



Grande Ronde Hospital, Inc. Community Needs Health Assessment Implementation Strategy Fiscal Years 2023-2025

In 2021, Grande Ronde Hospital (GRH) completed a Community Health Needs Assessment (CHNA) survey from September 2021 through November 2021 of Union County adults (ages 19 and older). The CHNA was recommended by the Community Benefit Sub-Committee (CBSC), and approved by the GRH Board of Directors on April 20, 2022. The Affordable Care Act (ACA), enacted in March 2010, added a new Section 501(r) requirements in Part V, Section B, for 501 (c)(3) organizations that operate one or more hospital facilities. Each 501 (c)(3) hospital organization must conduct a CHNA and adopt an Implementation Strategy (IS) at least once every three years. This IS meets these requirements.

To first determine the content and scope for a public assessment tool, the CBSC began by soliciting input from community partners, agencies and private groups in order to form a Community Stakeholder Task Force. This Task Force was comprised of 24 community members from throughout Union County, with representation from 15 public, private, government and faith-based entities.

The Task Force, met on May 20, 2021, to choose questions for the assessment tool that would cover a broad spectrum of physical, mental, and behavioral health, as well as quality-of-life related issues. Questions were modeled after survey instruments used by the Centers for Disease Control and Prevention (CDC) for their national and state Behavioral Risk Factor Surveillance System (BRFSS). This decision was based upon model's comparability of local data with the state and national data.

The Task Force defined the community geographically as Union County (our primary service area), which includes the communities of La Grande, Elgin, Summerville, Imbler, Cove and Union. Additionally, the Oregon Office of Rural Health geographical map definition of our service area supported our determination of service area for this assessment.

In order to maintain complete objectivity throughout the survey development and implementation process, the Community Benefit Sub-Committee engaged the services of the Hospital Council of Northwest Ohio (HCNO) to guide the assessment process, administer the survey and compile the results. The HCNO also integrated sources of primary and secondary data in the final results including the Eastern Oregon Coordinated Care Organization (EOCCO) Community Health Assessment Focus Group results. Those results with the extensive data analysis were shared in a final report titled "2021 Union County Community Health Assessment" with the CBSC, the Task Force and the general public at an open virtual event held on March 28, 2022. During this event and in a social media message to the community, we also asked for feedback on the results to gain further insight. Printed copies of the final CHNA are available on

request. It was also made available electronically to the public for viewing or to download on our corporate website at <https://www.grh.org/CommunityBenefit>.

Hospital Information and Mission Statement

GRH, is an independent, state and nationally recognized, award winning 501(c) 3 not-for-profit health system that includes a 25-bed Critical Access Hospital and 12 primary and specialty clinics. Located in Union County, Oregon, we serve a base population of about 25,000 residents, while also providing care for many in the greater Eastern Oregon and Southeast Washington regions.

We offer a broad range of diagnostic, surgical and therapeutic outpatient services; a Level IV Trauma Emergency Services Department, a Family Birthing Center; Physical, Occupational and Speech Rehabilitation Therapy and Sports Medicine Services, and Home Care Services. We operate 12 clinics: the Cardiology Clinic, the Dermatology Clinic, the Elgin Clinic, the Hematology & Oncology Clinic, the Neurology Clinic, the Regional Medical Clinic, the Sleep Clinic, the Specialty Clinic (General Surgery, Orthopedics & Sports Medicine, Otolaryngology (ENT), Podiatry, Rheumatology and Urology), the Wound Care Clinic, the Union Clinic, the Urgent Care Clinic and the Women's & Children's Clinic.

Mission & Vision

Grande Ronde Hospital and Clinics will ensure access to high quality, cost-effective health care in a safe and customer-friendly environment for all those in need of our services.

Quality health care is our mission. Patients are our passion.

Health Needs of the Community

Community Assessment Outline

From the beginning of the process, the CBSC believed active engagement with an even broader and more diverse spectrum of community leaders, partners and individuals than those with which we had previously interacted in 2013, 2015, and 2018 assessments was vital. The CBSC's efforts to engage the entire community in the process were extensive. The broader demographic scope of information obtained in the 2021 CHNA has proven beneficial, validating those efforts.

Physical health was a key component of our 2021 tool; but we also sought input on mental, behavioral and quality of life issues; as well as basic needs (i.e. economics and housing) and overall health status perceptions. Our purpose was to assess the physical and mental health status of those surveyed, and to more clearly reveal the social determinants of overall health and well-being in Union County.

The 2021 CHNA has provided a greater understanding of where we and our community partners stand in fulfilling our respective missions; where there are gaps in our efforts, and where we must focus our individual and collective efforts. The CBSC is committed to working to remove barriers to good health in order to build a more vital and robust quality of life for everyone.

Brief Overview of Initial Health Needs Determination

Taking the findings in the CHNA, the feedback from the Task Force and the greater community into consideration, the CBSC began the prioritization process of identifying key issues and concerns including criteria related to the percentages of the population, age group and gender most at risk. From that process the top 20 health issues were identified and then ranked using criteria of seriousness of the problem, severity of consequences, resolution potential and feasibility, resources, and stakeholder vote value. The CBSC paid particular attention to health care concerns affecting vulnerable populations, as mandated by the ACA. The outcome generated the following priorities:

- 1. Social Determinants of Health**
- 2. Mental/Behavioral Health**
- 3. Chronic Disease (prevention and wellness)**

Hospital Implementation Strategy

Significant Health Needs Final Determination, Prioritization and Strategy

During the process of prioritization, deliberations had focused on how identified community needs would align with GRH resources and with hospital's mission and strategic goals. Additional details on the action plans, anticipated outcomes, evaluation methodology, as well as the resources GRH is committed to providing to these efforts are outlined in individual CHNA Implementation Strategy Fiscal Years 2023-2025 for each priority need:

CHNA IMPLEMENTATION STRATEGY FISCAL YEARS 2023-2025

HOSPITAL FACILITY:	Grande Ronde Hospital, Inc.
CHNA SIGNIFICANT HEALTH NEED:	Social Determinants of Health
DATA AVAILABLE:	
<ul style="list-style-type: none"> • 13% of Union County adults needed medical care in the past 12 month but did not get it. • Top reasons for not getting medical care in the past 12 months is too long of a wait for an appointment (39%), cost/no insurance (21%), too embarrassed to seek help (15%), provider does not take their insurance (15%), COVID-19 (8%), no childcare (8%), no need to go (8%), no transportation (3%), distance (3%) and other (18%). • Seven percent (7%) of adult’s experience one or more of the following transportation issues when they needed services: no care (3%), could not afford gas (2%), disabled (2%), did not feel safe driving (2%), limited public transportation services available or accessible (1%), no public transportation available or accessible (1%), no driver’s license/suspended license (1%), and other car issues/expenses (1%). • Union County adults indicated that they or a loved one received assistance for the following in the past year: health care (15%), food (15%), Medicare (11%), dental care (10%), mental illness issues, prescription assistance (6%), home repair (5%), utilities (4%), rent/mortgage (4%), employment (3%), diapers (3%), free tax preparation (2%), transportation (2%), drug or alcohol addiction (2%), affordable health care (1%), post incarceration transition issues (1%), credit counseling (1%), clothing (1%), and legal aid services (1%). 	
BRIEF DESCRIPTION OF NEED: Health is influenced by an individual’s circumstances and their environment. Social Determinants of Health (SDOH) are all underlying contributions to health inequities. Within the framework dimensions of SDOH, the Grande Ronde Hospital Community Benefit Subcommittee would like to explore positively impacting the dimensions of education, medical (access to care) housing and transportation, with an emphasis on the underserved populations in our service area.	
GOAL: Improve the health of the community by identifying, understanding and addressing social determinants of health.	
OBJECTIVE: Improve availability and ease of obtaining services to address social determinants of health.	
ACTIONS THE HOSPITAL FACILITY INTENDS TO TAKE TO ADDRESS THE HEALTH NEED:	
<ol style="list-style-type: none"> 1. Support community partnerships to provide developmental resources to children/youth and their families 2. Partner with local resources to provide transportation to those individuals falling in the gap. 3. Recruit additional primary care (family practice and internal medicine, ob/gyns, and pediatric providers) to provide access to care. 4. Provide Financial Counselors to assist with financial assistance application support and other insurance plan enrollment 5. Support community partnerships/programs/initiatives to provide housing support 	
PROGRAMS AND RESOURCES THE HOSPITAL PLANS TO COMMIT:	
<ol style="list-style-type: none"> 1. Community grants and staff time. 	
COLLABORATIVE PARTNERS: Community Connections of Northeast Oregon, Eastern Oregon University, Eastern Oregon Community Resource Network, Center for Human Development (public health), Parenting Collaborative, and the Union County Safe Communities Coalition.	

CHNA IMPLEMENTATION STRATEGY FISCAL YEARS 2023-2025

HOSPITAL FACILITY:	Grande Ronde Hospital, Inc.
CHNA SIGNIFICANT HEALTH NEED:	Mental/Behavioral Health
DATA AVAILABLE: <ul style="list-style-type: none">• In 2021, 46% of Union County Adults had at least one alcoholic drink in the past month and would be considered drinkers.• Sixteen percent (16%) of all adults reported they had five or more alcoholic drinks (for males) or four or more drinks (for females) on an occasion in the last month and would be considered binge drinkers.• In 2021, 49% of Union County adults were limited in some way because of a physical, mental, or emotional problem.• 90% of Union County parents talked to their 12 to 17 year olds about bullying in the past year.• Union County adults said their mental health was not good an average of 4.3 days in the past month.• 10% of adults in Union County rated their general health as fair or poor.• Twenty-five percent (25%) of Union County adults rated their mental health as not good on four or more days in the previous month.• Three percent (3%) of Union County adults considered attempting suicide in 2021.• Thirteen percent (13%) of adults indicated they or a family member had taken medication for one or more mental health issues.• Community Health Assessment data, obtained by the EOCCO during county specific focus groups, indicates a growing community concern for community member access to healthcare services in Union County (EOCCO Community Health Assessment, Union County 2019).• Oregon has relatively high rates of death from drug overdose, drug use (heroin, methamphetamines, and narcotics), and binge drinking.	
BRIEF DESCRIPTION OF NEED: Union County residents could benefit from increased access to and utilization of mental/behavioral health care, screenings, preventative care and education.	
GOAL: Increase access to mental/behavioral health resources.	
OBJECTIVE: Improve mental/behavioral health by building community partnerships and supporting established programs.	
ACTIONS THE HOSPITAL FACILITY INTENDS TO TAKE TO ADDRESS THE HEALTH NEED: <ol style="list-style-type: none">1. Support early intervention/youth and adult mental/behavioral health programs (including substance abuse treatment)2. Support mental/behavioral health education3. Continued support of the CHARMS program4. Partner with EOCCO and Public Health to address health disparities and meet quality metrics	
PROGRAMS AND RESOURCES THE HOSPITAL PLANS TO COMMIT: <ol style="list-style-type: none">1. Community grants and staff time.	
COLLABORATIVE PARTNERS: Eastern Oregon Coordinated Care Organization (EOCCO); Center for Human Development (public health); Department of Human Services, Parenting Collaborative, Local Law Enforcement, Union County Juvenile Department; Next Step Pregnancy; Community Connections of Northeast Oregon, Shelter from the Storm; Northeast Oregon Housing Authority; Narcotics anonymous; Eastern Oregon Alcoholism Foundation; The Baker House Treatment Center; Healthy Families; and Greater Oregon Behavioral Health Initiative.	

CHNA IMPLEMENTATION STRATEGY FISCAL YEARS 2022-2025

HOSPITAL FACILITY:	Grande Ronde Hospital, Inc.
CHNA SIGNIFICANT HEALTH NEED:	Chronic Disease (prevention and wellness)
DATA AVAILABLE:	
<ul style="list-style-type: none"> • In 2021, 65% of Union County adults were overweight (36%) or obese (29%) based on Body Mass Index (BMI). 13% of adults did not participate in any physical activity. • Thirty-four percent (34%) of adults had high cholesterol, 32% of adults had high blood pressure. • In 2021, 6% of Union County adults experienced more than one food insecurity in the past year. • Poor physical or mental health kept them from doing usual activities, such as self-care, work or recreation (on at least one day during the past 30 days) 31% of the time. • In 2021, 5% of adults had survived a heart attack and 4% had survived a stroke at some time in their life. • Heart Disease is the leading cause of death in Union County 2018-2020. • Fourteen percent (14%) of Union County adults had been diagnosed with cancer at some time in their lives. • The CDC statistics indicate that colon cancer deaths accounted for 6% of all male and female cancer deaths from 2018-2020 in Union County. • Ten percent (10%) of Union County adults had been told by a doctor that they had diabetes and seven percent (7%) that they had prediabetes. • Fifty-four percent (54%) of adults ages 50 and over had a colonoscopy in the past five years. • In the past year, 56% of Union County women ages 40 and over had a mammogram. • More than half (54%) had a digital rectal exam in their lifetime. • According to Healthy People 2030's most current baseline data available, "13.4 percent of children and adolescents aged 3 to 19 years had active and currently untreated tooth decay in their primary or permanent teeth in 2013-16" 	
BRIEF DESCRIPTION OF NEED: Union County has a high prevalence of adults who are overweight or obese, have high cholesterol and high blood pressure, or who chose not to have screening exams (e.g. colonoscopies and mammograms).	
GOAL: To increase wellness and prevention activities within the community.	
OBJECTIVE: Support creation of a healthier community by engaging community partners, promoting education and screening programs, and increasing awareness of chronic illness management.	
ACTIONS THE HOSPITAL FACILITY INTENDS TO TAKE TO ADDRESS THE HEALTH NEED:	
<ol style="list-style-type: none"> 1. Incorporate Adenoma Detection Rate (ADR) as part of colonoscopies. 2. Partner with EOCCO and CHD to address health disparities and meet quality metrics. 3. Explore opportunities to improve culturally specific health services available in Union County 4. Participate in the First Tooth Program and increase the number of 1-5 year olds who receive fluoride treatments as part of their well-child visits. 5. Support community partnerships/programs surrounding prevention and wellness initiatives. 	
PROGRAMS AND RESOURCES THE HOSPITAL PLANS TO COMMIT:	
<ol style="list-style-type: none"> 1. Community grants and staff time. 	
COLLABORATIVE PARTNERS: Northeast Oregon Network (NEON); Eastern Oregon Coordinated Care (EOCCO); Center for Human Development (public health); Eastern Oregon Community Resource Network; First Tooth – Oregon Oral Health Coalition and the First Tooth Project – Oral Health – Oregon. GOV; and Summit Health.	