



Grande Ronde Hospital, Inc. Community Needs Health Assessment Implementation Strategy Fiscal Years 2020-2022

In 2018, Grande Ronde Hospital (GRH) completed a Community Health Needs Assessment (CHNA) survey from September 2018 through November 2018 of Union County adults (ages 19 and older). The CHNA was recommended by the Community Benefit Sub-Committee (CBSC), and approved by the GRH Board of Directors on April 24, 2019. The Affordable Care Act (ACA), enacted in March 2010, added a new Section 501(r) requirements in Part V, Section B, for 501 (c)(3) organizations that operate one or more hospital facilities. Each 501 (c)(3) hospital organization must conduct a CHNA and adopt an Implementation Strategy (IS) at least once every three years. This IS meets these requirements.

To first determine the content and scope for a public assessment tool, the CBSC began by soliciting input from community partners, agencies and private groups in order to form a Community Stakeholder Task Force. This Task Force was comprised of 32 community members from throughout Union County, with representation from 17 public, private, government and faith-based entities.

The Task Force, met on May 14, 2018, and June 7, 2018, to chose questions for the assessment tool that would cover a broad spectrum of physical, mental, and behavioral health, as well as quality-of-life related issues. Questions were modeled after survey instruments used by the Centers for Disease Control and Prevention (CDC) for their national and state Behavioral Risk Factor Surveillance System (BRFSS). This decision was based upon model's comparability of local data with the state and national data.

The Task Force defined the community geographically as Union County (our primary service area), which includes the communities of La Grande, Elgin, Summerville, Imbler, Cove and Union. Additionally, the Oregon Office of Rural Health geographical map definition of our service area supported our determination of service area for this assessment.

In order to maintain complete objectivity throughout the survey development and implementation process, the Community Benefit Sub-Committee engaged the services of the Hospital Council of Northwest Ohio (HCNO) to guide the assessment process, administer the survey and compile the results. The HCNO also integrated sources of primary and secondary data in the final results including the Eastern Oregon Coordinated Care Organization (EOCCO) Community Health Assessment Focus Group results. Those results with the extensive data analysis were shared in a final report titled "2018 Union County Community Health Assessment 2018" with the CBSC, the Task Force and the general public at an open event held in La Grande on April 2, 2019. During this event, we also asked for feedback on the results to gain further insight.

Printed copies of the final CHNA are available on request. It was also made available electronically to the public for viewing or to download on our corporate website at <https://www.grh.org/media/1938/final-union-county-cha-5-3-19.pdf>.

Hospital Information and Mission Statement

GRH, is an independent, state and nationally recognized, award winning 501(c) 3 not-for-profit health system that includes a 25-bed Critical Access Hospital and 13 primary and specialty clinics. Located in Union County, Oregon, we serve a base population of about 25,000 residents, while also providing care for many in the greater Eastern Oregon and Southeast Washington regions.

We offer a broad range of diagnostic, surgical and therapeutic outpatient services; a Level IV Trauma Emergency Services Department, a Family Birthing Center; Physical, Occupational and Speech Rehabilitation Therapy and Sports Medicine Services, and Home Care Services providing both home health and hospice care needs. We operate 13 clinics: the Cardiology Clinic, the Dermatology Clinic, the Elgin Clinic, the Hematology & Oncology Clinic, the Neurology Clinic, the ReadyCare (virtual) Clinic, the Regional Medical Clinic, the Sleep Clinic, the Specialty Clinic (General Surgery, Orthopedics & Sports Medicine, Otolaryngology (ENT), Podiatry and Urology), the Walk-In Clinic, the Wound Care Clinic, the Union Clinic, and the Women's & Children's Clinic.

Mission & Vision

Grande Ronde Hospital and clinics will ensure access to high quality, cost-effective health care in a safe and customer-friendly environment for all those in need of our services.

Quality health care is our mission. Patients are our passion.

Health Needs of the Community

Community Assessment Outline

From the beginning of the process, the CBSC believed active engagement with an even broader and more diverse spectrum of community leaders, partners and individuals than those with which we had previously interacted in 2013 and 2015 assessments was vital. The CBSC's efforts to engage the entire community in the process were extensive. The broader demographic scope of information obtained in the 2018 CHNA has proven beneficial, validating those efforts.

Physical health was a key component of our 2018 tool; but we also sought input on mental, behavioral and quality of life issues; as well as basic needs (i.e. economics and housing) and overall health status perceptions. Our purpose was to assess the physical and mental health status of those surveyed, and to more clearly reveal the social determinants of overall health and well-being in Union County.

The 2018 CHNA has provided a greater understanding of where we and our community partners stand in fulfilling our respective missions; where there are gaps in our efforts, and where we must focus our individual and collective efforts. The CBSC is committed to working to remove barriers to good health in order to build a more vital and robust quality of life for everyone.

Brief Overview of Initial Health Needs Determination

Taking the findings in the CHNA, the feedback from the Task Force and the greater community into consideration, the CBSC began the prioritization process of identifying key issues and concerns including criteria related to the percentages of the population, age group and gender most at risk. From that process the top 20 health issues were identified and then ranked using criteria of seriousness of the problem, severity of consequences, resolution potential and feasibility, resources, and stakeholder vote value. The CBSC paid particular attention to health care concerns affecting vulnerable populations, as mandated by the ACA. The outcome generated the following priorities:

- 1. Social Determinants of Health**
- 2. Behavioral Health Well-Being**

Hospital Implementation Strategy

Significant Health Needs Final Determination, Prioritization and Strategy

During the process of prioritization, deliberations had focused on how identified community needs would align with GRH resources and with hospital's mission and strategic goals. Additional details on the action plans, anticipated outcomes, evaluation methodology, as well as the resources GRH is committed to providing to these efforts are outlined in individual CHNA Implementation Strategy Fiscal Years 2020-2022 for each priority need:

CHNA IMPLEMENTATION STRATEGY FISCAL YEARS 2020-2022	
HOSPITAL FACILITY:	Grande Ronde Hospital, Inc.
CHNA SIGNIFICANT HEALTH NEED:	Social Determinants of Health
DATA AVAILABLE:	
<ul style="list-style-type: none"> • Union County parents reported their child had difficulties in the following areas: managing emotions (22%), ability to focus (17%), social interaction (17%), following directions (16%), bullying (3%), and other difficulties (2%). (Grande Ronde Hospital Community Health Assessment, 2018) • 17% of Union County adults had experienced four or more adverse childhood experiences (ACEs) in their lifetime. (Grande Ronde Hospital Community Health Assessment, 2018) • 18% of adults reported there was a time in the past 12 months they needed care but could not get it. (Grande Ronde Hospital Community Health Assessment, 2018) • Adults who used the Emergency Room for health care reported the following reason: (26%) could not get into primary care physician because of time of day/too long of a wait. (Grande Ronde Hospital Community Health Assessment, 2018). • 56% of adults went outside of Union County for health care in the past year. (Grande Ronde Hospital Community Health Assessment, 2018) • In 2018, 10% of Union County adults were without health care coverage. The top reason adults gave for being without health care coverage was that they could not afford to pay the premiums (47%). Grande Ronde Hospital Community Health Assessment, 2018). • Community Health Assessment data, obtained by the EOCCO during county specific focus groups, indicates a growing community concern for community member access to housing and transportation in Union County (EOCCO Community Health Assessment, Union County 2019) • In 2017, 6.3% of Union County residents report no access to personal transportation (American Communities Survey) 	
BRIEF DESCRIPTION OF NEED: Health is influenced by an individual's circumstances and their environment. Social Determinants of Health (SDOH) are all underlying contributions to health inequities. Within the framework dimensions of SDOH, the Grande Ronde Hospital Community Benefit Subcommittee would like to explore positively impacting the dimensions of education, medical (access to care) and transportation, with an emphasis on the underserved populations in our service area.	
GOAL: Improve the health of the community by identifying, understanding and addressing social determinants of health.	
OBJECTIVE: Improve availability and ease of obtaining services to address social determinants of health.	
ACTIONS THE HOSPITAL FACILITY INTENDS TO TAKE TO ADDRESS THE HEALTH NEED:	
<ol style="list-style-type: none"> 1. Support community partnerships to provide developmental resources to children and their families 2. Support Union County in developing a thorough understanding of currently available resources for social determinants of health and barriers to access 3. Partner with EOCCO and CHD to address health disparities and meet quality metrics 4. Recruit additional primary care (family practice and internal medicine, ob/gyns, and pediatric providers) 5. Provide Financial Counselors to assist with financial assistance application support and other insurance plan enrollment 6. Support local transportation efforts 	

ANTICIPATED IMPACT OF THESE ACTIONS:

1. Increase parental education offered in Union County
2. Increase health/health care education in Union County
3. Support Union County in developing a thorough understanding of currently available resources to address social determinants of health and barriers to access
4. Increase access to primary care by increasing the number of patient visits.
5. Increase number of eligible persons who receive financial assistance from GRH
6. Increase the number of eligible persons enrolled in an insurance plan
7. Increase local transportation availability

PROGRAMS AND RESOURCES THE HOSPITAL PLANS TO COMMIT:

1. Commit staff and resources to support parental education and health/health care education
2. Commit resources to assist in identifying currently available resources to address social determinants of health and barriers to access
3. Commit staff and resources to support primary care provider recruitment
4. Commit staff and resources to provide financial assistance application support and other insurance plan enrollment
5. Commit resources to local transportation opportunities

COLLABORATIVE PARTNERS: Center for Human Development (CHD) – Public Health, Eastern Oregon Coordinated Care Organization (EOCCO), Community Connection of Northeast Oregon, Eastern Oregon University Head Start, Local School Districts, Northeast Oregon Network, Religious Organizations, and Next Step.

CHNA IMPLEMENTATION STRATEGY FISCAL YEARS 2020-2022	
HOSPITAL FACILITY:	Grande Ronde Hospital, Inc.
CHNA SIGNIFICANT HEALTH NEED:	Behavioral Health Well-Being
DATA AVAILABLE:	
<ul style="list-style-type: none"> • 6% of Union County adults considered attempting suicide in the past year. (Grande Ronde Hospital Community Health Assessment, 2018) • 21% of adults reported they or a family member were diagnosed with, or treated for, depression in Union county in the past year. (Grande Ronde Hospital Community Health Assessment, 2018) • In 2018, 58% of Union County adults had a least one alcoholic drink in the past month. 25% (more than one-fifth) of all Union County adults were binge drinkers. (Grande Ronde Hospital Community Health Assessment, 2018) • 31% of Union County adults who used drugs did so almost every day. (Grande Ronde Hospital Community Health Assessment, 2018) • 14 drug overdose deaths were reported on the Robert Wood Johnson County Health Rankings & Roadmaps for Union County, Oregon, 2019 	
BRIEF DESCRIPTION OF NEED: Union County residents could benefit from increased access to and utilization of behavioral health care, screenings, preventative care and behavioral health education.	
GOAL: Increase access to behavioral health resources.	
OBJECTIVE: Improve behavioral health by building community partnerships and supporting established programs.	
ACTIONS THE HOSPITAL FACILITY INTENDS TO TAKE TO ADDRESS THE HEALTH NEED:	
<ol style="list-style-type: none"> 1. Support early intervention/youth behavioral health programs 2. Support behavioral health education 3. Support Union County in developing a thorough understanding of currently available resources for social determinants of health and barriers to access 4. Explore expansion of behavioral health resources/programs in Union County 5. Continued support of the CHARMS program 6. Partner with EOCCO and Public Health to address health disparities and meet quality metrics 	
ANTICIPATED IMPACT OF THESE ACTIONS:	
<ol style="list-style-type: none"> 1. Increase early intervention/youth behavioral health programs 2. Increase behavioral health education 3. Support Union County in developing a thorough understanding of currently available resources to address social determinants of health and barriers to access. 4. Increased behavioral health resources/programs in Union County 5. Increase the number of qualified patients who complete the CHARMS (Children and Recovering Mothers) program 	

PROGRAMS AND RESOURCES THE HOSPITAL PLANS TO COMMIT:

1. Commit staff and resources to support early intervention/youth behavioral health programs
2. Commit staff and resources to support behavioral health education
3. Commit resources to assist in identifying currently available resources to address behavioral health and barriers to access
4. Commit staff and resources to explore the expansion of behavioral health resources/programs in Union County
5. Commit staff and resources for continued support of the CHARMS program

COLLABORATIVE PARTNERS: Center for Human Development (CHD), Blue Mountain Associates, Grande Ronde Recovery, Department of Human Services, Union County Safe Communities Coalition, Eastern Oregon Coordinated Care Organization, Community Connections of Northeast Oregon, La Grande Rotary, Eastern Oregon University, and La Grande Parks & Recreation.