



**Gold Coast
Health Plan**SM
A Public Entity

Community Resources Ventura County

Child Care & Parenting

Adult & Child Abuse Hotline.....	805-654-3200
Child Development Resources.....	805-485-7878
CIRT (Children's Intensive Response Team)	866-431-2478

Counseling & Resources

Ventura County Behavioral Health Crisis Team	866-998-2243
Beacon Health Strategies	855-765-9702

Domestic & Family Violence

Domestic & Sexual Violence Hotline	656-1111/1-800-300-2181
Interface 24 Hour Helpline	211 or 1-800-339-9597
City Impact, Inc.	805-983-3636

Dental Health

Medi-Cal Beneficiary Telephone Center	800-322-6384
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Food & Nutrition

WIC (Women & Children, age 5)	805-981-5251
Cal Fresh Program (Food Stamps)	888-472-4463
Catholic Charities.....	805-486-2900
St. John's Health Ministry - Food Pantry & Hot Meals	805-988-2651
Food Share	805-983-7100
Salvation Army.....	805-483-9235

Literacy & ESL Classes

READ Ventura County Library	805-677-7160
Oxnard Library – Literacy Outreach Program.....	805-385-7536

Safety

Emergency Shelter Mission Program.....	805-981-4233
Rescue Mission Alliance.....	800-417-5678

Sensitive Services

Planned Parenthood.....	888-898-3806
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Special Needs

Tri-County Regional Center	805-485-3177
California Children's Service	805-981-5281
Homeless Services (HSA)	805-385-1800
Healthcare for Homeless.....	805-652-6694

Stop Smoking Program

California Smokers' Helpline	800-NO-BUTTS
Spanish	800-45-NO-FUME

Substance Abuse

Ventura County Alcohol & Drug Programs.....	805-981-9200
New Start for Moms.....	805-981-9250
Prototypes	805-382-6296
Tarzana Treatment Center	818-996-1051
Oxnard Adult Outpatient Mental Health Program.....	805-981-4200

Transportation

Gold Coast Health Plan's Non-Emergency Medical Transportation.....	888-301-1228
Greyhound Bus	805-487-2706
Go Ventura - Local Bus Service Information	800-438-1112
Gold Coast Access	805-487-4222
(711) (CA Relay Service)	