

# Memorandum

To: Gold Coast Health Plan Primary Care Providers and OB-GYNs

From: Kim Osajda, RN, MSN  
Director of Quality Improvement

Re: **Screening for Alcohol, Tobacco and Illegal Substance Use During Pregnancy**

Date: September 28, 2016

## **The 4Ps Plus<sup>®</sup> Perinatal Screening Tool**

Substance use during pregnancy is often an undiagnosed, but preventable, problem. The *4Ps Plus<sup>®</sup> Screening for Substance Use in Pregnancy* is a nationally-recognized screening tool that helps clinicians identify women who are at risk for using alcohol, tobacco and illegal substances during pregnancy.

Since 2003, the Ventura County Public Health Department has promoted the use of this tool through the Perinatal Substance Use Task Force and by partnering with county prenatal care providers.

## **Benefits of Using the 4Ps Plus<sup>®</sup> Perinatal Screening Tool**

- It is a simple, fast and effective tool that is easily incorporated into routine prenatal care.
- It helps identify substance use issues to facilitate implementing appropriate and timely interventions.
- It helps reduce the chances of fetal exposure to alcohol, tobacco or other illegal substances that can lead to birth defects or long term health issues in children.

## **Billing for the 4Ps Plus<sup>®</sup> Perinatal Screening in the Physician's Office**

Primary Care Physicians and OB-GYNs can bill for perinatal screening services using the following medical codes:

Code Type	Code	Definition
HCCPS	H0049	Alcohol/Drug Screening
ICD-10-CM to Identify Trimester	Z3A.01 – Z3A.12	First Trimester (1 to 12 weeks of gestation)
Medi-Cal Local Codes to Identify Prenatal Visit	Z1032	Initial Antepartum Visit
	Z1034	Antepartum Follow-up Visit
	Z1036	Tenth Antepartum Visit

**Training for the 4Ps Plus® Perinatal Screening Tool**

The county Public Health Department provides training and technical assistance on using the screening tool in the provider's office. To request training, please contact:

Seleta Dobrosky, MSN, RN, PHN  
Supervising Public Health Nurse at Ventura County Public Health

Phone: 1-805-981-5190  
Email: [Seleta.Dobrosky@ventura.org](mailto:Seleta.Dobrosky@ventura.org)

If you have any questions, please contact GCHP's Quality Improvement Department at 1-805-437-5592 or [hedis@goldchp.org](mailto:hedis@goldchp.org).

**Thank you for your commitment to improving the health of GCHP's members.**