



## Otolaryngology (ENT)

### Medication Guide

We are happy to help you with your allergy testing. Here are some medications that will need to be temporarily stopped prior to testing to ensure you get accurate results on your allergy testing. If you are not able to stop taking these medications, please let us know and we can make alternative plans for your care.

Please stop all **antihistamines** at least 72 hours before your testing. Please see below for a list of the more common antihistamines.

Actifed	Chlor-Trimeton	Elestat Eye Drops	Tylenol Allergy Sinus
Allegra (fexofenadine)	Claritin (Loratadine)	Hismanal (Aztemizole)	Tylenol Cold & Flu
Astelin Nasal Spray	Clarinex	Optivar Eye Drops	Tylenol Flu Nighttime
Astepro Nasal Spray	Dimetapp	Patanase Nasal Spray	Vistaril
Atarax (Hydroxyzine)	Diphenylhydramine	Patanol Eye Drops	Xyzal
Benadryl	Dramamine/ Meclizine	Tavist	Zyrtec (Cetirizine)

Please stop **antacids** the evening before you plan to have your allergy testing. Tums or Rolaids are okay to continue.

Pepcid (Famotidine)	Zantac (Ranitidine)	Tagament (Cimetidine)
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Please stop any **Leukotriene blocking medications** that contain antihistamine the morning of your testing.

Singulair (Monteleukast)	Zylo (Zileuton)	Accolate (Zafirlukast)
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Large doses of **oral steroids** (20 mg of prednisone or 16 mg of Medrol daily) may affect your testing. Short term or small doses of oral steroids should be okay.

**Tricyclic Anti-Depressants** are typically okay but may interfere with results in some cases. We do not recommend you stop taking these but may want to get additional testing for confirmation.

Amitriptyline (Elavil, Endep, Triavil, Limbitrol)	Desipramine (Norpramin)	Nortriptyline (Pamelor)	Seroquel
Amoxapine (Asendin)	Doxepin (Sinequan, Adapin)	Phenegren/ Compazine	Trazadone
Clomipramine (Anafranil)			

**Beta Blockers** need to be paused at least 24 prior to allergy testing. We may need to look into a different method of testing if you are not able to tolerate being off of your Beta Blocker for at least 24 hours. Allergy injections are not typically prescribed for patients taking a Beta Blocker.

<i>Generic Names</i>	<i>Brand Names</i>
<i>Acebutolol</i>	Betagan Kerlone
<i>Atenolol</i>	Betapace Levatol
<i>Betaxolol</i>	Betimol Lopressor
<i>Bisoprolol</i>	Betoptic OptiPranolol
<i>Carvedilol</i>	Blocadren Ocupress
<i>Carteolol</i>	Brevibloc Sectral
<i>Esmolol</i>	Bystolic Sorine
<i>Labetalol</i>	Coreg Tenormin
<i>Levobunolol</i>	Coreg CR Timoptic
<i>Metipranolol</i>	Corgard Toprol-XL
<i>Metoprolol</i>	Inderal Trandate
<i>Nadolol</i>	Inderal LA TSectral
<i>Nebivolol</i>	InnoPran XL Visken
<i>Penbutolol</i>	Istalol Zebeta
<i>Pindolol</i>	
<i>Propranolol</i>	
<i>Sotalol</i>	
<i>Timo</i>	

Please don't hesitate to contact the clinic with any questions you might have regarding medications. We are happy to assist.

*Grande Ronde Hospital ENT Clinic*