2021 MCAS MEASURE: ANTIDEPRESSANT MEDICATION MANAGEMENT (AMM)

Gold Coast Health Plan’s (GCHP) goal is to help its providers gain compliance with their annual Managed Care Accountability Set (MCAS) scores by providing guidance and resources. This tip sheet will provide the key components to the MCAS measure, “Antidepressant Medication Management (AMM).”

**Measure Description:** Measures the percentage of members 18 years of age and older who were treated with antidepressant medication, had a diagnosis of major depression and who remained on an antidepressant medication treatment. Two rates are reported.

- **Effective Acute Phase Treatment:** The percentage of members who remained on an antidepressant medication for at least 84 days (12 weeks).
- **Effective Continuation Phase Treatment:** The percentage of members who remained on an antidepressant medication for at least 180 days (6 months).

**Data Collection Method:** Administrative

### Antidepressant Medication

<table>
<thead>
<tr>
<th>Miscellaneous Antidepressants</th>
<th>Monoamine Oxidase Inhibitors</th>
<th>Phenylpiperazine Antidepressants</th>
<th>Psychotherapeutic Combinations</th>
<th>SNRI Antidepressants</th>
<th>SSRI Antidepressants</th>
<th>Tetracyclic Antidepressants</th>
<th>Tricyclic Antidepressants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bupropion</td>
<td>Isocarboxazid</td>
<td>Nefazodone</td>
<td>Amitriptyline-chlordiazepoxide</td>
<td>Desvenlafaxine</td>
<td>Citalopram</td>
<td>Maprotiline</td>
<td>Amitriptyline</td>
</tr>
<tr>
<td>Vilazodone</td>
<td>Phenelzine</td>
<td>Trazodone</td>
<td>Amitriptyline-perphenazine</td>
<td>Duloxetine</td>
<td>Escitalopram</td>
<td>Mirtazapine</td>
<td>Amoxapine</td>
</tr>
<tr>
<td>Vortioxetine</td>
<td>Selegiline</td>
<td></td>
<td>Fluoxetine-olanzapine</td>
<td>Levomilnacipran</td>
<td>Fluvoxamine</td>
<td></td>
<td>Clomipramine</td>
</tr>
</tbody>
</table>

AMM Clinical Code Set

- For billing, reimbursement, and reporting of services completed, submit claims timely with the appropriate medical codes for all clinical conditions evaluated and services completed.

**Codes used to identify adults diagnosed with major depression.**

<table>
<thead>
<tr>
<th>Diagnosis</th>
<th>ICD-10-CM Codes</th>
<th>SNOMED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Major Depression</td>
<td>F32.0-F32.4, F32.9, F33.0-F33.3, F33.41, F33.9</td>
<td>832007, 2618002, 14183003, 15193003, 15639000, 18818009, 20250007, 25922000, 28475009, 33078009, 33736005, 36474008, 36923009, 38694004, 39809009, 40379007, 42925002, 60099002, 63778009, 66344007, 69392006, 71336009, 73867007, 75084000, 76441001, 77911002, 79298009, 87512008, 191604000, 191610000, 191611001, 191613003, 268621008, 319768000, 320751009, 370143000, 430852001, 450714000, 719592004, 720451004, 720452006, 720453001, 720454007, 720455008, 726772006, 251000119105, 281000019103, 1081112000119102, 10811161000119107, 16264621000119109, 16264821000119108, 16264901000119109, 16265951000119109, 16266831000119100, 16266991000119108</td>
</tr>
</tbody>
</table>

**Codes used to identify treatment setting where major depression was diagnosed.**

[Click here](#) for the list of codes.
Exclusion Criteria - Members with the following condition are excluded from the AMM measure:

- Members receiving hospice care during the measurement year.

Best Practices:

► Use the Inovalon® INDICES® Provider Insights Dashboards to identify members with gaps in care.

► Make outreach calls and/or send letters to advise members / parents of the need for a visit.

► Monitor patients with the diagnosis of major depression through telehealth visits to ensure medication compliance and to make necessary medication adjustments.

► Educate patients on the following:
  
  - Depression is common and can be treated.
  
  - Importance of staying on prescribed antidepressant medication for a minimum of six months.
  
  - Common side effects and how long side effects may last.
  
  - Strategies for remembering to take the antidepressant on a daily basis, as prescribed.

► Behavioral health referrals can be made through Beacon Health Options: [Click Here](#)

► GCHP offers free health education services, materials, classes, and online resources to help members achieve a healthy lifestyle. Providers can contact the Health Education Department or refer patients / guardians / caregivers to the following information:
  
  - Providers, call: 1-805-437-5718
  
  - Members, call: 1-888-301-1228 / TTY 1-888-310-7347
  
  - GCHP website, Community Resources (provided in English and Spanish): [Click Here](#).

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1 Measures reported using the *administrative* data collection method report on the entire eligible population and use only administrative data sources (e.g. claims, encounter, lab, immunization registries) to evaluate if services were performed.