

2020 MCAS MEASURE: PRENATAL AND POSTPARTUM CARE (PPC)

Measure Steward: National Committee for Quality Assurance (NCQA)

Gold Coast Health Plan's (GCHP) goal is to help its providers gain compliance with their annual Managed Care Accountability Set (MCAS) scores by providing guidance and resources. This tip sheet will provide the key components to the MCAS measure, "Prenatal and Postpartum Care (PPC)."

Measure Description: Measures the percentage of deliveries of live births on or between October 8 of the year prior to the measurement year and October 7 of the measurement year. For these women, the measure assesses the following facets of prenatal and postpartum care:

- ▶ Timeliness of Prenatal Care – The percentage of women who received a prenatal care visit during the first trimester, on or before the enrollment start date, or within the first 42 days of enrollment in the Plan.
- ▶ Postpartum Care – The percentage of women who had a postpartum visit between 7 to 84 days after delivery.

Data Collection Method: Hybrid¹

Codes used to identify prenatal services within the first trimester, on or before the enrollment start date, or within 42 days of enrollment.

Description	CPT	CPT II	HCPCS	SNOMED
Prenatal Visit with a Pregnancy Diagnosis Click here for a complete list of pregnancy diagnosis codes.	99201-99205, 99211-99215, 99241-99245, 99483		G0463, T1015	17436001, 281036007, 77406008
Prenatal Bundled Services	59400, 59425, 59426, 59510, 59610, 59618		H1005	
Stand Alone Prenatal Visit	99500	0500F, 0501F, 0502F	H1000, H1001, H1002, H1003, H1004	134435003, 135892000, 169712008, 169713003, 69714009, 169715005, 169716006, 169717002, 169718007, 69719004, 169720005, 169721009, 169722002, 169723007, 69724001, 169725000, 169726004, 169727008, 171054004, 71055003, 171056002, 171057006, 171058001, 171059009, 71060004, 171061000, 171062007, 171063002, 171064008, 17629007, 18114009, 386235000, 386322007, 397931005, 406145006, 409010002, 422808006, 424441002, 424525001, 24619006, 439165004, 439733009, 439816006, 439908001, 40047008, 440227005, 440309009, 440536005, 440638004, 40669000, 440670004, 440671000, 441839001, 58932009, 66961001, 700256000, 702396006, 702736005, 702737001, 02738006, 702739003, 702740001, 702741002, 702742009, 02743004, 702744005, 710970004, 713076009, 713233004, 13234005, 713235006, 713237003, 713238008, 713239000, 13240003, 713241004, 713242006, 713386003, 713387007, 17794008, 717795009



Codes used to identify postpartum services 7 to 84 days after delivery.

Description	ICD-10-CM	CPT	CPT II	HCPCPS	LOINC	SNOMED
Postpartum Services	Z01.411, Z01.419, Z01.42, Z30.430, Z39.1, Z39.2	57170, 58300, 59430, 99501	0503F	G0101		384633003, 408884008, 08886005, 409018009, 409019001, 40085006, 717810008
Postpartum Bundles Services		59400, 59410, 59510, 59515, 59610, 59614, 59618, 59622				
Cervical Cytology Exam		88141, 88142, 88143, 88147, 88148, 88150, 88152, 88153, 88154, 88164, 88165, 88166, 88167, 88174, 88175		G0123, G0124, G0141, G0143, G0144, G0145, G0147, G0148, P3000, P3001, Q0091	10524-7, 18500-9, 19762-4, 19764-0, 19765-7, 19766-5, 19774-9, 33717-0, 47527-7, 47528-5	168406009, 168407000, 68408005, 168410007, 168414003, 68415002, 168416001, 168424006, 71149006, 250538001, 268543007, 69957009, 269958004, 269959007, 69960002, 269961003, 269963000, 75805003, 281101005, 309081009, 10841002, 310842009, 416030007, 16032004, 416033009, 416107004, 17036008, 439074000, 439776006, 39888000, 439958008, 440623000, 41087007, 441088002, 441094005, 41219009, 441667007, 448651000124104, 62051000119105, 2061000119107, 700399008, 700400001, 98791000119102

Medical records MUST include:

- ▶ For Timeliness of Prenatal Care –
 - Prenatal care visit date AND evidence of ONE of the following:
 - » Physical obstetrical exam that includes auscultation for fetal heart tone.
 - » Pelvic exam with obstetric observations.
 - » Measurement of fundus height.
 - » Evidence that a prenatal care procedure was performed, i.e. ultrasound, obstetric panel, or antibody tests.
 - » Documentation of last menstrual period (LMP) or estimated date of delivery (EDD) in conjunction with either prenatal risk assessment or complete obstetrical history.
- ▶ For Postpartum Care –
 - Postpartum visit date AND evidence of ONE of the following:
 - » Pelvic exam.
 - » Evaluation of weight, blood pressure, breasts, and abdomen.
 - » Notation of postpartum care. This can include: “PP care,” “six-week check,” or a pre-printed postpartum care form.
 - » Perineal or cesarean wound check.
 - » Screening for mental health, tobacco use, and substance use disorder.
 - » Glucose screening for gestational diabetes mellitus (GDM) women.
 - » Family planning and resumption of intercourse.
 - » Sleep / fatigue.
 - » Resumption of physical activity and attainment of healthy weight.
 - » Documentation of infant care or breastfeeding.

Best Practices for Prenatal Care:

- ▶ Clinicians should provide education and counseling about what to expect during delivery.
- ▶ Follow the guidelines recommended by the American College of Obstetrician and Gynecologist (ACOG) for establishing an ongoing prenatal care plan.
- ▶ All women should receive the influenza vaccine, especially during the prenatal and postpartum periods.
- ▶ Recommend that patients eliminate smoking and alcohol use to reduce chances of Sudden Infant Death Syndrome (SIDS).
- ▶ Encourage patients to follow a safe and healthy diet, get regular exercise, and avoid exposure to harmful substances such as lead and radiation.
- ▶ Remind patients to ensure their prenatal vitamin contains 400 or more micrograms of folic acid.
- ▶ Review prescriptions, over-the-counter medications and herbal products that the mother is currently taking to ensure they are not harmful to the fetus.
- ▶ Ensure your documentation is clear and concise.
- ▶ Use proper coding.

Best Practices for Postpartum Care:

- ▶ Clinicians providing antenatal care should actively engage families in their care and identify the health care professionals who will comprise the postpartum care team for the woman and her infant.
- ▶ Formulate a postpartum care plan during pregnancy and identify which health care providers will provide care for the woman and infant.
- ▶ At discharge from maternity care, provide the member with written contact information for the postpartum care team and instructions on timing of follow-up postpartum care.
- ▶ Obstetricians should offer long-acting reversible method of contraception (LARC) insertion prior to hospital discharge as well as during the postpartum office visit.
- ▶ The American College of Obstetricians and Gynecologists (ACOG) encourages clinics to ask women about pregnancy intendedness and encourages patients to develop a reproductive life plan or a set of personal goals about when to have children.
- ▶ Ensure your documentation is clear and concise.
- ▶ Use proper coding.

¹ Measures reported using the *hybrid* data collection method report on a sample of the eligible population (usually 411) and use both administrative and medical record data sources to evaluate if services were performed.