

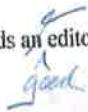


# Messenger—MAY 2021

## Editor—Pam Byars

Your  
Editor  
Pam  
Byars

Everyone needs an editor.



**MAY—WOW—ALMOST HALFWAY THROUGH THE YEAR!**

*We've been vaccinated against the 'flu and now we've been vaccinated against COVID 19.*

*Let's all hope that's the last of getting a shot in the arm!!*

Well, here we are in May!!! Hopefully, everyone received both of their vaccines and feeling more comfortable going out. In a few months, we will all be together again and resuming a somewhat "normal" life. I can't wait to work in the gift shop again and see everyone.

April showers certainly bring May flowers. Even if there was not much rain in April my garden has been welcoming the sun. It has been beautiful.

I will repeat a quote I shared with you several years ago which I cut out of an Oprah magazine at least 10 years ago that I have in my calendar – "The key is to keep company only with people who uplift you, whose presence calls forth your best." This quote sums up my experience with volunteering and my relationship with all of you. God bless you all.

YOUR PRESIDENT  
DLORAH GONZALES

We are sad to report the death of three time Past President, Garry Reynolds. Garry was president of Foothill Presbyterian Hospital Auxiliary in 2015, 2017, & 2018. He also enjoyed volunteering in the Emergency Department and at vendor sales. Garry was instrumental in arranging for the donations of two new cars to the Auxiliary by Colley Ford. The raffle of these two cars allowed the Auxiliary to make donations to the Auxiliary's Scholarship Endowment Fund and our pledge to the hospital. The Auxiliary was also able to make a donation to the Foundation to purchase infant care equipment for the NICU at Queen of the Valley Hospital. If you ever get a chance to visit the NICU at Queen of the Valley Hospital look for the incubator nickname "Garry" Garry is survived by his wife, Sandy, three sons, and two grandchildren..

*Sadly, we also lost another wonderful volunteer. Jean Simpson passed away recently.*

*Jean had been a volunteer for many years and enjoyed working on the front desk. She also trained many volunteers for that position.*

*Jean—you will be missed but may you rest in peace.*

**If any of you have more information on Jean and her years as a volunteer, please contact me at [one4pam@verizon.net](mailto:one4pam@verizon.net) or on my cell (626)221-2219 and I would be happy to put it in the June Messenger. Thank you.**



### **KNITTERS AND CROCHETERS**



**This is a reminder for all you incredible knitters and crocheters that I am still collecting donations of beanies and blankets.**

**Please go to [www.knots of love.org](http://www.knots of love.org) for details and instructions.**

**Also, let me know if anyone has items for pick up.**

**Thank you everyone. Your creations are so appreciated.**



**PAT LOSIE**



**HERE'S JANA  
BACK IN HER  
KITCHEN  
WITH ANOTHER  
MOUTHWATERING  
RECIPE FOR YOU!!!**

I don't know about you but I love one pan dishes. This dish is very yummy and very easy. I think there is a chef on TV that has recipes with only 5 ingredients, and this definitely qualifies for that. Hope you like it as much as I do.

**Taco Macaroni and Cheese**

1lb ground beef ( I use ground turkey)

1/3 cup salsa

1 1/2 teaspoon chili powder

2 cups elbow macaroni uncooked

1/2 lb Velveeta cheese cut up

Brown ground beef in large skillet

Stir in 2 3/4 cup water (oops that's my 6th ingredient)

Add salsa and chili powder

Bring to a boil, stir in macaroni, cover and simmer 10 min until water is absorbed

Add cut up Velveeta stir until melted

Top with crushed tortilla chips, chopped green onion and tomato

Okay I know what you are thinking that's more than five ingredients, yes it is but I personally don't add the chips etc.

Now only one pan to clean that is the best!!!

## INFORMATION FROM TIFFANY

As we begin planning the return of the volunteer programs to our hospitals, we would like to express how important and valuable you are to our mission and organization. We appreciate your pre-Covid service and hope that you will be able to return and be a part of our community again.

To continue to ensure your safety and the safety of our patients and staff, we will begin to reinstate volunteers in phases based on the role or location you served. The phases are as follows:

1. Information Desk, Mended Hearts & Spiritual Care
2. Gift Shop, Shuttle & Newspaper Cart
3. Cuddlers, Music Therapy, Pet Therapy, Surgical Waiting Room & Recovery

Those who serviced the roles in phase 1 will soon be contacting you by email and/or US Postal Mail with further information to begin reinstatement. We will begin the next phase when the prior one has been completed and so on; our goal is to avoid an overload on the hospital departments working towards compliance of the Volunteer programs. Please keep in mind we have 700 volunteers in our system so it is important that everyone adheres to their specific phase timeframe.

To qualify for return, each volunteer must be fully vaccinated for both Covid-19 and Influenza. Please have your proof ready to submit during your phase of reinstatement. If you have opted out of receiving these vaccines or decide that you may not be ready to volunteer, you are welcome to return at a later time.

Some additional safety precautions have been added such as constant hand washing /sanitizing and the proper use of a face mask throughout your entire shift; further guidelines will be outlined at re-orientation. Your patience and understanding is greatly appreciated through the onboarding phases. We are excited to welcome you back into our hospitals and are grateful beyond measure for your willingness and dedication to return.

*(This is the same as an email or US Postal Mail you would have recently received. In case you did not receive it for any reason, I am enclosing it for your information.)*



## MAY CALENDAR 2021

### \*INDICATES BIRTHDAYS

Editor:  
Pam  
Byars

Everyone needs an editor.  
Janet

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	
2	3 Olga Rice*	4	5 Penny Copeland*	6	7 Karen Walter*	8
						
9	10 Beverly Colley*	11	12	13	14	15 Marcia G. Randall* <i>Armed Forces Day</i>
						
16	17 Lidia Eslinger*	18	19	20	21	22 Linda S. Flach*
23	24	25 Art Bereuter*	26 Jack Mateer*	27	28	29
30	31			<b>MEMORIAL DAY</b>		