

Memorandum

To: Gold Coast Health Plan Providers and Allied Health Care Professionals

From: Lupe González, PhD, MPH
Director of Health Education, Cultural and Linguistics Services

Re: **Addressing Health Disparities in the LGBTQ+ Community - Free Webinar**

Date: October 15, 2019

Gold Coast Health Plan (GCHP) encourages health care professionals to attend the free webinar, “**Addressing Health Disparities in the LGBTQ+ Community**” on October 23 from 9:30 a.m. to 11 a.m. The webinar is presented by the National Institute for Health Care Management (NIHCM) Foundation.

LGBTQ+ individuals face health disparities associated with stigma and discrimination. Rates of mental health disorders, substance use disorders and suicide are higher among the LGBTQ+ community. With the right tools and trainings, health care providers can build more inclusive environments for LGBTQ+ individuals.

The webinar will explore:

- LGBTQ+ health and gaps in medical care.
- The medical education community’s role in addressing health disparities.
- Suicide prevention and the role of crisis responders.

To learn more about the NIHCM Foundation or to register for the webinar, click [here](#). A draft agenda is available [here](#). For more information, please contact GCHP’s Cultural and Linguistics Services at 1-805-437-5603 or CulturalLinguistics@goldchp.org.