



# Communique

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A CGH Medical Center Publication

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## CGH Junior Healthcare University: Inspiring the Next Generation of Healthcare Professionals

On Monday, October 10, 2022, CGH Medical Center welcomed 35 area junior high students for its first ever Junior Healthcare University. The event allowed students - who may be interested in a healthcare career in the future - to explore the hospital with a hands-on, back stage pass.

"Thank you to CGH for hosting this amazing, eye-opening experience for our youth!" said one of the participants' parents. "My daughter left yesterday morning having a possible interest in nursing and came home wanting to be an anesthetist! She was excited to tell us about her day, and to tell us what she learned about each department."

"My son LOVED this program!!" said another parent. "Thank you so much! He talked about it all night."



During the one-day event, students toured the following departments:

- In the Lab, they learned how CGH laboratory professionals are detectives who assist the health care team in solving the mystery of illness.
- In Radiology, they learned about broken bones, x-rays, ultrasound scans, and PICC lines.
- The staff in the Operating Room worked with students to show them how to intubate patients, keep them safe during surgery, and repair their broken bones.
- Dr. Shawn Hanlon spoke about being an orthopaedic surgeon, while anesthesiologists let the kids borrow their tools.
- In OB, the students learned how CGH staff works to keep moms and babies safe, and a few staff members offered to show off their own "future CGH University students" via ultrasound.
- While Physical Therapy shared tools they use to help our patients heal, the students enjoyed playing with therapeutic devices and learning how to support the patient.
- In Respiratory Therapy, they learned about suctioning, tracheostomy (trach) tubes, and ventilators.
- And during the lunch break, the CGH dietitian spoke with the students about all jobs related to the kitchen, including how the CGH Fresh Café currently serves over 900 people a day, including patients, visitors and staff!

"The kids who gave up their day off to explore the hospital were very respectful, interested, and courageous," said Jennifer Grobe, PhD, MSN, RN, CNE, CGH Nursing Program Director and event coordinator. "They shared hands-on experiences with our staff and may hopefully be future employees of CGH! We can't wait to hold another CGH Junior University event in the spring as we continue to inspire the next generation of healthcare professionals!"

We are grateful to all of the hospital staff that made this event possible, and send special thank you's to the following staff who helped educate the students throughout the day: Dr. Shawn Hanlon; Dave Nowak, CRNA; Kris Malewicz, CRNA; Alyssa LeSeure, CRNA; Dahley Vinson, RN; Jay Johnson RT(R); Beth Vandersnick, MSN, RN; Julie Zuidema, MS, PT; Ashley Swanson, RRT; Vanessa Simonton, MSN, RN; Annette VanLanduit, MSN, RN; Erika Adams RN, BSN; Cherie Parker RT, BA; Joleen Cortez RT, BA; Shari Batten RT, (R),(M0 (CT); Gina Grennan CRA, BA, CNMT; Rod Miniell, MT; Leah Landis, MT; Kerensa Pink, MSN, RD; Kassi Jackson; Kaitlin Brown; Betty Goff; and Amy Kutz...to the kitchen staff who made the wonderful lunch...and to the CGH Marketing Department for developing the brochure, logos, webpage signup, tshirt design, advertising and social media. This event couldn't have happened without all of you!! Thank you!

## Amy Berentes Meet & Greet

Thank you to everyone that stopped by the Meet & Greet for Amy Berentes, DNP, RN, Vice President of Patient Care Services and CNO, on Friday, October 14.

Pictured from L-R are Amy Berentes, Ryan Venema and Gina Grennan.



## Katyn Parrott, RN Daisy Award Winner

**Katyn Parrott, a registered nurse in the Critical Care Unit, was recently recognized as a recipient of the prestigious DAISY Award for extraordinary nurses.**

An international program, the award is presented to nurses around the world who go above and beyond for their patients and demonstrate extraordinary compassionate care.



Katyn Parrott, RN

"Katyn was my mother's nurse in CCU up until the time of her death," said the nominator. "To say she went above and beyond her nursing duties is an understatement. Katyn was so caring, loving and patient with my mom during some very difficult days. My mom would light up when Katyn would begin her shift, as she was more than a nurse to her. The day prior to my mom's passing, I arrived at her bedside, and she promptly raised her hands in the air to show me her freshly painted nails - the exact same color as Katyn's. My mom felt beautiful...all because of a sweet little nurse that provided far more than health care! Katyn sat with my father, my sisters and me after my mom drew her last breath. She cried right along with us. Her compassion for my mom and my family will never be forgotten. CGH should be extremely proud to have hired such a wonderful nurse and angelic soul."

The DAISY Award - an acronym for "Diseases Attacking the Immune System" - was established by the DAISY Foundation in California in memory of J. Patrick Barnes, who died at age 33 of an autoimmune disease. During his hospitalization, they deeply appreciated the care and compassion shown to Patrick and his entire family. When he died, they felt compelled to say "thank you" to nurses in a very public way. The DAISY Award continues to recognize and celebrate the outstanding professionalism and compassion that nurses bring to patients and their families every day.

Other CGH nurses nominated for the DAISY award during the 3rd quarter included: Claire Aulwes; Darcie Bettner; Paula Beveroth; Korissa Blasing; Lauren Cecchetti, NP; Jennifer Cook; Diane Gaumer; Jackie Greve, NP; Quan Kendrick; Sydney Lebahn; Lisa Little; Jenny Lopez; Kristi Pierce; Kervin Teckio; Julie Wardell, NP; Denise Warner; Andrea Washam; Alisha Wetzell; and Lacey Young.  
**Congratulations to all!**



## Karley Bonnell, MA Orthopaedics

### Fun facts about me:

I'm 27 years old, married to my husband, Joey, and have two daughters: Lainey (4) and Quinn (3) whom I love dearly and strive every day to be a better person for. I've been working as a medical assistant for the last eight years.

### My best career lesson:

There are so many...I think the one that has stuck with me in every position I've been in would have to be Empathy. It's so important to be able to make our patients feel understood, validated and/or comfortable in the care they are receiving.

### 3 words that describe me:

Witty, Adaptable, Determined

### When I'm not working, I enjoy:

I enjoy spending time with my family, going to antique stores/thrift shops, drinks with friends, drawing or painting, being outside, listening to music, and I love to travel.

### What I like about my job:

First and foremost, I like the people I work with. I also really enjoy the fun stuff like bone reductions, surgeries, casting, etc. I also really enjoy taking care of wounds.

### My job duties:

I am a medical assistant and I work with Ethan Brooks in Orthopaedics. In between seeing patients in clinic, you might see us in the OR, ED or up on the floor at the hospital working with patients and their injuries/wounds. Ethan is a great teacher. I'm constantly learning new things from him every day!

October '22





# October Healthcare Celebration Weeks

October is a very busy month for celebrations as several departments are recognized by national associations. Below are just a few of the departments that are celebrated this month, including PA Week, National Sterile Processing Week, Emergency Nurses Week, Medical Assistants Recognition Week, National Pharmacy Week, Healthcare Quality Week, Infection Prevention Week, and National Health Care Facilities and Engineering Week.

#PAsGoBeyond  
**CELEBRATE #PAweek**  
OCTOBER 6 - 12

**PHARMACY STRONG**  
NATIONAL PHARMACY WEEK  
OCTOBER 16 - 22, 2022  
ashp  
American Society of Health-System Pharmacists

WE ARE STERILE PROCESSING PROFESSIONALS  
National Sterile Processing Week • October 9-15, 2022

THE SURGICAL INSTRUMENT CYCLE

- UPPER
- TRANSPORT
- CLEANING
- INSPECTION
- ASSEMBLY
- PACKAGING
- STERILIZATION
- STORAGE
- DISTRIBUTION

Healthcare Quality Week™  
Brought to you by the National Association for Healthcare Quality®  
October 16-22, 2022

Standing STRONG  
Emergency Nurses Week™  
October 9-15, 2022  
Emergency Nurses Day™  
October 12, 2022  
ENA  
EMERGENCY NURSES ASSOCIATION  
ena.org/enweek | #ENWeek

October 16 - 22, 2022  
**IIPW 2022**  
"The Future is Infection Prevention:  
50 Years of Infection Prevention"

INTERNATIONAL INFECTION PREVENTION WEEK 2022  
**50 YEARS**  
OF INFECTION PREVENTION

MEDICAL ASSISTANTS RECOGNITION WEEK  
AMERICAN ASSOCIATION OF MEDICAL ASSISTANTS

FACILITIES AND ENGINEERING  
COLLABORATION IS KEY  
ASHE  
National Health Care Facilities and Engineering Week - October 23-29, 2022

# November Birthdays

1 Kelly Mills	15 Tiffany Simmons
1 Carlos Munoz	15 Kathy Thomas
1 Kalpesh Patel	15 Michelle Valdez
1 Tabby Whitebread	15 Debra VanZuiden
2 Casey Babel	15 Becky Vos
2 Grant Bright	16 Ajay-Kumar Buddaraju
2 Lisa Cooksey	16 Tiffany Horbaczewski
2 Michelle Daehler	16 Sandra Huizenga
2 Roma Geidukyte	16 Mandie Kusk
2 Daniel Hose	16 Ana Mendoza
2 Jessica Kearse	16 Melissa Sandoval
2 Briana Martinez	16 Luanne Trujillo
3 Kimberly Davis	17 Terisa Krenc
3 Cassandra Hintz	17 Talia Rosas
3 Addisyn Krueger	18 Warren Cannell
3 Carlee Ratledge	18 Lora Clapper
3 Olivia Sandoval	18 Kayla Ordean
3 Breanne Scott	18 Maribel Sandoval
4 Emily Johnson	18 Samantha Sneek
4 Malori Kelly	18 Christeen Thayer
4 Karen Zigler	19 Kelli Kinnaman
5 Dana Conkrite	19 Brittany Temiquel
5 Laura Melville	20 David Almasy
7 Rebecca Crump	20 Stephanie Friedrich
7 Dorinda Dyche	20 Andy Jackson
7 Mim Ledergerber	20 Jason Johnson
7 Lisa Vos	20 Lindsay Rodriguez
8 Shane Brown	20 Madison Schlegel
8 Kevin Folk	20 Hannah Watson
8 Kimberly Hammer	21 Mateo Cortez
8 Rachel Helfrich	21 Glenda Rickelman
8 Stephanie Richards	22 Sue Boelkins
8 Maria Sierra Jimenez	22 Secilia Medrano
8 Patricia Spencer	22 Kimberly Velazquez
8 Lynne Swanson	23 Lisa Everly
9 AshLee McKean	23 Trinity Lewis
9 Gunnar Page	24 Angela Dennis
9 Stephanie Stanley	24 Becca Elgin
11 Chico Alexis Alejo	24 Karlie Hughes
11 Erica Armstrong	24 Tara Long
11 Alan Blazquez	25 William Bird
11 Cassie Wiersema	25 Tiffany Markel
12 Lori Cantu	25 Henry Oh
12 Natalie Cruse	25 Allison Yemm
12 Ashley Lawrenz	26 Brandi Barron
12 Jamie Munther	26 Debbra Ohlwine
12 Samantha Stange	27 Traci Goebig
12 Kimberly Teats-Garrison	27 Cayla Harvey
13 Rosalie Feary	27 Cameron Ottens
13 Jennifer Garriott	28 William Chaplin
13 Marie Hess	28 Rachel Dugger
13 Quanene Kendrick	28 Ben Schaab
13 Joseph Klimson	28 Shanda Shook
14 Kelly Johnson	29 Michaela Delgado
14 Mark Razo	29 Mary Schreiner
15 Tanisha Foreman	30 Jennifer Adamson
15 Brenda Greer	30 Jim Sampson
15 Vicky Jones	30 Kaitlyn Stevens
15 Katrina Ruchotzke	

## Pamela Fugate, MA Sunshine Award Winner

**Pamela Fugate**, a Medical Assistant (MA) in the CGH Orthopaedics Department, was recently recognized as a recipient of the Sunshine Award for extraordinary service. The Sunshine Award was created to honor and recognize outstanding service and compassionate care by those in non-nursing roles, such as CNAs, CMTs or MAs.



Pam Fugate, MA

"Following recent ankle surgery, Pam had the 'pleasure' of hearing and seeing me three separate times for cast care as I was struggling with wearing a cast," said the patient who nominated Pam. "She listened, asked questions, and most of all, reassured me (while removing the old cast and replacing with new) that I wasn't a nuisance and that there are legitimate reasons for feeling so uncomfortable. She just made me feel very relaxed as I was going through a very trying time. I work and talk with orthopedic departments for my position as a home care physical therapy assistant but being a patient myself just proved how great a team you have at CGH! What an asset!"

**Congratulations, Pam!**



On a day for goblins and tricks, make safety a treat!

Starting Monday, October 24, stop by the CGH Main Clinic atrium to pick up **CGH glow sticks** for your children to use while trick-or-treating!

Bright Lights  
for  
Bright Memories

Remembering and Honoring those who add light to our lives

The CGH Auxiliary invites you to recognize those who make our lives a brighter place. For any donation amount, the names of loved ones will be shown during CGH's virtual holiday lighting ceremony on Tuesday, November 15th.

Donations can be dropped off at the CGH Auxiliary Office.