

Clark Fork Valley Hospital

Plains, Montana

2020 Implementation Plan



Priority 1: Substance Abuse and Mental Health

Objective/Strategy

- Support ongoing primary prevention for substance abuse
- Help people receive the substance abuse care they need through improved navigation of treatment programs and resources available, better education, and appropriate crisis planning.

Tactics

- Enhanced training/education for patient care staff regarding substance abuse
- Continued participation in the Local Advisory Council for Mental Health Needs (LAC) coalition to address substance abuse and mental health problems county wide
- Work with community partners to enhance available resources and programs for substance abuse prevention and intervention in the county and region.
- Maintain substance abuse prevention/treatment resource guide
- Network with treatment programs to facilitate the connection of community members with the programs
- Support the development of robust recovery support groups in the county that appeal to younger people and a broad demographic
- Evaluate potential for addition of Psychiatric Nurse Practitioner to CFVH medical staff
- Establish a viable Medication Assisted Treatment program for substance abuse

Programs/Resources to Commit

- 4 hours annual CFVH Provider and Staff training regarding substance abuse
- Public meeting space to appropriate agencies as available
- 1 Annual community awareness event regarding substance abuse
- Seek to have at least 3 local providers with DEA-X endorsement
- Add Licensed Addiction Counselor Services to Family Medicine Network offerings if needs analysis supports

Impact of Programs/Resources on Health Need

- Rate of addiction, DUIs, and substance abuse in the County
- Improved access to mental health services

Accountable Parties

- CFVH Staff who follow up
- Local Advisory Council for Mental Health Needs (LAC)
- Community members
- Individuals with substance abuse and families

Partnerships/Collaboration

- Flathead Valley Chemical Dependency
- Sanders County Public Health
- Sanders County Coalition for Families (SCCF)
- Western Montana Mental Health
- Sanders County Schools
- St Patrick Hospital

Priority 2: Improving Access to Care

Objective/Strategy

- Improve access to primary care
- Expand local availability of specialty services

Tactics

- Expand the primary care provider base and expand personnel to meet growing needs of community
- Identify ways to extend hours of primary care availability
- Investigate the use of 340 B program to expand pharmacy services after hours to support the expansion of urgent care hours.
- Investigate appropriate application of urgent care model in CFVH system- urgent care or other model to reduce outmigration after hours (as opposed to Emergency Department)
- Evaluate and plan for any needed physical expansion to accommodate additional provider staff and services
- Develop telemedicine use to enhance both primary and specialty care availability provided by CFVH and partnership organizations

Programs/Resources to Commit

- Funds for assessment and planning
- Time/staff to improve primary care efficiency (as guided by assessment)
- Evaluate needs for additional space in Thompson Falls and Plains as part of organization wide master facility plan

Impact of Programs/Resources on Health Need

- Improve patient satisfaction
- Decrease wait time for patient appointments and urgent care visits
- Improve physical/mental health of our patients
- Greater primary care efficiency and better care coordination

Accountable Parties

- Leadership
- Clinic manager
- Providers, staff

Partnerships/Collaboration

- Clark Fork Valley Hospital
- Local Pharmacies (especially after hours)
- Kalispell Regional Health
- St Patrick Hospital/Providence Health
- Community Medical Center

Priority 3: Managing and Preventing Chronic Disease

Objective/Strategy

- Reduce County obesity rates and increase physical activity rates through a focus on Healthy Lifestyles
- Lower incidence of chronic diseases
- Increase patient knowledge and engagement in their general health and chronic disease management

Tactics

- Coordinate and promote initiatives to improve eating habits and enhance exercise opportunities
- Continue to build on current initiatives
- Create cohesion among existing county activity groups
- Promote community involvement
- Increase collaboration with community stakeholders
- Seek out community leads/volunteers for groups
- Work with schools to promote healthy lifestyle among youth and family

Programs/Resources to Commit

- Develop 3 additional community based programs addressing physical activity or healthy lifestyle
- CFVH Marketing to assist in promotion of groups/programs currently encouraging a healthy lifestyle
- Expand Chronic Care Management program

Impact of Programs/Resources on Health Need

- Reduce County Body Mass Index (BMI) Rate
- More cohesive network of activities that promote healthy lifestyles
- Reduction in Diabetes diagnosis and complication
- Physical activity rate

Accountable Parties

- Clark Fork Valley Hospital Leadership
- Sanders County Providers
- Community stakeholders
- Community Health Improvement Specialist

Partnerships/Collaboration

- Senior Citizen Centers
- Council on Ageing
- After School Program for promoting healthy snacks with kids
- Food Banks
- Various exercise classes
- School Dietary departments