

2019



COVER: Emanate Health Foundation Donor James King. (see page 15)



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A LETTER FROM MICHELLE STODDARD



Looking back at 2019, I am so impressed by the groundswell of support from the individuals, corporations, community organizations and foundations who value the work that we do. It is due to your generosity that we are able to achieve our mission to help people keep well in body, mind and spirit by providing quality health care services in a safe, compassionate environment. And it is your self-sacrifice that keeps our

health care system resilient and moving forward.

From the renovation of the meditation garden at Emanate Health Hospice, initiated by a local Boy Scout troop, to programs like *Nutrition for Life* funded by the UniHealth Foundation to promote healthy eating habits, to undertakings such as the new Emergency Department at Queen of the Valley Hospital — each time, our community has risen to the challenge in support of Emanate Health.

The pages that follow share the stories of individuals who have dedicated their time and service in support of our health care system. Of a Board Trustee, donor and volunteer whose love for Foothill Presbyterian Hospital was born out of his own brush with death; of a loyal couple who continues to put their faith in Queen of the Valley Hospital; and a devoted husband with unwavering gratitude for Emanate Health Hospice.

The culmination of everyone coming together is testament to the devotion that it takes to keep Emanate Health growing. The push toward our new Queen of the Valley Hospital Emergency Department continued as we worked toward and grew closer to our \$25 million goal. Each project translates to a health care system providing care for our community. A community that, in turn, demonstrates it cares by providing

Continued on next page.

CONTINUED A LETTER FROM MICHELLE STODDARD

vital support to us. Your enduring support is integral to every-thing we do.

This leads me to our volunteers, including our steadfast Board of Trustees, as well as a group of community residents more than 700 volunteers strong. Knowing the depth of character, skill and spirit of this group as a whole, they will continue to overcome any obstacles that come their way. Our Board members are the driving force that keeps us forging ahead, while our legion of vol-unteers keeps us resilient. Together, they help the organization to flourish. Not to mention our Foundation staff members who tirelessly rise to every challenge, never missing a beat.

Now, we stand stronger than ever to take on the future. With all the challenges that we have faced, I am confident that we are ready for what lies ahead, and that our bond as an institu-tion is unbreakable.

At no time has the resilience and perseverance of our Emanate Health family — and the community that supports it — been more apparent than over the past few months. With the COVID-19 pandemic, we have been called on to look outside of ourselves to do not what may be easiest, but what is necessary to care for those around us. I am proud of how our community has banded together to support our health care team in caring for our patients during this unprecedented time in history.

It all comes back to our community and their support of Emanate Health through the years. The volunteers who com-mit their time, energy and resources to ensure that Emanate Health continues to flourish. The health care workers who pour themselves into their jobs. You are all central to who we are as Emanate Health and the care we provide to our community.

Sincerely,



Michelle Stoddard
Chief Executive Officer,
Emanate Health Foundation

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“At no time has the resilience and perseverance of our Emanate Health family — and the community that supports it — been more apparent than over the past few months. With the COVID-19 pandemic, we have been called on to look outside of ourselves to do not what may be easiest, but what is necessary to care for those around us. I am proud of how our community has banded together to support our health care team in caring for our patients during this unprecedented time in history.”

– MICHELLE STODDARD, CHIEF EXECUTIVE OFFICER, EMANATE HEALTH FOUNDATION

News Highlights Throughout the Year



“THIS RECOGNITION
DEMONSTRATES THAT
OUR PHYSICIANS PROVIDE
WORLD-CLASS MEDICAL
CARE FOR THE PEOPLE WE
SERVE THROUGHOUT THE
SAN GABRIEL VALLEY.”

– ROBERT H. CURRY,
PRESIDENT AND CHIEF
EXECUTIVE OFFICER,
EMANATE HEALTH

Top Doctors

Congratulations to our Emanate Health physicians who were named Top Doctors in LA County in 2019 by the *Los Angeles Business Journal*: Dr. Fahed Bitar, Dr. Claudia Muñoz and Dr. Edward Tangchitnob. Each of them truly emanates excellence at the highest level of patient care. We are extremely proud of their outstanding dedication to save lives and their contributions to improve the health care of the people we serve in our communities.



– FAHED
BITAR, MD



– CLAUDIA
MUÑOZ, MD



– EDWARD
TANGCHITNOB, MD

“Being voted best
hospital by the people
we serve is a testament
to our promise to help
people keep well in
body, mind and spirit
through quality health
care services in a safe
and compassionate
environment.”

– ROBERT H. CURRY,
PRESIDENT
AND CHIEF
EXECUTIVE OFFICER,
EMANATE HEALTH

Best Hospital

Emanate Health was voted “Best Hospital” in 2019 in the *San Gabriel Valley Tribune’s* “Reader’s Choice Awards.” Being voted Best Hospital by the people we serve is a testament to our mission to help people keep well in body, mind and spirit by providing quality health care services in a safe, compassionate environment. Congratulations to our physicians, employees and volunteers — you are the best.



Exemplary Leadership

ROBERT H. CURRY
Emanate Health President and Chief Executive Officer Robert H. Curry was recognized by the *Los Angeles Business Journal* (LABJ) as one of the 500 most influential community and business leaders reshaping Los Angeles County in 2019. According to LABJ, the LA500 features players that have their vision, energy and resourcefulness on full display as they bring about changes to Los Angeles that run from the subtle to the seismic. This is the first time that an executive leader from Emanate Health has been included in the prestigious annual list of influencers.



ROGER SHARMA
Emanate Health Executive Vice President and Chief Financial Officer Roger Sharma was named “100 hospital and health system CFOs to know” by *Becker’s Hospital Review* in 2019. Honored for his outstanding leadership of the financial turnaround of Emanate Health, Roger was also recognized for playing an integral role in the system’s strategic planning and growth and his overall dedication to the communities the health care system serves. Under Roger’s leadership, Emanate Health has received awards that recognize our system as a top 100 financially performing hospital, in addition to achieving a very strong rating by Moody’s, Standard & Poor’s (S&P) and Fitch.



“I’M INSPIRED EVERY
DAY BY THE PASSION
AND COMMITMENT
OF EVERYONE IN
OUR EMERGENCY
DEPARTMENT.”

– VINCENT BALITON,
ASSISTANT DIRECTOR OF
EMERGENCY AND CRITICAL
CARE SERVICES, EMANATE
HEALTH QUEEN OF THE
VALLEY HOSPITAL

Stephanie Nakata

We are proud that Queen of the Valley Hospital Vice President of Nursing Administration and Critical Care Stephanie Nakata, RN, MSN, MICN was honored in 2019 during the San Gabriel Valley Regional Chamber of Commerce – “Salute to Heroes Prayer Breakfast.” Stephanie was recognized for her advocacy of the emergency and mental health care needs of the community through collaboration with entities such as the Department of Health Services, Hospital Association of Southern California, and multiple police and fire departments. She has also taken a special interest in the welfare of local students and has met with leaders within the surrounding school districts to address the continuing challenge of childhood depression and suicide.



“I was grateful to receive
this honor on behalf
of our Emergency
Department team
who continues to do
whatever it takes to
serve our community.”

– STEPHANIE NAKATA,
VICE PRESIDENT
OF NURSING
ADMINISTRATION
AND CRITICAL CARE,
EMANATE HEALTH
QUEEN OF THE
VALLEY HOSPITAL

The Fishers

A Trusted Ally in Times of Need

Louis and Diane Fisher have learned time and again the value of having high-quality health care that is accessible and close to home.

Through the years, the Emergency Department of Emanate Health Queen of the Valley Hospital has been there for the Fishers in times of need — and has never disappointed.

First was the time their son, David, was struck by a car at the age of 10. Mrs. Fisher was waiting in line at a gas station with her son, who was a Cub Scout at the time. Proud to have recently learned how to pump gas, David offered to fill the tank for his mom. He positioned himself behind the car where the gas tank door was located beneath the license plate. Seconds later, the car behind them accelerated into David, crushing his right leg between the car bumpers and puncturing a major artery. Thankfully, a Boy Scout troop leader who had been in a vehicle nearby witnessed what had happened and ran to their aid, placing pressure on the wound to help slow the bleeding.

When David was struck, the growth centers in his injured leg were stunted, causing extremely poor circulation throughout his life. Following the accident, issues often arose with David's leg. Each time they did, the Fishers relied

upon Emanate Health Queen of the Valley Hospital's Emergency Department. "Because he got the care that he needed, we knew that it was a good hospital, that they would care for people no matter what their needs were, and we appreciated that," shared Mrs. Fisher.

BEING THERE, WITHOUT HESITATION

Another example of the compassionate care the Fisher family received at Queen of the Valley Hospital took place years later when Mrs. Fisher's younger brother, Barry, was diagnosed with melanoma of the eye at age 40. Less than a year after his surgery to remove the tumor, Barry was informed that the cancer had spread throughout his body. He joined Mr. and Mrs. Fisher in their Diamond Bar home while continuing treatment.

Diane faithfully drove Barry to his medical appointments in Los Angeles until the day came when Barry experienced severe weakness and pain. Upon

learning about Barry's condition, the Queen of the Valley Hospital Director of Emergency Services at the time offered to see him immediately. Barry was admitted to the hospital directly from the Emergency Department, and his care was transferred to a Queen of the Valley Hospital oncologist. Barry passed away a few days later.

"They were all very thoughtful, concerned people," recalled Mrs. Fisher.

A few years later, Mrs. Fisher would have hip replacement surgery at Queen of the Valley Hospital.

IN THE BEGINNING

Mr. Fisher first became involved with Emanate Health, formerly Citrus Valley Health Partners, when he joined the Finance Committee of the Queen of the Valley Hospital Board of Trustees. Shortly thereafter, he joined the Board of Trustees in 1988.

He recalled Board meetings involving Immaculate Heart

GRATEFUL FAMILY

Community members, medical staff and volunteers who were among the founders then still active on the board. "I continue to admire their vision, organizational skills and commitment to health care for the populations served. I am deeply grateful to have been included."

During his tenure on the Board, Mr. Fisher had the honor of serving as Board treasurer and as a member of the Merger Committee, which accepted the Immaculate Heart Community's generous gift of Queen of the Valley Hospital to form Citrus Valley Health Partners with Inter-Community Medical Center in 1994.

Since leaving the Board in 2001, Mr. Fisher has been a member of the Strategic Planning Committee. He said, "I am grateful to be part of the Emanate Health tradition of service in the San Gabriel Valley and to be associated with the very capable, forward-looking people who continue to build the health care system." 🍌



"Through our memories of the hospital and how well they took care of my brother, and helped us out in such a wonderful manner, we continue to go to Queen of the Valley Hospital."
— DIANE FISHER

UniHealth Foundation Grant Addresses Growing Community Trend

For over 20 years, UniHealth Foundation has been deeply committed to helping nonprofit, community-based hospitals and health care organizations in Southern California, such as Emanate Health, meet the community need.

Research shows that an estimated 20 to 50 percent of American patient populations experience malnutrition (Kirkland, 2012).^{*} Whether it be from consuming too little or eating foods low in essential nutrients, patients who are malnourished have slower healing rates, lower quality of life and are more often readmitted to the hospital.

UNIHEALTH FOUNDATION In response, Emanate Health Foundation has partnered with UniHealth Foundation to address this issue head-on. In 2020, Emanate Health will begin a pilot program to support recently discharged patients diagnosed with malnutrition in promoting healthy eating habits. UniHealth Foundation has awarded Emanate Health Foundation a \$500,000 grant in support of the program.

“As a funder, we recognize that the social determinants of health are key to long-term community

wellness,” explained Jennifer Vanore, PhD, President and COO of UniHealth Foundation. “Being able to support programs that impact communities beyond an institution’s four walls is why this was particularly important to us. That kind of innovation and effort is something, as a funder, that we are trying to encourage more among our partners across Los Angeles County.”

For over 20 years, UniHealth Foundation has been deeply committed to helping nonprofit, community-based hospitals and health care organizations in Southern California, such as Emanate Health, meet the community need.

NUTRITION FOR LIFE In many cases, malnutrition may be the primary reason that patients are admitted and readmitted to the hospital. Issues such as muscle wasting, also called muscle atrophy, from lack of physical activity can cause

patients to have unintentional weight loss. Often a result of disease or injury, it is a contributing factor of malnutrition.

According to Angana Shah, MS, RD, Director of Food and Clinical Nutrition at Emanate Health Inter-Community Hospital, “It [malnutrition] has gone undiagnosed for so long. This grant will allow us to help people get healthier.”

Through the Nutrition for Life program, healthy, medically tailored meals will be prepared in an Emanate Health hospital kitchen and delivered to discharged patients in their homes five days per week for a period of 60 days. Case managers will meet with program participants prior to discharge. Then hospital volunteers will deliver the meals to participants’ homes, offering words of encouragement to help keep them on the path to success.

“Oftentimes these types of volunteers don’t only serve the purpose that they intended to — in this instance delivering

HEALTHY COMMUNITIES

meals — but they also become a source of hope and comfort as well as a friend,” explained Tiffany Ramirez, Corporate Director of Volunteer Services.

PROGRAM ENROLLMENT To be enrolled in the program, high-risk patients will be assessed both by their physicians and the registered dietitian to determine if they are clinically malnourished. Participants’ eating habits will be monitored during and after their hospital stay to monitor progress, including weekly telephone calls from a registered dietitian and home visits at 30 days and at 60 days after discharge.

Through this program, Emanate Health aims to turn the tide of malnutrition in the community to create positive change in people’s lives. To learn more, contact Emanate Health Foundation at 626.814.2421 or foundation@emanatehealth.org. 🍌



“Nutrition is a big part of a patient’s recovery. You have to have protein in order to heal.”
— REMI HAYASHI
Director of Food and Nutrition Services, Emanate Health Queen of the Valley Hospital

“Malnutrition has gone undiagnosed for so long. This grant will allow us to help people get healthier.”
— ANGANA SHAH, MS, RD
Director of Food and Clinical Nutrition, Emanate Health Inter-Community Hospital

^{*}National Association of Clinical Nurse Specialists. (January 2017). Malnutrition in Hospitalized Adult Patients — The Role of the Clinical Nurse Specialist Executive Summary. Retrieved from <https://nacns.org/wp-content/uploads/2017/01/Malnutrition-Report.pdf>

Michael Starr

Generosity of Time and Spirit

There are usually one of two outcomes when a patient arrives in Mike's condition: brain damage or death. He had been about five minutes away from a different fate.

According to Mike, "Somebody was watching over me that night. I decided that I wanted to give something back to the hospital."

Emanate Health Foundation Trustee Michael Starr remembered the day after Christmas 2008 like it was yesterday. He was at home having a quiet evening with his wife, Sharon, when his heart suddenly began to race. Mike tried taking some deep breaths, he took some aspirin, but nothing helped. So Sharon rushed him to Emanate Health Foothill Presbyterian Hospital.

As they arrived at the Emergency Department, a nurse gave him some paperwork to complete. The room appeared to get dark as he felt increasingly lightheaded. The medical team sprang into action. A seasoned Emergency physician gave Mike an injection of an anti-arrhythmic medication in an attempt to restore a normal heart rate. When that didn't help, the doctor placed the paddles on Mike's chest and asked everyone to step back.

"I could see my legs fly up and, in a matter of about 15 seconds, the room got all

bright," Mike recalls.

A normal resting adult heart rate can range from 60 to 100 beats per minute. That night, Mike's heart rate was 236. Thankfully, the shock to his heart restored its normal rhythm.

Mike later learned that what he had experienced — tachycardia — sometimes causes no symptoms. Left untreated, it can lead to conditions such as stroke, heart failure or sudden cardiac arrest.

After being transferred to the Heart Center at Emanate Health Inter-Community Hospital days later for an angiogram, doctors found no blockage to cause Mike's heart episode. He later had an implantable cardioverter-defibrillator (ICD) surgically implanted to monitor his heartbeat and detect any increases in heart rate. If necessary, it can deliver calibrated electrical shocks to restore the heart's normal rhythm.

Over a decade later, Mike continues to have regular check-ups with his cardiologist, but his ICD

has never been triggered.

A GREATER PURPOSE

Although the explanation for his heart episode may be unclear, Mike's inspiration for giving back is anything but. "I got to thinking, what if it had been a doctor who didn't have the experience that mine did? Would it have been the same result?" Mike shared. "I decided that I wanted to give something back to the hospital."

An avid motorcyclist, Mike began volunteering in the Emergency Department at Foothill Presbyterian Hospital in 2009 and remained there for the following eight years. When volunteers became less common in the Emergency Department, Mike transitioned to become a Spiritual Care volunteer at Inter-Community Hospital based on a staff recommendation and continues in this role today.

"I've enjoyed spiritual care a lot," Mike relayed. "They [patients] will open up to you about

TRUSTEE GIVES BACK

things they wouldn't tell their own family." Mike is honored to be there for patients to share.

He has since become an ordained chaplain and continues in this role at the hospital today.

Mike has also volunteered his time in Foothill Presbyterian Hospital's Surgical Unit since 2012. In addition, he volunteers his time on the Finance Committee as a member of the Emanate Health Foundation Board of Trustees.

As further demonstration of their commitment to Emanate Health, Mike and Sharon have generously donated more than \$50,000 to the organization over the past few years in support of redecorating a private patient room at Foothill Presbyterian Hospital, providing a shuttle for the Foothill Presbyterian Hospital parking lot, as well as medical equipment for Foothill Presbyterian and Queen of the Valley Hospitals, and contributing at the Foundation's annual Autumn Nocturne event. ◀



"I felt that I owed a debt to the hospital I could never repay. Volunteering my time and donating has been a way to feel like I gave something back that was actually valuable."

— MICHAEL STARR

James King

A Simple Man with a Big Heart

Mr. King has consistently contributed to Emanate Health Hospice for the last 10 years since his wife's death. Clearly, he is a strong believer in the value of hospice for families.

Emanate Health Foundation donor James King is a simple man. His expectations are few, and he gives back more than most. For a man like Mr. King, only a few things are truly important during a loved one's final days. Seeing that his wife, Sally, was comfortable while at Emanate Health Hospice was one of them.

Having been diagnosed with leukemia just over a year prior, Mrs. King had been in treatment but steadily declined as the months passed. Mr. King made the difficult decision to take her to hospice where he knew she would get the best care she really needed.

"They did their best to make her comfortable; that's the best you can do in that situation," explained Mr. King. "She had a few days left to

live, and they ensured she wasn't in any pain. That was really important to me."

JAMES AND SALLY KING
Mr. and Mrs. King were married for 45 years. Covina residents, they were avid travelers, spending their days visiting nearby towns and taking annual vacations to each of the 50 states, as well as many of the Canadian provinces, and European countries from Italy to Finland.

The Kings were also dedicated theatergoers. Mrs. King enjoyed large-scale Broadway productions while Mr. King preferred more modest productions in intimate settings. They made time for both.

Mr. King is a devoted cyclist. Having taken up the hobby in 1969, he rides an average of 15 miles per day, six days per week. "Since I am almost

terminally clumsy, I needed something which didn't need much physical coordination," he humbly shared.

MODESTY AND GRATITUDE
Despite his modesty, Mr. King has consistently contributed to Emanate Health Hospice in the 10 years since Sally's death. Clearly, he is a strong believer in the value of hospice to families. Mr. King has had his fair share of experience with hospice, both locally and across the U.S. Both of his parents passed away in a hospice in South Carolina around the same time as Sally. As evidence of his gratitude, Mr. King generously designated \$1 million to Emanate Health Foundation from his estate.

"One of the things which attracted me to support of the inpatient hospice facility was that it was a resource where

PLANNED GIVING

a relatively small amount of money could make a difference," explained Mr. King. "The service which they provide is a truly important one for a lot of families, and I think supporting it is a good thing to do."

BENEFITS OF PLANNED GIVING
Mr. King has set up a planned giving disbursement of his estate, providing the convenience of an ongoing annual gift that is bestowed automatically.

Whether you include Emanate Health Foundation in your estate planning, a charitable gift annuity or another method of giving, you can rest assured that the funding goes toward crucial health care services. Emanate Health Foundation staff can help you determine the best option for you and your family. ■



"One of the things which attracted me to support of the inpatient hospice facility was that it was a resource where a relatively small amount of money could make a difference. The service which they provide is a truly important one for a lot of families, and I think supporting it is a good thing to do."

– JAMES KING

Inter-Community Hospital Auxiliary Funds New Campus Shuttle

Emanate Health's three hospital auxiliaries volunteer their time and energy to ensure that Inter-Community Hospital, Queen of the Valley Hospital and Foothill Presbyterian Hospital have the tools they need to provide exceptional patient care.

The Emanate Health Inter-Community Hospital (ICH) Auxiliary recently funded the purchase of a new shuttle to serve more patients, families and visitors, with easier access to the hospital.

The new, six-seat electric shuttle transports visitors from their vehicles in the main parking lot to the hospital building and back. The new edition seats more passengers compared to its four-seat predecessor.

According to Corporate Director of Volunteer Services Tiffany Ramirez, "Over time, we started to realize that a new shuttle would be a better representation of Emanate Health."

This past December, Tiffany approached the ICH Auxiliary for support. Since the shuttle began serving visitors at the beginning of this year, they have

already seen an increase in passengers.

"I meet a lot of nice and interesting people when I drive the shuttle," shared driver Tom Goeller, an ICH Auxiliary member who has volunteered at Inter-Community Hospital for the past four years and previously at Foothill Presbyterian Hospital. "It's a nice way to welcome people."

The shuttle runs Monday through Friday from 10 a.m. to 3 p.m. Visitors can catch the shuttle throughout the main parking lot or request a pick-up through hospital Security.

ABOUT THE ICH AUXILIARY
Each of Emanate Health's three hospitals has its own Auxiliary, with volunteers who raise funds on an ongoing basis to support the hospitals. When

a need arises — whether it be for a building renovation, new medical equipment or, in this case, a new shuttle — Auxiliary members work tirelessly to make it happen.

"Our Auxiliaries are really the force behind the scenes that plays a vital role in ensuring we have everything we need to care for our patients," explained Tiffany. "Auxiliary funds have gone toward everything from wheelchairs to a CT scanner to the recent Emergency Department expansion. Their contributions are invaluable."

Having joined the Inter-Community Hospital Auxiliary more than 28 years ago, ICH Auxiliary President Phyllis Rounds has dedicated countless hours to fundraising activities. "We had been wanting to do something special for our

hospital," explained Phyllis. "The Auxiliary Board voted on funding a shuttle because the parking lot has been filling up. It has been a godsend."

Auxiliary fundraising activities include managing the hospital gift shop, coordinating vendor sales and operating the *Bargain Box*, a local thrift shop. At the end of each year, the Auxiliary donates the funds raised in support of their hospital. Over the past few years, they have donated more than \$50,000 annually.

The Inter-Community Hospital Auxiliary also offers \$1,000 scholarships each year to 10 local students.

To learn more about volunteer opportunities at Emanate Health, go to www.emanatehealth.org/volunteers. 📌

VOLUNTEERING



"I meet a lot of nice and interesting people when I drive the shuttle. It's a nice way to welcome people."

– TOM GOELLER,
Driver and ICH Auxiliary member who has volunteered at Inter-Community Hospital for the past four years and previously at Foothill Presbyterian Hospital

Foothill Presbyterian Hospital Helped Me Support My Kids and Family

Chandra Reddy is grateful for having worked at Foothill Presbyterian Hospital for nearly three decades.

To pay it forward, he makes an ongoing donation to Emanate Health through the Employee Giving Program.

One would be hard pressed to find a more devoted employee than Chandra Reddy, Nuclear Medicine Technologist and Radiation Safety Officer at Emanate Health Foothill Presbyterian Hospital.

Having worked for Foothill Presbyterian Hospital for the past 28 years, Chandra's devotion to his work shines through as he is quick to share: "[Foothill Presbyterian Hospital] is not a second home; it's like a first home. It helped me raise my kids."

DEVOTED FAMILY MAN AND EMPLOYEE

A father of two grown children (a daughter, 25, and son, 28) and a devoted husband for 33 years, Chandra shows his dedication to the hospital through generosity of both his

time and resources. In Nuclear Medicine, he is a department of one. He works five days per week and is on call 24 hours per day, seven days a week. Yet it is a responsibility he takes on willingly. As evidence, Chandra hasn't called in sick since 2004.

"I love my job here. I get along with every single person," shared Chandra. "It's a small team, and we all help each other. Many of the techs have been here for over 15 years, so we all know about each other's families."

With his daughter in her third year of medical school, Chandra is grateful for the security of having worked for Foothill Presbyterian Hospital for nearly three decades. To pay it forward, he makes an ongoing donation to Emanate Health through the Employee Giving Program.

GIVING BACK

"I felt like I wanted to give something to the hospital and the community," explained Chandra. "It helped me support my family. I've had opportunities to go somewhere else, but this is like a family. I wouldn't want to go anywhere else."

Chandra moved to the United States from India in 1989. Outside of his roles in Nuclear Medicine and Radiation Safety, he is part of the Building Connections team, working to improve patient experience as a whole. He was also named Employee of the Year in 2010.

When asked about his motivations for giving back, Chandra explained, "Foothill Presbyterian Hospital is the only place I've worked for a long time, so I feel like I want to give something to the community. You're not going to go broke by giving a dollar a day."


EMPLOYEE GIVING

ABOUT THE EMPLOYEE GIVING PROGRAM

The Emanate Health Employee Giving Program is for employees like Chandra who want to make an impact above and beyond their everyday work.

Since 1985, Emanate Health employees have given more than half a million dollars toward expanding hospital services and purchasing vital equipment. In 2019, more than 300 employees together raised \$52,000.

Employees can choose to donate a portion of their paycheck to the organization or opt for a one-time donation. Even an ongoing \$5 payroll contribution can make an impact.

To learn more about Employee Giving or set up a donation, contact Jonathan Lorenzo at jolorenzo@emanatehealth.org or visit www.emanatehealth.org/employeeegiving. 



"Foothill Presbyterian Hospital is the only place I've worked for a long time, so I feel like I want to give something to the community. You're not going to go broke by giving a dollar a day."

– CHANDRA REDDY

Nuclear Medicine Technologist
and Radiation Safety Officer,
Emanate Health
Foothill Presbyterian Hospital

Honor Roll 1/1/2019 to 12/31/2019

Important gifts from individuals, foundations and corporations have helped to ensure the finest facilities, advanced technology and excellent care that are the cornerstones of Emanate Health.

\$100,000 – \$999,999 The Ahmanson Foundation — Mary Jane and John Bettfreund Good Hope Medical Foundation Tom and Bea Hollfelder Estate of Donald M. Mayer* Estate of James R. and Barbara D. Miller* Office of Statewide Health Planning and Development – Song-Brown Physicians for a Healthy California UniHealth Foundation	The Jett Family James King Arthur and Sarah Ludwick The McIntyre Company — William and Diane McIntyre Morgan Stanley North-West College — Mitchell and Lisa Fuerst Perceptyx The Ralph M. Parsons Foundation Regal Medical Group The Richter Family Foundation Stanley W. Ekstrom Foundation, Inc. Michael J. and Sharon A. Starr Michelle Stoddard Vituity Carl E. Wynn Foundation
\$50,000 – \$99,999 California Academy of Family Physicians Champion Family Foundation Robert H. and Lori Curry Emanate Health Inter-Community Hospital Auxiliary	
\$10,000 – \$49,999 Alexandria Real Estate Equities, Inc. CannonDesign Clifford and Anne Christ CompSpec, Inc. Estate of Diann Dove* Emanate Health Foothill Presbyterian Hospital Auxiliary Emanate Health Queen of the Valley Hospital Auxiliary Louis and Diane Fisher	\$5,000 – \$9,999 Carol Ahmanson AmbuServe Ambulance Service — RSI/Medic-1 American Academy of Family Physicians Foundation Dr. Nagasamudra S. Ashok Jeanne Courtice Emanate Health Foothill Presbyterian Hospital Medical Staff Emanate Health Independent Physicians Emanate Health Medical Center Medical Staff

Entisys360 Dr. George Ferenczi and Miki Kalpins Dr. Humberto A. and Ana E. Galleno Glendora Canyon Transitional Care Unit Melissa Howard ISU Christ, Spang & Capitano Insurance Agency, Inc. – Adam and Jennifer Capitano Kaiser Permanente Dr. Gurjeet and Harmala Kalkat Carol and David Lambert Lee Armstrong Co., Inc. Medi-Waste Disposal, LLC Medline Industries, Inc. Pacific Western Bank PTL Insurance Brokers — Pedevillano Family Pediatrx Medical Group, Inc. Charles and Valerie Riddle RMG Building, Inc. Rajesh and Vandana Sharma St. Philaret Society Kevin and Jessica Streeter Daniel Wood	B.R. & Co., Inc. Beacon Pointe Advisors, LLC Blue Shield of California Harold J. and Barbara J. Borak Ryan and Beth Burke California Commercial Real Estate Services Cardinal Paint & Powder, Inc. CCI Chemical Corporation CINTAS Cloos Family LTD Partnership — Dr. J. Kenneth and Rudie Lund CloudWave Leigh and Livi Dela Victoria Emanate Health Medical Group Emanate Health MSO Emerald Textiles, LLC Foothill Credit Union The Gabriel Foundation Dr. Uday and Shubhangi Gadgil Dr. Sergio and Ruby Gonzalez José and Marisela Gutierrez Melissa Harris HBLA Certified Public Accountants, Inc. Thom and Sheryl Hill Hooper Healthcare Consulting, LLC Scot and Dr. Melissa Hutton IMEG Corp. Donald and Lewissa Ingersoll Dr. Sanjay N. Khedia Lockton Insurance Brokers, LLC
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Managed Care Support Systems, LLC
Diane Martin
Jeff McLean
MIK Construction
Morgan, Lewis and Bockius, LLP
Daniel Nash
Navin, Haffty and Associates
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JoAnne S. Wilson
Sharon Wilson
Rickey Windfelder
William and Mona Wise
Russell and Adele Wojcik
The Woman's Club
of West Covina
Helen Wong
Ka Ming Wong
Tina Wong
Marion Wood
Michael Wood
James and Deborah Woods
Lois A. Woolverton
Maxine Wozny
Anneke Yamate
Brian G. Yamate
George and Beth Yncian
Robyn Young
Lisa Yue
John and Francis Zagajeski
Emmanuel Zamora
Adam and Beth Zeffer
Rafael and Eileena Zepeda
Julie R. Zero
Marilyn and Joseph Zeronian
Che Zhang
Rita Zheng
Jed A. Zluticky
Reynold Zoleta
Gloria M. Zubiate
Johnny Zuniga
Victoria Zuniga
Margot and Peter Zwerver

*Deceased

While every effort has been made to provide an accurate listing of the Honor Roll, errors and omissions may have occurred. If so, please contact the Foundation at 626.814.2421.

Legacy Friends

Our Legacy Friends are benefactors who have remembered Emanate Health in an estate plan or who have made a planned gift.

Choosing from a full range of planning options, these individuals have helped to ensure that Emanate Health will provide excellent and compassionate care for years to come.

James V. Bologna
Mary Lou Cereghino
Joyce M. Chapman
Norma Colby
Hilda Crippen
Dr. Linda I. De Long
Daniel M. Derby
Diann Dove
Theodore W. and Jo Sargent Dutton
The Jett Family
James King
Arthur and Sarah Ludwick
Donald and Virginia Mayer
Gerald and Jilonne Menefee
Estate of James R. and Barbara D. Miller
George and Donna Petrokowitz
Donald E. and Catherine E. Schroeder
Fred and Lois Sparling
Dr. Bruce F. Van Vranken

If you have already included Emanate Health in your estate plan, please let us know by calling 626.814.2421. We would like to thank you and recognize you for your gift.

Gift In-Kind Partners

Gift in-kind partners provided invaluable support to the success of our 2019 activities.

A-1 Event & Party Rentals
Academy of Magical Arts, Inc.
Agua Caliente Resort Casino Spa
Allegro Promotions
Altura Communication Solutions, LLC
American Environmental Group, Inc.
Anonymous
Antigua
Aquarium of the Pacific
Aquarius Casino Resort
Arrow Lodge Brewing
Asahi Beer
Atria Covina
Azo Vino Gift Gallery
& Wine Tasting
B Cellars Vineyards & Winery
Belfor Environmental
Beringer Vineyards
Mary Jane and John Bettfreund
Boomers Irvine
Boxing Cat Entertainment
Bradford Renaissance Portraits
Brainy Actz Escape Room
Brent's Deli, Inc.
Ryan and Beth Burke
Callaway Vineyard & Winery
Adam and Jennifer Capitano
Casa del Rey Mexican Restaurant
Casino Morongo
Castelli's Ristorante
Center Theatre Group
Dr. Augusto Cigliano
The Comedy & Magic Club

Coniglio Wines
Coronado Playhouse
Diane Costigan
Cross Roads Escape Games
CSz Los Angeles - Comedy Sports
Davey's Locker Whale Watching
Sybil Delahoussaye
Del Dotto Vineyards
Irma Diaz
Dr. Phil
Andrea Duarte
Elite Island Resorts/Caribbean
Fairfield Inn by Marriott
Anaheim Resort
Feathered Serpent Brewery
Flappers Comedy Club
Flowers by Eugene
Flowers by Robert Taylor
Mitchell and Lisa Fuerst
Glendora Country Club
Go Kart World
Golden Entertainment
Graceful Hearts, Inc.
Grand Lux Café
Frances Greenspan,
Animal Communicator
Grigich Hills Estate
Grocery Outlet
Jose and Marisela Gutierrez
Laurie Helzer
Highpoint Brewing Company
Hollywood Classic
Homewood Suites by
Hilton La Quinta
Hotel Angeleno

Hotel VIA - San Francisco
Incycle Bicycles
Industry Hills Golf Club
at Pacific Palms
In-N-Out Burger Cookout Trailer
Innovation Brew Works
IP Casino Resort & SPA
Irvine Lanes
Island Packers
Jacuzzi Family Vineyards
Elvina Javwena
Rich and Gayle Jett
Judd's Hill Wine Club
Bonnie and Kenneth Kasamatsu
Jade Knight
La Mirada Theatre
La Verne Police Department
Lagunitas Brewing Company
Last Name Brewing
Lazy Dog Restaurant & Bar
Le Chene French Cuisine
Linco Picture Framing
Lorin Backe Photography
Los Alamitos Race Course
Los Angeles Chamber Orchestra
Los Angeles Chargers
Los Angeles International
Wine & Spirits Competition
Kerry Lucas
Lucky Strike LA Live
Arthur and Sarah Ludwick
Al Luna
M.A.C. Cosmetics
Massachusetts Bay Lines
Mauro Hair Studio

Mona McMillin
Metropolitan Theatres
MillerCoors
Miracle Springs Resort & Spa
New Orleans Steamboat
Company/Gray Line Tours
New York Philharmonic
Maeve O'Donnell
Oliva Trattoria Pizzeria
Original Tommy's Hamburgers
Donna Owens
PALA Casino and Resort
Panera Bread
Pariah
Pasadena Symphony and POPS
Pencilbox Studios
PepsiCo Foodservice
Performance Health
Perry's Café & Rentals
Pine Ridge Vineyards
Pink's Famous Hot Dogs
Pop-O-Licious 'n More
Primm Valley Casino Resorts
Progressive Management
Systems
Red Line Tours LLC
Residence Inn Marriott
Right at Home
The Rinks Lakewood ICE
Kay Rios
RockSugar Southeast
Asian Kitchen
OJ and Elizabeth Rodriguez
Rowley Portraiture
Sam's Club

Sammy's Woodfired Pizza & Grill
San Antonio Winery
San Diego Coaster Company
Sanrio, Inc.
Santa Anita Golf Course
Santa Anita Park
Sawdust Art Festival
Patricia Serio
Dr. Jeffrey and Susan Shapiro
Skydive Santa Barbara
Smoke House Restaurant
South Hills Country Club
Michelle Stoddard
Strater Hotel
Tahoe Donner
Third Street Wine Shop
Norma and Carlton Tolliver
Trapped! Escape Room
Genevieve True
Upland Police Department
Valencia Lanes
Lola Veronese
Warner Bros. Consumer Products
Warner Grand Theatre
Waters Edge Winery
Wheel Fun Rentals
Wheel of Fortune
Willamette Valley Vineyards
JoAnne Wilson

Ways to Give

Corporate Giving—Partners with Emanate Health

The Emanate Health Corporate Giving Circle provides an opportunity for national corporations and area businesses to thoughtfully invest in the health of the communities they serve in a unique and profound way.

The health of each and every citizen is vital to building and maintaining a strong and vibrant community. Health is our greatest asset; without health a person is in a dire struggle to achieve anything else. Corporate partners play an integral role in the mission of Emanate Health to help people keep well in body, mind and spirit by providing quality health care services in a safe, compassionate environment.

Corporate gifts provide resources for compassionate care to our communities, heal and save lives by helping Emanate Health invest in leading-edge technology, improve facilities, enhance patient programs and deliver wellness programs to those in need. We welcome your partnership.

WHY PARTNER WITH US?

- **Local Impact** — Make a difference locally by improving the quality of people’s lives. Emanate Health is the largest nonprofit health care system in the San Gabriel Valley serving approximately one million people.
- **Maximum Efficiency** — Emanate Health allows 100% of your gift to go directly to the facility, program or need you wish to support. We will develop a partnership with you and identify shared values in areas where you want to make a difference.
- **Social Responsibility** — Being in partnership with Emanate Health will enhance your social responsibility profile, and a number of studies show that consumers like to support businesses that exhibit social responsibility.

We welcome working with you to meet your corporate giving objectives. If you are interested in learning how you can make a difference, contact Greg Lehr with Emanate Health Foundation at glehr@ematehealth.org.



Special Mention: Remembering Joyce Chapman



Miss Joyce Marion Chapman, whose family’s legacy is most notably associated with Chapman University in Orange, designated a planned gift to Emanate Health. She recently passed away just a few months shy of her 100th birthday and will be dearly missed. Miss Chapman grew up in Covina and lived a block away from the site of today’s Emanate Health Inter-Community Hospital. In appreciation of her philanthropy, the Inter-Community Hospital Emergency Department lobby is named in her honor.

The Benefits of Planned Giving

There are many ways to make a gift to Emanate Health. Your charitable gift may also help you to realize substantial tax savings. The Foundation is ready to assist you in determining the best match between your philanthropic goals and Emanate Health’s programs.

WHY SHOULD I MAKE A PLANNED GIFT?

A planned gift provides an opportunity to support Emanate Health in a way that is meaningful to you while preserving and enjoying your assets during your lifetime. And, oftentimes, giving in this way allows you to make a greater impact than might be possible currently.

WHAT ARE SOME SIMPLE WAYS TO MAKE A PLANNED GIFT?

- **Will or Trust.**
You can include Emanate Health Foundation as a beneficiary of your will or trust. Your gift might be a set dollar amount, a percentage of your estate, real estate assets or you can designate the remainder of your estate after distributions to your other beneficiaries.
- **Charitable Gift Annuity.**
You can also set up a charitable gift annuity. Some of your donation supports Emanate Health, and some is returned to you in periodic payments for life. This is an uncomplicated gift that is exceedingly popular because it benefits both the charity and the donor.



WHERE CAN I LEARN MORE ABOUT MAKING A PLANNED GIFT?

Visit www.emanatehealth.org/plannedgiving for more information on the benefits of planned giving. You can also contact the Foundation at 626.814.2421 or foundation@emanatehealth.org, and we will be glad to assist you. We also ask you to consult your own legal and financial advisors as you consider your gift.

2019 EVENTS

Craft Beer, Wine
& Food Festival

The Festival at the Fairplex Marketplace in Pomona on April 6, 2019, did not disappoint. Upwards of 200 guests sampled delectable food, wine and craft beers, while many enjoyed a wine toss game, dancing and a silent auction. This ever-popular event raised nearly \$40,000 in support of Emanate Health Hospice.

01



02

**AT LEFT:**

- 01 Shirley Chadwick and Walter Allen III, past chair and current member of Emanate Health Board of Directors
- 02 The evening featured endless tastes of wines, craft beers and great foods.

06



05



03



04

**CLOCKWISE FROM ABOVE RIGHT:**

- 03 This fun and popular event was held at the Fairplex Marketplace in Pomona.
- 04 (Left-to-right) Michelle Stoddard, CEO of Emanate Health Foundation; and Kerry Lucas, former manager of Emanate Health Hospice
- 05 A silent auction was one of the event's many activities, along with music, dancing and a wine toss game.
- 06 (Left-to-right) Long Trieu; Sheri A. Pham, MD; Susan Shapiro; Wayne Zimmerman

45th Annual Capitano
Golf Classic

Thanks to the event committee, co-chaired by Adam Capitano and Ron Padilla, the Capitano Golf Classic on June 10, 2019, was another resounding success. The tournament featured 135 golfers and was supported by 88 sponsors and 20 in-kind sponsors. The day's festivities included a dinner buffet, awards banquet, live auction and raffle drawings.

This annual event held at South Hills Country Club in West Covina is named in memory of Vince Capitano, a beloved philanthropist and avid golfer, in recognition of his legacy and commitment to health care in our community. Event proceeds totaled \$240,000 in support of Emanate Health programs and services.

CAPITANO GOLF CLASSIC COMMITTEE

Adam Capitano, Co-Chair
Ron Padilla, Co-Chair

John Bettfreund
Andrew Buliach
Joe Concialdi
Janet Hanson
Jesse Larriva

Nathan Logan
Dean Morford
Michelle Stoddard
Lynda Volding
JoAnne Wilson

07

**CLOCKWISE FROM TOP LEFT:**

- 07 The foursome from North-West College: (left-to-right) Cameron Ghafouri, Andrew Buliach, Joel Haerr, Cody Pope
- 08 Jennifer Capitano won a bottle of wine at the awards banquet, which featured many raffle prizes.
- 09 In-N-Out Burger generously donated a cookout trailer to provide lunch for all the golfers who participated.

11



10



- 10 The 2019 tournament was held at the beautiful South Hills Country Club in West Covina.
- 11 (Left-to-right) Emanate Health Chief Medical Officer Gurjeet Kalkat, MD; Dale Pelch; Jason Agraz; Ibrahim Hanna, MD

2019 EVENTS

30th Annual Autumn Nocturne

The 30th Annual Autumn Nocturne on October 19, 2019, was an event not to be missed, thanks to the committee led by the Foundation Board of Trustees Past Chairwoman Mary Jane Bettfreund.

Nearly 400 guests attended the prohibition-era, speakeasy-themed event that highlighted the journey of a recent Emanate Health Queen of the Valley Hospital (QVH) patient who defied all odds. Adam Arambula, an 11-year-old who received life-saving care for a cardiac arrest in the hands of the QVH Emergency team — conveying the dire need for expanded emergency care in our community. The event also honored 2019 Emanate Health Physicians of the Year: Kevin Hua, DO, Inter-Community Hospital; Chi Huy Truong, MD, Queen of the Valley Hospital; and Sophia Kangarlu, MD, Foothill Presbyterian Hospital.

Featuring entertainment by the Holy Crow Jazz Band, guests were treated to dinner and cocktails, as well as silent and live auctions. Proceeds from this year’s event totaled \$351,000 in support of Emanate Health programs and services.

GALA COMMITTEE
Mary Jane Bettfreund, Chairwoman

Brooke Allen	Rich Jett
Rebecca Bettfreund	Pat Serio
Xochitl Flores	Michelle Stoddard
Janet Hanson	JoAnne Wilson



LEFT TO RIGHT:
Kevin Hua, DO of Emanate Health Inter-Community Hospital
Chi Huy Truong, MD of Emanate Health Queen of the Valley Hospital
Sophia S. Kangarlu, MD of Emanate Health Foothill Presbyterian Hospital



CLOCKWISE FROM TOP LEFT:
01 (Left-to-right) Autumn Nocturne Chairwoman Mary Jane Bettfreund, Emanate Health Foundation Board of Trustees Chairwoman Lisa Fuerst, Emanate Health President & CEO Robert H. Curry, Emanate Health Board of Directors Chair Gary Mathewson, Foundation CEO Michelle Stoddard
02 Adam Arambula (center) with (left-to-right) his dad Jose, his mom Yadi, West Covina Fireman/Paramedic Joe Silguero, QVH Emergency Department Nurse Rosie Bazarro, QVH Emergency Department Physician Dr. Brenda Hayakawa, QVH Chief Nursing & Clinical Executive Kevin Streeter
03 Members of Emanate Health Board of Directors and Emanate Health Foundation Board of Trustees with their family members
04 Mary Jane Bettfreund (2nd on the left), chairwoman of the 30th Annual Autumn Nocturne and past chairwoman of the Foundation Board of Trustees, with (left-to-right) husband John, daughter Rebecca and son Travis

Light Up a Life

The annual Light Up a Life reception took place on December 5, 2019, in tribute to the lives of family and friends lost. More than 100 guests gathered at Emanate Health Hospice to witness the tree-lighting ceremony, representing a time for loved ones to be comforted and share hope.

This year’s Hospice Honoree, Thomas Drino, was recognized for his commitment as a vital volunteer and member of the Hospice bereavement team for over 20 years. Mr. Drino has selflessly given his time and talent in service of others, bringing hope, comfort and compassion to patients and their families when it is most needed.

The event raised \$30,000 to benefit Emanate Health Hospice.

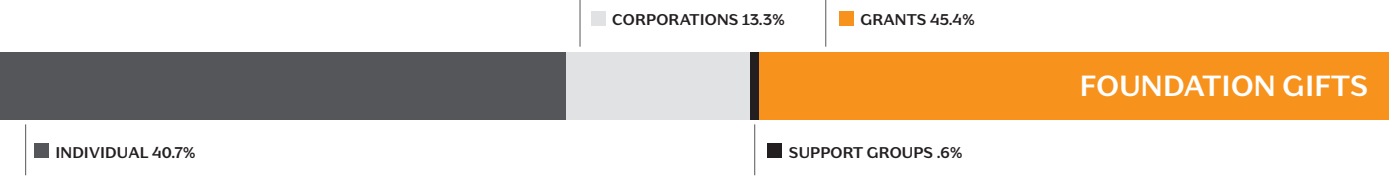


CLOCKWISE FROM TOP LEFT:
06 The large tree outside the Hospice is lit during the holiday season.
07 June Orr, a soloist and Hospice grateful family member, sang “Unforgettable” and “You Light Up My Life.”
08 (Left-to-right) Rich Jett, Foundation Board member, and Thomas Drino, 2019 Hospice Honoree
09 (Left-to-right) 2018 Hospice Honoree Katy Ingersoll, 2019 Hospice Honoree Thomas Drino, Hospice supporter Vera Drino



Financials

2019 Statistics,
Financials,
Legal Counsel
and Fiduciaries



Foundation Assets (Audited, in Dollars)

Trusts held for Donor's Interest for Future Distribution	444,656
Investment and Endowment Funds	13,660,529
Pledges Receivable	672,000
Cash and Cash Equivalents	1,372,971
Other Foundation Assets	481,785
TOTAL ASSETS	16,631,941

Revenues and Expenses (in Dollars)

Contributions	886,410
Special Event Net Revenue	674,930
Rental Income	24,900
Revenue from Investments	589,211
Planned Gift Expectancies (Face Value)	794,561
TOTAL REVENUES¹	2,970,011

Operating Expenses (in Dollars)

Fundraising Expenses	338,734
Management and General Expenses	907,954
TOTAL OPERATING EXPENSES	1,246,688

Cost of Fundraising vs. Total Revenues..... 41.98% (\$1,246,688/\$2,970,011)

Unrealized Gain (Loss) on Investments (in Dollars)

	871,908
--	---------

Health Care System Statistics

Emergency Department Visits	157,821
Hospital Patient Days	129,875
Babies Delivered	4,390
Inpatient Surgeries	5,969
Outpatient Surgeries	5,920
Acute Admissions	29,789
Acute Length of Stay (Days)	4.27
Post-Acute Patient Days	39,716
Home Care Visits	26,754
Hospice Days Admission	532
Hospice Days Discharges	507

Foundation Gifts

Individuals (40.7%)	\$1,377,839
Corporations (13.3%)	\$452,133
Grants (45.4%)	\$1,539,000
Support Groups (0.6%)	\$19,735
TOTAL (100.0%)	\$3,388,707

Volunteer Statistics

Number of Volunteers Total	700
Number of Volunteer Hours Total	44,967
Value of Volunteer Time²	\$1,346,762

Community Benefit Expenditures (Audited, in Dollars)

Unpaid Cost of Medi-Cal	69,952,000
(Number of People Impacted)	4,061
Cost of Charitable Care Provided	2,373,000
(Number of People Impacted)	1,385
Community Benefit Services	3,733,000
(Number of People Impacted)	9,392
TOTAL DOLLARS	76,058,000
(Total Number of People Impacted)	14,838

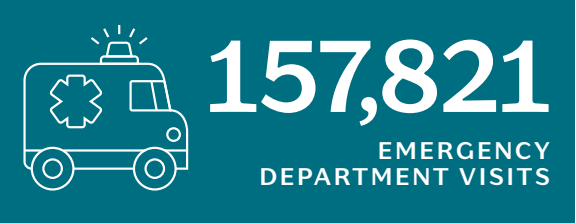
Legal Counsel:
Mitchell Silberberg & Knupp, Los Angeles, CA

Fiduciaries:
Investment Counselors and Trust & Annuity Investment Managers:
Beacon Point Advisors, Newport Beach, CA
Morgan Stanley, Brea, CA
Independent Auditors:
Ernst & Young, Los Angeles, CA

Federal Tax I.D. #95-2534063

¹ Not included in the Total Revenues amount are multi-year pledges and a \$1 million bequest. Emanate Health Foundation was awarded these multi-year pledges in 2019: UniHealth Foundation - \$500,000 over 3 years; Office of Statewide Health Planning and Development - Song-Brown - \$500,000 over 3 years; and Physicians for a Healthy California - \$225,000 over 3 years. Including the multi-year pledges adjusts the Cost of Fundraising vs. Total Revenues to 29.7% (\$1,246,688/\$4,195,011).

² The value of volunteer time in California is \$29.95/hour as of 2018, according to Independent Sector (<https://independentsector.org/value-of-volunteer-time-2018>).



Growth and Progress Investing in the Future



“THE BI-PLANE AND CT SCANNER ARE VITAL TO PROVIDING TOP QUALITY HEALTH CARE SERVICES IN OUR COMMUNITY. THIS EQUIPMENT WILL BE ESPECIALLY CRITICAL TO SERVICING PATIENTS FOR OUR COMING STROKE ACCREDITATION TO BE THROMBECTOMY-CAPABLE.”

– PHILLIP LIANG,
CLINICAL LABORATORY
AND MEDICAL IMAGING
ADMINISTRATIVE
DIRECTOR, EMANATE
HEALTH QUEEN OF
THE VALLEY HOSPITAL

New Bi-Plane and CT Scanner

Emanate Health invested in a bi-plane, which is one of the most advanced interventional medical imaging technologies available. Through real-time, 3-D images of blood vessels and soft tissue, physicians are better able to predict, diagnose, inform and treat a variety of neurological disorders. We now have the ability to perform thrombectomies, which are interventional procedures to remove a clot from a blood vessel.

Emanate Health also purchased a new CT scanner to help our physicians better diagnose and treat patients. A CT scan uses computers and X-ray machines to create cross-sectional images of the body to show the soft tissues, blood vessels and bones. It is used to diagnose disease or injury, as well as to plan medical, surgical or radiation treatment.



“This equipment has made us better able to help our community by providing faster and more efficient stroke diagnoses.”

– THOMAS ODA,
CT TECHNOLOGIST,
EMANATE HEALTH
QUEEN OF THE
VALLEY HOSPITAL



Hospital + Outpatient

A 1206(d) clinic is a hospital-based clinic that provides outpatient care for all community members, including Medi-Cal patients. Opened in 2019 and continuing to expand, Emanate Health's 1206(d) clinics provides orthopedics, OB/GYN, pediatrics, family medicine and specialty care. Health care is becoming more of an integrated model, which includes both hospitals and outpatient sites.



“EMANATE HEALTH IS COMMITTED TO BECOME THE PREMIER TEACHING HEALTH CARE SYSTEM IN THE SAN GABRIEL VALLEY.”

– MAILI VELEZ-DALLA TOR, MD,
FAMILY MEDICINE RESIDENCY
PROGRAM DIRECTOR,
EMANATE HEALTH

3rd Class of Family Medicine Residents

We welcomed our third class into the Family Residency Program, which now includes a full complement of 30 residents. Choosing to enhance their training with Emanate Health, this year's class of residents hail from the Universidad Autonoma de Guadalajara (Mexico) School of Medicine, St. George's University of Medicine in Grenada, Ross University School of Medicine in Barbados, American University of Antigua, as well as David Geffen School of Medicine at UCLA, Western University of Health Sciences in Pomona, Touro University California in Vallejo and Charles R. Drew University of Medicine and Science in Los Angeles. This is a significant milestone for Emanate Health to become a teaching health care system in the region.

“I'm honored to be part of a program that cares so deeply about the health and well-being of the community.”

– INNIE KIM, MD,
FAMILY MEDICINE
RESIDENT,
EMANATE HEALTH



Queen of the Valley Hospital Expansion Plan

The West Covina Planning Commission approved Emanate Health Queen of the Valley Hospital's environmental impact report, paving the way for a 580,000-square-foot expansion. The plans will go before the City Council at a future meeting for final approval. Tony Blakely, Emanate Health director of planning, design and construction, notes that modernization is long overdue. “We have an amazing group of staff at Queen of the Valley Hospital,” Blakely said. “They provide great, compassionate and safe care, but they do it in dated facilities. Approval of this (plan) will give us the opportunity to update those facilities.”



Thank you

2019 Boards, Medical Staff Officers and Auxiliary Presidents

2019 FOUNDATION BOARD OF TRUSTEES
Lisa Fuerst, Chairwoman
Mary Ann Quay, Vice Chairwoman
Rich Jett, Treasurer
Ken Kasamatsu, Secretary
Mary Jane Bettfreund, Past Chairwoman

Robert Abrams, DPM
Harold J. Borak, Sr.
Adam Capitano
Robert H. Curry,
President & CEO, Emanate Health
Andrew Dilwicius
Uday Gadgil, MD
José G. Gutierrez
Scot Hutton
Sanjay Khedia, MD
Linda Logan
J. Kenneth Lund, PhD
Gilbert Martin, MD
Richard Pedevillano
Patricia Serio
Michael J. Starr
Michelle Stoddard,
CEO, Emanate Health Foundation
Dumrong Tangchitnob, MD

AUXILIARY PRESIDENTS
Reyna Conrado, President
Inter-Community Hospital Auxiliary
Bonnie Kasamatsu, President
Queen of the Valley Hospital Auxiliary
Diorah Gonzales, President
Foothill Presbyterian Hospital Auxiliary

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Patsy Gorrell, Treasurer
Bernard Bollinger, Jr., Esq., Secretary

Walter Allen III
Harold J. Borak, Sr.
Thomas O. Bryan, MD
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C. Duane Dauner*
Subhash Dhand, MD
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Lisa Fuerst
Patricia Hanes, PhD
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Mary Kirchen, IHM
Anna Leung, MD
Arthur J. Ludwick
Philip Maldonado, DDS
Raymond Mattes, IHM, DMin
Eugene Pocock, MD
O.J. Rodriguez
Sharon Yee, MD

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Subhash Dhand, MD, Chief of Staff
Robinson Baron, MD, Chief of Staff-Elect
Dinesh Samant, MD, Secretary/Treasurer
Benjamin Shwachman, MD,
Past Chief of Staff

EMANATE HEALTH FOOTHILL PRESBYTERIAN HOSPITAL MEDICAL STAFF OFFICERS
Eugene Pocock, MD, Chief of Staff
Raffi Hodikian, MD, Chief of Staff-Elect
Ibrahim Hanna, MD, Secretary/Treasurer
Naji Kandalaft, MD, Past Chief of Staff
Gurjeet Kalkat, MD, Chief Medical Officer

*Mr. Dauner passed away in July 2020.
All of us at Emanate Health Foundation
express our deepest condolences and
gratitude to his family.

“In our ever-changing world, we’re
blessed to have the support of
Emanate Health Foundation and
a network of 700 selfless vol-
unteers who share our vision for
the future. We’re thankful for the
gifts of your time and talent, and
confident that we’ll reach our
goal with your generous assis-
tance. More importantly, it is my
hope that we can face the uncer-
tainties of the future together as
we partner to serve the health
care needs of our region.”

– ROBERT H. CURRY,
PRESIDENT AND CEO,
EMANATE HEALTH

A LETTER FROM LISA FUERST

The year 2020 has undoubtedly been more challenging than any of us could have imagined. Looking back at 2019, my first year as chairwoman of the Foundation Board of Trustees, I reflected on our achievements as we became Emanate Health — the upcoming transformation of the Queen of the Valley Hospital Emergency Department, our growth as a Foundation to meet the needs of our community and our successful fundraising events — the 45th Annual Capitano Golf Classic, the 30th Annual Autumn Nocturne, Light Up a Life and the Craft Beer, Wine & Food Festival. The passion that we share for our community shows our drive to support Emanate Health to help people keep well in body, mind and spirit by providing quality health care services in a safe, compassionate environment.

I want to thank you all for your steadfast generosity of time and spirit. We all know that life gets busy, in times like these especially, and sometimes staying the course is the best thing we can do. But as a donor, you have committed to something bigger — doing whatever it takes to support Emanate Health because it is the beacon for healthier lives in the San Gabriel Valley.

In this spirit, I want to share with you my personal intention for the next year: To amplify the mission of Emanate Health. I challenge each one of you to do the same. Let us join forces and invite our connections — friends, families and colleagues — to get involved. Give them a glimpse of the difference that Emanate Health makes in the San Gabriel Valley and the vital health care services it provides. It is time to leverage those connections, have a conversation, and do whatever you can to raise awareness of our mission and our goal to serve the community. It is up to us to inspire others to be a part of bringing Emanate Health to the next level.

Mahatma Gandhi once said, “Be the change you wish to see in the world.” This sentiment rings true more so today than perhaps at any time in recent history. My friends, let’s make this the year of stepping up. Let’s make 2020 the year to make a difference.

Sincerely,



Lisa Fuerst
Chairwoman, Emanate Health Foundation Board of Trustees



A LETTER FROM ROBERT H. CURRY

Like most health care systems across the nation, the COVID-19 pandemic has forced Emanate Health to focus on helping patients with the greatest need. With this new emphasis, our physicians, nurses and staff have continually risen up to meet the challenges of an evolving disease to treat our patients.

Fortified by professionalism and determination, our health care heroes have also demonstrated amazing resilience to care for a growing number of patients in a constantly changing work environment. Our staffs at Inter-Community Hospital (ICH), Queen of the Valley Hospital (QVH) and Foothill Presbyterian Hospital (FPH) are also driven by a resolute commitment to our communities.

Now, more than ever, Emanate Health must lean on those same communities to support our health care system at a critical time. No one knows for sure when COVID-19 will pass, but one thing is certain: Residents in the San Gabriel Valley will depend on us to always be ready, whatever it takes.

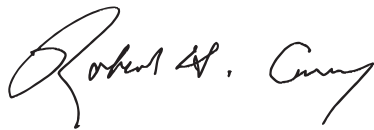
We are better prepared today to cover our diverse populations with advanced medical care through every stage of life — from our Family Birth & Newborn Center to our hospice and home care. Our experts in Cardiology, Neurology, Orthopedics, Emergency Care and Women's Health have been awarded Top Doctors by the *Los Angeles Business Journal*. Emanate Health was voted the Best Hospital and Best Place to Work in the region by *San Gabriel Valley Tribune* readers.

During the past 18 months, Emanate Health has added new physicians who provide our patients with leading Family Medicine, Pediatrics, OB-GYN and Orthopedic services. Many of these physicians will see patients in our new Outpatient Services center located adjacent to QVH. The crown jewel of our growth campaign are plans to build a modern, 60-bed Emergency Department — which will nearly triple its current capacity — in addition to a 24-bed Intensive Care Unit at QVH, which combined helps us to address the growing needs of our communities.

In our ever-changing world, we're blessed to have the support of Emanate Health Foundation and a network of 700 selfless volunteers who share our vision for the future. We're thankful for the gifts of your time and talent, and confident that we'll reach our goal with your generous assistance. More importantly, it is my hope that we can face the uncertainties of the future together as we partner to serve the health care needs of our region.

To the Emanate Health Foundation Family and Friends, we thank you for your steadfast contributions and for making us your health care provider of choice.

Sincerely,



Robert H. Curry
President and CEO, Emanate Health



In Memory of Gordon Shipp

A Man of Integrity and Compassion

Former chairman of the Foundation Board of Trustees Gordon Shipp once stated, "I am a simple guy — so in my view, the key to success in life and business is to keep everything simple. And that includes the Foundation."

Gordon was known for leading by example, serving on the golf committee, being an event sponsor, as well as a generous donor. He was skilled at bringing people together for a common good. An eternal optimist, Gordon could listen to someone's concern or complaint and turn it into something positive.

Gordon was extremely compassionate with his employees. He embodied the core values of his business: service, reliability and integrity. According to one paramedic on his team, Gordon's passion for professionalism was unrivaled. He made a point to learn the name of every employee, greeting them with a smile and a firm handshake — he treated his team like family.

Gordon was incredibly determined and passionate about everything he did. When he golfed, he might hit a shot out of bounds and would chase it without hesitation — even venturing into the water to retrieve a ball.

Born in Yuma, Arizona, Gordon was raised in the San Gabriel Valley. He was a graduate of Mount San Antonio College in Fire Science, worked as an emergency medical technician and as an instructor for the American Red Cross before starting Medic-1 Ambulance Service in 2001.

Together for over 25 years, he and his wife Virginia were side by side through ups and downs, sickness and health; they remained committed to one another and strong in their faith. Gordon wanted to be remembered as a good friend, a man of strong core values and a great bass fisherman, and he certainly will be.



OUR MISSION: Emanate Health exists to help people keep well in body, mind and spirit by providing quality health care services in a safe, compassionate environment.

RESPECT. EXCELLENCE. COMPASSION. INTEGRITY. STEWARDSHIP.



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