

## 2020 MCAS MEASURE: WELL-CHILD VISITS IN THE THIRD, FOURTH, FIFTH, AND SIXTH YEARS OF LIFE (W34)

Measure Steward: National Committee for Quality Assurance (NCQA)

Gold Coast Health Plan's (GCHP) goal is to help its providers gain compliance with their annual Managed Care Accountability Set (MCAS) scores by providing guidance and resources. This tip sheet will provide the key components to the MCAS measure, "Well-Child Visits in the Third, Fourth, Fifth, and Sixth Years of Life (W34)."

**Measure Description: Measures the percentage of members 3 to 6 years of age who had one or more well-child visit(s) with a Primary Care Provider (PCP) during the measurement year.**

This measure requires evaluation by a medical provider and documentation of all five assessments during the measurement year, which include:

Health History	An assessment of the patient's history of disease or illness. Health history can include, but is not limited to, past illness (or lack of illness), surgery or hospitalization (or lack of surgery or hospitalization) and family health history.
Physical Developmental History	Assesses specific age-appropriate physical developmental milestones, which are physical skills seen in children as they grow and develop.
Mental Developmental History	Assesses specific age-appropriate mental developmental milestones, which are behaviors seen in children as they grow and develop.
Physical Exam	Physical (hands-on) face-to-face encounter.  Must be comprehensive in nature and address multiple body systems.
Health Education / Anticipatory Guidance	Given by the health care provider to parents or guardians in anticipation of emerging issues that a child and family may face.  Discussions may include topics such as nutrition, safety / injury prevention, daily care / activity / sleep, and common developmental issues / problematic behaviors.

**Data Collection Method:** Hybrid<sup>1</sup>

### Codes used to identify wellness visits with a PCP.

Description	CPT	HCPCS	ICD-10-CM	SNOMED
Office / Outpatient Visits	99381- 99385, 99391- 99395			
Well-Child Exams		G0438, G0439	Z00.121, Z00.129, Z00.5, Z00.8, Z02.0, Z02.2, Z02.5, Z02.6, Z02.71, Z02.82, Z76.1, Z76.2	103740001, 170141000, 170150003, 170159002, 170281004, 170290006, 171387006, 171409007, 171410002, 171416008, 171417004, 243788004, 268563000, 410620009, 410634009, 410635005, 410636006, 410637002, 410638007, 4449710001



**Examples of compliant assessments for well-child components.**

<b>Description 3 years old</b>		
<b>Mental</b>	<b>Physical</b>	<b>Anticipatory Guidance</b>
Self-care skills	Ability to balance	Parental consistency
Imaginative play becomes more elaborate	Improved vision	Day and evening routines
Enjoys interactive play	Bowel and bladder control	Promoting social development
Converses in 2-3 sentences	Improved sleep patterns	Build independence
Understandable to others 75% of the time	Gaining weight appropriate for age	Preschool considerations
Names a friend	Builds tower of 6-8 cubes	Water safety
Knows own name	Throws ball overhand	Car seat safety
Identifies self as boy / girl	Brushes teeth with help	Outdoor health and safety
	Puts on clothes with help	
	Able to copy vertical line	

<b>Description 4 years old</b>		
<b>Mental</b>	<b>Physical</b>	<b>Anticipatory Guidance</b>
Describes feature of self	Hops on one foot	School readiness
Listens to stories	Can pedal a tricycle	Daily routines
Engages in fantasy play	Can throw a ball	Promote health
Gives first and last name	Walking upstairs	Promote physical activity and safe play
Knows what to do if cold / tired / hungry	Dresses self	TV time
Most speech clearly understandable		Belt-positioning and booster seats
Able to name four colors		Outdoor safety
Plays board / card games		

<b>Description 5 to 6 years old</b>		
<b>Mental</b>	<b>Physical</b>	<b>Anticipatory Guidance</b>
Able to tie a knot	Balances, hops, and skips	School readiness
Shows school readiness skills	Spreads with a knife	After-school care and activities
Able to print some numbers and letters	Cuts with scissors	Discuss friends / bullying / maturity
Able to copy shapes	Has mature pencil grasp	Management of disappointments and fears
Has good articulation and language skills		Nutrition
Follows simple directions		Physical activity
Listens and attends		Oral health
		Pedestrian safety
		Booster seat



**Best Practices:**

- ▶ Use the GCHP Performance Feedback Reports to identify members with gaps in care.
- ▶ Make outreach calls and/or send letters to advise members / parents of the need for a visit.
- ▶ Report correct preventive visit billing codes when services are provided and documented.
- ▶ Encourage scheduling appointments in advance.
- ▶ Pursue missed appointments with letters and reminder calls.
- ▶ When members are seen for acute visits, take the opportunity to provide and document preventive services, when appropriate.
- ▶ Use alerts in the EMR system for outreach to members who are due for preventive services.
- ▶ Contact the parent / legal guardian of those children with no well-care visit in the last 12 months to schedule an appointment.
- ▶ Ensure your documentation is clear and concise.
- ▶ Use proper coding.

<sup>1</sup> Measures reported using the *hybrid* data collection method report on a sample of the eligible population (usually 411) and use both administrative and medical record data sources to evaluate if services were performed.