



You have been scheduled for an **Upper GI/Small Bowel**

Appointment Date	
Arrival Time	

You have been scheduled for an **Upper GI/Small Bowel**.

This is a two-part exam. You will be asked to drink barium (a chalky liquid) while x-rays are being taken by the radiologist. Several more x-rays will be taken after you drink barium. For the second part of the exam you will drink additional barium. X-rays will be taken in timed intervals until the barium reaches the large intestine. This exam could take 2 or more hours depending on how long it takes for the barium to move through your intestines.

Please follow the following instructions to prepare for the exam:

1. Do not eat or drink anything after midnight the night before the exam.
 2. If you are diabetic, ask your physician about taking your diabetic medications.
 3. This test may require a lot of walking. Please wear comfortable shoes.
 4. You may want to bring something to read or do while you wait.
 5. Women of childbearing age (12-55) should have this exam done only during the first 10 days following the first day of their period, when it is certain there is no pregnancy. If the exam is done at any other time, then a pregnancy test is required (except for women who have had a tubal ligation or hysterectomy).
- Please bring your insurance, Medicare, or Medicaid cards with you. To ensure accurate billing, the Admitting staff will need to copy these each time you come to CGH Medical Center for service.
 - Check with your insurance company to see if the exam/test ordered requires pre-certification or a second opinion.
 - Report to the Admitting department 15 minutes prior to your appointment to allow time for your registration.
 - If you have any questions about your scheduled exam, please call the Central Scheduling department at 625-3610 between the hours of 8 am to 5 pm weekdays. We will be glad to answer your questions.
 - Expect to receive a pre-procedure phone call from our radiology department the day before your exam.

100 E. LeFevre Road – Sterling, IL 61081 – (815) 625-0400