



3/27/2020

CMH Clinics:

We are truly sorry most of our services must remain closed because of the COVID-19 mandates; however, we have been approved to see clients who are urgent/essential or have post op conditions. The guidelines are as follows:

Guidelines for receiving Rehab:

Outpatient Rehab for urgent/essential and post op clients

1. PT Urgent or Post OP clients:

- a. Post OP: Knees shoulders, Back, Ankle, Foot, Neck, manipulation procedures, or procedures needing to be followed for good recovery
- b. Vertigo Continues: this is debilitating
- c. Concussions
- d. Acute MVAs/CVAs/TBIs
- e. Worker's Comp Clients
- f. Neurological Diagnoses
- g. High Risk Falls
- h. Acute Injuries

2. OT Urgent or Post OP Clients:

- a. Post OP: Hand, Wrist Elbow, manipulation procedures with UE, or procedures with protocol needing to be followed for good recovery
- b. Acute MVAs/CVAs/TBI
- c. Neurological Diagnoses
- d. High Risk Falls (to maintain safe participation in ADLs/IADLs)
- e. Acute Injuries limiting individuals from taking care of themselves
- f. Worker's Comp Clients

3. SLP Urgent or Post OP Clients:

- a. Swallow Evals
- b. Acute CVA/MVAs/TBIs
- c. Neurological Diagnoses: feeding issues, communication issues to safely take care of self
- d. Appropriate Post OP of head or neck due to CA or other Diagnoses
- e. Failure to Thrive adults or peds

4. Client that would not be involved are those in the high risk:

- a. 65+ who are not healthy have other comorbidities
- b. Any immunocompromised individuals
- c. Anyone with respiratory issues or the symptoms indicated on the precaution list for COVID19

5. Clients who have chronic conditions or non-essential conditions will not be seen at this time.

We will be starting to schedule for next week. We have a handful of individuals that need to be seen right now.

Providers and Caregivers:

1. Please continue to send the referrals with the same process as you normally would.
2. Please indicate on the order information that will help us understand why the client needs to be seen.
3. If the client is over 65 we will be talking with them and making sure they want to come in if they are essential for rehab. If they choose not to come in, we will contact them to be sure they can start exercises or have recommendations to keep them safe.
4. The number of visits will be limited, this is to help the client get started and have interaction with the therapist to monitor the clients issue and progress. The plan of care will be limited until we can open again.

Thank you for your help with this process. We want to be able to take care of our community and help those that truly would be at risk of poor recovery or safety issues if they did not have Rehabilitation services.

If you have any questions, please contact me

Donna Bzdil, Rehab manager

503-338-7555 or ext. 31219