



Communique

January 28, 2021

A CGH Medical Center Publication

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CGH Recognizes DAISY Award Winner Chelsey Vetter, RN

Chelsey Vetter, a registered nurse in the CGH Critical Care Unit, was recently recognized as a recipient of the prestigious DAISY Award for extraordinary nurses. An international program, the award is presented to nurses around the world who go above and beyond for their patients and demonstrate extraordinary compassionate care.

"You have an AMAZING nurse on your CCU floor in Chelsey and anyone who has her as their nurse is in great care! This is why I feel that Chelsey needs to be recognized for her amazing skills and caring nature," said the nominator. "She is one of the many nurses who cared for my son, but she went above and beyond what I feel is expected from a nurse! Thank you again for having this amazing nurse on your staff."



*Chelsey Vetter, RN
Critical Care Unit*

"On Thanksgiving day I brought my son, who has Down Syndrome, into the ER for what we thought was the stomach flu. It turns out that he was diagnosed with diabetes and diabetic ketoacidosis with a blood sugar of 1737," continued the nominator. "Then when my son was transferred to CCU, I had to go home and leave his care up to the many nurses of the CCU staff. The next day, Chelsey took over being my son's nurse and from that point on I felt she was my angel looking out for him as she would call me and give me complete details of what was going on and take the time to try and learn what she could from me to comfort my son in my absence. From there, Chelsey advocated for me to her charge nurse and her superiors to be able to come into the hospital to be taught how to care for my son since he would not be able to do this on his own once he was discharged from the unit. She channeled every avenue there was for me to be allowed to comfort my child and to be taught by the staff how I would need to care for my son, from the new medications he would be on, to doing finger pricks, to drawing insulin from a vial into the needle and administering the injections. I am not sure what I would have done without all of the knowledge that Chelsey gave me when I was not there, to the instructions, the learning lessons and the comfort of someone who could see the stress I was under with this new diagnosis."

The DAISY Award - an acronym for "Diseases Attacking the Immune System" - was established by the DAISY Foundation in California in memory of J. Patrick Barnes, who died at age 33 of an autoimmune disease. During his hospitalization, they deeply appreciated the care and compassion shown to Patrick and his entire family. When he died, they felt compelled to say "thank you" to nurses in a very public way. The DAISY Award continues to recognize and celebrate the outstanding professionalism and compassion that nurses bring to patients and their families every day.

If you would like to submit a nomination for extraordinary nursing care that you or a family member have received at CGH Medical Center, please visit www.cghmc.com/daisy.



CELEBRATE NATIONAL CRNA Week

January 24-30, 2021

AANA 
#CRNAWEEK

As highly educated and skilled anesthesia experts, Certified Registered Nurse Anesthetists (CRNAs) stay with patients throughout their procedure to ensure their comfort and safety.

Since 2000, National CRNA Week has been an annual celebration of the nation's more than 57,000 nurse anesthetists. In 2021, as we continue to navigate through the COVID-19 pandemic, we'll reflect on the heroic work of CRNAs, recognize the power of our community, and look forward to a future of providing safe and effective anesthesia care to all patients.

Happy National CRNA Week!

ByeBye20# Health Initiative

What does it take to reach a healthy weight? Find out in our ByeBye20# healthy weight initiative sponsored by the CGH Health Foundation.



Join our private Facebook group for 20 weeks of motivation, education, support, and weekly prizes. At the end of the 20 weeks we will draw for the grand prize of an Apple fitness watch and celebrate with a virtual 5K. This is a free program with optional purchase of a t-shirt for the 5K. For more information, please visit www.cghmc.com/byebye20#.

Brought to you in partnership with The Sterling-Rock Falls Family YMCA, Food Fitness You, Central Park Yoga, 7:24 Fitness on the Rock, Olive Nut Certified Health Coaching, Sterling Park District, and Coloma Township Park District.

Visitor/Support Person Update

Beginning this past Monday, one designated support person that is over the age of 18 is now allowed per hospitalization/visit. These changes impact the following:

- ED
- Inpatient/Acute Care Units (CCU/Medical/Surgical/Pediatrics)
- Hospital procedural areas (Operating Room, Digestive Health, Invasive Radiology and Cath Lab)



Policies at our clinics, outpatient testing and procedures (Lab, Radiology, Wound Center, etc) and in our hospital OB department remain unchanged.

All designated support persons must be over the age of 18, and pass a brief COVID-19 screening (i.e. temperature and system monitoring) prior to entering the hospital. They must also comply with masking, social distancing, no food or drink in patient care areas, and other department specific guidelines. You may be asked to leave if you are ill or unable to comply with visitor guidelines.

As a reminder, and most importantly, our staff is here to take the best care of our patients while ensuring the safety of our visitors and coworkers. We are excited to have visitors back into the hospital! They are an important part of the care team!



\$2,000 in total awards available for each eligible vacancy filled.

- \$1,000 when the new employee starts
- \$1,000 when the new employee completes one year of employment

****This Referral Bonus applies to any Full-Time CNA or RN that is hired!*****

Candidates must designate the employee who referred them on their application.

Please refer to Policy #222 for complete details.

Please contact Shannon Kuepker in Human Resources with questions:

(815) 625-0400 ext. 5463



February Birthdays

- | | |
|-----------------------|-----------------------|
| 1 Erika Boostrom | 15 Saul Serrano |
| 1 Ted Bryant | 15 Shelly Whitman |
| 1 Aydin Erol | 16 Michael Fritz |
| 1 Alyssa Gerdes | 16 Kelly Johnson |
| 2 Kay McGrath | 16 Nicole Jones |
| 2 Priscilla McNeill | 16 Tara Timm |
| 2 Jennifer Porter | 16 Samuel Twining |
| 2 Billy Jo Rahn | 17 Jenna Harris |
| 2 Maria Riggs | 17 Debra Hussung |
| 3 Miranda Burke | 17 John Luckey |
| 3 Nicole Dornes | 17 Sandra |
| 3 Douglas Heeren | Mendez-Martinez |
| 3 Sarah Tribley | 17 Tara Olsen |
| 4 Andrea Lynch | 18 Erin Allen |
| 4 Janette Rugh | 18 Chelsey Asbury |
| 5 Jennifer Lopez | 18 April Bull |
| 5 Heather Swanson | 18 Alyse Church |
| 5 Kimberly Williamson | 18 Laura Kramoski |
| 6 Elizabeth Goff | 19 Drew Carroll |
| 6 Erica Grote | 19 Trisha Frump |
| 6 Sarah Hadley | 19 Marisa Garcia |
| 6 Jennifer Hinton | 19 Jackson Terry |
| 6 Christy Quinn | 19 Angela Tschosik |
| 7 Deborah Celestino | 20 Jennifer Duncan |
| 7 Judy Hammett | 20 Brenda Porter |
| 7 Lisa Livingston | 20 Jill Vegter |
| 7 Camden Ross | 20 Amy Young |
| 8 Olivia Garza | 20 Beriah Zigler |
| 8 Kelly McDuffy | 21 John Niemann |
| 8 Lindsey Montross | 22 Luis Camacho |
| 9 Joseph Alden | 22 Whitney Snyder |
| 9 Lindsay Hoyle | 23 Ronda Davison |
| 9 Elizabeth Kalas | 23 Jennifer Gehrke |
| 9 Cassidy Reese | 23 Mercedes Johnson |
| 10 Tammy Chino | 23 Irene Martinez |
| 10 Jamie Hay | 23 Kaleigh Tarbill |
| 11 Melissa Cushman | 24 Elizabeth Detig |
| 11 Makenzie Dolan | 24 Michelle Lenox |
| 11 Lisa Gordon | 25 Cynthia Fargher |
| 11 Jeanette Hunter | 25 Micah McNeill |
| 11 Jessica Lundy | 25 Nanette Metzler |
| 11 Mary Martin | 25 Idalis Montanez |
| 11 Tracey McCaslin | 25 Jessica White |
| 11 Candice McNinch | 26 Kristine Adams |
| 11 Roxane Wancket | 26 Debora Beveroth |
| 12 Ashley Hamilton | 26 Shelly Christensen |
| 13 Dominique DeLa- | 26 Pennie Schrader |
| Fuente-Penaflor | 26 Shannon Scroggins |
| 13 Karen Habben | 26 Koren Thompson |
| 13 Billie Kaprelian | 26 Elizabeth Williams |
| 13 Kayhla Shomaker | 27 Alyssa Canales |
| 13 Anne-Marie | 27 Emily Hutchison |
| Wadsworth | 27 Krystal Partridge |
| 15 Michelle Belha | 27 Kasandra Plocker |
| 15 Andra Collins | 27 Tommy Rice |
| 15 Kayla Gaffey | 27 Sonya Schilpp |
| 15 Emily Holldorf | |
| 15 Kristine House | |
| 15 Jennifer Rogers | |

BLOOD DRIVE

CGH Medical Center

Thursday, February 4

9:30am – 7:00pm

Ryberg Auditorium (100 E. LeFevre Rd.)

MASKS AND APPOINTMENTS ARE REQUIRED.

**To schedule, call Michelle or Bryan at 815-625-0400
(x6879 for Michelle or x1057 for Bryan)**

Please eat before donating and bring Photo ID.
Last Date to Donate Elsewhere: 12/10/2020
Group Sponsor Code: 3591



COUNT ON ME!
BLOODCENTER.ORG

All presenting donors will receive a voucher to redeem this T-shirt -OR- an e-gift card!

Save the Date!

Scrubs

On-Site Sale

Thursday, February 25th

RYBERG

AUDITORIUM

Payroll Deduct, Cash, & Credit Card

CGH Logo Apparel
Online Store to follow

#SCRUBS by MEDICAL

Sponsored by CGH Auxiliary

EMPLOYEE OF THE MONTH

MARY EISENBERG

Receptionist
Internal
Medicine
(Dixon)



JANUARY 2021

ABOUT ME

- **I live in:** Dixon
- **Joined CGH on:** September 12, 2016
- **Education:** Sauk Valley Community College
- **Hobbies:** Sewing, reading, baking, spending time with family, and taking vacations with family

This is how I met the person I call *My Mary*. On the evening of March 12, in my scariest state of not knowing what to do, I called the ED and was greeted by a kind and calm voice, I so desperately needed. Mary assured me to come into the ED and she would be there for me. Upon arriving to the ED, I was told I was having some heart issues and felt overwhelmed. I was waiting for my husband to arrive and in walks the comforting voice and introduced herself as *Mary*. She calmed me down, held my hand and even shared some personal experiences with me. She kept telling me everything was going to be OK and that she was here for me. After a 1 week stay in the hospital, I was released into the pandemic world and off work for a month.

It's funny how people are brought into your lives the precise moment they are needed. Upon returning to work I have had the pleasure of being able to work with Mary at the Dixon Clinic. Even to this day she has been there for me when I have had questions or concerns. Mary is always so kind and knowledgeable. I cannot begin to tell you how much I appreciate her for all her support. I still think back and feel so grateful the night Mary took my call and guided me in the right direction. CGH is so blessed to have Mary as an employee. Thank You, Mary!

PROUDEST ACHIEVEMENT

My two wonderful children who gave me my three grandchildren: Maya, Leo & Wyatt

MY FAMILY

Husband, Henry and adult children, Adam and Nicole



Purpose, Worthwhile Work...
Making a Difference!