



Communique

October 8, 2020

A CGH Medical Center Publication

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Best of Luck!



Our chef, **Josh Koroscik**, is moving on to another opportunity in the next couple of weeks and we are going to be welcoming Chef Chris Polloway to CGH!

We will miss you, Josh!

National Physical Therapy Month

As part of the month long celebration for National PT Month, the American Physical Therapy Association announced Monday, October 12 as the Global PT Day of Service.

This initiative encourages PTs/PTAs to give back to their communities through various service projects. Some members of our CGH rehab staff will be participating in two different activities in honor of Global PT Day of Service.



Activity #1: Saturday, October 10, 2020

The CGH Rehab department is partnering with the Illinois Department of Natural Resources to help clean up the Hennepin Feeder Canal. Volunteer opportunities will include: trash pickup, bike path/trail clearing, and a couple painting projects (restrooms, benches, and graffiti on walls of buildings/underpasses).

Activity #2: Food Drive

Participating rehab staff will be bringing in canned/non-perishable food items to donate to the local food banks. Items will be collected October 5-9. On October 12, staff will deliver the items to the Dixon Food Pantry, Sauk Valley Food Bank, and the Morrison Food Pantry.

National Pharmacy Month

October is National Pharmacy Month, and it's the perfect time to recognize our CGH Pharmacy Team for all they do!

Together, they work collaboratively with our health care providers, nurses, respiratory therapists and many others to ensure that our patients receive safe and effective medication services every day. They also play a critical role in preventing medication errors, advising providers on the best drug choices, monitoring patient medication therapies, providing patient education, and working with new technology to enhance medication safety. Thank you, CGH Pharmacy Team, for all you do to provide outstanding patient care!



Physician Assistant's Week

Every year from October 6-12, we celebrate National PA Week, which recognizes the PA profession and its contributions to the nation's health.

PAs are
Essential.

#PAweek

This PA Week is especially significant as it falls during a global pandemic. PAs have stepped up in major ways, including serving on the frontlines of the COVID-19 response. Whatever your specialty or setting, you have put your health at risk every day to care for your patients.

During this challenging time, PAs have not only proven themselves as flexible, adaptable, and collaborative – but also ESSENTIAL. Essential to healthcare. Essential to patients. Thank you all for your continued dedication to our Sauk Valley community!

Schedule Your Mammogram

Breast cancer is the second most common form of cancer in women. You can take control of your breast health by following a healthy lifestyle and by having regular clinical exams, mammograms, and self-exams.

Female employees that have their mammogram appointment during the month of October will receive a FREE hand sanitizer with a carabiner clip.

Call (815) 625-0400, ext 5550 to make an appointment!



Emergency Management Drill



The Employee Flu Vaccination - Emergency Management Drill on September 28-29 was a success with 82% of employees receiving vaccinations! During the drill 1,157 onsite and 91 off-site employees were vaccinated.

"Thank you to all staff who helped out with this project!," said Shirley Wolford, Emergency Management Director. "It was truly a team effort, and a successful emergency management exercise to prepare for future vaccine programs."

The emergency management drill allowed us to prepare and test for a future event that would require vaccines to be distributed quickly and efficiently to the community.



Staff administer flu vaccinations to employees in the Ryberg.

The coordinated and house-wide effort ran from 6 a.m. to 6 p.m. over the course of two days and featured 6 stations in the Ryberg Auditorium, two drive through stations in the parking lot, one walk up outside station, 80 employees to staff the drill, and collaboration with Administration, Emergency Management, Quality, IC, IT, EMR, Pharmacy, Clinic Nursing Admin, POM, EVS, and Sauk Valley Community College.

Thank you again to all staff for their contributions and participation in the drill!

CGH Main Clinic Welcomes Anja Wolf, APRN, FNP-BC Internal Medicine

CGH Main Clinic is pleased to welcome Anja Wolf, APRN, FNP-BC. Anja joins Dr. Vincent Racanelli as a family nurse practitioner in the 2nd floor Internal Medicine department.

A CGH employee since 2009, Anja received her MSN and BSN from Northern Illinois University School of Nursing in DeKalb. Anja is a board certified nurse practitioner by the American Nurses Credentialing Center. In addition, she is a member of the American Nurses Association and the American Nurses Association of Illinois.



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Thank You

I can't even begin to express my appreciation for all the support I have received from my CGH family during my husband's illness and passing. It is times like these that define the words "compassion and friendship". There are too many of you to name individually but the number of cards and messages of encouragement I received speaks volumes to the kindness and generosity of so many, it is truly overwhelming.

A special thanks to the OB and Float departments for taking care of everything and anything so that I could focus on spending as much quality time with him as possible. Thank you to administration for supporting me through this process and allowing me the flexibility to be able to take care of him, my family, and myself. There really are no words to adequately show my appreciation to everyone.

Kathy Milby, Director of Maternal Child Services

I would like to thank the CGH employees who donated their hard-earned ETO to help me out when I was home recovering from surgery on my broken heel. A person never realizes how many friends you have until something happens to you that keeps you from being able to work. I am truly humbled and grateful for our gift of ETO.

I would like to thank the Caring Fund for the beautiful flowers I received. I am also very appreciative for the calls, texts, and those that came to the house to help out or just to visit.

A big "Thank You" goes out to Dr. Riley and his staff for their care - the care given was awesome! Also, thanks to Nicole, Brandi, Cherish and Secilia who worked those extra hours or filled in on the weekends that I was supposed to work. Also to Shari Giffen, she made physical therapy so much fun.

I will never forget these acts of kindness. Thanks from the bottom of my heart.

Jean Biba, Cardio

Way to Go!

Congratulations to **Korissa Kipping** and **Stephanie Richards** (ED) for completing their Certified Emergency Nurse's exams!



Korissa
Kipping



Stephanie
Richards

We are Stronger Together



The seventh annual CGH Health Foundation Delicious Designs event has gone VIRTUAL this year and will greatly impact the breast health of Sauk Valley women. The goal this year is to raise \$100,000 toward purchase of a new 3D Tomosynthesis mammography system at CGH.

Bid on our VIRTUAL Silent Auction items from October 15 to 21. Online bidding begins at 7 a.m. on Thursday, October 15 and runs 24/7 until 5 p.m. on Wednesday, October 21. In addition, you can drop in to 2600 N. Locust to view auction items beginning October 14 through the end of the auction on October 21.

- Gift baskets, experiences, services, desserts and gift cards will be auctioned online by shopping on the AirAuctioneer.com website.
- The AirAuctioneer.com link will go live on October 14 on the CGH website. Sign in and get ready to bid to your heart's content at www.cghmc.com/deliciousdesigns.

We are Stronger Together. Join with us on behalf of area women!

Scrubs On-Site Sale

Thursday, October 15th
RYBERG AUDITORIUM
Payroll Deduct, Cash, & Credit Card

CGH Logo Apparel Online Store:
Open October 18 - 28!

#SCRUBS for healthcare

Sponsored by CGH Auxiliary

OCTOBER 2020

Employee of the Month



Kevin Harshman
Advanced Application Analyst
EMR



I live in: Dixon

Joined CGH on: March 8, 2010

Education: AAS, Computer Information Systems from SVCC and BS, Information Systems Technologies from SIU Carbondale

Family: Wife, Erika; son, Christian; Daughter, Trinity; dogs, Angel and Maximus; and cat, Breeze

Proudest Achievement: Having two children who are becoming such smart and talented adults

Hobbies: Gardening, woodworking/carpentry, genealogy, drawing, music and robots

We would like to nominate Kevin Harshman for Employee of the Month. Everyday Kevin goes above and beyond for our department and for CGH. Whether he is improving Oncology's workflow, performing an upgrade or covering Help Desk, he always gives 110%. I know that the projects he has implemented at CGH have greatly improved patient care as well as increased employee productivity due to the amount of research and planning he does before each project. He is innovative, compassionate and an all-around great coworker to have in EMR and is a huge asset to CGH.

We congratulate him on being chosen October's Employee of the Month.

Purpose, Worthwhile Work, Making a Difference!

2020 40 YEAR EMPLOYEE RECOGNITION HONOREES

We would like to take a moment to honor our 2020 40 Year Employee Recognition Honorees. Please note that the anniversary celebration for employees celebrating a milestone anniversary is not cancelled; rather it is postponed until we can celebrate together in our traditional gathering. We will contact this year's participants with details once the rules allow us to gather and enjoy the meal and awards ceremony together.



Betty Goff
RN
Obstetrics



Mary McCormick
RN
Obstetrics



Rhonda Miller
Education & QI
Coordinator
ED



Jill Sosi
IT Technician
IT



Alice Vetter
Director
Cardiac & Procedural
Services



Lori Weed
Medical Records
Supervisor
HIM

