

# Grant Regional Health Center COMMUNITY HEALTH NEEDS IMPLEMENTATION PLAN 2020-2022

### PRIORITY AREA #1: Access to Care & Affordability

Goal: Provide appropriate and necessary healthcare services regardless of ability to pay

Health Issues Identified	Strategies/Activities	Timeline	Responsible	Outcomes
Lack of access and affordability of primary and preventative healthcare	Financial Assistance – Monitor utilization of payor mix including charity care	2020-22 Ongoing	Admin	Position added/serve as patient advocate/ financial assistance
	Primary Care: recruitment/retention for GRCC and assist other local clinics when needed	2020-22 Ongoing	Admin	Recruitment included: FP/OB, General Surgeon, in 2020
	Specialty Care: recruitment/retention of needed specialty services	2020-22 Ongoing	Admin	Neurology, ENT added in 2021
	Insurance barriers: Continue to look into adding health plans that could be accepted at GRCC	2020-22 Ongoing	Admin	Group Health Cooperative health plan
	Continue to research additional outpatient services to offer at GRHC. Example: Pain Management	2020-22 Ongoing	Admin	
	Continue to offer Scholarships through Foundation & Auxiliary to assist local students interested in a career in healthcare for future	2020-22 Ongoing	Riechers/Williams	
	Plans to implement new Electronic Medical Record will enhance coordination and continuity of care.	2020-22 Ongoing	Admin/IT	UnityPoint Health EPIC conversion – 2.20.22

#### **PRIORITY AREA #2: Chronic Disease**

Goal: Increase the awareness, understanding and utilization of programs targeting some of the most prevalent, but preventable diseases affecting our communities. To address the need, GRHC will create opportunities for screenings/early intervention, education, wellness programs, support groups and other public communication tools.

Health Issues Identified	Strategies/Activities	Timeline	Responsible	Outcomes
Diabetes  Heart Disease	Provide assistance and programs available to diabetic/pre-diabetic patients in our service area.	2020-22 Ongoing	Roesch	Transitioned RD to full- time Diabetes educator
	Collaborate with area organizations with existing programs to provide educational materials and create awareness (ADRC, Health Dept.)	2020-22 Ongoing	Roesch	
	Coordinate monthly Support Group for ongoing support and education to existing and new patients diagnosed with diabetes	2020-22 Ongoing	Roesch	Paused due to Covid
	Participate in community events to create awareness of GRHC's program (such as Diabetes Breakfast, etc)	2020-22 Ongoing	Roesch	
	Healthy Living with Diabetes: 6- week program that gives support and education to those living with diabetes	2020-22 Ongoing	Kliebenstein	
	Provide screenings at area community events such as blood pressures at: Dairy Breakfast, Grant Co. Fair, Catfish Festival and also Cholesterol screenings during – Patient Apprec Week and ElderFest	2020-22 Ongoing	Marketing/ Wellness	
	Create ongoing awareness of Senior Wellness Program	2020-22 Ongoing	Marketing/Rehab	Paused due to Covid

	Continue to market to providers and community info about our Cardiac Rehab Program	2020-22 Ongoing	Marketing/Rehab
Stroke	Raise awareness of the warning signs of stroke	2020-22 Ongoing	Marketing
	Follow up with area EMS regarding telestroke with continued educational opportunities	2020-22 Ongoing	Kliebenstein
Breast Cancer	Continue BCA Campaign during October. Collaborate with organizations for ongoing awareness of early detection (ex. Grant County Cancer Coalition)	2020-22 Ongoing	Marketing/ Radiology
Other Chronic Conditions	Living Well with Chronic Conditions: a 6-week program that offers support and education to those living with chronic conditions	2020-22 Ongoing	Kliebenstein

# PRIORITY AREA #3: Aging

Goal: Partner and support efforts to enhance services for aging population

Health Issues Identified	Strategies/Activities	Timeline	Responsible	Outcomes
Dementia	Coordinate Walking Together program to create awareness for families dealing with dementia		Kliebenstein	
	Continuing education for GRHC staff to create awareness and enhance patient experience		Kliebenstein	
Falls Prevention	Provide comprehensive Stepping On 7-week program – partnering with ADRC	2020-22 Ongoing	Kliebenstein	
	Continue ongoing awareness of falls prevention with GRHC staff	2020-22 Ongoing	Nursing	

## PRIORITY AREA #4: Wellness/Prevention - Physical Activity/Nutrition

Goal: Provide educational and wellness opportunities that ultimately support lifestyle changes including healthy eating and physical activity.

Health Issue Identified	Strategies/Activities	Timeline	Responsible	Outcomes
Lack of wellness	Offer or sponsor wellness	2020-22 Ongoing	Wellness	Added Aquatic Fitness
programs offered	opportunities in our surrounding		Committee	as a community series
in service area	communities (Healthy Directions)			at local indoor pool
	Research grants to be able to offer	2020-22 Ongoing	Wellness	
	additional resources or programs in		Committee, GRHC	
	our area.		Foundation	
	Participate in existing programs and	2020-22 Ongoing	Marketing/Wellness	
	health fairs to promote wellness (ex.			
	ElderFest, SWTC Wellness Fairs and			
	others when offered)			
Obesity rates in	Offer GRHC programs or partner	2020-22 Ongoing	Wellness	Healthy
adults and youth	with groups/organizations to offer		Committee or	Transformations series
continue to rise	comprehensive weight loss		partnering	offered by RD
in Grant County	programs to the community (Weight		organization	
	Watchers if available)			

Goal: Improve access to and decrease stigma to seek mental health services				
Health Issue Identified	Strategies/Activities	Timeline	Responsible	Outcomes
Lack of Mental Health Services in our region	Tele mental health – in partnership with RWHC/Crossing Rivers to provide medication management	On hold		
	Investigate feasibility of adding counseling as a service in GRCC rural health clinic	2020	McKelvey	Added outpatient counselor 7/21 and a second counselor 8/22