Ventura County Medi-Cal Managed Care Commission (VCMMCC) Executive/Finance Committee

September 1, 2016 Regular Meeting Minutes

CALL TO ORDER

Committee member Darren Lee called the meeting to order at 3:06 p.m. in the Bell Canyon Conference Room located at Gold Coast Health Plan, 770 Paseo Camarillo, 2nd Floor, Camarillo, California.

ROLL CALL

Present:

Committee members Antonio Alatorre, Darren Lee, and Dee Pupa.

Absent:

Committee members Barry Fisher and Jennifer Swenson.

PUBLIC COMMENT

None.

CONSENT CALENDAR

1. Minutes

<u>RECOMMENDATION</u>: Approve the minutes of the Regular Executive/Finance Committee meeting of July 7, 2016.

Committee member Pupa moved to approve the recommendation, as amended. Committee member Alatorre seconded. The vote was as follows:

AYES:

Committee members Alatorre, Lee, and Pupa.

NOES:

None.

ABSENT:

Committee members Fisher and Swenson.

Committee member Lee declared the motion carried.

FORMAL ACTION ITEMS

2. July 2016 Fiscal Year to Date Financials

<u>RECOMMENDATION</u>: Accept the July 2016 Fiscal Year to Date Financials and forward to the Ventura County Medi-Cal Managed Care Commission for approval.

Patricia Mowlavi, Chief Financial Officer, reported on the first month of the fiscal year. Gold Coast Heath Plan (GCHP) continues to maintain a positive performance

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with a net gain of assets of \$4.3 million; membership was below budget; and the Medical Loss Ratio (MLR) is at 87% with a target of 93%.

A discussion followed between the Committee members and staff regarding staff providing a summarized report which separates Adult Expansion from the aggregate.

Ms. Mowlavi presented graphs representing key performance indicators and health care expenses. It was noted the month of March reflected high numbers due to February being a short month as well as processing issues, which have been resolved. A copy of the presentation is on file.

Anne Freese, Pharmacy Director, gave a presentation on the review of pharmacy costs, which included cost drivers and changes made in the pharmacy department to increase efficiencies as well as cost trends. It was noted there was a \$200,000 decrease in administrative fees. A copy of the presentation is on file.

A discussion followed between the Committee members and staff regarding prior authorization costs being administrative fees; there not being a comprehensive program in specialties; per member per month cost and generic dispensing rates are comparable to similar plans; and Hepatitis C kick payments being lower if the product goes through the 340B program. The Committee requested the top ten drugs by ingredient costs and the top ten drugs utilized be included in the next report.

Mr. Lyndon Turner, Director of Financial Analysis, reviewed the investment returns for the past seven months, explained why the changes occurred over the year, and reviewed the portfolio composition. A copy of the presentation is on file.

A discussion followed between the Committee members and staff regarding the monthly investment income; clarification of the yields being expressed as an annualized yield; how public funds are subject to a collateralized funds requirement; holdings are in very liquid bank money markets funds; and State regulations greatly limit the extent to which public entities can invest monies in riskier investments.

Committee member Pupa moved to approve the recommendation. Committee member Alatorre seconded. The vote was as follows:

AYES: Committee members Alatorre, Lee, and Pupa.

NOES: None.

ABSENT: Committee members Fisher and Swenson.

Committee member Lee declared the motion carried.

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3. Consider Adding Benefit Enhancement – Cardiac Rehabilitation

<u>RECOMMENDATION:</u> Approve cardiac rehabilitation as a benefit for presentation to the Ventura county Medi-Cal Managed Care Commission.

Nancy Wharfield, M.D., Associate Chief Medical Officer, stated cardiac rehabilitation services are not a benefit under Fee for Service Medi-Cal. As part of the Triple-Aim, these services would decrease symptoms, readmissions, and mortality rates by 20 to 30 percent. It is estimated there are approximately 500 to 1,500 members who would be eligible for these services.

Committee member Lee moved to approve the recommendation. Committee member Pupa seconded. The vote was as follows:

AYES:

Committee members Alatorre, Lee, and Pupa.

NOES:

None.

ABSENT:

Committee members Fisher and Swenson.

Committee member Lee declared the motion carried.

COMMENTS FROM COMMITTEE MEMBERS

None.

ADJOURNMENT

The meeting was adjourned at 3:57 p.m.

APPROVED:

Tracy J. Oehler, Clerk of the Board

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