



Communique

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A CGH Medical Center Publication

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CGH Recognizes DAISY Award Winner Shelly Lewis, RN

Shelly Lewis, a registered nurse from CGH Home Nursing, was recently recognized as a recipient of the prestigious DAISY Award for extraordinary nurses. An international program, the award is presented to nurses around the world who go above and beyond for their patients and demonstrate extraordinary compassionate care.

"I found Shelly to be compassionate and well qualified," said the nominator. "She was a good listener, competent, and knowledgeable when answering my questions. But she's more than that. She worked with me to come up with alternatives for my wound healing. She listened to me and combined what I thought would help with varieties of supplies. She was open to my suggestions on what I thought would work."

"It took a month of trial and error...mix and match...and thinking outside the box, but today the changes are apparent," continued the nominator. "Upon discharge from the hospital, I was afraid, insecure, confused, worried and on the edge of an anxiety attack. But today, I feel confident and knowledgeable about many difficulties and how to troubleshoot for solutions.

Because of Shelly I have a new skill set and can calmly proceed to the next phase - independent care of my colostomy." In addition, the nominator concluded, "I want to thank you for being calm when I was worried, helping me chuckle not fear, teaching me skills and believing in my abilities as well. When next we meet, I want to show you some of the innovative things I've worked on since the last time we met. Perhaps some of my ideas will help someone else as well...help them be calmer, have more confidence, adapt better, adjust to their new circumstances...and like you helped me to do...overcome their fears to become successful in their endeavors and rise to the challenges of having wounds and colostomy problems. Thank you again Shelly. Sincerely and with much gratitude."

The DAISY Award - an acronym for "Diseases Attacking the Immune System" - was established by the DAISY Foundation in California in memory of J. Patrick Barnes, who died at age 33 of an autoimmune disease. During his hospitalization, they deeply appreciated the care and compassion shown to Patrick and his entire family. When he died, they felt compelled to say "thank you" to nurses in a very public way. The DAISY Award continues to recognize and celebrate the outstanding professionalism and compassion that nurses bring to patients and their families every day.

Other CGH nurses nominated by our patients this quarter for the DAISY award included: Miranda Benavidez, Darcie Bettner, Alyssa Canales, Diane Gaumer, Danielle Grobe, Laura Hawk, Brittany Johnson, Jessica Kearse, Gayle Maupin, Amanda Michael, Perri Plog, Sara Ramage and Cynthia Weisel. If you would like to submit a nomination for extraordinary nursing care that you or a family member have received at CGH Medical Center, please visit www.cghmc.com/daisy.



Shelly Lewis, RN
CGH Home Nursing



Community Press Conference

Healthcare and government leaders in Whiteside County - including CGH, Morrison Community Hospital, the Whiteside County Health Department, and the mayors of Sterling and Morrison - held a press conference last Friday in regards to the rapid increase of COVID-19 cases in our communities.

Thank you to **Dr. Kuhns**, **Dr. Bird** and **Kristie Geil** for participating in the press conference. To watch the press conference, visit the CGH Facebook page.

Together, we are asking that you please understand the impact this virus is having on our healthcare facilities, our friends, and our families...It is only with YOUR help that we can slow the spread of COVID-19.



Dr. Kuhns



Kristie Geil

During Sleep Technologists Appreciation Week, October 25-31, we recognized the many contributions of the CGH Sleep Center team to helping people have healthier lives through better sleep.



The CGH Sleep Center offers a full range of sleep services, including EEGs and both in-lab and at-home sleep testing. In fact, during the past year, the CGH Sleep Lab has performed a total of 431 EEGs and 1,527 sleep studies!

Our sleep medicine team includes four Registered Polysomnographic Technologists (RPSGT). The four bedroom lab, which is accredited by the American Academy of Sleep Medicine (AASM), is fully equipped to diagnose and treat sleep disorders such as:

- * obstructive sleep apnea
- * narcolepsy
- * periodic limb movements
- * restless legs syndrome
- * REM behavior disorder
- * sleepwalking, and other disturbances.

Thank you, CGH Sleep Techs, for your ongoing dedication to our patients!

Respiratory Care Week



2020 will be remembered as the year when a pandemic brought much of the world to its knees. Respiratory Therapists will remember it as a time when they were challenged to care for patients under almost unbelievable circumstances, working against all odds to save as many lives as they could...a time when their role throughout the hospital, but especially in the Emergency Department, COVID unit and Critical Care Unit is more important than ever!

The role of a respiratory therapist is to restore and improve lung health to patients, from asthma to coronavirus. This Respiratory Care Week, we honor the 138 years of combined experience throughout the CGH Respiratory Department, and we breathe a bit easier because of their dedication to their profession and our patients. Thank you for all that you do!

New Ready Care Shelter



Thank you to POM staff for constructing a new drive-through shelter at Ready Care last Friday for COVID testing!

The new shelter will provide more protection against the elements for staff and patients with winter weather on the horizon.

Happy National Health IT Week!

It's impossible to truly appreciate Health IT without reflecting on how far we've come. Not that long ago, all records were stored on paper. Charts could only be shared via fax machine or courier. You saw your local doctor for everything – visited your local hospital. Accessing healthcare information was difficult and tedious. Unbelievable advances have been made in the last 20+ years that have improved the way the healthcare industry delivers patient care and the way our patients expect to be treated.

The CGH IT department is not only responsible for managing clinical software and the other processes that help admit and store patient records, they also have an important role to play in ensuring the medical floor, operating rooms, OB suites and emergency department run smoothly. Their responsibilities also include billing, registration, health information management, ordering and receiving lab results, specialist software for things like radiology or IV pumps, and most recently, the addition of work from home capabilities for the safety of many CGH employees, and telehealth - where physicians can see their patients safely and remotely. Add to this the usual tasks that an IT department performs such as providing network infrastructure, IT security, server maintenance, software deployments, desktop support and running the help desk for our 1600 employees. Getting any of these systems up-and-running again when there is a problem is critical. Peoples' lives depend on it.

During National Health IT Week - and all year long - we say THANK YOU to our entire IT Department for all you do to support our patients, physicians, health care providers and staff! Meet a few of our IT staff members!



Aaron Drey
EMR Application Analyst



Ashley Roux
EMR Application Analyst



Chris Franz
Systems Administrator



Greg Hepner
EMR Application Analyst



Jill Sosi
IT Technician



Matt Tichler
EMR Director,
Physician Services



Stevie Jamin
Application Analyst



Kevin Harshman
EMR Advanced
Application Analyst



Thank You

**VETERANS & ACTIVE DUTY
SERVICE MEMBERS**

Festival of Trees

Thank you to **Breah Sharp (RN, ED)** for decorating a tree at Rock River Valley Hospice and Home's Festival of Trees on behalf of the **Shared Governance Community Outreach Subcommittee**. This year Festival of Trees will be holding an online auction, November 17-21 at www.hospicerockriver.org.



Caring Fund Scholarship

The CGH Caring Fund Scholarship was created in 2014 by the CGH Caring Fund Committee and is funded 100% through CGH Medical Center employee contributions.



The scholarships are for any CGH Medical Center employees who are continuing their education through trade school/college/university and is meant to support those who are pursuing careers in any field. Full- and part-time students may apply.

Four \$500 scholarships will be awarded for the 2021 Spring semester. Deadline to apply is December 1. For more information and application details, please visit heartbeatcgh.com/cgh-caring-fund.

Visit the File Share at heartbeatcgh.com for information from the Sterling Rock Falls Family YMCA on the upcoming Turkey 2 Tree Fitness Challenge and the Turkey Day Virtual 5K. www.heartbeatcgh.com/file-share

Hospital Lobby Entrance

Effective today, the hospital main entrance will be locked daily, Monday through Thursday at 5:30 pm reopening the following morning at 5:00 am.

On Fridays the entrance will be locked at 5:30pm and will remain locked for the duration of the weekend and reopen Monday morning at 5:00 am.

All outpatient testing is already redirected to the ED entrance (this is normal off hours workflow) and there are no visitors at this point allowed outside of special circumstances. Therefore, this should not be a huge impact to departments.

If you are in an area that allows for circumstances outside of the noted main entrance hours, make sure you direct them to the ED entrance. A sign will be posted on an easel by the locked main entrance doors to redirect traffic to the ED entrance. All hospital temperature screeners are being shifted to help out in the ED lobby. This will continue to evolve so please be patient.

HOSPITAL LOBBY ENTRANCE CLOSED

PLEASE USE ED ENTRANCE FOR ALL OUTPATIENT APPOINTMENTS AND INPATIENT NEEDS DURING THIS TIME

BLOOD DRIVE

CGH Medical Center

Thursday, December 3

9:30am – 7:00pm

Ryberg Auditorium (100 E. LeFevre Rd.)

MASKS AND APPOINTMENTS ARE REQUIRED.

To schedule, call Michelle or Bryan at 815-625-0400 (x6879 for Michelle or x1057 for Bryan)

Please eat before donating and bring Photo ID.
Last Date to Donate Elsewhere: 10/08/2020
Group Sponsor Code: 3591



Bright Lights for Bright Memories

Remembering and Honoring those who add light to our lives.

The Auxiliary invites you to recognize those who make our lives a brighter place. For any donation amount, the names of loved ones can be read during CGH's virtual holiday lighting ceremony on Tuesday, November 17th. These names will also be included in the CGH Communique. Your donation will help fund the lights that shine around CGH all holiday season and can be dropped off at the Auxiliary Office.



ANNUAL HOLIDAY LIGHTING
Healthy & Bright

ON-SITE SALE

Monday, November 16th 7 am - 6 pm

Tuesday, November 17th 7 am - 3 pm

Ryberg Auditorium

OPEN TO EMPLOYEES AND PATIENTS ONLY

ONLINE SALE

VISIT OUR WEBSITE TO SHOP!
store.masqueradefundraising.com

ENTER 4450 AT CHECKOUT!

SUNDAY, NOVEMBER 15TH

THROUGH

SATURDAY, NOVEMBER 21ST

PAYPAL & CREDIT/DEBIT CARDS ACCEPTED

Masquerade

JEWELRY & ACCESSORIES

\$5 ON-SITE & ONLINE FUNDRAISING SALE!

Sponsored by CGH Auxiliary



TOGETHER WE CHANGE THE WORLD

BECAUSE THEY NEED ME. I GIVE



All donors will earn a GIFT CARD OR long-sleeved T-SHIRT!