People with asthma are at a higher risk of complications from COVID-19 such as pneumonia and Acute Respiratory Disease Syndrome. Visit the [CDC website](https://www.cdc.gov) for more information.

**Recommendations During COVID-19**

**Asthma Management**

**A Reminder of Resources for MCPs**

### Medications and Telehealth

- **On-line Medication Availability:** Consider on-line ordering for members and informing them of its availability.
- **Refills:** Consider use of automatic refills and adjust refill limits.
- **Medication Delivery:** Consider home or mail delivery to members.
- **Telehealth Updates:** Review DHCS’ telehealth guidelines and virtual communication guidance.

### Helpful Reminders for Members

- **Provide Asthma Information:** Recognize and avoid asthma triggers, and learn the proper use of asthma inhalers.
- **Navigating Health Resources:** Provide information on managing stress, and steps to prevent getting sick including vital vaccinations.
- **Asthma Control Feedback:** Inform about “Asthma Quicktake: Medications”.

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