

	<u>monday</u> january 18	<u>tuesday</u> january 19	<u>wednesday</u> january 20	<u>thursday</u> january 21	<u>friday</u> january 22
<u>the chef's table</u>	<u>fall chicken salad</u> spring mix, fresh pears, bacon, feta cheese and chicken tossed in a light honey mustard dressing	<u>chicken burritos</u> soft flour tortilla stuffed with chicken, lettuce, beans, and rice, served with guacamole, and salsa	<u>mushroom swiss burgers</u> grilled hamburgers topped with mushrooms and swiss cheese, served with onion rings	<u>sweet or spicy chicken wings</u> fried chicken wings tossed in hot sauce or bbq sauce served with french fries and carrot and celery sticks	<u>steak quesadilla</u> flour tortilla stuffed and grilled with steak and cheese, topped with salsa, sour cream, and guacamole
<u>entrées</u>	chicken spaghetti eggplant parmesan	beef tips chicken tenders	chicken tostadas herb roasted pork loin	chicken marsala shepard's pie	fried catfish bbq ribs
<u>sides</u>	buttered pasta brussels sprouts buttered corn	steamed rice asparagus roasted mushrooms	refried beans broccoli sauerkraut roasted vegetables	roasted cauliflower carrots roasted potatoes	macaroni & cheese green beans hushpuppies
<u>bread</u>	garlic toast	dinner roll	corn bread	dinner roll	dinner roll
<u>breakfast</u>	scrambled eggs bacon biscuit muffin sausage gravy oatmeal sausage links	cinnamon rolls scrambled eggs bacon biscuit sausage gravy cream of wheat sausage links	scrambled eggs bacon biscuit muffin sausage gravy oatmeal sausage links	hash browns scrambled eggs bacon biscuit sausage gravy oatmeal sausage links breakfast tacos	scrambled eggs bacon biscuit muffin sausage gravy oatmeal sausage links
<u>soup</u>	white bean chicken chili	vegetable soup	taco soup	ham & potato	chicken noodle