



The Capsule

The Auxiliary of Emanate Health Inter-Community Hospital

March 2020

Jody Mentzer—Editor

Luncheon on Thursday, March 12th at 11:30 am

Call Ina Ferrendelli to
make or cancel your
reservations by Friday,

March 6, 2020

626-331-2015

Or Darla Funk at

626-339-0648

Upcoming Sales

See Peggy's article for
additional information

The Sheet Guys

March 4 & 5

Pop-o-licious

March 9,

Constanine

March 18 & 19

Care Wear

March 25 & 26

Masquerade Jewelry

April 1 & 2

A Message from our President Phyllis Rounds

I am so excited about our 2020 year ahead. After that beautiful installation, by Janice Clark, we have no place to go but up and away. We are seeing so many new people joining us lately, its going to be a fun year.

Try to get acquainted with the new members, and make them feel welcome and comfortable with us

We should see more changes at Inter- Community this year that the Foundation is planning. How about that new shuttle our Auxiliary purchased to assist our patients, guests and volunteers, in the parking lot. It is beautiful and will have our plaque honoring the auxiliary put on the rear of the unit.

Be sure and check out Peggy Monges sales coming up in your membership book, she has some outstanding sales, with wonderful products for us to see.

If any of you have any suggestions or connections that would make our group more fun, we are always anxious to hear from you.

Wish our Tiffany a wonderful trip to Italy, she works so hard, and helps us so much, she deserves a great time off. Cannot wait to hear about her trip.

Jody Mentzer and her committee will be working on the Scholarships, which is a huge job, that she takes on each year and does such a fantastic job. If you know anyone studying in the medical field, let them know about our \$1,000.00 scholarships. Jody has the applications available

Our Bargain Box has been doing very well lately, but we still would love you all to come see our beautiful store at 216 E. Rowland (so. west corner of 2nd. Ave.) Everyone is amazed how very nice it is, like a little boutique. We need your donations at all time and it is a great place to shop (you will be surprised at our inventory). This is the Auxiliary's shop, come check it out. The hours are Tues.- Fri. 10:am to 4:pm and on Sat. 12 noon to 4pm

.All of you volunteers are so special, giving of your time to help others, and helping our hospital be the best it can be. Congratulation to all of you. I am so proud to be among you.

Phyllis



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March 2020

Birthdays



Helen Sindelar-Wilson 1
Becky Willman 1
Audra Spicer 12
Michelle Stoddard 19
Jo Beth Raabe 20
Alta Shearer 27
Nancy Kitamura 26
Lisa Wong 29
Marge Moller, Marge 30



The Volunteer

The volunteer is one with a heart so sincere.

No task too large, no task too small.

Who will help with anything at all.

Who will be there in the morning light
or help in the dark of night.

The Volunteer our extra hand on those
whose future our children stand

Never anyone so dear as an
Inter-Community volunteer.

Magaret Francis

Thank you Peggy for contributing the Volunteer Poems these past several months.

\$1,000 Scholarships

If you have any relatives or a friend's student who are currently enrolled in a program pursuing or expanding a career that will directly impact the wellbeing of those needing medical services, Scholarship Applications are available.

Applications are available in the Volunteer Office or at the front desk. The Can also be obtained online, www.EmanateHealth.org/ICHAuxilliary. They are due before March 3, 2020 at 4:00, in the Volunteer Office.

If you have further questions please feel free to contact me.

Jody Mentzer
VP Publicity



Corresponding Secretary
Marge Moller
Cards sent

Thinking of you cards

Betty Kranz
Jackie Garretson
Doris Schulz
Tiffany Ramirez,
Sharon Holtz
Fran Abbott.

Get Well Cards

Carol Moscarelli
Doris Schulz

The 2020 Executive Board is Installed



Phyllis Rounds, President; Nancy Kitamura, VP Programs; Peggy Monges, VP Special Projects; Reyna Conrado, Past President; Jody Mentzer, VP Publicity; Jackie Garretson, VP In- Hospital; Jane Lee, Secretary; Carol Koon, Treasurer; Jonathan Lorenzo, Director of Annual Gifts, Foundation; Janice Clark, VP Membership.

At the luncheon meeting on January 30th, Phyllis Rounds, 2020 President, and her 2020 Executive Board were installed.

Phyllis has graced the Auxiliary with her beautiful smile and cheerful personality for the past 28 years. Since she joined, she has been very active and served the Auxiliary in many different ways. She has held most of the Executive Board positions, several of them multiple times. She was President in 2008. Phyllis was Chairman of the Christmas Home Tour and the Fashion Show, each for several years. She has served on many special committees and special projects and is frequently on the Nominating Committee. Another of these positions was staffer of the Gift Box. She is quick to offer her services wherever and where ever they are needed.

Phyllis has been a tireless worker at the Bargain Box. She volunteered many hours at the old Bargain Box on Citrus. She was actively involved in the opening of a new Bargain Box, on September 6, 2014. at the corner of Rowland and 2nd Ave. She was one of the Auxilians who worked endless hours, decorating, stocking and arranging the merchandise so that the shop looked like a boutique! She still works Tuesdays and Saturdays maintaining that image, sorting and stocking the donations.

She is truly The Auxiliary's "Energizer Bunny".

Janice Clark once again delighted us with one of her unique and entertaining installations. Each officer was given a poster board upon which was a characterization relating to their office. Pictured is President Phyllis admiring her Big Cheese. As Janice said she is "the Big Cheese, the Head Honcho and the Buck stops with you!" Janice then went on to describe the officer's jobs and why each officer was especially suited to the job she would assume. After all officers had been installed, they were asked to untie the ribbon on the back and open boards. As you can see above the newly installed Executive Board are SUPERSTARS!



Thank you, Janice, for putting together another enjoyable and entertaining installation. You are so creative.

Phyllis's energy will be the stimulus in bringing the Auxiliary to a success and prosperous 2020. Through her leadership the Auxiliary's accomplishments will be evident in the Medical Center and the community.

Jody Mentzer

Happy Spring!! According to Punxsutawney Phil spring will be coming early this year!!! I am looking forward to some warm weather and the opportunity to plant some new flowers in the front yard.

Thank You to all the volunteers who attended the Re-Orientation, I appreciate you taking the time out of your busy schedules and making it a priority. For those of you who were not able to attend I have mailed out a packet to you with all the necessary paperwork, PLEASE complete and turn it in to the Volunteer Office ASAP. If you have any questions feel free to call me 626-915-6237 or email me tramirez@emanatehealth.org

SAVE THE DATE: the Volunteer Appreciation Celebration will be on Thursday, April 23, 2020 at 11am at the Pacific Palms Resort. I hope to see you all there.

Continue to spread the word to your friends and neighbors that we need volunteers at Inter-Community Hospital. Also if you know of a high school student that would like to join the Jr Auxiliary please have them apply on our website, www.emanatehealth.org. I will be accepting applications until April 1.

Thank You for all you do!

Tiffany



Our New Web Site Check it out!

Ladies we now have a website for our Auxiliary thanks to Jonathan Lorenzo, Director of Annual Gifts for the Emanate Health Foundation. Thank you Jonathan for such an excellent website for the ICH Auxiliary.

You can reach the link at www.EmanateHealth.org/ICHAuxiliary. The website tells about our Auxiliary, contains editions of the Capsule, lists the dates of meetings and vendor sales, news articles and many other things. If you need to give people more information to find the Bargain Box you can get it off the site. If you know of someone who would like to volunteer it is an excellent place for them to visit and learn about the Auxiliary. There is an easy link to the volunteer application form.

Be sure to check it out!

Jody Mentzer



Emanate Health Foundation is listed on Amazon Smile!



Have you ever been shopping on Amazon and wondered what register to donate on Smile was all about?

AmazonSmile is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. The difference is that when you shop on AmazonSmile, the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice. Prices are not affected and there is no additional cost.

What does that mean to us as Auxiliary members When we sign up with Emanate Health Foundation on smile and then make a purchase, 0.5% will automatically be donated to the Foundation. To sign up do the following:

1. Please click on this link: <https://smile.amazon.com/ch/95-2534063>
2. Sign into your Amazon account.
3. Select "Emanate Health Foundation" as your charitable organization.

If you have questions or problems feel free to call me and I will try and get you an answer.

Jody Mentzer

Getting to know you": Peggy Monges

Peggy was born in Arizona. Her parents moved to California when she was 2 years old. They lived in Pasadena in a small trailer. When she was in the 3rd. grade, her dad decided to buy a lot in La Puente to build a home. They lived in an Army tent for 2 or 3 years while building the home. Yes, we had an outhouse!

Peggy met her husband Tony in High School. They have been married for 60 yrs. They have 3 children, 8 grandchildren and 4 great grandchildren. Peggy's husband does not like to fly, so their travels are mostly close by like to the beach and mountains, which they enjoy. They did take a Disney cruise, that was fun, Peggy attended Mt. San Antonio and Orange Coast colleges.

Peggy decided she needed to get out and be more productive after her children were in elementary school. She got a job as an office manager, and quickly moved up to become a corporate manager in the 1970's for the same company. She traveled to all the states for conventions and meetings with the company Reps.

Peggy and Tony are very proud of their 3 children, one son Michael was a Navy Seal. Their daughter Sandra was an administrative Assistant to the owners of Home Depot and is now in the same position with Monster Energy. Their other son John, sold everything and moved to Northern California to become a camp ground host.

As she got older, and her family grew, she felt her job was taking too much time from her family and she decided to quit in order to spend more time with them. Peggy knew she needed to do something to stay busy so she looked into the Inter-Community Hospital, where she joined the Auxiliary, and has been very active for the past 16 years. She is so talented and actively worked with the Boutique and Bake Group. Peggy held the position of Vice President of Membership for 2 years, and this is her 3rd year as Vice President of Special Projects. She does an unbelievable job. If that is not enough, she works at the Gift Shop on Saturdays and the Front Desk..

This girl has the energy of a 25 year old. She is always willing to help wherever needed.

It is such fun to get to know more about our wonderful volunteers like Peggy Monges Hope you enjoyed getting to know her better.

Phyllis



Nancy Kitamura—V P Programs

Hello all,

I hope everyone had a lovely Valentine's Day, as we now turn our attention to shamrocks, leprechauns, and spring, which is right around the corner!

Please plan on joining us at our March gathering to see stand up magician, **Stephen Wood**, who is sure to entertain and amaze us one and all!

Our dietary staff will prepare a delightful lunch, which, according to our directory, will include the traditional St. Patrick's Day flare of corned beef, carrots, potatoes, and all the trimmings....

See you then!



Peggy Monges Vice President Special Projects

Happy St. Patrick's Day don't forget to wear your green,

Last month I didn't have all my figures for the sales in January so this is the time to let you know we made a whopping \$340.00. Lets hope we can do better in March, We have more sales and they should be successful.

March 4th and 5th is the Sheet Guys in the brown bag room 7:30 to 4pm

March 9th is Pop-O-licious 10am to 3pm in the brown bag room

March 10th and 11th is Constantine Creation in the brown bag 7:30 to 4pm

March 25th and 26th is Care Wear in the Conference Center. The first day they are here from 10am to 4pm and on the last day they will start at 7:30 and leave at 2:00pm These times are because the come all the way from Northern California.

