

Addressing the National Epidemic through Policy and Practice

R. Corey Waller MD, MS, FACEP, FASAM
Sr. Medical Director, Education and Policy
Camden Coalition of Healthcare Providers
The National Center for Complex Health and Social Needs

Objectives

Understand the concept of addiction

Understand Models of Treatment Delivery

Understand Appropriate Policy Approaches

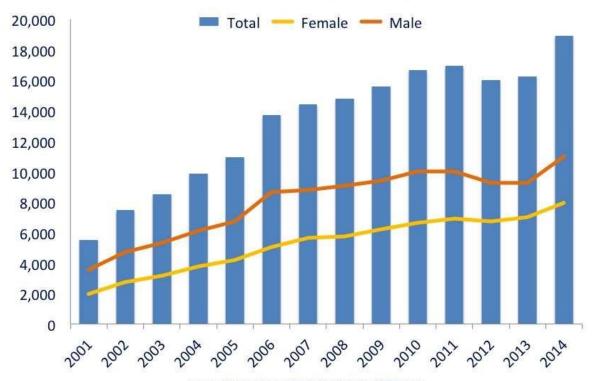


The Problem



National Overdose Deaths

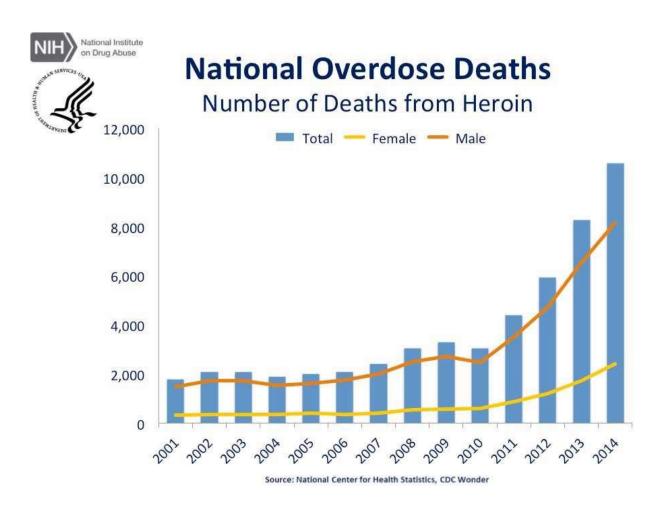
Number of Deaths from Prescription Opioid Pain Relievers



Source: National Center for Health Statistics, CDC Wonder



The Problem



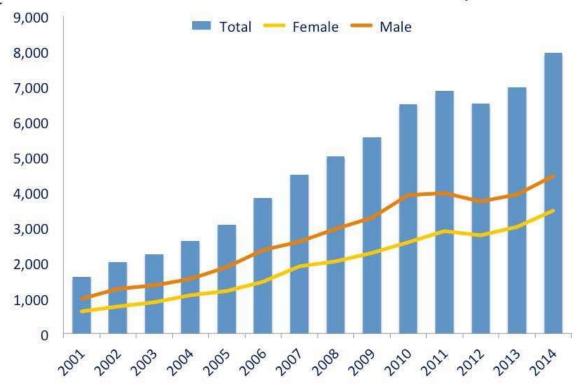


The Problem

National Institute on Drug Abuse



Number of Deaths from Benzodiazepines



Source: National Center for Health Statistics, CDC Wonder



How did we get here

Chronic pain

Push by manufacturers for use of opioids in CNCP

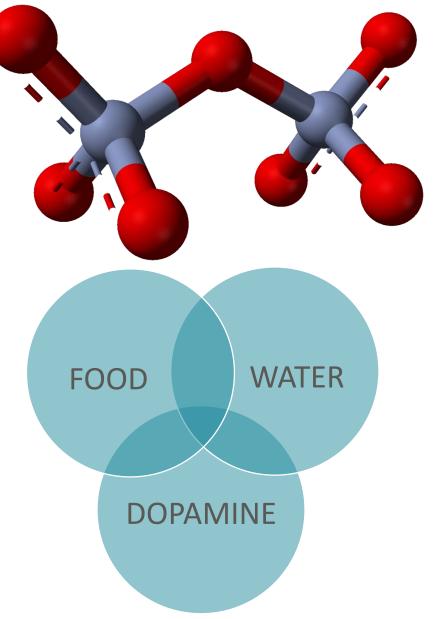
Buy in by the Medical field

- Pain as 5th vital sign
- Expectation of no pain

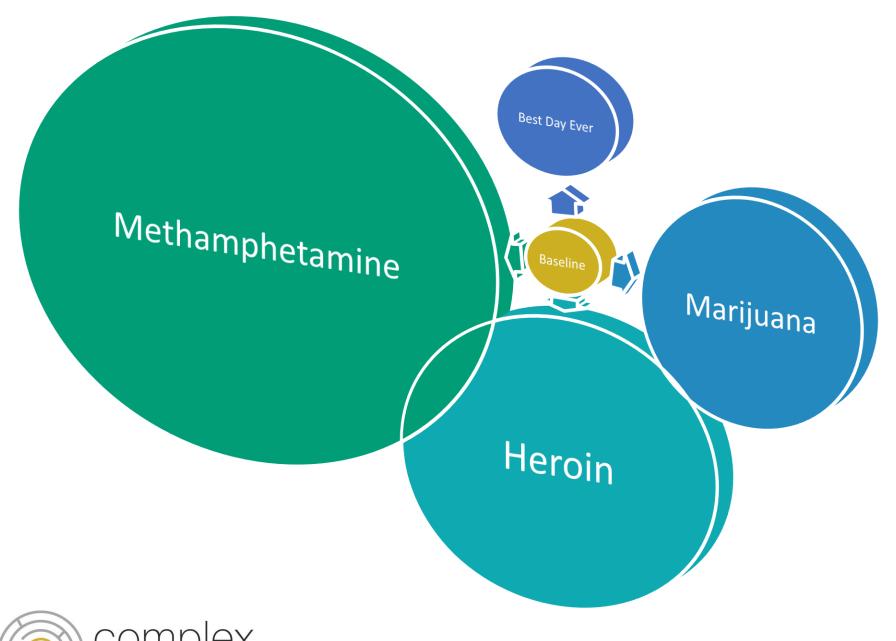
Blind eye to the data



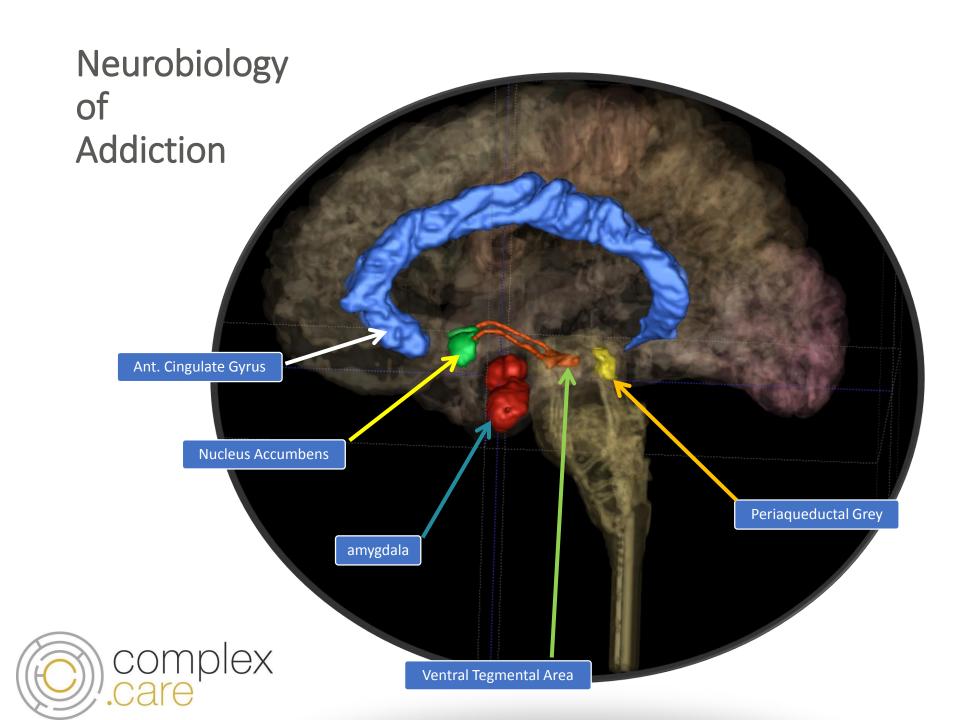
Survival











Behavior

Lack of Dopamine Survival Mode

Craving Primal Action



DSM-V Diagnosis of OUD

TABLE 1

Summarized DSM-5 diagnostic categories and criteria for opioid use disorder

Category	Criteria
Impaired control	 Opioids used in larger amounts or for longer than intended Unsuccessful efforts or desire to cut back or control opioid use Excessive amount of time spent obtaining, using, or recovering from opioids Craving to use opioids
Social impairment	 Failure to fulfill major role obligations at work, school, or home as a result of recurrent opioid use Persistent or recurrent social or interpersonal problems that are exacerbated by opioids or continued use of opioids despite these problems Reduced or given up important social, occupational, or recreational activities because of opioid use
Risky use	 Opioid use in physically hazardous situations Continued opioid use despite knowledge of persistent physical or psychological problem that is likely caused by opioid use
Pharmacological properties	 Tolerance as demonstrated by increased amounts of opioids needed to achieve desired effect; diminished effect with continued use of the same amount Withdrawal as demonstrated by symptoms of opioid withdrawal syndrome; opioids taken to relieve or avoid withdrawal



Behavior

Diagnosis based in the description of behavior

Aberrant behavior should be expected

Therefore behavior is a symptom not a frustration



Treatments

Since lack of dopamine is the basis for driving the behavior

Augmentation of Dopamine makes sense

Buprenorphine and Methadone safely increase dopamine

This allows for stabilization of craving

Allowing for behavioral therapy to be effective



How Society can help

Stigma

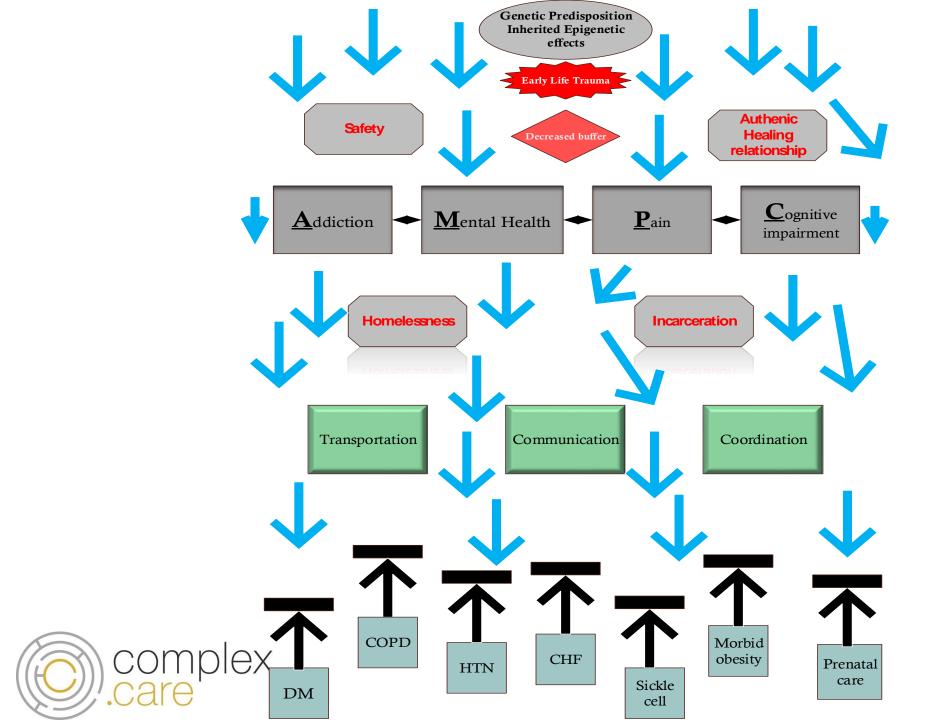
Science not belief

Apply in Criminal Justice world

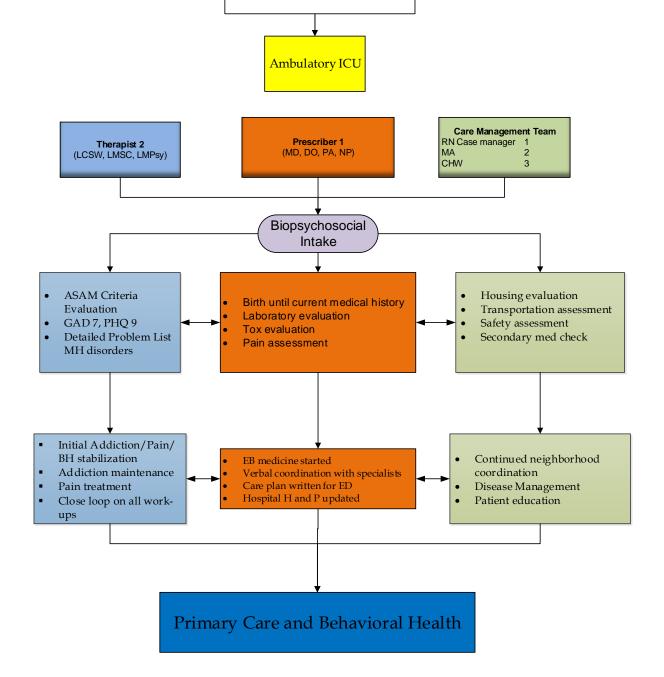
- Not jailing a patient for their disease
- Initiation of treatment in jail
- No stopping treatment
- Coordination of care
- Drug take backs

Good information for kids



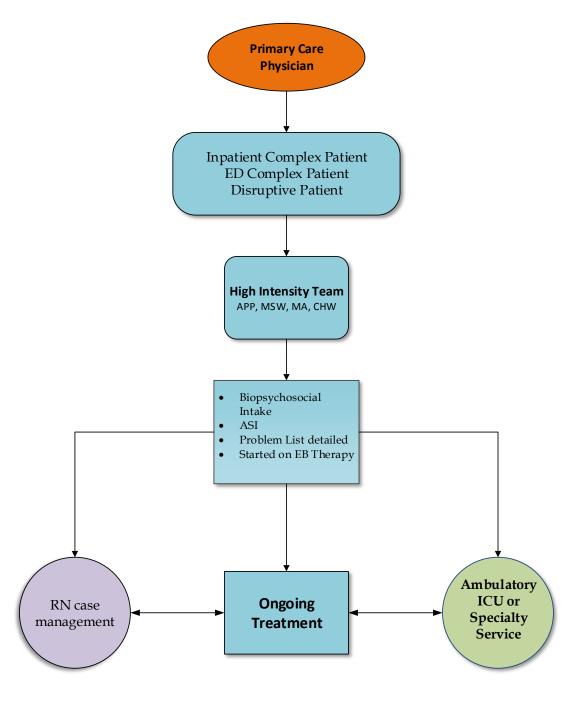


The Ambulatory ICU



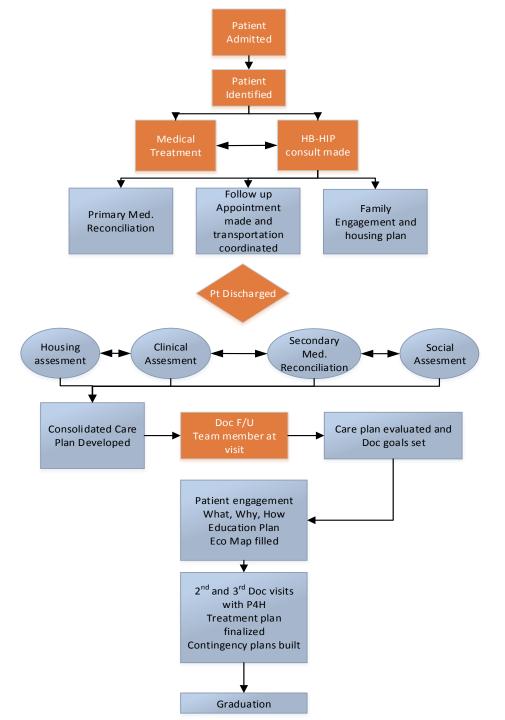


The High Intensity Primary Care



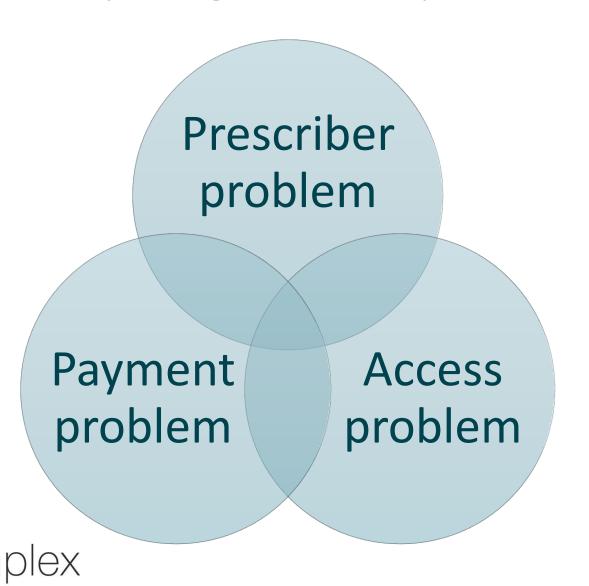


Home Based Health Integration Program

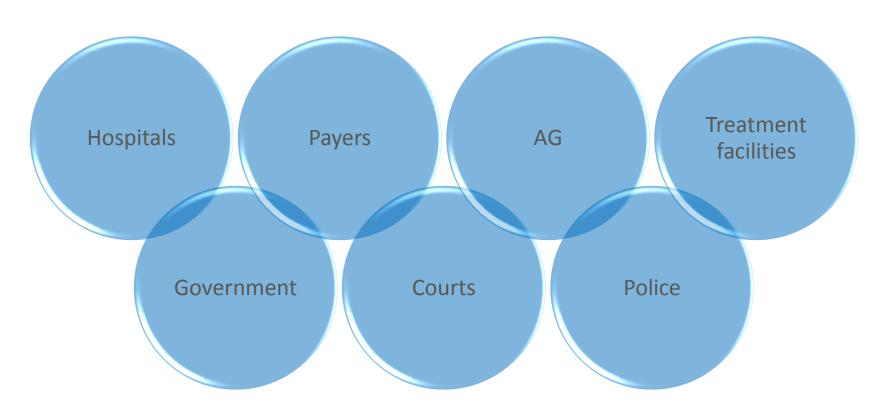




Policy Concepts- Agree on the problem



Policy Concepts- Identify Value Stream Map for current and future state





Policy Concepts- Implement key performance measures

Retention in treatment

% patients positive UDS

% patients on MAT

% patients return to CJ

% patients with co-occurring evaluation

% patients seeing BH regularly



Payment models

- Fee for Service
 - Care coordination
 - Therapy
 - Case management
 - Home based contact
 - Transportation
 - Physician
 - Midlevel provider
 - Telephonic support



Payment Models

- Partially capitated
 - Per member per year
 - Per member per month
- Variable rates partial capitated
 - Level 1
 - Level 2
 - Level 3
 - Level 3 TR



Payment Models

- Episode of Care
 - Defined set of interventions
 - Predetermined time frame
 - Paid up front



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