

KNOW WHERE TO GO

Choosing the right place for health care can save you time and money. It also can increase satisfaction with your treatment. Use this list to help you choose the best options for the care you need.

Illness/Injury	Primary Care	Walk-In Clinic	Emergency Department
Chest pain			Call 911
Stroke symptoms			Call 911
Abdominal pain	+		+
Allergic reaction (minor)	+	+	
Animal bite	+		+
Bleeding (uncontrolled)			+
Broken bone	+	+	+
Burn (minor)	+	+	
Burn (severe)			+
Chronic illness management	+		
Chronic pain	+		
Cold sore	+	+	
Cough and congestion	+	+	
Cut (possible stitches)	+	+	
Earache	+	+	
Foreign object in eye or nose	+	+	
Headache/migraine (without trauma)	+	+	
Healthy lifestyle management	+		
Immunizations	+		
Insect bite	+	+	
Laryngitis	+	+	
Nausea, vomiting, diarrhea	+	+	
Painful urination	+	+	
Physical (sports, camp)	+	+	
Pink eye	+	+	
Poisoning			+
Rash	+	+	
Recurring illness	+		
Runny nose, sneezing	+	+	
Sexually transmitted infection	+		
Sinus infection	+	+	
Sore throat	+	+	
Sprain or strain	+	+	+

This information is not intended to be as a substitute for professional medical advice, diagnosis or treatment. It's not a complete list of illnesses and injuries. Always seek the advice of your physician or a qualified health care provider with questions about your medical condition.