



# Communique

October 7, 2021

A CGH Medical Center Publication

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## CGH Celebrates Healthcare Food Service Workers Week

In appreciation of all healthcare food service workers, CGH Medical Center is celebrating National Healthcare Food Service Workers Week, October 3-9, 2021. This event is held annually to recognize and highlight the hard work and commitment involved in food and nutrition professionals within healthcare.

"This has been a particularly challenging year for those working in the food service industry nationwide," said Kerensa Pink, Director of Food and Nutrition Services, "so honoring our food service employees is especially important right now. 'Thank You' to our Dietary staff for all of your hard work and dedication!"

In October 1989, President George Bush announced the first annual, "National Health Care Food Service Week," to observe the contributions of professionals in the health care food service industry. The week of observation, October 3-9, reaches out to professionals such as chefs, dietitians, and food service staff who not only keep waistlines in check but who provide delicious and healthy meals to health care facility patients and staff.

Healthcare food service workers provide an important role in the day-to-day operation of a medical facility. They cater meetings, provide take-out orders for staff and visitors, and of course, prepare healthy meals for patients of all backgrounds and health needs. Their work behind the scenes is also important. They manage the extensive inventory of food for hundreds and thousands of meals. The Dietary team also maintains the kitchens, cafeterias, and coffee shop at very high standards of cleanliness.

CGH Medical Center employs over fifty employees in the Food and Nutrition Services/Dietary Department, with a variety of educational backgrounds and specialty certifications. The years of experience range from high school students to 40+ years.



Pictured from L-R are Kerensa Pink, Director of Food and Nutrition Services; Julie Cox, Dietary Cook; and Deborah Kuehl, Assistant Director of Food and Nutrition Services.



## Healthcare Foodservice Workers

Teamwork Is Our Secret Recipe

## Drive-Thru Flu Shot Clinic



**The best way to protect you and those around you from getting the flu is to get your seasonal flu shot!**

CGH will hold a Drive-Thru Flu Shot Clinic for adults age 19 and older this Saturday, October 9 from 8 to 11 a.m. under the canopy of the CGH Main Clinic. Both high dose and regular dose will be available. Insurance and cash payment will be accepted. No appointment needed. For questions, please call (815) 625-4790, ext. 6031.

## CGH Community Flu Clinic

The CGH Flu Clinic began Monday, October 4 and will run through November at the Main Clinic (no walk-ins) in the ENT department

for adults with any insurance and patients age 12 and up with private insurance. Patients must have an appointment to ensure social-distancing practices are followed. Call 815-632-5298 to make an appointment.

Pediatric patients six months to 11 years old can receive flu vaccinations in the Pediatrics department on October 9, 16 and 23 from 8 to 11 a.m. Appointments are required. Please call 815-625-4790, ext. 6873.



## Yoga Class



**The CGH Health Foundation offers yoga every Monday at 5:15 p.m. in the community room at 2600 North Locust in Sterling.** Anyone in the community is welcome.

The instructor is Sherry Prescott and cost is only \$5. Please bring your own mat, also strap and

blocks if you need them. Masks must be worn to enter the building and must be worn during class regardless of your vaccination status.

## Happy PA Week!

October 6-12  
**PA WEEK**  
#PAweek

National Physician Assistant Week is celebrated every year from October 6-12, with October 6 being PA Day. Treating patients in today's complex healthcare settings takes a whole team of professionals and we are so lucky to have AMAZING PAs at CGH Medical Center! Please join us in celebrating and thanking our Physician Assistants for their dedication to keeping our communities healthy!

## National Health Care Supply Chain Week

This year, National Health Care Supply Chain Week is being celebrated from October 3-9. We want to recognize our fantastic team of Materials Management professionals, including our Inventory Buyers, Central Supply, Warehouse, Biomed Technicians, Laundry and Delivery drivers.



Since early 2020, supply chains all over the country and the world have been disrupted. This posed a unique and difficult challenge to healthcare workers who depend on personal protective equipment (PPE) and other supplies to provide life-saving care to our patients. Thankfully, our team at CGH was up for the challenge and has gone - and continues to go - above and beyond to keep our facility protected and well stocked.

**Thank you for all you do!**

## Pink Pizza Promotion

**Grab your friends and head to Angelo's for pizza in October!**

The area favorite will donate \$1 for every pizza sold through October 31, in behalf of the CGH Health Foundation Women's Health Program. October is national Breast Cancer Awareness Month.



The fifth annual Pink Pizza Promotion kicked off October 1 and will run through the end of the month. Nearly \$72,000 has already been raised over the past four years because of the Wright Family's commitment to this important cause.

CGH HEALTH FOUNDATION

# DELICIOUS DESIGNS <sup>20</sup><sub>21</sub>

**7AM, THURS, OCT. 21 – 8PM, TUES, OCT. 26**

*Includes: Gift baskets, experiences, services, desserts, gift cards,  
& Wish List items for cancer and OB patients*

**Online auction link will be live by Oct. 20 through [AirAuctioneer.com](https://www.AirAuctioneer.com)**

**Go to [www.cghmc.com/deliciousdesigns](https://www.cghmc.com/deliciousdesigns) for more information**

## *GIVING A BOOST TO AREA WOMEN*

ALL PROCEEDS GO TO:

### **Women's Health Program**

Funding screening mammograms at no cost for area women, plus helping with diagnostic screenings, breast biopsies, ultrasounds, MRIs, provision of comfort care bags for cancer patients; and sponsoring meals during chemotherapy for cancer patients.

### **OB Mom Project**

Adding a new day of behavioral health assistance for our OB moms who have suffered so greatly during the pandemic through our free CGH Ways to Wellness Program. Plus, offering a YouTube Yoga Class and Zoom support group

## **Pink Ribbon Tribute List on Website**



- Submit a name in memory of or in honor of a loved one who has been impacted by breast cancer
- The names will be displayed on a tribute page on the CGH Website, [www.cghmc.com/pinkribbontribute](https://www.cghmc.com/pinkribbontribute)

### **Donate or Sponsor an Item**

Contact:

Event Co-Chair Lindsey Fiorini: (815) 677-7049

Event Co-Chair Lindsey Pistole: (815) 878-7564

Executive Director Joan Hermes: (815) 625-0400, ext. 5672





## EMPLOYEE OF THE MONTH

### BRETT ROYER

Nurse Navigator  
ACS Surgical  
Floor/Shift  
Coordinator



## OCTOBER 2021

### ABOUT ME

- **I live in:** Rock Falls
- **Joined CGH on:** May 13, 2013
- **Education:** Masters in Nursing, Leadership and Management
- **Hobbies:** Biking, hiking, traveling and sports

### PROUDEST ACHIEVEMENT

Receiving my Masters degree in Nursing

### MY FAMILY

Wife, Connie; and daughters, Sami and Allie

Brett is an exceptional co-worker and if he is even gone for one day, everyone notices immediately, as we know the day will not run as smooth as if he were here. He is very observant and intuitive of his co-workers needs and is always willing to jump in and help. He goes above and beyond: volunteering to stay late, work extra shifts, or will take on his own patient list while continuing to fulfill his duties as the Patient Navigator. When discharging patients, Brett takes extra time with the patient to ensure they understand how to care for themselves after they leave the hospital. Brett does all of this with a smile, while making sure our candy drawer is always stocked! Thank you for all that you do!



Purpose, Worthwhile Work...  
*Making a Difference!*