



701 N Esplanade St, Cuero, TX 77954 | 361-275-9355

## Personal Training

### One Hour Sessions

3 - \$150 (\$50/session)

10 - \$450 (\$45/session)

20 - \$800 (\$40/session)

### 30 Minute Session

3 - \$90 (\$30/session)

10 - \$250 (\$25/session)

20 - \$400 (\$20/session)

### One Hour Duo Sessions

3 - \$210 (\$35/per person per session)

10 - \$650 (\$32.50/ per person per session)

20 - \$1200 (\$30/ per person per session)

### 30 Minute Duo Sessions

3 - \$150.00 (\$25.00/per person per session)

10 - \$450 (\$22.50/per person per session)

20 - \$800 (\$20/per person per session)

\*Initial consultation is free

\*All sessions must be paid for in advance

\*Refunds are not available