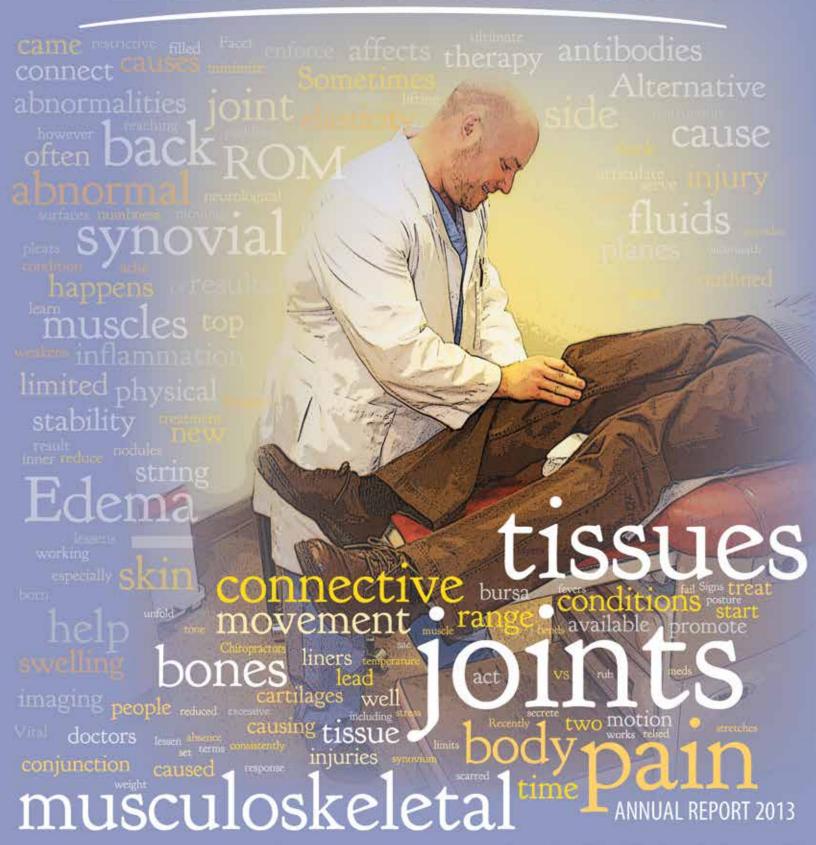
HouseCall





HAVE A POSITIVE OUTLOOK FIND THE SILVER LINING

Sometimes life can feel like running on a treadmill. It's good exercise, but you're not getting anywhere. I've found that during times like that, it's a good idea to reflect on the blessings in your life. Focus on the fact that you're actually ON the treadmill. Many people can't. Find the silver lining. Find the positive person in your life. Find your faith.

The pages of this magazine are our way of looking for our own strength and sharing it with you. It's important to reflect on why we do what we do. And it's even more important to share that message with you – the people we are here to serve.

I just began my 15th year as administrator here at IRMC. It's been an honor to serve you, and I look forward to many more years with you. I hope you enjoy our stories.

Best Wishes and God Bless,

Stephen A. Wolfe, President & CEO

THIS—ISSUE—CONTENTS



PEOPLE

- 2 Control When It Counts
- **3** Literacy Links

QUALITY

4 Lactation Support

SERVICE

- **5** Center for Weight Loss
- **6** A New Home for ITT East
- A Holistic Approach to Sports Medicine

FINANCE

- **10** From the Foundation
- **12** 2011-2012 Annual Report

GROWTH

14 Welcome New Physicians

VNA REPORT

16 Patient Satisfaction

CONTROL When It Counts

We often take many parts of our life for granted. Driving to work. Taking a walk. Sleeping through the night. Mary Carney is one of the 18 million Americans who aren't so fortunate. She suffered from female urinary incontinence.

"I'd been suffering for almost two years," explains Mary. "Sometimes I'd go 3, 4, or 5 times a night. Even riding in a car became difficult."

Mary met with doctors, and tried all the medications, but it wasn't until she found Dr. Maliver and the InterStim treatment that she finally found relief. InterStim is an implantable, FDAapproved device that helps control the nerve signals to the bladder. It's a simple, outpatient procedure that can change people's lives.

"I'd recommend that anyone suffering go ahead and get this done," says Mary. "I'm doing better than I had in years. It's not nearly as involved as I originally thought it was, and my life has improved immensely."

Dr. Maliver knew the procedure was a winner almost immediately.

"My first patient had been incontinent for almost five years,"

Your body's urinary system includes the kidneys, ureters, bladder, and urethra. The kidneys remove excess fluid and waste from the blood and continuously produce urine. The ureters carry urine from the kidneys to the bladder where urine is stored. The urethra is the tube through which urine flows during urination.

As the bladder becomes full, a message is sent to the brain through the sacral nerve (located near the tailbone) that it is time to urinate. The brain then tells the bladder muscle, again through the sacral nerve, to contract and the pelvic muscles to relax. This allows the bladder to empty itself of urine. It is believed that bladder control problems may be due to faulty communication between the brain and the bladder. Your body and brain communicate using your internal nervous system and if there is a problem with this communication, then you may have limited control over your bladder function.

This therapy has helped thousands of people with urinary control problems who did not respond to other treatments, such as a change in diet, medication, biofeedback, or catheterization.





LITERACYLinks

A baby is born ready to learn.

Those are the words that a group of local teachers, both retired and active, believed when they founded their non-profit group, Literacy Links for Little Ones, Inc. This organization, formed in 2007, has been providing opportunities for new parents to learn about the importance of reading aloud to children by providing them with quality literature. In fact, just last year they:

- Gave the gift of Babybug magazine (a free one-year subscription) to 161 newborns and their families
- Placed 350 copies of My Shining Star by Rosemary Wells in the hands of children
- Purchased laptop computers for IRMC, making it more convenient for new parents to view the educational video and access literacy-links.org.

Reading aloud to a baby teaches communication skills; introduces number, letter, and color concepts; builds listening and vocabulary skills; and gives the baby information about the world around him. It provides the sounds necessary for language development and invites the baby to look, point and touch. The child begins to recognize emotions and expressive sounds which leads to social development. But most importantly, when parents read to their child on a regular basis, the child makes a connection between the people he loves and the enjoyment of reading.

"Our goal is to equip our community's children with the skills needed to achieve academic success," said Louise Peterman. "Over the past five years, we have provided over 500 subscriptions to Babybug magazine, thus providing parents with a tool for developing their child's vital language skills. We would like to thank Lori Hennessey and the maternity ward nurses for supporting our efforts."

Indiana Regional Medical Center would like to thank and honor the work of this organization for their dedication and desire to create the first link in the chain uniting family, community and school in an effort to ensure the success of our children.

Mrs. Rita Ott Mrs. Gail Maples Mrs. Valerie Birch Mrs. Marsha Gatti Mrs. Louise Peterman Mrs. Linda Cribbs

Dr. Susan Fello

To learn more about Literacy Links for Little Ones, visit www.literacy-links.org, or call the It's a Wonderful New Life Maternity Center at 724-357-7060.



LACTATION Support

Having a baby is definitely an exciting time in any woman's life. Baby showers, nursery preparation, and baby proofing begin to take over and it seems as though there aren't enough hours in the day. Despite the excitement, there are certain moments when worries or concerns slip in.

How am I going to care for my baby when we get home? What if I don't remember how to change a diaper? What if I have trouble with breastfeeding? The good news is that the IRMC Perinatal department is available to help mothers prepare as best as they can, especially when it comes to breastfeeding.

Desiree Beppler, RN, BSN, is the lactation counselor at IRMC. She offers support for mothers through all stages of breastfeeding.

"As a pediatric nurse, I always knew that lactation support existed as a career, but it was not until I had my own children that I realized how important it was for new moms," said Desiree. "My lactation consultant was amazing in helping me to achieve success."

The Perinatal department offers a breastfeeding class for women during pregnancy to help provide information and education.

"I find that the moms who take breastfeeding classes are more successful than the moms who do not," said Desiree. Dads are welcome to attend the class. It's a great way to provide support. "I am amazed when I see couples on the unit and what dads remember from class that many of moms do not. It's nice for me to make the connection with the parents before I see them in the hospital."

Right: Desiree Beppler, RN, BSN, is the lactation counselor at IRMC.

Desiree is also available on the inpatient unit after delivery to assist and answer questions. A follow-up phone call is included after discharge to check in with new mothers at home.

"My personal goal is to provide encouragement, confidence, and education to all moms in the community that are breastfeeding," said Desiree. "Breast feeding is a wonderful bonding experience and breast milk is the most pure and natural thing you can give your baby."

The Perinatal department at IRMC offers several classes for new or expectant mothers and fathers. For more information or to register please visit our website, www.indianarmc.org or call 724-357-8187. Desiree is also available to answer questions via email: dbeppler@indianarmc.org



CENTER FOR Weight Loss

Weight-loss surgery can be an effective way to lose weight if diet and exercise alone are not enough. Surgery can change the digestive system to make losing and managing weight easier by limiting how much you can eat or by reducing the absorption of nutrients, or both. People usually lose weight for up to two years after surgery, and most of the weight stays off.

In addition to helping patients lose weight and keep it off, weight-loss surgery can be effective at helping to manage diabetes and improve cardiovascular risk factors.

Candidates for weight-loss surgery must make permanent healthy changes by dieting and exercising in order to be successful long-term.

To help patients who may undergo weight-loss surgery, the Institute for Healthy Living at Indiana Regional Medical Center has revamped the Center for Weight Loss Management this year. The Center works with patients considering weight-loss surgery by providing pre- and postoperative support through diet and exercise.

After an initial evaluation with Dr. Patrick Carone, patients work with a registered dietitian and an exercise physiologist at the Center for six months prior to surgery.

Exercise physiologist Amanda Augustine said patients exercise three times a week at the S&T Wellness Center. Five physiologists are on staff to monitor exercise and ensure patients' safety.



One of three registered dietitians at the Center also works with patients to create healthier eating habits and follow up with their progress once a month. After six months on a diet and exercise program, they undergo weight-loss surgery at a separate facility.

After surgery, patients are monitored for one year. Maintaining a healthy diet after surgery is one of the keys to long-term weight management success.

Patients can self-refer themselves or be referred by a physician. The Center is open for initial consults four days a month. For more information, please contact the Institute for Healthy Living at: 724-357-7497.



Patrick Carone, MD, MBA, board-certified specialist in interventional pain management, sports medicine, and rehabilitation, is a Western Pennsylvania native, born and raised in Indiana, PA. After his undergraduate studies at IUP, he completed medical school at the University of Virginia.

Following an internship, he finished residency in Physical Medicine and Rehabilitation at the Medical College of Virginia, serving his last year as Chief Resident. He has also completed a one year fellowship in interventional pain management. Additionally, Dr. Carone holds an MBA from Auburn University.

Dr. Carone has a lifelong commitment to the principles of sound nutrition and fitness for athletic performance, general health, and weight management. Using uncomplicated recommendations, Dr. Carone and the multi-disciplinary team at IRMC will motivate and support patients in achieving their lifelong health and fitness goals without reliance on medications or difficult, overly restrictive diet plans.

A NEW HOME FOR TTT East

A vital part of the Human Motion Institute at IRMC, Indiana Total Therapy's new, state of the art rehabilitation suite opened its doors to patients on October 1.

Located in the outpatient building adjacent to the Indiana Regional Medical Center, the suite is equipped with a full gym, facilities for specialized therapy treatment, and an Aquaciser with an underwater treadmill.

The treadmill allows physical therapists at the Human Motion Institute to work with patients with back or spine injuries, lower-extremity injuries, neurological problems, or sports-related injuries, according to Amy Bencic, the HMI facility director. Aquatic therapy is available only at Indiana Total Therapy in the Human Motion Institute and in Blairsville.

The new suite is home to three main types of therapies: physical, occupational and speech. Physical therapy includes everything from sports and work-related injuries, neurological conditions, pediatrics, lymphedema, balance, post-operative rehabilitation to treatment for common sprains, strains, neck and back pain.

Occupational therapy provides services to patients whose lives have been disrupted by physical injury and includes hand and arthritis therapy, cognitive therapy, activities of daily living, pre-drivers assessments, pre-work and back-to-work assessments, as well as custom splints.

Speech therapy helps to improve cognition, swallowing and communication in patients with speech or cognitive impairment. The program at the Human Motion Institute focuses on language skills, speech delays or disorders, voice disorders, stuttering, and more.

Patients seeking occupational or speech therapy are required to have a physician's referral. New patient referrals are accepted directly from all area physicians. Patients seeking physical therapy are encouraged to have a physician's referral; however, they can be seen initially under direct access. ITT East also has a large selection of off-the-shelf and custom braces available, that may be prescribed by a physician.

Other services in the Human Motion Institute



SERVICE

include the Center for Orthopedics and Sports Medicine, the Center for Spine and Pain Management, Indiana Healthcare Physician Services as well as diagnostic imaging. Because these related services are housed in the same outpatient facility, doctors and therapists can easily collaborate to coordinate the patients' care for their quickest and best outcome.

"We have excellent communication with the physicians in the building so that we may provide the best care possible," Bencic said.

For more information about Indiana Total Therapy at the Human Motion Institute, please call 724-357-7068.





Sports Medicine



Have you ever experienced a sports related injury or an injury that has affected your mobility in some way? Most individuals do encounter this issue at a certain point in their lives. So what do you do? Visit your primary care physician or an orthopedic surgeon, right? What if you had another option? What if you were able to make an appointment with a primary care sports medicine physician? That's where Eric S. Bohn, D.O., C.A.Q.S.M., of the Human Motion Institute comes into the picture.

Most likely, your next question will be what does a primary care sports medicine physician do? A primary care sports medicine physician takes a holistic approach to treat musculoskeletal (body's joints, muscles, or bones) injuries or issues. They have undergone specialized training to promote lifelong fitness and wellness, as well as the prevention of illness or injury.

Dr. Bohn takes a holistic approach to his treatment plan; helping patients maximize function and minimize disability. "I integrate different modalities when I treat my patients and I exhaust all non-surgical options," said Dr. Bohn. He provides a variety of medical, sports, and musculoskeletal-related care from pediatric to geriatric ages, including: injury evaluations, fracture care, injury prevention and consultation, x-ray,

sports physicals, joint injections and aspirations, splitting and casting, etc.

Now you're probably wondering what the difference is between a primary care sports medicine physician and an orthopedic surgeon. The answer is simple. Both are highly trained in musculoskeletal medicine, but an orthopedic surgeon focuses on operative treatment. If you are in need of surgery, a primary care sports physician can refer you to an orthopedic surgeon and collaborate with them regarding your treatment plan. A primary care sports medicine physician may still be your first choice, since approximately 90% of all sports-related injuries do not require surgery¹.

So, do you have to be an athlete to visit Dr. Bohn? No. Although he is called a sports medicine physician, Dr. Bohn treats all populations regarding musculoskeletal-related issues and is dedicated to providing comprehensive care to the active individual. The guidelines and treatment that are applied to a competitive athlete are also applied to the active individual. He is also an excellent resource for anyone who wants to begin an exercise program or become active.

How did Dr. Bohn become interested in sports medicine? "I've always had an affinity toward musculoskeletal medicine," said Dr. Bohn. Originally from Reading, Pennsylvania, Dr. Bohn received his medical degree from the Philadelphia college of Osteopathic Medicine. He completed his residency and fellowship training in primary care sports medicine at St. Joseph Medical Center. Dr. Bohn achieved Family Medicine Board certification in 2003 and certification of Added Qualification in Sports Medicine in 2010. He has been

active in the sporting community with organizations such as high schools, Reading royals/Philadelphia Phillies, USA Amateur boxing, Livestrong Race Medical coverage, Philadelphia Triathlon, Alpine Ski Medicine; Squaw Valley Olympic Village and Northstar Ski Resorts, and the Keystone State Games. Dr. Bohn resides in Indiana, with his wife, Victoria, his daughters, Aubrey and Kharis, and his son Carter.

To make an appointment with Dr. Bohn, please call **724.427.2260.** His office is located at the Human Motion Institute, 120 IRMC Drive, Suite 160, Indiana, PA 15701. He also sees patients at IRMC at Chestnut Ridge

1. American Medical Society for Sports Medicine. www.amssm.org





FROM THE Foundation

INTRODUCING Our New Executive Director - HEATHER REED

The Indiana Healthcare Foundation has named Heather C. Reed as its new executive director. Reed has been a part of the Healthcare Foundation at Indiana Regional Medical Center for more than six years as its grant writer and government relations coordinator. During that time she helped IRMC successfully obtain millions of dollars in funding. Her new role will encompass the additional duties of fundraising, event planning, outreach and major donor relations.

"Heather has been an instrumental part in securing millions of dollars for the organization during her tenure here. Her new role will only serve to enhance the Foundation's visibility and community presence," Steve Wolfe, the hospital's president and CEO, said. "Heather will play a vital role in helping IRMC to remain an independent, community hospital and I look forward to the future."

"As the board chairman of the Indiana Healthcare Foundation, I am excited by the opportunities Heather's background, knowledge and expertise provide to the Foundation," Joe Reschini, said. We are excited by Heather's energy and enthusiasm and the wealth of ideas and opportunities she brings to the table."

Reed, of White Township, earned her Bachelor's Degree in Political Science from Lock Haven University and is completing her Master of Arts Degree in Public Affairs with a specialization in Healthcare Services Administration at Indiana University of Pennsylvania.



Love of Life Ring Recipient-



Left to Right: Millie Glinsky, Love of Life Chair; Gary Wyant, G.C. Wyant Fine Jewelry; Connie Merriman, ring recipient; and Teagon Merriman.

The 2012 Love of Life Campaign came to a close in November, as master artisan Gary Wyant's ring entitled "The Battle" was officially given to the winning ticket holder. Mr. Wyant, owner of G.C. Wyant Fine Jewelry in downtown Indiana, and his wife Stacey donated the ring in memory of their grandmothers, both of whom were lost to cancer. The generosity of the Wyants is the reason the Love of Life Campaign exists and continues to be so successful every year and for that we are incredibly grateful. All of the funds raised benefit IRMC's M. Dorcas Clark, MD, Women's Imaging Center and the record breaking total of \$55,992.60 from this campaign is earmarked to ensure that women in the outlying areas of our county have access to digital mammography. Under the leadership of Millie Glinsky, the Love of Life Campaign has become a signature event in our community and we are excited to begin the 2013 campaign!

The 33rd Annual Renda Broadcasting Teddy Bear Fund Drive

Benefiting the Pediatrics Department at IRMC

The Indiana Healthcare Foundation would like to recognize and thank the ongoing support and generosity of the Renda Broadcasting Team, especially the efforts of General Manager Mark Bertig and owner Tony Renda. The Teddy Bear Fund Drive benefits the Pediatrics Unit at IRMC and the Free Care Fund at Children's Hospital and has raised over

\$1,960,000 through the years toward health-care for our children. This is a community-wide event and our local schools play a vital role in the success of the Fund drive as well. This year's total was a record breaking \$83,185. We are looking forward to shattering that next year!



Left to Right: Debby Bertig; Mark Bertig, Renda VP & General Manager; Cathy Renda; and Tony Renda, owner of Renda Broadcasting.

B.E. Taylor Christmas Concert



Left to Right: Todd Brice, President & COO at S&T Bank the concert's Presenting Sponsor; B.E. Taylor; and Steve Wolfe, President & CEO at IRMC.

New to the Teddy Bear Fund Drive was the B.E. Taylor concert that was held in December – with all proceeds coming back to IRMC through the Teddy Bear Fund Drive. B.E. Taylor has become recognized as the voice of Christmas in Pittsburgh and West Virginia and we were thrilled to host him in his first ever performance in Indiana, Pennsylvania at the Kovalchick Convention and Athletic Complex (KCAC). It was an unforgettable night and the concert's success was a great addition to the Teddy Bear Fund Drive events.

A Message from the Executive Director

It truly is our community that is vital to the success of IRMC and the outpouring of generous support that both our IRMC family and this community have provided to us. Since the hospital's inception dating back to 1914, our chief priority has been to provide outstanding service to our patients while also meeting the needs of our community. As part of this pledge to our community, the Indiana Healthcare Foundation was established in 1987 to support IRMC through its mission to advance the spirit of philanthropy. The Foundation exists to help IRMC in its quest to continue to provide care here, locally right in our community through fundraising, planned giving and community donations. We continue to diligently navigate the turbulent waters that healthcare reform has set upon us, but we are confident that with our community anything is possible. It is the support of this community that is the driving force behind the success of IRMC and often times our patients look for a way to give back to us for the great care they have received or because of outstanding care given to a family member. There are numerous ways to pay tribute to a loved one through the Foundation – make a donation in memory of a family member or friend, make a donation in honor of someone, leave a bequest in your will or even donate directly to one of IRMC's Departments or causes such as Birdie's Closet. It is through such giving that IRMC has been able to continue providing world-class care right here in our community.

If you are interested in supporting our community hospital and ensuring the continuation of vital services right here in our community, please visit the Indiana Healthcare Foundation page (under Ways to Give) on our website at **www.indianarmc.org** or call the Foundation at **(724) 357-8053** to discuss the infinite options in giving.



INDIANA REGIONAL MEDICAL CENTER & IHPS ANNUAL REPORT - Fiscal Year 2011-2012

Income & Expenses

FY 2011 - 2012 (in thousands)

| medica expenses | iii tiioasaiias, |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| Our Income | |
| We generated revenue from 33,104 patient days of service provided to 7,346 inpatients (includes Rehab Care Center & Behavioral Health Services) | \$122,424 |
| We generated revenue from care provided to emergency patients, other outpatients & from other services | \$ 265,819 |
| Total revenue from these activities was | \$ 388,243 |
| From total revenue, we did not receive full payment from the following: Medicare, Medicaid, & Security Blue | \$155,522 |
| Blue Cross | \$ 62,634 |
| Auto Insurance & Workers' Compensation | \$5,300 |
| Charity Care Other | \$5,011 \$16,158 |
| Uncollectible accounts of natients unable to nay their hills | \$6.796 |
| Therefore, we received from patients, or those paying on their behalf, and other operation activities | \$136,822 |
| Our Expenses | |
| We paid for salaries, employee benefits & the services of physician specialists | \$82,419 |
| For medical & surgical supplies, drugs & instruments, we paid | \$17,488 |
| Food & dietary supplies required outlays of | 3/30 |
| To maintain the hospital & to provide telephone service & utilities, we incurred costs of | \$5,533 |
| Operating supplies, equipment rental, purchased services & other operating costs amounted to | \$18,058 |
| Insurance & interest on borrowed money necessitated expenditures of | |
| We estimate that the cost of this year's use of buildings & equipment, purchased in previous years amounts to | \$8,694 |
| Therefore we had expenditures for patient care of | \$135,715 |
| Operating Profit | \$1.107 |
| Contributions & earnings on investments | (\$1,995) |
| Amount available for reinvestment in construction, renovation, new equipment & technology, & to improve & maintain patient care & other programs Service Statistics - OUR INPATIENTS Bed Capacity | (\$888) |
| Adult & pediatric licensed Bassinet licensed | 132 18 |
| Ambulatory Care licenses | 24 |
| Behavioral Health Services licensed Rehabilitation Care Center licensed | 16 16 |
| Admissions | 7,346 |
| Number of births | 610 4.5 |
| Average length of stay (adult & pediatric, BHS & RCC) Average daily census (adult & pediatric, BHS & RCC) | 91 |
| Inpatient surgical procedures | 1,446 |
| OUR OUTPATIENTS Ambulatory Care procedures | 16,913 |
| Cardiac Rehabilitation visits | 3,043 |
| Emergency visits Urgent Care visits | 45,468 12,601 |
| Laboratory tests | 796,746 6,784 |
| Screening mammograms Diagnostic mammograms | 1,906 |
| Occupational Health Services Observation Visits | 11,406 2,644 |
| Primary care visits by practice | |
| Blairsville | 7,266 4,304 |
| Bolivar Plumville | 2,787 |
| Homer City Maries Contain | 5,538 3,021 |
| Marion Center ICR | 1,302 |
| Clymer Indiana | 2,077 959 |
| OUR PHYSICIANS | |
| Number of primary care physicians Number of Specialists | 69 112 |
| OUR COMMUNITY | · · |
| Number of free educational & screening programs offered to community Number of visits to free educational and screening programs | 54 5,401 |
| 12 | - |

INDIANA REGIONAL MEDICAL CENTER

ANNUAL REPORT - Fiscal Year 2011-2012

Indiana Healthcare Corporation Board of Directors

Todd Brice, Chairman Beverly Gazza, Esq., Vice Chair Anne White, Secretary Stephen A. Wolfe, President & CEO

David Bork

James Carmella, Esq. John A. Cuccaro John Dolan Alex Juhasz, MD

Robert Kane Larry Krouk

Thomas McCoy, MD Mark R. McGowan, PhD J. Lindsay Parks, DO

Joseph Reschini **Robert Rout** Robert Werner, III

Gary C. Wyant

Indiana Regional Medical Center Board of Directors

Todd Brice, Chairman Beverly Gazza, Esq., Vice Chairman Anne White, Secretary Joseph Geary, Treasurer Stephen A. Wolfe, President & CEO Ruth Woolcock, MD, Medical Staff President Mark Boykiw, MD John Dolan Nathan Kovalchick

Mark R. McGowan, PhD **Greg Sipos**

Thomas McCoy, MD

Indiana Healthcare Physician Services, Inc. Board of Directors

Todd Brice, Chairman Beverly Gazza, Esq., Vice Chairman Anne White, Secretary Joseph Geary, Treasurer Stephen A. Wolfe, President & CEO Bruce Bush, MD John Dolan Thomas McCoy, MD

Indiana Healthcare Foundation Board of Directors

Joseph Reschini, Chairman Joseph Kovalchick, Vice Chairman Joseph O'Dell, Secretary Ann Wilmoth, PhD, Treasurer Stephen A. Wolfe, President & CEO Ali Tunio, MD **Robert Rout**

Indiana Healthcare Properties Board of Directors

Stephen A. Wolfe, Chairman Dominic Paccapaniccia, Vice Chairman Cindy Virgil, MSN, RN Robert A. Gongaware, Treasurer Bruce A. Bush, MD

Indiana Regional Medical Center Medical Staff Leadership

Ruth Woolcock, MD, President David Bizousky, MD, Vice President John Neale, MD, Treasurer

Indiana Regional Medical Center Auxiliary

Anne Cash, President Sandy Sipos, Vice President Phyllis Miller, Recording Secretary Robin Malloy, Corresponding Secretary Kathy Rout, Treasurer Marge Scheeren, Director of Volunteers

Department of Anesthesia

Ronald L. Jasper, DO, Director

Department of Diagnostic Imaging Services

Frank J. Simone, MD, Director

Department of Emergency Services

John P. Cawley, MD, Director

Department of Laboratory Medicine

Steven Wilson, MD, Director

Department of Medicine

Stella M. Boron, MD, Chairman

Department of Obstetrics & Gynecology

Michael Stever, DO, Chairman

Department of Pediatrics

Amira M. Ahmed, MD, Chairman

Department of Surgery

David B. Wilson, MD, Chairman

Senior Leadership Team

Stephen A. Wolfe, President and CEO

Dominic Paccapaniccia, MSOL, Chief Operating Officer Bruce A. Bush, MD, Senior Vice President of Medical Affairs

Robert A. Gongaware, Senior Vice President of Finance

Larry Sedlemeyer, MPM, Senior Vice President of Business Development

Cindy Virgil, MSN, RN, Senior Vice President of Patient Services Wade Patrick, Senior Vice President of Information Services

Cindy A. Dunmire, Assistant to the President

WELCOME New Physicians



Eric S. Bohn, D.O.

Sports Medicine

Medical School: Philadelphia College of Osteopathic Medicine, Philadelphia, PA

Internship: St. Joseph Medical Center, Reading, PA

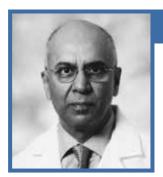
Residency: St. Joseph Medical Center, Reading, PA - Family Medicine **Fellowship:** St. Joseph Medical Center, Reading PA - Sports Medicine

Board Certification: American Osteopathic Board of Family Physicians, Family Practice and

Osteopathic Manipulative Treatment, 2004

American Osteopathic Board of Family Physicians, Certificate of Added

Qualifications in Sports Medicine, 2010



Zafar I. Chowdhry, M.D.

Neurosurgery

Medical School: King Edward Medical College, Lahore, Pakistan

Internship: St. Margaret Memorial Hospital, Pittsburgh, PA

Residency: St. Margaret Memorial Hospital, Pittsburgh, PA - General Surgery

Fellowship: Mercy Hospital, Pittsburgh, PA - Neurosurgery

Board Certification: American Board of Neurological Surgery, 1980



James R. Dickson, M.D.

Urgent Care

Medical School: University of Pittsburgh School of Medicine, Pittsburgh, PA

Internship: Allegheny General Hospital, Pittsburgh, PA

Residency: Allegheny General Hospital, Pittsburgh, PA, - Emergency Medicine

Board Certification: American Board of Emergency Medicine, 1989, 1999, 2009



Adeniran A. Haastrup, M.D.

Anesthesiology

Medical School: University of Illinois at Chicago, College of Medicine, Chicago IL

Internship: Massachusetts General Hospital, Boston, MA

Residency: Massachusetts General Hospital, Boston, MA - Anesthesiology





Matthew A. Hazey, M.D.

Dermatolog

Medical School: West Virginia University School of Medicine, Morgantown, WV Internship: West Virginia University School of Medicine, Morgantown, WV

Residency: West Virginia University School of Medicine, Morgantown, WV - Internal Medicine

Fellowship: University of Louisville, Louisville, KY - Dermatology

Board Certification: American Board of Internal Medicine, Dermatology, 2012

Location: Dr. Hazev is located at the IRMC Medical Arts Building, 850 Hospital Road, Ste. 2100, Indiana, PA He is accepting new patients......**724.471.7100**



Jerry V. Lambert, M.D.

Emergency Medicine

Medical School: University of Mississippi School of Medicine, Jackson, Mississippi

Internship: Orlando Regional Medical Center, Orlando, FL

Residency: Orlando Regional Medical Center, Orlando, FL - Emergency Medicine **Board Certification:** American Board of Emergency Medicine, 1991, 2001, 2011



Karam K. Pathan, M.D.

Medical School: Liaquat Medical College, Jamshoro, Sind, Pakistan

Internship: St. Francis Medical Center, Trenton, NJ

Residency: Wright State University, Dayton, OH, General Surgery **Fellowship:** Ohio State University Hospitals, Columbus, OH - Urology **Board Certification:** American Board of Urology, 1987, 1996, 2006

Location: Dr. Pathan is located at the Indiana Ambulatory Surgery Building, 841 Hospital Rd., Ste. 2500, Indiana, PA He is accepting new patients......**724.349.6340**



Geoffry M. Pazder, M.D.

Emergency Medicine

Medical School: Ross School of Medicine, North Brunswick, NJ

Internship: University of South Florida, Morton Plant Hospital, Clearwater, FL

Residency: University of South Florida, Family Medicine, Morton Plant Hospital, Clearwater, FL

Board Certification: American Board of Family Medicine, 2012

MEDICAL STAFF PRECEPTOR PROGRAM IRMC's medical staff has an eight week preceptorship program for students who have completed their first year in an allopathic or osteopathic United States medical school. The purpose of the program is to acquaint the student with different medical specialties, provide the student with an understanding of the operations of a small community Medical Center, observe a typical day in the lives of physicians in different specialties, and observe interaction between physicians and other healthcare professionals. Participation by the medical staff is voluntary.

Applicants must submit a resume and letter of interest in the program to Haney Wahba, MD, Chair, Medical Education Committee, c/o Teri Boston, CPMSM, Medical Staff Coordinator, Indiana Regional Medical Center, Medical Staff Office, 835 Hospital Road, Indiana, PA 15701. The Medical Education Committee will review the applicants and determine if a stipend will be awarded. The maximum stipend is \$1,500 for an eight week preceptorship; the stipend can be prorated for preceptorships less than eight weeks. Applicants will be notified if they are awarded a preceptorship. Preference is given to students from the community or surrounding area who desire to return to practice in the area.



PATIENT Satisfaction WNA OUTSTANDING HOME HEALTH CARE

The results are in! VNA patients and families are not only satisfied with the care they receive but they don't hesitate to share their satisfaction on a state and national level. We survey those who have utilized VNA Home Health, Hospice and VNA Extended Home Care services and they give us overall excellent scores on satisfaction. Home Health surveys are conducted by Fazzi Associates and results are publically reported by Center for Medicare and Medicaid Services (CMS). Surviving Hospice family members are also surveyed about their experiences through the National Hospice and Palliative Care Organization (NHPCO). Home Health and Hospice results are compared across the state and the nation which helps to guide service excellence and improve quality. Our consistently positive patient satisfaction responses demonstrate that VNA provides exceptional home health, hospice and private duty services. Thanks to all of you who choose VNA and take the time to complete your satisfaction surveys.



For more information on VNA services, call 724-463-6340 or visit www.vnaindianacounty.com

VNA Home Health Care

Overall Rating of Care National 86% PA 89% VNA 91% Likely to Recommend National 81% PA 83% VNA 88% Professional Care of Patients National 88% PA 90% VNA 93% Staff
Communication
with Patients
National 85%
PA 89%
VNA 93%

Specific Care Issues: pain, home safety National 83% PA 84% VNA 90%



www.medicare.gov/home health compare~1/17/13~and~Fazzi~Assoc.~National~Patient~Satisfaction~Benchmark~system~Assoc.~National~Patient~Satisfaction~Benchmark~system~Assoc.~National~Patient~Satisfaction~Benchmark~system~Assoc.~National~Patient~Satisfaction~Benchmark~system~Assoc.~National~Patient~Satisfaction~Benchmark~system~Assoc.~National~Patient~Satisfaction~Benchmark~system~Assoc.~National~Patient~Satisfaction~Benchmark~system~Assoc.~National~Patient~Satisfaction~Benchmark~system~Assoc.~National~Patient~Satisfaction~Benchmark~system~Assoc.~National~Patient~Satisfaction~Benchmark~system~Assoc.~National~Patient~Satisfaction~Benchmark~system~Assoc.~National~Patient~Satisfaction~Benchmark~system~Assoc.~National~Patient~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Satisfaction~Sati

VNA Family Hospice & Palliative Care

Overall Rating of Care is EXCELLENT! National 74.5% PA 75.7% VNA 87.5% Would Recommend THIS hospice to others No Benchmarks

No Benchmarks
VNA 100%

Composite Score
(Percent of best possible
answers to 17 core
patient care questions)
National 86.2%

PA 87% VNA 89.4% Patient was Treated with Respect National 96.7% PA 97.5% VNA 100%

The Right Amount of Medication for Pain National 94.9% PA 95.2% VNA 97.5%



National Hospice and Palliative Care Organization (NHPCO) Family Evaluation of Hospice Care 4th Quarter 2012

VNA Extended Home Care

Satisfaction with Care Provided VNA 100% Recommend VNA Extended to Others VNA 100%

Patient Care Needs Met VNA 100% Communications
VNA 91%

Prompt Adequate Response to Concerns VNA 100%

VNAEHC Client survey October to December 2012. Not benchmarked or publicly reported



President & CEO Stephen A. Wolfe

MAGAZINE STAFF

Editor

Mark Richards

Contributing Writers
Heather Reed
June Stewart
Emily Weber

Designer & Photographer Lindsey Stefan

Administrative Assistant Laura Jeffrey

Copyright January 2013

The purpose of IRMC's HOUSECALL is to give consumers reliable, general information about health care and the services provided by the Medical Center's staff. It is never intended to replace the advice and counseling of medical and health care professionals.

For permission to reproduce material in this publication, please write to:

Mark Richards
Vice President of Marketing & Public Relations
Indiana Regional Medical Center
835 Hospital Road
P.O. Box 788
Indiana, PA 15701-0788

Visit us online at www.indianarmc.org MEDICINE, KNOWLEDGE, YOU.



Are you a firefighter or are you currently working?

Do you live in Indiana County?

Does your employer offer health coverage?

Have you been uninsured for the past twelve months?

Do you have a Medical Assistance denial letter?

Does your income fall within the following financial guidelines? At or less than 300% of Federal Poverty.

If an individual has income level within the guidelines, has a Medical Assistance denial letter and has had no health coverage for the past twelve months, he/she may be eligible. We perform the financial screening either at IHPS Administration or in Marion Center whatever is convenient for the patient. Once eligible, the patient is connected with the insurance company for enrollment in the \$99 or \$165 product. After insurance enrollment occurs, the patient may be scheduled for an appointment with one of our physicians (Dr. Charlotte Kaplon or Dr. Lindsay Parks) to establish care with Indiana Healthcare Physician Services Empower3 Center for Health at Mahoning Medical Center, 100 Neal Avenue, Marion Center.

Patients may call 800.925.0611. A patient is connected with the primary care physician then must meet with a healthy lifestyle coach. All care is provided at IRMC or IHPS. Referrals for care IRMC cannot provide are made to Altoona.





835 HOSPITAL ROAD P.O. BOX 788 INDIANA, PA 15701-0788 Non Profit Org. U.S. Postage PAID Permit #93 Johnstown, PA

NOW AVAILABLE...COMFORTABLE IMAGING!

Indiana Regional Medical Center strives to provide quality care, which includes making our patients as comfortable as possible. Our Open-Bore imaging technology provides a larger, more spacious environment during exams. For questions or information regarding the scanners, please call: Mark Gaston, 724.357.7153

Early morning, evening, and weekend appointments available!

CT SCANNERS

GE 16 SLICE LIGHTSPEED EXTRA*

@ IRMCMRI Suite - 835 Hospital Rd, Indiana

- Weight Limit 450 LBS
- 80 CM Bore

*GE 16 SLICE BRIGHTSPEED @ IRMC at Chestnut Ridge, 25 Colony Blvd., Blairsville





PHILIPS 64 SLICE BRILLIANCE

@ IRMC MRI Suite - 835 Hospital Rd, Indiana



PHILIPS

MRI

TOSHIBA TITAN 1.5T OPEN BORE

@ IRMC MRI Suite - 835 Hospital Rd, Indiana

- Weight Limit 550 LBS
- "Quiet" Technology
- Non-Contrast MRA
- 70% of Exams
 Feet First

TOSHIBA eading Innovation



TOSHIBA ATLAS 1.5T

@ Human Motion Institute Suite - 120 IRMC Dr., Indiana

- "Quiet" Technology
 Non-Contrast MRA
- Weight Limit
 - 440 LBS
- 70% of Exams
 Feet First

TOSHIBA eading Innovation



IRMC SCHEDULING CENTER TOLL FREE: 877.444.2778