

## 2020 MCAS MEASURE: ANTIDEPRESSANT MEDICATION MANAGEMENT (AMM)

Measure Steward: National Committee for Quality Assurance (NCQA)

Gold Coast Health Plan's (GCHP) goal is to help its providers gain compliance with their annual Managed Care Accountability Set (MCAS) scores by providing guidance and resources. This tip sheet will provide the key components to the MCAS measure, "Antidepressant Medication Management (AMM)."

**Measure Description: Measures the percentage of members 18 years of age and older who were treated with antidepressant medication, had a diagnosis of major depression and who remained on an antidepressant medication treatment. Two rates are reported.**

- ▶ **Effective Acute Phase Treatment:** The percentage of members who remained on an antidepressant medication for at least 84 days (12 weeks).
- ▶ **Effective Continuation Phase Treatment:** The percentage of members who remained on an antidepressant medication for at least 180 days (6 months).

**Data Collection Method:** Administrative<sup>1</sup>

### Antidepressant Medication

Miscellaneous Antidepressants	Monoamine Oxidase Inhibitors	Phenylpiperazine Antidepressants	Psychotherapeutic Combinations	SNRI Antidepressants	SSRI Antidepressants	Tetracyclic Antidepressants	Tricyclic Antidepressants
Bupropion Vilazodone Vortioxetine	Isocarboxazid Phenelzine Selegiline Tranylcypromine	Nefazodone Trazodone	Amitriptyline-chlordiazepoxide Amitriptyline-perphenazine Fluoxetine-olanzapine	Desvenlafaxine Duloxetine Levomilnacipran Venlafaxine	Citalopram Escitalopram Fluoxetine Fluvoxamine Paroxetine Sertraline	Maprotiline Mirtazapine	Amitriptyline Amoxapine Clomipramine Desipramine Doxepine (> 6mg) Imipramine Nortriptyline Protriptyline Trimipramine

### Codes used to identify adults diagnosed with major depression.

Diagnosis	ICD-10-CM Codes	SNOMED
Major Depression	F32.0-F32.4, F32.9, F33.0-F33.3, F33.41, F33.9	832007, 2618002, 14183003, 15193003, 15639000, 18818009, 20250007, 25922000, 28475009, 33078009, 33736005, 36474008, 36923009, 38694004, 39809009, 40379007, 42925002, 60099002, 63778009, 66344007, 69392006, 71336009, 73867007, 75084000, 76441001, 77911002, 79298009, 87512008, 191604000, 191610000, 191611001, 191613003, 268621008, 319768000, 320751009, 370143000, 430852001, 450714000, 719592004, 720451004, 720452006, 720453001, 720454007, 720455008, 726772006, 251000119105, 281000119103, 10811121000119102, 10811161000119107, 16264621000119109, 16264821000119108, 16264901000119109, 16265951000119109, 16266831000119100, 16266991000119108

### Codes used to identify treatment setting where major depression was diagnosed.

[Click here](#) for the list of codes used to identify the clinic setting where major depression was diagnosed.



**Best Practices:**

- ▶ Use the GCHP Performance Feedback Reports to identify members with gaps in care.
- ▶ Make outreach calls and/or send letters to advise members / parents of the need for a visit.
- ▶ Educate patients on the following:
  - Depression is common and can be treated.
  - Importance of staying on prescribed antidepressant medication for a minimum of six months.
  - Common side effects and how long side effects may last.
  - Strategies for remembering to take the antidepressant on a daily basis, as prescribed.
- ▶ GCHP offers free health education services, materials and classes to help members achieve a healthy lifestyle. Providers can contact the Health Education Department or refer patients / guardians / caregivers to the following information:
  - Providers, call: 1-805-437-5718
  - Members, call: 1-888-301-1228 / TTY 1-888-310-7347
  - GCHP website - Health and Wellness page, provided in English and Spanish:
    - » English - [Click Here](#)
    - » Spanish - [Click Here](#)
- ▶ Ensure your documentation is clear and concise.
- ▶ Use proper coding.

<sup>1</sup> Measures reported using the *administrative* data collection method report on the entire eligible population and use only administrative data sources (e.g. claims, encounter, lab, immunization registries) to evaluate if services were performed.