

**Dash to the Dells
ACTIVITY
TRACKING
FORM**

Submit your activity tracking online at crossingrivers.org/dash or drop off a registration slip each time you complete 196 minutes of activity at any of the following locations:

Crossing Rivers Health North Entrance concierge
37868 US Hwy 18, Prairie du Chien, WI

Charles Wacouta Aquatic Park
1401 E. Wells Street, Prairie du Chien, WI

Hoffman Hall
1600 S. Wacouta Ave., Prairie du Chien, WI

McGregor-Marquette Chamber of Commerce
146 Main St., McGregor, IA

I completed 196 minutes of activity for Dash to the Dells and will be present for the drawing at Livin' Well on September 11, 2021.

Name _____

Address _____

City _____

State _____ Zip _____

Email _____

Phone Number _____

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