and boost the health of your digestive system through annual colonoscopy, GI screening tests, as well as treating or even preventing a variety of diseases that could impact your digestive system.



Jorge Monteagudo, MD

This free program will be on our Facebook page via Facebook Live, hosted by William Bird, MD, VP & Chief Medical Officer. It is part of the Growing Healthier Speaker Series featuring speakers on important health topics sponsored by the CGH Health Foundation.

Scrubs On-Site Sale!

MAIN CLINIC LOBBY

Tuesday, March 14th

8am - 5pm

.....
PAYROLL DEDUCT, CREDIT
CARDS & CASH ACCEPTED



LOGO APPAREL ONLINE STORE:

March 14th - 25th

Featuring New Items!

.....
Payroll Deduct & Credit Card Accepted

Sponsored by the CGH Auxiliary

#SCRUBS