



Acute Rehabilitation Unit - Stroke Rehabilitation Program

Stroke is the largest diagnostic population of patients we serve on the Acute Rehabilitation Unit. Emanate Health Queen of the Valley Hospital is certified by the Joint Commission as a Primary Stroke Center. We are proud to provide a high level of expertise to our stroke patient population as patients progress through stages of recovery. Patients have therapy options through Emanate Health and our Acute Rehabilitation Unit is one of them.

Our Acute Rehabilitation Unit Stroke program provides:

- Nurses and Therapists with specialized training in Rehabilitation – Certified Rehabilitation Registered Nurses (CRRN) on staff
- Specialized equipment and techniques to meet the needs of stroke patients – Neurodevelopmental Treatment (NDT), Proprioception Neuromuscular Facilitation (PNF), Certified Strength Rehabilitation Specialist (CSRS) and NMES (Neuromuscular Electrical Stimulation) certified and trained therapists
- Family and caregiver education and community resources
- Support group services- Monthly On-site Support Group
- A Medical Director and Physicians with experience in caring for stroke patients

Our intensive rehabilitation program helps patients who are recovering from a stroke to reach their highest level of functional independence and safety and resume active roles within their families and communities.

To provide the best possible care for your specific needs and goals, our rehabilitation program incorporates a variety of treatments that target your specific physical needs. Specialized rehabilitation equipment, combined with the specialized expertise of our team, we offer patients the best route to recovery and reaching their own goals.

Goals of Stroke Rehabilitation Include:

Our Acute Rehabilitation Unit Team works together to plan a unique rehabilitation program for each patient. The Team helps patients attain their highest level of functioning and independence.

- Assessing the patient's ability to function including self-care, activities of daily living, transfers, mobility, speech, language, cognition, and swallowing
- Involving the patient and his/her family in developing rehabilitation goals and actively participating in discharge planning
- Increasing the patient's overall strength, function and quality of life
- Teaching various techniques to compensate for physical, cognitive and communicative deficits
- Supporting the patient and family/caregivers as they learn to cope with their physical and cognitive limitations

- Determining home equipment needs
- Arranging for further rehabilitation services and appointments as needed
- Providing Community Resources as needed

Treatment plans may include:

Assistive Technology

- AAC Devices
- Lite Gait
- Bioness
- Bioness Integrated Therapy System

Therapeutic Interventions may include:

- Adaptive Equipment
- Cognitive Re-Training
- Speech and Language Therapy
- Gait and Mobility Training
- Self-Care Activities/Activities of Daily Living
- Therapeutic Activities (including dining, puzzles, gardening, and dancing)
- IOPI - Iowa Oral Performance Instrument
- Orthotic Consultants
- Videofluoroscopy Swallow Studies (VFSS) and Flexible Endoscopic Evaluation of Swallowing (FEES)
- Neuromuscular Electrical Stimulation (NMES) in addition to traditional dysphagia therapy
- Neuro-Developmental Treatment (NDT)
- Community Reintegration
- Therapeutic Activities
- Virtual Reality Activities

Services Available On-site for Prompt Evaluation and Interventions:

- Cardiology
- Clinical Nutrition
- Gastroenterology
- Neuropsychology
- Wound Care
- Respiratory Care
- Laboratory
- Radiology/Imaging Services

We have a rehabilitation team that performs at the highest level of medical care for patients overcoming major disabilities. If you have any questions about our services feel free to call any of the members on our Team at **626-814-2457** and we will be happy to answer them.

Please continue to consider our Acute Rehabilitation Unit to provide care to your patients. We are partners in elevating our Communities' health.

Sincerely,

The Emanate Health Queen of the Valley Acute Rehabilitation Unit Team