



Communique

March 24, 2022

A CGH Medical Center Publication

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Celebrate, Celebrate, Celebrate

We're celebrating!

Celebrating 35 years of doing good works in the Sauk Valley. Celebrating our many supporters who have made this possible. And in the coming year, celebrating and honoring those individuals and families affected by dementia/ Alzheimer's.



The CGH Health Foundation is embarking on a new initiative focused on raising awareness of the disease and offering resources and assistance to those impacted. This will be made possible through a bequest from the late Hugh and Betty Miller, well-known Rock Falls residents, as well as your gifts to the 2022 Annual Appeal.

"My dear Mom suffered from dementia for almost 10 years. It was very painful to watch as she progressed in the disease," said Joan Hermes, executive director of the Foundation and daughter of Hugh and Betty. "She had been so active in the community with my Dad. Their Hugh F. Miller Insurance Agency motto is 'Here Family Matters' and they thrived on caring for their extended circle of 'families'."

In true community spirit, it was Mr. Miller's wish before his death in June that the Foundation and the hospital work together to help area families. "He hopes the Foundation can help families to more easily navigate finding existing resources as well as potentially provide new types of assistance," said Mrs. Hermes. "We will spend the next year in planning and creating local support for those impacted by dementia and Alzheimer's."

The Foundation and CGH Medical Center will be partnering with the Alzheimer's Association to offer a variety of resources to individuals living with the disease and their caregivers. Potential plans include: (1) create support groups in the area (2) host a community forum to learn from those impacted by dementia on what resources are lacking in the area (3) provide professional staff education on diagnosis/treatment of the disease (4) provide educational programs for the community (5) promote community awareness of the disease.

More than 5 million Americans are living with dementia and the number is projected to reach nearly 14 million by 2050. Alzheimer's is the most common cause of dementia, accounting for 60 to 80 percent of all dementia cases.

For more information go to www.cghmc.com/foundation or call Executive Director Joan Hermes at 815-625-0400, ext. 5672.



Anne Cordell, RN
Oncology

Fun facts about me:

I've been married to my husband, Chip, for 39 fun years. We have two married children (one is a high school math teacher and one is a nurse), and two granddaughters that call me, Ducky!



My best career lesson:

Always, always LISTEN to the patient

3 words that describe me:

Caring, happy and I like to have fun!

When I'm not working, I enjoy:

Spending time with my husband and family, and spoiling my grandchildren and granddogs

What I like about my job:

Having the privilege of helping people through their chemotherapy journey

My job duties:

Some office duties, but mostly administering chemotherapy

March '22

**Working Safe
Is How We Roll**



**Congratulations
to the following departments
who have all met their
Days Between Accidents
Safety Goal!**

Environmental Services

By working together and doing the right things - including group stretching before their shifts - EVS has made tremendous progress in the last year to proactively reduce their injuries!

Lab

With short staffing and the increased volume of lab tests over the past year, it is nothing short of great work and attention to safety that has allowed them to achieve this goal!
They've been a great example of working safe!

Plant Operations & Maintenance

With their hands in nearly every project that has been completed here at CGH, POM has managed to work safely as a team through them all!
Their staff members combine experience, knowledge and teamwork to reduce the inherent risks in their jobs and have successfully gone without a departmental injury to meet their "Working Safe" goal!

Food and Nutrition Services

Through the combined experience and knowledge of Dietary's "seasoned" staff, they have "caraway-ed" their goal of days between employee incidents!

**Please join us in
congratulating all of them
on a job well done!**

Masquerade™
\$5 JEWELRY & ACCESSORIES SALE
Monday, April 4th 7AM - 5PM
Tuesday, April 5th 7AM - 2PM
RYBERG AUDITORIUM
Cash, Debit/Credit Cards
and Payroll Deduct Accepted



Welcome CGH Medical Center New Employees



Kelly Mills
Radiation
Therapist
NICTC



Rose Ibarra
Phlebotomist
Laboratory



Melissa Zinke
CNA
Float-Clinic



Kylie Winsett
HUC/CNA
ACS-Surgical



Grace Rice
CNA
Float-Hospital



Kelli O'Neal
CNA
Cardiology



James Schauff
Cardiac
Monitor Tech
CCU



Alivia Hueramo
CNA
Vascular
Surgery



Saumin Patel
Phlebotomist
Laboratory



Alicia Evans
HUC/CNA
ACS-Surgical



Kathleen Sciacero
HUC-CNA
ACS-Surgical



Catalina Carrizales
HUC/CNA
BHU



Kaitlyn McGinn
Food &
Nutrition Assistant
Dietary



Angie Frazier
Food &
Nutrition Assistant
Dietary



Mario Medina
Food &
Nutrition Assistant
Dietary



Kaitlyn Crawford
Cafe Worker
Dietary



Andrea Brenner
Hearing Aid
Dispenser
Audiology



Debbie DaVila
Receptionist
Wound Care
Clinic



Karrigan Brooks
HUC/CNA
ED



Gigi Giang
Housekeeper I
EVS



Joanna Lilly
Food &
Nutrition Assistant
Dietary



Tanisha Foreman
Respiratory Care
Practitioner
Respiratory



Kaitlyn Stevens
Housekeeper I
EVS



Tru Nyanchama
Medical
Technologist
Laboratory



Tiffany Simmons
Receptionist
Float-Clinic



Lori Reif
CNA
ACS-Surgical



Ariane Jocknevič
LPN
Float-Clinic



Kaylene Gibbs
RN
ED



Elvira Hernandez
LPN
ACS-Surgical



Mavis Bryant
IT Support Tech
IT



Delaney Tegeler
CNA
ACS-Surgical



Emily Adee
RN
CCU



Mackenzie Kessel
CNA
Float-Hospital



Lori Crow
CNA
GI



Cameron Gonzalez
EMT-B
Pre-Hospital



Christine King
Sterile Processing
Tech
Sterile Processing



Carissa Ferry
HUC/CNA
ED



Sherri Graham
RN
ENT



Hope Canas
Phlebotomist
Laboratory



Casey Babel
Network
Engineer
IT



Page Geil
Nurse Student
Aide
CCU



Josephine Hale
CNA
Ready Care



Julia Gomez
RN
ACS-Surgical



Erica Mendez-Martinez
Pharmacy Tech
Pharmacy



Allison Hutchison
Phlebotomist
Laboratory



Laurie Griggs
Phlebotomist
Laboratory



Maddie Gasso
RN
Obstetrics

Dermatology CLIA Survey

Congratulations to **Dr. Marc Stees** and the **CGH Dermatology department** for having a successful Clinical Lab Improvement Amendments (CLIA) survey.

A CLIA is required by federal law for any facility that performs laboratory testing for the purpose of diagnosing and/or treatment. Our Dermatology department passed without any citations!



Clinical
Laboratory
Improvements
Amendments



Marc Stees, MD

Walk the Walk... or Run the Run, CGH!



As part of our commitment to health and wellness, and to involve employees in representing CGH in our communities, we will reimburse staff members for participating and/or forming teams to walk or run in local events.

Some guidelines to follow:

- Races must be in the local five-county CGH service area and pre-approved by Marketing before registering for an event.
- You must register and pay for the event, then you will be reimbursed. Race entry fees are reimbursable to a **maximum of \$20 per event**.
- We will reimburse a **maximum of three events** per employee, per fiscal year.
- Only the entry fees for CGH employees will be reimbursed, even though we encourage your family and friends to participate too!
- The event must benefit a school or non-profit organization, not an individual.
- Participants will receive one CGH race shirt for all events to wear during the events to represent CGH.
- Take a photo so we can post it on Facebook and Twitter (#TeamCGHMC) and cheer you on!

Thanks for representing us and have fun!!!
Please contact Nicole Bollman in Marketing with any questions.

Congrats, Karen Zigler!



Karen Zigler, Pharmacy, celebrated her 40th anniversary with CGH Medical Center on March 3. Laboratory held a surprise party on March 9 in her honor. Karen is pictured above with Matt Hammer, Director of Pharmacy, and Beth Jacobs, Assistant Director of Pharmacy.
Congratulations, Karen, on 40 years of dedicated service!

Mandatory Education

Reminder: CGH Employee Mandatory Education for FY 2021-2022 completion is required by April 30.



Relaxation Room

What people are saying...

My feet feel like they are in heaven!

This is a nice area to just sit, process, be emotional, and disassociate for a bit. This has been a great reflection and processing time. Thank you!

Best idea ever!!! After a long shift, it was nice to come here and unwind.

Please visit the CGH relaxation room at the hospital on the 3rd floor, for a quick and well-deserved getaway in the midst of a crazy work day.



April Birthdays

1	Rose Bass	15	Debbie Pratt
1	Skyler DeLaFuenta	15	Tammy Vinson
1	Kaley Downie	15	Cindy Zander
1	Susan Eyrich	16	Amber Clark
1	Amanda Fulkerson	16	Rosemary Gittleson
1	Renee Stach	16	Robin Klenz
2	Christopher Gale	16	Leah Landis
2	Jill Halverson	17	Amanda Blasdell
2	Kylie Heninger	17	Tara Celletti
2	Savannah Perkins	17	Deborah Etheridge
2	Sarah Prowant	17	Paige Geesey
3	Evan Cooper	17	Lyndi Lemay
3	Angelica Dornes	18	Bryan Kemker
3	Kenneth Masters	18	Serena Lahey
3	Esther Salazar	19	Melissa Brooks
3	Lauren Williams	19	Evelin Marquez
4	Kayla Magill	19	Christopher Ramirez
4	Dawn Mayes	20	Wendy Burke
5	Linda Baker	20	Karl Drucklieb
5	Tyler Lawson	20	Randy Foster
5	Tiffany Marquez	20	Jobelle Gamboa
6	Lori Crow	20	Ariane Jocknevech
6	Monica Enstrom	20	Heather Wakefield
6	Andrea Ferguson	21	Andrea Castanon
6	Tanja Gruber	21	Amie Stoecker
6	Julie Penne	21	Shawna Winstead
6	Eddie Pruis	22	Ashlea Canady
6	Frelea Tiongson	22	Taylor Hockman
6	Greta Van Weelden	22	Rebecca Kundert
6	Erica Wyckstandt	22	Glenna Lawson
7	Cari Johnson	22	Brenda Miller
7	Marsha Malburg	22	Sara Miller
7	Karen McNinch	22	Alicia Wetzell
7	Jorge Monteagudo	23	Jill Adolph
7	Diane Shipman	23	Mary Devine
7	Amanda	24	Barbara Smith
	Stephenitch	24	Patricia VanDrew
8	Debra Bowman	24	Kim Wolfe
8	Lacy Renner	25	Amanda Dawson
8	Julie Schoeny	25	Jaini Driscoll
9	Andrea Fry	25	Maxwell Klimson
9	Kimberly Peikert	25	Stephanie Robbins
9	Henri Stewart	25	Kimberly Weinstock
10	Promise Chambers	26	Sabrina Allen
10	Lynette Ebersole	26	Danielle Baker
10	Kerri Stover	26	Dylan Scudder
10	Mikayla Watkins	27	Deborah Blackert
11	Karley Bonnell	27	Melinda Brainerd
11	Suzette Schriener	27	Michelle Wiersema
11	Paul Steinke	28	Alexandrea Brady
12	Julie Donovan	28	Jennifer Grobe
12	Sondra Heidenreich	28	Jennifer Rodriguez
12	Aubree Johnson	28	Heather Widolff
12	Karri Kloopping	29	Rebecca Coyle
12	Mason Lang	29	Alicia Fritz
12	Michael Pearson	29	Virginia Heal
12	Alexa Reynolds	29	Mary Matthews
12	Gina Stanley	29	Tim Pashon
13	Coral Engle	29	Tarah Pyse
13	Andrew Jacobs	30	Steven Adee
13	Kelly Patterson	30	Tammy Heslop
14	Rachel Deets	30	Amy Waldschmidt
14	Brandon Dewey	30	Dena Wheeler
14	Keeley Meyer		
15	Justin Brown		

Save the Date! CGHF Virtual Auction

It's time to get creative and put together your baskets for the CGH Health Foundation's Virtual Auction. The always enjoyable event begins **Friday, April 29** at **7 a.m.** and ends on **Tuesday, May 3** at **9 p.m.** on airaucioneer.com. All CGHers, as well as the public, are urged to join in the fun!

Proceeds go to this year's Annual Appeal campaign called "Memories Matter." It celebrates the lives of those impacted by dementia as well as the past 35 years of Foundation successes as Your Partner in Good Health.

Grab your friends and co-workers and start creating your amazing baskets. Let us know what delicious desserts you are willing to bake for our auction! Please help make this event bigger and better than ever for our 35th anniversary!

If you would like to donate a basket or dessert item, contact CGH Employee Division Co-Chairs Mimi Hicks at ext. 5745 or at mimi.hicks@cghmc.com, or Sandy Williams, CGH retiree, at 815-625-6769 or ewsw65@gmail.com, or Foundation Development Officer Amanda Blaine at Amanda.Blaine@cghmc.com or at ext. 5575.

Please bring your baskets to the Foundation office at 2600 N. Locust St. by Friday, April 22 at noon.

Want to join the Employee Committee?

Contact Amanda Blaine or Joan Hermes, ext. 5672. Our biggest need is in reaching out to others to gather auction baskets and desserts. We also rely on fellow CGHers to spread the word about the Foundation, plus brainstorm on new events to host for our co-workers. You can help a little or a lot, whatever works best for you!

Memories Matter.

In support of Alzheimer's Awareness

CGH Health Foundation Your partner in good health for 35 years.



Help us celebrate!

**Baskets & Desserts
NEEDED**

**CGH Health Foundation
Virtual Auction**

7 am Fri., April 29 - 9 pm Tues., May 3

Grab some friends from your department or do a basket yourself!

Let's get every department involved!