



## UPPER ENDOSCOPY PROCEDURE

**If you take ANY medications that increase your risk of bleeding**, you are responsible for obtaining a clearance letter from your prescribing doctor with instructions on when to stop and resume medication. This may require an office visit, so please be sure to contact their office directly. You may continue to take aspirin 81mg, also known as “baby aspirin”.

### **For patients with diabetes:**

Speak with your provider about adjusting the dose of insulin the day before your procedure. **\*If you use oral diabetes medications, do not take these medications on the morning of the procedure!**

### **\*\*\* 1 DAY PRIOR TO ENDOSCOPY:**

- **CONFIRM** your transportation, as a responsible adult must accompany you when leaving the procedure, even if you are taking public transportation
- **NOTHING to eat or drink from MIDNIGHT the night before your procedure**

**Date:** ON THE DAY OF YOUR ENDOSCOPY:

### **Nothing to eat or drink from midnight the night BEFORE your procedure**

- No gum or hard candies
- Do **NOT** take any insulin or oral diabetes medications
- Any heart or blood pressure medications must be taken with a sip of water only
- **ANY other medications can wait until after your procedure**

**IF YOU NEED TO CANCEL OR RESCHEDULE: Please give 24-hour notice, or it may result in a \$100 cancellation fee.**