

Communique

February 25, 2021

A CGH Medical Center Publication

In This Issue:

- CGH Rehab Services Receives the February Sauk Valley Area Chamber of Commerce Customer Service Award
- #proudtobeacgher
- CGH On Call Chaplain
 Available for Staff
- Congratulations!
- CGH Health Foundation
- James DeLange Textbook
 Scholarships
- COVID-19 Vaccine Update
- Sue Todd-Johnson Retirement
- Bye Bye 20# Health Initiative
- March Birthdays
- Save the Date!
- CGH Auxiliary Masquerade Sale
- CGH Health Foundation
 Scholarship Deadline

CGH Rehab Services Receives the February Sauk Valley Area Chamber of Commerce Customer Service Award



Congratulations CGH Outpatient Rehab Services for receiving the February Sauk Valley Area Chamber of Commerce Customer Service Award for compassionate care shown to a patient.

"My daughter has Down's Syndrome and has been getting therapy at the PT department on Locust Street." said the nominator. "When we showed up for therapy, they had a special birthday celebration for her with hats and signs incorporated into her therapy. They just went above and beyond! They have been doing an amazing job with her, especially with her special needs. I just can't thank them enough."

Thank you all for your dedication and professionalism!



#proudtobeacgher

Thank you to all of our staff involved to make this possible and for the wonderful compliment!

Sauk Valley Weekend, 2-20-21

l commend CGH staff for their attitude

To the Editor:

We've all been hearing lately about the light at the end of the tunnel. Well, I recently saw a different light, not at the end of a tunnel, but in our own CGH Medical Center, when I received my first Moderna vaccine.

This is a love letter to all the people who made this possible. The efficiency, the patience, the caring and the humanity I saw that day was so impressive that I want to proclaim my thanks, and not just for the shot in my arm, but for the attitude that went with that shot.

This was the time for those of us "of a certain age," so some people were a little slow, some a little confused, but that was met with caring and kindness by every person working there that day, without exception.

I'm sure those nurses and their support groups get tired and maybe a little short of temper, but while I was waiting there to see if I had a reaction, I saw none of that. I saw only kindness and helpfulness and caring.

So we may not be the largest hospital in the country, but what I saw last Friday did not convey that. They obviously had a plan and they carried it out with grace.

I saw professional people doing what they learned to do: to help others – and for that, I want to thank every one of them.

Shirley Feldman Sterling

Congratulations!

Congratulations to **Chris Lawson** from Health Information Management (HIM) and Clinic Patient Financial Services (CPFS) for obtaining her Bachelor of Science degree in Health Information Management.

Way to go, Chris!



CGH On Call Chaplain Available for Staff



While the pandemic has created its own set of unique challenges, "life" continues marching on with its ups and downs. Perhaps you are feeling overwhelmed and need someone to listen to your story. Perhaps you need someone to pray for you and offer that glimmer of hope.

CGH on call chaplain **Chris Nolin** will be available in the CGH Chapel (near the hospital's east entrance) on Thursdays, March 4 and 18 from 10:30 to 11:30 a.m. He welcomes you to stop by and share as little or as much as you care to, and have him offer a brief prayer on your behalf.

Pastor Chris has a genuine desire to provide support to CGH staff. He is currently the pastor of Emmanuel Baptist Church in Sterling. Prior to arriving in Sterling in July 2019, Pastor Chris served as a missionary in China for 12 years. Pastor Chris is married and has a son in college.

CGH Health Foundation

GIVE TO THE CGH Health Foundation AND FEEL GOOD!

www.cghmc.com/foundation

James DeLange Textbook Scholarships



Congratulations to **Heather Babbitt** (CGH Dixon Clinic), **Taylor Colville** (ED), **Courtney Pierceson** (ED) and **Alicia Rosas** (Dietary), recipients of the CGH Health Foundation James DeLange Textbook Scholarships for the spring semester.

The textbook scholarship is for any full- or part-time employee. Maximum amount awarded is \$300. Awards are given out in summer, fall and spring.

James DeLange, former CGH Marketing director, was instrumental in the creation of the Foundation. He died in 1991.

For more information, contact Joan Hermes at ext. 5672 or email her at joan.hermes@cghmc.com

Sue Todd-Johnson Retirement



Congratulations to Sue Todd-Johnson, RN, Critical Care Unit, on your retirement!

Thank you for your dedicated service to CGH Medical Center during the past 43+ years. You will be greatly missed!



COVID-19 VACCINE UPDATE

Currently, CGH is ONLY receiving allocations of vaccine from the Whiteside County Health Department specifically for our patients. The amount received varies from week to week. Once more vaccine becomes available, we hope to open our vaccine distribution to the public. Thank you for your patience and understanding.



www.cghmc.com/covid19vaccine

ByeBye20# Health Initiative

The CGH Health Foundation's ByeBye20# Facebook group has over 180 members and continues to grow!

Group members enjoy daily posts targeted at achieving and maintaining a healthy body weight from partners like the



Sterling Rock Falls Family YMCA, the Sterling Park District, 7:24 Fitness on the Rock, Central Park Yoga, and the Food, Fitness, You kitchen. Members are also eligible for weekly prize drawings and exclusive offers. The learning and the fun go on until the end of June, so it's not too late to join.

Use this link to find us:

https://www.facebook.com/groups/777326186193734.

March Birthdays

- Brittany Holocker
- Ashley Imel
- Miranda Long 1 Mikio Martinez 1
- Kim Vandermyde 1
- 2 Alexis Ewald
- 2 Mariel Kester
- 2 Brian Zschiesche
- 3 Grant Conibear
- 3 Trista Garza
- 3 Nicole Tessendorf
- 3 Kimberly Wainscott
- 4 Sally Canas
- 4 Leslie Lackey
- 4 Perri Plog
- Angela Reitzel 4
- 4 Konnie Swanson
- 5 Kate Janssen
- 5 Heather Musselman
- 5 Norma Urrutia
- 5 Lindsay Wallace
- 5 Mary Ann Webb
- 6 Karen Dever
- 6 Corrine Gibson
- 6 Mary Hammelman
- 6 Andrew Paxton
- 6 Abigail Phelps
- 7 Christy Fredericks
- 7 Austin Peters
- 7 Rebecca Rhodes
- 8 Janice Davey
- 8 Jason Larson
- 8 Christine Maves
- 8 Summer Smith
- 8 Alice Vetter
- 10 Carly Ebersole
- 10 Kayla Schroeder
- 10 Sarah Snow
- 11 Tiffany Houzenga
- Katie Leffelman 11
- Allison Loggins 11
- 11 Concha Sitter
- 12 Donna Dorathy
- Debra Lira 12
- 13 Shari Batten
- 13 Ashley Earl
- 13 Melissa Fancher
- 13 Lisa Little
- 14 Anna Beswick
- 14 Miranda Daugherty
- 14 Julie Hurd
- 15 Timothy Dunphy
- 15 Cortney Parker
- 15 Janice Repass
- 15 Trina Strock
- 16 Kiana Aude
- 16 Brianna Fredrickson
- 16 Brittany Hemminger 16 Shawna Snapp
- 17 Madison Atherton
- 17 Jill Bryan
- 17 Cara Firch
- 17 Morgan Judd
- Rod Miniel 17

18 Sandi Baylor-Schmidt 18 Chloe Buyers

Masquerade

SALE

RYBERG AUDITORIUM

MONDAY, MARCH 15TH 7AM - 5PM

TUESDAY, MARCH 16TH 7AM- 3PM

SPONSORED BY CGH AUXILIARY

Cash, Debit/Credit Cards

and Payroll Deduct Accepted

CGH Health Foundation

Scholarship Deadline

application. Awards range from \$1,000 to \$3,000. Residents of the

Go to Lifeline/CGH Health Foundation/Internal Site/Scholarship

scholarships. Scan completed forms to Foundation Executive

Tuesday, June 15, drop off at 2600 N. Locust Street, Suite B

forms to download the application. Or go to www.cghmc.com/

Director Joan Hermes at Joan.Hermes@cghmc.com by 5 p.m. on

CGH service area are eligible, including individuals living in

Whiteside, Lee, Ogle, Carroll and Bureau counties.

The CGH Health Foundation Nursing

application deadline is Tuesday, June

accepted into their professional school

and Healthcare Scholarship

15 at 5 p.m. Students already

of study for either a nursing or

healthcare degree are eligible.

There are five nursing/healthcare

or put in the Foundation mailbox.

scholarships available with just one

JEWELRY &

ACCESSORIES

- 18 Wendy Faley
- 18 Ellyn Horn
 - 19 Beverly Burrows
 - 19 Joshua Koehler
 - 20 Molly Anderson
 - 20 Kelli Dean
 - 20 Fran Haan
 - 20 Joseph Kelly
 - 20 Marissa Rosengren
 - 20 Melissa Schott
 - 21 Katie Johnson
 - 22 Margo Bartels
 - 22 Tamera Eads

 - 22 Heather Hagemann 22 Kali Hubbard
- 22 Machelle Johnson
- 22 Canaan Ross
- 22 Timothy Schumaker
- 22 Julie Schwenk
- 23 Pamela Bittorf
- 23 Melissa Cassens
- 23 Edward Hanlon
- 23 Arisha Hubbard
- 23 Evan Klein
 - 23 Faith Langenfeld
 - 23 Patti Nice
 - 23 Jamie Swearingen
 - 24 Peggy Burger
 - 24 Pamela Fugate
 - 24 Shannon Gipe
 - 24 Jennifer Jellerichs
 - 24 Rosemarie Merced
 - 24 Sammantha Portner
 - 24 Irma Solis-Nieto

25 Melissa Jacoby

25 Rebecca Mays

25 Amanda Smith

25 Teresa Wolber

26 Judy Meinsma

28 Anne Cordell

28 Rae Walls

29

29

29

27 Sherri Gascoigne

27 Victoria Johnson

28 Wendy Seloover

28 Robert Whittaker

28 Alison Wittenauer

Margaret Godman

Krzysztof Malewicz

29 Peggy Montgomery

30 Jeanette Keegan

31 Kimberly Jacobs

31 Theresa McFadden

31 Korissa Blasing

31 Ashley Davis

31 Betsy Leech

Beth Dearing

29 Gina Grennan

29 Seth Janssen

28 Shannon Gallentine

25 Samantha Weathers

25 Dana Behn