

2014 AHA/ACC Guideline for the Management of Patients With Non–ST-Elevation Acute Coronary Syndromes: Executive Summary

A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines

Developed in Collaboration With the Society for Cardiovascular Angiography and Interventions and the Society of Thoracic Surgeons

Endorsed by the American Association for Clinical Chemistry

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*Writing committee members are required to recuse themselves from voting on sections to which their specific relationships with industry and other entities may apply; see Appendix 1 for recusal information.

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Preamble

The American College of Cardiology (ACC) and the American Heart Association (AHA) are committed to the prevention and management of cardiovascular diseases through professional education and research for clinicians, providers, and patients. Since 1980, the ACC and AHA have shared a responsibility to translate scientific evidence into clinical practice guidelines (CPGs) with recommendations to standardize and improve cardiovascular health. These CPGs, based on systematic methods to evaluate and classify evidence, provide a cornerstone of quality cardiovascular care.

In response to published reports from the Institute of Medicine^{1,2} and the ACC/AHA's mandate to evaluate new knowledge and maintain relevance at the point of care, the ACC/AHA Task Force on Practice Guidelines (Task Force) began modifying its methodology. This modernization effort is published in the 2012 Methodology Summit Report³ and 2014 perspective article.⁴ The latter recounts the history of the collaboration, changes over time, current policies, and planned initiatives to meet the needs of an evolving health-care environment. Recommendations on value in proportion to resource utilization will be incorporated as high-quality comparative-effectiveness data become available.⁵ The relationships between CPGs and data standards, appropriate use criteria, and performance measures are addressed elsewhere.⁴

Intended Use—CPGs provide recommendations applicable to patients with or at risk of developing cardiovascular disease. The focus is on medical practice in the United States, but CPGs developed in collaboration with other organizations may have a broader target. Although CPGs may be used to inform regulatory or payer decisions, the intent is to improve the quality of care and be aligned with the patient's best interest.

Evidence Review—Guideline writing committee (GWC) members are charged with reviewing the literature; weighing the strength and quality of evidence for or against particular tests, treatments, or procedures; and estimating expected health outcomes when data exist. In analyzing the data and developing CPGs, the GWC uses evidence-based methodologies developed by the Task Force.⁶ A key component of the ACC/AHA CPG methodology is the development of recommendations on the basis of all available evidence. Literature searches focus on randomized controlled trials (RCTs) but also include registries, nonrandomized comparative and descriptive studies, case series, cohort studies, systematic reviews, and expert opinion. Only selected references are cited in the CPG. To ensure that CPGs remain current, new data are reviewed biannually by the GWCs and the Task Force to determine if recommendations should be updated or modified. In general, a target cycle of 5 years is planned for full revisions.¹

Guideline-Directed Medical Therapy—Recognizing advances in medical therapy across the spectrum of cardiovascular diseases, the Task Force designated the term “guideline-directed medical therapy” (GDMT) to represent recommended medical therapy as defined mainly by Class I measures, generally a combination of lifestyle modification and drug- and device-based therapeutics. As medical science advances, GDMT evolves, and hence GDMT is preferred to “optimal medical therapy.” For GDMT and all other recommended drug

treatment regimens, the reader should confirm the dosage with product insert material and carefully evaluate for contraindications and possible drug interactions. Recommendations are limited to treatments, drugs, and devices approved for clinical use in the United States.

Class of Recommendation and Level of Evidence—Once recommendations are written, the Class of Recommendation (COR; ie, the strength the GWC assigns to the recommendation, which encompasses the anticipated magnitude and judged certainty of benefit in proportion to risk) is assigned by the GWC. Concurrently, the Level of Evidence (LOE) rates the scientific evidence supporting the effect of the intervention on the basis on the type, quality, quantity, and consistency of data from clinical trials and other reports (Table 1).⁴ Unless otherwise stated, recommendations are presented in order by the COR and then the LOE. Where comparative data exist, preferred strategies take precedence. When more than 1 drug, strategy, or therapy exists within the same COR and LOE and there are no comparative data, options are listed alphabetically.

Relationships With Industry and Other Entities—The ACC and AHA exclusively sponsor the work of GWCs without commercial support, and members volunteer their time for this activity. The Task Force makes every effort to avoid actual, potential, or perceived conflicts of interest that might arise through relationships with industry or other entities (RWI). All GWC members and reviewers are required to fully disclose current industry relationships or personal interests from 12 months before initiation of the writing effort. Management of RWI involves selecting a balanced GWC and requires that both the chair and a majority of GWC members have no relevant RWI (see Appendix 1 for the definition of relevance). GWC members are restricted with regard to writing or voting on sections to which their RWI apply. In addition, for transparency, GWC members' comprehensive disclosure information is available as an [online supplement](#). Comprehensive disclosure information for the Task Force is available as an additional supplement. The Task Force strives to avoid bias by selecting experts from a broad array of backgrounds representing different geographic regions, sexes, ethnicities, races, intellectual perspectives/biases, and scopes of clinical practice. Selected organizations and professional societies with related interests and expertise are invited to participate as partners or collaborators.

Individualizing Care in Patients With Associated Conditions and Comorbidities—The ACC and AHA recognize the complexity of managing patients with multiple conditions, compared with managing patients with a single disease, and the challenge is compounded when CPGs for evaluation or treatment of several coexisting illnesses are discordant or interacting.⁷ CPGs attempt to define practices that meet the needs of patients in most, but not all, circumstances and do not replace clinical judgment.

Clinical Implementation—Management in accordance with CPG recommendations is effective only when followed; therefore, to enhance their commitment to treatment and compliance with lifestyle adjustment, clinicians should engage the patient to participate in selecting interventions on the basis of the patient's individual values and preferences,

Table 1. Applying Classification of Recommendations and Level of Evidence

| | | SIZE OF TREATMENT EFFECT | | | | | | | | | | |
|---|---|--|---|--|---|---|-----------------|-----------|---------------------|-------------|-------------------|---------------|
| | | CLASS I <i>Benefit >>> Risk</i> Procedure/Treatment SHOULD be performed/administered | CLASS IIa <i>Benefit >> Risk</i> <i>Additional studies with focused objectives needed</i> IT IS REASONABLE to perform procedure/administer treatment | CLASS IIb <i>Benefit ≥ Risk</i> <i>Additional studies with broad objectives needed; additional registry data would be helpful</i> Procedure/Treatment MAY BE CONSIDERED | CLASS III <i>No Benefit or CLASS III Harm</i> <table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td></td> <td>Procedure/ Test</td> <td>Treatment</td> </tr> <tr> <td>COR III: No benefit</td> <td>Not Helpful</td> <td>No Proven Benefit</td> </tr> <tr> <td>COR III: Harm</td> <td>Excess Cost w/o Benefit or Harmful</td> <td>Harmful to Patients</td> </tr> </table> | | Procedure/ Test | Treatment | COR III: No benefit | Not Helpful | No Proven Benefit | COR III: Harm |
| | Procedure/ Test | Treatment | | | | | | | | | | |
| COR III: No benefit | Not Helpful | No Proven Benefit | | | | | | | | | | |
| COR III: Harm | Excess Cost w/o Benefit or Harmful | Harmful to Patients | | | | | | | | | | |
| ESTIMATE OF CERTAINTY (PRECISION) OF TREATMENT EFFECT | LEVEL A Multiple populations evaluated* Data derived from multiple randomized clinical trials or meta-analyses | <ul style="list-style-type: none"> Recommendation that procedure or treatment is useful/effective Sufficient evidence from multiple randomized trials or meta-analyses | <ul style="list-style-type: none"> Recommendation in favor of treatment or procedure being useful/effective Some conflicting evidence from multiple randomized trials or meta-analyses | <ul style="list-style-type: none"> Recommendation's usefulness/efficacy less well established Greater conflicting evidence from multiple randomized trials or meta-analyses | <ul style="list-style-type: none"> Recommendation that procedure or treatment is not useful/effective and may be harmful Sufficient evidence from multiple randomized trials or meta-analyses | | | | | | | |
| | LEVEL B Limited populations evaluated* Data derived from a single randomized trial or nonrandomized studies | <ul style="list-style-type: none"> Recommendation that procedure or treatment is useful/effective Evidence from single randomized trial or nonrandomized studies | <ul style="list-style-type: none"> Recommendation in favor of treatment or procedure being useful/effective Some conflicting evidence from single randomized trial or nonrandomized studies | <ul style="list-style-type: none"> Recommendation's usefulness/efficacy less well established Greater conflicting evidence from single randomized trial or nonrandomized studies | <ul style="list-style-type: none"> Recommendation that procedure or treatment is not useful/effective and may be harmful Evidence from single randomized trial or nonrandomized studies | | | | | | | |
| | LEVEL C Very limited populations evaluated* Only consensus opinion of experts, case studies, or standard of care | <ul style="list-style-type: none"> Recommendation that procedure or treatment is useful/effective Only expert opinion, case studies, or standard of care | <ul style="list-style-type: none"> Recommendation in favor of treatment or procedure being useful/effective Only diverging expert opinion, case studies, or standard of care | <ul style="list-style-type: none"> Recommendation's usefulness/efficacy less well established Only diverging expert opinion, case studies, or standard of care | <ul style="list-style-type: none"> Recommendation that procedure or treatment is not useful/effective and may be harmful Only expert opinion, case studies, or standard of care | | | | | | | |
| Suggested phrases for writing recommendations | | should is recommended is indicated is useful/effective/beneficial | is reasonable can be useful/effective/beneficial is probably recommended or indicated | may/might be considered may/might be reasonable usefulness/effectiveness is unknown/unclear/uncertain or not well established | COR III: No Benefit is not recommended is not indicated should not be performed/administered/other is not useful/beneficial/effective | COR III: Harm potentially harmful causes harm associated with excess morbidity/mortality should not be performed/administered/other | | | | | | |
| Comparative effectiveness phrases† | | treatment/strategy A is recommended/indicated in preference to treatment B treatment A should be chosen over treatment B | treatment/strategy A is probably recommended/indicated in preference to treatment B it is reasonable to choose treatment A over treatment B | | | | | | | | | |

A recommendation with Level of Evidence B or C does not imply that the recommendation is weak. Many important clinical questions addressed in the clinical practice guidelines do not lend themselves to clinical trials. Although randomized trials are unavailable, there may be a very clear clinical consensus that a particular test or therapy is useful or effective.

*Data available from clinical trials or registries about the usefulness/efficacy in different subpopulations, such as sex, age, history of diabetes mellitus, history of prior myocardial infarction, history of heart failure, and prior aspirin use.

†For comparative-effectiveness recommendations (Class I and Ma; Level of Evidence A and B only), studies that support the use of comparator verbs should involve direct comparisons of the treatments or strategies being evaluated.

taking associated conditions and comorbidities into consideration (eg, shared decision making). Consequently, there are circumstances in which deviations from these guidelines are appropriate.

The recommendations in this CPG are the official policy of the ACC and AHA until they are superseded by a published addendum, focused update, or revised full-text CPG. The reader is encouraged to consult the full-text CPG⁸ for additional guidance and details about the management of patients with non-ST-elevation acute coronary syndrome (NSTEMI-ACS) because the executive summary contains mainly the recommendations.

Jeffrey L. Anderson, MD, FACC, FAHA
Chair, ACC/AHA Task Force on Practice Guidelines

1. Introduction

1.1. Methodology and Evidence Review

The recommendations listed in this CPG are, whenever possible, evidence based. An extensive evidence review was conducted through October 2012, and other selected references published through April 2014 were reviewed by the GWC. Literature included was derived from research involving human subjects, published in English, and indexed in MEDLINE (through PubMed), EMBASE, the Cochrane Library, Agency for Healthcare Research and Quality Reports, and other selected databases relevant to this CPG. The relevant data are included in evidence tables in the [Online Data Supplement](#). Key search words included but were not limited to the following: *acute*

coronary syndrome, anticoagulant therapy, antihypertensives, anti-ischemic therapy, antiplatelet therapy, antithrombotic therapy, beta blockers, biomarkers, calcium channel blockers, cardiac rehabilitation, conservative management, diabetes mellitus, glycoprotein IIb/IIIa inhibitors, heart failure, invasive strategy, lifestyle modification, myocardial infarction, nitrates, non-ST-elevation, P2Y₁₂ receptor inhibitor, percutaneous coronary intervention, renin-angiotensin-aldosterone inhibitors, secondary prevention, smoking cessation, statins, stent, thienopyridines, troponins, unstable angina, and weight management. Additionally, the GWC reviewed documents related to NSTEMI-ACS previously published by the ACC and AHA. References selected and published in this document are representative and not all-inclusive.

1.2. Organization of the GWC

The GWC was composed of clinicians, cardiologists, interventionalists, surgeons, emergency medicine specialists, family practitioners, and geriatricians. The GWC included representatives from the ACC and AHA, American Academy of Family Physicians, American College of Emergency Physicians, American College of Physicians, Society for Cardiovascular Angiography and Interventions, and Society of Thoracic Surgeons.

1.3. Document Review and Approval

This document was reviewed by 2 official reviewers each nominated by the ACC and AHA; 1 reviewer each from the American Academy of Family Physicians, American College of Emergency Physicians, Society for Cardiovascular Angiography and Interventions, and Society of Thoracic Surgeons; and 37 individual content reviewers (including members of the American Association of Clinical Chemistry, ACC Heart Failure and Transplant Section Leadership Council, ACC Cardiovascular Imaging Section Leadership Council, ACC Interventional Section Leadership Council, ACC Prevention of Cardiovascular Disease Committee, ACC Surgeons' Council, Association of International Governors, and Department of Health and Human Services). Reviewers' RWI information was distributed to the GWC and is published in this document (Appendix 2).

This document was approved for publication by the governing bodies of the ACC and the AHA and endorsed by the American Association for Clinical Chemistry, Society for Cardiovascular Angiography and Interventions, and the Society of Thoracic Surgeons.

1.4. Scope of the CPG

The 2014 NSTEMI-ACS CPG is a full revision of the 2007 ACCF/AHA CPG for the management of patients with unstable angina (UA) and non-ST-elevation myocardial infarction (NSTEMI) and the 2012 focused update.⁹ The new title, "Non-ST-Elevation Acute Coronary Syndromes," emphasizes the continuum between UA and NSTEMI. At presentation, patients with UA and NSTEMI can be indistinguishable and are therefore considered together in this CPG.

In the United States, NSTEMI-ACS affects >625 000 patients annually,* or almost three fourths of all patients with acute

coronary syndrome (ACS).¹⁰ In selecting the initial approach to care, the term "ischemia-guided strategy" has replaced the previous descriptor, "initial conservative management," to more clearly convey the physiological rationale of this approach.

The task of the 2014 GWC was to establish a contemporary CPG for the optimal management of patients with NSTEMI-ACS. It incorporates both established and new evidence from published clinical trials, as well as information from basic science and comprehensive review articles. These recommendations were developed to guide the clinician in improving outcomes for patients with NSTEMI-ACS. Table 2 lists documents deemed pertinent to this effort and is intended for use as a resource, thus obviating the need to repeat extant CPG recommendations.

The GWC abbreviated the discussion sections to include an explanation of salient information related to the recommendations. In contrast to textbook declaratory presentations, explanations were supplemented with evidence tables. The GWC also provided a brief summary of the relevant recommendations and references related to secondary prevention rather than detailed reiteration. Throughout, the goal was to provide the clinician with concise, evidence-based contemporary recommendations and the supporting documentation to encourage their application.

2. Overview of ACS

ACS has evolved as a useful operational term that refers to a spectrum of conditions compatible with acute myocardial ischemia and/or infarction that are usually due to an abrupt reduction in coronary blood flow (Figure 1).

3. Initial Evaluation and Management: Recommendations

3.1. Clinical Assessment and Initial Evaluation

Class I

1. Patients with suspected ACS should be risk stratified based on the likelihood of ACS and adverse outcome(s) to decide on the need for hospitalization and assist in the selection of treatment options.⁴⁰⁻⁴² (Level of Evidence: B)

3.2. Emergency Department or Outpatient Facility Presentation

Class I

1. Patients with suspected ACS and high-risk features such as continuing chest pain, severe dyspnea, syncope/presyncope, or palpitations should be referred immediately to the emergency department (ED) and transported by emergency medical services when available. (Level of Evidence: C)

Class IIb

1. Patients with less severe symptoms may be considered for referral to the ED, a chest pain unit, or a facility capable of performing adequate evaluation depending on clinical circumstances. (Level of Evidence: C)

*Estimate includes secondary discharge diagnoses.

Table 2. Associated CPGs and Statements

| Title | Organization | Publication Year/Reference |
|--|----------------------------|--|
| CPGs | | |
| Stable ischemic heart disease | ACC/AHA/AATS/PCNA/SCAI/STS | 2014 ^{11*} 2012 ¹² |
| Atrial fibrillation | AHA/ACC/HRS | 2014 ¹³ |
| Assessment of cardiovascular risk | ACC/AHA | 2013 ¹⁴ |
| Heart failure | ACC/AHA | 2013 ¹⁵ |
| Lifestyle management to reduce cardiovascular risk | AHA/ACC | 2013 ¹⁶ |
| Management of overweight and obesity in adults | AHA/ACC/TOS | 2013 ¹⁷ |
| ST-elevation myocardial infarction | ACC/AHA | 2013 ¹⁸ |
| Treatment of blood cholesterol to reduce atherosclerotic cardiovascular risk in adults | ACC/AHA | 2013 ¹⁹ |
| Acute myocardial infarction in patients presenting with ST-segment elevation | ESC | 2012 ²⁰ |
| Device-based therapy | ACC/AHA/HRS 1 | 2013 ²¹ |
| Third universal definition of myocardial infarction | ESC/ACC/AHA/WHF | 2012 ²² |
| Acute coronary syndromes in patients presenting without persistent ST-segment elevation | ESC | 2011 ²³ |
| Coronary artery bypass graft surgery | ACC/AHA | 2011 ²⁴ |
| Hypertrophic cardiomyopathy | ACC/AHA | 2011 ²⁵ |
| Effectiveness-based guidelines for the prevention of cardiovascular disease in women | AHA/ACC | 2011 ²⁶ |
| Percutaneous coronary intervention | ACC/AHA/SCAI | 2011 ²⁷ |
| Secondary prevention and risk reduction therapy for patients with coronary and other atherosclerotic vascular disease | AHA/ACC | 2011 ²⁸ |
| Assessment of cardiovascular risk in asymptomatic adults | ACC/AHA | 2010 ²⁹ |
| Myocardial revascularization | ESC | 2010 ³⁰ |
| Unstable angina and non-ST-elevation myocardial infarction | NICE | 2010 ^{31†} |
| Guidelines for cardiopulmonary resuscitation and emergency cardiovascular care—part 9: postcardiac arrest care | AHA | 2010 ³² |
| Seventh report of the joint national committee on prevention, detection, evaluation, and treatment of high blood pressure | NHLBI | 2003 ³³ |
| Statements | | |
| Key data elements and definitions for measuring the clinical management and outcomes of patients with acute coronary syndromes and coronary artery disease | ACC/AHA | 2013 ³⁴ |
| Practical clinical considerations in the interpretation of troponin elevations | ACC | 2012 ³⁵ |
| Testing of low-risk patients presenting to the emergency department with chest pain | AHA | 2010 ³⁶ |
| Primary prevention of cardiovascular diseases in people with diabetes mellitus | AHA/ADA | 2007 ³⁷ |
| Prevention and control of influenza | CDC | 2005 ³⁸ |

*The full-text SIHD CPG is from 2012.¹² A focused update was published in 2014.¹¹

†Minor modifications were made in 2013. For a full explanation of the changes, see <http://publications.nice.org.uk/unstable-angina-and-nstemi-cg94/changes-after-publication>.

AATS indicates American Association for Thoracic Surgery; ACC, American College of Cardiology; ADA, American Diabetes Association; AHA, American Heart Association; CDC, Centers for Disease Control and Prevention; CPG, clinical practice guideline; ESC, European Society of Cardiology; HRS, Heart Rhythm Society; NHLBI, National Heart, Lung, and Blood Institute; NICE, National Institute for Health and Clinical Excellence; PCNA, Preventive Cardiovascular Nurses Association; SCAI, Society for Cardiovascular Angiography and Interventions; SIHD, stable ischemic heart disease; STS, Society of Thoracic Surgeons; TOS, The Obesity Society; and WHF, World Heart Federation.

3.3. Prognosis—Early Risk Stratification

See Figure 2 and Table 3 for estimation at presentation of death and nonfatal cardiac ischemic events. See Table 4 for a summary of recommendations from this section.

Class I

1. In patients with chest pain or other symptoms suggestive of ACS, a 12-lead electrocardiogram (ECG) should be performed and evaluated for ischemic changes within 10 minutes of the patient's arrival at an emergency facility.²² (Level of Evidence: C)

2. If the initial ECG is not diagnostic but the patient remains symptomatic and there is a high clinical suspicion for ACS, serial ECGs (eg, 15- to 30-minute intervals during the first hour) should be performed to detect ischemic changes. (Level of Evidence: C)

3. Serial cardiac troponin I or T levels (when a contemporary assay is used) should be obtained at presentation and 3 to 6 hours after symptom onset (see Section 3.4.1, Class I, #3 recommendation if time of symptom onset is unclear) in all patients who present with symptoms consistent with ACS to identify a

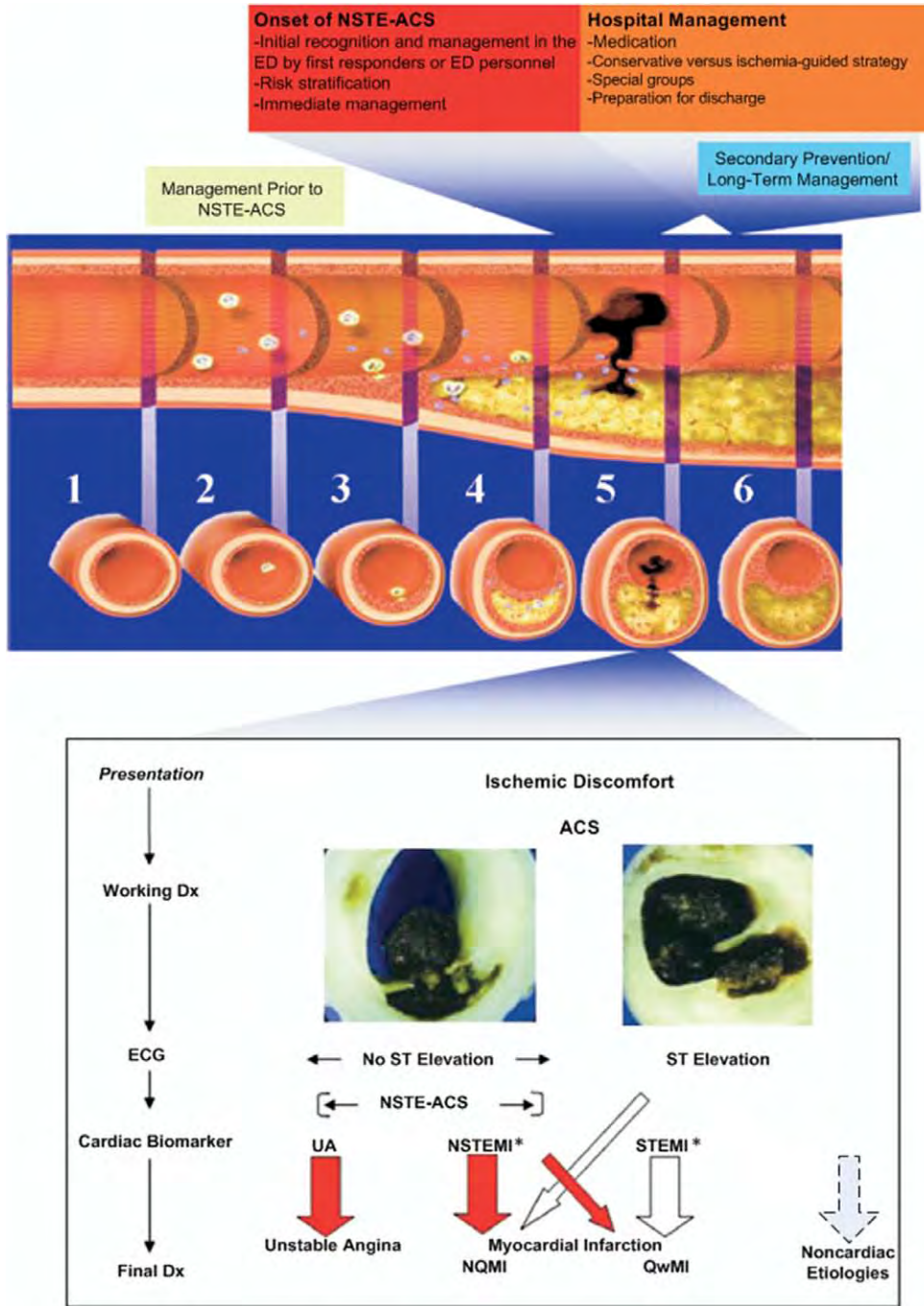


Figure 1. Acute Coronary Syndromes. The top half of the figure illustrates the progression of plaque formation and onset and complications of NSTEMI-ACS, with management at each stage. The numbered section of an artery depicts the process of atherosclerosis from 1) normal artery to 2) extracellular lipid in the subintima to 3) fibrofatty stage to 4) procoagulant expression and weakening of the fibrous cap. ACS develops with 5) disruption of the fibrous cap, which is the stimulus for thrombogenesis. 6) Thrombus formation may be followed by collagen accumulation and smooth muscle cell growth. Thrombus formation and possible coronary vasospasm reduce blood flow in the affected coronary artery and cause ischemic chest pain. The bottom half of the figure illustrates the clinical, pathological, electrocardiographic, and biomarker correlates in ACS and the general approach to management. Flow reduction may be related to a completely occlusive thrombus (bottom half, right side) or subtotally occlusive thrombus (bottom half, left side). Most patients with ST-elevation (thick white arrow in bottom panel) develop QwMI, and a few (thin white arrow) develop NQMI. Those without ST-elevation have either UA or NSTEMI (thick red arrows), a distinction based on cardiac biomarkers. Most patients presenting with NSTEMI develop NQMI; a few may develop QwMI. The spectrum of clinical presentations including UA, NSTEMI, and STEMI is related to ACS. This NSTEMI-ACS CPG includes sections on initial management before NSTEMI-ACS, at the onset of NSTEMI-ACS, and during the hospital phase. Secondary prevention and plans for long-term management begin early during the hospital phase. Patients with noncardiac etiologies make up the largest group presenting to the ED with chest pain (dashed arrow). *Elevated cardiac biomarker (eg, troponin), Section 3.4. ACS indicates acute coronary syndrome; CPG, clinical practice guideline; Dx, diagnosis; ECG, electrocardiogram; ED, emergency department; MI, myocardial infarction; NQMI, non-Q-wave myocardial infarction; NSTEMI-ACS, non-ST-elevation acute coronary syndromes; NSTEMI, non-ST-elevation myocardial infarction; QwMI, Q-wave myocardial infarction; STEMI, ST-elevation myocardial infarction; and UA, unstable angina. Modified with permission from Libby et al.³⁹

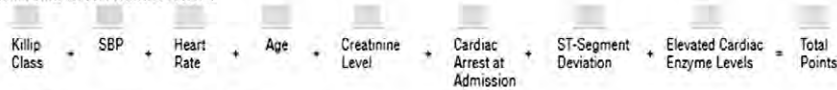
A GRACE Risk Model Nomogram

1. Find Points for Each Predictive Factor:

| Killip Class | Points | SBP, mm Hg | Points | Heart Rate, Beats/min | Points | Age, y | Points | Creatinine Level, mg/dL | Points |
|--------------|--------|------------|--------|-----------------------|--------|--------|--------|-------------------------|--------|
| I | 0 | ≤80 | 58 | ≤50 | 0 | ≤30 | 0 | 0-0.39 | 1 |
| II | 20 | 80-99 | 53 | 50-69 | 3 | 30-39 | 8 | 0.40-0.79 | 4 |
| III | 39 | 100-119 | 43 | 70-89 | 9 | 40-49 | 25 | 0.80-1.19 | 7 |
| IV | 59 | 120-139 | 34 | 90-109 | 15 | 50-59 | 41 | 1.20-1.59 | 10 |
| | | 140-159 | 24 | 110-149 | 24 | 60-69 | 58 | 1.60-1.99 | 13 |
| | | 160-199 | 10 | 150-199 | 38 | 70-79 | 75 | 2.00-3.99 | 21 |
| | | ≥200 | 0 | ≥200 | 46 | 80-89 | 91 | >4.0 | 28 |
| | | | | | | ≥90 | 100 | | |

| Other Risk Factors | Points |
|--------------------------------|--------|
| Cardiac Arrest at Admission | 39 |
| ST-Segment Deviation | 28 |
| Elevated Cardiac Enzyme Levels | 14 |

2. Sum Points for All Predictive Factors:



3. Look Up Risk Corresponding to Total Points:

| Total Points | ≤60 | 70 | 80 | 90 | 100 | 110 | 120 | 130 | 140 | 150 | 160 | 170 | 180 | 190 | 200 | 210 | 220 | 230 | 240 | ≥250 |
|-------------------------------------|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| Probability of In-Hospital Death, % | ≤0.2 | 0.3 | 0.4 | 0.6 | 0.8 | 1.1 | 1.8 | 2.1 | 2.9 | 3.9 | 5.4 | 7.3 | 9.8 | 13 | 18 | 23 | 29 | 36 | 44 | ≥52 |

For example, a patient has Killip class II, SBP of 100 mm Hg, heart rate of 100 beats/min, is 65 years of age, has serum creatinine level of 1 mg/dL, did not have a cardiac arrest at admission but did have ST-segment deviation and elevated enzyme levels.

His score would be: 20 + 53 + 15 + 58 + 7 + 0 + 28 + 14 = 196

This person would have about a 16% risk of having an in-hospital death.

Similarly, a patient with Killip class I, SBP of 80 mm Hg, heart rate of 60 beats/min, is 55 years of age, has serum creatinine level of 0.4, and no risk factors would have the following score:

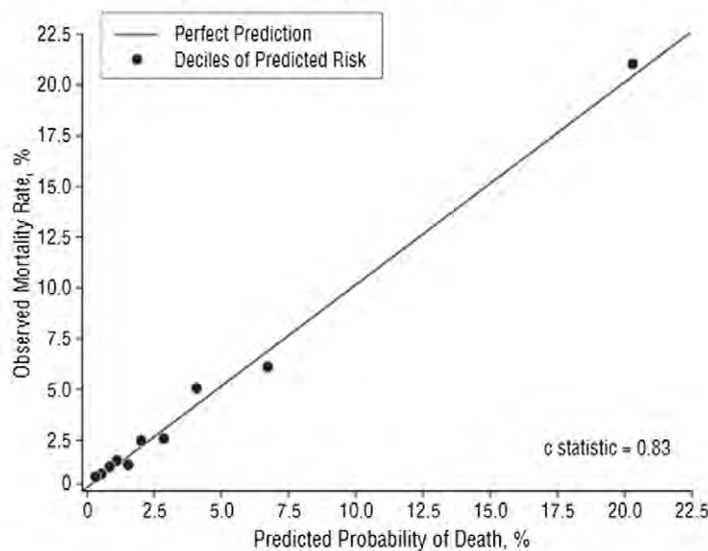
0 + 58 + 3 + 41 + 1 = 103, which gives approximately a 0.9% risk of having an in-hospital death.

To convert serum creatinine level to micromoles per liter, multiply by 88.4.

SBP indicates systolic blood pressure.

Reprinted with permission from Granger et al. (42).

B Calibration of Simplified Global Registry of ACS Mortality Model



ACS indicates acute coronary syndrome.

Reprinted with permission from Granger et al. (42).

Figure 2. Global Registry of Acute Coronary Events Risk Calculator for In-Hospital Mortality for Acute Coronary Syndrome.

Table 3. TIMI Risk Score* for NSTEMI-ACS

| TIMI Risk Score | All-Cause Mortality, New or Recurrent MI, or Severe Recurrent Ischemia Requiring Urgent Revascularization Through 14 d After Randomization, % |
|-----------------|---|
| 0–1 | 4.7 |
| 2 | 8.3 |
| 3 | 13.2 |
| 4 | 19.9 |
| 5 | 25.2 |
| 6–7 | 40.9 |

*The TIMI risk score is determined by the sum of the presence of 7 variables at admission; 1 point is given for each of the following variables: ≥ 65 y of age; ≥ 3 risk factors for CAD; prior coronary stenosis $\geq 50\%$; ST deviation on ECG; ≥ 2 anginal events in prior 24 h; use of aspirin in prior 7 d; and elevated cardiac biomarkers.

CAD indicates coronary artery disease; ECG, electrocardiogram; MI, myocardial infarction; NSTEMI-ACS, non-ST-elevation acute coronary syndromes; and TIMI, Thrombolysis In Myocardial Infarction.

Modified with permission from Antman et al.⁴⁰

rising and/or falling pattern of values.^{22,43–48} (*Level of Evidence: A*)

- Additional troponin levels should be obtained beyond 6 hours after symptom onset (see Section 3.4.1, Class I, #3 recommendation if time of symptom onset is unclear) in patients with normal troponin levels on serial examination when changes on ECG and/or clinical presentation confer an intermediate or high index of suspicion for ACS.^{22,49–51} (*Level of Evidence: A*)
- Risk scores should be used to assess prognosis in patients with NSTEMI-ACS.^{40–42,52–57} (*Level of Evidence: A*)

Class IIa

- Risk-stratification models can be useful in management.^{40–42,52–58} (*Level of Evidence: B*)
- It is reasonable to obtain supplemental electrocardiographic leads V₇ to V₉ in patients whose initial ECG

is nondiagnostic and who are at intermediate/high risk of ACS.^{59–61} (*Level of Evidence: B*)

Class IIb

- Continuous monitoring with 12-lead ECG may be a reasonable alternative in patients whose initial ECG is non-diagnostic and who are at intermediate/high risk of ACS.^{62,63} (*Level of Evidence: B*)
- Measurement of B-type natriuretic peptide or N-terminal pro-B-type natriuretic peptide may be considered to assess risk in patients with suspected ACS.^{64–68} (*Level of Evidence: B*)

3.4. Cardiac Biomarkers and the Universal Definition of Myocardial Infarction

See Table 5 for a summary of recommendations from this section.

3.4.1. Biomarkers: Diagnosis

Class I

- Cardiac-specific troponin (troponin I or T when a contemporary assay is used) levels should be measured at presentation and 3 to 6 hours after symptom onset in all patients who present with symptoms consistent with ACS to identify a rising and/or falling pattern.^{22,43–48,70–74} (*Level of Evidence: A*)
- Additional troponin levels should be obtained beyond 6 hours after symptom onset in patients with normal troponins on serial examination when electrocardiographic changes and/or clinical presentation confer an intermediate or high index of suspicion for ACS.^{22,49–51,75} (*Level of Evidence: A*)
- If the time of symptom onset is ambiguous, the time of presentation should be considered the time of onset for assessing troponin values.^{44,45,49} (*Level of Evidence: A*)

Table 4. Summary of Recommendations for Prognosis: Early Risk Stratification

| Recommendations | COR | LOE | References |
|---|-----|-----|--------------|
| Perform rapid determination of likelihood of ACS, including a 12-lead ECG within 10 min of arrival at an emergency facility, in patients whose symptoms suggest ACS | I | C | 22 |
| Perform serial ECGs at 15- to 30-min intervals during the first hour in symptomatic patients with initial nondiagnostic ECG | I | C | N/A |
| Measure cardiac troponin (cTnI or cTnT) in all patients with symptoms consistent with ACS* | I | A | 22, 43–48 |
| Measure serial cardiac troponin I or T at presentation and 3–6 h after symptom onset* in all patients with symptoms consistent with ACS | I | A | 22, 49–51 |
| Use risk scores to assess prognosis in patients with NSTEMI-ACS | I | A | 40–42, 52–57 |
| Risk-stratification models can be useful in management | IIa | B | 40–42, 52–58 |
| Obtain supplemental electrocardiographic leads V ₇ to V ₉ in patients with initial nondiagnostic ECG at intermediate/high risk for ACS | IIa | B | 59–61 |
| Continuous monitoring with 12-lead ECG may be a reasonable alternative with initial nondiagnostic ECG in patients at intermediate/high risk for ACS | IIb | B | 62, 63 |
| BNP or NT-pro-BNP may be considered to assess risk in patients with suspected ACS | IIb | B | 64–68 |

*See Section 3.4.1, Class I, #3 recommendation if time of symptom onset is unclear.

ACS indicates acute coronary syndromes; BNP, B-type natriuretic peptide; COR, Class of Recommendation; cTnI, cardiac troponin I; cTnT, cardiac troponin T; ECG, electrocardiogram; LOE, Level of Evidence; N/A, not available; NSTEMI-ACS, non-ST-elevation acute coronary syndromes; and NT-pro-BNP, N-terminal pro-B-type natriuretic peptide.

Table 5. Summary of Recommendations for Cardiac Biomarkers and the Universal Definition of MI

| Recommendations | COR | LOE | References |
|---|-----------------|-----|------------------|
| Diagnosis | | | |
| Measure cardiac-specific troponin (troponin I or T) at presentation and 3–6 h after symptom onset in all patients with suspected ACS to identify pattern of values | I | A | 22, 43–48, 70–74 |
| Obtain additional troponin levels beyond 6 h in patients with initial normal serial troponins with electrocardiographic changes and/or intermediate/high risk clinical features | I | A | 22, 49–51, 75 |
| Consider time of presentation the time of onset with ambiguous symptom onset for assessing troponin values | I | A | 44, 45, 49 |
| With contemporary troponin assays, CK-MB and myoglobin are not useful for diagnosis of ACS | III: No Benefit | A | 76–82 |
| Prognosis | | | |
| Troponin elevations are useful for short- and long-term prognosis | I | B | 48, 50, 83, 84 |
| Remeasurement of troponin value once on d 3 or 4 in patients with MI may be reasonable as an index of infarct size and dynamics of necrosis | IIb | B | 82, 83 |
| BNP may be reasonable for additional prognostic information | IIb | B | 64, 65, 85–89 |

ACS indicates acute coronary syndromes; BNP, B-type natriuretic peptide; CK-MB, creatine kinase myocardial isoenzyme; COR, Class of Recommendation; LOE, Level of Evidence; and MI, myocardial infarction.

Class III: No Benefit

1. With contemporary troponin assays, creatine kinase myocardial isoenzyme (CK-MB) and myoglobin are not useful for diagnosis of ACS.^{76–82} (Level of Evidence: A)

3.4.2. Biomarkers: Prognosis

Class I

1. The presence and magnitude of troponin elevations are useful for short- and long-term prognosis.^{48,50,83,84} (Level of Evidence: B)

Class IIb

1. It may be reasonable to remeasure troponin once on day 3 or day 4 in patients with a myocardial infarction (MI) as an index of infarct size and dynamics of necrosis.^{82,83} (Level of Evidence: B)
2. Use of selected newer biomarkers, especially B-type natriuretic peptide, may be reasonable to provide additional prognostic information.^{64,65,85–89} (Level of Evidence: B)

3.5. Discharge From the ED or Chest Pain Unit

Class IIa

1. It is reasonable to observe patients with symptoms consistent with ACS without objective evidence of myocardial ischemia (nonischemic initial ECG and normal cardiac troponin) in a chest pain unit or telemetry unit with serial ECGs and cardiac troponin at 3- to 6-hour intervals.^{90–94} (Level of Evidence: B)
2. It is reasonable for patients with possible ACS who have normal serial ECGs and cardiac troponins to have a treadmill ECG^{93–95} (Level of Evidence: A), stress myocardial perfusion imaging,⁹³ or stress echocardiography^{96,97} before discharge or within 72 hours after discharge. (Level of Evidence: B)

3. In patients with possible ACS and a normal ECG, normal cardiac troponins, and no history of coronary artery disease (CAD), it is reasonable to initially perform (without serial ECGs and troponins) coronary computed tomography angiography to assess coronary artery anatomy^{98–100} (Level of Evidence: A) or rest myocardial perfusion imaging with a technetium-99m radiopharmaceutical to exclude myocardial ischemia.^{101,102} (Level of Evidence: B)
4. It is reasonable to give low-risk patients who are referred for outpatient testing daily aspirin, short-acting nitroglycerin, and other medication if appropriate (eg, beta blockers), with instructions about activity level and clinician follow-up. (Level of Evidence: C)

4. Early Hospital Care: Recommendations

See Table 6 for a summary of recommendations from this section.

4.1. Standard Medical Therapies

4.1.1. Oxygen

Class I

1. Supplemental oxygen should be administered to patients with NSTEMI-ACS with arterial oxygen saturation less than 90%, respiratory distress, or other high-risk features of hypoxemia. (Level of Evidence: C)

4.1.2. Nitrates

Class I

1. Patients with NSTEMI-ACS with continuing ischemic pain should receive sublingual nitroglycerin (0.3 mg-0.4 mg) every 5 minutes for up to 3 doses, after which an assessment should be made about the need for intravenous nitroglycerin if not contraindicated.^{103–105} (Level of Evidence: C)
2. Intravenous nitroglycerin is indicated for patients with NSTEMI-ACS for the treatment of persistent

Table 6. Summary of Recommendations for Early Hospital Care

| Recommendations | COR | LOE | References |
|---|-----------|-----|------------|
| Oxygen | | | |
| Administer supplemental oxygen only with oxygen saturation <90%, respiratory distress, or other high-risk features for hypoxemia | I | C | N/A |
| Nitrates | | | |
| Administer sublingual NTG every 5 min × 3 for continuing ischemic pain and then assess need for IV NTG | I | C | 103–105 |
| Administer IV NTG for persistent ischemia, HF, or hypertension | I | B | 106–111 |
| Nitrates are contraindicated with recent use of a phosphodiesterase inhibitor | III: Harm | B | 112–114 |
| Analgesic therapy | | | |
| IV morphine sulfate may be reasonable for continued ischemic chest pain despite maximally tolerated anti-ischemic medications | IIb | B | 115, 116 |
| NSAIDs (except aspirin) should not be initiated and should be discontinued during hospitalization for NSTEMI-ACS because of the increased risk of MACE associated with their use | III: Harm | B | 117, 118 |
| Beta-adrenergic blockers | | | |
| Initiate oral beta blockers within the first 24 h in the absence of HF, low-output state, risk for cardiogenic shock, or other contraindications to beta blockade | I | A | 119–121 |
| Use of sustained-release metoprolol succinate, carvedilol, or bisoprolol is recommended for beta-blocker therapy with concomitant NSTEMI-ACS, stabilized HF, and reduced systolic function | I | C | N/A |
| Re-evaluate to determine subsequent eligibility in patients with initial contraindications to beta blockers | I | C | N/A |
| It is reasonable to continue beta-blocker therapy in patients with normal LV function with NSTEMI-ACS | IIa | C | 120, 122 |
| IV beta blockers are potentially harmful when risk factors for shock are present | III: Harm | B | 123 |
| CCBs | | | |
| Administer initial therapy with nondihydropyridine CCBs with recurrent ischemia and contraindications to beta blockers in the absence of LV dysfunction, increased risk for cardiogenic shock, PR interval >0.24 s, or second- or third-degree atrioventricular block without a cardiac pacemaker | I | B | 124–126 |
| Administer oral nondihydropyridine calcium antagonists with recurrent ischemia after use of beta blocker and nitrates in the absence of contraindications | I | C | N/A |
| CCBs are recommended for ischemic symptoms when beta blockers are not successful, are contraindicated, or cause unacceptable side effects* | I | C | N/A |
| Long-acting CCBs and nitrates are recommended for patients with coronary artery spasm | I | C | N/A |
| Immediate-release nifedipine is contraindicated in the absence of a beta blocker | III: Harm | B | 127, 128 |
| Cholesterol management | | | |
| Initiate or continue high-intensity statin therapy in patients with no contraindications | I | A | 129–133 |
| Obtain a fasting lipid profile, preferably within 24 h | IIa | C | N/A |

*Short-acting dihydropyridine calcium channel antagonists should be avoided.

CCB indicates calcium channel blocker; COR, Class of Recommendation; HF, heart failure; IV, intravenous; LOE, Level of Evidence; LV, left ventricular; MACE, major adverse cardiac event; N/A, not available; NSAIDs, nonsteroidal anti-inflammatory drugs; NSTEMI-ACS, non-ST-elevation acute coronary syndromes; and NTG, nitroglycerin.

ischemia, heart failure (HF), or hypertension.^{106–111}
(Level of Evidence: B)

tolerated anti-ischemic medications.^{115,116} (Level of Evidence: B)

Class III: Harm

1. Nitrates should not be administered to patients with NSTEMI-ACS who recently received a phosphodiesterase inhibitor, especially within 24 hours of sildenafil or vardenafil, or within 48 hours of tadalafil.^{112–114} (Level of Evidence: B)

4.1.3. Analgesic Therapy

Class IIb

1. In the absence of contraindications, it may be reasonable to administer morphine sulfate intravenously to patients with NSTEMI-ACS if there is continued ischemic chest pain despite treatment with maximally

Class III: Harm

1. Nonsteroidal anti-inflammatory drugs (NSAIDs) (except aspirin) should not be initiated and should be discontinued during hospitalization for NSTEMI-ACS because of the increased risk of MACE associated with their use.^{117,118} (Level of Evidence: B)

4.1.4. Beta-Adrenergic Blockers

Class I

1. Oral beta-blocker therapy should be initiated within the first 24 hours in patients who do not have any of the following: 1) signs of HF, 2) evidence of low-output state, 3) increased risk for cardiogenic

shock, or 4) other contraindications to beta blockade (eg, PR interval >0.24 second, second- or third-degree heart block without a cardiac pacemaker, active asthma, or reactive airway disease).^{119–121} (Level of Evidence: A)

2. In patients with concomitant NSTEMI-ACS, stabilized HF, and reduced systolic function, it is recommended to continue beta-blocker therapy with 1 of the 3 drugs proven to reduce mortality in patients with HF: sustained-release metoprolol succinate, carvedilol, or bisoprolol. (Level of Evidence: C)
3. Patients with documented contraindications to beta blockers in the first 24 hours of NSTEMI-ACS should be reevaluated to determine their subsequent eligibility. (Level of Evidence: C)

Class IIa

1. It is reasonable to continue beta-blocker therapy in patients with normal left ventricular (LV) function with NSTEMI-ACS.^{120,122} (Level of Evidence: C)

Class III: Harm

1. Administration of intravenous beta blockers is potentially harmful in patients with NSTEMI-ACS who have risk factors for shock.¹²³ (Level of Evidence: B)

4.1.5. Calcium Channel Blockers

Class I

1. In patients with NSTEMI-ACS, continuing or frequently recurring ischemia, and a contraindication to beta blockers, a non-dihydropyridine calcium channel blocker (CCB) (eg, verapamil or diltiazem) should be given as initial therapy in the absence of clinically significant LV dysfunction, increased risk for cardiogenic shock, PR interval greater than 0.24 second, or second- or third-degree atrioventricular block without a cardiac pacemaker.^{124–126} (Level of Evidence: B)
2. Oral nondihydropyridine calcium antagonists are recommended in patients with NSTEMI-ACS who have recurrent ischemia in the absence of contraindications, after appropriate use of beta blockers and nitrates. (Level of Evidence: C)
3. CCBs† are recommended for ischemic symptoms when beta blockers are not successful, are contraindicated, or cause unacceptable side effects. (Level of Evidence: C)
4. Long-acting CCBs and nitrates are recommended in patients with coronary artery spasm. (Level of Evidence: C)

Class III: Harm

1. Immediate-release nifedipine should not be administered to patients with NSTEMI-ACS in the absence of beta-blocker therapy.^{127,128} (Level of Evidence: B)

†Short-acting dihydropyridine calcium channel antagonists should be avoided.

4.1.6. Cholesterol Management

Class I

1. High-intensity statin therapy should be initiated or continued in all patients with NSTEMI-ACS and no contraindications to its use.^{129–133} (Level of Evidence: A)

Class IIa

1. It is reasonable to obtain a fasting lipid profile in patients with NSTEMI-ACS, preferably within 24 hours of presentation. (Level of Evidence: C)

4.2. Inhibitors of the Renin-Angiotensin-Aldosterone System

Class I

1. Angiotensin-converting enzyme (ACE) inhibitors should be started and continued indefinitely in all patients with left ventricular ejection fraction (LVEF) less than 0.40 and in those with hypertension, diabetes mellitus, or stable chronic kidney disease (CKD) (Section 7.6), unless contraindicated.^{134,135} (Level of Evidence: A)
2. Angiotensin receptor blockers are recommended in patients with HF or MI with LVEF less than 0.40 who are ACE inhibitor intolerant.^{136,137} (Level of Evidence: A)
3. Aldosterone blockade is recommended in post-MI patients who are without significant renal dysfunction (creatinine >2.5 mg/dL in men or >2.0 mg/dL in women) or hyperkalemia (K⁺ >5.0 mEq/L) who are receiving therapeutic doses of ACE inhibitor and beta blocker and have a LVEF 0.40 or less, diabetes mellitus, or HF.¹³⁸ (Level of Evidence: A)

Class IIa

1. Angiotensin receptor blockers are reasonable in other patients with cardiac or other vascular disease who are ACE inhibitor intolerant.¹³⁹ (Level of Evidence: B)

Class IIIb

1. ACE inhibitors may be reasonable in all other patients with cardiac or other vascular disease.^{140,141} (Level of Evidence: B)

4.3. Initial Antiplatelet/Anticoagulant Therapy in Patients With Definite or Likely NSTEMI-ACS

4.3.1. Initial Oral and Intravenous Antiplatelet Therapy in Patients With Definite or Likely NSTEMI-ACS Treated With an Initial Invasive or Ischemia-Guided Strategy

See Table 7 for a summary of recommendations from this section.

Class I‡

1. Non-enteric-coated, chewable aspirin (162 mg to 325 mg) should be given to all patients with NSTEMI-ACS without contraindications as soon as possible after presentation, and a maintenance dose of aspirin (81 mg/d

‡See Section 5.1 for recommendations at the time of PCI.

Table 7. Summary of Recommendations for Initial Antiplatelet/Anticoagulant Therapy in Patients With Definite or Likely NSTEMI-ACS and PCI

| Recommendations | Dosing and Special Considerations | COR | LOE | References |
|--|---|-----------|-----|--------------------|
| Aspirin | | | | |
| Non-enteric-coated aspirin to all patients promptly after presentation | 162 mg–325 mg | I | A | 142–144, 147, 363 |
| Aspirin maintenance dose continued indefinitely | 81 mg/d–325 mg/d* | I | A | 142–144 |
| P2Y₁₂ inhibitors | | | | |
| Clopidogrel loading dose followed by daily maintenance 75 mg dose in patients unable to take aspirin | 75 mg | I | B | 145 |
| P2Y ₁₂ inhibitor, in addition to aspirin, for up to 12 mo for patients treated initially with either an early invasive or initial ischemia-guided strategy: | 300-mg or 600-mg loading dose, then 75 mg/d | I | B | 143, 146 |
| – Clopidogrel | 180-mg loading dose, then 90 mg BID | | | 147, 148 |
| – Ticagrelor* | | | | |
| P2Y ₁₂ inhibitor therapy (clopidogrel, prasugrel, or N/A ticagrelor) continued for at least 12 mo in post-PCI patients treated with coronary stents | N/A | I | B | 147, 169–172 |
| Ticagrelor in preference to clopidogrel for patients N/A treated with an early invasive or ischemia-guided strategy | N/A | IIa | B | 147, 148 |
| GP IIb/IIIa inhibitors | | | | |
| GP IIb/IIIa inhibitor in patients treated with an early invasive strategy and DAPT with intermediate/high-risk features (eg, positive troponin) | • Preferred options are eptifibatid or tirofiban | IIb | B | 141, 149, 150 |
| Parenteral anticoagulant and fibrinolytic therapy | | | | |
| SC enoxaparin for duration of hospitalization or until PCI is performed | • 1 mg/kg SC every 12 h (reduce dose to 1 mg/kg/d SC in patients with CrCl <30 mL/min) • Initial 30 mg IV loading dose in selected patients | I | A | 151–153 |
| Bivalirudin until diagnostic angiography or PCI is performed in patients with early invasive strategy only | • Loading dose 0.10 mg/kg loading dose followed by 0.25 mg/kg/h • Only provisional use of GP IIb/IIIa inhibitor in patients also treated with DAPT | I | B | 146, 147, 154, 155 |
| SC fondaparinux for the duration of hospitalization or until PCI is performed | • 2.5 mg SC daily | I | B | 156–158 |
| Administer additional anticoagulant with anti-IIa activity if PCI is performed while patient is on fondaparinux | N/A | I | B | 157–159 |
| IV UFH for 48 h or until PCI is performed | • Initial loading dose 60 IU/kg (max 4000 IU) with initial infusion 12 IU/kg/h (max 1000 IU/h) • Adjusted to therapeutic aPTT range | I | B | 160–166 |
| IV fibrinolytic treatment not recommended in patients with NSTEMI-ACS | N/A | III: Harm | A | 167, 168 |

See Section 5.1 for recommendations on antiplatelet/anticoagulant therapy at the time of PCI and Sections 6.2 and 6.3 for recommendations on posthospital therapy.

*The recommended maintenance dose of aspirin to be used with ticagrelor is 81 mg daily.¹⁴⁴

aPTT indicates activated partial thromboplastin time; BID, twice daily; COR, Class of Recommendation; CrCl, creatinine clearance; DAPT, dual antiplatelet therapy; GP, glycoprotein; IV, intravenous; LOE, Level of Evidence; max, maximum; N/A, not available; NSTEMI-ACS, non-ST-elevation acute coronary syndromes; PCI, percutaneous coronary intervention; SC, subcutaneous; and UFH, unfractionated heparin.

to 325 mg/d) should be continued indefinitely.^{142–144,147,363} (Level of Evidence: A)

- In patients with NSTEMI-ACS who are unable to take aspirin because of hypersensitivity or major gastrointestinal intolerance, a loading dose of clopidogrel followed by a daily maintenance dose should be administered.¹⁴⁵ (Level of Evidence: B)
- A P2Y₁₂ inhibitor (either clopidogrel or ticagrelor) in addition to aspirin should be administered for up

to 12 months to all patients with NSTEMI-ACS without contraindications who are treated with either an early invasive§ or ischemia-guided strategy. Options include:

- Clopidogrel: 300-mg or 600-mg loading dose, then 75 mg daily^{143,146} (Level of Evidence: B)

§See Section 4.3.1.2 in the full-text CPG for prasugrel indications in either an early invasive or ischemia-guided strategy.

- Ticagrelor^{||}: 180-mg loading dose, then 90 mg twice daily^{147,148} (*Level of Evidence: B*)

Class IIa

1. It is reasonable to use ticagrelor in preference to clopidogrel for P2Y₁₂ treatment in patients with NSTEMI-ACS who undergo an early invasive or ischemia-guided strategy.^{147,148} (*Level of Evidence: B*)

Class IIb

1. In patients with NSTEMI-ACS treated with an early invasive strategy and dual antiplatelet therapy (DAPT) with intermediate/high-risk features (eg, positive troponin), a glycoprotein (GP) IIb/IIIa inhibitor may be considered as part of initial antiplatelet therapy. Preferred options are eptifibatid or tirofiban.^{41,149,150} (*Level of Evidence: B*)

4.3.2. Initial Parenteral Anticoagulant Therapy in Patients With Definite NSTEMI-ACS

See Table 7 for a summary of recommendations from this section.

Class II†

1. In patients with NSTEMI-ACS, anticoagulation, in addition to antiplatelet therapy, is recommended for all patients irrespective of initial treatment strategy. Treatment options include:
 - Enoxaparin: 1 mg/kg subcutaneous (SC) every 12 hours (reduce dose to 1 mg/kg SC once daily in patients with creatinine clearance [CrCl] <30 mL/min), continued for the duration of hospitalization or until percutaneous coronary intervention (PCI) is performed. An initial intravenous loading dose of 30 mg has been used in selected patients.^{151–153} (*Level of Evidence: A*)
 - Bivalirudin: 0.10 mg/kg loading dose followed by 0.25 mg/kg per hour (only in patients managed with an early invasive strategy), continued until diagnostic angiography or PCI, with only provisional use of GP IIb/IIIa inhibitor, provided the patient is also treated with DAPT.^{146,147,154,155} (*Level of Evidence: B*)
 - Fondaparinux: 2.5 mg SC daily, continued for the duration of hospitalization or until PCI is performed.^{156–158} (*Level of Evidence: B*)
 - If PCI is performed while the patient is on fondaparinux, an additional anticoagulant with anti-IIa activity (either UFH or bivalirudin) should be administered because of the risk of catheter thrombosis.^{157–159} (*Level of Evidence: B*)
 - UFH IV: initial loading dose of 60 IU/kg (maximum 4000 IU) with initial infusion of 12 IU/kg per hour (maximum 1000 IU/h) adjusted per activated partial thromboplastin time to maintain therapeutic

anticoagulation according to the specific hospital protocol, continued for 48 hours or until PCI is performed.^{160–166} (*Level of Evidence: B*)

Class III: Harm

1. In patients with NSTEMI-ACS (ie, without ST-elevation, true posterior MI, or left bundle-branch block not known to be old), intravenous fibrinolytic therapy should not be used.^{167,168} (*Level of Evidence: A*)

4.4. Ischemia-Guided Strategy Versus Early Invasive Strategies

See Figure 3 for the management algorithm for ischemia-guided versus early invasive strategy.

4.4.1. Early Invasive and Ischemia-Guided Strategies

For definitions of invasive and ischemia-guided strategies, see Table 8.

1. An urgent/immediate invasive strategy (diagnostic angiography with intent to perform revascularization if appropriate based on coronary anatomy) is indicated in patients (men and women¶) with NSTEMI-ACS who have refractory angina or hemodynamic or electrical instability (without serious comorbidities or contraindications to such procedures).^{40,42,173,174} (*Level of Evidence: A*)
2. An early invasive strategy (diagnostic angiography with intent to perform revascularization if appropriate based on coronary anatomy) is indicated in initially stabilized patients with NSTEMI-ACS (without serious comorbidities or contraindications to such procedures) who have an elevated risk for clinical events (Table 8).^{40,42,173–177} (*Level of Evidence: B*)

Class IIa

1. It is reasonable to choose an early invasive strategy (within 24 hours of admission) over a delayed invasive strategy (within 24 to 72 hours) for initially stabilized high-risk patients with NSTEMI-ACS. For those not at high/intermediate risk, a delayed invasive approach is reasonable.¹⁷³ (*Level of Evidence: B*)

Class IIb

1. In initially stabilized patients, an ischemia-guided strategy may be considered for patients with NSTEMI-ACS (without serious comorbidities or contraindications to this approach) who have an elevated risk for clinical events.^{174,175,177} (*Level of Evidence: B*)
2. The decision to implement an ischemia-guided strategy in initially stabilized patients (without serious comorbidities or contraindications to this approach) may be reasonable after considering clinician and patient preference. (*Level of Evidence: C*)

^{||}The recommended maintenance dose of aspirin to be used with ticagrelor is 81 mg daily.¹⁴⁴

[‡]See Section 5.1 for recommendations at the time of PCI.

[¶]See Section 7.7 for additional information on women.

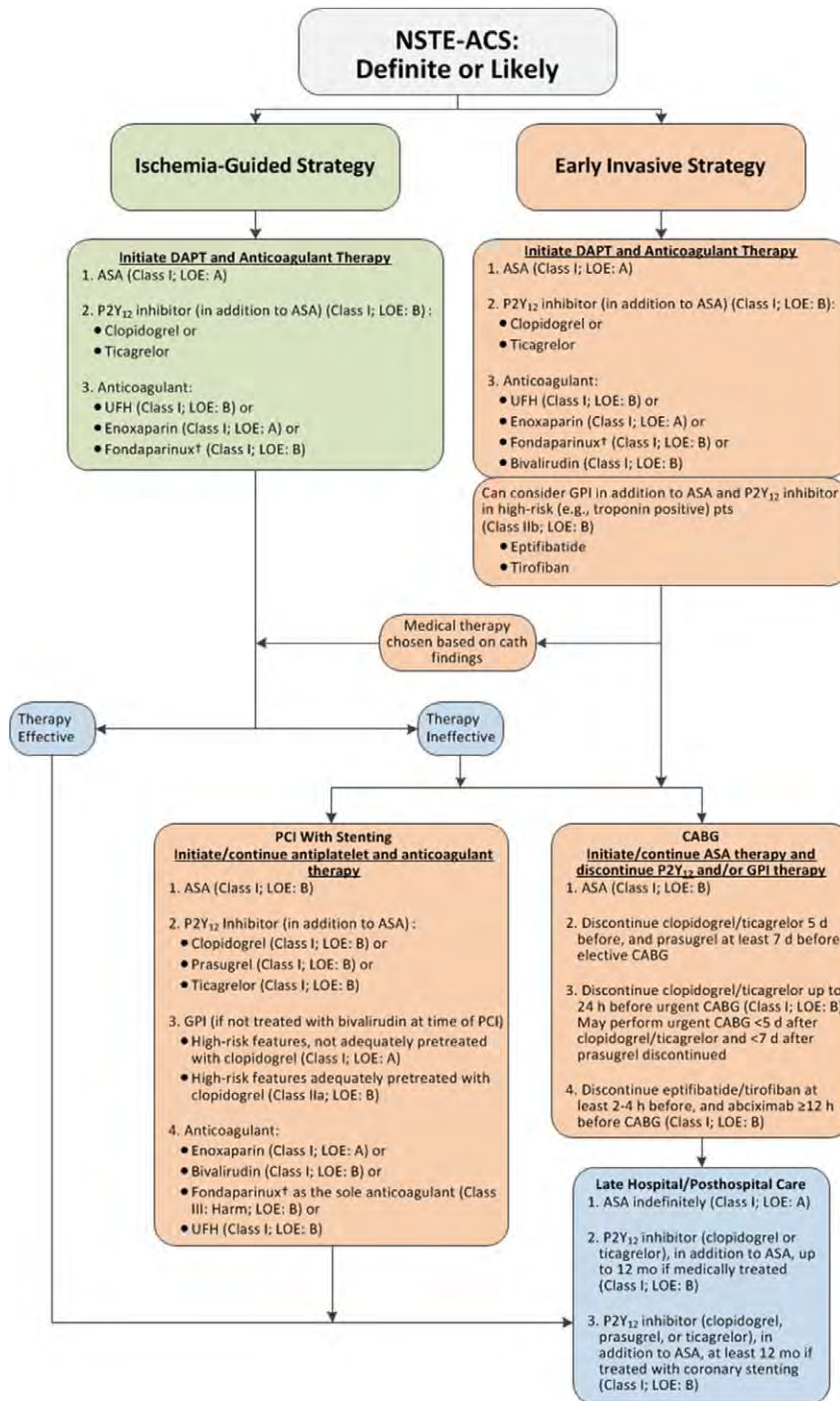


Figure 3. Algorithm for Management of Patients With Definite or Likely NSTEMI-ACS*. *See corresponding full-sentence recommendations and their explanatory footnotes. †In patients who have been treated with fondaparinux (as upfront therapy) who are undergoing PCI, an additional anticoagulant with anti-IIa activity should be administered at the time of PCI because of the risk of catheter thrombosis. ASA indicates aspirin; CABG, coronary artery bypass graft; cath, catheter; COR, Class of Recommendation; DAPT, dual antiplatelet therapy; GPI, glycoprotein IIb/IIIa inhibitor; LOE, Level of Evidence; NSTEMI-ACS, non-ST-elevation acute coronary syndrome; PCI, percutaneous coronary intervention; pts, patients; and UFH, unfractionated heparin.

Class III: No Benefit

1. An early invasive strategy (ie, diagnostic angiography with intent to perform revascularization) is not recommended in patients with:
 - a. Extensive comorbidities (eg, hepatic, renal, pulmonary failure; cancer), in whom the risks of

revascularization and comorbid conditions are likely to outweigh the benefits of revascularization. (Level of Evidence: C)

- b. Acute chest pain and a low likelihood of ACS who are troponin-negative (Level of Evidence: C), especially women.¹⁷⁸ (Level of Evidence: B)

Table 8. Factors Associated With Appropriate Selection of Early Invasive Strategy or Ischemia-Guided Strategy in Patients With NSTEMI-ACS

| | |
|-----------------------------------|---|
| Immediate invasive (within 2 h) | Refractory angina Signs or symptoms of HF or new or worsening mitral regurgitation Hemodynamic instability Recurrent angina or ischemia at rest or with low-level activities despite intensive medical therapy Sustained VT or VF |
| Ischemia-guided strategy | Low-risk score (eg, TIMI [0 or 1], GRACE [<109]) Low-risk Tn-negative female patients Patient or clinician preference in the absence of high-risk features |
| Early invasive (within 24 h) | None of the above, but GRACE risk score >140 Temporal change in Tn (Section 3.4) New or presumably new ST depression |
| Delayed invasive (within 25–72 h) | None of the above but diabetes mellitus Renal insufficiency (GFR <60 mL/min/1.73 m ²) Reduced LV systolic function (EF <0.40) Early postinfarction angina PCI within 6 mo Prior CABG GRACE risk score 109–140; TIMI score ≥ 2 |

CABG indicates coronary artery bypass graft; EF, ejection fraction; GFR, glomerular filtration rate; GRACE, Global Registry of Acute Coronary Events; HF, heart failure; LV, left ventricular; NSTEMI-ACS, non-ST-elevation acute coronary syndrome; PCI, percutaneous coronary intervention; TIMI, Thrombolysis In Myocardial Infarction; Tn, troponin; VF, ventricular fibrillation; and VT, ventricular tachycardia.

4.5. Risk Stratification Before Discharge for Patients With an Ischemia-Guided Strategy of NSTEMI-ACS

Class I

1. Noninvasive stress testing is recommended in low- and intermediate-risk patients who have been free of ischemia at rest or with low-level activity for a minimum of 12 to 24 hours.^{179–183} (Level of Evidence: B)
2. Treadmill exercise testing is useful in patients able to exercise in whom the ECG is free of resting ST changes that may interfere with interpretation.^{179–182} (Level of Evidence: C)
3. Stress testing with an imaging modality should be used in patients who are able to exercise but have ST changes on resting ECG that may interfere with interpretation. In patients undergoing a low-level exercise test, an imaging modality can add prognostic information.^{179–182} (Level of Evidence: B)
4. Pharmacological stress testing with imaging is recommended when physical limitations preclude adequate exercise stress. (Level of Evidence: C)
5. A noninvasive imaging test is recommended to evaluate LV function in patients with definite ACS.^{179–182} (Level of Evidence: C)

5. Myocardial Revascularization: Recommendations

5.1. PCI—General Considerations

Class IIb

1. A strategy of multivessel PCI, in contrast to culprit lesion-only PCI, may be reasonable in patients undergoing coronary revascularization as part of treatment for NSTEMI-ACS.^{169,184–189} (Level of Evidence: B)

5.1.1. PCI—Oral and Intravenous Antiplatelet Agents

Class I

1. Patients already taking daily aspirin before PCI should take 81 mg to 325 mg non-enteric-coated aspirin before PCI.^{27,190–192} (Level of Evidence: B)
2. Patients not on aspirin therapy should be given non-enteric-coated aspirin 325 mg as soon as possible before PCI.^{27,190–192} (Level of Evidence: B)
3. After PCI, aspirin should be continued indefinitely at a dose of 81 mg to 325 mg daily.^{28,142,193} (Level of Evidence: B)
4. A loading dose of a P2Y₁₂ receptor inhibitor should be given before the procedure in patients undergoing PCI with stenting.^{27,147,170,172,194–197} (Level of Evidence: A) Options include:
 - a. Clopidogrel: 600 mg^{170,194–196,198–200} (Level of Evidence: B) or
 - b. Prasugrel#: 60 mg¹⁷² (Level of Evidence: B) or
 - c. Ticagrelor||: 180 mg¹⁴⁷ (Level of Evidence: B)
5. In patients with NSTEMI-ACS and high-risk features (eg, elevated troponin) who are not adequately pretreated with clopidogrel or ticagrelor, it is useful to administer a GP IIb/IIIa inhibitor (abciximab, double-bolus eptifibatid, or high-dose bolus tirofiban) at the time of PCI.^{201–204} (Level of Evidence: A)
6. In patients receiving a stent (bare-metal stent or drug-eluting stent [DES]) during PCI for NSTEMI-ACS, P2Y₁₂ inhibitor therapy should be given for at least 12 months.¹⁶⁹ Options include:
 - a. Clopidogrel: 75 mg daily^{170,171} (Level of Evidence: B) or
 - b. Prasugrel#: 10 mg daily¹⁷² (Level of Evidence: B) or
 - c. Ticagrelor||: 90 mg twice daily¹⁴⁷ (Level of Evidence: B)

Class IIa

1. It is reasonable to choose ticagrelor over clopidogrel for P2Y₁₂ inhibition treatment in patients with NSTEMI-ACS treated with an early invasive strategy and/or coronary stenting.^{147,148} (Level of Evidence: B)
2. It is reasonable to choose prasugrel over clopidogrel for P2Y₁₂ treatment in patients with NSTEMI-ACS who

#Patients should receive a loading dose of prasugrel provided that they were not pretreated with another P2Y₁₂ receptor inhibitor.

||The recommended maintenance dose of aspirin to be used with ticagrelor is 81 mg daily.¹⁴⁴

undergo PCI who are not at high risk of bleeding complications.^{172,205} (*Level of Evidence: B*)

3. In patients with NSTEMI-ACS and high-risk features (eg, elevated troponin) treated with UFH and adequately pretreated with clopidogrel, it is reasonable to administer a GP IIb/IIIa inhibitor (abciximab, double-bolus eptifibatide, or high-bolus dose tirofiban) at the time of PCI.^{206–208} (*Level of Evidence: B*)
4. After PCI, it is reasonable to use 81 mg per day of aspirin in preference to higher maintenance doses.^{170,190,209–212} (*Level of Evidence: B*)
5. If the risk of morbidity from bleeding outweighs the anticipated benefit of a recommended duration of P2Y₁₂ inhibitor therapy after stent implantation, earlier discontinuation (eg, <12 months) of P2Y₁₂ inhibitor therapy is reasonable.¹⁶⁹ (*Level of Evidence: C*)

Class IIb

1. Continuation of DAPT beyond 12 months may be considered in patients undergoing stent implantation. (*Level of Evidence: C*)

Class III: Harm

1. Prasugrel should not be administered to patients with a prior history of stroke or transient ischemic attack.¹⁷² (*Level of Evidence: B*)

5.1.1.1. PCI—GP IIb/IIIa Inhibitors

Class I

1. In patients with NSTEMI-ACS and high-risk features (eg, elevated troponin) and not adequately pretreated with clopidogrel or ticagrelor, it is useful to administer a GP IIb/IIIa inhibitor (abciximab, double-bolus eptifibatide, or high-dose bolus tirofiban) at the time of PCI.^{201–204} (*Level of Evidence: A*)

Class IIa

1. In patients with NSTEMI-ACS and high-risk features (eg, elevated troponin) treated with UFH and adequately pretreated with clopidogrel, it is reasonable to administer a GP IIb/IIIa inhibitor (abciximab, double-bolus eptifibatide, or high-dose bolus tirofiban) at the time of PCI.^{206,207} (*Level of Evidence: B*)

5.1.2. Anticoagulant Therapy in Patients Undergoing PCI

See Table 9 for dosing information on dosing of parenteral anticoagulants during PCI.

Class I

1. An anticoagulant should be administered to patients with NSTEMI-ACS undergoing PCI to reduce the risk of intracoronary and catheter thrombus formation. (*Level of Evidence: C*)
2. Intravenous UFH is useful in patients with NSTEMI-ACS undergoing PCI. (*Level of Evidence: C*)
3. Bivalirudin is useful as an anticoagulant with or without prior treatment with UFH in patients

with NSTEMI-ACS undergoing PCI.^{154,213–217} (*Level of Evidence: B*)

4. An additional dose of 0.3 mg/kg IV enoxaparin should be administered at the time of PCI to patients with NSTEMI-ACS who have received fewer than 2 therapeutic subcutaneous doses (eg, 1 mg/kg SC) or received the last subcutaneous enoxaparin dose 8 to 12 hours before PCI.^{152,218–222} (*Level of Evidence: B*)
5. If PCI is performed while the patient is on fondaparinux, an additional 85 IU/kg of UFH should be given intravenously immediately before PCI because of the risk of catheter thrombosis (60 IU/kg IV if a GP IIb/IIIa inhibitor used with UFH dosing based on the target-activated clotting time).^{27,157–159,223} (*Level of Evidence: B*)
6. In patients with NSTEMI-ACS, anticoagulant therapy should be discontinued after PCI unless there is a compelling reason to continue such therapy. (*Level of Evidence: C*)

Class IIa

1. In patients with NSTEMI-ACS undergoing PCI who are at high risk of bleeding, it is reasonable to use bivalirudin monotherapy in preference to the combination of UFH and a GP IIb/IIIa receptor antagonist.^{154,215} (*Level of Evidence: B*)

Class IIb

1. Performance of PCI with enoxaparin may be reasonable in patients treated with upstream subcutaneous enoxaparin for NSTEMI-ACS.^{27,152,218–221,224,225} (*Level of Evidence: B*)

Class III: Harm

1. Fondaparinux should not be used as the sole anticoagulant to support PCI in patients with NSTEMI-ACS due to an increased risk of catheter thrombosis.^{27,157–159} (*Level of Evidence: B*)

5.2. Timing of Urgent Coronary Artery Bypass Graft in Patients With NSTEMI-ACS in Relation to Use of Antiplatelet Agents

Class I

1. Non-enteric-coated aspirin (81 mg to 325 mg daily) should be administered preoperatively to patients undergoing coronary artery bypass graft (CABG).^{226–228} (*Level of Evidence: B*)
2. In patients referred for elective CABG, clopidogrel and ticagrelor should be discontinued for at least 5 days before surgery^{24,229–231} (*Level of Evidence: B*) and prasugrel for at least 7 days before surgery.^{9,232} (*Level of Evidence: C*)
3. In patients referred for urgent CABG, clopidogrel and ticagrelor should be discontinued for at least 24 hours to reduce major bleeding.^{9,230,233–235} (*Level of Evidence: B*)
4. In patients referred for CABG, short-acting intravenous GP IIb/IIIa inhibitors (eptifibatide or tirofiban)

Table 9. Dosing of Parenteral Anticoagulants During PCI

| Drug* | In Patients Who Have Received Prior Anticoagulant Therapy | In Patients Who Have Not Received Prior Anticoagulant Therapy |
|--------------|---|--|
| Enoxaparin | <ul style="list-style-type: none"> For prior treatment with enoxaparin, if last SC dose was administered 8–12 h earlier or if <2 therapeutic SC doses of enoxaparin have been administered, an IV dose of enoxaparin 0.3 mg/kg should be given If the last SC dose was administered within prior 8 h, no additional enoxaparin should be given | <ul style="list-style-type: none"> 0.5 mg/kg–0.75 mg/kg IV loading dose |
| Bivalirudin | <ul style="list-style-type: none"> For patients who have received UFH, wait 30 min, then give 0.75 mg/kg IV loading dose, then 1.75 mg/kg/h IV infusion For patients already receiving bivalirudin infusion, give additional loading dose 0.5 mg/kg and increase infusion to 1.75 mg/kg/h during PCI | <ul style="list-style-type: none"> 0.75 mg/kg loading dose, 1.75 mg/kg/h IV infusion |
| Fondaparinux | <ul style="list-style-type: none"> For prior treatment with fondaparinux, administer additional IV treatment with anticoagulant possessing anti-IIa activity, considering whether GPI receptor antagonists have been administered | N/A |
| UFH | <ul style="list-style-type: none"> IV GPI planned: additional UFH as needed (eg, 2000–5000 U) to achieve ACT of 200–250 s No IV GPI planned: additional UFH as needed (eg, 2000–5000 U) to achieve ACT of 250–300 s for HemoTec, 300–350 s for Hemochron | <ul style="list-style-type: none"> IV GPI planned: 50–70 U/kg loading dose to achieve ACT of 200–250 s No IV GPI planned: 70–100 U/kg loading dose to achieve target ACT of 250–300 s for HemoTec, 300–350 s for Hemochron |

*Drugs presented in order of the COR and then the LOE as noted in the Preamble. When more than 1 drug exists within the same LOE, and there are no comparative data, then the drugs are listed alphabetically.

ACT indicates activated clotting time; COR, Class of Recommendation; GPI, glycoprotein IIb/IIIa inhibitor; IV, intravenous; LOE, Level of Evidence; N/A, not applicable; PCI, percutaneous coronary intervention; SC, subcutaneous; and UFH, unfractionated heparin.

Modified from Levine et al.²⁷

should be discontinued for at least 2 to 4 hours before surgery^{236,237} and abciximab for at least 12 hours before to limit blood loss and transfusion.²³⁸ (Level of Evidence: B)

Class IIb

- In patients referred for urgent CABG, it may be reasonable to perform surgery less than 5 days after clopidogrel or ticagrelor has been discontinued and less than 7 days after prasugrel has been discontinued. (Level of Evidence: C)

6. Late Hospital Care, Hospital Discharge, And Posthospital Discharge Care: Recommendations

6.1. Medical Regimen and Use of Medications at Discharge

Class I

- Medications required in the hospital to control ischemia should be continued after hospital discharge in patients with NSTEMI-ACS who do not undergo coronary revascularization, patients with incomplete or unsuccessful revascularization, and patients with recurrent symptoms after revascularization. Titration of the doses may be required.^{239,240} (Level of Evidence: C)
- All patients who are post-NSTEMI-ACS should be given sublingual or spray nitroglycerin with verbal and written instructions for its use.²⁴¹ (Level of Evidence: C)
- Before hospital discharge, patients with NSTEMI-ACS should be informed about symptoms of worsening

myocardial ischemia and MI and should be given verbal and written instructions about how and when to seek emergency care for such symptoms.²⁴¹ (Level of Evidence: C)

- Before hospital discharge, patients who are post-NSTEMI-ACS and/or designated responsible caregivers should be provided with easily understood and culturally sensitive verbal and written instructions about medication type, purpose, dose, frequency, side effects, and duration of use.²⁴¹ (Level of Evidence: C)
- For patients who are post-NSTEMI-ACS and have initial angina lasting more than 1 minute, nitroglycerin (1 dose sublingual or spray) is recommended if angina does not subside within 3 to 5 minutes; call 9-1-1 immediately to access emergency medical services.²⁴¹ (Level of Evidence: C)
- If the pattern or severity of angina changes, suggesting worsening myocardial ischemia (eg, pain is more frequent or severe or is precipitated by less effort or occurs at rest), patients should contact their clinician without delay to assess the need for additional treatment or testing.²⁴¹ (Level of Evidence: C)
- Before discharge, patients should be educated about modification of cardiovascular risk factors.²⁴⁰ (Level of Evidence: C)

6.2. Late Hospital and Posthospital Oral Antiplatelet Therapy

Class I

- Aspirin should be continued indefinitely. The maintenance dose should be 81 mg daily in patients treated with ticagrelor and 81 mg to 325 mg daily in all other patients.^{142–144} (Level of Evidence: A)

2. In addition to aspirin, a P2Y₁₂ inhibitor (either clopidogrel or ticagrelor) should be continued for up to 12 months in all patients with NSTEMI-ACS without contraindications who are treated with an ischemia-guided strategy. Options include:

- Clopidogrel: 75 mg daily^{143,171} (*Level of Evidence: B*) or
- Ticagrelor^{||}: 90 mg twice daily^{147,148} (*Level of Evidence: B*)

3. In patients receiving a stent (bare-metal stent or DES) during PCI for NSTEMI-ACS, P2Y₁₂ inhibitor therapy should be given for at least 12 months.¹⁶⁹ Options include:

- Clopidogrel: 75 mg daily^{170,171} (*Level of Evidence: B*) or
- Prasugrel[#]: 10 mg daily¹⁷² (*Level of Evidence: B*) or
- Ticagrelor^{||}: 90 mg twice daily¹⁴⁷ (*Level of Evidence: B*)

Class IIa

1. It is reasonable to use an aspirin maintenance dose of 81 mg per day in preference to higher maintenance doses in patients with NSTEMI-ACS treated either invasively or with coronary stent implantation.^{27,170,190,209–212} (*Level of Evidence: B*)
2. It is reasonable to use ticagrelor in preference to clopidogrel for maintenance P2Y₁₂ treatment in patients with NSTEMI-ACS who undergo an early invasive or ischemia-guided strategy.^{147,148} (*Level of Evidence: B*)
3. It is reasonable to choose prasugrel over clopidogrel for maintenance P2Y₁₂ treatment in patients with NSTEMI-ACS who undergo PCI who are not at high risk for bleeding complications.^{172,205} (*Level of Evidence: B*)
4. If the risk of morbidity from bleeding outweighs the anticipated benefit of a recommended duration of P2Y₁₂ inhibitor therapy after stent implantation, earlier discontinuation (eg, <12 months) of P2Y₁₂ inhibitor therapy is reasonable.¹⁶⁹ (*Level of Evidence: C*)

Class IIb

1. Continuation of DAPT beyond 12 months may be considered in patients undergoing stent implantation. (*Level of Evidence: C*)

6.3. Combined Oral Anticoagulant Therapy and Antiplatelet Therapy in Patients With NSTEMI-ACS

Class I

1. The duration of triple antithrombotic therapy with a vitamin K antagonist, aspirin, and a P2Y₁₂ receptor inhibitor in patients with NSTEMI-ACS should be minimized to the extent possible to limit the risk of bleeding. (*Level of Evidence: C*)

#Patients should receive a loading dose of prasugrel provided that they were not pretreated with another P2Y₁₂ receptor inhibitor.

||The recommended maintenance dose of aspirin to be used with ticagrelor is 81 mg daily.¹⁴⁴

2. Proton pump inhibitors should be prescribed in patients with NSTEMI-ACS with a history of gastrointestinal bleeding who require triple antithrombotic therapy with a vitamin K antagonist, aspirin, and a P2Y₁₂ receptor inhibitor.^{27,242,243} (*Level of Evidence: C*)

Class IIa

1. Proton pump inhibitor use is reasonable in patients with NSTEMI-ACS *without* a known history of gastrointestinal bleeding who require triple antithrombotic therapy with a vitamin K antagonist, aspirin, and a P2Y₁₂ receptor inhibitor.^{27,242,243} (*Level of Evidence: C*)

Class IIb

1. Targeting oral anticoagulant therapy to a lower international J normalized ratio (eg, 2.0 to 2.5) may be reasonable in patients with NSTEMI-ACS managed with aspirin and a P2Y₁₂ inhibitor. (*Level of Evidence: C*)

6.4. Risk Reduction Strategies for Secondary Prevention

Class I

1. All eligible patients with NSTEMI-ACS should be referred to a comprehensive cardiovascular rehabilitation program either before hospital discharge or during the first outpatient visit.^{244–247} (*Level of Evidence: B*)
2. The pneumococcal vaccine is recommended for patients 65 years of age and older and in high-risk patients with cardiovascular disease.^{248–250} (*Level of Evidence: B*)
3. Patients should be educated about appropriate cholesterol management, blood pressure (BP), smoking cessation, and lifestyle management.^{16,17,19} (*Level of Evidence: C*)
4. Patients who have undergone PCI or CABG derive benefit from risk factor modification and should receive counseling that revascularization does not obviate the need for lifestyle changes.²⁵¹ (*Level of Evidence: C*)
5. Before hospital discharge, the patient's need for treatment of chronic musculoskeletal discomfort should be assessed, and a stepped-care approach should be used for selection of treatments. Pain treatment before consideration of NSAIDs should begin with acetaminophen, nonacetylated salicylates, tramadol, or small doses of narcotics if these medications are not adequate.^{18,252} (*Level of Evidence: C*)
6. It is reasonable to use nonselective NSAIDs, such as naproxen, if initial therapy with acetaminophen, nonacetylated salicylates, tramadol, or small doses of narcotics is insufficient.²⁵² (*Level of Evidence: C*)

Class IIb

1. NSAIDs with increasing degrees of relative cyclooxygenase-2 selectivity may be considered for pain

relief only for situations in which intolerable discomfort persists despite attempts at stepped-care therapy with acetaminophen, nonacetylated salicylates, tramadol, small doses of narcotics, or nonselective NSAIDs. In all cases, use of the lowest effective doses for the shortest possible time is encouraged.^{117,118,252,253} (*Level of Evidence: C*)

Class III: No Benefit

1. Antioxidant vitamin supplements (eg, vitamins E, C, or beta carotene) should not be used for secondary prevention in patients with NSTEMI-ACS.^{254,255} (*Level of Evidence: A*)
2. Folic acid, with or without vitamins B₆ and B₁₂, should not be used for secondary prevention in patients with NSTEMI-ACS.^{256,257} (*Level of Evidence: A*)

Class III: Harm

1. Hormone therapy with estrogen plus progestin, or estrogen alone, should not be given as new drugs for secondary prevention of coronary events to postmenopausal women after NSTEMI-ACS and should not be continued in previous users unless the benefits outweigh the estimated risks.^{18,258–260} (*Level of Evidence: A*)
2. NSAIDs with increasing degrees of relative cyclooxygenase-2 selectivity should not be administered to patients with NSTEMI-ACS and chronic musculoskeletal discomfort when therapy with acetaminophen, nonacetylated salicylates, tramadol, small doses of narcotics, or nonselective NSAIDs provide acceptable pain relief.^{117,118,252,253} (*Level of Evidence: B*)

6.5. Plan of Care for Patients With NSTEMI-ACS

Class I

1. Posthospital systems of care designed to prevent hospital readmissions should be used to facilitate the transition to effective, coordinated outpatient care for all patients with NSTEMI-ACS.^{261–265} (*Level of Evidence: B*)
2. An evidence-based plan of care (eg, GDMT) that promotes medication adherence, timely follow-up with the healthcare team, appropriate dietary and physical activities, and compliance with interventions for secondary prevention should be provided to patients with NSTEMI-ACS. (*Level of Evidence: C*)
3. In addition to detailed instructions for daily exercise, patients should be given specific instruction on activities (eg, lifting, climbing stairs, yard work, and household activities) that are permissible and those to avoid. Specific mention should be made of resumption of driving, return to work, and sexual activity.^{247,266,267} (*Level of Evidence: B*)
4. An annual influenza vaccination is recommended for patients with cardiovascular disease.^{28,268} (*Level of Evidence: C*)

7. Special Patient Groups: Recommendations

See Table 10 for summary of recommendations for this section.

7.1. NSTEMI-ACS in Older Patients

Class I

1. Older patients** with NSTEMI-ACS should be treated with GDMT, an early invasive strategy, and revascularization as appropriate.^{269–273} (*Level of Evidence: A*)
2. Pharmacotherapy in older patients** with NSTEMI-ACS should be individualized and dose adjusted by weight and/or CrCl to reduce adverse events caused by age-related changes in pharmacokinetics/dynamics, volume of distribution, comorbidities, drug interactions, and increased drug sensitivity.^{269,274–276} (*Level of Evidence: A*)
3. Management decisions for older patients** with NSTEMI-ACS should be patient centered, considering patient preferences/goals, comorbidities, functional and cognitive status, and life expectancy.^{269,277–279} (*Level of Evidence: B*)

Class IIa

1. Bivalirudin, rather than a GP IIb/IIIa inhibitor plus UFH, is reasonable in older patients** with NSTEMI-ACS, both initially and at PCI, given similar efficacy but less bleeding risk.^{215,280–282} (*Level of Evidence: B*)
2. It is reasonable to choose CABG over PCI in older patients** with NSTEMI-ACS who are appropriate candidates, particularly those with diabetes mellitus or complex 3-vessel CAD (eg, SYNTAX score >22), with or without involvement of the proximal left anterior descending artery, to reduce cardiovascular disease events and readmission and to improve survival.^{283–288} (*Level of Evidence: B*)

7.2. Heart Failure and Cardiogenic Shock

Class I

1. Patients with a history of HF and NSTEMI-ACS should be treated according to the same risk stratification guidelines and recommendations for patients without HF.^{15,40–42,52–58} (*Level of Evidence: B*)
2. Selection of a specific revascularization strategy should be based on the degree, severity, and extent of CAD; associated cardiac lesions; the extent of LV dysfunction; and the history of prior revascularization procedures.^{15,173,175,177,178,289–292} (*Level of Evidence: B*)
3. Early revascularization is recommended in suitable patients with cardiogenic shock due to cardiac pump failure after NSTEMI-ACS.^{291,293,294} (*Level of Evidence: B*)

**Those ≥75 years of age (see Section 7.1 in the full-text CPG).

Table 10. Summary of Recommendations for Special Patient Groups

| Recommendations | COR | LOE | References |
|---|-----------------|-----|---------------------------------|
| NSTE-ACS in older patients | | | |
| Treat older patients (≥75 y of age) with GDMT, early invasive strategy, and revascularization as appropriate | I | A | 269–273 |
| Individualize pharmacotherapy in older patients, with dose adjusted by weight and/or CrCl to reduce adverse events caused by age-related changes in pharmacokinetics/dynamics, volume of distribution, comorbidity, drug interactions, and increased drug sensitivity | I | A | 269, 274–276 |
| Undertake patient-centered management for older patients, considering patient preferences/ goals, comorbidities, functional and cognitive status, and life expectancy | I | B | 269, 277–279 |
| Bivalirudin rather than GP IIb/IIIa inhibitor plus UFH is reasonable for older patients (≥75 y of age), given similar efficacy but less bleeding risk | IIa | B | 215, 280–282 |
| It is reasonable to choose CABG over PCI in older patients, particularly those with DM or multivessel disease, because of the potential for improved survival and reduced CVD events | IIa | B | 283–288 |
| HF and cardiogenic shock | | | |
| Treat patients with a history of HF according to the same risk stratification guidelines and recommendations for patients without HF | I | B | 15, 40–42, 52–58 |
| Select a revascularization strategy based on the extent of CAD, associated cardiac lesions, LV dysfunction, and prior revascularization | I | B | 15, 173, 175, 177, 178, 289–292 |
| Recommend early revascularization for cardiogenic shock due to cardiac pump failure | I | B | 291, 293, 294 |
| DM | | | |
| Recommend medical treatment and decisions for testing and revascularization similar to those for patients without DM | I | A | 173, 176, 295 |
| Post-CABG | | | |
| Recommend GDMT antiplatelet and anticoagulant therapy and early invasive strategy because of increased risk with prior CABG | I | B | 44, 45, 178, 290, 296, 297 |
| Perioperative NSTE-ACS | | | |
| Administer GDMT to perioperative patients with limitations imposed by noncardiac surgery | I | C | 298, 299 |
| Direct management at underlying cause of perioperative NSTE-ACS | I | C | 22, 298–306 |
| CKD | | | |
| Estimate CrCl and adjust doses of renally cleared medications according to pharmacokinetic data | I | B | 307, 308 |
| Administer adequate hydration to patients undergoing coronary and LV angiography | I | C | N/A |
| Invasive strategy is reasonable in patients with mild (stage 2) and moderate (stage 3) CKD | IIa | B | 307–310 |
| Women | | | |
| Manage women with the same pharmacological therapy as that for men for acute care and secondary prevention, with attention to weight and/or renally calculated doses of antiplatelet and anticoagulant agents to reduce bleeding risk | I | B | 311–315 |
| Early invasive strategy is recommended in women with NSTE-ACS and high-risk features (troponin positive) | I | A | 178, 292, 316, 317 |
| Myocardial revascularization is reasonable for pregnant women if ischemia-guided strategy is ineffective for management of life-threatening complications | IIa | C | 318 |
| Women with low-risk features (Section 3.3.1 in the full-text CPG) should not undergo early invasive treatment because of lack of benefit and the possibility of harm | III: No Benefit | B | 178, 316, 317 |
| Anemia, bleeding, and transfusion | | | |
| Evaluate all patients for risk of bleeding | I | C | N/A |
| Recommend that anticoagulant and antiplatelet therapy be weight-based where appropriate and adjusted for CKD to decrease the risk of bleeding | I | B | 276, 319, 320 |
| There is no benefit of routine blood transfusion in hemodynamically stable patients with hemoglobin levels >8 g/dL | III: No Benefit | B | 321–325 |
| Cocaine and methamphetamine users | | | |
| Manage patients with recent cocaine or methamphetamine use similarly to those without cocaine- or methamphetamine-related NSTE-ACS. The exception is in patients with signs of acute intoxication (eg, euphoria, tachycardia, and hypertension) and beta-blocker use unless patients are receiving coronary vasodilator therapy | I | C | N/A |

(Continued)

Table 10. Continued

| Recommendations | COR | LOE | References |
|--|-----------|-----|--------------|
| It is reasonable to use benzodiazepines alone or in combination with NTG to manage hypertension and tachycardia and signs of acute cocaine or methamphetamine intoxication | IIa | C | 326–329 |
| Do not administer beta blockers to patients with recent cocaine or methamphetamine use who have signs of acute intoxication due to risk of potentiating coronary spasm | III: Harm | C | N/A |
| Vasospastic (Prinzmetal) angina | | | |
| Recommend CCBs alone or in combination with nitrates | I | B | 330–335 |
| Recommend HMG-CoA reductase inhibitor, cessation of tobacco use, and atherosclerosis risk factor modification | I | B | 336–340 |
| Recommend coronary angiography (invasive or noninvasive) for episodic chest pain with transient ST-elevation to detect severe CAD | I | C | N/A |
| Provocative testing during invasive coronary angiography* may be considered for suspected vasospastic angina when clinical criteria and noninvasive assessment fail to determine diagnosis | IIb | B | 341–344 |
| ACS with angiographically normal coronary arteries | | | |
| Invasive physiological assessment (coronary flow reserve measurement) may be considered with normal coronary arteries if endothelial dysfunction is suspected | IIb | B | 301, 345–348 |
| Stress (Takotsubo) cardiomyopathy | | | |
| Consider stress-induced cardiomyopathy in patients with apparent ACS and nonobstructive CAD | I | C | N/A |
| Perform ventriculography, echocardiography, or MRI to confirm or exclude diagnosis | I | B | 349–352 |
| Treat with conventional agents (ACE inhibitors, beta blockers, aspirin, and diuretics) if hemodynamically stable | I | C | N/A |
| Administer anticoagulant therapy for LV thrombi | I | C | N/A |
| It is reasonable to administer catecholamines for symptomatic hypotension in the absence of LV outflow tract obstruction | IIa | C | N/A |
| It is reasonable to use IABP for refractory shock | IIa | C | N/A |
| It is reasonable to use beta blockers and alpha-adrenergic agents for LV outflow tract obstruction | IIa | C | N/A |
| Prophylactic anticoagulation may be considered to prevent LV thrombi | IIb | C | N/A |

*Provocative testing during invasive coronary angiography (eg, using ergonovine, acetylcholine, methylethylergonovine) is relatively safe, especially when performed in a controlled manner by experienced operators. However, sustained spasm, serious arrhythmias, and even death can also occur but very infrequently. Therefore, provocative tests should be avoided in patients with significant left main disease, advanced 3-vessel disease, presence of high-grade obstructive lesions, significant valvular stenosis, significant LV systolic dysfunction, and advanced HF.

ACE indicates angiotensin-converting enzyme; ACS, acute coronary syndrome; CABG, coronary artery bypass graft; CAD, coronary artery disease; CCB, calcium channel blocker; CKD, chronic kidney disease; COR, Class of Recommendation; CPG, clinical practice guideline; CrCl, creatinine clearance; CVD, cardiovascular disease; DM, diabetes mellitus; GDMT, guideline-directed medical therapy; GP, glycoprotein; HF, heart failure; IABP, intra-aortic balloon pump; LOE, Level of Evidence; LV, left ventricular; MRI, magnetic resonance imaging; N/A, not available; NSTEMI-ACS, non-ST-elevation acute coronary syndrome; NTG, nitroglycerin; PCI, percutaneous coronary intervention; and UFH, unfractionated heparin.

7.3. Diabetes Mellitus

Class I

1. Medical treatment in the acute phase of NSTEMI-ACS and decisions to perform stress testing, angiography, and revascularization should be similar in patients with and without diabetes mellitus.^{173,176,295} (Level of Evidence: A)

7.4. Post-CABG

Class I

1. Patients with prior CABG and NSTEMI-ACS should receive antiplatelet and anticoagulant therapy according to GDMT and should be strongly considered for

early invasive strategy because of their increased risk.^{44,45,178,290,296,297} (Level of Evidence: B)

7.5. Perioperative NSTEMI-ACS Related to Noncardiac Surgery

Class I

1. Patients who develop NSTEMI-ACS following noncardiac surgery should receive GDMT as recommended for patients in the general population but with the modifications imposed by the specific noncardiac surgical procedure and the severity of NSTEMI-ACS.^{298,299} (Level of Evidence: C)
2. In patients who develop NSTEMI-ACS after noncardiac surgery, management should be directed at the underlying cause.^{22,298–306} (Level of Evidence: C)

7.6. Chronic Kidney Disease

Class I

1. CrCl should be estimated in patients with NSTEMI-ACS, and doses of renally cleared medications should be adjusted according to the pharmacokinetic data for specific medications.^{307,308} (*Level of Evidence: B*)
2. Patients undergoing coronary and LV angiography should receive adequate hydration. (*Level of Evidence: C*)

Class IIa

1. An invasive strategy is reasonable in patients with mild (stage 2) and moderate (stage 3) CKD.³⁰⁷⁻³¹⁰ (*Level of Evidence: B*)

7.7. Women

Class I

1. Women with NSTEMI-ACS should be managed with the same pharmacological therapy as that for men for acute care and for secondary prevention, with attention to weight and/or renally-calculated doses of antiplatelet and anticoagulant agents to reduce bleeding risk.³¹¹⁻³¹⁵ (*Level of Evidence: B*)
2. Women with NSTEMI-ACS and high-risk features (eg, troponin positive) should undergo an early invasive strategy.^{178,292,316,317} (*Level of Evidence: A*)

Class IIa

1. Myocardial revascularization is reasonable in pregnant women with NSTEMI-ACS if an ischemia-guided strategy is ineffective for management of life-threatening complications.³¹⁸ (*Level of Evidence: C*)

Class III: No Benefit

1. Women with NSTEMI-ACS and low-risk features (see Section 3.3.1 in the full-text CPG) should not undergo early invasive treatment because of the lack of benefit^{178,316,317} and the possibility of harm.¹⁷⁸ (*Level of Evidence: B*)

7.8. Anemia, Bleeding, and Transfusion

Class I

1. All patients with NSTEMI-ACS should be evaluated for the risk of bleeding. (*Level of Evidence: C*)
2. Anticoagulant and antiplatelet therapy should be weight-based where appropriate and should be adjusted when necessary for CKD to decrease the risk of bleeding in patients with NSTEMI-ACS.^{276,319,320} (*Level of Evidence: B*)

Class III: No Benefit

1. A strategy of routine blood transfusion in hemodynamically stable patients with NSTEMI-ACS and

hemoglobin levels greater than 8 g/dL is not recommended.³²¹⁻³²⁵ (*Level of Evidence: B*)

7.9. Cocaine and Methamphetamine Users

Class I

1. Patients with NSTEMI-ACS and a recent history of cocaine or methamphetamine use should be treated in the same manner as patients without cocaine- or methamphetamine-related NSTEMI-ACS. The only exception is in patients with signs of acute intoxication (eg, euphoria, tachycardia, and/ or hypertension) and beta-blocker use, unless patients are receiving coronary vasodilator therapy. (*Level of Evidence: C*)

Class IIa

1. Benzodiazepines alone or in combination with nitroglycerin are reasonable for management of hypertension and tachycardia in patients with NSTEMI-ACS and signs of acute cocaine or methamphetamine intoxication.³²⁶⁻³²⁹ (*Level of Evidence: C*)

Class III: Harm

1. Beta blockers should not be administered to patients with ACS with a recent history of cocaine or methamphetamine use who demonstrate signs of acute intoxication due to the risk of potentiating coronary spasm. (*Level of Evidence: C*)

7.10. Vasospastic (Prinzmetal) Angina

Class I

1. CCBs alone³³⁰⁻³³⁴ or in combination with long-acting nitrates^{332,335} are useful to treat and reduce the frequency of vasospastic angina. (*Level of Evidence: B*)
2. Treatment with HMG-CoA reductase inhibitor,^{336,337} cessation of tobacco use,^{338,339} and additional atherosclerosis risk factor modification^{339,340} are useful in patients with vasospastic angina. (*Level of Evidence: B*)
3. Coronary angiography (invasive or noninvasive) is recommended in patients with episodic chest pain accompanied by transient ST-elevation to rule out severe obstructive CAD. (*Level of Evidence: C*)

Class IIb

1. Provocative testing during invasive coronary angiography^{††} may be considered in patients with suspected vasospastic angina when clinical criteria and noninvasive testing fail to establish the diagnosis.³⁴¹⁻³⁴⁴ (*Level of Evidence: B*)

^{††}Provocative testing during invasive coronary angiography (eg, using ergonovine, acetylcholine, methylergonovine) is relatively safe, especially when performed in a controlled manner by experienced operators. However, sustained spasm, serious arrhythmias, and even death can also occur very infrequently. Therefore, provocative testing should be avoided in patients with significant left main disease, advanced 3-vessel disease, presence of high-grade obstructive lesions, significant valvular stenosis, significant LV systolic dysfunction, and advanced HF.

7.11. ACS With Angiographically Normal Coronary Arteries

Class IIb

1. If coronary angiography reveals normal coronary arteries and endothelial dysfunction is suspected, invasive physiological assessment such as coronary flow reserve measurement may be considered.^{301,345–348} (Level of Evidence: B)

7.12. Stress (Takotsubo) Cardiomyopathy

Class I

1. Stress (Takotsubo) cardiomyopathy should be considered in patients who present with apparent ACS and nonobstructive CAD at angiography. (Level of Evidence: C)
2. Imaging with ventriculography, echocardiography, or magnetic resonance imaging should be performed to confirm or exclude the diagnosis of stress (Takotsubo) cardiomyopathy.^{349–352} (Level of Evidence: B)
3. Patients should be treated with conventional agents (ACE inhibitors, beta blockers, aspirin, and diuretics) as otherwise indicated if hemodynamically stable. (Level of Evidence: C)
4. Anticoagulation should be administered in patients who develop LV thrombi. (Level of Evidence: C)

Class IIa

1. It is reasonable to use catecholamines for patients with symptomatic hypotension if outflow tract obstruction is not present. (Level of Evidence: C)
2. The use of an intra-aortic balloon pump is reasonable for patients with refractory shock. (Level of Evidence: C)
3. It is reasonable to use beta blockers and alpha-adrenergic agents in patients with outflow tract obstruction. (Level of Evidence: C)

Class IIb

1. Prophylactic anticoagulation may be considered to inhibit the development of LV thrombi. (Level of Evidence: C)

8. Quality of Care and Outcomes for ACS—Use of Performance Measures And Registries: Recommendation

Class IIa

1. Participation in a standardized quality-of-care data registry designed to track and measure outcomes, complications, and performance measures can be beneficial in improving the quality of NSTEMI-ACS care.^{353–361} (Level of Evidence: B)

9. Summary and Evidence Gaps

Despite landmark advances in the care of patients with NSTEMI-ACS since the publication of the 2007 UA/NSTEMI

CPG,³⁶² many emerging diagnostic and therapeutic strategies have posed new challenges. There is general acceptance of an early invasive strategy for patients with NSTEMI-ACS in whom significant coronary vascular obstruction has been precisely quantified. Low-risk patients with NSTEMI-ACS are documented to benefit substantially from GDMT, but this is often suboptimally used. Advances in noninvasive testing have the potential to identify patients with NSTEMI-ACS who are at intermediate risk and are candidates for invasive versus medical therapy.

Newer, more potent antiplatelet agents in addition to anticoagulant therapy are indicated irrespective of initial treatment strategy. Evidence-based decisions will require comparative-effectiveness studies of available and novel agents. The paradox of newer and more potent antithrombotic and anticoagulant drugs that reduce major adverse cardiac outcomes but increase bleeding risk occurs with greater frequency in patients with atrial fibrillation. Patients with atrial fibrillation who develop NSTEMI-ACS and receive a coronary stent are the population at risk from triple anticoagulant/antiplatelet therapy. This regimen has been reported to be safely modified by elimination of aspirin, a finding that requires confirmation.

Among the most rapidly evolving areas in NSTEMI-ACS diagnosis is the use of cardiac troponin, the preferred biomarker of myocardial necrosis. Although a truly high-sensitivity cardiac troponin is not available in the United States at the time this CPG was prepared, the sensitivity of contemporary assays continues to increase. This change is accompanied by higher rates of elevated cardiac troponin unrelated to coronary plaque rupture. The diagnostic quandary posed by these findings necessitates investigation to elucidate the optimal utility of this advanced biomarker. A promising approach to improve the diagnostic accuracy for detecting myocardial necrosis is measurement of absolute cardiac troponin change, which may be more accurate than the traditional analysis of relative alterations.

Special populations are addressed in this CPG, the most numerous of which are older persons and women. More than half of the mortality in NSTEMI-ACS occurs in older patients, and this high-risk cohort will increase as our population ages. An unmet need is to more clearly distinguish which older patients are candidates for an ischemia-guided strategy compared with an early invasive management strategy. An appreciable number of patients with NSTEMI-ACS have angiographically normal or nonobstructive CAD, a group in which women predominate. Their prognosis is not benign and the multiple mechanisms of ACS postulated for these patients remain largely speculative. Clinical advances are predicated on clarification of the pathophysiology of this challenging syndrome.

A fundamental aspect of all CPGs is that these carefully developed, evidence-based documents cannot encompass all clinical circumstances, nor can they replace the judgment of individual physicians in management of each patient. The science of medicine is rooted in evidence, and the art of medicine is based on the application of this evidence to the individual patient. This CPG has adhered to these principles for optimal management of patients with NSTEMI-ACS.

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KEY WORDS: AHA Scientific Statements ■ acute coronary syndrome ■ angina, unstable ■ antiplatelet agents ■ coronary artery bypass graft ■ electrocardiography ■ ischemia ■ myocardial infarction ■ percutaneous coronary intervention ■ troponin

Appendix 1. Author Relationships With Industry and Other Entities (Relevant)–2014 AHA/ACC Guideline for the Management of Patients With Non-ST-Elevation Acute Coronary Syndromes

| Committee Member | Employment | Consultant | Speakers Bureau | Ownership/ Partnership/ Principal | Personal Research | Institutional, Organizational, or Other Financial Benefit | Expert Witness | Voting Recusals by Section* |
|--------------------------------|--|---|-----------------|-----------------------------------|---|---|----------------|---|
| Ezra A. Amsterdam (Chair) | University of California (Davis) Medical Center, Division of Cardiology—Professor | None | None | None | None | None | None | None |
| Nanette K. Wenger (Vice Chair) | Emory University, School of Medicine—Professor of Medicine (Cardiology) | <ul style="list-style-type: none"> • Abbott • Amgen • AstraZeneca • Gilead Sciences† • Janssen Pharmaceuticals • Medtronic • Merck • Pfizer | None | None | <ul style="list-style-type: none"> • Abbott† • Eli Lilly† • Gilead Sciences† • Merck • Pfizer† | None | None | All sections except 3.1.1, 3.4, 5.2, 6.3.1, 6.3.2, 6.3.6, 7.5, 7.6, 7.8, and 8. |
| Ralph G. Brindis | University of California, San Francisco Department of Medicine and the Phillip R. Lee Institute for Health Policy Studies—Clinical Professor of Medicine | None | • Volcano | None | None | None | None | None |
| Donald E. Casey, Jr | Atlantic Health—Vice President of Health and Chief Medical Officer | None | None | None | None | None | None | None |
| Theodore G. Ganiats | University of California, San Diego School of Medicine—Executive Director of Health Services Research Center | None | None | None | None | None | None | None |
| David R. Holmes, Jr | Mayo Clinic—Consultant, Cardiovascular Diseases | None | None | None | None | None | None | None |
| Allan S. Jaffe | Mayo Clinic, Cardiovascular Division—Professor of Medicine | <ul style="list-style-type: none"> • Abbott • Alere • Amgen • Beckman-Coulter • Critical Diagnostics • ET Healthcare • Ortho Clinical Diagnostic • Radiometer • Roche‡ • Thermo-Fisher‡‡ • Trinity | None | None | None | None | None | All sections except 3.1, 3.1.1, 3.3, 4.1.2.1-4.1.2.3, 4.2, 4.3.1, 4.3.2, 4.5, 5.1, 5.2, 6.2.1, 6.3.1, 6.3.3, 6.3.6, 7.2.2, 7.5, 7.6, and 8. |
| Hani Jneid | Baylor College of Medicine—The Michael E. DeBakey VA Medical Center—Assistant Professor of Medicine | None | None | None | None | None | None | None |

(Continued)

Appendix 1. Continued

| Committee Member | Employment | Consultant | Speakers Bureau | Ownership/ Partnership/ Principal | Personal Research | Institutional, Organizational, or Other Financial Benefit | Expert Witness | Voting Recusals by Section* |
|---------------------|--|---|---|-----------------------------------|--|--|----------------|-----------------------------|
| Rosemary F. Kelly | University of Minnesota—Professor of Surgery; VA Medical Center—Chief, Cardiothoracic Surgery | None | None | None | None | None | None | None |
| Michael C. Kontos | Virginia Commonwealth University, Pauley Heart Center—Medical Director, Coronary Intensive Care Unit, and Associate Professor, Internal Medicine | <ul style="list-style-type: none"> • Astellas • General Electric • Ikaria • Prevencio • Sanofi-aventis • Wellpoint/Anthem | <ul style="list-style-type: none"> • Astellas • AstraZeneca | None | None | <ul style="list-style-type: none"> • Astellas • Eli Lilly† • Merck‡ • Novartis‡ | None | All sections |
| Glenn N. Levine | Baylor College of Medicine—Professor of Medicine; Director, Cardiac Care Unit | None | None | None | None | None | None | None |
| Philip R. Liebson | Rush University Medical Center—McMullan-Eybel Chair of Excellence in Clinical Cardiology and Professor of Medicine and Preventive Medicine | None | None | None | None | None | None | None |
| Debabrata Mukherjee | Texas Tech University Health Sciences Center—Chief, Cardiovascular Medicine | None | None | None | None | None | None | None |
| Eric D. Peterson | Duke University Medical Center—Fred Cobb, MD, Distinguished Professor of Medicine; Duke Clinical Research Institute—Director | <ul style="list-style-type: none"> • Boehringer Ingelheim • Genentech • Janssen Pharmaceuticals • Johnson & Johnson • Merck | None | None | <ul style="list-style-type: none"> • Eli Lilly† • Johnson & Johnson† • Janssen Pharmaceuticals† | DCRI has numerous grants and contracts sponsored by industry that are relevant to the content of this CPG. Dr. Peterson participated in discussions but recused himself from writing or voting, in accordance with ACC/AHA policy. See comprehensive RWI table for a complete list of companies pertaining to this organization. | None | All sections |

(Continued)

Appendix 1. Continued

| Committee Member | Employment | Consultant | Speakers Bureau | Ownership/ Partnership/ Principal | Personal Research | Institutional, Organizational, or Other Financial Benefit | Expert Witness | Voting Recusals by Section* |
|---------------------|---|---|-----------------|-----------------------------------|--|--|----------------|--|
| Marc S. Sabatine | Brigham and Women's Hospital, Chairman—TIMI Study Group, Division of Cardiovascular Medicine; Harvard Medical School—Professor of Medicine | <ul style="list-style-type: none"> • Amgen • AstraZeneca • Bristol-Myers Squibb • Merck • Pfizer • Sanofi-aventis | None | None | <ul style="list-style-type: none"> • Abbott Laboratories† • Amgen† • AstraZeneca† • Bristol-Myers Squibb† • Critical Diagnostics† • Daiichi-Sankyo† • Genzyme† • GlaxoSmithKline† • Nanosphere† • Roche Diagnostics† • Sanofi-aventis† • Takeda† | <ul style="list-style-type: none"> • AstraZeneca† • Daiichi-Sankyo† • Gilead† • Johnson & Johnson† • BRAHMS† • Proventys† • Siemens† • Singulex† | None | All sections except 3.1.1, 5.2, 6.3.1, 6.3.2, 7.5, 7.8, and 8. |
| Richard W. Smalling | University of Texas, Health Science Center at Houston—Professor and Director of Interventional Cardiovascular Medicine; James D. Woods Distinguished Chair in Cardiovascular Medicine | <ul style="list-style-type: none"> • Gilead • Maquet | None | None | <ul style="list-style-type: none"> • Cordis • E-valve Abbott Vascular • Edwards Lifesciences • Gilead • Maquet Datascope | <ul style="list-style-type: none"> • Cordis† • E-valve† | None | All sections except 3.1, 3.1.1, 3.3, 3.4, 3.5.1, 4.1.2.1-4.1.2.3, 4.2, 4.3.1, 4.3.2, 5.2, 6.2.1, 6.3.1, 6.3.2, 6.3.3, 6.3.6, 7.2.2, 7.5, 7.8, and 8. |
| Susan J. Ziemann | National Institute on Aging/NIH, Geriatrics Branch, Division of Geriatrics and Clinical Gerontology—Medical Officer | None | None | None | None | None | None | None |

This table represents the relationships of committee members with industry and other entities that were determined to be relevant to this document. These relationships were reviewed and updated in conjunction with all meetings and/or conference calls of the GWC during the document development process. The table does not necessarily reflect relationships with industry at the time of publication. A person is deemed to have a significant interest in a business if the interest represents ownership of $\geq 5\%$ of the voting stock or share of the business entity, or ownership of $\geq \$10\,000$ of the fair market value of the business entity; or if funds received by the person from the business entity exceed 5% of the person's gross income for the previous year. Relationships that exist with no financial benefit are also included for the purpose of transparency. Relationships in this table are modest unless otherwise noted.

According to the ACC/AHA, a person has a *relevant* relationship IF: a) the *relationship or interest* relates to the same or similar subject matter, intellectual property or asset, topic, or issue addressed in the *document*; or b) the *company/entity* (with whom the relationship exists) makes a drug, drug class, or device addressed in the *document*, or makes a competing drug or device addressed in the *document*; or c) the *person or a member of the person's household*, has a reasonable potential for financial, professional or other personal gain or loss as a result of the issues/content addressed in the *document*.

*Writing members are required to recuse themselves from voting on sections to which their specific relationships with industry and other entities may apply. Section numbers pertain to those in the full-text CPG.

†Significant relationship.

‡No financial benefit.

ACC indicates American College of Cardiology, AHA, American Heart Association, BMS, Bristol-Myers Squibb; CPG, clinical practice guideline; DCRI, Duke Clinical Research Institute; NIH, National Institutes of Health; NYU, New York University; RWI, relationships with industry and other entities; TIMI, Thrombolysis In Myocardial Infarction; and VA, Veterans Affairs.

Appendix 2. Reviewer Relationships With Industry and Other Entities (Relevant)—2014 AHA/ACC Guideline for the Management of Patients With Non-ST-Elevation Acute Coronary Syndromes

| Reviewer | Representation | Employment | Consultant | Speakers Bureau | Ownership/ Partnership/ Principal | Personal Research | Institutional, Organizational, or Other Financial Benefit | Expert Witness |
|--------------------|---|---|--|--|-----------------------------------|--|--|--|
| Deepak L. Bhatt | Official Reviewer—AHA | VA Boston Healthcare System—Professor of Medicine, Harvard Medical School; Chief of Cardiology | <ul style="list-style-type: none"> • BMS/Pfizer • DCRI (BMS/Pfizer) • DCRI (Eli Lilly) • Eli Lilly | None | None | <ul style="list-style-type: none"> • AstraZeneca* • Bristol-Myers Squibb* • Ethicon* • The Medicines Company • Medtronic* • Sanofi-aventis* • Takeda† | <ul style="list-style-type: none"> • Medscape Cardiology (Advisory Board)† • WebMD (Steering Committee)† | None |
| John E. Brush, Jr | Official Reviewer—ACC Board of Trustees | Eastern Virginia Medical School—Professor of Medicine, Chief of Cardiology | None | None | None | None | None | None |
| E. Magnus Ohman | Official Reviewer—ACC/AHA Task Force on Practice Guidelines | Duke Medicine—Professor of Medicine | <ul style="list-style-type: none"> • AstraZeneca • Bristol-Myers Squibb • Gilead* • Janssen Pharmaceuticals* • The Medicines Company • Merck • Pozen • Roche • Sanofi-aventis | <ul style="list-style-type: none"> • Gilead* • Janssen Pharmaceuticals | None | <ul style="list-style-type: none"> • Daiichi-Sankyo* • Eli Lilly* • Gilead* | None | None |
| John F. Robb | Official Reviewer—ACC Board of Governors | Dartmouth-Hitchcock Medical Center—Director, Interventional Cardiology and Cardiac Catheterization Laboratories | None | None | None | None | None | <ul style="list-style-type: none"> • Defendant, adverse drug reaction, 2012 |
| Sarah A. Spinier | Official Reviewer—AHA | Philadelphia College of Pharmacy, University of the Sciences in Philadelphia—Professor of Clinical Pharmacy | <ul style="list-style-type: none"> • Bristol-Myers Squibb • Daiichi-Sankyo • Janssen Pharmaceuticals • Merck | None | None | None | None | <ul style="list-style-type: none"> • Plaintiff, clopidogrel, 2013 |
| Gorav Ailawadi | Organizational Reviewer—STS | University of Virginia Health System—Thoracic and Cardiovascular Surgery | <ul style="list-style-type: none"> • Abbott • Atricure | None | None | None | None | None |
| Srihari S. Naidu | Organizational Reviewer—SCAI | Winthrop University Hospital—Director, Cardiac Catheterization Laboratory | None | None | None | None | None | None |
| Robert L. Rich, Jr | Organizational Reviewer—AAPF | Bladen Medical Associates—Family Physician | None | None | None | None | None | None |
| Mouaz H. Al-Mallah | Content Reviewer—ACC Prevention of Cardiovascular Disease Committee | King Abdul-Aziz Cardiac Center—Associate Professor of Medicine | None | None | None | None | None | None |

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Appendix 2. Continued

| Reviewer | Representation | Employment | Consultant | Speakers Bureau | Ownership/ Partnership/ Principal | Personal Research | Institutional, Organizational, or Other Financial Benefit | Expert Witness |
|-----------------------|--|--|---|---|-----------------------------------|---|---|--------------------------------------|
| John A. Ambrose | Content Reviewer | University of California San Francisco Fresno Department of Medicine—Professor of Medicine; Chief of Cardiology; Program Director, Cardiology Fellowship | None | None | None | None | None | None |
| Giuseppe Ambrosio | Content Reviewer—ACC Prevention of Cardiovascular Disease Committee | Hospital of University of Perugia School of Medicine—Medical Director, Division of Cardiology | <ul style="list-style-type: none"> • Bayer* • The Medicines Company • Merck Schering-Plough† • Sanofi-aventis | <ul style="list-style-type: none"> • Merck Schering-Plough • Pfizer | None | None | None | None |
| H. Vernon Anderson | Content Reviewer | University of Texas—Professor of Medicine, Cardiology Division | None | None | None | None | • Eli Lilly | None |
| Jeffrey L. Anderson | Content Reviewer—ACC/AHA Task Force on Practice Guidelines | Intermountain Medical Center—Associate Chief of Cardiology | • Sanofi-aventis | None | None | <ul style="list-style-type: none"> • GlaxoSmithKline • Harvard (DSMB)—TIMI -48, -51, and -54 Studies | None | None |
| Fred S. Apple | Content Reviewer | University of Minnesota School of Medicine, Hennepin County Medical Center—Professor, Laboratory Medicine and Pathology | <ul style="list-style-type: none"> • Abbott Diagnostics • Alere • Beckman Coulter • T2 Biosystems | None | None | <ul style="list-style-type: none"> • Abbott* • Alere/Biosite* • Biomerieux* • Ortho-Clinical Diagnostics-PI† • Ortho-Clinical Diagnostics* • Radiometer* • Roche Laboratories* • Siemens* | <ul style="list-style-type: none"> • Abbott Diagnostics-PI† • Alere-PI† | None |
| Emmanouil S. Brilakis | Content Reviewer—ACC Interventional Section Leadership Council | UT Southwestern Medical School—Director, Cardiac Catheterization Laboratory, VA North Texas Healthcare System | <ul style="list-style-type: none"> • Bridgepoint Medical/Boston Scientific* • Janssen Pharmaceuticals • Sanofi-aventis | None | None | None | <ul style="list-style-type: none"> • Abbott Vascular • AstraZeneca • Cordis* • Daiichi-Sankyo* • The Medicines Company • Medtronic* | None |
| Matthew J. Budoff | Content Reviewer—ACC Cardiovascular Imaging Section Leadership Council | Los Angeles Biomedical Research Institute—Program Director, Division of Cardiology and Professor of Medicine | None | • AstraZeneca† | None | • General Electric* | None | • Plaintiff, cardiac treatment, 2013 |
| James A. Burke | Content Reviewer—ACC Interventional Section Leadership Council | Lehigh Valley Health Network—Interventional Cardiologist | None | None | None | None | None | None |

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Appendix 2. Continued

| Reviewer | Representation | Employment | Consultant | Speakers Bureau | Ownership/ Partnership/ Principal | Personal Research | Institutional, Organizational, or Other Financial Benefit | Expert Witness |
|-----------------------|--|---|--|--|-----------------------------------|--|---|----------------|
| Robert H. Christenson | Content Reviewer—AACC | University of Maryland School of Medicine—Professor of Pathology; Professor of Medical and Research Technology; Director, Rapid Response Laboratory | <ul style="list-style-type: none"> • BG Medicine • Critical Diagnostics • Siemens Medical Diagnostics | None | None | <ul style="list-style-type: none"> • The Medicines Company | <ul style="list-style-type: none"> • AACC (President)† • Roche Diagnostics (University of Maryland School of Medicine)* | None |
| Joaquin E. Cigarroa | Content Reviewer—ACC Interventional Section Leadership Council | Oregon Health and Science University—Associate Professor of Medicine | None | None | None | None | <ul style="list-style-type: none"> • Catheterization and Cardiovascular Intervention (Editorial Board)† | None |
| Marco A. Costa | Content Reviewer—ACC Cardiovascular Imaging Section Leadership Council | University Hospital for Cleveland—Cardiologist | <ul style="list-style-type: none"> • Abbott Vascular* • Boston Scientific • Medtronic | None | None | <ul style="list-style-type: none"> • Abbott Vascular* • Boston Scientific* • Cordis* • IDEV Technology† • The Medicines Company • Medtronic* • Micell* • OrbusNeicht | <ul style="list-style-type: none"> • Abbott • Cordis • Medtronic | None |
| Prakash C. Deedwania | Content Reviewer—ACC Prevention of Cardiovascular Disease Committee | University of California San Francisco—Chief of Cardiology | <ul style="list-style-type: none"> • Amgen • Pfizer | <ul style="list-style-type: none"> • Pfizer • Takeda Pharmaceuticals | None | None | None | None |
| James A. de Lemos | Content Reviewer | UT Southwestern Medical School—Associate Professor of Medicine; Director, Coronary Care Unit and Cardiology Fellowship | <ul style="list-style-type: none"> • Diadexus • Janssen Pharmaceuticals | <ul style="list-style-type: none"> • AstraZeneca | None | <ul style="list-style-type: none"> • Abbott Diagnostics† | <ul style="list-style-type: none"> • Daiichi-Sankyo† | None |
| Burl R. Don | Content Reviewer | University of California Davis—Professor of Medicine; Director of Clinical Nephrology | None | None | None | None | None | None |
| Lee A. Fleisher | Content Reviewer | University of Pennsylvania Department of Anesthesiology—Professor of Anesthesiology | None | None | None | None | None | None |
| Mary G. George | Content Reviewer—HHS | Centers for Disease Control and Prevention—Senior Medical Officer, Division for Heart Disease and Stroke Prevention | None | None | None | None | None | None |
| Linda D. Gillam | Content Reviewer—ACC Cardiovascular Imaging Section Leadership Council | Morristown Medical Center—Professor of Cardiology; Vice Chair, Cardiovascular Medicine | None | None | None | None | None | None |

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Appendix 2. Continued

| Reviewer | Representation | Employment | Consultant | Speakers Bureau | Ownership/ Partnership/ Principal | Personal Research | Institutional, Organizational, or Other Financial Benefit | Expert Witness |
|-------------------------|--|---|--|-----------------------------|-----------------------------------|--|---|----------------|
| Robert A. Guyton | Content Reviewer—ACC/AHA Task Force on Practice Guidelines | Emory Clinic—Professor and Chief, Division of Cardiothoracic Surgery | • Medtronic | None | None | None | None | None |
| Joerg Herrmann | Content Reviewer—ACC Interventional Section Leadership Council | Mayo Medical School—Internal Medicine and Cardiovascular Disease | None | None | None | None | None | None |
| Judith S. Hochman | Content Reviewer—ACC/AHA Task Force on Practice Guidelines | New York University School of Medicine, Division of Cardiology—Clinical Chief of Cardiology | • GlaxoSmithKline • Janssen Pharmaceuticals | None | None | None | None | None |
| Yuling Hong | Content Reviewer—HHS | Centers for Disease Control and Prevention—Associate Director | None | None | None | None | None | None |
| Lloyd W. Klein | Content Reviewer—ACC Interventional Section Leadership Council | Rush Medical College—Professor of Medicine | None | None | None | None | None | None |
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(Continued)

Appendix 2. Continued

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2014 AHA/ACC Guideline for the Management of Patients With Non–ST-Elevation Acute Coronary Syndromes: Executive Summary: A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines

Ezra A. Amsterdam, Nanette K. Wenger, Ralph G. Brindis, Donald E. Casey, Jr, Theodore G. Ganiats, David R. Holmes, Jr, Allan S. Jaffe, Hani Jneid, Rosemary F. Kelly, Michael C. Kontos, Glenn N. Levine, Philip R. Liebson, Debabrata Mukherjee, Eric D. Peterson, Marc S. Sabatine, Richard W. Smalling and Susan J. Zieman

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Data Supplement (unedited) at:

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Correction

In the article by Amsterdam et al “2014 ACC/AHA Guideline for the Management of Patients With Non–ST-Elevation Acute Coronary Syndromes: Executive Summary: A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines,” which published online September 23, 2014, and appeared in the December 23/30, 2014, issue of the journal (*Circulation*. 2014;130:2354–2394), several corrections were needed.

1. On the title page, the Society for Cardiovascular Angiography and Interventions has been added to the collaborating organizations line. It now reads, “Developed in Collaboration With the Society for Cardiovascular Angiography and Interventions and the Society of Thoracic Surgeons.”
2. On page 2361, in Figure 2A, the “GRACE Risk Model Nomogram,” the footnote read, “To convert serum creatine level to micromoles per liter, multiply by 88.4.” It now reads, “To convert serum creatinine level to micromoles per liter, multiply by 88.4.”
3. On page 2365, in the second column, the Class I, Recommendation 3 paragraph read, “...hyperkalemia (K >5.0mEq/L)...” It now reads “...or hyperkalemia (K+ >5.0 mEq/L)...”
4. On page 2365, in the second column, the Class I, Recommendation 1 paragraph, the maintenance dose for aspirin has been changed. Additionally, the references shown below, numbered 147 and 363, have been added to the text. The recommendation read, “...and a maintenance dose of aspirin (81 mg/d to 162 mg/d) should be continued indefinitely.^{142–144}” It now reads, “...and a maintenance dose of aspirin (81 mg/d to 325 mg/d) should be continued indefinitely.^{142–144,147,363}”
 - 147. Wallentin L, Becker RC, Budaj A, et al. Ticagrelor versus clopidogrel in patients with acute coronary syndromes. *N Engl J Med*. 2009;361:1045–57
 - 363. Mehta SR, Tanguay JF, Eikelboom JW, et al. Double-dose versus standard-dose clopidogrel and high-dose versus low-dose aspirin in individuals undergoing percutaneous coronary intervention for acute coronary syndromes (CURRENT-OASIS 7): a randomized factorial trial. *Lancet*. 2010;376:1233–43.
5. On page 2366, in Table 7, the third row “Non–enteric-coated aspirin...”, in the fifth column, the references read, “(142–144).” They now read, “(142–144, 147, 363)”.
6. On page 2366, in Table 7, the fourth row “Aspirin maintenance dose...”, the second column “Dosing...”, the text regarding aspirin maintenance dosing has been modified. The table entry now reads, “81 mg/d-325 mg/d.*” The asterisk inserted after “325 mg/d,” refers to text added to the Table 7 footnote. The additional text in the footnote reads, “*The recommended maintenance dose of aspirin to be used with ticagrelor is 81 mg daily.” The references shown below, numbered 147 and 363, were added to the fifth column, “References.”
 - 147. Wallentin L, Becker RC, Budaj A, et al. Ticagrelor versus clopidogrel in patients with acute coronary syndromes. *N Engl J Med*. 2009;361:1045–57
 - 363. Mehta SR, Tanguay JF, Eikelboom JW, et al. Double-dose versus standard-dose clopidogrel and high-dose versus low-dose aspirin in individuals undergoing percutaneous coronary intervention for acute coronary syndromes (CURRENT-OASIS 7): a randomized factorial trial. *Lancet*. 2010;376:1233–43.

The fourth row originally read,

| Recommendations | Dosing and Special Considerations | COR | LOE | References |
|---|-----------------------------------|-----|-----|------------|
| Aspirin | | | | |
| • Aspirin maintenance dose continued indefinitely | 81 mg/d to 162 mg/d | I | A | (142–144) |

The corrected row now reads,

| Recommendations | Dosing and Special Considerations | COR | LOE | References |
|--|-----------------------------------|-----|-----|-------------------|
| Aspirin • Aspirin maintenance dose continued indefinitely | 81 mg/d to 325 mg/d* | I | A | (142–144,147,363) |

7. On page 2366, in Table 7, in the thirteenth row “SC enoxaparin for duration...,” in the second column “Dosing...,” the second bullet read, “Initial IV loading dose 30 mg.” It now reads, “Initial 30 mg IV loading dose in selected patients.”
8. On page 2367, in the first column, the Class I, Recommendation 1 paragraph read, “Enoxaparin: 1 mg/kg subcutaneous (SC) every 12 hours (reduce dose to 1 mg/kg SC once daily in patients with creatinine clearance [CrCl] <30 mL/min), continued for the duration of hospitalization or until PCI is performed. An initial intravenous loading dose is 30 mg.^{151–153}” It now reads, “Enoxaparin: 1 mg/kg subcutaneous (SC) every 12 hours (reduce dose to 1 mg/kg SC once daily in patients with creatinine clearance [CrCl] <30 mL/min), continued for the duration of hospitalization or until PCI is performed. An initial intravenous loading dose of 30 mg has been used in selected patients.^{151–153}”
9. On page 2372, in the first column, the Class IIa, Recommendation 2 paragraph read, “It is reasonable to choose ticagrelor over clopidogrel for maintenance P2Y₁₂ treatment in patients with NSTEMI-ACS treated with an early invasive strategy and/or PCI.^{147,148}” It now reads, “It is reasonable to use ticagrelor in preference to clopidogrel for maintenance P2Y₁₂ treatment in patients with NSTEMI-ACS who undergo an early invasive or ischemia-guided strategy.^{147,148}”

These corrections have been made to the print version and to the current online version of the article, which is available at <http://circ.ahajournals.org/content/130/25/2354>.

Author Relationships With Industry and Other Entities (Comprehensive)—2014 AHA/ACC Guideline for the Management of Patients With Non-ST-Elevation Acute Coronary Syndromes (July 2013)

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2014 NSTEMI-ACS Guideline Data Supplements

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Data Supplement 1. Clinical Assessment and Initial Evaluation (Section 3.1)

| Title, Author, Year | Study Aim | Study Type/Size (N) | Patient Population | | Endpoints | | P Values, OR: HR: RR: & 95 CI: | Adverse Events | Study Limitations |
|--|---|--|--|--|---|---------------------------|---|----------------|---|
| | | | Inclusion Criteria | Exclusion Criteria | Primary Endpoint & Results | Safety Endpoint & Results | | | |
| Antman EM et al. 2000 10938172 (1) | Develop a simple scoring system to predict the risk of death and ischemic events for pts with UA/NSTEMI | Retrospective, observational study; TIMI 11B pts not receiving UFH group test cohort (N=1,957); TIMI 11B pts receiving enoxaprin (N=1,953) and ESSENCE trial pts (N=3,171) validation cohort | Inclusion in TIMI 11B trial or ESSENCE trial | Not included in these trials | Adverse events defined as new or recurrent MI, severe recurrent ischemia requiring urgent revasc, and death within 14 d of pt presentation; regression model selected the following 7 significant risk factors: ≥ 65 y, ≥ 3 coronary risk factors, documented prior stenosis $\geq 50\%$; ST-segment deviation on initial ECG, ≥ 2 anginal events in prior 24 h, use of ASA within 7 d of presentation, and elevated serum markers; presence of factor was given 1 point and absence of risk factor given 0 points; rates of adverse events for TIMI score as follows: 0/1: 4.7%; 2: 8.3%; 3:13.2%; 4: 19.9%; 5:26.2%; 6/7: 40.9% | N/A | Event rates <significantly as TIMI risk score <in test cohort in TIMI 11B ($p=0.01$ by $\times 2$ for trend). Pattern of <event rates with <TIMI risk score confirmed in all 3 validation groups ($p=0.01$). Slope of <in event rates with <numbers of risk factors significantly lower in enoxaparin groups in both TIMI 11B ($p=0.01$) and ESSENCE ($p=0.03$) and there was significant interaction between TIMI risk score and treatment ($p=0.02$) | N/A | Regression model developed in pts with diagnosed ACS and was not designed to be applied indiscriminately to undifferentiated chest pain pts |
| Boersma E et al. 2000 10840005 (2) | Develop a model for predicting 30-d death and myocardial (re)infarction in pts without STE-ACS | Retrospective analysis of pts with NSTEMI-ACS enrolled in PURSUIT trial (N=9,461; 3.6% with 1° outcome) | Pts enrolled in PURSUIT trial | Pts not enrolled in PURSUIT trial; pts with STE on initial ECG | 1° outcome: 30-d death; 2° outcome: composite of 30-d death and myocardial (re)infarction; More than 20 variables were found to be predictive of 1° and 2° outcomes | N/A | 7 factors most predictive of death: age (adjusted $[X]^2=95$), heart rate ($[X]^2=32$), SBP ($[X]^2=20$), ST-segment depression ($[X]^2=20$), signs of HF ($[X]^2=18$), and cardiac markers ($[X]^2=15$); C-index for the mortality model was 0.814 | N/A | Regression model developed in pts with diagnosed ACS and not designed to be applied indiscriminately to undifferentiated chest pain pts; difficult to calculate; original model requires preexisting programmed calculator; simplified version requires print-out of scoring system for each variable with corresponding figure to interpret data |
| Granger CB et al. 2003 14581255 (3) | Develop a regression model in pts with diagnosed ACS (including pts with | Retrospective observational study utilizing pts from GRACE (N=11,389; 509 deaths); validation set | Inclusion in GRACE or GUSTO-IIb trial | Not included in these trials | Adverse event defined as in-hospital mortality; Regression model identified following 8 independent risk factors: accounted age, Killip class, SBP, | N/A | The discrimination ability of the simplified model was excellent with C-statistics of 0.83 in the derived database, 0.84 in the confirmation | N/A | Regression model developed in pts with diagnosed ACS (including STEMI pts) and was not designed to be applied indiscriminately to |

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| | STEMI) for in-hospital mortality | included a subsequent cohort of 3,972 pts enrolled in GRACES and 12,142 pts enrolled in GUSTO-IIb trial | | | ST-segment deviation, cardiac arrest during presentation, serum creatinine level, positive initial cardiac enzyme findings, and heart rate | | GRACE data set, and 0.79 in the GUSTO-IIb database; OR for the 8 independent risk factors were: age (OR: 1.7 per 10 y), Killip class (OR: 2.0 per class), SBP (OR: 1.4 per 20 mmHg decrease), ST-segment deviation (OR: 2.4), cardiac arrest during presentation (OR: 4.3), serum creatinine level (OR: 1.2 per 1 mg/dL [88.4 μmol/L] increase), positive initial cardiac enzyme findings (OR: 1.6), and heart rate (OR: 1.3 per 30 beat/min increase) | | undifferentiated chest pain pts; difficult to calculate; original model requires pre-existing programmed calculator; simplified version requires print-out of scoring system for each variable with corresponding nomogram |
| Chase M et al. 2006 16934646 (4) | Validate TIMI score in ED chest pain pts | Prospective (N=1,354; 136 with 1° outcome) | Pts with chest pain who had an ECG obtained | Pts <30; cocaine use within 7 d | 1° outcome composite of death, MI, PCI, CABG within 30 d of initial presentation | Increasing TIMI score associated with increased rates of adverse outcome | N/A | The incidence of 30-d death, AMI, and revasc according to TIMI score is as follows: TIMI 0, 1.7% (95% CI: 0.42–2.95); TIMI 1, 8.2% (95% CI: 5.27–11.04); TIMI 2, 8.6% (95% CI: 5.02–12.08); TIMI 3, 16.8% (95% CI: 10.91–22.62); TIMI 4, 24.6% (95% CI: 16.38–32.77); TIMI 5, 37.5% (95% CI: 21.25–53.75); and TIMI 6, 33.3% (95% CI: 0–100) | 15% of pts did not have cardiac marker measurements; pts with STEMI included |
| Lyon R et al. 2007 17360096 (5) | Compare GRACE and TIMI score in risk stratification of undifferentiated chest pain pts | Retrospective analysis of prospective database (N=760; 123 with 1° endpoint) | Pts with undifferentiated chest pain | Pts <20 y | Recurrent MI, PCI, or death within 30 d of pt presentation (note: pts with MI on initial presentation excluded from outcome) | GRACE score and TIMI score equivalent in risk stratification of undifferentiated ED chest pain pts | N/A | GRACE AUC-ROC 0.80 (95% CI: 0.75–0.85). TIMI AUC-ROC 0.79 (95% CI: 0.74–0.85) | Retrospective; 240 pts from initial database of 1,000 excluded; Did not count MI on presentation as adverse event |
| Hess EP et al. 2010 20370775 (6) | Prospectively validate a modified TIMI risk | Prospective; 117 pts with 1° endpoint (N=1,017) | Pts presenting to ED with chest pain in whom a | Pts with STE-AMI, hemodynamic instability, cocaine | 1° outcome defined as MI, PCI, CABG, or cardiac death within 30 d of initial presentation | Increasing sens of modified TIMI score seen with increasing | N/A | The modified TIMI risk score outperformed the original with regard | Only 72% of eligible pts enrolled; 4.6% of pts without 30-d follow-up |

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| | score to risk stratify ED chest pain pts; The modification of TIMI score was assigning 5 points if pt had either elevated Tn or ischemic ECG findings | | Tn value was obtained | use, terminal illness, or pregnancy | | score; sens and spec at potential decision thresholds were: >0=sens 96.6%, spec 23.7%; >1=sens 91.5%, spec 54.2%; and >2=sens 80.3%, spec 73.4%; sens for 30-d ACS for a score of 0, 1, 2 was 1.8%, 2.1%, and 11.2% | | to overall diagnostic accuracy (area under the ROC curve=0.83 vs. 0.79; p=0.030; absolute difference 0.037; 95% CI: 0.004-0.071) | |
| Lee B et al. 2011 21988945 (7) | Compared GRACE, PURSUIT, and TIMI scores in risk stratification of chest pain pts | Prospective data collection for TIMI score; retrospective determination of PURSUIT and GRACE score (N=4,743; 319 pts with 1° outcome) | Chest pain pts>30 y who had ECG obtained and were enrolled in previous study utilizing TIMI score in risk stratification of chest pain pts | Pts in which scores were unable to be calculated due to incomplete data (e.g., no creatinine obtained) | 1° outcome composite of death, MI, PCI, or CABG within 30 d of presentation | The TIMI and GRACE score outperformed the PURSUIT score in risk stratification of ED chest pain pts | N/A | The AUC for TIMI was 0.757 (95% CI: 0.728-0.785); GRACE, 0.728 (95% CI: 0.701-0.755); and PURSUIT, 0.691 (95% CI: 0.662-0.720) | Retrospective nature of comparison of TIMI score to GRACE and PURSUIT |
| Sanchis J et al. 2005 16053956 (8) | Develop a risk score for ED pts with chest pain | Retrospective (N=646; 6.7% with 1° endpoint) | Chest pain pts presenting to ED undergoing evaluation for ACS who subsequently were admitted to chest pain unit | Significant STE or depression on initial ECG; abnormal Tn; not admitted to chest pain unit | N/A | 1° endpoint: 1-y mortality or MI; point); 4 factors were found to be predictive of 1° endpoint and were assigned following score: chest pain score ≥10 points: 1 point, ≥2 pain episodes in last 24 h: 1 point; age≥67 y: 1 point; IDDM: 2 points, and prior PCI: 1 point; Pts were classified in 5 categories of risk (0, 1, 2, 3, 4, >4) with direct correlation of increasing rates of 1° outcome with risk score | N/A | Accuracy of score was greater than that of the TIMI risk score for the 1° (C-index of 0.78 vs. 0.66; p=0.0002) and 2° (C-index of 0.70 vs. 0.66; p=0.1) endpoints | Small study size; selection bias towards more healthy pts as study population limited to pts admitted to chest pain unit; chest pain component of score is not easily calculated |

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| Christenson J et al. 2006 16387209 (9) | Develop a scoring system for discharge of pts from the ED that would miss <2% of ACS | Prospective cohort with retrospective creation of decision rule (N=769; 165 with 1° outcome) | Pts presenting to ED with chest pain between 7 am-10 pm h | <25, traumatic or radiologically evident cause of CP, enrolled in study in previous 30 d, or had terminal noncardiac illness | 1° outcome MI or definite UA | Prediction rule: if pt had normal initial ECG, no Hx CAD, age<40 y, and normal baseline CK-MB<3.0 ng/mL, or no increase in CK-MB or Tn at 2 h; 30-d ACS; prediction rule 98.8% sens and 32.5% spec | CI for prediction rule not supplied | N/A | Prediction rule developed retrospectively; not supplied, but exceed the threshold of allowed 2% miss rate; 2% miss rate not standard of care in United States |
| Backus BE et al. 2010 20802272 (10) | Validation of the HEART Score which utilizes elements of patient History, ECG, Age, Risk factors, and Troponin to risk stratify ED chest pain pts | Retrospective analysis of prospective database (N=880; 158 with 1° outcome) | Pts admitted to "cardiology" ED | STE on initial ECG | 1° outcome was a composite of AMI, PCI, CABG, and death within 6 wk of initial presentation | Rates of 1° outcome seen with increasing score: 0-3: 0.1%; 4-6: 11.6%; 7-10: 65.2% | N/A | Hx, ECG, and Tn were independent predictors of the combined endpoint (p<0.0001). Avg HEART score in the no endpoint group was 3.8±1.9; pts with at least 1 endpoint 7.2±1.7 (p±0.0001). C-stat 0.897 | Retrospective; weighting of the elements of HEART Score arbitrarily assigned and not based on likelihood ratio analysis or regression analysis |
| Fesmire et al. 2012 22626816 (11) | Improve upon the HEART score in risk stratification of chest pain pts by incorporating sex, serial ECG, and serial Tn; weighting of elements of scoring determined by likelihood ratio analysis | Retrospective analysis of prospective database (N=2,148; 315 with 1° outcome) | Pts presenting to ED with chest pain undergoing evaluation for ACS | STE on initial ECG; chest pain in the presence of TAAR, pts with pulmonary edema, pts with chest pain deemed not to require any cardiac workup (obvious nonischemic chest pain and absence of risk factors or pre-existing disease that would prompt screening workup) | 1° outcome was 30-d ACS defined as MI, PCI, CABG, life-threatening cardiac complications, or death within 30 d of initial presentation | Increasing HEARTS ₃ score was associated with increasing risk of 30-d ACS; likelihood ratio analysis revealed significant discrepancies in weight of the 5 individual elements shared by the HEART and HEARTS ₃ score | N/A | HEARTS ₃ score outperformed the HEART score as determined by comparison of areas under the receiver operating characteristic curve for 30-d ACS (0.901 vs. 0.813; 95% CI difference in areas, 0.064-0.110) | Retrospective; utilized older-generation Tn |
| Hess EP et al. 2012 21885156 (12) | Develop a prediction rule for pts at low risk of 30-d adverse cardiac events | Retrospective analysis of prospective database (N=2,718 pts; 336 with adverse events) | Pts presenting to ED with chest pain in whom Tn value was obtained | Pts with STE-AMI, hemodynamic instability, cocaine use, terminal illness, or pregnancy | 1° outcome defined as MI, PCI, CABG, or cardiac death within 30 d of initial presentation | Prediction rule consisted of the absence of 5 predictors: ischemic ECG changes, Hx of CAD, pain typical for ACS, initial or 6-h Tn | N/A | Rule was 100% sens (95% CI: 97.2%-100.0%) and 20.9% spec (95% CI: 16.9%-24.9%) for a cardiac event within 30 d | Rule developed retrospectively; only 82% of eligible pts enrolled |

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| | | | | | | level > 99 th percentile, and age <50 y. Pts aged ≤40 y required only a single Tn evaluation | | | |
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¹ indicates primary; ACS, acute coronary syndrome; AMI, acute myocardial infarction; ASA, aspirin; AUC, area under the curve; BP, blood pressure; CABG, coronary artery bypass graft; CAD, coronary artery disease; CK-MB, creatine kinase-MB; CP, chest pain; ECG, electrocardiograph; ED, emergency department; ESSENCE, Efficacy and Safety of Subcutaneous Enoxaparin in Non-Q wave Coronary Events; GRACE, Global Registry of Acute Coronary Events; GUSTO, Global Utilization of Streptokinase and Tissue Plasminogen Activator for Occluded Coronary Arteries trial; HEART, Healing and Early Afterload Reducing Therapy Trial; HF, heart failure; Hx, history; MI, myocardial infarction; N/A, not applicable; NSTE, non-ST-elevation; NSTE-ACS, non-ST-elevation acute coronary syndrome; NSTEMI, non-ST-elevation myocardial infarction; Pts, patients; PCI, percutaneous coronary intervention; revasc, revascularization; PURSUIT, Platelet Glycoprotein IIb/IIIa in Unstable Angina: Receptor Suppression Using Integrilin Therapy; ROC, receiver operator curve; SBP, systolic blood pressure; Sens, sensitivity/sensitivities; Spec, specificity/specificities; STE, ST-elevation; STE-AMI, ST-elevation acute myocardial infarction; STEMI, ST-elevation myocardial infarction; TAAR, tachyarrhythmia; TIMI, Thrombolysis In Myocardial Infarction; Tn, troponin; UA, unstable angina; and UFH, unfractionated heparin.

Data Supplement 2. Risk Stratification (Section 3.3)

| Study Name, Author, Year | Study Aim | Study Type/Size (N) | Intervention vs. Comparator (n) | Patient Population | | Study Intervention | Endpoints | | P Values OR: HR: RR: & 95 CI: | Study Limitations |
|---|--|--|---------------------------------|--|--|--------------------|---|------------------------------|--|---|
| | | | | Inclusion Criteria | Exclusion Criteria | | Primary Endpoint & Results | Secondary Endpoint & Results | | |
| Antman 2000 10938172 (1) | Development of original score to risk stratify pts presenting with ACS | Multisite RCTs, TIMI-11 B and ESSENCE | N/A | Clinical ACS, ECG changes, and elevated biomarkers | Planned revasc, bleeding risks, and correctable cause for angina | N/A | All-cause mortality, new or recurrent MI, severe ischemia leading to revasc | N/A | p<2 selected for multivariate modeling, then variables scored | Biomarkers all elevated; 65 y pg age cutoff |
| Pollack 2006 16365321 (13) | Validation in ED population with chest pain | Convenience sample N=3,326 without new STE | N/A | Chest Sx and ECG obtained | New STE | N/A | Death/MI/revasc over 30 d | In-hospital and 14-d events | Graded relationship between score and events | Used parts of score to define management |
| Go 2011 21691204 (14) | Attempt to add creatinine to TIMI risk score | Single center N=798 | N/A | Ischemic Sx within 48 h | STEMI | N/A | CV death, MI, urgent revasc or Sx, and elevated biomarkers | N/A | Renal dysfunction increased risk, but not enough to add variable to system | Small and only 9% with eGFR, 30 |
| Huynh 2008 19960136 (15) | Across all ACS spectrum | Multicenter RCT with N=1,491 from angiographic arm | N/A | NSTE-ACS and STEMI | N/A | N/A | 6-mo death and MI | N/A | 2 mm ST deviation increased risk and risk was less regardless of score with less | All high-risk pts |
| Boersma 2000 10840005 (2) | N/A | Multicenter RCT-Pursuit | N/A | NSTE-ACS | STE | N/A | Death and MI | N/A | Similar risk prediction to TIMI over groups with many similar variables | No biomarkers |
| Eagle 2004 15187054 (16) | Original GRACE validation | Registry N=17,141 | N/A | All ACS | N/A | N/A | 6-mo all-cause mortality | N/A | p<0.25 into multivariate model | Registry data, 200 pts without 6-mo follow-up |

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| Granger 2003 14581255 (3) | Validation in NSTE-ACS as training set and then test set in registry with validation in RCT | 11,389 from registry and then testing in 3,872 from GRACE and 12,142 from GUSTO IIb | N/A | NSTE-ACS | N/A | N/A | All-cause mortality during hospitalization | N/A | p<0.25 into multivariate model | Only high-risk pts |
| Eggers 2010 20598977 (17) | Incremental prognostic value of multiple biomarkers in NSTE-ACS | Single center trial of 453 chest pain pts | NT-proBNP, cystatin GDF-15 | Possible ACS | N/A | Biomarkers at presentation | All-cause mortality at 6 mo | NT-pro BNP not additive, cystatin minimally and GDF-15 helpful | ROC analysis | Small, but 92 deaths |
| Abu-Assi 2010 21095268 (18) | Does GRACE score still work with modern management | MASCARA national registry N=5,985 | N/A | Confirmed ACS | N/A | LVEF included | In-hospital and 6-mo mortality | LVEF did not add to GRACE score | N/A | Registry data, but contemporary management |
| Meune 2011 21444339 (19) | Question as to whether hs-cTn or NT-proBNP influence prediction | 370 pts from APACE trial with 192 MIs | Hs-cTnT and NT-pro added to GRACE score | Non-STE-ACS | N/A | N/A | Hospital and 1-y mortality | No additive benefit | N/A | All pts likely had elevated hs-cTnT |

ACS indicates acute coronary syndrome; APACE, Advantageous Predictors of Acute Coronary Syndromes Evaluation trial; BNP, B-type natriuretic peptide; CV, cardiovascular; ECG, electrocardiograph; ED, emergency department; ESSENCE, Efficacy and Safety of Subcutaneous Enoxaparin in Non-Q wave Coronary Events; eGFR, estimated glomerular filtration rate; GDF, growth and differentiation factors; GRACE, Global Registry of Acute Coronary Events; GUSTO, Global Utilization of Streptokinase and Tissue Plasminogen Activator for Occluded Coronary Arteries trial; hs-cTn, high sensitivity cardiac troponin; hs-cTnT, high sensitivity cardiac troponin T; LVEF, left ventricular ejection fraction; MASCARA, Manejo del Síndrome Coronario Agudo. Registro Actualizado national registry; MI, myocardial infarction; N/A, not applicable; NSTEMI, non-ST-elevation; NSTEMI-ACS, non-ST-elevation acute coronary syndrome; Pts, patients; NT-pro, N-terminal pro; NT-proBNP, N-terminal pro-brain natriuretic peptide revasc, revascularization; RCT, randomized controlled trial; ROC, receiver operating characteristic; STE, ST-elevation; STEMI, ST-elevation myocardial infarction; Sx, symptom; and TIMI, Thrombolysis In Myocardial Infarction.

Data Supplement 3. Cardiac Injury Markers and the Universal Definition of AMI (Section 3.4)

| Study Name, Author, Year | Study Aim | Study Type/Size (N) | Intervention vs. Comparator (n) | Patient Population | | Study Intervention | Endpoints | | P Values, OR: HR: RR: & 95 CI: | Study Limitations |
|--|---|---|---|--|--------------------|--------------------|---|---|---|---|
| | | | | Inclusion Criteria | Exclusion Criteria | | Primary Endpoint & Results | Secondary Endpoint & Results | | |
| Thygesen 2012 22958960 (20) | Definition of MI | Guideline | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| Roger 2006 16908764 (21) | Prospective Evaluation of new criteria for Dx of MI | Prospective community based epidemiologic study | Identification of MI using TrT vs. CK-MB and CK compared with WHO and ARIC criteria | County residents with TrT ≤0.03 ng/mL identifying MI | Lower TrT values | N/A | Identification of MI 538 MI with TrT; 327 with CK; 427 with CK-MB | Clinician Dx mentioned MI in only 42% of TrT-based criteria (diagnosing UA in many) vs. 74% using previous criteria p<0.001 | 74% increase TrT vs. CK (95% CI: 69%–79%) 41% inc TrT vs. CK-MB (95% CI: 37%–46%) | Participation rate of MIs was only 80% but similar to median of similar participation studies |
| Hamm 2000 10880424 (22) | Classification of UA | Reclassification based on Tr levels | N/A | Angina at rest within 48-h Class IIIB into Tr+ and Tr- | N/A | N/A | 30-d risk of death 20% in IIIB Tr+, <2% in IIIB Tr + | N/A | N/A | N/A |

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| Kavsak 2006 16824840 (23) | Impact of new classification of MI | Retrospective analysis using CK-MB vs. TnI analysis for MI defined by 258 pts with ACS | TrI vs. CK-MB Dx based on MONICA or AHA definition of MI | 2 SPSS CK-MB, TrI $\geq 20\%$ change using 99 th TrT cutoff | N/A | 2 specimens CK-MB, TrI drawn at least 6 h apart | AMI prevalence MONICA CK-MB 19.4% AHA 19.8%. TnI to 35.7% | TrI-vs. CK-MB $p < 0.001$ for increase MI definition using TnI | cTnI 35.7% (30.1–41.7) Relative increase 84% | Exclusion of nonischemic diseases causing Tr elevation |
| Eggers 2009 19231317 (24) | Effects of new UDMI on misdiagnosis with single evaluation of Tr | Retrospective evaluation of stable community sample (995) and post-AMI pts (1380) with TrI $\geq 99^{\text{th}}$ percentile | Evaluation of single Tr in stable population | Stable community population. Stable 3-mo post-MI pts | Evidence of clinical instability | 1 cTnI | Community Sample; 0.6% MI by UDMI Stable post-MI; 6.7% MI by UDMI | N/A | N/A | N/A |
| Goodman 2006 16504627 (25) | Diagnostic and prognostic impact of new UDMI | Multicenter observational prospective Registry (GRACE) 26,267 pts with ACS | Use of CK and Tn neg 16,797 vs. CK-MB and Tn 10,719 for hospital. fatality, 14,063 vs. 8,785 for 6-mo mortality | > 18 y with possible ACS with ECG abnormal or CAD history. CK, CK-MB. Tn. | NS comorbidity, trauma, surgery, lack of 1 biomarker | CK CK-MB Tn Follow up for 6 mo | Tn+ levels demonstrate higher in-hospital and 6-mo mortality rates than higher CK levels | In entire population, Tn+ status vs. CK status 6-mo. mortality: 1.6 (1.4–1.9) | Hospital fatality rates higher with Tn+ vs. CK+: 2.2 (95% CI: 1.6–2.9) with Tn+/CK-MB-: 2.1 (95% CI: 1.4–3.2) | 34% in GRACE registry excluded because of use of 1 biomarker only |
| Eggers 2011 20869357 (26) | Clinical implications of relative change in cTnI levels with chest pain | Retrospective study of 454 pts with ACS within 24 h of admission with 5.8-y follow-up | UDMI with prespecified cTnI changes from $\geq 20\%$, 50%, 100% | N/A | cTnI $< 99^{\text{th}}$ percentile | cTnI levels | Peak cTnI level $\geq 99^{\text{th}}$ percentile positive change $\geq 20\%$ in 160 pts. 25 pts had no AMI by ESC/ACC criteria | N/A | All 160 pts had significant raised mortality HR 2.5 (95% CI: 1.7–3.8) Higher TnI deltas were not associated with higher mortalities | Analysis of assay could not be validated by hs-Tr assay. No review of pts records for type I or 2 AMI No long-term risk assessment |
| Mills 2012 22422871 (27) | Evaluation of ACS pts by using cTnI diagnostic threshold and $\leq 99^{\text{th}}$ percentile on Dx and risk for future events | Retrospective cohort study with 1-y follow-up of 2,092 consecutive pts with suspected ACS | Study groups: cTnI < 0.012 , 0.012–0.049, and ≥ 0.50 (99 th percentile) with C of V $\geq 20\%$ vs. previous diagnostic criteria | cTnI ACS | Noncardiac chest pain, tachyarrhythmia, anemia. Severe Valve HD, HOCM, pericarditis, cocaine use | cTnI values | 1-y outcomes based on cTnI subgroups: 0.012–0.049 had higher mortality and re-MI than < 0.012 (13% vs. 3%) Increase in Dx of MI based on new criteria by 47% | Compared with ≥ 0.050 , Tr 0.012–0.049 had a higher risk profile, but less likely to be investing for AMI | $p < 0.001$ for 1-y outcome of 0.012–0.049 vs. < 0.012 | Not a prospective study. Tn levels of 0.012–0.049 were considered “normal” and not repeated. Possible myocardial ischemia due to noncardiac illness. |
| TRITON-TIMI 38 Bonaca 2012 22199016 (28) | Association between new and recurrent MI using new UDMI classification system and risk of death | Prospective cohort analysis of 13,608 pts with ACS undergoing PCI TRITON-TIMI 38 study | Follow-up of recurrent MI vs. no follow-up MI and risk of death at 6 mo | Types 1, 2, 3, 4, 5 MI | Cardiogenic shock or any condition that was associated with decreased survival over 15 mo | Tn used preferentially for recurrent MI and CK-MB for peri-PCI MI | Risk of death at 6 mo after follow-up MI: MI at follow-up 6.5% vs. 1.3% and by subtypes | N/A | $p < 0.001$ for death after recurrent MI vs. no recurrent MI $p < 0.001$ for difference with each of 5 subtypes | Association of MI with death not necessarily related to causality. Confounders could explain relationship. Standard Cox regression may bias |

| | | | | | | | | | results |
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| ACC indicates American College of Cardiology; ACS, acute coronary syndrome; AHA, American Heart Association; AMI, acute myocardial infarction; ARIC, Atherosclerosis Risk in Communities; CAD, coronary artery disease; C of V, coefficient of variation; CK, Creatine Kinase; CK-MB, Creatine kinase-MB; cTnI, Cardiac troponin I; Dx, diagnosis; ECG, electrocardiograph; Elev, elevation; ESC, European Society of Cardiology; GRACE, Global Registry of Acute Coronary Events; HD, heart disease; Hs-Tn, high-sensitivity Troponin; HOCM, Hypertrophic Obstructive Cardiomyopathy; MB, myocardial band; MI, myocardial infarction; MONICA, Multinational MONitoring of trends and determinants in CArdiovascular disease; N/A, not applicable; NSTEMI, non-ST segment elevation myocardial infarction; pt, patient; PCI, percutaneous coronary intervention; SPSS; STEMI, ST elevation MI; TIMI, thrombolysis in myocardial infarction; Tn, Troponin; Tn+, positive troponin, Tn-, negative troponin; Tr, Troponin; TRITON, Trial to Assess Improvement in Therapeutic Outcomes by Optimizing Platelet Inhibition With Prasugrel; TrT, Troponin T; TrI, Troponin I; UA, Unstable angina; UDMI, Universal Definition of MI; and WHO, World Health Organization. | | | | | | | | | |

Data Supplement 4. Cardiac Troponins (Section 3.4.3)

| Study Name, Author, Year | Study Aim | Study Type/Size (N) | Intervention vs. Comparator (n) | Patient Population | | Study Intervention | Endpoints | | P Values, OR: HR: RR: & 95 CI: | Study Limitations |
|--|--|--|---|---------------------------------------|---|--|---|--|---|---|
| | | | | Inclusion Criteria | Exclusion Criteria | | Primary Endpoint & Results | Secondary Endpoint & Results | | |
| Apple 2009 19299542 (29) | Dx, accuracy of cTnI for early detection of AMI and risk prediction for adverse events | Prospective cohort study 381 with possible ACS | VITROS TnI-ES assay 2x vs. clinical Dx of AMI | Sx suggestive of ACS in ED | No 2 nd Tn level | Tn assay at admission and 6 h later for delta change | Sens and spec for MI from admission and delta change (see p values) Sens increased from admission to 6-h cTnI and ROC from 0.82–0.96 (p<0.001) | Risk stratification improved by 30 [^] Delta to initial cTnI >99 th percentile. Risk of death/follow-up MI within 60 d | Sens admission cTnI for AMI 69% (95% CI: 55%–81%) Spec 78% (95% CI: 73%–82%) 6-h cTnI Sens 94% (95% CI: 84–99) Spec 81% (95% CI: 77%–85%) Deltas >30% Sens 75% (95% CI: 6%–86%) Spec 91% (95% CI: 87%–94%) Delta cTnI added to initial or follow-up cTnI improved risk stratification p<0.001 | Difficulty in ascertaining time of initial Sx. Problems with getting 2 nd sample at 6 h Question of false +cTnI Initial rather than discharge sampling may have biased evaluation of risk at 60 d |
| Bonaca 2010 20447535 (30) | Px implication of low-level inclusion in Hs-cTnI in possible ACS | Prospective multi study 4,513 with NST-ACS | + or – hs-cTnI 99 th percentile for death/MI in 30 d | NST-ACS | Shock ,ST-elevation, revasc before random | Baseline cTnI with cutpoint at 99 th percentile | +cTnI higher risk of death/MI at 30 d than - cTnI 6.1% vs. 2.0% p<0.001 | Pts with low-level increases 0.04-1.0 at <risk than cutpoint of 0.04 (5.0% vs. 2.0%); p=0.001 | Risk of death 12 mo vs. <0.04 ug/L 6.4% vs. 2.4%; p=0.005 | Does not address all pts with nontraumatic chest pain |
| Kontos 2010 21095267 (31) | NSTEMI with +Tn but -CK-MB in treatment and outcomes | Post hoc data base analysis 16,064 with NSTEMI | Tr+ MB- vs. Tr+ MB+ | Present within 24 h of Sx with NSTEMI | No STEMI | Biomarkers on admission, Tr and CK-MB | Treatment and in-hospital outcomes. In-hospital mortality lower in MB pts | MB- were older and had more comorbidities. p<0.01 and fewer intervals | In-hospital mortality: MB+ 4.9 vs. 3.8 MB- p<0.02 | No central core lab in multi-institutional study |

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| | | Tr+ and MBCK - | | | | | | | | |
| Lindahl 2010 20691825 (32) | Hs-cTnT comparison with std cTnT for risk assessment | Prospective cohort 1,452 | Effect of + by both assays vs. only 1 assay | Pts with ACS | No coronary angiography within 12 h | Both cTnT collected 48 h after randomization | +Hs-TnT same 1-y mortality. Whether + or - with St-TnT | For death or AMI at 30 d + only for Hs-TnT had interim risk | +Hs-TnT 1-y mortality 9,2% vs. 1.6%; p=0.001 For - by both assays | Pts with higher pretest risk than typical chest pain pts in ED |
| Giannitsis 2010 20167697 (33) | Dx, performance of Hs-cTnT for detection of NSTEMI in ACS | Retrospective cohort analysis 57 with UA and evolving NSTEMI | Baseline concentrations and serial concentrations at 3 h and 6 h | UA or NSTEMI with initial -cTnT | Immediate PCI or kidney dysfunction | Hs-cTnT baseline, 3, 6 h delta change >20%, or ROC optimized value >117% 3 h, or 246% 6 h | Hs-cTnT Dx 61% at baseline to 100% at 6 h. Dx increase by 34% above std cTnT | Doubling of hs-TnT with initial 99% + positive predicted value 100% - predicted value 88% | Delta changes and ROC optimized values spec 100% with sens 69% and 76% | Admission to chest pain unit more selective than typical ED admissions |
| Giannitsis 2008 18206741 (34) | Serial TnT measurements vs. MRI infarct mass | Retrospective cohort analysis 31 STEMI and 30 NSTEMI | AMI with TnT and MRI | STEMI and NSTEMI with MRI before discharge | Lack of biomarkers at any of 5x up to 96 h from admission | TnT at admission and daily to 96 h. | Except for admission values, all TnT at various times correlated with infarct size | Estimation of infarct mass on d 4 was lower for NSTEMI than STEMI r=0.75 STEMI r=0.36 NSTEMI | cTnT at d 4 showed highest correlation and performed as well as peak cTnT and AUC r=0.66 vs. r=0.65 vs. r=0.69 | Possible poor timing of sampling with NSTEMI and visualization problems with MRI in NSTEMI vs. STEMI |
| Keller 2011 22203537 (35) | Diagnostic performance of hs-cTnI with continued. cTnI for serial changes | Prospective multicenter analysis 1,818 with suspected ACS, 413 with AMI | Hs-TnI and St-TnI | Suspected ACS | Major surgery or trauma within 4 wk, pregnancy, drug abuse | Hs-TnI and St-TnI at baseline and 3 h serial changes | Both Hs-TnI and St-TnI at 99 th percentile at admission and 3 h had similar sens and spec | 3 h after admission. Sens 98.2% and - predicted value 99.4% for both assays. | Hs-TnI at admission sens 82.3%, -pred value 94.7% St TnI sens 79.4% | Final Dx of AMI by in house Tn, biasing biomarker assays toward Tn High proportion of MI vs. other studies |
| Younger 2007 17540686 (36) | 72-h TnI estimate with MRI for infarct size | Prospective cohort analysis 93 MI 19 NSTEMI | TnI correlation with MRI | STEMI, NSTEMI, LBBB 1 st MI TnI CK MRI | Prior AMI contraindication to MRI previous revasc, PCI before MRI | Admission and 12-h TnI and CK MRI average 3.7 d from admission | 72h Tn similar to CK for infarct size estimate and superior to 12-h TnI | Correlation of 12-h TnI with microvascular obstruction was NS p=0.16 Compared with peak CK r=0.44 72-h TnI r=0.46 p=0.0002 | 72 h TnI vs. MRI R=0.62 p<0.0001 12-h TnI R=0.56 p=0.0003 Peak CK R=0.75 p<0.0001 | 12 and 72-h TnI available only on 37 pts and 64 pts. Only 19 NSTEMI. Data larger than on previous studies of Tn MRI correlations. |
| Apple 2012 22465126 (37) | Diagnostic accuracy and risk stratification of cTnI-ultra assay | Prospective cohort study 371 | cTnI at admission and up to 24 h for optimum deltas using ROC analysis | Possible ACS with follow-up for 60 d | N/A | cTnI at 0-, 6-, 24-h for optimum % change, absolute % change, change, absolute value of change | Cardiac events and death in 60 d. Optimal value of change was absolute value of change delta | Sens and Specs: Absolute value: 89.8-93.7 Change: 67.5-99.0 Absolute value of % change: 75.5-85.7 % change: 71.4-89.7 | AUC Diagnostic accuracy of absolute value of change 0.96 (0.94, 0.98). Change 0.76 Absolute value of % change 0.88 % change 0.77 | Long period needed to evaluate deltas. Further studies need to determine whether 2-3-h changes can provide adequate Dx and prognostic information |

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| Reichlin 2011 21709058 (38) | Diagnostic accuracy of absolute value relative changes in cTn | Prospective multicenter 836 with ACS | Absolute value relative changes in cTn | Sx suggesting AMI | STEMI, terminal kidney failure | Hs-TnT and cTnI ultra at admission and 1 h and 2 h | ROC at 2-h higher for absolute than relative changes | ROC absolute cutoff 2 h 0.007 ug/L hs and 0.020 ug/L for ultra | ROC absolute change Hs-TnT 0.95 (95% CI: 0.92–0.98) vs. relative change 0.76 (95% CI: 0.70–0.83) p<0.001 | Observation cannot quantify clinical benefit of results |
| Aldous 2012 22291171 (39) | Early means of hs-TnT vs. conventional cTnT in NSTE-ACS | Prospective cohort 909, and 205 with AMI | NSTE-ACS with conventional and hs-TnT assays | NSTE-ACS | STEMI <18 y, unable to follow-up | Hs-TnT and conservative TnT at admission, 2 h and 6-12 h | Dx of MI on admission at 2 h Hs-sens 92.2% and spec of 79.7% | Mortality at 1 y Hs superior to conventional Death 5.4 (95% CI: 2.7–10.7) and HF 27.8 (95% CI: 6.6–116.4) | Hs TnT 95% CL for MI Dx at 2 h Sens (95% CI: 88.1%–95.0%) spec (95% CI: 78.6–80.5) | Blood samples not taken beyond 2 h. Used cTnI as gold standard for Dx of MI |
| Mueller 2012 22134520 (40) | Kinetic changes on hs-cTnT in ACS and non-ACS | Prospective cohort 784 NSTEMI 165 | Pts with ACS with hs TnT vs. non-ACS with hs-TnT above 99 th percentile | ACS with 2 nd blood draw within 6-h Non-ACS with 2 blood draws | STEMI or LBBB | Hs-TnT-ACS and non-ACS with elevated hs-TnT2 blood draw within 6 h | Absolute delta vs. relative delta ROC-optimized value 6.9 ng/L was sup to rel change ≥20% | +Predicted value of absolute change 82.8% -predicted 93.0% | ROC for absolute change added value for entire ACS cohort vs. relative change. p<0.0001 | Relative changes confined to 6 h, not 24 h. Not all pts received angiography |

ACS indicates acute coronary syndrome; AMI, acute myocardial infarction; ASA, aspirin; AUC, area under the curve; CK, Creatine Kinase; CKD, chronic kidney disease; CK-MB, creatine kinase-MB; cTnT, cardiac troponin T; cTn, cardiac troponin; cTnI, cardiac troponin I; Dx, diagnosis; ED, emergency department; Hs, high sensitivity; hs-cTnI, high-sensitivity cardiac troponin I; hs-cTnT, high-sensitivity cardiac troponin T; hs-TnT, high-sensitivity troponin T; LBBB, left bundle-branch block; MBCK, MB Isoenzyme of Creatine Kinase; MI, myocardial infarction; MRI, magnetic resonance imaging; N/A, not applicable; NST-ACS, non-ST acute coronary syndrome; NSTE, Non-ST-elevation; NSTEMI, Non-ST elevation myocardial infarction; PCI, percutaneous coronary intervention; Pts, patients; Px, prognosis; ROC, Receiver Operating Curves; Sens, sensitivity/sensitivities; Spec, specificity/specificities; Std TnI, standard troponin I; Std cTnT, standard cardiac troponin T; STEMI, ST-elevation myocardial infarction; Sx, symptom; Tn, troponin; TnT, troponin T; TnI, troponin I; and UA, unstable angina.

Data Supplement 5. CK-MB, MB Isoforms and Myoglobin, Compared With Troponins (Section 3.4.4)

| Study Name, Author, Year | Study Aim | Study Type/Size (N) | Intervention vs. Comparator (n) | Patient Population | | Study Intervention | Endpoints | | P Values, OR: HR: RR: & 95 CI: | Study Limitations |
|---|--|-------------------------------------|--|------------------------------------|--------------------|---|--|---|---|--|
| | | | | Inclusion Criteria | Exclusion Criteria | | Primary Endpoint & Results | Secondary Endpoint & Results | | |
| Apple 1999 9931041 (41) | Use of triage panel of TrT, CK-MB, and myoglobin for AMI detection | Multicenter prospective study 192 | Comparison of myoglobin, TnI and CK-MB for sens and spec | Pts in ED with ACS | N/A | Triage panel biomarkers to evaluate ROC for AMI pred | Concordance for detection or rule-out of MI TnI >89% CK-MB >81% Myoglobin >69% | Sens/Spec TnI: 98/100 CK-MB: 95/91 Myoglobin: 81/92 | ROC values TnI: 0.97 CK-MB: 0.905 Myoglobin: 0.818 diff p<0.05 | Does not address reinfarction or AMI presenting after 72 h |
| TACTICS-TIMI 18 Kleiman 2002 12354426 (42) | CK-MB vs. TnT to predicted cardiac risk and benefit in AMI invasive strategy | Multicenter prospective study 2,220 | CK-MB elevated in 826. With CK-MB-, TnT elevated in 361 | 1 st 24 h of chest pain | N/A | Invasive or conservative strategy with CK-MB and TrT for 30-d and 180-d risk. | CV events 30 d/180 d Event rates 2x as high with CK-MB+ value -. benefit in invasive with Tr+, but CK- | No evidence of interaction between CK-MB elevation and strategy on 30-d and 180-d endpoints | OR benefit of invasive strategy CK-Tr+ 30 d: 0.13 (95% CI: 0.04–0.39) 180 d: 0.29 (95% CI: 0.16–0.52) | Small group analysis–hypothesis generating |

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| Aviles 2002 12372578 (43) | Long term Px in UA with elevated Tnl and normal CK-MB and CK | Retrospective cohort 724 | All CK-MB- and Tnl+ | Clinical UA including Class IIIa | N/A | Using Trl with normal CK and CK-MB for 2-y risk evaluation | 2-y all-cause mortality 20% with Tn>0.5 ug/L, 8% with <0.5 ug/L | N/A | 2-y mortality Tr >0.5 vs. <0.5 HR 2.59 (95% CI: 1.66–4.05); p<0.001 | Study did not evaluate serial ECGs for dynamic changes |
| Sallach 2004 15464666 (4) | Sens of myoglobin with normal Tnl in AMI | Prospective multicenter 817 | Myoglobin and Tnl | Possible AMI with normal Trl (27) | Incomplete biomarker panel or noncardiac | Myoglobin Dx of MI with normal Tnl | Increase myoglobin of 20 ng/mL from 0-90 min max diagnostic utility with –myoglobin and-Tnl at admission | Combination sens change myoglobin+ Tnl at 90 min 97.3% | Change Myoglobin >20 90 min Sens: 83.3%, 88.6% spec: 99.5% – Predicted value for AMI | Relatively small number of AMIs. Predetermined values of myoglobin not evaluated |
| Eggers 2004 15459585 (44) | Value of adding myoglobin to Tnl to exclude AMI | Prospective cohort 197 | Tnl and CK-MB | Chest pain >15 min in past 24 h | STE | Tnl and Myoglobin for exclusion of MI | Tnl highest sens of all markers at all-time pts. | Tnl 0.07 ug/L cutoff sens: 30 min=93%, 2 h=98%, 3 h=100% | Tnl sens 93% spec 81% at 2-h CK-MB 79% Myoglobin 67% | Relatively small group. Relatively long delay time from pain to admission |
| Storrow 2006 17112930 (45) | Associated among discordant Tn, CK, and CK-MB chest pain evaluation | Multicenter prospective registry 1,614 | Discordant CK-MB/Tn 113 includes MB with normal CK 239 | Possible ACS | Transfer or ECG for routine purposes | CK-MB and Tr with evaluation of significance. of discordant values | OR for AMI vs. Tr-/CK-MB-both positive: 26.6 Tn+ 4.8 CK-MB+ 2.2 | CK-MB+/CK- 5.7 (95% CI: 4.4–7.4) CKMN+/CK+ 4.36 (95% CI: 3.6–5.2) Ref: vs. CK-MB- | CK-MB/Tn+: 26.6 (95% CI: 18.0–39.3) Tn+/CK-MB-: 4.8 (95% CI: 3.4–6.8) Tn-/CK-MB+: 2.2 (95% CI: 1.7–2.8) | N/A |
| CRUSADE Newby 2006 16412853 (46) | Frequency and implications of discordant CK-MB and Tn in ACS | Multicenter prospective 29,357 | 22,687 Tn+ 20,506 CK-MB+ 3,502 both – 2,988 only CK+ 5,349 only Tn + | High-risk NSTEMI-ACS | N/A | CK-MB and Tr during 1 st 36 h of ACS to evaluate discordance | Adjusted OR for hospital mortality CK-MB+/Tn +: 1.53 CK-MB-/Tn+: 1.15 CK-MB+/Tn- 1.02 | In-hospital mortality both–: 2.7% both+: 5.9% Only CK-MB+: 3.0% Only Tn: 4.5% | CK-MB+/Tn+: 1.53 (95% CI: 1.18–1.98) CK-MB-tn+: 1.15 (95% CI: 0.86–1.54) NS CK-MB+/Tn-: 1.02 (95% CI: 0.75–1.38) NS | Used individual labs for ULN. No account for timing of positive markers |
| Kavsak 2007 17306781 (47) | Effect of Tn on myoglobin and CK-MB isoforms in ACS | Retrospective cohort 228 | CK-MB isoforms, myoglobin and Accu Tnl | Possible ACS | N/A | CK-MB , myoglobin and Trl to compare utility in R/O MI <6 h assays | Clinical sens for AMI: For both myoglobin and CK-MB Dec. in ESC/ACC MI def | N/A | WHO MI def: sen >90% ESC/ACC def: Both sen<70% Using Tnl assay | Insufficient time elapse before remeasuring Tnl |
| Jaffery 2008 19061710 (9) | Myoglobin and Tnl pred of long-term mortality in ACS | Retrospective cohort 951 | Tnl, myoglobin, and CK-MB | Possible ACS | N/A | Tnl, Myoglobin, and CK-MB at presentation with ACS | +Tnl and +Myoglobin, but not +CK-MB Pred. 5-y all-cause mortality | N/A | +Tnl: 1.7 (95% CI: 1.3–2.3) +Myoglobin: 1.6 (95% CI: 1.2–2.1) +MB: NS | Single center. Tnl assay no longer in use. No peak levels of markers recorded |
| Di Chiara 2010 | Pred value of Tnl vs. | Prospective | 55 STEMI and 5 | AMI + reperfusion | No pacemakers, | Tnl and CK-MB at | Tn at 72 h most accurate | N/A | Tnl: | Blood samples every |

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| 20588136 (10) | CK-MB for infarct size with CMR | cohort 60 | NSTEMI Tnl, CK-MB | with CMR within 7 d | clips, peak markers on admission | admission and serially up to 96 h from Sx onset | estimate of predischage infarct volume | | 0.84 (95% CI: 0.75–0.91) CK-MB: 0.42 (0.19–0.62) p<0.02 | 6 h could be too sparse. Could miss biomarker peak |
| ACTION-GWTG Registry Chin 2012 22434769 (48) | Prognostic value of CK-MB vs. Tn in AMI | Retrospective registry 26,854 | Peak CK-MB and Tnl | AMI in data registry with biomarkers | Peak values below lab ULN | Peak CK-MB and Tnl for in-hospital mortality | Both peak CK-MB and Tnl are independently associated with hospital mortality CK-MB >Tnl | N/A | Peak CK-MB C-statistic 0.831 Peak Tnl C-statistic 0.824 p=0.001 | Registry only collects in-hospital outcomes. Participation in registry voluntary |
| Ilva 2005 15667582 (12) | Novel Tnl in early risk stratification in ACS | Prospective cohort 531 | Standard Tnl novel Tnl myoglobin | Biomarkers at 0 h, 1-12 h and 24 h after admission | Absence of 1 or more biomarkers | Comparison of 3 biomarkers at times indicated | Positivity of novel Tnl assay for AMI in higher percent than other biomarkers | MI within 3 h of presentation: 50% by novel Tnl and only 11.5% by reference Tnl assay, (p<0.001) 44% by myoglobin (p=NS) | Novel Tnl+ in 27.5%, standard Tnl in 17.5%, (p<0.010) and myoglobin+ in 24.1% (p=0.067) ROC: novel Tnl 0.937, ref Tnl 0.775, myoglobin 0.762 (p<0.001) | Use a 1 st generation Tnl assay with low analytic limits |
| Volz 20012 21129891 (13) | Can Tn alone be used for initial AMI screening with elimination of CK-MB | Retrospective cohort 11,092 | TrT and CK-MB | All pts with TrT in ED with correspond CK-MB | Initial nonnegative Tn | CK-MB+ with TnT- to determine value on AMI screening | None with Tn- but CK-MB+ Judged to have AMI | N/A | Rate of true +CK MB with Tn- : 0% (95% CI: 0–0.04%) | No evaluation of CK-MB in pts with intermed or Tn+. No follow-up with - CK-MB or Tn. |
| Lim 2011 21292125 (49) | CK-MB vs. Tn in Dx of AMI after PCI | Prospective cohort 32 | Tnl and CK-MB | PCI and CMR imaging baseline and 7 d | N/A | CK-MB and Tnl after PCI to determine Dx of AMI | Only small min of +Tn had CMR abnormal CK-MB+ closely approximate CMR injury | Percent changes in inflamed markers corresponded with CK-MB, but not Tnl levels for CRP and SAA | ROC for detection of new MI CK-MB: 0.97 Tnl: 0.985 NS, but poor Tnl specific 22% Tnl 93% CK-MB | Small sample size. No evaluation of inflamed markers after 24 for TNF alpha |

ACC indicates American College of Cardiology; ACS, acute coronary syndrome; AMI, acute myocardial infarction; CK, creatine kinase; CK-MB, creatine kinase MB; CK-Tr+, creatine kinase troponin positive; CMR, cardiovascular magnetic resonance; CRP, C-reactive protein; CV, cardiovascular; Dx, diagnosis; ECG, electrocardiograph; ED, emergency department; ESC, European Society of Cardiology; MI, myocardial infarction; Myo, myoglobin; N/A, not applicable; NSTEMI, Non-ST elevation acute coronary syndrome; NS, not significant; NSTEMI, non-ST segment myocardial infarction; OR, odds ratio; PCI, percutaneous coronary intervention; Pred, predicted; pts, patients; Px, prognosis; ROC, receiver operator curve; SAA, serum amyloid A protein; Sens, sensitivity/sensitivities; Spec, specificity/specificities; STEMI, ST segment elevation MI; Tn, troponin; Tn+, positive troponin, Tn-, negative troponin; TNF, tumor necrosis factor; Tnl, troponin I; TnT, troponin T; TrT, troponin T; UA, unstable angina; ULN, upper limit normal; and WHO, World Health Organization.

Data Supplement 6. Bedside Testing for Cardiac Biomarkers (Section 3.4.4)

| Study Name, Author, Year | Study Aim | Study Type/ Size (N) | Intervention vs. Comparator (n) | Patient Population | Study Intervention | Endpoints | P Values, OR: HR: RR: & 95 CI: | Study Limitations |
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| Hamm 1997 9385123 (50) | Bedside evaluation of TnT and TnI in acute chest pain | Prospective cohort 773 | TnT vs. TnI for Dx of MI and 30-d events +TnT 123 +TnI 171 | Acute chest pain <12 h without STE | STE or AMI within 2 wk | Bedside tests of TrT and TrI 2x, arrival and >4 h | AMI TrI sens: 100% TrT sens: 94% | N/A | Event rates for – tests: 1.1% TnT 0.3% TnI | 30-d event TrT 26 (10–49) TrI 61 (15–512) | All pts with +TnT admitted so event rate may be lower than that with conventional decision making |
| Van Domburg 2000 10980212 (51) | Long-term prognostic significance of bedside TnT | Prospective cohort 163 | TnT, CK-MB, myoglobin 98 TnT + <12 h 48 + baseline 50 positive 3-12 h 2 positive 12-96 h | Suspected ACS | MI within previous wk | Blood specimen at 0 h, 3 h, 6 h, 12 h, 24 h, 48 h, 72 h, 96 h Bedside assay TROPT and quantitative assay sample up to 12-h effect on mortality prediction | 29%+ on admission 60%+ in 12 h | N/A | Early myoglobin predict 3-y mortality 3.7 (95% CI: 1.0–12.0) | +TROPT risk for 3-y mortality: 4.3 (95% CI: 1.3–14.0) Quantitative assay 2.9 (95% CI: 1.0–8.6) | Detection limit of TnT higher than 2 nd generation Tn |
| Amodio 2007 17429291 (52) | POC TnI at 99 th percentile cutoff for diagnostic accuracy of MI | Retrospective cohort 516 | Higher vs. lower TnI cutoffs and Dx of AMI 70 TnI+ | Suspected angina or AMI | STE-ACS or LBBB | Bedside TrI Stratus CS for AMI Dx using different cutoffs 0.03–0.07 ug/L | Best clinical cutoff at 99 th percentile 0.03 | N/A | Sens of myoglobin at 2 cutoffs 36.4% and 49% | Tn Sens at 99 th percentile 77.3% (68.3–84.7) 0.03>0.07 p<0.005 | No info on outcomes Long median delay time from pain onset to admission No consideration of muscle trauma or renal insufficiency |
| DISPO-ACS Ryan 2009 18691791 (53) | POC length of stay in ED | Multi-institute prospective study 2,000 | Bedside Tn testing + central lab Central lab only 1,000 in each arm | Suspected ACS with biomarkers | Tachyarrhythmia or ECG AMI | POC markers vs. lab markers | POC discharge Home 4.5 h Lab discharge Home 4.6 h | N/A | Transfer to inpt POC 5.4 h Lab 5.5 h | Turnaround at baseline POC 0.30 h Lab 1.07 h | Possible Hawthorne effect bias in testing areas. Different interinstitute sampling times. |
| CRUSADE Takakuwa 2009 19743496 (54) | Use patterns of POC testing for Tn in NSTE-ACS | Retrospective multi-institutional 12,604 | POC with Tn+ vs. Tn- 6,185 +POC result 6,419 negative POC result | POC Tn in NSTE-ACS | Death within 24 h Hospital with 30 pts. Infrequent percentage use of bedside Tn | Hospital and pt characteristics In-hospital events and care variables Hospital using POC testing >50% vs. <50% testing | Higher POC had shorter ED stay, less likely to use drug IV | N/A | ED length of stay (h) No POC 4.2 (2.9–6.5) High POC 3.9 (2.6–6.0) p<0.0001 | +POC results associated with expedited and higher use of anti-ischemic therapy. p<0.0001 | Sample size relatively limited. No record of type of bedside marker test. No std. for + or – test |
| Birkhahn 2011 20825823 (55) | POC vs. core lab testing for time saving and cost/benefit | Prospective cohort 151 | POC and core lab testing of TnT TnT+ in 12 pts | Suspected ACS with 2 TnT 6 h apart | STE, ECG, or lack of serial biomarkers | POC (TnT) CK-MB, myoglobin vs. central lab testing (TnI) baseline +2h vs. baseline +6 h | 6.5 h saved using POC and relative sens of 100%. p<.00001 | N/A | POC pathway had 32% false positives POC sens 100%, spec 65% Accuracy 68% | POC benefited 60% (95% CI: 52–68) of pts with cost of \$7.40 (95% CI: \$6.40–\$8.70) per direct pt care h saved. | Time of 2 nd blood test varied widely |

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| Scharnhorst 2011 21350097 (56) | Sens and spec of bedside Tn compared with CK-MB and myoglobin | Prospective cohort 137 | POC evaluation Tn, CK-MB, myoglobin, for rapid detection of +test 37+ ACS: 7 UA 26 NSTEMI 4 STEMI | Suspected NSTEMI | STE on AD ambulance to hospital | POC Tn values T0–T12 h and sens/spec for MI at 99% cutoff | At T2 Sens: 87% Spec: 100% +PV: 100% –PV: 96% | N/A | Use of 30% Diff T2-T0 without absolute included above 99 th percentile Sens: 100% Spec: 87% | 2-h sens and spec of myoglobin and CK-MB lower than Tn Myoglobin: 50/92 CK-MB: 48/96 | Low number of pts. No subgroup analysis. Broad 95% CI. |
| ASPECT Than 2011 21435709 (57) | Validate safety of predefine 2 h protocol (ADP) for ACS | Multicenter prospective observation study 3,582 | POC evaluation Tn, CK-MB, Myoglobin 3260 ADP+ 270 ADP– 3,582 30-d follow-up | Suspected ACS | STE ACS, Noncoronary chest pain | ADP use of POC Tn, CK-MB, and myoglobin with 30-d follow-up | Major CV events at 30 d ADP Sens 99.3% | ADP class. 9.8% low risk. Major adverse event in only 0.9% | For 30-d events TIMI + ECG Sens: 98.1% Spec: 14.6% –PV: 98.3% | For 30-d events ADP Sens: 99.3% (95% CI: 07.9–99.8) Spec: 11% (10–12.2) –PV: 99.1% (97.3–99.8) | Low specificity. Atypical Sx not included |
| GUSTO-IV Venge 2010 21095269 (58) | Comparison of POC vs. laboratory assays of Tn | Prospective cohort 1,069 | 2 POC vs. 2 central laboratory assays cTnI | All pts in ED with Tn assays | N/A | Tn assays with 99 th percentile URL cutoffs | 99 th percentile cutoffs: central lab cutoffs identified more pts with high cTnI and predicted higher % deaths | N/A | Central lab identified more who died of CV disease up to 3 mo: 88% vs. 50% 1: 81% vs. 54% 2 | 99 th percentile POC 1 vs. central lab 1: 20% vs. 39% POC 2 vs. central lab: 2:27% vs. 74% p<0.001 for each | No attempts to relate results to Dx of MI, only outcome predictions |
| [RATPAC] Bradburn 2012 21617159 (10) | Variation in outcomes and costs in different hospitals using POC | Multicenter prospective analysis 2,243 | POC vs. central lab assays at 6 hospitals | Suspected, but not proven AMI at 6 hospitals. | Proven MI by ECG, high-risk ACS, known CAD, serious noncoronary pathology, recurrent chest pain | POC or std care with CK-MB, myoglobin, and Tn biomarkers | Difference in proportion of pts successfully discharged. POC led to higher proportion in 4, lower in 1 and equivocal in 1. | N/A | The cost per pt varied from £214.49 <control group to £646.57 more expensive with weak evidence of heterogeneity among centers p=0.08 | OR varied from 0.12 (95% CI: 0.01–1.03) to 11.07 (05% CI: 6.23–19.66) with significant heterogeneity between hospitals | 1° outcome based upon 1° effectiveness outcome rather than economic measures. Response rate was only 70% so possible responder bias |
| [RATPAC] Fitzgerald 2011 21569168 (59) | Cost effectiveness of POC biomaker assay | Multicenter prospective analysis 2,243 | Std care 1,118 POC 1,125 | Suspected, but not proven AMI at 6 hospitals | Proven MI by ECG, high-risk ACS, known CAD, serious noncoronary pathology, recurrent chest pain | POC or std care with CK-MB, myoglobin, and Tn biomarkers | POC associated with higher ED costs, coronary care costs, and cardiac intervention costs, but lower general pts costs | N/A | Probability of std care being dominant 0.888 POC dominant 0.004 | Mean costs per pt \$1,987.14 with POC vs. \$1,568.64 with std care p=0.056 | 1° outcome based on 1° effectiveness outcome rather than economic measures. Response rate 70% so possible responder bias. |

¹° indicates primary; ACS, acute coronary syndrome; ADP, adenosine diphosphate; AMI, acute myocardial infarction; CAD, coronary artery disease; CK-MB, creatine kinase MB; cTnI, cardiac troponin I; CV, cardiovascular; Dx, diagnosis; ECG, electrocardiograph; ED, emergency department; IV, intravenous; Lab, laboratory; LBBB, left bundle-branch block; MI, myocardial infarction; Myo, myoglobin; NSTEMI, Non-ST-elevation MI; POC, point of care; pts, patients; +PV, positive predictive value; -PV, negative predictive value; Sens, sensitivities; Spec, specificities; Std, standard; STE, ST-elevation; STE ACS, ST-elevation acute coronary syndrome; STEMI, ST-elevation MI; Sx, symptom; TIMI, thrombolysis in MI; TnI, Troponin I; TnT, troponin T; TrI, troponin I; TROPT, Troponin T rapid test; TrT, troponin T; and UA, unstable angina.

Data Supplement 7. Summary Comparison of Injury Markers (Section 3.4.4)

| Study Name, Author, Year | Study Aim | Study Type / Size (N) | Intervention vs. Comparator (n) | Patient Population | | Study Intervention | Endpoints | | P Values, OR: HR: RR: & 95 CI: | Study Limitations |
|--|--|--|--|----------------------------------|---|--|---|--|---|--|
| | | | | Inclusion Criteria | Exclusion Criteria | | Primary Endpoint & Results | Secondary Endpoint & Results | | |
| FRISC Lindahl 2000 11036119 (60) | Multiple biomarkers as long-term risk predictors for CV death | Multi-institution prospective 917 | TnT CRP Fibrinogen | UA or possible MI within 72 h | Increased risk of bleeding (dalteparin trial) | Biomarker samples at 0 h, 12 h, 24 h | Cardiac death at 37 mo Multivariate analysis TnT and CRP independently predicted of mortality | Highest tertile of CRP significant for mortality. Lowest 2 tertiles NS difference p=0.001 3 rd vs. 2 nd tertile | Multivariate analysis: High TnT: 10.8 (95% CI: 2.6–44.6) High CRP 2.3 (95% CI: 1.3–4.0) Fibrinogen NS | No evaluation of LV function. Use of death certificates may misclassify. |
| TACTICS-TIMI18 Sabatine 2002 11956114 (61) | Use of multiple biomarkers to predict MACE in NSTEMI-ACS | Multi-institution prospective 450 (OPUS-TIMI 16) 1,635 (TACTICS-18) | TnI, CRP, BNP in combination vs. each alone | Possible ACS within 72 h | Age <18 y pregnancy, significant comorbidities, bleeding tendency | 3 biomarkers at enrollment | Death/MI/HF at 6 mo Number of elevated biomarkers include prediction of outcome | 30-d mortality RR 0 Biomarker+: 1 1 Biomarker+: 1.8 2 Biomarker+: 3.5 3 Biomarker+: 6 p=0.014 | 1 Biomarker+:2.1 p=0.006 2 Biomarker+:3.1 p<0.001 3 Biomarker+: 3.7 p=0.001 (6 mo) | Using binary cutpoints of biomarkers rather than higher levels. Very insensitive cTn assay |
| HOPE Blankenberg 2006 16831981 (62) | 9 Biomarkers to evaluate improved CV risk in a 2 nd d prevention population | Multicenter prospective 3,199 | Evaluation of CRP, fibrinogen, IL-6, TNF 1, 2, sIAM-1, s-IAM-1, BNP, IL-1 RA microalbuminuria, individually for MACE | Hx of CAD, stroke, PAD, diabetes | HF, low LVEF, nephropathy MI, or stroke 4 wk before enrollment | 9 biomarkers on enrollment | Combined events 4.5 y Significant relations: BNP, sIAM, Microalbuminuria, s-IRA-1, fibrinogen | Only inclusion of BNP provided info above that from traditional risk factors | HR: BNP 1.721<0.001 sIAM 1.46=0.0003 Microalbuminuria 1.55=0.0004 sIAM1.46=0.0003 Fibrinogen 1.31=0.02 | Only baseline measurements; later analysis on frozen specimens; for our purposes, not an ACS study |
| McCann 2008 18682444 (63) | Role of novel biomarkers in AMI Dx | Multicenter prospective 664 | Multiple biomarker comparisons including cTnT, H-FABP, BNP, hs-CRP, D-dimer, MPO, MMP-9, PAPP-A, sCD40L | Chest pain <24 h to 2 CCUs | Transfer from other hospital thrombolytics or anticoagulant | Biomarkers on entry | Dx of AMI only H-FABP challenged cTnT and combined approach improved -PV | -PV H-FABP 75% cTnT-90% Either-97% (95% CI: 91%–99%) | Sens H-FABP: 73% Sens cTnT: 55% On admission p=0.043. Combined improved sens: 85%; p<0.04 vs. individual values | Only single measure of biomarker. |
| FRISC Eggers 2009 (64) 19608034 (64) | Risk predicted by multiple biomarkers in NST-ACS | Multicenter retrospective analysis 877 | Evaluated: cTnI, BNP, CRP, estimated GFR | NSTEMI-ACS | Bleeding risk, high creatinine, PCI in previous 6 mo, decision for PCI before randomization | Biomarkers at enrollment, 6 wk, and 6 mo | 5-y follow-up BNP strongest predictor for mortality | BNP: 6 wk: 1.5 p<0.001 6 mo: 1.4 p=0.001 | BNP 1.7 (95% CI: 1.3–2.1); p<0.001 5 y only 6 wk BNP showed significant increments to established risk factors C-statistic 0.69; p=0.03 | Outcomes before more advanced 2 ^o previous measures. Preselected population |
| ARCHIPELAGO | Multiple biomarkers | Multicenter | Evaluated 9 | NSTEMI-ACS | STE-ACS, | Biomarkers at | Biomarkers for | IL-6 AUC significant | IL-6: 1.69 (95% CI: 1.2–2.3) | Post-hoc analysis; |

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|---|---|--|--|---|---|---|--|---|---|---|
| Beygui 2010 20723640 (65) | for risk in NSTE-ACS | prospective trial Post hoc analysis 440 | biomarkers: CRP, IL-6, MPO, PL- 22, MMP-9, IMA, sCD40L, BNP, aldosterone, cTnl | | planned corresponding interval, CHF, hypotension, low creatinine Cl | randomization | Ischemia/HF at 2 mo IL-6 corresponding with Ischemia BNP, aldosterone MMP-9 for HF | improved model for ischemia, 3 biomarkers + for HF improved performance models for HF | BNP :3.2 (95% CI: 2.0–5.0) Aldo: 1.57 (95% CI: 1.1–2.6) MMP-9: 0.64 (95% CI: 0.46– 0.88) | Only 2-mo follow-up Select group of pts. No indication of severity of HF. |
| Manhenke 2011 22197217 (66) | Elucidating complex interactions between circulated biomarkers following AMI | Multicenter prospective trial 236 | 37 biomarkers | AMI complicated by HF | Not Stated | Biomarkers median 3 d after AMI Dx | 2 sets of biomarkers corresponded with risk for death and combined death/reinfarction | Natriuretic peptides among others provided significant contribution to risk assessment | Of 5 sets of biomarkers only 2 sets showed significant prediction | Limited number pts Relatively small number events. Blood Time frame 1 d–10 d post- MI |
| Bhardwaj 2011 21835288 (67) | Assess role of 5 biomarkers in Dx in ACS | Prospective cohort 318 | Evaluated: BNP, IMA, H-FABP, hs-Tnl, FFAu vs. cTnT | Possible ACS | Multiple including ESRD, thrombolytic agents, noncardiac chest pain | Biomarkers at presentation | Compared with cTnT, diagnostic information increased with BNP, FFAu, hs-Tnl, but not IMA and H-FABP | +PV cTnT: 65% hs-Tnl: 50% FFAu: 40% BNP: 28% IMA: 17% H-FABP: 26% | Sens and –PV: BNP: 73%, 90% Hs-Tnl: 57%, 89% FFAu: 75%, 92% (Highest) Increased C-statistic for cTnT : BNP 0.09 Hs-Tnl 0.13 FFAu 0.15 All p≤0.001 | Small sample size Incomplete biomarker Data. Dichotamous cutpoints rather than multiple cutpoints |
| MERLIN-TIMI Scirica 2011 21183500 (68) | Incremental prognostic value of multiple biomarkers in NSTE-ACS | Multicenter prospective 4,352 | cTl BNP CRP MPO | Possible ACS | STE-ACS ESRD CV Shock Short life expectancy | Biomarkers at presentation | Including all biomarkers only BNP and cTnl associated with 12-mo CV death Only Tnl with reinfarction | Addition of biomarkers to reference for CV death/HF: cTnl: 0.776 BNP: 0.790Ref: 0.749 | Addition of biomarkers to reference for CV Death: cTnl: 0.805 BNP: 0.809 p<0.001 Ref: 0.784 | LV function incomplete. No serial evaluations of biomarkers, not generalizable to overall population. |
| CAPTURE Oemrawsingh 2011 21558475 (69) | Predictive value of 7 Biomarkers in NSTE- ACS | Multicenter prospective 1,090 | Hs-CRP MPO sCD40L IL-10 TnT PIGF PAPP-A | Possible NSTE-ACS | Ischemia >48 h from enrollment | Biomarkers after last episode of angina | 4-y MI/death A multimarker model of TnT, IL-10, MPO, and PIGF predicted 4-y rates: 6.0% (all normal) 35.8% (3+ abnormal) | TnT: 1.8 (95% CI: 1.2– 2.6) IL10: 1.7 (95% CI: 1.1– 2.6) PIGF: 1.9 (95% CI: 1.3– 2.8) CRP: 1.0 NS sCD40L: 1.2 NS MPO :1.5 (95% CI: 1.1– 2.1) PAPP-A: 1.1 NS | Admission levels of +TnT: HR 1.8 +IL-10:HR: 1.7 +PIGF:HR: 1.9 +Myoglobin:HR: 1.5 Significant prediction for outcomes in multivariate analysis | Not adjudicated data for MI Dx No info on long-term medications |
| FAST II FASTER I Eggers 2011 22456003 (70) | Predictive of MI with multiple biomarkers Combines with hs- TnT | Retrospective cohort 360 | Hs-TnT + h-FABP copeptin | NSTEMI (retrospective Classification) | STEMI | Biomarkers at enrollment | Hs-TnT greater accuracy in Dx of AMI than H-FABP and copeptin | No increase in C-statistic for hs-TnT by combining with H-FABP 0.85 or copeptin 0.84 | C-statistics Hs-Tnt: 0.84 H-FABP: 0.80 p=0.04 | Retrospective, small sample, from 2 different studies. No serial biomarkers |

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|---|--|--|--|---|---|--|--|---|--|--|
| | | | | | | | | | Copeptin: 0.62 p<0.001 | |
| Meune 2012 22507551 (71) | Multimarker evaluation in suspected AMI with undetectable cTn levels | Retrospective multi-institution 325 with undetectable cTnT | cTnT-15 biomarkers including CK-MB and MPO | ACS with undetectable cTnT at 0 h and 6 h. | Detectable cTnT | Biomarkers >6 h from enrollment ESRD | At mean follow-up 668 d for death/MI hs-TnT, MR-Pro ADM and PDF-15 showed increased risk | Sens/spec for death/MI (%) Hs-TnT: 43,86 MR-Pro ADM: 43,76 GDF-15: 95,55 | ROC AUC for death/MI: Hs-TnT: 0.73 (95% CI: 0.6–0.8) MR-Pro ADM: 0.71 (95% CI: 0.6–0.8) GDF-15: 0.78 (95% CI: 0.71–0.86) | Subgroup analysis Relatively low cardiac events in follow-up |
| Schaub 2012 22057876 (72) | Markers of plaque instability use in AMI Dx and risk | Prospective multicenter 398 | Multimarkers: Hs-cTnT cTnT MPO PAPP-A CRP MRP 8/14 | Possible ACS | ESRD | Biomarkers at presentation | Diagnostic accuracy for all non-TnT biomarkers was low using ROC AUC | AUC for combination with hs-TnT: MPO: 0.95 MRP-8/14: 0.95 PAPP-A: 0.95 CRP: 0.95 (NS change) | ROC (AUC): MPO: 0.63 MRP8/14: 0.65 PAPP-A: 0.62 CRP: 0.59 cTnT: 0.88 hs-TnT: 0.96 | Biomarkers linked to factors related to morbidity: potentially confusing. No info on avoiding adverse outcomes |
| Weber 2008 18355657 (73) | Prognosis. value of BNP with normal TnT in ACS | Retrospective multicenter 2,614 From 2 center registries 1,131 and 1,483 | BNP vs. TnT | Cohorts different, 1 higher risk (1,131) and the other lower risk (1,483) analyzed separately | PCI within 6 mo, or C and for reperfusion cancer, autoimmune inflammatory disease | Biomarkers at entry | Among TnT-pts ROC analysis yielded an optimal cutoff of BNP that was able to discriminate pts at higher risk for death at 6 mo | Mortality rate TnT+ vs. TnT-: Registry 1: 8.2 vs. 3.8% p=0.009 Registry 2: 8.6 vs. 2.8% p=0.009 | Kaplan-Meier analysis of risk for death by BNP: Registry 1: Log-rank: 19.01 p<0.001 Adjusted HR: 9.56 (95% CI: 2.42–37.7) p=0.001 Registry 2: Log rank: 23.16 p<0.001 HR: 5.02 (95% CI: 2.04–12.33) p<0.001 | Retrospective study. No serial measurements |
| Wiviott 2004 14769678 (74) | Gender and biomarkers in ACS | Multicenter prospective trial off 1,865 pts in TACTICS-TIMI 18, 34% were women | Multiple biomarker analysis Men vs. women | Women with ACS with criteria for PCI. Randomized to invasive vs. conservative strategies | No criteria for PCI | Biomarkers at entry: TnT TnI CK-MB CRP BNP | Women more likely had elevated CRP and BNP. Men more likely had elevated CK-MB and Tn | Women with +Tn were more likely to have recurrent 6-mo MI whether TnI or TnT | Women more likely to have elevated hs-CRP 1.49 (95% CI: 1.16-1.92) and elevated BNP 1.33 (95% CI: 1.02-1.75) | Cutpoints rather than continuum. N/A to atypical chest pain. Not designed to answer pathophysiological questions |

ACS indicates acute coronary syndrome; AMI, acute myocardial infarction; AUC, area under the curve; BNP, B-type natriuretic peptide; CAD, coronary artery disease; CHF, congestive heart failure; CRP, C-reactive protein; cTn, cardiac troponin; cTnI, cardiac troponin I; cTnT, cardiac troponin T; CCU, cardiac care unit; CV, cardiovascular; Dx, diagnosis; ESRD, end stage renal disease; FFAu, unbound free fatty acids; GDF-15, growth differentiation factor-15; GP-BB, glycogen phosphorylase-BB; GRF, growth hormone releasing factor; H-FABP, heart type fatty acid binding protein; HF, heart failure; Hs, high sensitivity; Hs-CRP, high sensitivity C-reactive protein; Hs-TnI, high sensitivity troponin I; Hs-cTnT, high sensitivity cardiac troponin T; Hx, history; IL, interleukin; IL-1 RA, interleukin-1 receptor antagonist; IMA, ischemia-modified albumin; LV, left ventricle; LVEF, left ventricular ejection fraction; MACE, major adverse cardiac and cerebrovascular events; MI, myocardial infarction; MMP-9, matrix metalloproteinase-9; MPO, myeloperoxidase; MRP 8/14, myeloid related protein 8/14; MR-pro-ADM, midregional pro-adrenomedullin; N/A, not applicable; NS, not significant; NST-ACS, non-ST-segment acute coronary syndrome; NSTEMI-ACS, Non-ST-Segment-Elevation Acute Coronary Syndrome; OPUS-TIMI, orbofiban in

patients with unstable coronary syndromes; PAD, Peripheral Artery Disease; PAPP-A, pregnancy-associated plasma protein-A; PCI, percutaneous coronary intervention; PIGF, placenta growth factor; PL-22, secretory type II phospholipase-22; pts, patients; PV, predictive value; RA, rheumatoid arthritis; ROC, receiver operating curve; RR, relative risk; sCD40L, soluble CD40; Sens, sensitivities; sIAM, soluble intercellular adhesion molecule-1; sIRA, soluble intercellular adhesion molecule-1; Spec, specificities; STEMI, ST-elevation myocardial infarction; TACTICS, Thrombolysis and Counterpulsation to Improve Cardiogenic Shock Survival; TIMI, Thrombolysis In Myocardial Infarction; Tn, troponin; Tnl, troponin I; TnT, troponin T; and UA, unstable angina.

Data Supplement 8. Discharge from ED or Chest Pain Unit (Section 3.5.1)

| Study Name, Author, Year | Aim of study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
|--|--|--------------------------------|----------------|------------------------------|----------------------------|--|--|--|----------------------------|--|---|--|--|---|
| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| CHEER, Farkouh, 1998 9862943 (75) | Evaluate utility of CPU management of low-risk pts with CP | Single-center, prospective RCT | 424 | 212 | 212 | Intermediate risk, UA | MI, instability marked ST changes | 6-h CPU observation followed by pre-D/C ETT or Ex-MPI with early D/C if negative | Routine hospital admission | No significant diff in early (30 d) and late (6 mo) MI, death, CHF, CVA, card arrest in-hospital admission vs. CPU pts | Same as 1 ^o endpoint | CPU pts: Fewer follow-up ED visits, cardiac tests (p<0.003). (Also, median LOS in CPU 9.2 h) | No significant diff in early 30-d/late 6-mo cardiac events. Fewer repeat ED visits, cardiac tests (p<0.003) | Relatively small single-center, tertiary care with extensive expertise/resources; Pts 95% white. No. ETT/Nuc pts not given. Study not blinded |
| ROMIO Gomez, 1996 8752791 (76) | Test rapid R/O MI to ↓time/\$ | Single-center, prospective RCT | 100 | 50 | N/A | CP low-risk for MI (Goldman), stable, nonischemic ECG; injury marker data not required | <30 y, >7% MI prob (Goldman), ECG, ischemia, VT, AV BI, new BBB, BP >220/120, unstable | Rapid rule-out MI protocol in ED: Serial ECGs and CK-MB q 3-h x 4. If negative, PD-ETT | Routine hospital adm | No diff in low 30-d cardiac events. ITT analysis: LOS shorter, \$ less in ED rule-out pts with MI | No MI missed | Echo substudy: low incremental value in rapid rule-out patients with MI | Admission vs. rapid rule-out: LOS 14 h vs. 27 h; p<0.0001; Initial cost: \$2,089 vs. \$1,108; p>0.0001; 30-d cost: \$2,253 vs. \$1,237 | Small single center study, not blinded, shorter follow-up, hospital charges, and costs not equivalent |
| Amsterdam, 2002 12106928 (77) | Utility of immediate ETT in triage of ED CP pts | Observational, single-center | 1,000 | 1,000 | N/A | Nontraumatic CP, negative ECG, marker, no arrhythmia, stable, Hx CVD not excluded | Abnormal ECG, positive marker, clinically unstable | Immediate ETT, Max/Sx/Sign limited | N/A | Negative ETT in 64% pts enabled direct discharge from ED, 30-d follow-up: NPV 98.3%. Non-Dx: 23% pts, 7 revasc pre-discharge; positive: 13%, 4 NSTEMI at | No adverse effects of ETT. No deaths at 30 d. | No MACE at 6 mo in pts who did not have ACS at index visit. Approx 40 min total time for scan and interpret. | N/A | ETT performed by specially trained MDs (Noncardiologist), 7 d/12 h function. Limitation: Includes only pts able to do ETT |

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|---|--|--|---|-------|-----|--|---|---|--|---|---|--|------------------------------------|--|
| | | | | | | | | | | 30 d | | | | |
| Udelson, 2002 12460092 (78) | Does addition of rest MPI improve ED triage of low-risk CP pts to admission or D/C from ED | Prospective Multicenter (n=7) RCT | 2,475 | 1,215 | N/A | Suspected acute ischemia (CP or equivalent) present within ≤3 h, nonischemic ECG, ≥30 y | Hx of MI, non-Dx ECG | Rest SPECT Tc 99m sestamibi, results to ED for use in clinical decision-making | Usual ED strategy in each institution's ED | MPI: Admission rate <UC (RR: 0.87; 95% CI: 0.81-0.93; p<0.001) | No adverse effects of MPI except radiation and longer time to discharge from ED in negative scan pts. | MPI: ↓unnecessary admission rate to 42% (10% absolute ↓); RR: 0.84; 95% CI: 0.77–0.92; p<0.001. 30-d cardiac event rate was related to MPI data; p<0.001 | See 1°/2° endpoint columns | May not be generalizable to small hospitals; performed during daytime. LOS MPI>UC (5.3 vs. 4.7 h; p<0.001) |
| Trippi, 1997 9283518 (79) | Evaluate utility of DSE telemedicine triage of low-risk pts with CP in ED | Prospective, single-center, DSE by nurse and sonographer | 173 screened, 139 eligible and received DSE (24 no DSE d/t LV wall motion abnormal) | 139 | N/A | ROMI, negative markers, NL ECG, No Hx CVD. Initially: pts obs'v'd 12 h; later. neg DSE: direct D/C from ED | No Hx CAD, screened for exclusions by nurse (not specified) (LV wall motion abnormal = exclusion) | DSE by nurse & sonographer Card present; later cardiologist available by phone, ED MDs present. DSE telemetry to Card, Dx to ED. Follow-up confirm, ECG | N/A | 3-mo follow-up: NPV for ACS 98.5%, PPV 51.5%. Agreement TeleEcho/conv ential Echo kappa 0.78; 95% CI: 0.65–0.90 | 54.7% Sx with DSE: test terminated for PVCs=6.3%; CP, nausea, SOB common Sx | 72.0% pts D/C'd directly from ED in phase 4. DSE report to ED in 2.5 h from request. ED MDs adm some pts despite neg DSE. | See 1°/2° endpoints | No control group. Method not generalizable, highly developed/specialized personnel |
| Bholasingh, 2003 12598071 (80) | Study prognostic value of DSE in low-risk CP pts | Prospective single-center, blinded. ED MDs blinded to DSE results. | 377 of 557 eligible pts received DSE. No DSE: 119 ACS, 34 other serious Dis., 24 rest LV abn. | 377 | N/A | ≥18 y, non-Dx ECG, present within 6 h of CP, neg cTt. | Arrhythmias, HF, severe HTN, serious noncard disease | DSE after 12-h observation, 6.9% (26/377) pts had Pos DSE | N/A | 6-mo follow-up: 1° endpoints: Neg DSE 4% (1 death), Pos DSE 30.8% (1 death); OR 10.7; 95% CI: 4.0–28.8; p<0.0001) | All DSE completed within 24 h of admission; follow-up 100%; 19.9% protocol terminated d't ECG changes, CP, arrhythmia, severe HTN, hypotension. | Revasc: Pos DSE 3/26 pts, Neg DSE 7/351 pts ~5X greater in neg DSE | See 1°/2° endpoints Pts discharged | No control group. DSE not performed d/t poor window in 5.7% pts. |
| ROMICAT, Hoffman, 2009 19406338 (81) | Utility of CCTA in acute CP pts | Observational cohort study | 368 | 368 | N/A | CP, neg initial Tn, nonischemic ECG | Hx CAD: stent or CABG, renal discharge | CCTA before admission, results not | N/A | Pts without CAD: NPV for ACS at 6 | 1 ACS in absence of + CCTA showing | No MACE at 6 mo in pts who did not have | See 1° endpoint column | Single center, wk d/h, underrepresent of elderly d/t |

| | | | | | | | | | | | | | | |
|---|--|------------------------------|---|-----|-----|----------------------------------|--|---|------------------|--|--|---|--------------------------------|---|
| | | (blinded) | | | | | | disclosed, sig stenosis: >50% | | mo=98% (95% CI: 98%–100%; PPV=35% (95% CI: 24%–48%)) | coronary plaque | ACS at index visit. ~40 min total time for scan & interpret | | exclusion of CAD, renal dis. May not be generalizable to smaller hospitals, radiation |
| Litt, 2012 22449295 (82) | CCTA vs UC to assess low-risk CP pts in ED | Prospective multict (n=5) RT | 1370, 2:1 ratio to CTA and traditional care | 908 | 462 | ≥30 y, nonischemic ECG, TIMI 0-2 | Noncard sx, NL angio within 1 y, contraind to CTA, CrCl <60 | CTA was 1 st test in CTA group. In traditional care pts clinicians decided 1 st tests | Traditional care | No MI/death at 6 mo in pts with neg CTA (<50% stenosis): 0% (95% CI 0-0.57) (100%) | No MI or death at 60 d in the 640 pts with neg CTA | CTA: higher rate of D/C from ED: 50% vs. 23%, 95% CI 21-32; shorter LOS: 18 h vs. 25 h, p<0.001; higher ID of CAD: 9.0 % vs. 3.5%, 95% CI 0-11. | See 1°/2° endpoint columns | All exclusions to CCTA not noted, young study group (age 50 y), radiation |
| ROMICAT II, Hoffman, 2012 22830462 (83) | CCTA vs UC to assess low-risk CP pts in ED | Prospective multict (9) RCT | 1000 | 501 | 499 | CP, 40-74 y, NSR | CAD, ischemic ECG, +Tn, Cr >1.5, instability, allergy to contrast, BMI >40, asthma | CTA | Traditional care | LOS: CCTA 23 h vs. UC 31 h (p<0.001) | 28-d follow-up: no missed ACS; no difference in MACE at 28 d | Direct D/C from ED: CTA 47% vs. 12%, p<0.001; no difference in downstream care | See 1° and 2° endpoint columns | Wkd, daytime, radiation. May not be generalizable to smaller hospitals |

1° indicates primary; 2°, secondary; ACS, acute coronary syndrome; BBB, bundle branch block; BMI, body-mass index; BP, blood pressure; CAD, coronary artery disease; CABG, coronary artery bypass graft; CCTA, coronary computed tomographic angiography; CTA, computed tomographic angiography; CHF, congestive heart failure; CK, creatine kinase; CP, chest pain; CPU, chest pain unit; Cr, creatinine; CrCl, creatinine clearance; CTA, computed tomography angiography; CVA, cardiovascular accident; CVD, cardiovascular disease; D/C, discharge; diff, difference; DSE, dobutamine stress echocardiography; Dx, diagnosis; ECG, echocardiograph; ED, emergency department; pts, patients; ETT, exercise treadmill testing; HF, heart failure; HR, hazard ratio; HTN, hypertension; Hx, history; ITT, intention to treat; LOS, length of stay; MACE, major adverse cardiac events; MI, myocardial infarction; MPI, myocardial perfusion imaging; NPV, net present value; NSR, normal sinus rhythm; PPV, positive predictive value; PVC, premature ventricular contractions; R/O, rule out; RCT, randomized controlled trial; ROMI, rule out myocardial infarction; TIMI, Thrombolysis In Myocardial Infarction; and UA, unstable angina.

Data Supplement 9. Nitrates (Section 4.1.2.1)

| Study Name, Author, Year | Aim of Study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Study Intervention | Study Comparat or | Endpoints | | | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
|--------------------------|---------------------|----------------------|----------------|------------------------------|------------------------------|--------------------------|--------------------------------|---------------------|-------------------|---|-----------------------------|--------------------------------|--------------------------------|------------------------------------|
| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| Ambrosio G., 2010 | Investigate whether | Multicenter registry | 52,693 | 10,555 (20%) pts on | 42,138 (80%) (nitrate-naïve) | Clinical history of ACS, | Pts with non-CV causes for the | Chronic nitrates on | Nitrate-naïve | Chronic nitrate use was | N/A | Antecedent nitrate use was | Chronic nitrate use remained | Registry data—No data on dose |

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| 19903682 (84) | antecedent nitrate therapy affords protection toward acute ischemic events | (GRACE) | | chronic nitrates on admission | pts) | accompanied by at least 1: ECG complete with ischemia, serial increases in cardiac markers, documented CAD | clinical presentation were excluded, as were pts in whom initial Dx of ACS was not confirmed at discharge | admission | | associated with a shift away from STEMI in favor of NSTEMI-ACS. Chronic nitrate use remained independent predictor of NSTEMI-ACS: (OR: 1.36; 95% CI: 1.26–1.46; p<0.0001) | | associated with significantly lower levels of peak CK-MB and Tn (p<0.0001 for all) (in both STEMI and NSTEMI) | independent predictor of NSTEMI-ACS: (OR: 1.36; 95% CI: 1.26–1.46; p<0.0001) | or duration of antecedent Rx |
| Mahmariyan, 1998 9610531 (85) | Investigate the long-term (6 mo) efficacy of NTG patches on LV remodeling in pts surviving a AMI | Multicenter RCT | 291 | 214 | 77 | Pts surviving a A-QMI | Exclusion criteria: severe CHF, persistent hypotension, sustained VT, or high-degree AVB, UA, significant noncardiac illness, or either a requirement for or known intolerances | Intermittent NTG patch therapy initiated within 1 wk after AMI and continued for 6 mo (0.4, 0.8, and 1.6 mg/h) | PC | 1° endpoint: Change in ESVI was significantly reduced with 0.4 mg/h NTG patches | Cardiac event rates were not significantly different between PC and active treatment groups | The beneficial effects seen primarily in pts with baseline LVEF ≤40% (delta ESVI, -31 mL/m ² ; delta EDVI, -33 mL/m ² ; both p<0.05) and only at the 0.4 mg/h dose | Both ESVI and EDVI were significantly reduced with 0.4 mg/h NTG patches (-11.4 mL/m ² and -11.6 mL/m ² , p<0.03) | No associated clinical or survival advantage associated with the beneficial remodeling effects. Gated radionuclide angiography used to assess changes in LVEF and cardiac volumes –no TTE, and as such unable to address other aspects of LV remodeling. Higher NTG doses prevented LV remodeling to a lesser degree (NTG tolerance may be limiting efficacy at the higher doses). |
| ISIS-4, 1995 7661937 (86) | Examine the effect of oral controlled-release | RCT | 58,050 | 29,018 | 28,539 | Within 24 h of Sx onset of suspected AMI with no clear | Contraindications at the clinician's discretion (e.g., conditions | 1 mo of oral controlled-release mononitrate | PC | NS difference in 5-wk mortality (mononitrate vs. PC): | Greater effect early after starting treatment | No effect on any subgroup studied (age, sex, previous MI, ECG on | 5-wk mortality: (mononitrate vs. PC) 7.34% vs. | Hypotension 17.4% vs. 14.4%, p<0.0005 (mononitrate vs. |

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| | mononitrate on early mortality (4 wk) | | | | | indications for, or contraindications to, any 1 of the study treatments | associated with a high risk of adverse effects, such as cardiogenic shock, persistent severe hypotension, evidence of severe fluid depletion, etc.) Or conditions associated with only a small likelihood of worthwhile benefit | (30 mg initial dose titrated up to 60 mg qd) | | 7.34% vs. 7.54%; p=NS | (deaths on d 0–1: 514 [1.77%] mononitrate vs. 628 [2.16%] PC; p<0.001). | presentation, HF at entry, early after Sx onset, etc) No difference in 12-mo mortality | 7.54%, p=NS | PC) 50%-60% had open label nitrate therapy. Contraindications were specified not by the protocol, but by the responsible clinician |
| GISSI-3, 1994 7910229 (87) | Assess the effects of lisinopril and transdermal glyceryl trinitrate alone and their combination on 6-wk mortality and LVEF after AMI | Multicenter RCT | 19,394 | N/A | N/A | AMI pts within 24 h of Sx onset and no clear indications for or against the study treatments | N/A | Nitrates (IV for the 1 st 24 h, then transdermal GTN 10 mg daily) | PC (open label) | No effect of nitrate on 6-wk mortality: OR: 0.94 (95% CI: 0.84–1.05) No effect of nitrates on the combined outcome measure of mortality and severe ventricular dysfunction. | Systematic combined administration of lisinopril and GTN produced significant reductions in overall mortality (OR: 0.83; 95% CI: 0.70–0.97) and in the combined endpoint (OR: 0.85; 95% CI: 0.76–0.94) | The trend toward reduction in cardiac events with nitrate therapy reached statistical significance among the elderly and women. Significant reductions in 6-wk mortality and combined outcome with lisinopril. | 6-wk mortality: GTN vs. PC: OR: 0.94; 95% CI: 0.84–1.05 Combined outcome: GTN vs. PC: OR: 0.94; 95% CI: 0.87–1.02 | No excess of unfavorable clinically-relevant events in the treated groups was reported. 2D echo data were available only for 14,209 pts (73%) 50%–60% had open label nitrate therapy. |
| Yusuf, 1988 2896919 (88) | Examine the effect of IV nitrates on mortality in AMI | Meta-analysis (10 RCTs) | 2,000 | N/A | N/A | AMI pts–inclusions of individual trials | Exclusions of individual trials | Nitrate | PC | 35% reduction (SD 10) in the odds of death (2p<0.001; 95% CI of approximately 0.166-0.50) | The greatest reduction in mortality occurred predominantly during the 1 st wk of follow-up | Both NTG and nitroprusside reduced mortality, the reduction being NS greater with NTG than with nitroprusside | NS reduction after the 1 st wk of follow-up | Publication bias Baseline risk heterogeneity Different definitions of clinical endpoints across the various studies |

¹° indicates primary; 2D, two-dimensional; ACS, acute coronary syndrome; AMI, acute myocardial infarction; A-QMI, acute Q-myocardial infarction; AVB, auriculoventricular block; CAD, coronary artery disease; CHF, congestive heart failure; CK-MB, creatine kinase-MB; CV, cardiovascular; Dx, diagnosis; ECG, electrocardiogram; EDVI, end-diastolic volume index; ESVI, end-systolic volume index; GTN, glyceryl trinitrate; GRACE, Global Registry of Acute Coronary Events; HF, heart failure; IV, intravenous; LV, left ventricular;

LVEF, left ventricular ejection fraction; MI, myocardial infarction; NS, nonsignificant; NTG, intermittent transdermal nitroglycerin; NSTEMI-ACS, non-ST-elevation acute myocardial infarction; PC, placebo; pts, patients; qd, daily; RCT, randomized controlled trial; Rx, prescription; SD, standard deviation; STEMI, non-ST-elevation myocardial infarction; Sx, symptoms; Tn, troponin; TTE, transthoracic echocardiography; UA, unstable angina; and VT, ventricular tachycardia.

Data Supplement 10. Analgesic Therapy (Section 4.1.2.2)

| Study Name, Author, Year | Aim of Study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
|--|--|---|-------------------------|------------------------------|----------------------------|---|--|--------------------|------------------|---|-------------------------------------|---|---|---|
| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (Efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| Iakobishvili, 2011 21627393 (89) | Determine the impact of IVM on outcomes of pts with ADHF with and without ACSs | Observational registry | 2,336 | 218 (9.3%) | 2,118 (90.7%) | Consecutive pts with ADHF participating in a national HF survey | N/A | IVM | No IVM | IVM associated with higher unadjusted (11.5% vs. 5.0%) and adjusted in-hospital mortality using logistic regression adjustment | IVM increased in-hospital mortality | Using adjustment with propensity matched analysis, IVM was not associated with increased in-hospital death (OR: 1.2; 95% CI: 0.6–2.4; p=0.55) | IVM had higher adjusted OR for in-hospital death: 2.0; 95% CI: 1.1-3.5; p=0.02) using logistic regression analysis | Pts with IVM were more likely to have ACSs |
| Iakobishvili, 2010 20346305 (90) | Assess the 30-d outcomes stratified by IVNs use among pts enrolled in a national survey of pts with STEMI and NSTEMI-ACS | Multicenter retrospective analysis from the ACSIS 2008 database | 993 pts with NSTEMI-ACS | 97 (9.8%) | 896 (90.2%) | Consecutive pts presenting with ACS to any of 26 CCU and cardiology wards in Israel | Pts transferred to another institution | IVM | No IVN | No diff in 30-d mortality with IVN use. Using propensity adjustment (95 matched NSTEMI-ACS pairs): 30-d death rate (2.2% for pts receiving IVNs vs. 6.3%; p=0.16) | N/A | Using propensity analysis, of 249 matched STEMI pairs, 30-d death was lower in pts receiving IVN; this trend persisted after logistic regression analysis (OR: 0.40; 95% CI: 0.14-1.14; p=0.09) | Using logistic regression analysis, there were no diff in 30-d mortality among NSTEMI-ACS (OR: 0.56; 95% CI: 0.14-2.33; p=0.43) | Retrospective On-site catheterization and bypass surgery facilities were available in 22 and 10 of the centers only. Relatively small cohort. No data regarding the exact timing of IVN use or the cumulative dose administered. Did not specify the types of IVN used. |

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| | | | | | | | | | | | | | | Only a minority of pts were treated with IVN |
| Meine, 2005 15976786 (91) | Compare outcomes in pts who received IVM vs. those who did not receive IVM | Observational registry, GRACE | 57,039 | 17,003 (30%) | 40,036 (70%) | Pts presenting with NSTE-ACS at 443 hospitals across the US from 01/2003–06/2003 Pts included in the CRUSADE initiative have ischemic Sx at rest within 24 h prior to presentation and high-risk features including ST-segment depression, transient ST-segment elevation, and/or positive cardiac markers. | Pts who were transferred out to another institution were excluded, because data could not be collected | Morphine within 24 h of presentation | No morphine at presentation | Higher adjusted risk of in-hospital death in pts treated with morphine compared with no morphine (OR: 1.48; 95% CI: 1.33-1.64) | Increased adjusted OR of in-hospital death in all subgroups (including pts with CHF, ST depression, <75 y, positive biomarkers, nonhypotensive pts) Also, increased adjusted OR of in-hospital adverse outcomes (death/MI; CHF; postadmission MI; cardiac shock) | Relative to those receiving NTG, pts treated with morphine had a higher adjusted OR of death: 1.50; 95% CI: 1.26-1.78 | In-hospital death: morphine vs. no morphine: adjusted (OR: 1.48; 95% CI: 1.33-1.64) Using propensity score matching, morphine use was associated with increased in-hospital mortality (OR: 1.41; 95% CI: 1.26-1.57) | Nonrandomized, retrospective, observational data Only a minority of pts were treated with IVM |

ACS indicates acute coronary syndrome; ADHF, acute decompensated heart failure; CCU, cardiac care unit; CHF, congestive heart failure; CRUSADE, Can Rapid Risk Stratification of Unstable Angina Patients Suppress Adverse Outcomes With Early Implementation of the American College of Cardiology/American Heart Association Guidelines; diff, differences; GRACE, Global Registry of Acute Coronary Events; HF, heart failure; IVM, intravenous morphine; IVN, intravenous narcotics; MI, myocardial infarction; NSTE-ACS, non-ST-elevation acute coronary syndrome; NTG, intermittent transdermal nitroglycerin; pts, patients; STEMI, ST-elevation myocardial infarction; Sx, symptoms; and US, United States.

Data Supplement 11. Beta-Adrenergic Blockers (Section 4.1.2.3)

| Study Name, Author, Year | Study Aim | Study Type/ Size (N) | Intervention vs. Comparator (n) | Patient Population | | Study Intervention | Endpoints | | | P Values, OR: HR: RR: & 95 CI: | Adverse Events | Study Limitations |
|--------------------------|---------------------------|-------------------------|---------------------------------|---------------------------|------------------------------|--------------------------------|--|------------------------------|---------------------------------|---------------------------------------|----------------------------------|-----------------------------------|
| | | | | Inclusion Criteria | Exclusion Criteria | | Primary Endpoint & Results | Safety Endpoint & Results | Secondary Endpoint & Results | | | |
| TIMI-IIB Roberts, | Immediate vs. deferred BB | Prospective multicenter | Immediate IV group | AMI treated with invasive | Implanted pacemaker; resting | IV metoprolol as soon as rt-PA | Global LVEF at time of discharge using | No diff in mortality in both | Lower incidence of reinfarction | Resting EF: immediate 51.0% vs. 50.1% | NS diff in deaths at 6 wk or 1 y | Complexity of interventions other |

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| 1991 1671346 (92) | therapy | 1,434 | 720 Deferred group 714 | vs. conservative strategy. Susceptible to BB therapy. | HR <55; SBP <100 mm Hg; pulmonary edema; advanced 1 st degree or higher heart block; asthma or COPD. | was started followed by oral metoprolol or oral metoprolol beginning on d 6 | radionuclide ventriculography. LVEF 50.5% at discharge was virtually the same in both groups | groups. In low- risk group there were 7 deaths in 6 wk in deferred group vs. none in immediate group | (2.7% vs. 5.1%; p=0.02) at 6 d in the immediate group and less recurrent chest pain (18.8% vs. 24.2%; p<0.02) | delayed p=0.22 NS diff invasive or conservatives strategy in EF comparisons | with immediate vs. delayed BB treatment. More intracranial hemorrhage in the delayed group | than BB administration may have affected results. |
| Ryden, 1983 6828092 (93) | Occurrence of ventricular tachyarrhythmias in suspected AMI with BB. | Prospective multicenter 2,395 | Metoprolol 698 PC 697 | Sx suggestive of AMI | Contraindications for beta-blockade; need for beta-blockade's "administrative considerations." | Metoprolol IV than po or PC with admission to CCU | Significant ventricular tachyarrhythmias: More cases of VF in the PC group | No increase in significant heart block with BB | BB did not influence PVCs or short bursts of VT in 1 st 24 h. 3-mo mortality lower in BB group (5.7% vs. 8.9%) p<0.03 | VF: 6 in BB group, 17 in PC group (0.9% vs. 2.4%) p<0.01 Requirement for lidocaine less in BB group 16 vs. 38 p<0.01 | NS adverse events with BB vs. PC | Use of a beta-1- blocker precludes assessment with other type BB. No indication of whether deferred BB would have affected results. |
| Al Reesi, 2008 19019272 (94) | Effect of BB use within 72 h of MI on 6- wk mortality vs. PC | Meta-analysis 18 studies 74 643 1966–2007 | BB vs. PC or no control group Roughly 50% each | RCT of MI with BB vs. PC within 72 h of AMI | No information on 6- wk mortality. Treatment started after 72 h. Non- English speakers | Beta-1 or nonselective BB or PC within 72 h of MI. Follow- up for 6 wk | 6-wk mortality: Adding a BB had no effect compared with control | N/A | Subgroup analysis that excluded high- risk pts showed mortality benefit of BB: 0.93 [0.88– 0.99] | 6-wk mortality Reduction BB vs. control: 0.95 (95% CI: 0.90–1.01) NS With high quality studies only: 0.96 (95% CI: 0.91–1.02) NS | N/A | Publication bias as with all meta- analyses. No evaluation of other outcomes or adverse events. Mixed beta-1 and nonselective BB. |
| Janosi, 2003 14564329 (95) | BB effects in post-MI with CHF | Multi-institute prospective trial 1,926 | 950 metoprolol 976 PC | MI >0.28 d before. | AMI or UA <28 d Contraindicated to BB. | Metoprolol or PC for 1 y. | BB reduced total mortality by 40%, combined MACE by 31%. | Withdrawal of BB vs. PC NS. | Reduced CV death, MI by 45%, SCD by 50% | Total mortality p=0.0004, MACE p<0.0001 | Death from worsening HF reduced 49% vs. PC | Only 68% of post- MI pts ideal candidates for BB PC |
| Hjalmarson 1997 9375948 (96) | Meta-analysis of early BB trials in MI | >55 RCT of over 73,000 pts | Over 38,000 BB Over 35,000 PC | AMI | Contraindicate to BB, sever HF, heart block. | BB vs. PC | Total deaths 13% reduction. Short-term SCD 34% reduction. | Lipophilic BBs prevent vs. fibrillation after MI | N/A | Total mortality p<0.0001 SCD reduction <0.0001 | N/A | N/A |
| Emery, 2006 17161045 (97) | Use of early BBs in NSTEMI | Registry of 96 hospital pts admitted for ACS retrospective 7,106 | 5,422 early BB 1,684 None | NSTEMI | STEMI Contraindications to BB therapy Transfer pts with Hx of CHF Cardiac arrest on admission | Early BB therapy or none beginning <24 h | BB therapy showed lower hospital mortality 6-mo mortality also lower | N/A | Hospital Mortality Killip II/III 0.39 (95% CI: 0.23–0.68) | Hospital mortality 0.58 (95% CI: 0.42–0.81) 6-mo mortality 0.75 (95% CI: 0.56–0.997) | N/A | Observational No adjustment for confounders. No indication of dose or brand |
| Freemantle , 1999 10381708 (98) | BBs in short- term Rx in MI and in longer term | Meta - regression analysis of trials with | 82 randomized trials Short-term: 29,260 | BB in MI in PC or alternative Rx in controlled trials | N/A | BB/PC or alternative Rx begun at any stage of AMI | Short-term: small and NS reduction of risk for death Long-term: | N/A | N/A | Short-term risk for death 0.96 (95% CI: 0.85– 0.98) | Usually bradycardia or hypotension | Multiple BB brands, varied follow-up, diff times of initiation |

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| | secondary preview | acute or past AMI 54,234 | Long-term: 24,974 pts | | | | significant reduction | | | Long-term: 0.77 (95% CI: 0.69–0.85) | | and withdrawal. |
| Dargie, 2001 11356434 (99) | Outcomes of carvedilol in AMI with LV dysfunction | Multicenter randomized PC controlled 1,959 | Carvedilol 975 PC 984 | AMI with LVEF≤40%, use of ACE inhibitors | <18 y, use of diuretics or inotropes | 6.25 mg BB to 25 mg bid or PC followed until requisite number of endpoints | Death or hospital admission for CV problem no difference | N/A | All-cause mortality alone Lower in BB group 0.77 (0.60–0.98) p=0.03 | 1° endpoint 0.92 (95% CI: 0.80–1.07) | N/A | Insignificant power to detect a diff in all-cause mortality |
| Chen, 2005 16271643 (100) | Effect of adding BB to current std therapies in AMI | Multicenter randomized PC controlled 45,852 | Metoprolol 22,929 PC 22,923 | <24 h of ACS with STEMI, NSTEMI, or LBBB | Scheduled for PCI, hypotension, bradycardia, heart block, shock | IV then po, BB, or PC for up to 4 wk | Death/reinfarction/ cardiacarrest NS | 11/1,000 more with BB having cardiac shock during d 0–1 of admission | Less vs. fibrillation with BB p=0.001 Less reinfarct p=0.001 | MACE for BB: 0.96 (95% CI: 0.90–1.01); p=0.1 NS | More cardiac shock with BB (d 0–1) | Different population groups at centers |
| Ellis, 2003 14562669 (101) | BB therapy in ACS PCI ± abciximab | Pooled data from 5 RCTs 2,894 | 1,939 BB 955 No BB | MI or UA within 48 h | Pts presenting within 24 h with ECG change /UA | BB vs. control through hospital stay PCI | 30-d, 6-mo MACE BB decreased death during both periods | N/A | NS diff recurrent MI Death or MI | Death 30-d BB vs. no BB 0.6% vs. 2.0% p=0.017 Death 6 mo 1.7% vs. 3.7% p=0.01 | NA | 1° comparison not randomized. Diff pt populations. No uniform definition of ACS |
| McMurray, 2005 15708698 (102) | Effect of BB in reducing arrhythmias added to ACEI | Multicenter PC controlled 1,959 Post hoc analysis of arrhythmias | 975 carvedilol 984 PC | 3–21 d after MI follow-up 1.3 y | Not stated | Carvedilol of PC for duration of study (average 1.3 y) | Arrhythmias over 2 y, atrial and ventricular arrhythmias lower in BB group | N/A | Malignant vs. arrhythmias: 0.9% BB 3.9% PC 0.24 (95% CI: 0.11–0.49) p<0.0001 | Atrial arrhythmias: 0.41 (95% CI: 0.25–0.68); p=0.0003 vs. arrhythmias 0.34 (95% CI: 0.11–0.49); p<0.0001 | AT, atrial flutter, atrial fibrillation, vs. tachm, vs. fibrillation | Not prespecified analysis. ECG confirmation not available |
| Miller, 2007 17679127 (103) | Impact of early use of BB in ACS | Multi-institutional retrospective analysis 72,054 at 509 hospitals | 82.5% received acute BB vs. no BB | Acute ischemia <24 h, NSTEMI, contrary to BB | Hospital transfer, no +cardiac markers, no acute medications recorded | BB vs. no BB | Lower in-hospital mortality, reinfarction, shock with BB. No diff in CHF | N/A | Acute BB associated with more invasive procedures and other acute therapy | Hospital mortality: 0.66 (95% CI: 0.60–0.72) Reinfarction 0.80 (95% CI: 0.72–0.89) Shock 0.76 (95% CI: 0.67–0.87) | N/A | Undocumented contraindicated to BB use, hospital actively seeking to improve performance |
| Brandler, 2010 20078433 (104) | Literature review to determine BB effects on outcome in ACS | Meta-analysis of RCTs 72,249 18 articles | Early BB 36,173 pts with/without PC 36,076 | 18+ y, ACE within 24-h pain onset, BB within 8 h of presentation | Contraindications to BB | Early BB vs. no BB ± PC | No diff in in-hospital mortality | N/A | In largest study (45,852) higher cardio shock in BB 5.0% vs. control 3.9% p<0.0001 | In-hospital mortality 0.95 (95% CI: 0.90–1.01) | N/A | Single outcome variable. No long-term evaluation. Heterogeneous pt population |

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| Kontos, 2011 21570515 (105) | Registry of BB use in ACS | NCDR ACTION-GWTG registry 34,661 pts with NSTEMI 21 822 | 291 hospitals 2007–2008 21 822 BB | BB within 24 h of ACS | Contraindications to BB Missing data | BB only: early vs. late use | Very early BB use increased cardiogenic shock and death or shock | Evidence of increased cardiogenic shock with early use (<24 h) of BB | NS diff between early or late use in death alone | Early vs. late use cardiogenic shock: 1.54 (95% CI: 1.26–1.88); p<0.001 Death or shock: 1.23 (95% CI: 1.08–1.40); p=0.0016 | Cardiogenic shock with use of BB in ED | Oral or IV? No information on type of BB or dose. No information on arrhythmias. |
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¹° indicates primary; ACS, acute coronary syndrome; ACE, angiotensin-converting enzyme; ACEI, angiotensin-converting enzyme inhibitor; ACTION, Acute Coronary Treatment and Intervention Outcomes Network Registry; AMI, acute myocardial infarction; AT, atrial tachycardia; BB, beta blocker; CCU, cardiac care unit; CHF, congestive heart failure; COPD, chronic obstructive pulmonary disease; CV, cardiovascular; diff, difference; ECG, electrocardiograph; ED, emergency department; EF, ejection fraction; GWTG, Get With the Guidelines; HF, heart failure; Hx, history; IV, intravenous; LBBB, left bundle-branch block; LV, left ventricular; LVEF, left ventricular ejection fraction; MACE, major adverse cardiac and cerebrovascular events; MI, myocardial infarction; NCDR- National Cardiovascular Data Registry; NCDR ACTION-GWTG, National Cardiovascular Data Registry Acute Coronary Treatment and Intervention Outcomes Network Registry- Get With the Guidelines; NS, no/t significant; NSTEMI, non-ST-elevation MI; PC, PC; PCI, percutaneous coronary intervention; pt, patient; PVCs, premature ventricular contractions; RCT, randomized controlled trial; Rt-PA, recombinant tissue plasminogen activator; Rx, prescription; SBP, systolic blood pressure; SCD, sudden cardiac death; std, standard; STEMI, ST-elevation MI; UA, unstable angina; VF, ventricular fibrillation; and VT, ventricular tachycardia.

Data Supplement 12. Calcium Channel Blockers (Section 4.1.2.4)

| Study Name, Author, Year | Aim of Study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
|--|---------------------------------------|-------------------------------------|----------------|--|----------------------------|---|---|--|------------------|--|---|--|---|--|
| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (Efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| Gibson, 1986 3526151 (106) | Effect of diltiazem on NQMI. | Multicenter double-blind randomized | 576 | Diltiazem 287 | PC 289 | NQMI >30 m Ischemic pain or ST changes | Q waves or conduction disturbances AV block Bradycardia Cardio shock | Diltiazem 24–72 h from admission Up to 14 d | PC | 14-d reinfarction 9.3% in PC 5.2% in Diltiazem Reduced by diltiazem | No increased mortality with CCB Tolerated well with BB | Refractory angina reduced by diltiazem | Reinfarction: 51.2%(90% CI: 7%–67%); p=0.0297 Refractory angina 49.7% (90% CI: 6%–73%); p=0.0345 | Only 4.8% withdrawn because of adverse effects. No diff vs. PC in LV failure, shock, AV block, severe bradycardia, or hypotension |
| Lubsen, 1987 2887097 (107) | Efficacy of BB and CCB in UA in a CCU | Multicenter PC control | 338 | Combination of nifedipine and metoprolol | PC | UA not previously on BB | AMI | Nifedipine, metoprolol, or combination | PC | Ischemia or progression to MI in 48 h. Only pretreatment with BB showed favorable effects with nifedipine. | No increased mortality with CCB. | Starting a BB plus nifedipine showed no benefit from BB initiation alone vs. PC. | Rate ratio for CCB: pretreated with BB: 0.68 (0.47, 0.97) Not on BB: 1.51 (0.87, 2.74) vs. PC | Equal numbers on BB alone or combination developed AMI or reversible ischemia. |
| Gibson, 1987 3303886 | Px effect of diltiazem on recurrent | Multicenter double-blind | 576 | Diltiazem 287 | PC 289 | Confirmed NQMI | Q waves or conduction disturbances | Diltiazem 24–72 h from | PC | Incidence of early recurrent ischemia | N/A | N/A | CCB red of ischemia: 28% (95% CI: | N/A |

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| (108) | ischemia | | | | | | AV block Bradycardia Cardio shock | admission Up to 14 d | | decreased by CCB 15.7% vs. 24.2% | | | 9.3%–53.8%); p=0.0103 | |
| Held, 1989 2513047 (109) | CCB effect on events | Meta-analysis of 28 trials | 19,000 | 8,870 CCB | 8,889 control | MI 22 trials UA 6 trials | CHF Hypotension AV block (most common) | CCB usually early in ACS | Control | Risk of death, infarct size, or reinfarction. No effect by CCB vs. PC in MI trials. | No increase in reinfarction or infarct size vs. PC by CCB | Results similar in UA trials | Mortality: CCB vs. PC 1.06 (95% CI: 0.96–1.18) in MI trials | Usual limitation of meta-analysis heterogeneity of populations and various agents. Adverse effects not addressed per se |
| Moss, 1991 1872266 (110) | Diltiazem and long-term outcome | Multicenter PC control | 2,464 | No HTN Diltiazem: 760 PC: 762 | Hypertension Diltiazem: 471 PC: 471 | MI treated with diltiazem with or without hypertension | CHF Hypotension AV block | Diltiazem at ACS for 12- 52 mo | PC for same time period | 1 st recurrent cardiac event: CCB benefit only in hypertensives with no pulmonary congestion. | +pulmonary congestion; CCB increased Risk: Hypertension/ No hypertension 1.32 (95% CI: 0.83-2.10) 1.63 (0.99, 2.69) vs. PC | Significant reduction in BP and HR with CCB though small. | CCB benefit hyperension without pulmonary congestion 0.67 (95% CI: 0.47–0.96) | Retrospective analysis. Post-hoc analysis of HTN effect. Adverse effect of pulmonary congestion on diltiazem outcome |
| Furberg, 1995 7648682 (111) | Meta-analysis of nifedipine trials on outcome | Meta-analysis of 16 studies | 8,350 | Nifedipine 4,171 | Control 4,183 | Nifedipine 2° prevention trials with mortality data | No randomization | Nifedipine 12 AMI 3 UA 1 SA Short-acting | PC | Effect on mortality Nifedipine increased mortality by 16% Dose related | Increased sympathy stim and active of RAAS | Total mortality Low dose 1.06 (95% CI: 0.89-1.27) High dose 2.83 (95% CI: 1.35–5.93) | Total mortality 1.16 (95% CI: 1.01-1.33); p=0.01 | Heterogeneity of clinical trial populations |
| Rengo, 1996 8602564 (112) | Effect of verapamil on mortality after AMI | Multicenter prospective trial | 1,073 | Verapamil 531 | PC 542 | Dx of AMI | Contraindication to verapamil Hx of severe HF | Long acting Verapamil 7-21 d after AMI 360 mg qd for 24 mo | PC For 24 mo | Total mortality and CV deaths. No diff between groups | No safety issues | Verapamil group had lower reinfarction rates (NS) 39 vs. 49 Significantly less angina OR: 0.8 (95% CI: 0.5-0.9) | Total mortality verapamil vs. PC 30 vs. 29 NS Cardiac deaths 21 vs. 22 NS | No diff in discontinuation of therapy due to adverse reactions. Death rate and number of pts recruited were lower than expected and pts were relatively young decreasing the power of study |

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| Smith, 1998 9809940 (113) | Long-term outcome BB + CCB in UA | Retrospective cohort | 247 | Diltiazem 188 | BB 59 | At discharge with UA Dx | MI or stroke during hospitalization | Monotherapy CCB for 1- 7 y | Monotherapy BB for 1-7 y | Deaths in 51 mo No diff between BB and CCB | N/A | Adjusted: for CCB NS increase in CAD rehospitalization/ death 1.4 (95% CI: 0.8–2.4) | Deaths: CCB vs. BB 1.1 (95% CI: 0.49-2.4) | Compliance issues. No information on follow-up treatment. Relatively small number of BB users |
| Pepine, 1998 9755379 (114) | Safety of CCB in CV disease | Meta-analysis 14 randomized parallel group studies | 4,000 person y | Verapamil | PC | Randomized studies of verapamil and PC from AMI | No randomization or control group | Verapamil | PC | Outcomes with CCBs after MI: vs. PC No diff in deaths Decreased nonfatal MI Decreased death/reinfarction | Data too limited for pts with hypertension No evidence for increased harm with verapamil | No diff verapamil vs. PC in angina pts | Combined death/reinfarction: 0.82 (95% CI: 0.70–0.97); p=0.016 Death: 0.93 (95% CI: 0.78– 1.1) Reinfarction: 0.79 (95% CI: 0.65–0.97); p=0.024 | No evidence of harm with CCB in angina. |
| DAVIT Danish study, 1984 6383832 (115) | 6 mo and 12 mo mortality after AMI with verapamil | Multicenter prospective study | 3,498 | Verapamil roughly 50% | PC roughly 50% | AMI | HF, AV block, severely disabling diseases, treatment with BB or CCB | Verapamil 120 tid for 6 mo | PC for 6 mo | NS diff in 6-mo or 12-mo mortality rate verapamil vs. PC | Higher number of AV block in verapamil group not associated with increased mortality. NS decreased in vs. fibrillation in verapamil group. | 6-mo reinfarctions: verapamil 7% PC 8.3 % NS | 6-mo mortality: 12.8% verapamil 13.9% PC NS 12-mo mortality: 15.2% verapamil 16/4% PC NS | Dosage of verapamil caused significantly increased AV block in 1 st wk More HF in verapamil group p<0.005 |
| DAVIT II Danish study, 1990 2220572 (116) | 18 mo mortality rates and major CV events with verapamil after AMI | Multicenter prospective trial | 1,775 | Verapamil 878 | PC 897 | AMI | HF, AV block, severely disabling diseases, treatment with BB or CCB | Verapamil 360 mg qd from 2 nd wk of AMI and up to 18 mo | PC for same period | Long-term treatment with verapamil decreased major CV events without significant effect on mortality | Significant diff in reasons for permanently stopping verapamil vs. PC: 2 nd or 3 rd degree AV block, sinus bradycardia, | In pts without HF in CCU 18-mo mortality: verapamil vs. PC 7.7% vs. 11.8% p=0.02 0.64 (95% CI: 0.44–0.94) Major CV event rates: | 18-mo mortality: verapamil vs. PC: 11.1% vs. 13.8%; p=0.11 0.80 (95% CI: 0.61–1.05) Major CV events: | Minor discrepancies between resulting confidence limits and p values from the Tarone-Ware tests occurred because HR are based on proportional hazards |

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| | | | | | | | | | | | abdominal pain, constipation | 14.6% vs. 19.7%; p=0.01 0.70 (95% CI: 0.52–0.93) In HF, NS diff in mortality or major CV events | 18.0% vs. 21.6%; p=0.03 0.80 (95% CI: 0.64–0.99) | assumption, not the case for the Tarone-Ware test |
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2° indicated secondary; ACS, acute coronary syndrome; AMI, acute myocardial infarction; AV, atrioventricular; BB, beta-blocker; BP, blood pressure; CAD, coronary artery disease; CCB, calcium channel blocker; CCU, cardiac care unit; CHF, congestive heart failure; CV, cardiovascular; diff, difference(s); Dx, diagnosis; HF, heart failure; Hx, history; HTN, hypertension; LV, left ventricular; MI, myocardial infarction; NQMI, Non-Q Wave myocardial infarction; NS, no/t significant; PC, placebo; pts, patients; Px, prognosis; qd, once daily; RAAS, Renin-Angiotensin-Aldosterone System; SA, stable angina; t.i.d., three times daily; and UA, unstable angina.

Data Supplement 13. Other Anti-Ischemic Interventions (Ranolazine) (Section 4.1.2.5)

| Study Name, Author, Year | Aim of Study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
|--|---|-----------------------------------|----------------|------------------------------|----------------------------|---|--|--------------------|------------------|--|--|---|--|--|
| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (Efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| Wilson SR, 2009 19389561 (117) | Evaluate the efficacy and safety of ranolazine in pts with prior chronic SA | Substudy from a multinational RCT | 3,565 | 1,789 | 1,776 | Pts with NSTE-ACS within 48 h of ischemic Sx (between Oct 2004–Feb 2007) Eligibility criteria: ≥18 y; Sx of myocardial ischemia; at least 1 moderate-high-risk indicator | Cardiogenic shock, persistent STE, successful revasc before randomization, clinically significant hepatic disease, ESRD requiring dialysis, treatment with agents known to prolong the QT interval, ECG abnormal levels interfering with Holter interpretation, life expectancy <12 mo | Ranolazine | PC | 1° endpoint (CV death, MI, recurrent ischemia) was less frequent with ranolazine (HR: 0.86; 95% CI: 0.75–0.97; p=0.017) (Follow-up was a median of 350 d) | Symptomatic documented arrhythmias (2.9% vs. 2.9%; p=0.92) and total mortality (6.2% vs. 6.4%; p=0.96) were similar with ranolazine or PC. CV death or MI did not differ between treatment groups (HR: 0.97; 95% CI: 0.80–1.16; p=0.71) | Composite endpoint driven by significant reduction in recurrent ischemia (HR: 0.78; 95% CI: 0.67–0.91; p=0.002). Ranolazine reduced worsening angina (p=0.048) and intensification of antianginal therapy (p=0.005) Exercise duration at 8 mo greater with ranolazine (p=0.002) | 1° endpoint: ranolazine vs. PC HR: 0.86; 95% CI: 0.75-0.97; p=0.017 | Substudy of a RCT that did not meet its 1° endpoint (exploratory) Randomization was not stratified by Hx of prior angina, small diffs in clinical characteristics between those randomized to ranolazine or PC exist. |
| Scirica, 2007 17804441 | Assess the potential | Sub-study from a | 6,351 | 3,162 | 3,189 | Pts with NSTE-ACS | Cardiogenic shock, | Ranolazine | PC | Ranolazine was associated | (numerically, but not statistically, | Lower incidence of pauses ≥3 s | VT ≥8 beats (5.3% vs. 8.3%; | Substudy of a RCT that did not |

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| (118) | antiarrhythmic actions of ranolazine after ACS | multinational RCT | | | | within 48 h of ischemic Sx (between Oct 2004–Feb 2007) Eligibility criteria: ≥18 y; Sx of myocardial ischemia; at least 1 moderate-high-risk indicator | persistent STE, successful revasc before randomization, clinically significant hepatic disease, ESRD requiring dialysis, treatment with agents known to prolong the QT interval, ECG abnormal levels interfering with Holter interpretation, life expectancy <12 mo | | | with fewer episodes of VT ≥8 beats (5.3% vs. 8.3%; p<0.001), SVT (44.7% vs. 55.0%; p<0.001), or new-onset AF (1.7% vs. 2.4%; p=0.08) (Continuous ECG [Holter] recording was performed for the 1 st 7 d after randomization) | lower incidence of sudden cardiac death in pts treated with ranolazine over the entire study period) | with ranolazine (3.1% vs. 4.3%; p=0.01) | p<0.001) SVT (44.7% vs. 55.0%; p<0.001), New-onset AF (1.7% vs. 2.4%; p=0.08) | meet its 1 ^o endpoint (exploratory) |
| Morrow, 2007 17456819 (119) | Determine the efficacy and safety of ranolazine during long-term treatment of pts with NSTE-ACS | Multinational RCT | 6,560 | 3,279 | 3,281 | Pts with NSTE-ACS within 48 h of ischemic Sx (between Oct 2004 and Feb 2007) Eligibility criteria: ≥18 y; Sx of myocardial ischemia; at least 1 mod-high-risk indicator | Cardiogenic shock, persistent STE, successful revasc before randomization, clinically significant hepatic disease, ESRD requiring dialysis, treatment with agents known to prolong the QT interval, ECG abnls interfering with Holter interpretation, life expectancy <12 mo | Ranolazine (initiated IV followed by oral ranolazine extended-release 1000 mg 2× daily) | PC | 1 ^o efficacy endpoint (composite of CV death/MI/recurrent ischemia): 21.8% in the ranolazine group vs. 23.5% in the PC group, p=0.11 Follow-up was a median of 350 d | No diff in total mortality with ranolazine vs. PC (HR: 0.99; 95% CI: 0.80–1.22) No diff in QTc prolongation requiring dose reduction: 0.9% in pts receiving ranolazine vs. 0.3% in PC, p NS No difference in symptomatic arrhythmias (ranolazine: 3.0% vs. PC: 3.1%; p=0.84) | No diff in the major 2 ^o endpoint (CV death/MI/severe recurrent ischemia), or in the composite of CV death/MI. Ranolazine was associated with reduced recurrent ischemia: 13.9% vs. 16.1%; HR: 0.87; 95% CI: 0.76–0.99; p=0.03). | 1 ^o efficacy endpoint (ranolazine vs. PC): HR: 0.92; 95% CI: 0.83–1.02 | Given the statistically NS result for the 1 ^o endpoint, all additional efficacy analyses, although prespecified, should be considered as de facto exploratory 915 and 736 pts discontinued the study Rx in the ranolazine and PC arms, respectively. |

1^o indicates primary; 2^o, secondary; ACS, acute coronary syndrome; AF, atrial fibrillation; CV, cardiovascular; diff, difference; ECG, electrocardiograph; ESRD, end-stage renal disease; Hx, history; IV, intravenous; MI, myocardial infarction; NS, no/t significant; NSTE, non-ST-elevation; NSTE-ACS, non-ST-elevation acute coronary syndrome; pts, patients; RCT, randomized controlled trial; revasc, revascularization; Rx, prescription; SA, stable angina; STE, ST-elevation; Sx, symptoms; SVT, sustained ventricular tachycardia; and VT, ventricular tachycardia.

Data Supplement 14. Inhibitors of the Renin-Angiotensin-Aldosterone System (Section 4.2)

| Study Name, Author, Year | Aim of Study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
|--|--|------------------------------------|----------------|------------------------------|----------------------------|---|--|---------------------|------------------|--|--|---|---|--|
| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (Efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| SAVE Pfeffer, 1992 1386652 (120) | Captopril on events in AMI with LV dysfunction | Multi-institute prospective | 2,231 | Captopril 1,115 | PC 1,116 | 3 d after AMI LVEF≤4% 21–79 y. | Contraind. to ACEI Creatinine >2.5 mg/dL | Captopril for 42 mo | PC | All-cause mortality reduced in captopril group vs. PC (20% vs. 25%) Reduction of MACE by 21% | No prospective safety evaluators | Reduction of CV death by ACEI 37% Reduction of severe HF by 22% Reduction of recurrent MI by 25% | All-cause mortality reduction by ACEI 19% (95% CI: 3%–32%); p=0.019 MACE: 21% (95% CI: 5–35); p=0.014 CV deaths 37% (95% CI: 20–50); p<0.001 Recurrent MI: 25% (95% CI: 5–40); p=0.015 | Adverse: dizziness, dysgeusia, cough, diarrhea. Exclusion of pts with symptomatic HF |
| Ambrosioni, 1995 7990904 (121) | ACEI for short-term events | Multi-institute prospective | 1,556 | Zofenopril 772 | PC 784 | CCU with AMI | Contraindication to ACEI | ACEI for 6 wk | PC | 6-wk death or severe HF reduced by 34% with ACEI | N/A | 1-y death rate reduced by ACEI 29%; p=0.011 | 6-wk death reduction: 34% (95% CI: 8%–54%); p=0.018 MACE: 46% (95% CI: 11–71); p=0.018 | Side effects: 6.8% PC, 8.6% ACEI No use of initial IV ACEI to see beneficial or adverse effects. |
| CONSENSUS II Swedberg, 1992 1495520 (122) | Long-term reduction in mortality with ACEI | Multi-institute prospective | 6,090 | Enalapril 3,044 | PC 3,046 | <24 h after onset of chest pain with ECG/enzyme changes | BP <100/60; need for vasopressors, severe heart block, valvular disease, contraindication to ACEI, TIA | Enalapril for 6 mo | PC | 1- and 6-mo mortality unchanged with enalapril vs. PC 7.2% vs. 6.3% 1 mo 11.0% vs. 10.2% 6 mo | Death due to HF 4.3% ACEI 3.2% PC p=0.06 | Change in therapy due to HF increased in PC group. p<0.006 NS diff in reinfarctions or rehospitalization due to HF | Mortality; p=0.26 | Early hypotension 12% ACEI and 3% PC p<0.001 Lack of ACEI benefit possibly due to low dose of ACEI |
| ACEI MI Coll. Group 1998 9631869 (123) | Use of ACEI in early AMI | Meta-analysis of 4 clinical trials | 98,496 | ACEI roughly 1/2 | PC roughly 1/2 | AMI-early short-term trials>1,000 pts | Smaller trials, no control group | ACEI from 28–42 d | PC | 30-d mortality reduction 7% by ACEI | Hypotension less common in ACEI vs. controls 9.3 vs. 17.6% | Absolute benefit highest in Killip 2, 3 anterior MI | 30-d mortality reduction 7% (95% CI: 2%–11%); p<0.004 HF reduction 14.6% vs. 15.2% | Significant increase in cardiac shock and renal dysfunction with ACEI Higher 2 nd -3 d AV block. |

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| AIREX Hall, 1997 9167457 (124) | Cumulative Mortality 3 y after end of AIRE trial of MI with HF | Multi-institute prospective- | 603 in initial AIRE trial of 15 mo | Ramipril 302 | PC 301 | AMI with evidence of HF | Clinical instability, contraindication to ACEI, HF of valvular or congenital HD, need for open label ACEI. | Ramipril beginning 2-9 d after admission and up to 15 mo with 3-y follow-up poststudy | PC for 15 mo, then 3-y follow-up | 15-mo mortality reduced with ACEI and 3-y follow-up mortality also reduced | N/A | N/A | 15-mo mortality: 16.9% ACEI 22.6% PC 27% (95% CI: 11-40); p=0.002 3-y post-AIRE mortality: 27.5% ACEI 38.9% PC 36% (95% CI: 15-52); p=0.002 Reduction with ACEI. | Mortality benefit only in 1 st 24 mo after study ended. Possibly because more severely ill PC pts died before 24 mo leaving a relatively healthy post-PC population. |
| Squire, 2010 20478862 (125) | Benefit of BNP in use of ACEI in ACS | Observational cohort study retrospective | 1,725 | ACEI in all or ARB in some cases | Various levels of BNP | ACS in CCU 44% NSTE-ACS | Resident pts outside health authority area. | ACEI or ARB median 528 d follow-up. | NT-pro-BNP values by quartiles | MACE: only in top quartile of BNP was ACEI associated with reduction of MACE. NS benefit in other BNP quartiles | ACEI treatment. Had survival benefit only in pts without diabetes mellitus or hypertension. | Death or HF: reduced risk in top quartile of BNP: 0.498 (0.31, 0.80); p=0.004 NS reduction of death in top BNP quartile. | Decreased MACE in top quartile of BNP: HR: 0.613 (0.46,0.82); p=0.001 | Observational only. Possible residual confounding of variables. Demographic diff in BNP. Single center, but 2 hospitals. |
| Pfeffer, 2003 14610160 (126) | Effect of ACEI and ARB combination in AMI with HF/LV Dysfunction | Multicenter prospective trial | 14,703 | Valsartan 4,909 Captopril 4,909 Both 4,885 | 3-way comparison | AMI 0.5-10 d HF and/or LVEF <0.35 by echo or <0.40 by RN | Low BP Creatinine >2.5 | ACE, ARB or combination Median 24.7 mo | 3-way comparison | Total mortality: NS diff among 3 groups | Valsartan: hypotension, renal abnormalities more common. Captopril: cough, rash, dysgeusia more common. | Noninferiority of valsartan vs. captopril for death | Total mortality: valsartan vs. captopril 1.00 (97.5% CI: 0.90-1.11) Combined vs. captopril 0.98 (97.5% CI: 0.89-1.09) | Significant adverse events: hypotension, renal causes, hyperkalemia, cough, rash, dysgeusia, angioedema. Significant greater adverse events with combination vs. valsartan alone. 9.0% vs. 5.8% for permanent discontinuation of drug. |
| Pitt, 2003 12668699 (127) | Effect of eplerenone in AMI with LV dysfunction | Multicenter prospective trial | 6,632 | Eplerenone 3,319 | PC 3,313 | 3-14 d after AMI LVEF ≤0.40 CHF on ACEI, BB, | K+ sparing diuretics use; Creatinine >2.5 K+>5 meq/L | Eplerenone mean follow-up 16 mo | PC | Total and CV death Total deaths and CV deaths decreased by eplerenone vs. | BP increase less in eplerenone than PC increase in creatinine EP>PC; | Reduction in sudden death 0.79 (95% CI: 0.64-0.97); p=0.03 | Total deaths: 0.85 (95% CI: 0.75-0.96); p=0.008 CV deaths: 0.83 (95% CI: 0.72-0.94); p=0.005 | Low rate of D/C of EP for adverse events. No gynecomastia. However, increased incidence of serious hyperkalemia |

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| | | | | | | diuretics | | | | PC | p<0.001 Increase in K+ greater in EP | | CV Death or Hospital: 0.87 (95% CI: 0.79– 0.95); p=0.02 | 5.5% vs. 3.9%; p=0.002 |
| Gheorghide, 2009 19699868 (128) | Effect of eplerenone on readmission hospital stay after MI with LV dysfunction | Retrospective analysis of prospective multicenter trial | 6,632; 827 with subsequent hospital readmission | Eplerenone 3,319 | PC 3,313 | Rehospitalization for HF 827 | No rehospitalization from original group 5,805 | Eplerenone 16-mo follow-up | PC | Reduction of d of rehospitalization by eplerenone | In rehospitalization pts: K+>6.0 in 10.1% EP vs. 5.8% PC p=0.02 | NS effect of geographic region on results | Total d in hospital for HF; (reduction) 3.6 (13.3–16.9) p=0.0006 vs. PC | In subset rehospitalized: No deaths from hyperkalemia, 2-fold reduction of hypokalemia, impotence was rare |
| Weir, 2009 19464421 (129) | MRI study to evaluate eplerenone effects on LV after MI | Prospective cohort study | 100 | Eplerenone 50 | PC 50 | AMI 1-14 d LVEF <0.40 | Clinical HF, DM, preexisting, LV dysfunction, elevated creatinine, K+> mmol/L | Eplerenone 24 wk | PC | Change in LV systolic volume after covariate adjusted volume fell by 6.1± 2.7 mL/m ² vs. PC | NS diff between eplerenone and PC in HR, BP changes 2/50 EP pts developed K+ bet, 5.6 and 5.9 | Diastolic volume fell EP vs. PC 7.5±3.4 mL/m ² p=0.031 Increased MMP -9 and decreased MMP-2 | Systolic volume decreased with EP vs. PC: p=0.027 | 3 eplerenone pts died, vs. fibrillation, stroke, recurrent AMI, NS change in creatinine or eGFR. Need for covariate adjustment; LVEF changes between screening TTE and MRI. |
| Rosignol 2011, 22032706 (130) | Mechanism of eplerenone benefit in AMI | Retrospective analysis of multicenter study | 6,080 | Eplerenone 3,055 | PC 3,025 | 3-14 d after overall AMI; LVEF ≤0.40 CHF on ACEI, BB, diuretics | K+ sparing diuretic Creatinine >2.5 K+>5 meq/L | Eplerenone 1-mo evaluation | PC | Interaction between diuretic effects and K+ sparing effects of eplerenone and benefit of CV outcome | Decreased rate of CV death due to K+ sparing effect of EP vs. PC | EP vs. PC Reduced weight <0.0001 Plasma volume p=0.047 Increased K+ p<0.0001 | EP decreased total mortality, CV death/hospitalization and hospitalization for HF independent of K+ and diuretic effects | Post-hoc analysis Short-term evaluation of K+ and diuretic effects only |
| Rosignol, 2012 22128223 (131) | Eplerenone effects on renal function after AMI | Retrospective analysis of multicenter study | 5,792 | Eplerenone 2,918 | PC 2,874 | 3-14 d after AMI; LVEF ≤0.40 CHF, on ACEI, BB, diuretics | K+ sparing diuretic Creatinine>2.5 K+>5 meq/L | Eplerenone 24 mo follow-up | PC | Serial changes in eGFR EP had a decline in eGFR from 1 st mo and persisted throughout study | Most salient: early decline in eGFR by EP vs. PC | Early decline in eGFR by >20% associated with worse CV outcomes independent of baseline eGFR and use of eplerenone | Decline >20% eGFR 1 st mo: 16.9% EP vs. 14.7% PC OR: 1.15 (95% CI: 1.02–1.30); p=0.017 | Post-hoc analysis and included nonprespecified subgroups Changes focused only on a 1-mo timepoint At this timepoint, deaths in eplerenone were already lower than PC |
| GISSI-3, 1994 7910229 (87) | Effect of ACEI on mortality and LV function | Multicenter prospective trial | 18,895 | Lisinopril, 9,435 | Open control 9,460 | In CCU within 24 h of chest pain, ECG | Severe HF requiring study treatment, hemodynamic | Lisinopril 10 mg qd for 6 wk | PC | Deaths and combined deaths and LV dysfunction | Rates of hypotension and renal dysfunction | Rates of reinfarction, cardiogenic shock, and | Overall 6-wk mortality reduction: OR: 0.88 (95% CI: 0.79–0.99) Overall reduction in | Relatively low dosage of lisinopril, many elderly and women excluded |

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| | after MI | | | | | changes and no contraindications to study med | deterioration, bilateral renal artery stenosis, other life threatening disorders | | | Lisinopril reduced mortality and combined outcome | higher with ACEI | stroke did not differ | death plus decreased. LV dysfunction: 0.90 (0.84-0.98) | Concern about slightly increased creatinine and hypotension with ACEI |
| ISIS-4, 1995 7661937 (86) | Effect of ACEI on 5-wk mortality after AMI | Multicenter prospec trial | 58,050 | Captopril 29,028 | PC 29,022 | In CCU within 24 h of chest pain | Hypotension, cardiogenic shock, fluid depletion | Captopril 50 mg bid for 28 d | PC | 5-wk mortality lower with ACE inhibitor | Rates of hypotension increased with ACEI, renal dysfunction No excess of deaths with lower BPs on ACEI | Somewhat fewer deaths 1 st 2 d of treatment with ACEI vs. PC | 5-wk mortality:7.19% ACEI vs. 7.69% PC 2p=0.02 | Possible contending effects of magnesium and nitrates in regard to results |

ACS indicates acute coronary syndrome; ACEI, angiotensin-converting enzyme inhibitor; AIRE Trial, Acute Infarction Ramipril Efficacy Trial; AMI, acute myocardial infarction; ARB, angiotensin receptor blocker; AV,block, atrioventricular block; BB, beta blocker; bid, twice a day; BNP, B-type Natriuretic Peptide; BP, blood pressure; CCU, cardiac care unit; CHF, congestive heart failure; CV, cardiovascular; diff, difference(s); D/C, discharge; ECG, electrocardiograph; eGFR, estimated glomerular filtration rate; EP, eplerenone; HD, heart disease; HF, heart failure; IV, intravenous; LV, left ventricular; LVEF, left ventricular ejection fraction; MACE, major adverse cardiac events; MI, myocardial infarction; MMP-2, matrix metalloproteinase-2; MMP-9, matrix metalloproteinase-9; MRI, magnetic resonance imaging; NS, no(t) significance; NSTE, non-ST-elevation; NSTE-ACS, non-ST-elevation-acute coronary syndrome; NT-pro-BNP, N-terminal pro-brain natriuretic peptide; PC, placebo; pts, patients; RN, radionuclide; and TTE, transthoracic echocardiography.

Data Supplement 15. Oral and Intravenous Antiplatelet Therapy in Patients With Likely or Definite NSTE-ACS Treated With Initial Invasive or Conservative Strategy (Section 4.3.1)

| Study Name, Author, Year | Study Aim | Study Type / Size (N) | Intervention vs. Comparator (n) | Patient Population | | Study Intervention | Endpoints | | | P Values, OR: HR: RR: & 95 CI: | Adverse Events | Study Limitations |
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| | | | | Inclusion Criteria | Exclusion Criteria | | Primary Endpoint & Results | Safety Endpoint & Results | Secondary Endpoint & Results | | | |
| Baigent 2009 19482214 (132) | Low-dose ASA is of definite and substantial net benefit for people who already have occlusive vascular disease. Assessed the benefits and risks in 1 ^o prevention. | Meta-analysis N=95,000 pts at low avg risk | ASA vs. no ASA | 1 ^o or 2 ^o prevention trials eligible only if they involved randomized comparison of ASA vs. no ASA (with no other antiplatelet drug in either group). | 1 ^o prevention trials excluded individuals with any Hx of occlusive disease at entry | ASA or no ASA | Serious vascular events (MI, stroke, or vascular death) 0.51% vs 0.57% | Major bleeds 0.10% vs. 0.07% per y; p<0.0001 | 2 ^o prevention trials ASA allocation yielded greater absolute reduction in serious vascular events (6.7% vs. 8.2% per y; p<0.0001) with NS increase in haemorrhagic stroke but reductions of about a 1/5 in total stroke (2.08% vs. 2.54% per y; | p=0.0001 | N/A | N/A |

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| | | | | | | | | | p=0.002) and in coronary events (4.3% vs 5.3% per y; p<0.0001). | | | |
| CURE Yusuf 2001 11519503 (133) | Compare efficacy and safety of the early and long-term use of clopidogrel plus ASA with those of ASA alone in pts with ACS and no STE | Randomized, double-blind, PC trial N=12,562 pts | Clopidogrel vs. PC in addition to ASA | Pts were eligible for study if they had been hospitalized within 24 h after onset of Sx and no STE | Contraindications to antithrombotic or antiplatelet therapy, high risk for bleeding or severe HF, taking oral anticoagulants, had undergone coronary revasc in the previous 3 mo or received IV GP IIb/IIIa receptor inhibitors in the previous 3 d | Clopidogrel (300 mg immed followed by 75 mg od) vs. PC in addition to ASA | Death from CV causes, nonfatal MI, or stroke 9.3% vs 11.4% | Pts with major bleeding 3.7% vs. 2.7%; p=0.001 RR: 1.38 | 1 st outcome or refractory ischemia 16.5% vs 18.8% RR: 0.86; CI: 0.79–0.94; p<0.001 Percentage of pts with in-hospital refractory or severe ischemia, HF, and revasc procedures were significantly lower with clopidogrel. | p<0.001 RR: 0.80 CI: 0.72–0.90 | Clopidogrel was not associated with excess rate of any other type of adverse event that necessitated discontinuation of study drug | N/A |
| PLATO Mahaffey 2011 21709065 (134) | Prespecified subgroup analysis showed significant interaction between treatment and region (p=0.045), with less effect of ticagrelor in NA than in ROW. Exploratory analyses performed to identify potential explanations for observed region-by-treatment interaction. | Observed regional interaction driven by interaction of randomized treatment with 78% of NA pts in US compared with ROW pts (p=0.01 vs. p=0.045 for interaction using NA). Analyses focus on comparison of US and ROW, with Canadian pts included in ROW group. | Reasons for the interaction were explored independently by 2 statistical groups. | N/A | N/A | 2 independently performed analyses identified statistical interaction with ASA maintenance dose as possible explanation for regional difference. Lowest risk of CV death, MI or stroke with ticagrelor compared with clopidogrel is associated with low-maintenance dose of concomitant ASA | Large number of subgroup analyses performed and result numerically favoring clopidogrel in at least 1 of the 4 prespecified regions could occur with 32% probability. More pts in US (53.6%) than in the rest of the world (1.7%) took median ASA dose ≥300 mg qd. Of 37 baseline and postrandomization factors explored, only ASA dose explained substantial fraction of the regional interaction. | N/A | Pts taking low-dose maintenance ASA, ticagrelor associated with better outcomes compared with clopidogrel, with statistical superiority in the rest of the world and similar outcomes in US cohort. | N/A | N/A | N/A |
| Gremmel 2010 | Investigate age dependency of | Prospective observational | Clopidogrel and age | Pts on dual antiplatelet therapy | Known acetylsalicylic acid or | LD of 300 mg (n=116; 60.7%) | ADP-inducible platelet reactivity increased | N/A | N/A | p=0.003 for LTA and p<0.001 for | N/A | Lack of clinical outcome data, |

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| 19818001 (135) | clopidogrel mediated platelet inhibition | study N=191 pts | | after angioplasty and stenting for CVD | clopidogrel intolerance (allergic reactions and gastrointestinal bleeding), therapy with VKA (warfarin, phenprocoumon and acenocoumarol), treatment with ticlopidine, dipyridamol or NSAID, a family or personal Hx of bleeding disorders, malignant paraproteinemias, myeloproliferative disorders or heparininduced thrombocytopenia, severe hepatic failure, known qualitative defects in thrombocyte function, a major surgical procedure within 1 wk before enrollment, a platelet count <100, 000 or >450, 000 IL-1 and hematocrit <30%. | or 600 mg (n=50; 26.2%) of clopidogrel prior intervention followed by 75 mg of clopidogrel od Pts received daily acetylsalicylic acid therapy (100 mg qd). | linearly with age after adjustment for CV risk factors, type of intervention, medication, CRP and renal function [using LTA 0.36% of maximal aggregation per y, 95% CI: 0.08–0.64%; p=0.013; using the VerifyNow P2Y ₁₂ assay 3.2 P2Y ₁₂ reaction units (PRU) per y, 95% CI: 1.98–4.41 PRU; p<0.001. ADP-inducible platelet reactivity significantly higher in pts 75 y or older compared with younger pts (p=0.003 for LTA and p<0.001 for VerifyNow P2Y ₁₂ assay). High on-treatment residual ADP-inducible platelet reactivity significantly more common among pts 75 y or older (p=0.02 for LTA and p<0.001 for VerifyNow P2Y ₁₂ assay). | | | the VerifyNow P2Y ₁₂ assay | | the relatively small number of patients on chronic clopidogrel therapy and pts were not studied again under maintenance therapy with clopidogrel. |
| CAPRIE 1996 8918275 (136) | Assess potential benefit of clopidogrel compared with ASA in reducing risk of ischaemic stroke, MI, or vascular death in pts with | Randomized N=19,185 pts | N=9577 clopidogrel (75 mg od) plus PC n=9,566 ASA (325 mg od) plus PC | Ischaemic stroke (including retinal origin and lacunar infarction); MI; Atherosclerotic PAD | Severe cerebral deficit likely lead to pts being bedridden or demented; Carotid endarterectomy after qualifying stroke; Qualifying stroke induced by carotid endarterectomy or | Clopidogrel (75 mg od) ASA (325 mg od) | Pts treated with clopidogrel had annual 5.32% risk of ischaemic stroke, MI, or vascular death compared with 5.83% with ASA. Significant (p=0.043) relative-risk reduction of 8.7% in favor of clopidogrel (95% CI: | There were no major differences in terms of safety | N/A | p=0.043 RR reduction of 8.7% in favor of clopidogrel CI: 0.3–16.5 | Reported adverse experiences in the clopidogrel and ASA groups judged to be severe included rash (0.26% vs. 0.10%), diarrhoea (0.23% vs. 0.11%), upper gastrointestinal | N/A |

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| | recent ischaemic stroke, recent MI, or PAD. | | | | angiography; Pts unlikely to be discharged after qualifying event; Severe comorbidity likely to limit pts life expectancy to less than 3 y, Uncontrolled hypertension, Scheduled for major surgery, Contraindications to study drugs; Women of childbearing age not using reliable contraception, Currently receiving investigation drug; Previously entered in other clopidogrel studies. | | 0.3-16.5). Corresponding on-treatment analysis yielded RR reduction of 9.4%. | | | | discomfort (0.97% vs. 1.22%), intracranial haemorrhage (0.33% vs. 0.47%), and gastrointestinal haemorrhage (0.52% vs. 0.72%). 10 pts (0.10%) in clopidogrel group with significant reductions in neutrophils (<1.2 x 10 ⁹ /L) and 16 (0.17%) in ASA group. | |
| Gollapudi 2004 15613671 (137) | Provide diagnostic strategy for evaluating and treating pts with ASA sensitivity, with additional consideration for issues specific to pts with CAD. | Literature review | N/A | N/A | N/A | N/A | Prevalence of ASA-exacerbated respiratory tract disease approximately 10% and for ASA-induced urticaria prevalence varies 0.07% to 0.2% of general population. ASA sensitivity most often manifested as rhinitis and asthma or urticaria/angioedema induced by cross-reacting NSAID that inhibit cyclooxygenase 1. 1 ^o mechanism of sensitivity less often related to drug-specific IgE antibody production leading to | N/A | N/A | N/A | N/A | N/A |

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| | | | | | | | urticaria/angioedema and rarely to anaphylaxis. Most pts with acetylsalicylic acid sensitivity are able to undergo desensitization therapy safely and successfully except in cases of chronic idiopathic urticaria. Experience with acetylsalicylic acid desensitization in pts with CAD very limited. | | | | | |
| TRITON – TIMI 38 Wiviott 2007 17982182 (138) | Compare regimens of prasugrel and clopidogrel | N=13,608 pts with ACS with scheduled PCI | Prasugrel n=6813 (60 mg LD and 10 mg qd maintenance dose) or Clopidogrel n=6795 (300 mg LD and 75 mg qd maintenance dose), for 6-15 mo | Pts with UA NSTEMI, TIMI risk score ≥3, either ST-segment deviation of 1 mm or more or elevated levels of a cardiac biomarker of necrosis. Pts with STEMI could be enrolled within 12 h after onset of Sx if 1 ^o PCI was planned or within 14 d after receiving medical treatment for STEMI | Increased risk of bleeding, anemia, thrombocytopenia, a Hx of pathologic intracranial findings, or use of any thienopyridine within 5 d before enrollment. | Prasugrel or clopidogrel | Death from CV causes, nonfatal MI, or nonfatal stroke 12.1% clopidogrel vs 9.9% prasugrel rates of MI 9.7% clopidogrel vs. 7.4% prasugrel; p<0.001) urgent target-vessel revasc 3.7% vs. 2.5%; p<0.001 stent thrombosis 2.4% vs. 1.1%; p<0.001 | Major bleeding- TIMI major bleeding not related to CABG, non-CABG related TIMI life threatening bleeding, and TIMI major or minor bleeding 2.4% prasugrel vs. 1.8% clopidogrel HR: 1.32; 95% CI: 1.03–1.68; p=0.03 rate of life-threatening bleeding 1.4% vs. 0.9%; p=0.01 including | Stent thrombosis and composite of death from CV causes, nonfatal MI, nonfatal stroke, or rehospitalization due to a cardiac ischemic event. Rate of MI with subsequent death from CV causes 0.7% vs. 0.4% HR: 0.58; CI:0.36 - 0.93; p=0.02 | p<0.001 HR: 0.81 CI: 0.73 - 0.90 | More pts treated with prasugrel 2.5% vs. 1.4% clopidogrel; p<0.001 discontinued the study drug owing to adverse events related to hemorrhage; rate of serious adverse events not related to hemorrhage was similar 22.5% vs 22.8% p=0.52 | N/A |

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| | | | | | | | | nonfatal bleeding 1.1% vs. 0.9%; HR: 1.25; p=0.23 fatal bleeding 0.4% vs. 0.1%; p=0.002 | | | | |
| PLATO Wallentin 2009 19717846 (139) | Determine whether ticagrelor is superior to clopidogrel for the prevention of vascular events and death in broad population of pts presenting with ACS. | N=18,624 pts with ACS with or without STE | Ticagrelor n=9333 (180 mg LD, 90 mg bid thereafter) or clopidogrel (n=9291) (300-600 mg LD, 75 mg daily thereafter) | Hospitalized for ACS with or without STE; with an onset of Sx during the previous 24 h. Pts who had ACS NSTEMI at least 2 of the following 3 criteria had to be met: ST changes on ECG indicating ischemia; positive test of biomarker, indicating myocardial necrosis; one of several risk factors (age≥60 y; previous MI or CABG; CAD with stenosis of ≥50% in at least 2 vessels; previous ischemic stroke, TIA, carotid stenosis of at least 50% or cerebral revascularization; DM; PAD; chronic renal dysfunction, defined as a creatinine clearance of <60 ml/min per 1.73 m ² of body surface area with STE the following 2 inclusion | Any contraindication against the use of clopidogrel, fibrinolytic therapy within 24 h before randomization, a need for oral anticoagulation therapy, an increased risk of bradycardia, and concomitant therapy with a strong cytochrome P-450 3A inhibitor or inducer | Ticagrelor or clopidogrel | Composite of death from vascular causes, MI, or stroke 9.8% of pts receiving ticagrelor vs 11.7% clopidogrel (HR: 0.84; 95% CI: 0.77–0.92; p<0.001). | Major bleeding 11.6% vs 11.2%, p=0.43 ticagrelor was associated with a higher rate of major bleeding not related to CABG 4.5% vs. 3.8%, p=0.03), including more instances of fatal intracranial bleeding and fewer of fatal bleeding of other types | MI alone 5.8% vs. 6.9%, p=0.005 Death from vascular causes 4.0% vs. 5.1%, p=0.001 Stroke alone 1.5% vs. 1.3%, p=0.22 The rate of death from any cause 4.5% vs. 5.9%, p<0.001 | p<0.001 HR: 0.84 CI: 0.77-0.92 | Discontinuation of the study drug due to adverse events 7.4% ticagrelor vs 6.0% clopidogrel p<0.001 Dyspnea 13.8% vs. 7.8%; Higher incidence of ventricular pauses in 1 wk but not at 30 d in ticagrelor group than clopidogrel group | Geographic differences between populations of pts or practice patterns influenced the effects of the randomized treatments |

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| | | | | criteria had to be met: persistent STE of at least 0.1 mV in at least 2 contiguous leads or a new left bundle-branch block, and the intention to perform 1° PCI. | | | | | | | | |
| Mehta 2010 20818903 (140) | Clopidogrel and ASA are widely used for pts with ACS and those undergoing PCI. However, evidence-based guidelines for dosing have not been established for either agent. | N=25,086 pts | Pts randomly assigned to double-dose clopidogrel received 600 mg LD followed by 150 mg od d 2-7. Pts assigned to standard-dose clopidogrel received 300 mg LD before angiography followed by 75 mg od days 2-7. D 8-30 both double-dose and standard-dose groups received 75 mg of clopidogrel od. Pts randomly assigned to lower-dose ASA received 75-100 mg daily on d 2-30. Those | ≥18 y and presented with a NSTEMI, ACS or STE MI. Either ECG changes compatible with ischemia or elevated levels of cardiac biomarkers; coronary angiographic assessment, with plan to perform PCI as early as possible but no later than 72 h after randomization | Increased risk of bleeding or active bleeding and known allergy to clopidogrel or ASA | 2x2 factorial design. Pts were randomly assigned in double blind fashion to double-dose regimen of clopidogrel or standard-dose regimen. In the 2 nd component of factorial design pts were randomly assigned in open label fashion to higher-dose ASA or lower-dose ASA. | Time to CV death, MI, or stroke whichever occurred 1 st , up to 30 d. Primary outcome occurred in 4.2% of pts assigned to double-dose clopidogrel compared with 4.4% assigned to standard-dose clopidogrel HR: 0.94, 95% CI: 0.83-1.06 p=0.30 NS difference between higher-dose and lower-dose ASA respect to 1° outcome 4.2% vs. 4.4% HR: 0.97; 95% CI: 0.86-1.09; p=0.61 | Major bleeding occurred in 2.5% of pts in double-dose group and 2.0% in standard-dose group HR: 1.24; 95% CI: 1.05-1.46; p=0.01 NS difference between higher-dose and lower-dose ASA with respect to major bleeding (2.3% vs. 2.3%; HR: 0.99; 95% CI: 0.84-1.17; p=0.90). | Composite of death from CV causes, MI, stroke, or recurrent ischemia; the individual components of 1° outcome; death from any cause; Definite or probable stent thrombosis. Double-dose clopidogrel associated with significant reduction in 2° outcome of stent thrombosis among the 17,263 pts who underwent PCI (1.6% vs. 2.3%; HR: 0.68; 95% CI: 0.55-0.85; p=0.001). | p=0.30 HR=0.94 CI=0.83-1.06 | N/A | Nominally significant reduction in 1° outcome was associated with use of higher-dose clopidogrel in subgroup of 17,263 study participants who underwent PCI after randomization (69%). Test for interaction between pts who underwent PCI and those who did not undergo PCI (p=0.03) did not meet prespecified threshold of p<0.01 for subgroup interactions. 13 prespecified subgroup analyses were performed for the clopidogrel dose comparison; this |

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| | | | randomly assigned to higher-dose ASA received 300 to 325 mg daily d 2-30. | | | | | | | | | result could have been due to the play of chance. |
| Plato James 2011 21685437 (141) | Evaluate efficacy and safety outcomes in pts in PLATelet inhibition and pts outcomes (PLATO) trial who at randomization were planned for a non-invasive treatment strategy. | Randomized N=5216 pts | Ticagrelor n=2601 vs. clopidogrel n=2615 | Admitted to hospital with STE ACS scheduled for PCI or NSTEMI-ACS, with onset of Sx during the previous 24 h. At least two of the following three criteria were required for NSTEMI-ACS: STE depression or transient elevation of at least 1 mm in ≥ 2 contiguous leads; a positive biomarker indicating myocardial necrosis; and 1 additional risk indicator, including age >60 y, previous MI or CABG, CAD, previous ischaemic stroke, TIA, carotid stenosis, cerebral revascularization, DM, PAD, or chronic renal dysfunction | Contraindication to clopidogrel, fibrinolytic treatment within 24 h, need for oral anticoagulation treatment, need for dialysis, and clinically important anaemia or thrombocytopenia | ticagrelor or clopidogrel | CV death, MI, and stroke; their individual components; and PLATO defined major bleeding during 1 y 12.0% (n=295) ticagrelor vs. 14.3% (n=346) clopidogrel HR 0.85, 95% CI 0.73 to 1.00; p=0.04). | Incidence of total major bleeding 11.9% vs. 10.3%, HR: 1.17; 95% CI: 0.98–1.39; p=0.08 non-CABG related major bleeding 4.0% vs. 3.1%; HR: 1.30; 95% CI: 0.95–1.77; p=0.10 | Overall mortality 6.1% vs. 8.2% HR: 0.75; 95% CI: 0.61–0.93; p=0.01 | p=0.04 HR: 0.85 95% CI: 0.73–1.00 | N/A | N/A |
| ISAR-REACT 2 Kastrati 16533938 (142) | Assess whether abciximab is associated with clinical benefit in high-risk pts with ACS undergoing PCI after | Randomized N=2,022 pts | Abciximab n=1012 vs PCn=1010 | High-risk ACS pts undergoing PCI | STEMI-AMI | Abciximab (0.25 mg/kg bolus, followed by a 0.125-microg/kg/min max, 10 mcg/min) infusion for 12 h plus | Death, MI or UTVR at 30 d 8.9% vs. 11.9% | NS differences between 2 groups regarding risk of major and minor bleeding as | N/A | p=0.03 RR: 0.75 95% CI: 0.58–0.97 | N/A | Cannot exclude possibility that greater benefit from abciximab might have been present had therapy been initiated |

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| | pretreatment with 600 mg of clopidogrel | | | | | heparin, 70 U/kg or PC (PC bolus and infusion of 12 h, plus heparin bolus, 140 U/kg). All pts received clopidogrel 600 mg at least 2 h prior to procedure as well as 500 mg oral or IV ASA | | well as need for transfusion. | | | | earlier prior to the cath lab |
| PURSUIT Trial 2010 9705684 (143) | Inhibition of platelet aggregation with eptifibatide would have incremental benefit beyond that of heparin and ASA in reducing frequency of adverse outcomes in pts with ACS who did not have persistent STE. | Double blind N=10,948 pts | Bolus and infusion of eptifibatide or PC n=1487 low-dose eptifibatide group n=4722 high-dose eptifibatide group n=4739 PC group | Pts who had presented with ischemic chest pain within previous 24 h and who had either ECG changes indicative of ischemia (but not persistent STE) or high serum concentrations of CK-MB isoenzymes | Persistent STE of more than 1 mm, active bleeding or a Hx of bleeding diathesis, gastrointestinal or genitourinary bleeding within 30 d before enrollment, systolic blood pressure above 200 mmHg or diastolic blood pressure above 110 mmHg, a Hx of major surgery within the previous 6 wk, a Hx of nonhemorrhagic stroke within previous 30 d or any Hx of hemorrhagic stroke, renal failure, pregnancy, the planned administration of platelet GP IIb/IIIa receptor inhibitor or thrombolytic agent, or receipt of | Eptifibatide or PC bolus dose of 180 mcg/kg of body weight, followed by infusion of 1.3 mcg/kg/min or bolus dose of 180 mcg/kg followed by infusion of 2.0 mcg/kg/min or bolus and infusion of PC | Composite of death and nonfatal MI occurring up to 30 d after index event compared with PC group. Eptifibatide group had 1.5% absolute reduction in incidence of 1° endpoint (14.2% vs. 15.7% in PC group; p=0.04) Effect was consistent in most major subgroups except for women (odds ratios for death or nonfatal MI, 0.8 (95% CI: 0.7-0.9) in men and 1.1 (95% CI: 0.9-1.3) in women | Bleeding complications More red-cell transfusions among the pts treated with eptifibatide 11.6% vs. 9.2%; RR: 1.3; 95% CI: 1.1-1.4 Study would be stopped in lower-dose group after independent DSMB conducted interim review of safety data, provided the higher dose had acceptable safety profile. After 3,218 pts been | Mortality from all causes within 30 d after the index event, a 1 st for recurrent MI within 30 d, composite endpoint (death or nonfatal MI) at 96 h and 7 d | p=0.04 | Bleeding was more common in eptifibatide group, although there was no increase in the incidence of hemorrhagic stroke. | N/A |

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| | | | | | thrombolytic therapy within previous 24 h | | | randomly assigned to treatment groups, committee recommended dropping to lower dose | | | | |
| PRISM-PLUS 1998 9599103 (144) | Evaluate tirofiban, a specific inhibitor of platelet GP IIb/IIIa receptor, in treatment of UA and non-Q-wave MI | Double-blind N=1915 pts | Tirofiban, heparin, or tirofiban plus heparin | Prolonged anginal pain or repetitive episodes of angina at rest or during minimal exercise in previous 12 h and new transient or persistent ST-T ischemic changes on ECG, or elevation of plasma levels of CK and CK-MB fraction | STE lasting more than 20 min, thrombolysis in previous 48 h, coronary angioplasty within previous 6 m or bypass surgery within previous mo, angina caused by identifiable factors, a Hx of a platelet disorder or thrombocytopenia, active bleeding or a high risk of bleeding, and stroke within previous y. Pts who had serum creatinine values above 2.5 mg/dL (220 µmol/L) or a platelet count below 150,000/m ³ | Tirofiban, heparin, or tirofiban plus heparin. Study drugs were infused for mean (±SD) of 71.3±20 h, during which time coronary angiography and angioplasty were performed when indicated after 48 h | Death, MI, or refractory ischemia within 7 d lower among pts who received tirofiban plus heparin than among those who received heparin alone (12.9% vs. 17.9%; RR: 0.68; 95% CI: 0.53–0.88; p=0.004). | Study was stopped prematurely for group receiving tirofiban alone because of excess mortality at 7 d (4.6%, compared with 1.1% for pts treated with heparin alone | Death, MI, or refractory ischemia within 48 h and 30 d after randomization, the three components of this end point as separate measures, and composite of death and MI. | Tirofiban plus heparin vs. heparin alone p=0.004 RR=0.68 CI=0.53–0.88 | Major bleeding occurred in 3.0% of pts receiving heparin alone and 4.0% of pts receiving combination therapy p=0.34 | N/A |
| EARLY ACS Giugliano 2009 19332455 (145) | Determine optimal timing for initiation of treatment with GP IIb/IIIa inhibitors in pts who have ACS without STE and undergoing invasive procedures | Randomized N=9492 pts | Early, routine administration of Eptifibatide n=4722 vs. delayed Eptifibatide n=4684 | Pts ACS NSTEMI undergoing invasive strategy | N/A | Early, routine administration of Eptifibatide or delayed Eptifibatide after angiography but before the pts underwent PCI | Composite of death, MI, recurrent ischemia requiring urgent revasc or occurrence of thrombotic complication during PCI at 96 h 9.3% vs. 10.0% | Major bleeding Pts in early eptifibatide group had significantly higher rates of bleeding. There was NS difference between 2 groups in | Rate of death or MI at 30 d 11.2% vs. 12.3%; OR=0.89; 95% CI: 0.79–1.01; p=0.08 | p=0.23 OR=0.92 95% CI=0.80–1.06 | N/A | Convergence of use of eptifibatide during PCI in 2 study groups probably reduced the difference in efficacy. Could not assign pts to strict PC group since guidelines |

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| | | | | | | | | rates of severe bleeding or nonhemorrhagic serious adverse events. | | | | at time of planning trial strongly endorsed use of GP IIb/IIIa inhibitors during PCI |
| ACUITY subgroup analysis Stone 2007 17368152 (146) | Assess anticoagulation with the direct thrombin inhibitor bivalirudin during PCI in individuals with moderate- and high-risk ACS | Randomized N=7789 pts | n=2561 heparin (unfractionated or enoxaparin) plus GP IIb/IIIa inhibitors n=2609 bivalirudin plus GP IIb/IIIa inhibitors n=2619 bivalirudin alone | Pts undergoing PCI after angiography, new ST-segment depression; raised TnI, TnT, or CK-MB isozyme; known CAD; or all 4 other UA risk criteria defined by TIMI study group | Included - STE AMI or shock; bleeding diathesis or major bleeding episode within 2 wk; thrombocytopenia; CrCl <30 mL/min | Heparin (unfractionated or enoxaparin) plus GP IIb/IIIa inhibitors, bivalirudin plus GP IIb/IIIa inhibitors, or bivalirudin alone | 30-d endpoints of composite ischemia (death, MI, or unplanned revasc for ischemia), major bleeding, and net clinical outcomes (composite ischemia or major bleeding) Bivalirudin plus GP IIb/IIIa inhibitors vs. heparin plus GP IIb/IIIa inhibitors - composite ischemia 9% vs. 8%; major bleeding 8% vs. 7%; net clinical outcomes 15% vs. 13% | N/A | N/A | Composite ischemia p=0.16; major bleeding p=0.32; net clinical outcomes p=0.1 | N/A | Randomization occurred before angiography, study drugs were administered at median of 4 h before PCI. PCI subgroup represents subset of 56% of all pts enrolled in ACUITY, and randomization was not stratified by treatment assignment |
| BRILINTA™ (ticagrelor) tablets AstraZeneca LP (147) | BRILINTA is indicated to reduce rate of thrombotic CV events in pts with ACS, UA, NSTEMI or STEMI | N/A | N/A | N/A | N/A | N/A | N/A | Daily maintenance dose of ASA, coadministered with BRILINTA, should not exceed 100 mg Increased risk of bleeding Decreased efficacy with BRILINTA (ticagrelor) in | N/A | N/A | N/A | N/A |

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| | | | | | | | | combination with ASA doses exceeding 100 mg | | | | |
| GUSTO IV-ACS Ottervanger 2003 12551868 (148) | Investigate long term effects of GP IIb/IIIa inhibitor abciximab in pts with ACS without STE who were not scheduled for coronary intervention | Randomized N=7800 pts | n=2590 abciximab for 24 h n=2612 abciximab for 48 h n=2598 PC | Pts with ACS without persistent STE including NSTEMI and UA. \leq 21 y and should have had $1\geq$ episodes of angina lasting at least 5 min within 24 h before admission. Either abnormal cardiac TnT or TnI test or at least 0.5 mm of transient or persistent ST-segment depression. | N/A | Abciximab for 24-h (0.25 mg/kg bolus followed by 0.125 mcg/kg/min infusion up to max of 10 mcg/min for 24 h), followed by 24-h PC infusion; abciximab for 48 h (same bolus and infusion for total duration of 48 h); matching PC (bolus and 48-h infusion) | Death (of any cause) or MI within 30 d Follow-up data obtained up to 1 y for 7746 pts (99.3%). Overall 1-y mortality rate 8.3% (649 pts). 1-y mortality was 7.8% PC, 8.2% in the 24-h abciximab, and 9.0% in 48-h abciximab | N/A | N/A | 24-hour abciximab HR: 1.1; 95% CI: 0.86–1.29), and 48-h abciximab HR: 1.2; 95% CI: 0.95–1.41 | N/A | N/A |
| PCI-CURE Mehta 2001 11520521 (149) | Find out whether in addition to ASA pretreatment with clopidogrel followed by long-term therapy after PCI is superior to strategy of no pretreatment and short-term therapy for only 4 wk after PCI | Randomized N=2658 pts | clopidogrel (n=1313) or PC (n=1345) | N/A | N/A | Clopidogrel vs. PC | Composite of CV death, MI, or urgent target-vessel revasc within 30 d of PCI. 4.5% vs. 6.4% Long-term administration of clopidogrel after PCI associated with a lower rate of CV death, MI, or any revasc (p=0.03), and of CV death or MI (p=0.047). Overall (including events before and after PCI) there was 31% reduction CV death or MI (p=0.002). Less use of GP IIb/IIIa inhibitor in clopidogrel group (p=0.001) | At follow-up, there was NS difference in major bleeding between groups p=0.64 | N/A | p=0.03 RR: 0.70 95% CI: 0.50–0.97 | N/A | N/A |

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| <p>Petersen 2004 18056526 (150)</p> | <p>Systematically evaluate end points of all-cause death and nonfatal MI, transfusion, and major bleeding observed in the 6 randomized controlled trials comparing enoxaparin and UFH in treatment of ACS</p> | <p>Systematic overview N=21946 pts ESSENCE, A to Z, and SYNERGY, TIMI 11B, ACUTE II, and INTERACT Performed using a random-effects empirical Bayes model</p> | <p>N/A</p> | <p>All 6 RCTs comparing enoxaparin and UFH in NSTE ACS were selected for analysis</p> | <p>N/A</p> | <p>N/A</p> | <p>Enoxaparin is more effective than UFH in preventing combined endpoint of death or MI NS difference found in death at 30 d for enoxaparin vs UFH (3.0% vs. 3.0%; OR: 1.00; 95% CI: 0.85-1.17). Statistically significant reduction in combined endpoint of death or nonfatal MI at 30 d observed for enoxaparin vs. UFH in overall trial populations (10.1% vs 11.0%; OR: 0.91; 95% CI: 0.83-0.99). Statistically significant reduction in combined endpoint of death or MI at 30 d observed for enoxaparin in populations receiving no prerandomization antithrombin therapy (8.0% vs 9.4%; OR: 0.81; 95% CI: 0.70-0.94).</p> | <p>NS difference found in blood transfusion (OR: 1.01; 95% CI: 0.89-1.14) or major bleeding (OR: 1.04; 95% CI: 0.83-1.30) 7 d after randomization</p> | <p>N/A</p> | <p>10.1% vs 11.0% OR: 0.91 CI: 0.83-0.99</p> | <p>N/A</p> | <p>Systematic overviews do not replace RCTs but provide important insights through analyses of totality of data. Trial populations are not identical with respect to baseline characteristics, duration of study treatment, time to revasc, or use of concomitant medical therapies in management of UA/NSTEMI ACS. Imprecision exists in frequency of events as protocols for data collection and definitions of efficacy and safety events varied among studies. Not having the individual pt data from all trials precluded more sophisticated</p> |
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| | | | | | | | | | | | | statistical analyses. |
| PRINCIPL E-TIMI 44 Wiviott 2007 18056526 (150) | Compare prasugrel with higher than currently approved 300-mg LD and 75-mg/d MD of clopidogrel | Randomized, double-blind, 2-phase crossover study N=201 subjects | Prasugrel compared with high-dose clopidogrel in pts | ≥18 y and scheduled to undergo cardiac catheterization with planned PCI for angina and at least one of the following: coronary angiography within 14 d with at least 1 lesion amenable to PCI, a functional study within 8 wk with objective findings of ischemia, or prior PCI or CABG surgery | Planned PCI for immediate treatment of MI, any thienopyridine within 5 d, GP IIb/IIIa inhibitor within 7 d or planned use (bailout was permitted), high risk of bleeding, thrombocytopenia, or anemia. | Prasugrel compared with high-dose clopidogrel | 1° endpoint of LD phase (prasugrel 60 mg vs. clopidogrel 600 mg) was IPA with 20 μmol/L ADP at 6 h IPA at 6 h significantly higher in subjects receiving prasugrel (mean±SD; 74.8±13.0%) compared with clopidogrel (31.8±21.1%; p<0.0001). | N/A | Pts with PCI entered the maintenance dose phase, a 28-d crossover comparison of prasugrel 10 mg/d vs. clopidogrel 150 mg qd with a 1° endpoint of IPA after 14 d of either drug. IPA with 20 μmol/L ADP was higher in subjects receiving prasugrel (61.3±17.8%) compared with clopidogrel (46.1±21.3%; p<0.0001). Results were consistent across all key 2° endpoints; significant differences emerged by 30 min and persisted across all time points | p<0.0001 CI: 38.0–48.4 | N/A | LTA requires very precise sample conditions and processing. Significant proportion of samples did not meet prespecified conditions and were excluded from analyses. Absence of a washout period between MD treatments also could be considered limiting. |
| TRILOGY ACS Roe 2012 22920930 (151) | Evaluate whether ASA plus prasugrel is superior to ASA plus clopidogrel for long term therapy in pts with UA or MI without STE who were <75 y | Double-blind, randomized trial N=7243 pts <75 y N=2083 pts ≥75 y | ASA prasugrel (10 mg daily) vs. clopidogrel (75 mg qd). Low dose 5 mg of prasugrel versus 75 mg of clopidogrel | ACS consisting of UA or MI without STE. Pts were eligible if selected for final treatment strategy of medical management without revasc within 10 d after index event. Pts required to have at least one of four risk criteria: an age ≥60 y, presence of DM, previous MI, or previous revasc | Hx of TIA or stroke, PCI or CABG within the previous 30-d, renal failure requiring dialysis, and concomitant treatment with an oral anticoagulant | Prasugrel or clopidogrel. Prasugrel (10 mg daily) adjusted to (5 mg qd) pts ≥75 y. Clopidogrel (75 mg/d) | Death from CV causes, MI, or stroke among pts <75 y occurred in 13.9% of prasugrel group and 16.0% of the clopidogrel group (HR prasugrel group: 0.91; 95% CI: 0.79–1.05; p=0.21). | Rates of severe and intracranial bleeding similar in 2 groups in all age groups. NS between group differences in frequency of nonhemorrhagic serious adverse | Prespecified analysis of multiple recurrent ischemic events (all components of 1° endpoint) suggested lower risk for prasugrel among pts <75 y (HR: 0.85; 95% CI: 0.72–1.00; p=0.04). | P=0.21 Prasugrel group, HR: 0.91 95% CI: 0.79–1.05 | Higher frequency of HF in clopidogrel group | N/A |

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| | | | | with either PCI or CABG. | | | | events. | | | | |
| PLATO Trial Becker 2011 22090660 (152) | Determine the rate, clinical impact, and predictors of major and fatal bleeding complications in the PLATO study | Randomized, double-blind, active control N=18,624 pts | Ticagrelor n=9235 or clopidogrel n=9186 in addition to ASA | Pts admitted to hospital with either STE or NSTE-ACS | N/A | Ticagrelor oral LD of 180 mg, followed by 90 mg bid Clopidogrel 300 mg oral LD followed by maintenance dose of 75 mg daily. All pts received ASA at dose of 75–100 mg daily | PLATO major bleeding (11.6 vs. 11.2%; p=0.43), TIMI major bleeding (7.9 vs. 7.7%, p=0.56) and GUSTO severe bleeding (2.9 vs. 3.1%, p=0.22) | Fatal bleeding and transfusion rates did not differ between groups | Procedure related bleeding rates were also similar. Non-CABG major bleeding (4.5 vs. 3.8%, p=0.02) and nonprocedure related major bleeding (3.1 vs. 2.3%, p=0.05) were more common in ticagrelor treated pts, primarily after 30 d on treatment. | PLATO major bleeding p=0.43 TIMI major bleeding p=0.56 GUSTO severe bleeding p=0.22 | N/A | N//A |
| Valgimigli 2010 19755402 (153) | To perform a thorough and updated systematic review of randomized clinical trials comparing tirofiban vs. PC or vs. abciximab. | Meta analysis 31 studies involving 20,006 pts | 12,874 comparing tirofiban vs. heparin plus PC or bivalirudin alone, and 7132 vs. abciximab | Pts undergoing treatment for various CAD conditions | N/A | N/A | Tirofiban associated at 30 d with significant reduction in mortality compared with PC (OR: 0.68; 95% CI: 0.54–0.86; p=0.001) and death or MI (OR: 0.69; 95% CI: 0.58–0.81; p<0.001) Compared with abciximab, mortality at 30 d did not differ (OR: 0.90; 95% CI: 0.53–1.54; p=0.70) In overall group tirofiban tended to increase the composite of death or MI (OR=1.18; 95% CI: 0.96–1.45; p=0.11) | N/A | N/A | N/A | N/A | Heterogeneity in pt populations, different study drug regimens, and variable endpoint definitions across studies |
| ACUITY Stone 2007 17299194 (154) | To determine optimal strategy for use of GP IIb/IIIa inhibitors in pts with moderate and | Randomized N=9207 pts | Routine upstream (n=4605) deferred selective (n=4602) GP | Moderate- and high-risk ACS pts undergoing invasive-treatment strategy | Included STE AMI or shock; bleeding diathesis or major bleeding within 2 wk; thrombocytopenia; CrCl <30 mL/min | Routine upstream or deferred selective GP IIb/IIIa inhibitor administration | Composite ischemic events (death, MI, or unplanned revasc for ischemia) at 30 d 7.1% vs. 7.9% | N/A | Noninferiority or superiority of major bleeding and net clinical outcomes (composite ischemia or major bleeding). | p=0.044 for noninferiority; p=0.13 for superiority RR: 1.12 95% CI: 0.97– | N/A | Open label design of the trial, a result of the logistic complexities of the study |

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| | high-risk ACS undergoing an early invasive treatment strategy | | IIb/IIIa inhibitor administration | | | | | | 30-d rates of major bleeding 6.1% vs. 4.9% p<.001 for noninferiority; p=0.09 for superiority Net clinical outcomes (11.7% vs. 11.7%; p<.001 for noninferiority; p=0.93 for superiority). | 1.29 | | design, introducing the potential for bias. |
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¹o indicates primary; ², secondary; A to Z, AGGRASTAT to ZOCOR; ACS, acute coronary syndrome; ACUTE Acute Catheterization and Urgent Intervention Triage strategy; ADP, adenosine diphosphate; ASA, aspirin; bid, twice daily; CABG, coronary artery bypass graft; CAD, coronary artery disease; CI, confidence interval; CK, creatine kinase; CK-MB, creatine kinase-MB; CRP, C-reactive protein; ;DM, diabetes mellitus; DSMB, Data and Safety Monitoring Board; ECG, electrocardiography; ESSENCE, Efficacy and Safety of Subcutaneous Enoxaparin in Non-Q wave Coronary Events; GP, glycoprotein; GUSTO, Global Utilization of Streptokinase and Tissue Plasminogen Activator for Occluded Coronary Arteries; HF, heart failure; HR, hazard ratio; Hx, history; IgE, Immunoglobulin E; INTERACT, Intensive blood pressure reduction in acute cerebral haemorrhage trial; IPA; IV, intravenous; LD, loading dose; pts, patients; LTS, ;MI, myocardial infarction; OD, once daily; NA, North America; NS, no(t) significant; NSAID, nonsteroidal anti-inflammatory drugs; NSTEMI, non-ST-elevation myocardial infarction; PAD, peripheral arterial disease; PC, placebo; PCI, percutaneous coronary intervention; PLATO, Platelet Inhibition and Patient Outcomes; qd, daily; Revasc, revascularization; ROW, rest of the world; RR, relative risk; STE, ST elevation; STEMI, ST-elevation myocardial infarction; SYNERGY, Superior Yield of the New Strategy of Enoxaparin, Revascularization and Glycoprotein IIb/IIIa Inhibitors; Sx, symptoms; TIA, transient ischemic attack; TIMI, thrombolysis in MI; TnI, troponin I; TnT, troponin T; UA, unstable angina; US, United States; UTVR, Urgent Target Vessel Revascularization; and VKA, vitamin K antagonist.

Data Supplement 16. Combined Oral Anticoagulant Therapy and Antiplatelet Therapy in Patients With Definite NSTEMI-ACS (Section 4.3.2)

| Study Name, Author, Year | Study Aim | Study Type/ Size (n) | Intervention vs. Comparator (n) | Patient Population | | Study Intervention | Endpoints | | | P Values, OR: HR: RR: & 95 CI: | Adverse Events | Study Limitations |
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| | | | | Inclusion Criteria | Exclusion Criteria | | Primary Endpoint & Results | Safety Endpoint & Results | Secondary Endpoint & Results | | | |
| CURE Yusuf 2001 (133) 11519503 | Compare the efficacy and safety of early and long-term use of clopidogrel plus ASA with those of ASA alone in pts with ACS and no STE | Randomized, double-blind, PC-controlled trial 12,562 pts | Clopidogrel vs. PC in addition to ASA | Pts were eligible for the study hospitalized within 24 h after the onset of Sx and did not have STE | Contraindications to antithrombotic or antiplatelet therapy, high risk for bleeding or severe HF, taking OACs, had undergone coronary revasc in the previous 3 mo or had received IV GP IIb/IIIa receptor inhibitors in the previous 3 d | Clopidogrel (300 mg immediately followed by 75 mg once daily) vs. PC in addition to ASA | Death from CV causes, nonfatal MI, or stroke 9.3% vs. 11.4% | Pts with major bleeding 3.7% vs. 2.7% p=0.001 RR: 1.38 | ¹ o outcome or refractory ischemia 16.5% vs. 18.8% RR: 0.86; 95% CI: 0.79–0.94; p<0.001 % of pts with in-hospital refractory or severe ischemia, HF, and revasc procedures were also significantly lower with clopidogrel | p<0.001 RR: 0.80 95% CI: 0.72 — 0.90 | Clopidogrel not associated with excess rate of any other type of adverse event that necessitated discontinuation of study drug | N/A |
| ASPECT-2 van Es 2002 | Investigate whether ASA or OACs is more | Randomized N=999 pts | LDASA n=336, Coumadin-high intensity OAC | Men or non-pregnant women admitted with | Established indications for treatment with OAC, | LDASA, high intensity OAC, or combined LDASA | 1 st occurrence of MI, stroke, or death 9% vs. 5% vs. 5% | Major bleeding 1% ASA, 1% on OAC | N/A | ASA vs. coumadin HR: 0.55; 95% CI: | N/A | N/A |

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| (155) 12126819 | effective in the long term after ACS, and whether the combination of ASA and OAC offers greater benefit than either of these agents alone, without excessive risk of bleeding | | n=325, combined LDASA and coumadin-moderate intensity OAC n=332 | AMIMI or UA within preceding 8 wk | contraindications for the study drug, planned revasc procedure, serious comorbidity, increased risk of bleeding, abnormal blood platelets or erythrocytes, anemia, Hx of stroke, and inability to adhere to the protocol | and moderate intensity OAC | ASA vs. coumadin HR: 0.55; 95% CI=0.30-1.00; p=0.0479 ASA vs. combined HR=: 0.50; CI: 0.27-0.92; p=0.03 | (HR: 1.03; 95% CI: 0.21-5.08; p=1.0), and 2% on combination therapy HR: 2.35; 95% CI: 0.61-9.10; p=0.2 | | 0.30-1.00; p=0.0479 ASA vs. combined HR: 0.50; 95% CI: 0.27-0.92; p=0.03 | | |
| Karjalainen 2008 (156) 18346963 | Determine the safety and efficacy of various periprocedural antithrombotic strategies in pts on long-term OAC with warfarin undergoing PCI to assess the safety of the simplistic UAC strategy | Retrospective analysis n=523 pts | IAC group; UAC group | All consecutive pts on warfarin therapy referred for PCI in 4 centers with a main policy to IAC before PCI and in 3 centers with a long experience on UAC during PCI | N/A | IAC vs. UAC | Major bleeding, access-site complications, and MACE (death, MI, target vessel revasc, and stent thrombosis) Major bleeding 5.0% vs. 1.2%, p=0.02 and after adjusting for propensity score OR: 3.9; 95% CI: 1.0-15.3; p=0.05) Access-site complications 11.3% vs. 5.0%, p=0.01 After adjusting for propensity score OR: 2.8; 95% CI: 1.3-6.1; p=0.008 | N/A | N/A | N/A | Major bleeding, stroke, access-site complications | Inherent limitations of a retrospective study including individual risk-based decision making in the treatment choices; outcome assessment was not blinded; sample size may not be sufficient to cover small, but clinically significant diff in bleeding and thrombotic complications |
| BAAS ten Berg 2001 (157) 11319192 | Study the intensity and the duration of AC as predictors of thrombotic and bleeding events | N=530 pts | ASA plus coumarins | Pts who were prospectively randomized to the use of coumarins as part of the BAAS study | N/A | ASA (300 mg LD; then 100 mg qd) and coumarins (acenocoumarol or Sintrom at 6 mg on 1 d, 4 mg on 2 d, 2 mg on 3 d and after | Thrombotic events - death, MI, target lesion revasc, and thrombotic stroke 17 early thrombotic events (3.2%), 7 early bleeding | Bleeding complications - hemorrhagic stroke, major extracranial bleeding, and false aneurysm | N/A | N/A | N/A | N/A |

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| | | | | | | until intervention) started 1 wk before intervention Target INR 2.1-4.8 during angioplasty and 6 mo follow-up INR was measured on the morning before PTCA and daily thereafter until discharge | episodes (1.3%), and 10 false aneurysms (1.9%) 61 late thrombotic events occurred (11.6%) Optimal AC was an independent predictor of late thrombotic events (RR: 0.33; 95% CI: 0.19-0.57) and was associated with a 0.21 mm (95% CI: 0.17-0.42) larger vessel lumen 6 mo | Late bleeding episodes (1.4%) lowest in pts in the target range | | | | | |
| ACCF/ACG /AHA report Bhatt 2008 (158) 19017521 | Not a study but a report with recommendations | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| Ruiz-Nodar 2009 (159) 19246502 | Evaluate the safety and efficacy of use of DES vs. BMS in a cohort of pts with AF | Retrospective cohort study N=604 pts | DES (n=207) vs. BMS (n=207) | Pts with AF who had undergone PCI with stent | N/A | DES or BMS | All bleeding episodes, thromboembolism, and MACE; i.e. death, AMI, TVF. Incidence density of MACE as well as the incidence of all-cause mortality in both groups was similar. Higher incidence of major bleeding in DES group (2.26 vs. 1.19/10,000 d of exposure; p=0.03) | Major bleeding was higher in the DES group (2.26 vs. 1.19/10,000 d of exposure, p=0.03) Rate of definitive and probable thrombosis was similar in both DES and BMS groups (0.43 vs. 0.06/10,000 d of exposure, p=0.09) | N/A | N/A | N/A | Limited by its registry design and as well as being the experience of only 2 European centers; study may not be adequately powered enough to detect diff in clinical outcomes; the retrospective design of the study could explain an underreporting of minor | |

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| | | | | | | | | | | | | bleeding; the exact length of triple treatment in BMS and DES groups |
| Lip 2010 (160) 20447945 | Not a study but a summary report Full consensus document comprehensively reviews published evidence and presents consensus statement on 'best practice' antithrombotic therapy guideline for management of antithrombotic therapy in AF pts | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| WARSS Mohr 2001 (161) 11794192 | Investigate whether warfarin, which is effective and superior to ASA in the prevention of cardiogenic embolism, would also prove superior in the prevention of recurrent ischemic stroke in pts with a prior noncardioembolic ischemic stroke | Multicenter, double-blind, randomized | Warfarin (dose adjusted INR of 1.4-2.8) n=1,103 vs. ASA (325 mg qd) n=1,103 | Pts were 30-85 y, considered acceptable candidates for warfarin therapy, had ischemic stroke within previous 30 d, and had scores of ≥ 3 on GOS | Baseline INR above normal range (>1.4), stroke that was due to procedure or attributed to high-grade carotid stenosis which surgery was planned, or stroke associated with an inferred cardioembolic source | Warfarin (dose adjusted INR 1.4-2.8) vs. ASA (325 mg qd) | Combined recurrent ischemic stroke or death from any cause within 2 y Death or recurrent ischemic stroke 17.8% vs. 16.0% p=0.25; HR: 1.13; 95% CI: 0.92-1.38 | Major hemorrhage 2.22 per 100 pt-y vs. 1.49 per 100 pt-y | N/A | p=0.25 HR:1.13 95% CI: 0.92-1.38 | N/A | N/A |
| CARS Peverill 1997 (162) 15687136 | N/A | Commentary | Fixed low-dose warfarin (1-3 mg) combined ASA (80 mg) | N/A | N/A | Fixed low-dose warfarin (1-3 mg) combined ASA (80 mg) | Reinfarction, stroke, or CV death. Provides no reduction in reinfarction beyond | N/A | N/A | N/A | N/A | N/A |

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| | | | | | | | that achievable with 160 mg ASA | | | | | |
| Rossini 2008 (163) 19064015 | Assess long-term outcomes associated with the use of triple-therapy in pts undergoing coronary stenting and evaluate how these may be affected by targeting INR values to the lower therapeutic range | N=102 | Triple antiplatelet therapy ASA and clopidogrel and OAC n=102 Control group: dual antiplatelet therapy ASA and clopidogrel n=102 | Pts undergoing coronary stenting treated with dual antiplatelet therapy also requiring OAC | Pts requiring OAC therapy because of mechanical valve prosthesis | Triple antiplatelet therapy ASA and clopidogrel and OAC or control group: dual antiplatelet therapy ASA and clopidogrel INR targeted to lower therapeutic range (2.0-2.5) | Bleeding 10.8% vs. 4.9%, p=0.1 INR values were higher in pts with bleeding (2.8+1.1 vs. 2.3+0.2, p=0.0001) INR values within target range risk of bleeding was lower compared with pts who did not (4.9 vs. 33%, p=0.00019) and in control group (4.9%) | N/A | MACE 5.8% vs. 4.9%, p=0.7 | N/A | N/A | N/A |
| Sarafoff 2008 (164) 18624903 | Investigate the efficacy and safety of 2 regimens of antithrombotic AC therapy in pts who present for DES implantation whilst on OAC | N=515 pts | n=306 pts continued OAC (triple therapy) and n=209 pts discontinued OAC (dual therapy) they received antiplatelet therapy with clopidogrel and ASA | Pts on chronic OAC who underwent DES implantation | N/A | Clopidogrel and ASA | Composite of death, MI, stent thrombosis or stroke During SRAT 13 pts in group with triple therapy vs. 15 pts in the group with dual therapy Kaplan–Meier estimates 4.2% and 7.2%, OR: 0.61, 95% CI: 0.29-1.28; p=0.19. 2 y follow-up, 35 pts triple therapy vs. 36 pts dual therapy (Kaplan–Meier estimates 14.1% and 18.0%, OR: 0.76, 95% CI: 0.48-1.21; p=0.25). | Major bleeding 2 y 1.4% (n=4, triple therapy) vs. 3.1% (n=6, dual therapy, p=0.34) | N/A | N/A | N/A | Lack of randomization; diff regarding indication for OAC amongst both groups; study may be underpowered |

¹ indicates primary; AC, anticoagulants; ACS, acute coronary syndrome; AF, atrial fibrillation; AMI, acute myocardial infarction; ASA, aspirin; BAAS, Balloon Angioplasty and Anticoagulation Study; BMS, bare metal stents; CV, cardiovascular; DES, drug-eluting stents; diff, difference(s); GOS, Glasgow Outcome Scale; GP, glycoprotein; HF, heart failure; Hx, history; IAC, interrupted anticoagulation; INR, internationalized normalized ratio; IV, intravenous; LDASA, low-dose aspirin; MACE, major adverse cardiac events; MI, myocardial

infarction; N/A, not applicable; NSTE, non-ST-segment elevation; OAC, oral anticoagulant(s); OR, odds ratio; PC, placebo; PCI, percutaneous coronary intervention; PTCA, percutaneous coronary angioplasty; pt, patient; revasc, revascularization; RR, relative risk; STE, ST-segment elevation; SRAT, stent-related antithrombotic treatment; Sx, symptoms; TVF, target vessel failure; UA, unstable angina; and UAC, uninterrupted anticoagulation.

Data Supplement 17. Parenteral Anticoagulant and Fibrinolytic Therapy (Section 4.3.3)

| Study Name, Author, Year | Study Aim | Study Type / Size (N) | Intervention vs. Comparator (n) | Patient Population | | Study Intervention | Endpoints | | | P Values, OR: HR: RR: & 95 CI: | Adverse Events | Study Limitations |
|--|---|---|---|--------------------|--------------------|--|--|---------------------------|--|--------------------------------|----------------|-------------------|
| | | | | Inclusion Criteria | Exclusion Criteria | | Primary Endpoint & Results | Safety Endpoint & Results | Secondary Endpoint & Results | | | |
| PLATO Mahaffey 2011 (134) 21709065 | Prespecified subgroup analysis showed significant interaction between treatment and region (p=0.045), with less effect of ticagrelor in North America than in rest of world. Additional exploratory analyses performed to identify potential explanations for observed region by treatment interaction. | Observed regional interaction driven by interaction of randomized treatment with 78% of North American pts in US compared with the ROW pts (p=0.01 vs. p=0.045 interaction using NA), analyses focus on comparison of US and rest of world with Canadian pts included in the rest of world group. | Reasons for interaction explored independently by 2 statistical groups. | N/A | N/A | Regional interaction could arise from chance alone. Results of 2 independently performed analyses identified underlying statistical interaction with ASA maintenance dose as possible explanation for regional difference. Lowest risk of CV death, MI, or stroke with ticagrelor compared with clopidogrel associated with low maintenance dose of concomitant ASA. | Cox regression analyses performed to quantify how much of regional interaction could be explained by pt characteristics and concomitant treatments, including ASA maintenance therapy. Landmark Cox regressions at 8 timepoints evaluated association of selected factors, including ASA dose, with outcomes by treatment. Systematic errors in trial conduct ruled out. Given large number of subgroup analyses performed and that result numerically favoring clopidogrel in at least 1 of 4 prespecified regions could occur with 32% probability, chance alone cannot be ruled out. More pts in US (53.6%) than rest of world (1.7%) | N/A | Both Cox regression with median maintenance dose and landmark techniques showed pts taking low-dose maintenance ASA, ticagrelor associated with better outcomes compared with clopidogrel with statistical superiority in ROW and similar outcomes in US cohort. | N/A | N/A | N/A |

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| | | | | | | | took median ASA dose \geq 300 mg qd. Only ASA dose explained substantial fraction of regional interaction in 37 baseline and postrandomization factors explored. | | | | | |
| PLATO Wallentin 2009 (139) 19717846 | Determine whether ticagrelor is superior to clopidogrel for prevention of vascular events and death in broad population of pts presenting with ACS | N=18,624 Pts with ACS with or without STE | Ticagrelor (n=9333) (180-mg LD, 90 mg bid after) or clopidogrel (n=9291) (300-600 mg LD, 75 mg daily after) | Hospitalized for ACS, with or without STE, with onset of Sx during the previous 24 h. Pts who had ACS NSTEMI, at least two of following three criteria had to be met: ST changes on ECG indicating ischemia; positive test of biomarker indicating myocardial necrosis; or one of several risk factors (age \geq 60 y; prev MI or CABG; CAD with stenosis of \geq 50% at least 2 vessels; prev ischemic stroke, TIA, carotid stenosis \geq 50%, or cerebral revasc; DM; PAD; chronic renal dysfunction, defined as CrCl of $<$ 60 mL/min per 1.73 m ² of body surface area). With STE following two inclusion criteria had to be met: persistent STE \geq 0.1 mV at least 2 contiguous leads or new LBBB, and intention to perform 1 ^o PCI. | Contraindication against use of clopidogrel, fibrinolytic therapy within 24 h before randomization, need for oral anticoagulation therapy, increased risk of bradycardia, and concomitant therapy with strong cytochrome P-450 3A inhibitor or inducer | Ticagrelor or clopidogrel | Composite of death from vascular causes, MI, or stroke 9.8% pts receiving ticagrelor vs. 11.7% clopidogrel (HR: 0.84; 95% CI: 0.77–0.92; p $<$ 0.001). | Major bleeding 11.6% vs. 11.2%, p=0.43 Ticagrelor associated with higher rate of major bleeding not related to CABG 4.5% vs. 3.8%, p=0.03, including more instances of fatal intracranial bleeding and fewer fatal bleeding of other types | MI alone 5.8% vs. 6.9%, p=0.005 Death from vascular causes 4.0% vs. 5.1%, p=0.001 Stroke alone 1.5% vs. 1.3%, p=0.22 Rate of death from any cause 4.5% vs. 5.9%, p $<$ 0.001 | p $<$ 0.001 HR=0.84 95% CI=0.77-0.92 | Discontinuation of study drug due to adverse events 7.4% ticagrelor vs. 6.0% clopidogrel p $<$ 0.001 Dyspnea was 13.8% vs. 7.8% Higher incidence of ventricular pauses in 1 wk but not at 30 d in ticagrelor group than in clopidogrel group | Geographic differences between populations of pts or practice patterns influenced effects of the randomized treatments |

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| <p>Mehta 2010 (140) 20818903</p> | <p>Clopidogrel and ASA widely used for pts with ACS and those undergoing PCI. Evidence-based guideline for dosing not been established for either agent.</p> | <p>25,086 pts</p> | <p>Pts randomly assigned to double-dose clopidogrel received LD of 600 mg 1 d followed by 150 mg od on 2-7 d. Pts assigned to standard-dose clopidogrel received 300 mg LD 1 d before angiography followed by 75 mg od 2-7 d. 8-30 d both double-dose and standard-dose groups received 75 mg of clopidogrel od. Pts randomly assigned to lower-dose ASA received 75 to 100 mg daily 2-7 d and those randomly assigned to higher-dose ASA received 300-325 mg daily on d 2-30.</p> | <p>≥18 y and presented with NSTEMI ACS or STEMI. ECG changes compatible with ischemia or elevated levels of cardiac biomarkers; coronary angiographic assessment, with plan to perform PCI early as possible but no later than 72 h after randomization</p> | <p>Increased risk of bleeding or active bleeding and known allergy to clopidogrel or ASA</p> | <p>2x2 factorial design pts randomly assigned in double-blind fashion to double-dose regimen of clopidogrel or to standard-dose regimen. 2nd component of factorial design, pts were randomly assigned in open label fashion to higher-dose ASA or lower-dose ASA.</p> | <p>Time to CV death, MI, or stroke, whichever occurred 1st, up to 30 d. Primary outcome occurred in 4.2% of pts assigned to double dose clopidogrel as compared with 4.4% assigned to standard-dose clopidogrel (HR: 0.94; 95% CI: 0.83–1.06; p=0.30). No significant difference between higher-dose and lower-dose ASA with respect to 1^o outcome (4.2% vs. 4.4%; HR: 0.97; 95% CI: 0.86–1.09; p=0.61)</p> | <p>Major bleeding occurred in 2.5% of pts in double dose group and in 2.0% in standard-dose group (HR, 1.24; 95% CI: 1.05–1.46; p=0.01). No significant difference between higher-dose and lower-dose ASA with respect to major bleeding (2.3% vs. 2.3%; HR: 0.99; 95% CI: 0.84–1.17; p=0.90).</p> | <p>Composite of death from CV causes, MI, stroke, or recurrent ischemia; individual components of 1^o outcome; death from any cause; Definite or probable stent thrombosis. Double-dose clopidogrel associated with significant reduction in 2^o outcome of stent thrombosis among the 17,263 pts who underwent PCI (1.6% vs. 2.3%; HR: 0.68; 95% CI: 0.55–0.85; p=0.001).</p> | <p>p=0.30 HR: 0.94 CI: 0.83–1.06</p> | <p>N/A</p> | <p>Nominally significant reduction in 1^o outcome associated with use of higher-dose clopidogrel in subgroup of 17,263 study participants who underwent PCI after randomization (69%). Test for interaction between pts who underwent PCI and those who did not undergo PCI (p=0.03) did not meet prespecified threshold of p≤0.01 for subgroup interactions since 13 prespecified subgroup analyses were performed for clopidogrel dose comparison, result could have been due to play of chance.</p> |
| <p>ACUITY subgroup analysis Stone 2007 (146) 17368152</p> | <p>Assess anticoagulation with direct thrombin inhibitor bivalirudin during PCI in</p> | <p>Randomized n=7789 pts</p> | <p>n=2561 Heparin (unfractionated or enoxaparin) plus GP IIb/IIIa inhibitors n=2609</p> | <p>Pts undergoing PCI after angiography, ST depression; raised Tnl, TnT, or CK-MB isozyme; known CAD; or all 4 other UA risk criteria as defined by TIMI study</p> | <p>Included - STE AMI or shock; bleeding diathesis or major bleeding episode within 2 wk; thrombocytopenia; CrCl <30 mL/min</p> | <p>Heparin (unfractionated or enoxaparin) plus GP IIb/IIIa inhibitors, bivalirudin plus GP IIb/IIIa</p> | <p>30-d endpoints of composite ischemia (death, MI, or unplanned revasc for ischemia), major bleeding, and net clinical outcomes</p> | <p>N/A</p> | <p>N/A</p> | <p>Composite ischemia p=0.16; major bleeding p=0.32; net clinical outcomes p=0.1</p> | <p>N/A</p> | <p>Randomization occurred before angiography, study drugs were administered at median of 4 h before PCI. PCI</p> |

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| | individuals with moderate- and high-risk ACS. | | Bivalirudin plus GP IIb/IIIa inhibitors, or n=2619 bivalirudin alone. | group | | inhibitors, or bivalirudin alone | (composite ischemia or major bleeding) bivalirudin plus GP IIb/IIIa inhibitors vs. heparin plus GP IIb/IIIa inhibitors - composite ischemia 9% vs. 8%; major bleeding 8% vs. 7%; net clinical outcomes 15% vs. 13% | | | | | subgroup represents subset of 56% of all pts enrolled in ACUITY, randomization not stratified by treatment assignment. |
| Petersen 2004 (165) 15238596 | Systematically evaluate endpoints of all-cause death nonfatal MI, transfusion, and major bleeding observed in 6 RCT comparing enoxaparin and UFH in treatment of ACS | Systematic overview N=21946 pts ESSENCE, A to Z, and SYNERGY, TIMI 11B, ACUTE II, and INTERACT performed using random effects empirical Bayes model | N/A | All 6 RCT comparing enoxaparin and unfractionated heparin in NSTEMI ACS selected for analysis | N/A | N/A | Combined endpoint of death or MI enoxaparin more effective than UFH in preventing combined endpoint of death or MI. NS difference found in death at 30 d for enoxaparin vs UFH (3.0% vs 3.0%; OR: 1.00; 95% CI: 0.85–1.17). Statistically significant reduction in combined endpoint of death or nonfatal MI at 30 d observed for enoxaparin vs. UFH in overall trial populations (10.1% vs. 11.0%; OR, 0.91; 95% CI, 0.83-0.99). Statistically significant reduction in combined endpoint of death or MI at 30 d also observed for enoxaparin in populations receiving no prerandomization antithrombin therapy | NS difference was found in blood transfusion (OR: 1.01; 95% CI: 0.89–1.14) or major bleeding (OR, 1.04; 95% CI: 0.83–1.30) at 7 d after randomization | N/A | 10.1% vs. 11.0% OR: 0.91 CI: 0.83-0.99 | N/A | Systematic overviews do not replace RCT but provide important insights through analyses of totality of the data. Trial populations are not identical with respect to baseline characteristics, duration of study treatment, the time to revasc or the use of concomitant medical therapies in management of UA/NSTEMI ACS. Some imprecision exists in frequency of events as protocols for data collection and definitions of efficacy and safety events varied among |

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| | | | | | | | (8.0% vs. 9.4%; OR: 0.81; 95% CI: 0.70–0.94) | | | | | studies. Not having individual pt data from trials precluded more sophisticated statistical analyses. |
| Hochman 1999 (166) 10426845 | Evaluate regimens that reduced heparin dosage for low body weight on weight adjusted basis in prospective, nonrandomized cohort pts with UA and MI who did not receive thrombolytic agents | Nonrandomized N=80 pts | Heparin Group 1 n=23 Group 2 n=19 Group 3 n=38 | Pts admitted with UA and NSTEMI | Exclusion criteria included Hx of bleeding, Coumadin or thrombolytic therapy, and failure to comply exactly with dosing regimen | Standard (group 1) non weight adjusted 5000-U IV bolus/1000 U/hr infusion. 2 weight adjusted heparin regimens group 2 70 U/kg IV bolus; 15 U/kg/h pts <70 kg and a fixed 5000-U IV bolus/1000 U/hr for pts who weighed ≥70 kg) (group 3) 60 U/kg IV bolus, 12 U/kg/hr infusion pts <70 kg and capped 4000-U IV bolus; 900 U/hr infusion pts ≥70 kg. | Proportion of pts achieving a target aPTT at 6 h. Pts treated with lower dose of weight adjusted heparin group 3 more often within the target range for aPTT at 6 h (34% vs. 5% vs. 0%) required fewer heparin infusion changes (1.0 ± 1.0 vs. 1.9 ± 1.0 vs. 2.0 ± 0.9) within 1 st 24 h compared with other regimens. Pts in groups 1 and 2 above target range at 6 h (95% and 84% compared with 48% in group 3) | N/A | Proportion of pts achieving a target aPTT at 24 h and number of times heparin dose adjusted within 1 st 24 h. 52% pts in group 1 within target range compared with 79% in group 2 and 74% in group 3 significantly fewer changes in infusion rate required over 24 h period in group 3 compared with other regimens (1.05 ± 1.0 for group 3 vs. 2 ± 0.9 for group 1 vs. 1.9 ± 1.0 in group 2; p<0.001). | Significantly higher proportion of pts above target range in groups 1 (95%) and 2 (84%) versus group 3 (47%) (p<0.0005) | No major complications in any group | Pts not randomly assigned, and the 2 weight adjusted regimens were not concurrently tested. At initiation of 2 nd weight-adjusted nomogram the target aPTT changed to 45-70 s from 50-75 s |
| Garcia 2012 (167) 22315264 | Pharmacology of approved parenteral anticoagulants including indirect anticoagulants, UFH, LMWH, fondaparinux, and danaparoid, and direct | Parenteral Anticoagulants Evidence-Based Clinical Practice Guidelines | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |

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| | thrombin inhibitors hirudin, bivalirudin, and argatroban. | | | | | | | | | | | |
| <p>TIMI 11B Antman 1999 (168) 10517729</p> | <p>Test benefits of strategy of extended course of uninterrupted antithrombotic therapy with enoxaparin compared with standard treatment with UFH for prevention of death and cardiac ischemic events in pts with UA/NQMI</p> | <p>Randomized N=3910 pts</p> | <p>UFH n=1957 vs. enoxaparin n=1953</p> | <p>Pts with UA/NQMI ischemic discomfort of >5 min duration at rest; Hx of CAD (abnormal coronary angiogram, prior MI, CABG surgery, or PTCA), ST deviation, or elevated serum cardiac markers</p> | <p>Planned revasc within 24 h, treatable cause of angina, evolving Q-wave MI, Hx of CABG surgery within 2 mo or PTCA within 6 mo, treatment with continuous infusion of UFH for >24 h before enrollment, Hx of heparin-associated thrombocytopenia with or without thrombosis, and contraindications to anticoagulation</p> | <p>UFH >3 d followed by subcutaneous PC injections or enoxaparin (30 mg IV bolus followed by injections of 1.0 mg/kg every 12 h) Outpatient phase (injections every 12 h of 40 mg pts <65 kg, 60 mg >65 kg)</p> | <p>Composite of all-cause mortality, recurrent MI, or urgent revasc at 8 d 14.5% vs. 12.4% OR: 0.83; 95% CI: 0.69–1.00; p=0.048 at 43 d 19.7% vs. 17.3% OR: 0.85; 95% CI: 0.72–1.00; p=0.048</p> | <p>Major hemorrhage, bleed in retroperitoneal, intracranial, or intraocular location; hemoglobin drop of >3 g/dL; requirement of transfusion of >2 U blood 72 h no difference</p> | <p>Individual elements of 1° endpoint and composite of death or nonfatal MI</p> | <p>8 d p=0.048 OR=0.83 95% CI: 0.69–1.00 at 43 d p=.048 OR= 0.85 95% CI= 0.72–1.00</p> | <p>Stroke (1.0% vs. 1.2%), TIA (0.3% vs. 0.3%), or thrombocytopenia (2.1% vs. 1.9%)</p> | <p>N/A</p> |
| <p>OASIS-5 trial Mehta 2007 (169) 17964037</p> | <p>Study reports prospectively planned analysis of pts with ACS who underwent early PCI in the OASIS-5 trial</p> | <p>Double-blind, randomized 20,078 pts</p> | <p>n=1,414 subcutaneous fondaparinux 2.5 mg od or n=1,420 subcutaneous enoxaparin 1 mg/kg bid</p> | <p>Pts with UA or NSTEMI; at least 2 of following criteria: age >60 y, positive cardiac biomarkers, or ECG changes compatible with ischemia.</p> | <p>Contraindication to low molecular weight heparin, hemorrhagic stroke within last 12 mo, indication for anticoagulation other than ACS, revasc procedure already performed for qualifying event, and severe renal insufficiency</p> | <p>Fondaparinux or enoxaparin total of 12,715 pts underwent heart catheterization during the initial hospitalization, and 6,238 pts underwent PCI.</p> | <p>Rates of major bleeding and efficacy by evaluating composite of death, MI, or stroke at 9, 30, 180 d Fondaparinux vs. enoxaparin reduced major bleeding by >0.5 (2.4% vs. 5.1%; HR: 0.46, p<0.00001) at 9 d with similar rates of ischemic events resulting in superior net clinical benefit (death, MI, stroke, major bleeding: 8.2% vs.</p> | <p>Catheter thrombus more common in pts receiving fondaparinux (0.9%) than enoxaparin alone (0.4%), but largely prevented by using UFH at the time of PCI without increase in bleeding</p> | <p>N/A</p> | <p>p<0.00001 HR: 0.46</p> | <p>N/A</p> | <p>Randomized treatments may have influenced which pts underwent PCI. Types of pts undergoing PCI and number and timing of PCI procedures similar in 2 randomized treatment groups. Number of pts who received open-label UFH before PCI in OASIS-5 trial</p> |

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| | | | | | | | 10.4%; HR: 0.78, p=0.004). Fondaparinux reduced major bleeding 48 h after PCI irrespective of whether PCI was performed <6 h of the last enoxaparin dose (1.6% vs. 3.8%; HR: 0.42, p<0.0001) or >6 h when UFH was given (1.3% vs. 3.4%; HR: 0.39, p<0.0001). | | | | | modest. |
| OASIS-5 Yusuf (170) 16537663 | Compare the efficacy and safety of fondaparinux and enoxaparin in high-risk pts with UA or NSTEMI | Randomized, double-blind, double-dummy trial N=20,078 pts | n=10,057 fondaparinux vs. n=10,021 enoxaparin | Pts with UA or NSTEMI; ≥60 y, elevated level of troponin or CK-MB isoenzyme, or ECG changes indicative of ischemia. | Contraindications to low molecular weight heparin, recent hemorrhagic stroke, indications for anticoagulation other than ACS or serum creatinine level of ≥3 mg/dL (265 μmol/L) | Fondaparinux (2.5 mg d) or enoxaparin (1 mg/kg od) for mean of 6 d | Death, MI, or refractory ischemia at 9 d 1° outcome events similar in 2 groups (5.8% (579 events) with fondaparinux vs. 5.7% (573 events) enoxaparin HR=1.01; 95% CI, 0.90-1.13); composite of 1° outcome and major bleeding at 9 d favored fondaparinux (737 events) 7.3% vs. (905 events) 9.0%; HR=0.81; p<0.001. | Rate of major bleeding at 9 d markedly lower with fondaparinux than with enoxaparin (217 events) 2.2% vs. 4.1%; HR: 0.52; p<0.001 | Death, MI, or refractory ischemia; and individual components of composite outcomes at 30 d and at end of study NS trend toward lower value in fondaparinux group at 30 d (805 vs. 864, p=0.13) and at end of study (1222 vs. 1308, p=0.06). Fondaparinux associated with significantly reduced number of deaths at 30 d (295 vs. 352; p=0.02) and at 180 d (574 vs. 638; p=0.05). | HR: 1.01 CI: 0.90-1.13 | N/A | N/A |
| FUTURA/OASIS-8 Steg 2010 (171) 20805623 | Compare safety of 2 UFH regimens during PCI in high-risk pts with NSTEMI | Double-blind randomized parallel group N=2,026 pts | Low-dose UFH n=1024 vs. standard-dose UFH n=1002 | Pts undergoing PCI within 72 h Hx consistent with new or worsening ischemia, occurring at rest or with minimal activity; | <21 y; contraindications to UFH or fondaparinux; contraindications for angiography; pts | IV low-dose UFH, 50 U/kg, regardless of use of GpIIb-IIIa inhibitors or standard-dose | Composite of major bleeding, minor bleeding, or major vascular access-site complications up to 48 h after PCI | Major bleeding or minor bleeding Major bleeding no difference minor bleeding | Composite of major bleeding at 48 h 5.8% vs. 3.9%; OR: 1.51; 95% CI: 1.00–2.28; p=0.05 death, MI, or target | p=0.27 OR: 0.80 95% CI: 0.54-1.19 | Catheter thrombus 0.5% vs. 0.1% p=0.15 | FUTURA still underpowered to conclusively rule out moderate, but important, reductions in |

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| | acss initially treated with fondaparinux | | | enrollment within 48 h of most recent Sx; planned coronary angiography, with PCI if indicated, within 72 h; at least 2 of following criteria: >60 y, TnT or Tnl or CK-MB above upper limit of normal; ECG changes compatible with ischemia | requiring urgent coronary angiography due to refractory or recurrent angina associated with dynamic ST changes, HF, life-threatening arrhythmias, hemodynamic instability; treatment with other injectable anticoagulants hemorrhagic stroke within 12 mo; indication for anticoagulation other than acss; women pregnant, breastfeeding, or of childbearing potential not using contraception; life expectancy <6 mo; receiving experimental pharmacological agent; revasc procedure for qualifying event already performed; creatinine clearance < 20 mL/min. | UFH, 85 U/kg (60 U/kg with GpIIb-IIIa inhibitors), adjusted by blinded ACT | 4.7% vs. 5.8% OR: 0.80; 95% CI: 0.54–1.19; p=0.27 | 0.7% vs. 1.7% ; OR: 0.40; 95% CI: 0.16–0.97; p=0.04) | vessel revasc within 30 d 4.5% vs. 2.9%; OR: 1.58; 95% CI: 0.98–2.53; p=0.06 | | | bleeding from use of low-dose UFH. Based on observed 5.8% event rate of 1 ^o endpoint, a sample size of 11, 542 pts needed to have 80% power to detect 20% RR reduction |
| Grosser 2013 (172) 23212718 | Determine commonality of mechanistically consistent, stable, and specific phenotype of | N=400 | Group 1 (n=40) received regular, immediate release ASA response was assessed 8 h after dosing. Group 2 (n=210) | Healthy, nonsmoking volunteers (aged 18–55 y) | N/A | Single oral dose of 325-mg immediate release ASA or enteric coated ASA | Pharmacological resistance to ASA is rare; study failed to identify single case of true drug resistance. Variable absorption caused high frequency of apparent | N/A | Pseudoresistance, reflecting delayed and reduced drug absorption, complicates enteric coated but not immediate release ASA | N/A | N/A | N/A |

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| | true pharmacologic resistance to ASA—such as might be explained by genetic causes | | received enteric coated ASA response was measured 8 h after dosing. Group 3 (n=150) received enteric coated ASA, response was assessed at 4 h | | | | resistance to single dose of 325 mg enteric coated ASA (up to 49%) but not to immediate release ASA (0%). | | | | | |
| FUTURA/OASIS 8 Steg (173) 21146654 | Evaluate safety of 2-dose regimens of adjunctive IV UFH during PCI in high-risk pts with NSTE-ACS initially treated with fondaparinux and referred for early coronary angiography. | International prospective cohort study N=4,000 | 4,000 high-risk pts treated with fondaparinux as initial medical therapy. Within cohort, 2,000 pts undergoing PCI enrolled into double-blind international randomized parallel-group trial evaluating standard ACT guided doses of IV UFH versus a non-ACT-guided weight-adjusted low dose. | UA or NSTEMI; be enrolled within 48 h of the onset of most recent episode of Sx; planned coronary angiography with PCI if indicated within 72 h of enrolment; at least 2 of following: age \geq 60 y, TnT or Tnl or CK-MB above upper limit of normal; ECG changes compatible with ischemia. | Age <21 y; contraindication to UFH or fondaparinux; contraindication for angiography or PCI; subjects requiring urgent (<120 min) coronary angiography because of refractory or recurrent angina associated with dynamic ST changes, HF, life-threatening arrhythmias, and hemodynamic instability; subjects already receiving treatment with other injectable anticoagulants for treatment of qualifying event, unless the last dose was \geq 8 h for LMWH, \geq 60 min for bivalirudin, \geq 90 min for UFH; hemorrhagic stroke | N/A | Composite of peri-PCI major bleeding, minor bleeding, or major vascular access site complications | Major and minor bleeding; major vascular access site complications | Composite of peri-PCI major bleeding with death, MI, or target vessel revasc at 30 d. | N/A | N/A | N/A |

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| | | | | | within last 12 mo; indication for anticoagulation other than ACS; pregnancy, women who are breastfeeding or childbearing potential who are not using effective method of contraception; comorbid conditions with life expectancy <6 mo; currently receiving an experimental pharmacologic agent; revasc procedure for qualifying event already performed; and severe renal insufficiency | | | | | | | |
| ACUITY Stone 2006 (174) 17124018 | Examine usefulness of bivalirudin as part of early invasive strategy with optimal antiplatelet therapy in pts with acss | Randomized N=13,819 pts | n=4603 UFH or enoxaparin plus a GP IIb/IIIa inhibitor n=4604 bivalirudin plus GP IIb/IIIa inhibitor n=4612 bivalirudin alone | Pts with Sx of UA lasting ≥10 min within preceding 24 h eligible for enrollment if one or more following criteria were met: new ST-segment depression or transient elevation of at least 1 mm; elevations in the Tnl, TnT, CK-MB levels; known CAD; or all four other variables for predicting TIMI risk scores for UA. | MI associated with acute STE or shock; bleeding diathesis or major bleeding episode within 2 wk before episode of angina; thrombocytopenia; a calculated creatinine clearance rate of <30 mL/min; recent administration of abciximab, warfarin, fondapar inux, fibrinolytic agents, bivalirudin, ≥2 doses of LMWH; and allergy to any study | UFH or enoxaparin plus a GP IIb/IIIa inhibitor, bivalirudin plus a GP IIb/IIIa inhibitor, or bivalirudin alone | Composite ischemia endpoint (death, MI, or unplanned revasc for ischemia), major bleeding, and net clinical outcome, defined as combination of composite ischemia or major bleeding. Bivalirudin plus GP IIb/IIIa inhibitor, as compared with heparin plus GP IIb/IIIa inhibitor, associated with noninferior 30-d rates of composite ischemia | N/A | N/A | N/A | N/A | Logistic complexities of trial necessitated an open-label design, introduced potential for bias; 59% of study cohort presented with NSTEMI. Significant proportion of pts pretreated with either UFH or LMWH before randomization; 25% noninferiority margin used may |

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| | | | | | drugs or to iodinated contrast medium that could not be controlled in advance with medication. | | endpoint (7.7% and 7.3%, respectively), major bleeding (5.3% and 5.7%), and net clinical outcome endpoint (11.8% and 11.7%). Bivalirudin alone, compared with heparin plus GP IIb/IIIa inhibitor, associated with noninferior rate of composite ischemia endpoint (7.8% and 7.3%, respectively; p=0.32; RR=1.08; 95% CI=0.93-1.24) significantly reduced rates of major bleeding (3.0% vs. 5.7%; p<0.001; RR=0.53; 95% CI=0.43-0.65) net clinical outcome endpoint (10.1% vs. 11.7%; p=0.02; RR=0.86; 95% CI=0.77-0.97). | | | | | be considered wide |
| Fibrinolytic Therapy Trialists' Collaborative Group 1994 (175) 7905143 | Systematic overview of effects of treatment on mortality and on major morbidity in various pt categories in 9 trials designed to randomize >1000 pts with AMI between fibrinolytic | Collaborative overview | N=58600 pts | All trials of fibrinolytic therapy vs. control that randomized >1000 pts with suspected AMI GISSI-1, ISAM, AIMS, ISIS-2, ASSET, USIM, ISIS-3, EMERAS, LATE | N/A | Streptokinase, anistreplase, tPA, urokinase | Deaths during 1 st 5 wk and major adverse events occurring during hospitalization 10.5% deaths 1.0% strokes 0.7% major non-cerebral bleeds Fibrinolytic therapy excess of deaths during 0-1 d (especially among pts presenting >12 h after Sx and in the elderly) | N/A | Benefit in 45,000 pts presenting with STE or BBB irrespective of age, sex, blood pressure, HR, or previous MI or D greater earlier treatment began Relation between benefit and delay from Sx onset indicated highly significant absolute | N/A | Fibrinolytic therapy associated with 4 extra strokes per 1000 during 0-1 d | N/A |

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| | therapy and control – GISSI-1, ISAM, AIMS, ISIS-2, ASSET, USIM, ISIS-3, EMERAS, LATE | | | | | | Much larger benefit during 2-35 d | | mortality reductions – 30 per 1000 within 0-6 h; 20 per 1000 presenting 7-12 h; statistically uncertain benefit 10 per 1000 within 13-18 h | | | |
| TIMI IIIB 1994 (176) 8149520 | TIMI III focused on UA and NQMI. Determine by coronary arteriography the incidence of coronary thrombi in these conditions and response of these thrombi to 0.8 mg/kg dose (max 80 mg) of TPA. Determine effects of thrombolytic therapy and early invasive strategy on clinical outcome (TIMI IIIB). Provide further understanding of natural Hx of UA and NQMI | Randomized using 2x2 factorial design N=1473 Pts | Compare TPA vs. PC as initial therapy and an early invasive strategy (early coronary arteriography followed by revasc when anatomy was suitable) vs. early conservative strategy (coronary arteriography followed by revasc if initial medical therapy failed). | Pts seen within 24 h of ischemic chest discomfort at rest, considered to represent UA or NQMI. | Treatable cause of UA, experienced MI within preceding 21 d, undergone coronary arteriography within 30 d, PTCA within 6 mo, CABG anytime, or if, at enrollment, were in pulmonary edema, had SBP >180 mm Hg or DBP >100mm Hg, contraindication to thrombolytic therapy or heparin, LBBB, a coexistent severe illness, woman of child-bearing potential, receiving oral anticoagulants. | TPA versus PC Early invasive strategy vs. early conservative strategy | TPA-PC comparison (death, MI, or failure of initial therapy at 6 wk) occurred in 54.2% of the TPA-treated pts and 55.5% of PC-treated pts (p=NS). Fatal and nonfatal MI after randomization (reinfarction in NQMI pts) occurred more frequently in TPA-treated pts (7.4%) than in PC-treated pts (4.9%, p=0.04, Kaplan-Meier estimate). | N/A | Endpoint for comparison of the two strategies (death, MI, or unsatisfactory Sx-limited exercise stress test at 6 wk) occurred in 18.1% of pts assigned to early conservative strategy and 16.2% of pts assigned to the early invasive strategy (p=NS). | p=NS | 4 intracranial hemorrhages occurred in TPA-treated group vs. none in PC treated group (p=.06). | N/A |
| Eikelboom 2000 (147) | Systematic overview of randomized | Meta-analysis 12 trials, n=17,157 pts | UFH or LMWH or PC | Trials had to be randomized; include pts with UA or NQMI; and | Studies were excluded: Randomized | UFH or LMWH or PC | Composite of death or MI at 7 d (OR: 0.53 95% CI: 0.38–0.73; | 1° safety outcome major bleeding | 2° outcomes of interest were recurrent angina | N/A | N/A | Large numbers of pts randomized to receive short- |

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| | trials to assess effect of UFH and LMWH on death, MI, and major bleeding. | | | include ASA-treated pts randomly assigned to UFH or LMWH or to PC or untreated control | comparison heparin vs. ASA, heparin plus ASA vs. combined antiplatelet therapy, or heparin vs. non-ASA control; nonrandomized comparison reported; dose-ranging uncontrolled study; pts alternately allocated to LMWH or UFH therapy; lack of clarity as to whether study was properly randomized. | | p=0.0001) Short term LMWH vs UFH (OR: 0.88; 95% CI: 0.69–1.12; p=0.34). Long-term LMWH (up to 3 mo) vs PC or untreated control (OR: 0.98; 95% CI: 0.81–1.17; p=0.80 | Long-term LMWH OR=2.26, 95% CI=1.63–3.14, p<0.0001 | and need for revasc. | | | term therapy who did not continue therapy long term may have reduced power of studies to detect significant difference. Pts who did not receive long-term LMWH were those at highest risk for recurrent events. |
| ACCF/ACG/AHA report Bhatt 2008 (158) 19017521 | ACCF/ACG/AHA 2008 Expert Consensus Document on Reducing the Gastrointestinal Risks of Antiplatelet Therapy and NSAID Use | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| Karjalainen 2008 (156) 18346963 | Determine safety and efficacy of various periprocedural antithrombotic strategies in pts on long-term OAC with warfarin undergoing PCI. Assess safety of | Retrospective analysis n=523 pts | IAC and UAC group | All consecutive pts on warfarin therapy referred for PCI in four centers with a main policy to IAC before PCI and in three centers with a long experience on UAC during PCI. | N/A | IAC vs. UAC | Major bleeding, access-site complications, and major adverse cardiac events (death, MI, target vessel revasc, and stent thrombosis) Major bleeding 5.0% vs. 1.2%, p=0.02 and after adjusting for propensity score (OR:3.9, 95% CI: 1.0–15.3, p=0.05) | N/A | N/A | N/A | Major bleeding, stroke, access-site complications | Inherent limitations of retrospective study including individual risk-based decision making in treatment choices; outcome assessment not blinded; sample size may not be sufficient to cover |

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| | simplistic UAC strategy. | | | | | | Access-site complications (11.3% vs. 5.0%, p=0.01) After adjusting for propensity score (OR=2.8, 95% CI: 1.3–6.1, p=0.008) | | | | | small but clinically significant differences in bleeding and thrombotic complications |
| BAAS ten Berg 2001 (157) 11319192 | Study intensity and duration of anticoagulation as predictors of thrombotic and bleeding events | N=530 pts | ASA plus coumarins | Pts who were prospectively randomized to use of coumarins as part of BAAS study | N/A | ASA (LD, 300 mg; then 100 mg qd) and coumarins (acenocoumarol or Sintrom at 6 mg 1 d, 4 mg on 2 d, 2 mg on 3 d and after until intervention) started 1 wk before intervention Target INR was 2.1-4.8 during angioplasty and 6-mo follow-up INR measured on morning before PTCA and daily after until discharge | Thrombotic events - Death, MI, target lesion, revasc, and thrombotic stroke 17 early thrombotic events (3.2%), 7 early bleeding episodes (1.3%), and 10 false aneurysms (1.9%). 61 late thrombotic events occurred (11.6%). Optimal anticoagulation an independent predictor of late thrombotic events (RR: 0.33; 95% CI: 0.19-0.57) and associated with 0.21 mm (95% CI: 0.17-0.42) larger vessel lumen at 6 mo | Bleeding Complications, hemorrhagic stroke, major extracranial bleeding, and false aneurysm Late bleeding episodes (1.4%) lowest in pts in target range. | N/A | N/A | N/A | N/A |
| RE-DEEM Oldgren 2011 (177) 21551462 | Evaluate the safety and indicators of efficacy of four dose regimens of dabigatran etexilate compared with PC when given in addition to dual antiplatelet | Double-blind, PC-controlled, dose-escalation trial N=1861 pts | Dabigatran vs. PC | Pts age ≥18 y, hospitalized with NSTEMI or STEMI within last 14 d, and receiving treatment with dual antiplatelet therapy (ASA and clopidogrel or another thienopyridine). ≥1 risk factor for subsequent CV complications: age ≥65 y, DM on treatment, previous MI, LBBB, | Ongoing or planned treatment with VKAs, severe disabling stroke within previous 6 mo or any stroke within previous 14 d, conditions associated with increased risk of bleeding such as major surgery (including bypass | Dabigatran initially one of two lower doses (50 mg bid n=369 and 75 mg bid) n=368 vs. PC n=371 N=406 110 mg dose in 2 nd stage n=347 150 mg dose group in third stage | Composite of major or clinically relevant minor bleeding during 6 mo treatment period. Composite of major or clinically relevant minor bleeding events 3.5, 4.3, 7.9, and 7.8% in respective 50, 75, 110, and 150 mg dabigatran groups, compared with 2.2% | N/A | Indicators of efficacy such as reduction in D-dimer levels and incidences of CV ischaemic events. D-dimer concentrations reduced in all dabigatran dose groups by an average of 37 and 45% at wk 1 and 4, | p<0.001 for linear trend HR 1.77 (95% CI: 0.70–4.50) for 50 mg; HR=2.17 (95% CI: 0.88–5.31) for 75 mg; HR=3.92 (95% CI: 1.72–8.95) for 110 mg; and HR=4.27 (95% CI: 1.86–9.81) | 14(3.8%) pts died, had a MI or stroke in PC group compared with 17 (4.6%) in 50 mg, 18 (4.9%) in 75 mg, 12 (3.0%) in 110 mg, and 12 (3.5%) in the 150 mg | N/A |

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| | treatment in pts with recent STEMI or NSTEMI at high risk of new ischaemic CV events. | | | congestive HF requiring treatment or LVEF 40%, PAD, moderate renal insufficiency (CrCl ≥30–60 mL/min), or no revasc for the index event. | surgery) in previous mo, Hx of severe bleeding, gastrointestinal haemorrhage with in past y, gastroduodenal ulcer in previous 30 d, fibrinolytic agents within 48 h of study entry, uncontrolled hypertension, haemoglobin ,10 g/dL or platelet count ,100 × 109/L, normal coronary arteries at angiogram for index event, congestive HF New York Heart Association Class IV, and severe renal impairment (CrCl ,30 mL/min). | | in the PC group, p<0.001 for linear trend. 96 1° outcome events, compared with PC a dose dependent increase with dabigatran, HR 1.77 (95% CI: 0.70–4.50) for 50 mg; HR=2.17 (95% CI: 0.88–5.31) for 75 mg; HR=3.92 (95% CI: 1.72–8.95) for 110 mg; and HR=4.27 (95% CI: 1.86–9.81) for 150 mg. Compared with PC, D-dimer concentrations reduced in all dabigatran dose groups by average of 37 and 45% at wk 1 and 4, respectively (p=0.001). | | respectively (p<0.001). | for 150 mg. | dabigatran groups | |
| Uchino 2012 (178) 22231617 | Systematically evaluated risk of MI or ACS with use of dabigatran. | Meta-analysis Seven trials were selected N=30,514 | N/A | Searched PubMed, Scopus, and Web of Science for randomized controlled trials of dabigatran that reported on MI or ACS as 2° outcomes. | N/A | Fixed-effects M-H used to evaluate the effect of dabigatran on MI or ACS. Expressed associations as OR and 95% CIs. | Dabigatran was significantly associated with higher risk of MI or ACS than seen with agents used in control group (dabigatran, 237 of 20 000 [1.19%] vs. control, 83 of 10 514 [0.79%]; OR _{M-H} , 1.33; 95% CI: 1.03-1.71; p=.03). | N/A | N/A | p=.03 OR _{M-H} , 1.33 CI=1.03-1.71 | N/A | Dominant effect of RE-LY trial on results of meta-analysis. Other 6 trials had cohort sizes of 515-3451 with durations of ≤6mo. In RE-LY, 18,113 participants monitored for median of 2 y. Owing to sample size and duration of study, RE-LY comprised 59% of the cohort and |

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| | | | | | | | | | | | | 74% of the events. |
| Alexander 2011 (179) 21780946 | Determine whether in high-risk pts with ACS benefit of apixaban in reducing ischemic events outweigh increased risk of bleeding. | Randomized, double-blind, PC-controlled N=7392 | n=3705 apixaban, 5 mg bid vs. n=3687 PC | ACS (MI, NSTEMI, STEMI, or UA) within previous 7 d, Sx of MI lasting 10 mo or more with pt at rest plus either elevated levels of cardiac biomarkers or dynamic ST-segment depression or elevation of ≥ 0.1 mV. 2 or more of the following high-risk characteristics: age ≥ 65 y, DM, MI within previous 5 y, cerebrovascular disease, peripheral vascular disease, clinical HF or LVEF of $< 40\%$ in association with index event, impaired renal function with calculated creatinine clearance < 60 ml/min and no revasc after index event. | N/A | Apixaban 5 mg bid PC, in addition to standard antiplatelet therapy | CV death, MI, or ischemic stroke Median follow-up of 241 d 7.5% pts assigned to apixaban 7.9% assigned to PC HR=0.95; 95% CI: 0.80-1.11; p=0.51 | Major bleeding according to TIMI definition occurred in 1.3% pts who received apixaban and in 0.5% pts who received PC HR=2.59; CI, 1.50-4.46; p=0.001. Greater number of intracranial and fatal bleeding events occurred with apixaban than PC. | N/A | P=0.51 HR=0.95 CI=0.80-1.11 | N/A | N/A |
| Mega 2012 (180) 22077192 | N/A | Double-blind, PC-controlled trial N=15,526 pts | bidbid doses of either 2.5 mg or 5 mg of rivaroxaban or PC | Within 7 d after hospital admission for ACS. Condition of pts needed to be stabilized before enrollment with initial management strategies (e.g., revasc) completed | N/A | bid doses of either 2.5 mg or 5 mg of rivaroxaban or PC | Composite of death from CV causes, MI, or stroke. Rivaroxaban compared with PC, 8.9% and 10.7% (HR in rivaroxaban group, 0.84; 95% CI: 0.74-0.96; p=0.008), significant improvement for both bid 2.5-mg dose (9.1% vs. 10.7%, p=0.02) and bid 5 mg dose (8.8% vs. 10.7%, p=0.03). | Compared with PC, rivaroxaban increased rates of major bleeding not related to CABG (2.1% vs. 0.6%, p<0.001) and intracranial hemorrhage (0.6% vs. 0.2%, p=0.009), without | bid 2.5-mg dose of rivaroxaban reduced rates of death from CV causes (2.7% vs. 4.1%, p=0.002) and from any cause (2.9% vs. 4.5%, p=0.002), | p=0.008 HR=0.84 CI=0.74-0.96 | Rates of adverse events that were not related to bleeding similar in rivaroxaban and PC groups | N/A |

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| | | | | | | | | significant increase in fatal bleeding (0.3% vs. 0.2%, p=0.66) or other adverse events. bid 2.5-mg dose resulted in fewer fatal bleeding events than bid 5-mg dose (0.1% vs. 0.4%, p=0.04). | | | | |
| Warkentin 2012 (181) 22383791 | Report timeline of bleeding, hemostatic parameters, and dabigatran plasma levels (by HPLC) in response to emergency management with rFVIIa and hemodialysis. | Single patient case | N/A | N/A | N/A | N/A | Pts developed massive postoperative bleeding resulting from elective cardiac surgery performed with therapeutic dabigatran levels. This illustrates importance of adjusting the number of d off dabigatran before surgery according to current renal function. | N/A | N/A | N/A | N/A | N/A |
| Eerenberg 2011 (182) 21900088 | Evaluated potential of PCC to reverse anticoagulant effect of rivaroxaban and dabigatran | Randomized, double-blind, PC-controlled N=12 | Rivaroxaban 20 mg bid (n=6) or dabigatran 150 mg bid(n=6) | Twelve healthy male subjects | N/A | Rivaroxaban 20 mg bid (n=6) or dabigatran 150 mg bid. (n=6) for 2.5 d followed by either single bolus 50 IU/kg PCC or similar volume of saline. After washout period procedure | Rivaroxaban induced significant prolongation of prothrombin time (15.8±1.3 vs. 12.3±0.7 s at baseline; p<0.001) that was immediately and completely reversed by PCC (12.8±1.0; | N/A | N/A | N/A | No major or clinically relevant bleeding complications occurred during treatment, no serious adverse events. | Small size of study population accounting for variation in results of a few coagulation tests. No measurements performed between 6-24 h after infusion of |

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| | | | | | | repeated with other anticoagulant treatment. | p<0.001). Endogenous thrombin potential inhibited by rivaroxaban (51±22%; baseline, 92±22%; p<0.002) normalized with PCC (114±26%; p<0.001), saline had no effect. Dabigatran increased activated partial thromboplastin time, ECT, and thrombin time. Administration of PCC did not restore these coagulation tests. | | | | | PCC or PC. If PCC had any effect of reversal for dabigatran it may have been missed; any rebound effect on anticoagulant activity of rivaroxaban in that same period could not be observed. |
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1^o indicates primary; 2^o, secondary; ACCF, American College of Cardiology Foundation; ACS, acute coronary syndrome; ACT, activated clotting time; ACUITY, Acute Catheterization and Urgent Intervention Triage strategy; ACUTE II, Assessment of Cardioversion Using Transesophageal Echocardiography; ADP, adenosine diphosphate; AGC, ; AHA, American Heart Association; AIMS, APSAC Intervention Mortality Study; aPTT, Activated Partial Thromboplastin Time; ASA, aspirin; ASSET, Anglo-Scandinavian Study of Early Thrombolysis; BID, twice daily; CABG, coronary artery bypass graft; CAD, coronary artery disease; CI, confidence interval; CK, creatine kinase; CK-MB, creatine kinase-MB; CRP, C-reactive protein; DBP, diastolic blood pressure; DM, diabetes mellitus; ECG, electrocardiography; ECT, ecarin clotting time; EMERAS, Estudio Multicentrico Estreptoquinasa Republicas de America del Sur; ESSENCE, Efficacy and Safety of Subcutaneous Enoxaparin in Non-Q wave Coronary Events; FUTURA, The Fondaparinux Trial With Unfractionated Heparin During Revascularization in Acute Coronary Syndromes ; GISSI-1, Gruppo Italiano per lo Studio della Sopravvivenza nell'Infarto miocardico acuto-1; GP, glycoprotein; HF, heart failure; HR, hazard ratio; Hx, history; IAC, Interrupt anticoagulation; IgE, Immunoglobulin E; ISAM, Intravenous Streptokinase in Acute Myocardial Infarction; ISIS, International Study of Infarct Survival; INTERACT, Intensive blood pressure reduction in acute cerebral haemorrhage trial; ISAM, Intravenous Streptokinase in Acute Myocardial Infarction; IV, intravenous; LATE, Late Assessment of Thrombolytic Efficacy Study; LBBB, left bundle-branch block; LD, loading dose; LMWH, low molecular weight heparins; LVEF, left ventricular ejection fraction; MH, Mantel-Haenszel test; MI, myocardial infarction; NQMI, non-Q-wave myocardial infarction; NS, not significant; NSAID, nonsteroidal anti-inflammatory drugs; NSTE, non-ST elevation; NSTEMI, non-ST-elevation myocardial infarction; OAC, Oral anticoagulation; OASIS, Organization for the Assessment of Strategies for Ischemic Syndromes; OD, once daily; OR, odds ratio; PAD, peripheral arterial disease; PC, placebo; PCC, prothrombin complex concentrate, PCI, percutaneous coronary intervention; PLATO, Platelet Inhibition and Patient Outcomes trial; pts, patients; RCT, randomized clinical trials; Revasc, revascularization; RE-LY, Randomized Evaluation of Long-Term Anticoagulant Therapy Trial; ROW, rest of the world; RR, relative risk; SBP, systolic blood pressure; STE, ST elevation; STEMI, ST-elevation myocardial infarction; Sx, symptoms; TIMI, thrombolysis in MI; Tnl, troponin I; TnT, troponin T; TPA, ; UA, unstable angina; UAC, Uninterrupted anticoagulation; UFH, unfractionated heparin; US, United States; and USIM, Urochinas per via Sistemica nell'Infarto Miocardico.

Data Supplement 18. Comparison of Early Invasive and Initial Conservative Strategy (Section 4.4.4)

| Study Name, Author, Year | Study Aim | Study Type / Size (n) | Intervention vs. Comparator (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: HR: RR: & 95 CI: | Study Limitations & Adverse Events |
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| | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint & Results | Safety Endpoint & Results | Secondary Endpoint & Results | | |
| TIMI IIIB, 1994 8149520 (176) | To determine the effects of an early invasive strategy on clinical | RCT 1,473 | Intervention: 740; Comparator: 733 | Chest discomfort at rest caused by ischemia that lasted >5 min but <6 h. The discomfort must have occurred within | Pts were excluded if they had a treatable cause of UA, had experienced a MI within the preceding 21 d, had undergone | The protocol called for pts assigned to the early invasive strategy to have cardiac catheterization, LVA, and coronary | Pts randomized to the early conservative strategy were to have angiography | Death, postrandomization MI, or an unsatisfactory ETT performed at the time of the 6- | None | Analyses for differences and interactions in the results of invasive vs. conservative strategies for death | 1 ^o endpoint occurred in 16.2% of the pts randomized to the early invasive | Significant crossover with 64% in the conservative arm undergoing angiography by 42 |

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| | outcome | | | 24 h of enrollment and accompanied by objective evidence of ischemic HD, i.e., either new or presumably new ECG evidence of ischemia in at least 2 contiguous leads or documented CAD | coronary arteriography within 30 d, PTCA within 6 mo, CABG at any time, or if, at enrollment, they were in pulmonary edema, had a systolic arterial pressure >180 mmHg or a diastolic pressure >100 mmHg, a contraindication to thrombolytic therapy or heparin. LBBB, a coexistent severe illness, were a woman of child-bearing potential, or were receiving OAC. | arteriography 18-48 h after randomization | carried out only after failure of initial therapy | wk visit | | or MI were carried out on several prespecified subgroups | strategy vs. 18.1% of those assigned to the early conservative strategy (p=NS) | d |
| MATE, 1998 Mccullogh et al, (183) 9741499 | To determine if early revasc favorably affects clinical outcomes in pts with suspected AMI | RCT 201 | Intervention: 201; Comparator: 90 | Pts 18 y and older who presented to the ED with an acute chest pain syndrome consistent with AMI | Exclusion criteria were Sx lasting for more than 24 h or an absolute indication or contraindication to cardiac catheterization | Subjects randomized to triage angiography were taken as soon as possible directly to the catheterization laboratory from the ED. All triage angiography pts underwent catheterization within 24 h of arrival to the hospital | Subjects randomized to the conservative arm were admitted to a monitored bed and received continued medical therapy and noninvasive evaluation encouraged by the protocol | Composite endpoint of all recurrent ischemic events or death | None | 2° endpoints including LOS and hospital costs | The composite endpoint of all recurrent ischemic events or death occurred in 14 (13%) and 31 (34%), yielding a 45% risk reduction (95% CI 27-59%, p=0.0002) | High crossover rate (60%). No long-term benefit in cardiac outcomes compared with conservative medical therapy with revasc prompted by recurrent ischemia |
| VANQWISH, Boden et al 1998 (184) 9632444 | To compare an invasive with a conservative strategy in pts with acute NQMI | RCT 920 | Intervention: 462; Comparator: 458 | Eligible pts had to have evolving AMI, a level of (CK-MB isoenzymes that was more than 1.5× the ULN for the hospital, and no new abnormal Q waves | Pts were excluded if they had serious coexisting conditions, ischemic complications that placed them at very high risk while in the CCU (persistent or | Pts assigned to the early invasive strategy underwent coronary angiography as the initial diagnostic test soon after randomization. Thereafter, the | Pts assigned to the early conservative strategy underwent RNV to assess LV function as the initial noninvasive | Death or nonfatal MI | Major procedural complications after coronary angiography or myocardial revasc | Overall mortality | A total of 152 1° endpoint events occurred in the invasive-strategy group, as did 139 cardiac events in the | The trial was conducted before coronary stents or platelet GP IIb/IIIa receptor antagonists were widely available |

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| | | | | (or R waves) on serial electrocardiograms | recurrent ischemia at rest despite intensive medical therapy or severe HF that persisted despite treatment with IV diuretics, vasodilators, or both | management guidelines of the TIMI IIIB for revasc were followed | test; this was followed before discharge by a Sx-limited treadmill exercise test with thallium scintigraphy | | | | conservative-strategy group (p=0.35) during an average of 23 mo of follow-up | |
| FRISC II, 1999 (185) 10475181 | To compare an early invasive with a non-invasive treatment strategy in UCAD | Prospective, randomized, multicenter trial 2,457 | Intervention: 1,222; Comparator: 1,235 | Pts were eligible for inclusion if they had Sx of ischaemia that were increasing or occurring at rest, or that warranted the suspicion of AMI, with the last episode within 48 h | Exclusion criteria were raised risk of bleeding episodes, anaemia, or indication for or treatment in the past 24 h with thrombolysis, angioplasty in the past 6 mo, being on a waiting list for coronary revasc, other acute or severe CD, renal or hepatic insufficiency, known clinically relevant osteoporosis, other severe illness, hypersensitivity to randomized drugs, anticipated difficulties with cooperation or participation in this or another clinical trial | The direct invasive treatments were coronary angiography within a few d of enrollment, aiming for revasc within 7 d of the start of open-label treatment | Non-invasive treatment included coronary pts with refractory or recurrent Sx, despite max medical treatment, or severe ischaemia on a Sx-limited exercise test before discharge | Composite endpoint of death and MI after 6 mo | Bleeding | Total death, MI, Sx of angina, need for late coronary angiography and revasc, bleeding episodes, and stroke | There was a significant 22.0% relative and 2.7% absolute decrease in death and MI in the invasive compared with the non-invasive group after 6-mo RR: 0.78 (95% CI: 0.62–0.98), p=0.031 | Revasc window of 7 d longer than actual contemporary practice |
| TACTICS - TIMI 18, Cannon et al 2001 (186) 11419424 | To compare an early invasive strategy to a more conservative approach | Prospective, randomized, multicenter trial 2,220 | Intervention: 1,114 vs. Comparator: 1,106 | Pts ≥18 y if they had had an episode of angina (with an accelerating pattern or prolonged [>20 min] or recurrent episodes at rest or | Persistent STE, 2° angina, a Hx of PCI or CAB grafting within the preceding 6 mo, factors associated with an increased risk of | Pts assigned to the early invasive strategy were to undergo coronary angiography between 4 h and 48 h after randomization and revasc when | Pts assigned to the early conservative strategy were treated medically and, if their condition was | Combined incidence of death, nonfatal MI, and rehospitalization for an ACS at 6 mo | Bleeding | Death, death or MI, fatal or nonfatal MI, rehospitalization for MI | At 6 mo, the rate of the 1° endpoint was 15.9% with use of the early invasive strategy and | Study excluded pts with severe comorbid conditions or other serious systemic illness |

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| | | | | with minimal effort) within the preceding 24 h, were candidates for coronary revasc, and had at least 1 of the following: a new finding of ST-segment depression of at least 0.05 mV, transient (<20 min) STE of at least 0.1 mV, or T-wave inversion of at least 0.3 mV in at least 2 leads; elevated levels of cardiac markers; or coronary disease, as documented by a Hx of catheterization, revasc, or M | bleeding, LBBB or paced rhythm, severe CHF or cardiogenic shock, serious systemic disease, a serum creatinine level of <2.5 mg/dL (221 µmol/L), or current participation in another study of an investigational drug or device | appropriate on the basis of coronary anatomical findings | stable, underwent an exercise-tolerance test (83% of such tests included nuclear perfusion imaging or echocardiography performed according to the protocol of the institution) before being discharged | | | | 19.4% with use of the conservative strategy (OR: 0.78; 95% CI: 0.62–0.97; p=0.025). | |
| VINO, Spacek et al 2002 (120) 11792138 | To compare 1 st d angiography/angioplasty vs. early conservative therapy of evolving MI without persistent STE | RCT 131 | Intervention: 64 vs. Comparator: 67 | Rest ischaemic chest pain, lasting <20 min, within the last 24 h before randomization; ECG evidence of AMI without STE (ST-segment depressions minimally 0.1 mm in at least 2 contiguous leads and/or negative T waves or documented old LBBB/RBBB; CK-MB higher than 1.5× X ULN and/or positive Tnl assay | Unstable post-infarction angina pectoris resistant to maximal pharmacotherapy; cardiogenic shock; acute LBBB or RBBB or STE 2 mm in 2 leads; QMI or IV thrombolysis >1 mo; coronary angioplasty or bypass surgery >6 mo; any concomitant disease which may have possible influence on 1-y Px; lack of pt cooperation | 1 st d angiography/angioplasty treatment strategy guidelines were characterized by a coronary angiogram as soon as possible after randomization followed by immediate coronary angioplasty of the culprit coronary lesion + stent implantation whenever suitable | Conservative treatment strategy guidelines were characterized by initial medical treatment with coronary angiography and subsequent revasc only in the presence of recurrent myocardial ischaemia | Composite of death or nonfatal RMI 6 mo after the randomization | None | Length of the initial hospitalization and the number of subsequent hospitalizations for UAP | The primary endpoint (death/reinfarction) at 6 mo occurred in 6.2% vs. 22.3% (p<0.001). 6 mo mortality in the 1 st d angiography/angioplasty group was 3.1% vs. 13.4% in the conservative group (p<0.03). | Small sample size, interventions were done in only one high volume tertiary center |
| RITA -2, Fox et al, 2002 | To compare interventional | RCT 1,810 | Intervention: 895 vs. | Pts were eligible for inclusion if they had | All those with probable evolving | Pts assigned to the interventional treatment | Pts assigned to the conservative | The coprimary trial endpoints | Bleeding | Death, MI, refractory angina | At 4 mo, 86 (9.6%) of 895 | Primary endpoint driven by reduction |

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| (187) 12241831 | strategy and conservative strategy in pts with unstable CAD | | Comparator: 915 | suspected cardiac chest pain at rest and had documented evidence of CAD with at least 1 of the following: evidence of ischaemia on ECG (ST-segment depression, transient STE, LBBB [documented previously], or T-wave inversion); pathological Q waves suggesting previous MI; or arteriographically proven CAD on a previous arteriogram | MI, including those for whom reperfusion therapy was indicated, were ineligible. Those in whom new pathological Q waves developed, or those with CK or CK-MB concentrations 2× the ULN before randomization, were excluded. Also excluded were those with MI within the previous mo, PCI in the preceding 12 mo, or CABG at any time. | strategy were managed with optimum antianginal and antiplatelet treatment (as for the conservative group), and enoxaparin 1 mg/kg subcutaneously 2× for 2-8 d. The protocol specified that coronary arteriography should be done as soon as possible after randomization and ideally within 72 h | strategy were managed with antianginal and antithrombotic medication | were: a combined rate of death, nonfatal MI, or refractory angina at 4 mo; and a combined rate of death or nonfatal MI at 1 y | | as individual endpoints | pts in the intervention group had died or had a MI or refractory angina, compared with 133 (14.5%) of 915 pts in the conservative group (RR: 0.66; 95% CI: 0.51–0.85; p=0.001). | of refractory angina with no difference in hard clinical endpoints |
| ICTUS, de Winter et al, 2005 (188) 16162880 | To compare an early invasive strategy to a selectively invasive strategy for pts who have ACS without STE and with an elevated cTnT level | RCT 1,200 | Intervention: 604 vs. Comparator: 596 | Eligible pts had to have all 3 of the following: Sx of ischemia that were increasing or occurred at rest, with the last episode occurring no more than 24 h before randomization; an elevated cTnT level ($\geq 0.03 \mu\text{g/L}$); and either ischemic changes as assessed by ECG (defined as ST-segment depression or transient STE exceeding 0.05 mV, or T-wave inversion of $\geq 0.2 \text{ mV}$ in 2 contiguous leads) or | Exclusion criteria were an age $>18 \text{ y}$ or $<80 \text{ y}$, STEMI in the past 48 h, an indication for primary PCI or fibrinolytic therapy, hemodynamic instability or overt CHF, the use of oral anticoagulant drugs in the past 7 d, fibrinolytic treatment within the past 96 h, PCI within the past 14 d, a contraindication to treatment with PCI or GP IIb/IIIa inhibitors, recent trauma or risk of bleeding, hypertension despite | Pts assigned to the early invasive strategy were scheduled to undergo angiography within 24-48 h after randomization and PCI when appropriate on the basis of the coronary anatomy | Pts assigned to the selectively invasive strategy were treated medically. These pts were scheduled to undergo angiography and subsequent revasonly if they had refractory angina despite optimal medical treatment, hemodynamic or rhythmic instability, or clinically significant ischemia on the predischarge | The primary endpoint was a composite of death, RMI, or rehospitalization for angina within 1 y after randomization | Bleeding | Percentage of pts free from anginal Sx | The estimated cumulative rate of the primary endpoint was 22.7% in the group assigned to early invasive management and 21.2% in the group assigned to selectively invasive management (RR: 1.07; 95% CI: 0.87-1.33; p=0.33). | Revasc rates were high in the 2 groups in our study (76% in the early-invasive-strategy group and 40% in the selectively-invasive-strategy group during the initial hospitalization, and 79% and 54%, respectively, within 1 y after randomization |

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|---|--|---------|--|---|--|--|--|---|----------|---|---|--|
| | | | | a documented Hx of CAD as evidenced by previous MI, findings on previous coronary angiography, or a positive exercise test | treatment (i.e., systolic pressure >180 mmHg or diastolic pressure >100 mmHg), weight <120 kg, or inability to give informed consent | | exercise test. | | | | | |
| Italian Trial J Am Coll Cardiol Intv 2012;5:906-16) (189) 22995877 | To determine the risk vs. benefit ratio of an EA approach in elderly pts with NSTEMI-ACS | RCT 313 | Intervention: 154 vs. Comparator : 159 | Eligible were pts with NSTEMI-ACS and an age of ≥75 y, with cardiac ischemic Sx at rest within 48 h before randomization, together with ischemic ECG changes and/or elevated levels of either Tn or CK-MB | Excluded were pts with 2° causes of myocardial ischemia, ongoing myocardial ischemia or HF despite optimized therapy, PCI or CABG within 30 d before randomization, serum creatinine >2.5 mg/dL, a cerebrovascular accident within the previous mo, recent transfusions, gastrointestinal or genitourinary bleeding within 6 wk before randomization, platelet count <90,000 cells/ l, ongoing oral anticoagulation, severe obstructive lung disease, malignancy, or neurological deficit limiting follow-up | Pts enrolled in the trial were randomly assigned to either: 1) an EA strategy of coronary angiography within 72 h and, when indicated, coronary revascularization by either PCI or CABG according to coronary anatomy, pt preference, and local skills; or 2) IC therapy | IC therapy, in which case pts had to be managed with medical therapy, and coronary angiography during index hospital stay was allowed in the case of refractory ischemia, myocardial (re)infarction, HR of ischemic origin, or malignant ventricular arrhythmias | The primary endpoint was the composite of death, MI, disabling stroke, and repeat hospital stay for CV causes or severe bleeding within 1 y | Bleeding | Individual components of the primary endpoint | The 1 outcome occurred in 43 pts (27.9%) in the EA group and 55 (34.6%) in the IC group (HR: 0.80; 95% CI: 0.5– 1.19; p=0.26) | The main limitation of this study is its relative lack of power, because our original sample size was amended due to slow enrollment |

1° indicates primary; 2°, secondary; ACS, acute coronary syndrome; AMI, acute myocardial infarction; CAB, coronary artery bypass; CABG, coronary artery bypass graft; CAD, coronary artery disease; CCU, cardiac care unit; CD, cardiac disease; CHF, congestive heart failure; CK, creatine kinase; CK-MB, creatine kinase-MB; cTnT, cardiac troponin T; CV, cardiovascular; EA, early invasive; ECG, electrocardiograph; ETT, exercise treadmill test; GP, glycoprotein; HD, heart disease; HF, heart failure; Hx, history; IC, initially conservative; IV, intravenous; LBBB, left bundle branch block; LOS, length of stay; LV, left ventricular; LVA, left ventricular angiography; MI, myocardial infarction; NQMI, Non Q-wave myocardial infarction; NS, no(t) significant; OAC, oral anticoagulants; PCI, percutaneous coronary intervention; PTCA, percutaneous transluminal coronary angioplasty; pts, patients; Px, prognosis; QMI, Q-wave myocardial infarction; RBBB, right bundle branch block; RCT, randomized controlled trial; revascularization; RMI; recurrent MI; RNV, radionuclide ventriculogram; STE, ST-segment elevation; Sx, symptom(s); TIMI, thrombolysis in MI; Tnl, troponin I; UA, unstable angina; UAP, unstable angina pectoris; UCAD, unstable coronary artery disease; and ULN, upper limits of normal.

Data Supplement 19. Comparison of Early Versus Delayed Angiography (Section 4.4.4.1)

| Study Name, Author, Year | Study Aim | Study Type/ Size (N) | Intervention vs. Comparator (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: HR: RR: & 95 CI: | Study Limitations & Adverse Events |
|--|--|----------------------|---|---|--|--|---|---|----------------------------|--|--|--|
| | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint & Results | Safety Endpoint & Results | Secondary Endpoint & Results | | |
| ISAR-COOL, Neumann et al 2003 14506118 (190) | To test the hypothesis that prolonged antithrombotic pretreatment improves the outcome of catheter intervention in pts with acute unstable coronary syndromes compared with early intervention | RCT 410 | Intervention: 207 vs. Comparator: 203 | Pts with AP at rest or with minimal exertion, with the last episode occurring ≥ 24 h before study entry | Pts with evidence of large MI, including STE of at least 1 mV in 2 or more contiguous leads or elevation of the catalytic activity of creatine kinase and its MB isoenzyme to $\leq 3 \times$ the ULN; those with hemodynamic instability; those with contraindications to study medication; or those unable to provide written informed consent for participation | With the early intervention strategy investigators performed coronary angiography as soon as possible, at least within 6 h, during which time antithrombotic pretreatment was instituted | With the prolonged antithrombotic pretreatment strategy, investigators continued pretreatment for at least 3 d, to a max of 5 d, after which all pts underwent coronary angiography | Composite 30-d incidence of large nonfatal MI or death from any cause | Bleeding, thrombocytopenia | Death, nonfatal MI | 1 ^o endpoint was reached in 11.6% (3 deaths, 21 infarctions) of the group receiving prolonged antithrombotic pretreatment and in 5.9% (no deaths, 12 infarctions) of the group receiving early intervention (RR: 1.96; 95% CI: 1.01–3.82; p=0.04) | Small sample size |
| TIMACS, Mehta et al, 2009 (191) 19458363 | To study efficacy of an early invasive strategy (within 24 h of presentation) compared with delayed invasive strategy (anytime 36 h after presentation) | RCT 3,031 | Intervention: 1,593 vs. Comparator: 1,438 | Presentation to a hospital with UA or MI without STE within 24 h after onset of Sx and if 2 of the following 3 criteria for increased risk are present: age ≥ 60 y, cardiac biomarkers above ULN, or results on ECG compatible with ischemia (i.e., ST-segment depression ≥ 1 mm or transient | Pt who is not a suitable candidate for revasc | Among pts who were randomly assigned to the early-intervention group, coronary angiography was to be performed as rapidly as possible and within 24 h after randomization | Pts who were assigned to the delayed-intervention group underwent coronary angiography after a min delay of 36 h after randomization | Composite of death, MI, or stroke at 6 mo | Bleeding | 1 st occurrence of the composite of death, MI, or refractory ischemia and the composite of death, MI, stroke, refractory ischemia, or repeat intervention at 6 mo | At 6 mo, 1 ^o outcome (death, new MI, or stroke) occurred in 9.6% of pts in the early-intervention group, as compared with 11.3% in the delayed-intervention group (HR: 0.85; 95% CI: 0.68–1.06; p=0.15) | The trial may have been relatively underpowered. Heterogeneity was observed in the 1 ^o endpoint, with pts in the highest tertile experiencing a sizeable risk reduction and suggesting a potential advantage of |

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| | | | | STE or T-wave inversion >3 mm) | | | | | | | | early revasc in this high-risk subgroup |
| ABOARD, Montalescot et al (192) 19724041 | To determine if immediate intervention on admission can result in reduction of MI vs. delayed intervention | RCT 352 | Intervention: 175 vs. Comparator: 177 | Presence of at least 2 of the following: ischemic Sx, ECG abnormalities in at least 2 contiguous leads, or positive Tn, TIMI risk score 3 | Hemodynamic or arrhythmic instability requiring urgent catheterization, chronic oral anticoagulation, or thrombolytic therapy in the preceding 24 h | An immediate invasive strategy | An invasive strategy scheduled on the next working d | Primary endpoint was peak Tn value during hospitalization | Bleeding | 2° endpoints were composite of death, MI, or urgent revasc at 1-mo follow-up | The primary endpoint did not differ between the 2 strategies (median [IQR] TnI value, 2.1 [0.3-7.1] ng/mL vs. 1.7 [0.3-7.2] ng/mL in the immediate and delayed intervention groups, respectively; p=0.70) | Immediate (at a median of 70 min) vs. delayed (at a median of 21 h) angiography and revasc in UA/NSTEMI pts conferred no advantage with regard to the primary endpoint |

1° indicates primary; 2°, secondary AP, angina pectoris; ECG, electrocardiograph; IQR, interquartile range; MB, myocardial band; MI, myocardial infarction; non-ST-elevation myocardial infarction; pts, patients; RCT, randomized controlled trial; revasc, revascularization; RR, relative risk; STE, ST-segment elevation; Sx, symptom(s); TIMI, thrombolysis in myocardial infarction; Tn, troponin; TnI, troponin I; UA, unstable angina; and UA/NSTEMI, unstable angina/ non-ST-elevation MI.

Data Supplement 20. Risk Stratification Before Discharge for Patients With Conservatively Treated NSTEMI-ACS (Section 4.5)

| Study Name, Author, Year | Study Aim | Study Type/ Size (n) | Intervention vs. Comparator (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: HR: RR: & 95 CI: | Study Limitations & Adverse Events |
|--|---|---|---------------------------------|---|--------------------|--|------------------------------------|--|---------------------------|------------------------------|---|---|
| | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint & Results | Safety Endpoint & Results | Secondary Endpoint & Results | | |
| DANAMI, Valeur et al 2004 (193) 15618067 | To test the prognostic importance of pre-discharge maximal Sx-limited ET following AMI in the era of aggressive reperfusion | Post hoc subgroup analysis of a RCT 1,164 | N/A | In the DANAMI-2 study, pts with STEMI were randomized to 1° angioplasty (PCI) or fibrinolysis | N/A | N/A | N/A | 1° endpoint was a composite of death and re-infarction | N/A | N/A | ST-depression was predictive of the clinical outcome (RR: 1.57 [1.00- 2.48]; p<0.05) in multivariable analysis, there was a significant association between ST-depression and outcome in the fibrinolysis group (RR: 1.95 [1.11- 3.44]; p<0.05), but not in the 1° PCI group (RR: 1.06 [0.47-2.36]; p=NS). However, the p-value for interaction was 0.15. | Post hoc analysis. Exercise capacity was a strong prognostic predictor of death and re-infarction irrespective of treatment strategy, whereas the prognostic significance of ST-depression seems to be strongest in the fibrinolysis-treated pts. |
| INSPIRE, Mahmarian et al 2006 | To test whether gated ADSPECT could accurately | Cohort study 728 pts | N/A | The study cohort consisted of 728 stabilized pts 18 y of | N/A | Event rates were assessed within prospectively | Pt risk and subsequent therapeutic | Composite of death, MI, or stroke at 6 mo | N/A | N/A | Total cardiac events/death and reinfarction significantly increased within each INSPIRE | Investigators did not track the percentage of eligible pts who were |

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| (194) 17174181 | define risk and thereby guide therapeutic decision making in stable survivors of AMI | | | age who had either QAMI or NQAMI and were prospectively enrolled | | defined INSPIRE risk groups based on the adenosine-induced LV perfusion defect size, extent of ischemia, and EF | decision making were prospectively defined by specific ADSPECT variables. Pts with a small (<20%) ischemic PDS were classified as low risk and most had a LVEF of 35% (96%) and an ischemic PDS of <10% (97%). | | | | risk group from low (5.4%, 1.8%), to intermediate (14%, 9.2%), to high (18.6%, 11.6%) (p<0.01). Event rates at 1 y were lowest in pts with the smallest perfusion defects but progressively increased when defect size exceeded 20% (p<0.0001). | enrolled in the INSPIRE trial so there may be selection bias. The perfusion results significantly improved risk stratification beyond that provided by clinical and EF variables. The low-risk INSPIRE group, comprising 1/3 all enrolled pts, had a shorter hospital stay with lower associated costs compared with the higher-risk groups (p<0.001). |
| COSTAMI -II, Decidari et al (195) 15657220 | To compare in a prospective, randomized, multicenter trial the relative merits of predischarge exercise ECG and early pharmacological stress echocardiography concerning risk stratification and costs of treating pts with uncomplicated AMI | RCT 262 | Intervention: 132; Comparator: 130 | 262 pts from 6 participating centers with a recent uncomplicated MI were randomly assigned to early (d 3-5) pharmacological stress echocardiography (n=132) or conventional predischarge (d 7-9) maximum Sx limited exercise ECG (n =130) | Exclusion criteria were age >75 y, serious arrhythmias (VF, SVT, or fixed 2 nd or 3 rd degree AV blocks), LBBB, pericarditis, insufficient acoustic window, and poor short-term Px because of concomitant disease | Pharmacological stress echocardiography | Maximum Sx limited exercise ECG | 1 ^o endpoint was cost effectiveness of the diagnostic strategies. The 2 ^o endpoint was quality of life evaluation. Pts were seen at 1 and 6 mo and 1 y after discharge. Cardiac events, use of resources, costing, and quality of life were recorded. | N/A | 2 ^o endpoints were composite of death, MI, or urgent revasc at 1-mo follow-up | No complication occurred during either stress echocardiography or exercise ECG. At 1-y follow-up there were 26 events (1 death, 5 nonfatal reinfarctions, 20 pts with UA requiring hospitalization) in pts randomly assigned to early stress echocardiography and 18 events (2 reinfarctions, 16 UA requiring hospitalization) in the group randomly assigned to exercise ECG (NS). The negative predictive value was 92% for stress echocardiography and 88% for exercise ECG (NS). Total costs of the two strategies were similar (NS). | Early pharmacological stress echocardiography and conventional predischarge Sx limited exercise ECG have similar clinical outcome and costs after uncomplicated infarction. Early stress echocardiography may be considered a valid alternative even for pts with interpretable baseline ECG who can exercise. |

1^o indicates primary; 2^o, secondary; ADSPECT, adenosine Tc-99m sestamibi single-photon emission computed tomography; AMI, acute myocardial infarction; AV, atrioventricular; DANAMI-2, Danish Multicenter Study of Acute Myocardial Infarction 2; ECG, electrocardiograph; EF, ejection fraction; ET, exercise test; INSPIRE, Investigating New Standards for Prophylaxis in Reduction of Exacerbations; LBBB, left bundle branch block; LV, left ventricular; LVEF, left ventricular ejection fraction; NS, non/t significant; NQAMI, non-Q-wave myocardial infarction; PCI, percutaneous coronary intervention; PDS, perfusion defect size; pts, patients; Px, prognosis; QAMI, Q-wave myocardial infarction; RCT, randomized controlled trial; revasc, revascularization; STEMI, ST-elevation myocardial infarction; SVT, sustained ventricular tachycardia; Sx, symptom (s); UA, unstable angina; and VF, ventricular fibrillation.

Data Supplement 21. RCTs and Relevant Meta-Analyses of GP IIb/IIIa Inhibitors in Trials of Patients With NSTE-ACS Undergoing PCI (Section 5)

| Trial | Study Drug / Comparator | Population | Primary Endpoint | Results | Statistics | Comments |
|---|--|--|---|--|---|---|
| Elective (stable) and urgent (ACS) patients enrolled (without routine clopidogrel pretreatment) | | | | | | |
| EPILOG (196) 9182212 | Abciximab vs. PC | 2,792 pts with stable ischemia or UA | Death, MI or UTVR at 30 d | 5.2% vs. 11.7% HR: 0.43 | 95% CI: (0.30-0.60); p<0.001 | N/A |
| ACS/high risk (without routine clopidogrel pretreatment) | | | | | | |
| CAPTURE (197) 10341274 | Abciximab (administered for 18-24 h before PCI) vs. PC | 1,265 pts with "refractory UA" undergoing PCI 18-24 h after diagnostic catheterization | Death, MI or UTVR at 30 d | 11.3% vs. 15.9% | p=0.012 | Significant reduction in MI rate both before and during PCI with abciximab therapy. No diff in 6-mo composite endpoint |
| EPIC (198) 8121459 | Abciximab vs. PC | Pts at high risk for abrupt vessel closure | Death, MI, UTVR, IABP, or unplanned stent placement at 30 d | Bolus only: 11.4% Bolus + infusion: 8.3% PC: 12.8% | p=0.009 overall; p=0.008 for bolus + infusion vs. PC | N/A |
| RESTORE (199) 9315530 | Tirofiban (std dose) vs. PC | 2,139 pts with ACS undergoing PTCA or DCA | Death, NFMI, UTVR, or stent placement at 30 d | 10.3% vs. 12.2% | p=0.160 | Composite endpoint was statistically lower at 2 and 7 d follow-up (but not at the 30-d 1 ^o endpoint) |
| ACS/high risk or mixed study population (with routine clopidogrel pretreatment) | | | | | | |
| ISAR-REACT 2 (142) 16533938 | Abciximab vs. PC | 2,022 "high-risk" ACS pts undergoing PCI | Death, MI or UTVR at 30 d | 8.9% vs. 11.9% RR: 0.75 | p=0.03 95% CI: 0.58–0.97 | RR: 0.71 in +Tn pts; RR: 0.99 in -Tn pts |
| ADVANCE (200) 15234398 | Tirofiban (high-dose) vs. PC | 202 pts undergoing elective or urgent PCI (1/3 with stable angina; 1/2 with ACS) | Death, NFMI, UTVR or bailout GPI therapy at median of 185 d | 20% vs. 35% HR: 0.51 | p=0.01 95% CI: 0.29–0.88 | Pts pretreated with either ticlopidine or clopidogrel Death/MI/TVR at 6-mo lower (HR: 0.57; 95% CI: 0.99-0.33; p=0.48) |
| Pannu Meta-analysis (201) 18458661 | GP IIb/IIIa vs. PC | 5,303 pts undergoing PCI | Death, MI or TVR | OR: 0.84 | 95% CI: 0.58–1.22; p=0.35 | N/A |

1^o indicates primary; ACS, acute coronary syndrome; DCA, directional coronary atherectomy; diff, difference; GP, glycoprotein; GPI, glycoprotein IIb/IIIa inhibitors; IABP, intraaortic balloon pump; MI, myocardial infarction; NFMI, nonfatal myocardial infarction; PC, placebo; PCI, percutaneous coronary intervention; PTCA, percutaneous transluminal coronary angioplasty; pts, patients; RR, relative risk; std, standard; Tn, troponin; +Tn, positive troponin; -Tn, negative troponin; TVR, target vessel revascularization; UA, unstable angina; and UTVR, urgent target vessel revascularization.

Data Supplement 22. Studies of Culprit Lesion Versus Multivessel (Culprit and Nonculprit) PCI in Patients with NSTE-ACS (Section 5)

| Study | Aim of Study | Type of Study | Study Size | Patient Population | Primary Endpoint | Outcome |
|---|--|----------------------------|-------------|-------------------------------|--|--|
| Brener SJ, 2008 (202) 18082505 | To compare outcomes of culprit only PCI to multivessel PCI in NSTE-ACS pts | Post hoc database analysis | 105,866 pts | NCDR database | Multiple endpoints analyzed | Procedural success: 91% culprit PCI vs. 88% multivessel PCI (p<0.001) In-hospital mortality: 1.3% culprit PCI vs. 1.2% multivessel PCI (p=0.09; adjusted OR: 1.11; 95% CI: 0.97–1.27) |
| Shishehbor MH, 2007 (203) | Examination of the safety and efficacy of nonculprit multivessel | Post hoc database analysis | 1,240 pts | NSTE-ACS pts in institutional | Death, MI or TVR Median follow-up 2.3 y | Multivessel PCI associated with lower death/MI/TVR rate; adjusted HR: 0.80 (95% CI: 0.64–0.99; p=0.04); propensity matched analysis HR: 0.67 (95% CI: 0.51–0.88; p=0.004) |

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| 17320742 | PCI with culprit-only PCI in pts with NSTE-ACS | | | database | | Lower revasc rate with multivessel PCI drove endpoint differences |
| Zapata GO, 2009 (204) 19515083 | To investigate MACE at 1-y follow-up in pts with NSTE-ACS and multivessel CAD who underwent either culprit vessel PCI or multivessel PCI | Post hoc database analysis | 609 pts | NSTE-ACS pts in institutional database | MACE at 1 y | MACE lower with multivessel PCI than culprit vessel PCI (9.45% vs.16.34%; p=0.02; no OR given) Revasc lower with multivessel PCI than culprit vessel PCI (7.46 vs. 13.86%; p=0.04; no OR given) No diff in death or death/MI between groups |
| Palmer ND, 2004 (205) 15152143 | Compare short and medium-term outcomes of complete revasc PCI vs. culprit revasc in NSTE-ACS pts | Retrospective database review with additional pt follow-up | 151 pts | NSTE-ACS pts treated at a tertiary care institute | Multiple endpoints analyzed | Compared to multivessel PCI, culprit lesion only PCI resulted in: More pts with residual angina (22.8% vs. 9.9%; p=0.041; no OR given) More pts required further PCI (17.5% vs. 7.0%; p=0.045; no OR given) Trend towards more readmissions for UA Greater use of long-term antianginal medications (52.6% vs. 38.0%; p=0.043; no OR given) |
| Brener, 2002 (206) 12231091 | To compare 30-d and 6-m outcome in NSTE-ACS pts undergoing PCI with (1) 1 VD and culprit PCI; (2) multivessel disease and culprit PCI; and (3) multivessel disease and multivessel PCI | Post hoc trial analysis | 427 pts | NSTE-ACS pts in TACTICS-TIMI 18 | In-hospital and 6-mo MACE | NS diff between the 3 groups at either 30-d or 6-mo follow-up for any of the endpoints: death; MI; and MACE |

ACS indicates acute coronary syndrome; CAD, coronary artery disease; diff, difference(s); MACE, major adverse coronary events; MI, myocardial infarction; NCDR, National Cardiovascular Data Registry; NS, no(t) significance; NSTE, non-ST-elevation; NSTE-ACS, non-ST-elevation acute coronary syndrome; PCI, percutaneous coronary intervention; pts, patients; revasc, revascularization; TACTICS, Treat Angina with Tirofiban and Determine Cost of Therapy with an Invasive or Conservative Strategy; TACTICS-TIMI, Treat Angina with Tirofiban and Determine Cost of Therapy with an Invasive or Conservative Strategy-Thrombolysis In Myocardial Infarction; TIMI, Thrombolysis In Myocardial Infarction; UA, unstable angina; VD, vascular disease; and TVR, target vessel revascularization.

Data Supplement 23. Risk Reduction Strategies for Secondary Prevention (Sections 6.3.)

| Study Name, Author, Year | Aim of study | Study Type | Study Size (n) | Study Intervention Group (n) | Study Comparat or Group (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
|---|--|------------|----------------|------------------------------|-----------------------------|--------------------------------------|---|--|--------------------------------------|---|-----------------------------|---|--------------------------------|--|
| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| 6.3.1 Physical activity | | | | | | | | | | | | | | |
| Munk, 2009 (207) 19853690 | To evaluate high intensity interval training on in-stent restenosis following PCI for stable or UA | RCT | 40 | 20 | 20 | Had PCI with implantation of a stent | History of MI or CABG, significant valvular heart disease, >80 y, inability to give informed consent, inability to participate in | High-intensity interval training program | Usual care, no exercise intervention | Restenosis was smaller in the treatment group (0.10 mm) compared to the control group (0.39) p-value (0.01) | N/A | Peak oxygen uptake increased by 16.8% (T) and 7.8% (C) (p<0.01). Flowmediated dilation improved by 5.2% (T) and -0.1% (C) (p=0.01). | Unknown | Limitations: small sample size and large interquartile ranges; heterogeneity of stents implanted. There were no serious training-related adverse events. |

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| | | | | | | | regular training, any known chronic inflammatory disease other than atherosclerosis, or planned surgery in next 6 mo. | | | | | Levels of high-sens C-reactive protein decreased by -0.4 mg/L (T) and increased by 0.1 mg/L (C) (p=0.03 for trend) | | |
| Depression and other psychological conditions | | | | | | | | | | | | | | |
| Tisminetzky 2011 (208) 22409097 | To ID Sx profiles of depression and anxiety in pts with ACS and examine changes over time | Randomized trial | 79 | 45 | 34 | Age 35+, hospitalized with ACS, mild/medium anxiety and/or depression | Mental healthcare in prior 3 mo, psychoactive drug use in past y, Dx substance abuse in past y | 4-6 30 min cognitive behavioral therapy sessions | Booklet on coping with cardiac illness, and told to contact PCP if depressed | 26% of treatment Sx improved vs. 10% in control group | N/A | N/A | N/A | Limitations: findings do not apply to high-risk individuals because they were excluded from study, short duration of follow-up and small sample size. |
| 6.3.4 Nonsteroidal anti-inflammatory drugs | | | | | | | | | | | | | | |
| Lee, 2007 (209) 17051359 | To compare the use of celecoxib and rofecoxib on CV risk | Adjusted indirect comparison of 2 published RCTs (APPROVE and APC trials) | APPR OVe=2,586 APC=2,035 | APPROV e=1287 APC=685 (200 mg group) 671 (400 mg group) | APPROVe =1299 APC=679 | History of colorectal neoplasia/ adenomas | None mentioned | APPROVe: 25 mg rofecoxib for 3 y APC: Either 200mg or 400mg of celecoxib for 3 y | PC | N/A | There were NS differences in CV events | N/A | RR (95% CI) p-value Celecoxib vs. 200mg rofecoxib 0.74-1.38 (0.96) Celecoxib vs. 400mg rofecoxib 1.09 0.81 — 1.45 (0.57) | Limitations: interpretation of adjusted indirect comparison should be done with caution |
| 6.3.6 Antioxidant vitamins and folic acid | | | | | | | | | | | | | | |
| Galan, 2010 (210) 21115589 | To determine if vitamin B & omega 3 fatty acids can prevent CV events in pts with Hx of heart disease or stroke. | Double blind RCT | 2,501 | G1=622 (Vitamin B + PC) G2 = 633 (omega 3 + PC) G3 = 620 (vitamin B + omega 3) | 626 | Personal Hx of MI, UA, or ischaemic stroke | <45 or >80 y; ill defined Dx of CV disease; inability or unwillingness to comply with study treatment | Vitamin B: 560 mg 5 methyltetrahydrofolate, 3 g B-6, 20 mcg B-12 Omega 3: 600 mg of eicosapentaenoic acid and docosahexaenoic acid at a ratio of 2:1 | Double PC | 1 st major CV event, NS for Vitamin B or Omega 3 | N/A | Significant 2 ^o endpoints: Vitamin B use associated with fewer strokes (HR: 0.57; 95% CI: 0.33-0.97; p=0.04); and a higher risk of death from any cause (HR: 1.55; 95% CI: 1.07–2.25; p=0.02) | Vitamin B: HR: 0.9 95% CI: 0.66-1.23 (0.5) Omega 3: HR: 1.08 95% CI: 0.79-1.47 (0.6) | Limitations: number of participants, short duration (4.7 y) to provide statistical power to detect effects on major vascular events. |

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| Imasa, 2009 (211) 19515873 | To determine the effect of folic acid supplementation on prevention of ACS | RCT | 240 | 116 | 124 | UA or NSTEMI in previous 2 wk | Hemodynamic instability, liver disease, renal disease, <18 y, pregnant, Hemoglobin <10 g/dL, high-output failure, inability to provide adequate self-care, malignancy or any terminal illness, and geographic location | 1 mg folic acid, 400mcg B12, 10 mg B6 daily | PC | Re-hospitalization and composite of death, nonfatal ACS, and re-hospitalization were significantly increased in the treatment group | N/A | N/A | RR (95% CI), p value all-cause mortality 1.18 (0.68- 2.04), 0.54 Nonfatal ACS 1.28 (0.64-2.54), 0.5 Re-hospitalization 5.11 (1.14-23.0), 0.016 Composite endpoint 1.20 (1.00-1.44), 0.04 | Limitations: small sample size; compliance rate=60%; adverse events in treatment group: skin irritation, dyspnea, dizziness |
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ACS indicates acute coronary syndrome; APC, Adenoma Prevention with Celecoxib trial; APPROVe, Adenomatous Polyp Prevention on Vioxx trial; CABG, coronary artery bypass graft; CV, cardiovascular; Dx, diagnosis; ID, identification; MI, myocardial infarction; N/A, not applicable; NSTEMI, non-ST-elevation myocardial infarction; PCI, percutaneous coronary intervention; PCP, primary care physician; Pts, patients; RCT, randomized controlled trials; and UA, unstable angina.

Data Supplement 24. Older Patients (Section 7.1)

| Study Name, Author, Year | Aim of study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
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| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| Alexander 2007 (212) 17502590 | Summarize evidence on pt heterogeneity, clinical presentation, and treatment of NSTEMI-ACS in relation to age (65-74, 75-84, and 85 y) | Summary or 5 pooled NSTEMI-ACS clinical trials and 3 large NSTEMI-ACS registries to assess and grade evidence and provide descriptive finding and compare pts in clinical trials vs those not | Clinical Trials n=34266 (18.1% ≥75 y); Registries n=1145727 (38.3% ≥75 y) | N/A | N/A | Clinical trial and registry specific- pooled (VIGOUR) included GUSTO IIb, PARAGON A and B, PURSUIT, GUSTO IV-ACS Registries=NR MI 2-4, CRUSADE, GRACE | Clinical trial and registry specific | Clinical trial specific | Clinical trial specific | Too numerous to list | Serum creatinine inadequately assesses age-related renal function decline- CrCl should be calculated in all older NSTEMI-ACS pts. Excess bleeding related to excess AP/AT dose | Summarizes available evidence of presentation, treatment and outcomes of OA in RCTs and registries. | Too numerous to list | Not a trial but an important paper on understanding mgt of older pts. Older NSTEMI-ACS are underrepresented in clinical trials and are younger and have less comorbidities vs. older pts in registries (and likely 'real world') warranting cautious extrapolation of results. |

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| | | included | | | | | | | | | | | | |
| Gale 2012 (213) 22009446 | Assess difference in risk factors, presentation, management and outcomes across age groups and trends over 7 y in MI pts in United Kingdom | Mixed-effects regression analysis using data from MINAP registry in United Kingdom. Comparison across older age groups and over 7 y | N=616 011 ACS pts: age <55 y=23%;55-64y=20%; 65-74 y=40%; 75-84 y=39%; ≥85 y=29% | N/A | N/A | ACS pts in National Audit registry with outcomes linked to national database. Pts included if met ACS definition on admission (diagnosis was adjudicated but did not exclude pt if not ACS). | Missing data or follow-up | N/A | N/A | Compared to younger NSTEMI-ACS pts, older pts had sig higher in-pt mortality rates, longer rates of stay and were prescribed less GDMT (med and procedures) despite same or better efficacy vs. young. These age discrepancies have decreased over time. | N/A | Too numerous to list include effect of age on presenting symptoms, comorbidities, use of GDMT, PCI, outcome, and trends over time. | Inpatient mortality from 2003-2010 across all age groups including pts ≥85 y age: OR, 95% CI: 2004: 0.94, 0.88–1.01; 2010: 0.52, 0.44–0.61; 75–84 y age: 2004: 0.98, 0.93–1.03; 2010: 0.52, 0.45–0.60, and pts ,55 y age: 2004: 0.94, 0.79–1.13; 2010: 0.64, 0.44–0.93 | Diverse sample of hospital in United Kingdom but less in Wales- not all pts entered into MINAP. Approx. 4% missing data. |
| Devlin 2008 (214) 18387940 | Determine whether increasing age impacts in-hosp and 6-mo outcome of revascularization therapy in high-risk NSTEMI-ACS pts | Retrospective multiple logistic regression analyses on NSTEMI-ACS pts in GRACE registry by age groups | N=18466 NSTEMI-ACS pts (27% 70-80 y 'elderly'; 16% >80 y very elderly') | Data assessed by use of GDMT and early invasive treatment (cath with approp revascularization) by 3 age groups | In-hospital and 6-mo outcomes compared for age group and by intervention | GRACE registry pts meeting criteria for NSTEMI-ACS who had data during hospitalization and 6 mo after discharge. (STEMI data also reported but omitted here) | Pts with non-CV causes for the clinical presentation such as trauma, surgery, or aortic aneurism, were excluded. | Pts who underwent revascularization during initial hospitalization classified under revascularization included high-risk pts with dynamic ECG changes or recurrent ischemia-regardless of timing of revascularization strategy | Medical therapy types were specifically recorded for comparison. Age and intervention strategy were compared. | In NSTEMI-ACS pts, revascularization vs. medical therapy sig lowered 6-mo MACE (stroke, death, MI) and 6-mo mortality. Older NSTEMI-ACS pts were sig less likely to undergo revascularization (and GDMT) than younger pts. | N/A | Elderly and very elderly pts less likely than younger pts to receive GDMT | Revascularization vs. no revascularization 6-mo MACE <70 yo OR=0.69, 95% CI 0.56–0.86; 70-80 y OR=0.60, 95% CI 0.47–0.76; >80 y OR=0.72, 95% CI, 0.54–0.95 Revascularization vs. no revascularization 6-mo mortality: <70 y OR=0.52, | Although study reports benefit of early invasive therapy, pts who underwent PCI/CABG during admission were included including those who underwent revascularization >24 h after admission and high-risk pts were also included (including dynamic ST changes, recurrent ischemia) |

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| | | | | | | | | | | | | | 95% CI 0.37–0.72; 70-80 OR=0.38,95 %CI 0.26–0.54; >80 y OR=0.68,9% CI 0.49–0.95 | |
| Damman 2012 (215) 21930723 | To assess the impact of early invasive vs. early conservative strategy on long term outcomes (5 y) in older NSTE-ACS pts | Meta-analyses of FRISC II, ICTUS and RITA-3 studies | N=5467 NSTE-ACS pts (51.3% <65 y, 33.3% 65-74 y, 15.3% ≥75 y) | Early Invasive: <65 y=1383 65-75 y=901 ≥75 y=437 | Selective invasive (EC): <65 y=1424 65-75 y=920 ≥75 y=402 | Pts enrolled in FRISC II, ICTUS and RITA-3 with follow-up data were included. | Those with missing data for specific analyses | Routine invasive strategy defined as card cath within 24-48 h in ICTUS trial, within 72 h in RITA-3 trial and within 7 d with subsequent revasc when appropriate. | Initial medical treatment with card angio and revasc only if refractory angina despite OMT, hemodynamic instability or positive stress (ICTUS and FRISC II) | Routine invasive strategy sig reduced 5-y MACE (death/MI) in 65-74 and ≥75 y but not in those <65 y. | In-hosp bleeding rates sig higher in older pts: <65 y=1.7%; 65-74 y=2.2%; ≥75 y=6.1% (p<0.001 for trend). Bleeding rates higher in each age group with Routine invasive vs. Selective Invasive strategy but all p>0.1 | The benefits were smaller for women than for men but sample size small (esp ≥75) underpowered for gender and age analyses | Routine Invasive vs. Selective Invasive on 5-y death/MI: <65 y (HR 1.11, 95% CI 0.90 to 1.38), 65-74 y (HR 0.72, 95% CI 0.58-0.90); ≥75 y (HR 0.71, 95% CI 0.55-0.91) | Trials had different time windows for routine invasive strategy (up to 7 d in FRISC II) and other between trial heterogeneity exists |
| Bach 2004 (216) 15289215 | To assess impact of age and early invasive vs. initial conservative strategy on outcomes in NSTE-ACS pts | Prespecified subgroup analyses by age strata of TACTICS TIMI 18, a RCT evaluating Early Invasive vs. Initial Conservative strategy in NSTE-ACS pts | N=2220 NSTE-ACS pts: <65 y=1258 ≥65 y=962 | Early Invasive: <65 y=623 ≥65 y=491 | Early Conservative: <65 y=635 ≥65 y=471 | Pts with NSTE-ACS eligible for card cath/revasc | Persistent STE; 2° angina; PCI or CABG within previous 6 mo; contain to AP and GP meds. Stroke/TIA; LBBB or paced rhythm, CHF or cardiogenic shock; clinically important systemic disease; SCr >2.5 mg/dL) | Coronary angiography 4-48 h after randomization and have revasc when appropriate All pts received ASA 325 mg, UFH and tirofiban. | Pt received ASA 325 mg, UFH and tirofiban, treated medically and, if stable, underwent ETT before discharge. Card angio in pts w failure of OMT or stress-induced ischemia | Among pts ≥75 y, Early Invasive vs. Initial Conservative strategy conferred an absolute reduction (10.8% vs. 21.6%; p=0.016) and relative reduction of 56% in death or MI at 6 mo. RR=0.61 in death/MI at 6 mo for Early | Major bleeding rates higher with Early Invasive vs. Initial Conservative strategy in pts ≥75y (16.6% vs. 6.5%; p=0.009); Sig higher minor bleeding rates and transfusions w Early Invasive vs. Initial Conservative | Sig reduction in 30-d outcomes of MI, death/MI, ACS Rehosp and MACE for NSTE-ACS pts ≥75 y (none were sig for pts <65 y) | NSTE-ACS pts ≥75 y Early Invasive vs. Initial Conservative 6-mo outcomes: Death/MI: RR=0.61 (0.41–0.92) MI: 0.49 (0.29–0.81) Death: RR=0.88 (0.51–1.53) ACS Rehosp: RR=0.75 | TACTICS-TIMI 18 excluded pts with multiple co-morbidities and marked renal dysfunction (included older pts with mild renal dysfunction by CrCl). Underpowered for many comparisons in older pts. Additional age group beyond single 65-y stratification were not prespecified and done post hoc |

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| | | | | | | | | | | Invasive vs. Initial Conservative in NSTEMI-ACS pts ≥65 y but no sig diff in 6-mo outcome seen in pts <65 y | in ≥75 y | | (0.50–1.11) MACE RR=0.75 (0.54–1.03) None of 6 mo outcomes sig in NSTEMI-ACS pt <65 y | |
| Yourman (217) 22235089 | Assess quality and limitations of prognostic indices for mortality in older adults through systematic review. | Extensive literature review of prognostic indices for mortality (6 m-5 y) in pts age ≥60 y | N=21,593 titles reviewer | N/A | N/A | Prognostic index studies included if they validated and predicted absolute risk of mortality in pts whose average age ≥60 y | Studies were excluded if prognostic index estimated intensive care unit, disease-specific, or in-hospital mortality. | N/A | N/A | 16 prognostic indices identified predicting overall mortality (6 m-5 y) in diff pt groups/ settings including community, nursing home and hospital. 2 were validated. | N/A | Reports potential sources of bias for each measure | Identified mortality predictors for older adults need additional external validation but may be useful in comparing efficacy of treatment/intervention recommendation (time to benefit) vs. life expectancy in older pts. | N/A |
| Fenning 2012 (218) 22530044 | Compare utility of palliative care prognostic tool GSF and GRACE score, to help identify patients approaching EoL | Single site study of consecutive pts admitted with NSTEMI-ACS pts- compared 12-mo outcome vs. prog tool estimate of EoL care. | N=172 NSTEMI-ACS pts, of these compared n=40 pts identified by GSF with n=32 by GRACE score | N/A | N/A | 172 consecutive, unselected pts admitted for NSTEMI-ACS to urban hosp over 8 wk | Pts admitted with ACS who died in hospital were excluded from analysis. | N/A | N/A | GSF identified 40 pts (23%) meeting criteria for approaching EoL (GSF+ older, more comorb vs. GSF-). 1-y mortality: GSF+ vs. GSF- (20% vs. 7%, p=0.03). GRACE identified 32 (19%) pts with ≥10% risk of | N/A | GSF and GRACE positive score both independently associated with increased number of comorbidities, readmissions, older age. | GRACE score 12-mo mortality prediction (C-statistic 0.75) + prev hosp adm and stroke (C-statistic 0.88). GRACE (upper tertile)+GSF Sens=78%, Spec=89%, NPV= 97%, | Single-center study, additional validation studies needed. |

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| Lincoff 2003 (223) 12588269 | Determine efficacy of bivalirudin +GPI vs. GPI+UFH for PCI on periprocedural ischemia and bleeding | RCT, double-blind trial in pt undergoing urgent or elective PCI-prespecified for non-inferiority | N=6010 | Bival+GPI-2999 | UFH+GPI=3011 | Pts ≥21 y undergo PCI with approved device | PCI performed as reperfusion therapy for AMI, poorly controlled Htn, unprotected LM, PCI w/ past mo., risk for bleeding, serum Cr >4 mg/dL, prior heparin tx. | Bivalirudin 0.75 mg/kg bolus + 1.75 mg/kg/hr inf during PCI with provisional GPI Pts received ASA and thienopyridine for ≥ 30 d post PCI | UFH 65 U/kg bolus+ GPI (abciximab or eptifibatid) Pts received ASA and thienopyridine for ≥ 30 d post PCI | Provisional GPI given to 7.2% Bil pts. Noninferiority statistically achieved in 30 d endpoint: MI/death/ revasc/ in-hosp major bleeding between BiV+GPI vs. UFH+GPI | In Hosp major bleeding rates sig lower in Biv+GPI vs. UFH+GPI (2.4% v 4.1%, p<0.001) | 30 d death/MI/revasc: no diff in MACE BiV+GPI vs. UFH+GPI (OR=0.90, p=0.4) | 30 d death/MI/revasc/in-hosp major bleeding: no diff in MACE in BiV+GPI v UFH+GPI (OR=0.92, p=0.32). | Included elective PCI – NSTE-ACS pts approx. 42% each arm + 30% positive stress test; 13% ≥75 y |
| Lopes RD, 2009 (224) 19298914 | Evaluate impact of age on antithrombotic strategy and outcomes in moderate and high-risk NSTEMI-ACS pts | Pre-specified analysis of 30-d and 1-y outcomes in 4 age groups, overall and among those undergoing PCI | Of 13,819 ACUTE pts, 3,655 (26.4%) were <55 y, 3,940 (28.5%) were 55-64 y, 3,783 (27.4%) were 65-74 y, and 2,441 (17.7%) were ≥75 y. | Of the pts in each age group (prev column), 1/3 were randomized to receive bivalirudin alone | Of the pts in each age group (4 th column), 1/3 were randomized to receive Hep+GPI | NSTEMI-ACS pts at moderate or high risk for adverse clinical outcomes at 30 d. All pts underwent cath w/ 72 h of admission | Pts excluded for any of following: STEMI, recent bleeding, CrCl <30 mg/mL, thrombocytopenia, shock, recent use of abciximab, warfarin, fondaparinux, bivalirudin, LMWH, fibrinolytics | Bivalirudin alone All pts- ASA+ mtn Clopidogrel post PCI × 1 y Clopidogrel load per invest | Bivalirudin+ GPI-randomized (2×2 factorial) to upstream or cath lab GPI admin Heparin +GPI randomized (2×2 factorial) to upstream or cath lab GPI admin All pts- ASA+ mtn Clopidogrel post PCI × 1-y Clopidogrel load per invest | Mortality and composite ischemic outcomes at 30 d and 1 y were not statistically different in pts randomized to bivalirudin alone or randomized to heparin with GP IIb/IIIa inhibitors across all age categories. | Major bleeding increased in each age group regardless. Major bleeding rates were higher in PCI pts in the age groups: 3.4%, 5.1%, 5.5%, and 11.8%, for ages <55, 55-64, 65-74, and ≥75 y, respectively. Rates were signif lower in those treated w Bivalirudin alone in each age group | Older pts had more comorb, were more often female, weighed less, and had more hypertension, prior cerebral vascular disease, renal insufficiency (creatinine clearance ≤50 mL/min), and prior CABG | Number needed to treat with bivalirudin alone to avoid 1 major bleeding event was lower in pts ≥75 y (23 overall and 16 for PCI-treated pts) than in any other age group. | N/A |

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| Lemesle G., 2009 (225) 19360860 | Analyze impact of replacing heparin with bivalirudin in octogenarians undergoing PCI on post-procedure hemorrhage and 6-mo mortality. | Single center retrospective observational analyses of consecutive pts ≥80 y who underwent PCI | N=2766 | N=1,207 (43.6%) received bivalirudin | N=1,559 (56.4%) received UFH | Consecutive pts ≥80 y at single center who underwent PCI/stent from 2000-2007 | None | Bivalirudin (dose not reported) at operator's discretion. GPI given at operator's discretion. ACT target >250 s All pts received ASA 325 mg, clopidogrel ≥300 mg load then 75 mg qd mtn advised for 1 y | UFH (dose not reported) at operator's discretion. GPI given at operator's discretion. ACT target >250 s All pts received ASA 325 mg, clopidogrel ≥300 mg load then 75 mg qd mtn advised for 1 y | Overall in-hospital bleeding and 6-mo mortality rates were 4.6% and 11.8%, respectively. Bival vs. UFH reduced 6 mo mort (8.8% vs. 13.4%, p=0.003). Bival was assoc with sig less in-hosp bleeding rate (2.2% vs. 6.8%, p<0.001). | After propensity score matching, bival sign reduced periproced bleeding vs. UFH (HR=0.38, 95% CI=0.22–0.65, p=0.001). Bival vs. hep reduced 6 mo MACE (10.1% vs. 20.2%, p<0.001) | In-hospital major bleeding assoc with 6-mo mortality HR=2.5, 95%CI=1.6–3.9, p<0.001) | Bival vs. UFH reduced 6-m mortality HR=0.6, 95% CI=0.4–0.9, p=0.01) In-hosp bleeding Bival vs. UFH: HR=0.41, (95% CI=0.23–0.73, p=0.003) by MRL anal. and by multivar COX (HR=0.6, 95% CI= 0.4–0.9, p=0.01) | Non-randomized observational study. Doses not reported. Differences in baseline characteristics-propensity analyses used. |
| Summaria F, 2012 (226) 22476002 | To explore feasibility and safety of PCI via transradial approach and intraprocedural bivalirudin in >70 y MI pts | Retrospective analyses of data from consecutive ACS pts >70 y with Early Invasive strategy via transradial approach with bivalirudin as AT. | N=84 pts (22 male; 52 pts >80 y) STEMI=53, NSTEMI=31 | All pts were treated with bivalirudin and via transradial approach | N/A | Consecutive pt >70 y with ACS treated with EI strategy using transradial approach and bivalirudin as AT regimen. | None | Bivalirudin bolus dose of 0.75 mg/kg immediately followed by continuous infusion of 1.75 mg/kg/h. All pts received ASA 300 mg, clopidogrel 600 mg, UFH bolus and infusion in emer dept – stopped 6 h prior to PCI | N/A | Transradial approach successful in 100%, manual thrombus aspirin in 52% of NSTEMI pts. Transfusions=0, sign bleeding events=1 (GI bleed), in-pt mort=0, 30 d MACE=5 (6%, 1 death, 2 MI, 2 TLR) | N/A | N/A | N/A | Pilot feasibility study in very elderly cohort. Single center, no comparison group. |
| McKellar SH, 2008 (227) 18825133 | To assess pt characteristics, procedural success, | Systematic review and meta-analyses of 66 studies of | N=66 studies (65,376 pts, 56% male) | 35 CABG studies | 32 PCI studies | Studies which included baseline characteristic and outcomes | Studies that reported combined CABG and valve operations or | CABG without additional procedure (i.e. valve | PCI with last enrollment 1997 | 30-d mort CABG vs. PCI (7.2% v 5.4%). 1-y survival: CABG=86% | 3 y survival CABG 78% (74%–82%) v PCI 78% (68%–87%), 5 | Greater number of reinterventions post PCI vs. CABG. | Univariate analysis showed that CABG, male gender, | Clinical trials comparing PCI vs. CABG enrolled younger pts of lower risk with less |

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| | complications and outcomes of ≥80 y who undergo PCI vs. CABG | coronary revasc in ≥80 y (subgroup anal by revasc type) | | | | in ≥80 y undergoing revascularization (PCI vs. CABG) with 30-d survival (English lang) | studies where baseline clinical data or outcomes were not reported separately were excluded. | replacement), last enrolled 1996 | | (83%–88%) vs. PCI 87% (84%–91%) | y survival CABG 68% (62%–73%) v PCI 62% (46%–77%), | | multivessel disease, and abnormal LVEF predicted 30-d mortality. Being treated more recently, having nonelective status, and having DM were protective. The only univariate predictor of decreased survival at 1 y was CABG (p=0.005); a more recent date of enrollment (p=0.003) and diabetes (p<0.001) were protective factors. | comorbidities, 65 of 66 studies observational, Older studies w/o DES |
| Kimura T, 2008 (228) 18824755 | Assess long-term outcomes between PCI vs. CABG in younger and older pts (≥75 y) | Retrospective analyses of multicenter registry (CREDO-Kyoto) of consecutive pts undergoing 1 st PCI or | N=9,877 enrolled, 5420 (PCI: 3712, CABG: 1708) had multivessel disease without left main | CABG=1,708 ≥75 y, (21%) ≥80 y (6%) | PCI=3,712 ≥75 y (27%) ≥80 y (12%) | Consecutive pts undergoing 1 st PCI or CABG and excluding those pts with AMI within wk before index procedure. | Pts undergoing concomitant valvular, left ventricular, or major vascular operation were excluded from the current analysis. Pts with disease of the left main | N/A | N/A | ≥75 y of age: 3-y survival adjusted for baseline char favored CABG (HR for death PCI vs. CABG HR=1.23 (0.99-1.53, p=0.06), but not for younger pts | Stroke rate higher in 4 y follow-up in CABG vs PCI | ≥75 y: Adj HR for death PCI vs. CABG prespecified subgroups: DM HR= 1.85 (1.1–3.12) p=0.02 All-cause death cum | 75 y of age: 3-y survival adjusted for baseline char favored CABG HR for death PCI vs. CABG HR=1.23 [0.99-1.53, p=0.06], but | Nonrandomized observational study. Meta-analyses performed in BMS era, non-urgent cases only |

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| | | CABG-stratified by age <75 vs. ≥75 y | involvement. | | | | coronary artery and with single-vessel disease were excluded. | | | (HR=1.09, p=0.55); 3VCAD Cox survival favors CABG vs. PCI (p=0.004) | | incidence: 1 y: PCI 9% vs. CABG 8.8% 2 y: PCI 15.4% vs. CABG 12.2% 3 y: PCI 20.7% vs. CABG 13.3% 4y: PCI 22.7% vs. 15.5% | not for younger pts (HR=1.09, p=0.55) | |
| Dacey LJ, 2007 (229) 18036905 | Compare long-term survival after PCI vs. CABG in ≥80 y | Retrospective observational analyses of regional (New England) registries of consecutive 80-89 y pts (1992-2001) who underwent PCI or CABG but eligible for both | N=1693 (57% 2V CAD, 42.3% 3V CAD without LM disease. | CABG=991 (2VCAD=443, 3VCAD=548) 80-84 y=83% 85-89=17% | PCI=702 (2VCAD=532, 3VCAD=170) 80-84 y=72% 85-89=27% | Pts included were 80-89 y with 2 or 3 VCAD (>70% stenosis), eligible for 1 st PCI or CABG. (BARI criteria) | Pts undergoing emergent procedure or <24 h of MI, those with left main disease, or sig valve disease. | N/A | BMS era | In-hospital mortality: PCI=3.0% vs. CABG= 5.9% (p=0.005). 6-mo survival: CABG vs. PCI (HR, 1.32; p=0.135). 6-mo to 8-y survival- all pts: CABG vs. PCI (HR, 0.72; p=0.005) and for pts with 2VCAD (HR, 0.68; p=0.016). 3VCAD (HR=0.75, p=0.17) | N/A | CABG pts were more freq male, had more PVD and CHF and less renal failure and prior MI. | In-hospital mortality: PCI=3.0% vs. CABG= 5.9% (p=0.005). 6-mo to 8-y survival- all pts: CABG vs. PCI (HR, 0.72; p=0.005) | Nonrandomized observational study. Analyses performed in BMS era. Regional data. Limited data in older half of cohort and those with 3VCAD. Various revasc indications. |

2° indicates secondary; 2VCAD, double-vessel coronary artery disease; 3VCAD, triple-vessel coronary artery disease; ACC-NCDR indicates American College of Cardiology National Cardiovascular Data Registry; ACE, angiotensin-converting enzyme; ACS, acute coronary syndromes; ACUITY, Acute Catheterization and Urgent Intervention Triage Strategy; AMI, acute myocardial infarction; AP, antiplatelet; ASA, aspirin; AT, antithrombins; BARI, Bypass Angioplasty Revascularization Investigation; BEIR, Biological Effects of Ionizing Radiation; BMS, bare metal stent; CHF, congestive heart failure; CABG, coronary artery bypass graft; CAD, coronary artery disease; CANRACE, Canadian Registry of Acute Coronary Events; cath, catheterization; CHF, congestive heart failure; CR, creatinine; CrCl, creatinine clearance; CREDO-Kyoto, Coronary Revascularization Demonstrating Outcome Study in Kyoto; CRUSADE, Can Rapid Risk Stratification of Unstable Angina Patients Suppress Adverse Outcomes With Early Implementation of the American College of Cardiology/American Heart Association Guidelines; CT, computed tomography; CTCA, Cancer Treatment Centers of America; DES, drug-eluting stent; DM, diabetes mellitus; EoL, end of life; EPR, electronic patient record; EPS, electrophysiology study; ETT, Exercise tolerance testing; FRISC, Framingham and Fast Revascularization During Instability in Coronary Artery Disease; GDMT, guideline-directed medical therapy; GI, gastrointestinal; GP, glycoprotein; GPI, glycoprotein IIb/IIIa inhibitors; GRACE, Global Registry of Acute Coronary Events; GSF, Gold Standards Framework; GUSTO, Global Utilization of Streptokinase and Tissue Plasminogen Activator for Occluded Coronary Arteries; HF, heart failure; HTN, hypertension; Hx, history; ICTUS, Invasive versus Conservative Treatment in Unstable Coronary Syndromes; LAR, life attributable risk; LBBB, left bundle branch block; LOS, length of stay; LVEF, left ventricular ejection fraction; MACE, major adverse cardiac event; MI, myocardial infarction; MINAP, Myocardial Ischaemia National Audit Project; MPI, myocardial perfusion imaging; MUGA, Multigated Wall Motion Study; N/A, not applicable; NPV, negative predictive value; NS, not significant; NRMI, National Registry of Myocardial Infarction; NSTE-ACS, non-ST-elevation acute coronary syndrome; NSTEMI, non-

ST-elevation myocardial infarction; OA, osteoarthritis; OMT, optimal medical therapy; PCI, percutaneous coronary intervention; PET, positron emission tomography; PPV, positive predictive value; pts, patients; PVD, peripheral vascular disease; RITA, Randomized Trial of a Conservative Treatment Strategy Versus an Interventional Treatment Strategy in Patients with Unstable Angina; RBC, red blood count; revasc, revascularization; RR, relative risk; Rx, prescription; SCr, serum creatinine; Sx, symptom(s); TACTICS, Treat Angina With Tirofiban and Determine Cost of Therapy With an Invasive or Conservative Strategy; TIA, transient ischemic attack, TIMI, Thrombolysis In Myocardial Infarction; UFH, unfractionated heparin; U.S., United States; and VIGOUR, Virtual Coordinating Center for Global Collaborative Cardiovascular Research.

Data Supplement 25. Heart Failure (Section 7.2)

| Study Name, Author, Year | Aim of study | Study Type | Study Size (n) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
|--|--|---|----------------|-------------------------------|--|--------------------|---|--------------------|------------------|--|-----------------------------|---|--|---|
| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| Boersma 2000 (2) 10840005 | Develop a model for predicting 30-d death and myocardial (re)infarction in pts without STE-ACS | Retrospective analysis of pts with NSTE-ACS enrolled in PURSUIT trial (n=9,461; 3.6% with 1° outcome) | N/A | Pts enrolled in PURSUIT trial | Pts not enrolled in PURSUIT trial; pts with STE on initial ECG | N/A | 1° outcome: 30-d death; 2° outcome: composite of 30-d death and myocardial (re)infarction; More than 20 variables were found to be predictive of 1° and 2° outcomes | N/A | N/A | There were 7 factors most predictive of death: age (adjusted [X] ² =95), heart rate ([X] ² =32), SBP ([X] ² =20), ST-segment depression ([X] ² =20), signs of HF ([X] ² =18), and cardiac markers ([X] ² =15); The C-index for the mortality model was 0.814 | N/A | Regression model developed in pts with diagnosed ACS and not designed to be applied indiscriminately to undifferentiated chest pain pts; difficult to calculate; original model requires preexisting programmed calculator; simplified version requires print-out of scoring system for each variable with corresponding figure to interpret data | Develop a model for predicting 30-d death and myocardial (re)infarction in pts without STE-ACS | Retrospective analysis of pts with NSTE-ACS enrolled in PURSUIT trial (n=9,461; 3.6% with 1° outcome) |
| Granger 2003 (3) | Develop a regression | Retrospective | N/A | Inclusion in GRACE or | Not included in these trials | N/A | Adverse event defined as in- | N/A | N/A | The discrimination ability of the | N/A | Regression model | Develop a regression model | Retrospective observational study |

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| 14581255 | model in pts with diagnosed ACS (including pts with STEMI) for in-hospital mortality | observational study utilizing pts from GRACE (n=11,389; 509 deaths); validation set included a subsequent cohort of 3,972 pts enrolled in GRACES and 12,142 pts enrolled in GUSTO-IIb trial | | GUSTO-IIb trial | | | hospital mortality; Regression model identified the following 8 independent risk factors: accounted age, Killip class, SBP, ST-segment deviation, cardiac arrest during presentation, serum creatinine level, positive initial cardiac enzyme findings, and heart rate | | | simplified model was excellent with C-statistics of 0.83 in the derived database, 0.84 in the confirmation GRACE data set, and 0.79 in the GUSTO-IIb database; OR for the 8 independent risk factors were: age (OR: 1.7 per 10 y), Killip class (OR: 2.0 per class), SBP (OR: 1.4 per 20 mmHg decrease), ST-segment deviation (OR: 2.4), cardiac arrest during presentation (OR: 4.3), serum creatinine level (OR: 1.2 per 1 mg/dL [88.4 μmol/L] increase), positive initial cardiac enzyme findings (OR: 1.6), and heart rate (OR: 1.3 per 30 beat/min increase) | | developed in patients with diagnosed ACS (including STEMI pts) and was not designed to be applied indiscriminately to undifferentiated chest pain pts; difficult to calculate; original model requires pre-existing programmed calculator; simplified version requires print-out of scoring system for each variable with corresponding nomogram | in pts with diagnosed ACS (including pts with STEMI) for in-hospital mortality | utilizing pts from GRACE (n=11,389; 509 deaths); validation set included a subsequent cohort of 3,972 pts enrolled in GRACES and 12,142 pts enrolled in GUSTO-IIb trial |
| Pollack 2006 (13) 16365321 | Validation in an ED population with chest pain | Convenience sample N=3,326 without new STE | N/A | Chest Sx and ECG obtained | New STE | N/A | Death/MI/revasc over 30 d | N/A | In-hospital and 14-d events | Graded relationship between score and events | N/A | Used parts of score to define management | Validation in an ED population with chest pain | Convenience sample N=3,326 without new STE |
| Go 2011 (14) 21691204 | Attempt to add creatinine to TIMI risk score | Single center N=798 | N/A | Ischemic Sx within 48 h | STEMI | N/A | CV death, MI, urgent revasc or Sx and elevated biomarkers | N/A | N/A | Renal dysfunction increased risk but not enough to add variable to system | N/A | Small and only 9% with eGFR, 30 | Attempt to add creatinine to TIMI risk score | Single center N=798 |
| Huynh 2009 (15) 19960136 | Across all ACS spectrum | Multicenter RCT with N=1,491 | N/A | NSTE, ACS and STEMI | N/A | N/A | 6-mo death and MI | N/A | N/A | 2 mm ST deviation increased risk and risk was less | N/A | All high-risk pts | Across all ACS spectrum | Multicenter RCT with N=1,491 from angiographic arm |

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| | | from angiographic arm | | | | | | | | regardless of score with less | | | | |
| Eagle 2004 (16) 15187054 | Original GRACE validation | Registry N=17,141 | N/A | All ACS | N/A | N/A | 6-mo all-cause mortality | N/A | N/A | p<0.25 into multivariate model | N/A | Registry data, 200 pts without 6 mo follow-up | Original GRACE validation | Registry N=17,141 |
| Eggers 2010 (17) 20598977 | Incremental prognostic value of multiple biomarkers in NSTE-ACS | Single center trial of 453 chest pain pts | NT-proBNP, cystatin GDF-15 | Possible ACS | N/A | Biomarkers at presentation | All-cause mortality at 6 mo | N/A | NT-proBNP not additive, cystatin minimally and GDF-15 helpful | ROC analysis | N/A | Small but 92 deaths. | Incremental prognostic value of multiple biomarkers in NSTE-ACS | Single center trial of 453 chest pain pts |
| Cannon 2001 (186) 11419424 | To compare an early invasive strategy to a more conservative approach | Prospective, randomized, multicenter trial 2,220 | Intervention: 1,114 vs. Comparator: 1,106 | Pts ≥18 y if they had episode of angina (with accelerating pattern or prolonged >20 min] or recurrent episodes at rest or with minimal effort) within preceding 24 h, candidates for coronary revascularization, and at least 1 of the following: new finding of ST-segment depression of at least 0.05 mV, transient (<20 min) STE of at least 0.1 mV, or T-wave inversion of | Persistent STE, 2° angina, Hx of PCI or CAB grafting within preceding 6 mo, factors associated with increased risk of bleeding, LBBB or paced rhythm, severe CHF or cardiogenic shock, serious systemic disease, a serum creatinine level of <2.5 mg/dL (221 μmol/L), or current participation in another study of an investigational drug or device | Pts assigned to early invasive strategy were to undergo coronary angiography between 4 h and 48 h after randomization and revascularization when appropriate on the basis of coronary anatomical findings | Pts assigned to early conservative strategy were treated medically and, if their condition was stable, underwent an exercise-tolerance test (83% of such tests included nuclear perfusion imaging or echocardiography performed according to the protocol of the institution) before being discharged | Combined incidence of death, nonfatal MI, and rehospitalization for an ACS at 6 mo | Bleeding | Death, death or MI, fatal or nonfatal MI, rehospitalization for MI | At 6 mo, the rate of the 1° endpoint was 15.9% with use of the early invasive strategy and 19.4% with use of the conservative strategy (OR: 0.78; 95% CI: 0.62-0.97; p=0.025). | Study excluded pts with severe comorbid conditions or other serious systemic illness | To compare an early invasive strategy to a more conservative approach | Prospective, randomized, multicenter trial 2,220 |

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| | | | | at least 0.3 mV in at least 2 leads; elevated levels of cardiac markers; or coronary disease, as documented by Hx of cath, revasc, or M | | | | | | | | | | |
| de Winter 2005 (188) 16162880 | To compare an early invasive strategy to a selectively invasive strategy for pts who have ACS without STE and with an elevated cTnT level | RCT 1,200 | Intervention: 604 vs. Comparator: 596 | Eligible pts have all 3 of the following: Sx of ischemia that were increasing or occurred at rest, with the last episode occurring no more than 24 h before randomization; elevated cTnT level ($\geq 0.03 \mu\text{g/L}$); and either ischemic changes as assessed by ECG (defined as ST-segment depression or transient STE exceeding 0.05 mV, or T-wave inversion of | Exclusion criteria were an age >18 y or <80 y, STEMI in past 48 h, indication for 1° PCI or fibrinolytic therapy, hemodynamic instability or overt CHF, the use of oral anticoagulant drugs in past 7 d, fibrinolytic treatment within past 96 h, PCI within the past 14 d, contraindication to treatment with PCI or GP IIb/IIIa inhibitors, recent trauma or risk of bleeding, hypertension | Pts assigned to early invasive strategy were scheduled to undergo angiography within 24-48 h after randomization and PCI when appropriate on the basis of the coronary anatomy | Pts assigned to the selectively invasive strategy were treated medically. Pts were scheduled to undergo angiography and subsequent revasc only if they had refractory angina despite optimal medical treatment, hemodynamic or rhythmic instability, or clinically significant ischemia on the pre-discharge exercise test. | 1° endpoint was composite of death, RMI, or rehospitalization for angina within 1 y after randomization | Bleeding | Percentage of pts free from anginal Sx | Estimated cumulative rate of 1° endpoint was 22.7% in the group assigned to early invasive management and 21.2% in the group assigned to selectively invasive management (RR: 1.07; [0.87-1.33]; $p=0.33$). | Revasc rates were high in the 2 groups in our study (76% in the early-invasive-group and 40% in the selectively-invasive-strategy group during the initial hospitalization, and 79% and 54%, respectively, within 1 y after randomization | To compare an early invasive strategy to a selectively invasive strategy for pts who have ACS without STE and with an elevated cTnT level | RCT 1,200 |

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| | | | | ≥0.2 mV in 2 contiguous leads) or documented Hx of CAD as evidenced by previous MI, findings on previous coronary angiography, or a positive exercise test | despite treatment (i.e., systolic pressure >180 mmHg or diastolic pressure >100 mmHg), weight <120 kg, or inability to give informed consent | | | | | | | | | | |
| Fox KA 2002. (187) 12241831 | To compare interventional strategy and conservative strategy in pts with unstable CAD | RCT 1,810 | Intervention: 895 vs. Comparator: 915 | Pts eligible for inclusion if they had suspected cardiac chest pain at rest and had documented evidence of CAD with at least 1 of the following: evidence of ischaemia on ECG (ST-segment depression, transient STE, LBBB [documented previously], or T-wave inversion); pathological Q waves suggesting previous MI; or arteriographic | All those with probable evolving MI, including those for whom reperfusion therapy was indicated, were ineligible. Those in whom new pathological Q waves developed, or those with CK or CK-MB concentrations 2× the ULN before randomization, were excluded. Also excluded were those with MI within the previous mo, PCI in the | Pts assigned to interventional treatment strategy were managed with optimum antianginal and antiplatelet treatment (as for the conservative group), and enoxaparin 1 mg/kg subcutaneously 2× for 2-8 d. Protocol specified that coronary arteriography should be done as soon as possible after randomization and ideally within 72 h | Pts assigned to the conservative strategy were managed with antianginal and antithrombotic medication | Copriamary endpoints were: a combined rate of death, nonfatal MI, or refractory angina at 4 mo; and a combined rate of death or nonfatal MI at 1 y | Bleeding | Death, MI, refractory angina as individual endpoints | At 4 mo, 86 (9.6%) of 895 pts in intervention group had died or had a MI or refractory angina, compared with 133 (14.5%) of 915 pts in the conservative group (RR: 0.66, [0.51-0.85], p=0.001). | 1° endpoint driven by reduction of refractory angina with no difference in hard clinical endpoints | To compare interventional strategy and conservative strategy in pts with unstable CAD | RCT 1,810 | |

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| | | | | ally proven CAD on a previous arteriogram | preceding 12 mo, or CABG at any time. | | | | | | | | | |
| Spacek 2002 (120) 11792138 | To compare 1-d angiography /angioplasty vs. early conservative therapy of evolving MI without persistent STE | RCT 131 | Intervention: 64 vs. Comparator: 67 | Rest ischaemic chest pain, lasting <20 min, within last 24 h before randomization; ECG evidence of AMI without STE (ST-segment depressions minimally 0.1 mm in at least 2 contiguous leads and/or negative T waves or documented old LBBB/RBBB; CK-MB higher than 1.5× X ULN and/or positive Tnl assay | Unstable post-infarction angina pectoris resistant to maximal pharmacotherapy; cardiogenic shock; acute LBBB or RBBB or STE 2 mm in 2 leads; QMI or IV thrombolysis >1 mo; coronary angioplasty or bypass surgery >6 mo; any concomitant disease which may have possible influence on 1 y Px; lack of pt cooperation | 1-d angiography /angioplasty treatment strategy guidelines characterized by coronary angiogram as soon as possible after randomization followed by immediate coronary angioplasty of the culprit coronary lesion + stent implantation whenever suitable | Conservative treatment strategy guidelines were characterized by initial medical treatment with coronary angiography and subsequent revasc only in the presence of recurrent myocardial ischaemia | Composite of death or nonfatal RMI 6 mo after the randomization | None | Length of the initial hospitalization and the number of subsequent hospitalizations for UAP | 1° endpoint (death/ reinfarction) at 6 mo occurred in 6.2% vs. 22.3% (p<0.001). 6-mo mortality in 1-d angiography/ angioplasty group was 3.1% vs. 13.4% in the conservative group (p<0.03). | Small sample size, interventions were done in only one high volume tertiary center | To compare 1-d angiography/ angioplasty vs. early conservative therapy of evolving MI without persistent STE | RCT 131 |
| Hochman 1999 (230) 10460813 | Evaluate early revascularization in pts with cardiogenic shock | Multicenter RCT | 302 pts | 152 pts randomized to emergency revasc | 150 pt-initial medical stabilization | STEMI, new LBBB, posterior infarction with anterior ST segment depression and cardiogenic | N/A | N/A | N/A | Mortality from all causes at 30 d At 30-d mortality p=0.11 Revasc 46.7% Medical therapy 56.0% | N/A | 6-mo survival 6-mo mortality p=0.027 Revasc 50.3% Medical therapy 63.1% | N/A | Emergency revasc did not significantly reduce overall mortality at 30 d. However, at 6 mo significant survival benefit |

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| | | | | | | shock 2° to LV dysfunction | | | | | | | | |
| Bhatt 2004 (231) 15523070 | Determine use and predictors of early invasive management strategies in high-risk pts with NSTEMI | Registry-observational study trial | 17,926 with NSTEMI 8,037 (44.8%) underwent early cardiac cath <48 h | 8,037 (44%) underwent early cardiac cath <48 h | N/A | NSTEMI pts presenting to 248 US hospitals with cardiac cath facilities and PCI or CABG availability | N/A | N/A | N/A | Use of early invasive management within 48 h of presentation Predictors of early invasive management In-hospital mortality | N/A | N/A | N/A | Predictors of early invasive management: lower-risk pts with lack of prior or current CHF, renal insufficiency, positive biomarkers Pts treated with early invasive strategy had lower in-hospital mortality 2.5% vs 3.7%, p<0.001 |

1° indicates primary; 2° indicates primary; ACS, acute coronary syndromes; AMI, acute myocardial infarction; BNP, B-type natriuretic peptide; CHF, congestive heart failure; CAB, coronary artery bypass; CABG, coronary artery bypass graft; CAD, coronary artery disease; CI, confidence interval; CK-MB, creatine kinase MB; cTnT, cardiac troponin T; CV, cardiovascular; ECG, electrocardiography; ED, emergency department; eGFR, estimated glomerular filtration rate; GDF, growth differentiation factor; GP, glycoprotein; GRACE; Global Registry of Acute Coronary Events; GUSTO, Global Utilization of Streptokinase and Tissue Plasminogen Activator for Occluded Coronary Arteries trial; HF, heart failure; Hx, history; LBBB, left bundle-branch block; MI, myocardial infarction; NSTEMI, non-ST-elevation acute coronary syndrome; NSTEMI, non-ST-elevation myocardial infarction; NT-pro, N-terminal pro; PCI, percutaneous coronary intervention; PURSUIT, Platelet Glycoprotein IIb/IIIa in Unstable Angina: Receptor Suppression Using Integrilin Therapy; Pt, patient; Px, prognosis; QMI, q-wave myocardial infarction; RBBB, right bundle-branch block; RCT, randomized clinical trial; RMI, recognized myocardial infarction; ROC, receiver operating characteristic; RR, relative risk; SBP, systolic blood pressure; STEMI, ST-elevation myocardial infarction; Sx, symptom; TIMI, Thrombolysis In Myocardial Infarction trial; TnI, troponin I; ULN, upper limit normal; US, United States.

Data Supplement 26. Cardiogenic Shock (Section 7.2.2)

| Study Name, Author, Year | Aim of study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Study group | Comparator group | Endpoints | | Conclusions | Study Limitations & Adverse Events |
|--------------------------|--------------|------------|----------------|------------------------------|----------------------------|--------------------|--------------------|-------------|------------------|----------------------|---------------------|-------------|------------------------------------|
| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Major Study Findings | Additional Findings | | |
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| Jacobs A. et al, 2000 (232) 10985710 | Determine the outcomes of pts with cardiogenic shock complicating NSTEMI | Registry Sub-study of the SHOCK trial | 881 | 152 pts with NSTEMI and cardiogenic shock | 729 pts with STEMI and cardiogenic shock | Cardiogenic shock due to LV failure | Excluded pts with missing ECG + cardiogenic shock due to mechanical complications, tamponade, cardiac catheter laboratory complication, isolated RV dysfunction, severe valvular heart disease | NSTEMI + cardiogenic shock | STEMI + cardiogenic shock | In-hospital mortality similar in the 2 groups (62.5% for NSTEMI vs. 60.4% STEMI). After adjustment, STEMI did not independently predict in-hospital mortality (OR: 1.30; 95% CI: 0.83-2.02; p=0.252) | Compared with shock pts who had STEMI, pts with NSTEMI were older and more likely to have comorbid disease, prior infarctions and MVD. Left circumflex artery was the culprit vessel in 34.6% of non-ST-elevation vs. 13.4% of ST-elevation MI pts (p<5 0.001). Similar LVEF in-hospital, and similar revascularization | Pts with cardiogenic shock and NSTEMI have a higher-risk profile than shock pts with ST-segment elevation, but similar in-hospital mortality. | No hemodynamic or LV function data Registry data – subject to confounding |
| Holmes DR et al., 1999 (233) 10562262 | Assess the incidence and outcomes of cardiogenic shock developing among pts with and without ST-segment elevation | Pre-specified sub-study from the GUSTO-IIb trial | 12, 084 (of those 4,092 or 34% had NSTEMI) | 200 pts developed cardiogenic shock (out of 7,986 NSTEMI pts) 2.5% | 173 pts developed cardiogenic shock (out of 4,087 STEMI pts) 4.2% | Pts who developed shock after enrollment in GUSTO eligibility criteria: chest pain of myocardial ischemia within 12 h + STE or ST-depression, or persistent T-wave inversion | Pts who had shock on presentation (n=58) + 11 pts with missing data. Also excluded pts with STEMI who were not candidates for thrombolytic therapy | NSTEMI (incidence/outcome of cardiogenic shock) | STEMI (incidence/outcome of cardiogenic shock) | Lower OR of developing cardiogenic shock in NSTEMI compared with STEMI. Incidence: 4.2% vs. 2.5% (OR: 0.58; 95% CI: 0.47-0.72; p<0.001). High 30-d mortality in both: 63% among pts with STEMI with shock vs. 73% in NSTEMI with shock (p NS) | Pts without ST-segment elevation were older, more frequently had DM and 3-vessel disease, but had less TIMI grade 0 flow at angiography. Shock developed significantly later among pts without ST-segment elevation. No STE was significant predictor of 30-d mortality (p=0.048) | Pts without STE developed shock much later than those with STEMI suggesting a window of opportunity to prevent shock. Shock pts without STE had more high-risk clinical characteristics, more extensive CAD, and more frequent recurrent ischemia and MI before the development of shock. Regardless of the initial ECG findings, Shock was associated with a marked increase in mortality. | GUSTO-IIb is a thrombolytic trial (excluded pts ineligible for thrombolytics). Subgroup analysis. Different baseline risk |

1° indicates primary; CAD, coronary artery disease; DM, diabetes mellitus; ECG, electrocardiogram; GUSTO, Global Use of Strategies To Open Occluded Coronary Arteries; LV, left ventricular; LVEF; left ventricular ejection fraction; MVD, multi-vessel disease; NS, nonsignificant; NSTEMI, non-ST-elevation myocardial infarction; OR, odds ratio; Pts, patients; RV, right ventricular; SHOCK, Should We Emergently Revascularize Occluded Coronaries for Cardiogenic Shock; STE, ST-elevation; STEMI, ST-elevation myocardial infarction; and TIMI, Thrombolysis In Myocardial Infarction.

Data Supplement 27. Diabetes Mellitus (Section 7.3)

| Study Name, Author, Year | Aim of study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
|--|---|--|---|--|--|---|---|--|------------------|--|---|--|---|--|
| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| Cannon 2001 (186) 11419424 | To compare an early invasive strategy to a more conservative approach | Prospective, randomized, multicenter trial | Intervention: 1,114 vs. Comparator: 1,106 | Pts ≥18 y if they had had an episode of angina (with an accelerating pattern or prolonged [>20 min] or recurrent episodes at rest or with minimal effort) within the preceding 24 h, were candidates for coronary revascularization, and had at least 1 of the following: a new finding of ST-segment depression of at least 0.05 mV, transient (<20 min) STE of at least 0.1 mV, or T-wave inversion of at least 0.3 mV in at least 2 leads; elevated levels of cardiac markers; or coronary disease, as documented by a Hx of catheterization, revascularization, or M | Persistent STE, 2° angina, a Hx of PCI or CABG within the preceding 6 mo, factors associated with an increased risk of bleeding, LBBB or paced rhythm, severe CHF or cardiogenic shock, serious systemic disease, a serum creatinine level of <2.5 mg/dL (221 μ mol/L), or current participation in another study of an investigational drug or device | Pts assigned to the early invasive strategy were to undergo coronary angiography between 4 h and 48 h after randomization and revascularization when appropriate on the basis of coronary anatomical findings | Pts assigned to the early conservative strategy were treated medically and, if their condition was stable, underwent an exercise-tolerance test (83% of such tests included nuclear perfusion imaging or echo performed according to the protocol of the institution) before being discharged | Combined incidence of death, nonfatal MI, and rehospitalization for an ACS at 6 mo | Bleeding | Death, death or MI, fatal or nonfatal MI, rehospitalization for MI | At 6 mo, the rate of the 1° endpoint was 15.9% with use of the early invasive strategy and 19.4% with use of the conservative strategy (OR: 0.78; 95% CI: 0.62-0.97; $p=0.025$). | Study excluded pts with severe comorbid conditions or other serious systemic illness | To compare an early invasive strategy to a more conservative approach | Prospective, randomized, multicenter trial 2,220 |

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| FRISC II (185) 10475181 | Compare early invasive with a noninvasive treatment strategy in unstable CAD | Multicenter RCT of 2,457 pts | 2,457 pts, 21.4% diabetic | Early invasive strategy N=1,222 | Study comparator group: noninvasive strategy n=1,235 | Inclusion: UA, NSTEMI Pts with DM—21.4% of total but not analyzed separately | N/A | N/A | N/A | 6-mo composite of death or MI 9.4% in invasive vs. 12.1% in noninvasive group (RR: 0.78, 95% CI: 0.62–0.98, p=0.031) Decrease in MI alone 7.8% in invasive vs. 10.1% in conservative group (RR: 0.77 95% CI: 0.60–0.99; p=0.045) Nonsignificant decrease in death 1.9% vs. 2.5% (HR: 0.65, 95% CI: 0.39–1.09; p=0.10) | N/A | Angina at 6 mo In pts with DM invasive strategy improved anginal Sx – 24% for invasive vs. 41% for noninvasive RR: 0.59 (0.41–0.84) | N/A | Early invasive strategy preferred in most pts with unstable CAD who have signs of ischemia or have NSTEMI Benefit is greatest in pts at higher risk at entry |
| Norhammar 2004 (234) 14975468 | Evaluate influence of DM in outcome of unstable CAD | Randomized clinical trial | 299 pts with diabetes mellitus and 2,158 without | 299 pts with DM | 2,158 patients without DM | UA, NSTEMI Pts with DM defined as treated with diet, oral agents, or insulin Pts with DM were at higher baseline risk – more prior MI, CHF, PAD, HBP, more 3VD | N/A | N/A | N/A | 1° composite of death or MI. ITT. DM remained a strong independent predictor of death and MI in multivariable analyses Invasive strategy reduced composite of death or MI in pts with DM from 29.9% to 20.6% (OR 0.61; CI 0.36–1.04, p=0.066) Invasive strategy | N/A | N/A | N/A | An invasive strategy improved outcomes for both patients with and without DM with unstable CAD DM is an independent risk factor for death and MI in both invasive and noninvasive groups |

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| | | | | | | | | | | reduced composite of death or MI in nondiabetic patients without DM from 12.0% to 8.9% (OR 0.72; CI 0.54–0.95 p=0.019) | | | | |
| Farkouh 2012 (235) 23121323 | Compare strategy of aggressive medical therapy and DES vs. CABG for pts with DM and multivessel CAD | Multicenter randomized clinical trial | 1,900 pts | Aggressive medical therapy plus DES, n=953 | CABG, n=947 | Pts with DM with angiographically confirmed MVD of ≥2 major epicardial vessels | LMCA lesions excluded Minimum follow-up 2 y | N/A | N/A | Composite of death from any cause, nonfatal MI or nonfatal stroke Composite 5-y rate 26.6% in PCI vs. 18.7% in CABG; p=0.005 5-y rate death from any cause 16.3% vs. 10.9%; p=0.049 PCI vs. CABG 5-y rate MI 13.0 vs. 6.0%; p<0.001 PCI vs. CABG Rate stroke increased with CABG 5.2% - CABG vs. 2.4% PCI; p=0.03 No subgroup analysis of pts with ACS | N/A | MACE at 30 d and 12 mo | N/A | For pts with DM and severe CAD undergoing revascularization, CABG was associated with significant reduction in death and MI, but with a significant increase in stroke compared with PCI Limitations: Trial not blinded Some prespecified subgroups had very low prevalence |

¹° indicates primary; ²°, secondary; 3VD, three-vessel disease; ACS indicates acute coronary syndrome; CABG, coronary artery bypass graft; CAD, coronary artery disease; CHF, congestive heart failure; DES, drug-eluting stents; DM, diabetes mellitus; HBP, high blood pressure; Hx, history; ITT, intention to treat; LBBB, left bundle-branch block; LMCA, left main coronary artery disease; MACE, major adverse cardiac events; MI, myocardial infarction; MVD, multi-vessel disease; N/A, not applicable; NSTEMI, non-ST-elevation myocardial infarction; PAD, peripheral arterial disease; PCI, percutaneous coronary intervention; Pts, patients; RCT, randomized controlled trial; RR, relative risk; Sx, symptom(s); UA, unstable angina.

Data Supplement 28. Post-CABG (Section 7.4)

| Study Name, Author, Year | Aim of study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
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| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| Kavsak 2006 16824840 (23) | Impact of new classification of MI | Retrospective analysis using CK-MB vs. Trl analysis for MI def. 258 pts with ACS | Trl vs. CK-MB Dx based on MONICA or AHA def of MI | 2 SPSS CK-MB, Trl $\geq 20\%$ change using 99% TrT cutoff | N/A | 2 specimens CK-MB, Trl drawn at least 6 h apart | AMI prevalence" MONICA CK-MB 19.4% AHA 19.8%. Tnl increase. to 35.7% | N/A | Trl vs. CK-MB $p < 0.001$ for increase MI def using Tnl | cTnl 35.7% (30.1-41.7) Relative inc 84% | N/A | Exclusion of nonischemic diseases causing Tr elevation | Impact of new classification of MI | Retrospective analysis using CK-MB vs. Trl analysis for MI def. 258 pts with ACS |
| Goodman 2006 16504627 (25) | Diagnostic and prognostic impact of new UDMI | Multicenter observational prospective Registry (GRACE) 26,267 ACS pts | Use of CK and -Tn 16,797 vs. CK-MB and Tn 10,719 for hospital. fatality, 14,063 vs. 8,785 for 6-mo mortality | >18 y with possible ACS with ECG abnormal or CAD history. CK, CK-MB. Tn | NS comorbidity, trauma, surgery, lack of 1 biomarker | CK CK-MB Tn Follow-up for 6 mo | Tn+ levels demonstrated higher in hospital and 6-mo mortality rates than higher CK levels | N/A | In entire population, Tn+ status vs. CK status 6-mo mortality: 1.6 (1.4-1.9) | Hospital fatality rates higher with Tn+ vs. CK+: 2.2 (1.6-2.9) with Tn+/CK-MB-: 2.1 (1.4-3.2) | N/A | 34% in GRACE registry excluded because of use of 1 biomarker only | Diagnostic and prognostic impact of new UDMI | Multicenter observational prospective Registry (GRACE) 26,267 ACS pts |
| Eggers 2011 20869357 (26) | Clinical implications of relative change in cTnl levels with chest pain | Retrospective study of 454 ACS pts within 24 h of admission with 5.8 y follow-up | UDMI with presp cTnl changes from $\geq 20\%$, 50%, 100% | N/A | cTnl <99 th percentile | cTnl levels | Peak cTnl level $\geq 99^{\text{th}}$ percentile + change $\geq 20\%$ in 160. 25 had no AMI by ESC/ACC criteria | N/A | N/A | All 160 had significant raised mortality HR: 2.5 (1.7-3.8) Higher Tnl deltas were not associated with higher mortalities | NA | Analysis of assay could not be validated by hs Tr assay. No review of pts records for type 1 or 2 AMI No long-term risk assessment | Clinical implications of relative change in cTnl levels with chest pain | Retrospective study of 454 ACS pts within 24 h of admission with 5.8 y follow-up |
| Giannitsis 2010 (33) 20167697 | Dx, perf. of hs-cTnT for detection. of NSTEMI in ACS | Retrospective cohort analysis 57 with UA | Baseline vs. and serial conc. at 3 h and 6 h | UA or NSTEMI with initial -cTnT | Immed PCI or kidney dysfunction | Hs-cTnT baseline, 3,6 h delta change | Hs -cTnT Dx 61% at baseline to 100% at 6 h. | N/A | Doubling of hs-Tnt with initial 99% + pos | Delta changes and ROC opt. values spec 100% with | N/A | Admission to chest pain unit more selective than typical ED | Dx, perf. of hs-cTnT for detection. of NSTEMI in ACS | Retrospective cohort analysis 57 with UA and evolving NSTEMI |

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| | | and evolving NSTEMI | | | | >20%, or ROC optimized value >117% 3 h, or 246% 6 h | Dx inc by 34% above std cTnT | | predicted value 100% neg predicted value 88% | sens 69% and 76% | | admissions | | |
| le 2004 (236) 15528943 | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A | N/A |
| Lindahl 2010 (32) 20691825 | Hs-cTnT comparison with std cTnT for risk assessment | Prospective cohort 1,452 | Effect of pos. by both assays vs. only 1 assay | ACS pts | No coronary angiography within 12 h | Both cTnT collected 48 h after randomization | +hs-TnT same 1-y mortality. Whether + or – with st-TnT | N/A | For death or AMI at 30 d + only for hs-TnT had interim risk | +hs-TnT 1-y mortality 9.2% vs. 1.6% p=0.001 For – by both assays | N/A | Pts with higher pretest risk than typical chest pain pts in ED | Hs-cTnT comparison with std cTnT for risk assessment | Prospective cohort 1,452 |
| Cannon 2001 (186) 11419424 | To compare an early invasive strategy to a more conservative approach | Prospective, randomized, multicenter trial 2,220 | Intervention: 1,114 vs. Comparator: 1,106 | Pts ≥18 y if they had had an episode of angina (with an accelerating pattern or prolonged >20 min] or recurrent episodes at rest or with minimal effort) within the preceding 24 h, were candidates for coronary revascularization, and had at least 1 of the following: a new finding of ST-segment depression of at least 0.05 | Persistent STE, 2° angina, a Hx of PCI or CABG within the preceding 6 mo, factors associated with an increased risk of bleeding, LBBB or paced rhythm, severe CHF or cardiogenic shock, serious systemic disease, a serum creatinine level of <2.5 mg/dL (221 | Pts assigned to the early invasive strategy were to undergo coronary angiography between 4 h and 48 h after randomization and revascularization when appropriate on the basis of coronary anatomical findings | Pts assigned to the early conservative strategy were treated medically and, if their condition was stable, underwent an exercise-tolerance test (83% of such tests included nuclear perfusion imaging or echocardiography performed according to the protocol of the institution) before being discharged | Combined incidence of death, nonfatal MI, and rehospitalization for ACS at 6 mo | Bleeding | Death, death or MI, fatal or nonfatal MI, rehospitalization for MI | At 6 mo, the rate of the 1° endpoint was 15.9% with use of the early invasive strategy and 19.4% with use of the conservative strategy (OR: 0.78; 95% CI: 0.62-0.97; p=0.025). | Study excluded pts with severe comorbid conditions or other serious systemic illness | To compare an early invasive strategy to a more conservative approach | Prospective, randomized, multicenter trial 2,220 |

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| | | | | mV, transient (<20 min) STE of at least 0.1 mV, or T-wave inversion of at least 0.3 mV in at least 2 leads; elevated levels of cardiac markers; or coronary disease, as documented by a Hx of catheterization, revascularization, or MI | μmol/L), or current participation in another study of an investigational drug or device | | | | | | | | | |
| Fox 2002 (187) 12241831 | To compare interventional strategy and conservative strategy in pts with unstable CAD | RCT 1,810 | Intervention: 895 vs. Comparator: 915 | Pts were eligible for inclusion if they had suspected cardiac chest pain at rest and had documented evidence of CAD with at least 1 of the following: evidence of ischaemia on ECG (ST-segment depression, transient STE, LBBB [documented previously]), | All those with probable evolving MI, including those for whom reperfusion therapy was indicated, were ineligible. Those in whom new pathological Q waves developed, or those with CK or CK-MB concentrations 2× the ULN before | Pts assigned to the interventional strategy were managed with optimum antianginal and antiplatelet treatment (as for the conservative group), and enoxaparin 1 mg/kg subcutaneously 2× for 2-8 d. The protocol specified that coronary | Pts assigned to the conservative strategy were managed with antianginal and antithrombotic medication | The coprimary trial endpoints were: a combined rate of death, nonfatal MI, or refractory angina at 4 mo; and a combined rate of death or nonfatal MI at 1 y | Bleeding | Death, MI, refractory angina as individual endpoints | At 4 mo, 86 (9.6%) of 895 pts in the intervention group had died or had a MI or refractory angina, compared with 133 (14.5%) of 915 pts in the conservative group (RR: 0.66, [0.51-0.85], p=0.001). | 1° endpoint driven by reduction of refractory angina with no difference in hard clinical endpoints | To compare interventional strategy and conservative strategy in pts with unstable CAD | RCT 1,810 |

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| | | | | or T-wave inversion); pathological Q waves suggesting previous MI; or arteriographically proven CAD on a previous arteriogram | randomization, were excluded. Also excluded were those with MI within the previous mo, PCI in the preceding 12 mo, or CABG at any time. | arteriography should be done as soon as possible after randomization and ideally within 72 h | | | | | | | | |
| Spacek 2002 (120) 11792138 | To compare 1 st d angiography/angioplasty vs. early conservative therapy of evolving MI without persistent STE | RCT 131 | Intervention: 64 vs. Comparator: 67 | Rest ischaemic chest pain, lasting <20 min, within the last 24 h before randomization; ECG evidence of AMI without STE (ST-segment depressions minimally 0.1 mm in at least 2 contiguous leads and/or negative T waves or documented old LBBB/RBBB; CK-MB higher than 1.5 × X ULN and/or positive Tnl assay | Unstable post-infarction angina pectoris resistant to maximal pharmacotherapy; cardiogenic shock; acute LBBB or RBBB or STE 2 mm in 2 leads; QMI or IV thrombolysis >1 mo; coronary angioplasty or bypass surgery >6 mo; any concomitant disease which may have possible influence on | 1 st d angiography/angioplasty treatment strategy guidelines were characterized by a coronary angiogram as soon as possible after randomization followed by immediate coronary angioplasty of the culprit coronary lesion + stent implantation whenever suitable | Conservative treatment strategy guidelines were characterized by initial medical treatment with coronary angiography and subsequent revasc only in the presence of recurrent myocardial ischaemia | Composite of death or nonfatal RMI 6 mo after the randomization | None | Length of the initial hospitalization and the number of subsequent hospitalizations for UAP | 1 ^o endpoint (death/reinfarction) at 6 mo occurred in 6.2% vs. 22.3% (p<0.001). 6 mo mortality in the 1 st d angiography/angioplasty group was 3.1% vs. 13.4% in the conservative group (p<0.03). | Small sample size, interventions were done in only one high volume tertiary center | To compare 1 st d angiography/angioplasty vs. early conservative therapy of evolving MI without persistent STE | RCT 131 |

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| | | | | | 1-y Px; lack of pt cooperation | | | | | | | | | |
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¹ indicates primary; ², secondary; 3VD, three-vessel disease; ACS indicates acute coronary syndrome; AMI acute myocardial infarction; CABG, coronary artery bypass graft; CAD, coronary artery disease; CHF, congestive heart failure; CK, creatine kinase; CK-MB, creatine kinase MB; Dx, diagnosis; ECG, electrocardiograph; ESC, European Society of Cardiology; GRACE, Global Registry of Acute Coronary Events; HBP, high blood pressure; Hs-cTnT, high-sensitivity cardiac troponin I; Hx, history; IV, intravenous; LBBB, left bundle-branch block; MI, myocardial infarction; MONICA, Multinational MONItoring of trends and determinants in Cardiovascular disease; NS, no(n) significance; PCI, percutaneous coronary intervention; Pt, patient; Px, prognosis; QMI, Q-wave myocardial infarction; RBBB, right bundle-branch block; RCT, randomized controlled trials; revasc, revascularization; ROC, receiver operating characteristic; RMI; RR, relative risk; cTnT, cardiac troponin T; SSPS; STE, ST-elevation; Tn, troponin; TnI, troponin I; UAP; UDMI, Universal Definition of Myocardial Infarction; and ULN, upper limit of normal.

Data Supplement 29. Chronic Kidney Disease (Section 7.6)

| Study Name, Author, Year | Aim of study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Endpoints | | | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
|--|--|----------------------------|----------------|--|------------------------------------|---|--------------------|---|--|--------------------------------|--------------------------------|--|
| | | | | | | Inclusion Criteria | Exclusion Criteria | Primary Endpoint (efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| Wright 2002 12353943 (237) | Compare outcomes after AMI in pts with varying degrees of renal function | Retrospective cohort study | 4,426 | n=3,106 with: endstage renal disease, severe renal insufficiency CrCl <35 mL/min, moderate renal insufficiency CrCl ≥35, ≤50 mL/min, mild renal insufficiency CrCl > 50 mL/min | n=1,320 with normal renal function | Consecutive pts with acute infarction between 1988 and 2000. Renal function estimated according to the Cockcroft-Gault. | N/A | Short- and long-term survival compared after pts were stratified by CrCl. In-hospital mortality : 2% in pts with normal renal function, 6% in pts with mild renal failure, 14% in pts with moderate renal failure, 21% in pts with severe renal failure, and 30% in pts with endstage renal disease; p<0.001 Post-discharge mortality in abnormal renal function vs. normal renal function Mild renal failure HR: 2.4 (CI 1.7–3.3; p<0.001) Moderate renal failure HR: 2.2 (CI: 1.5–3.3; p<0.001) | Pts with renal failure received reperfusion therapy less frequently than pts with normal renal function; p<0.001. Post-discharge death less likely in pts who received acute reperfusion therapy. OR: 0.7 (CI: 0.6–0.9) ASA OR: 0.7 (CI: 0.5–0.8) BB OR: 0.7 (CI: 0.6–0.9) | N/A | N/A | Retrospective Analysis Potential referral bias Single center study |

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| | | | | | | | | Severe renal failure HR: 1.9 (CI: 1.2–3.0; p=0.006) End-stage renal disease HR: 5.4 (CI: 3.0–9.7; p<0.001) | | | | |
| Shlipak 2002 12353942 (238) | Determine how pts with renal insufficiency are treated during MI Determine association of renal insufficiency on survival after MI | All nongovernmental U.S. hospitals cohort study | 130,099 older pts with MI 1994-1995 | Mild renal insufficiency: Cr: 1.5-2.4 mg/dL n=36,756 Moderate renal insufficiency: Cr: 2.5-3.9 mg/dL n=10,888 | No renal insufficiency: Cr <1.5 mg/dL n=82,455 | All older (age ≥65 y) Medicare beneficiaries with AMI 1994-1995 | 6,790 pts with severe renal insufficiency Cr ≥4.0 mg/dL 10,570 pts with no information on estimating CrCl | Primary: pts with moderate renal insufficiency less likely to receive aspirin, BB, thrombolytic therapy, angiography or PCI | N/A | 1 y-mortality 24% with no renal insufficiency 46% with mild renal insufficiency 66% with moderate renal insufficiency Secondary: after adjustment for pt and treatment characteristics, renal insufficiency was associated with elevated risk of death after MI Mild renal insufficiency: HR: 1.68 (95% CI: 1.68–1.73) Moderate renal insufficiency: HR: 2.35 (95% CI: 2.26–2.45) | N/A | No measurement of true GFR Size of data collected from 1994-1995 Focus on patients ≥65 y |

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| Solomon 1994 7969280 (239) | Evaluate effect of saline, mannitol on renal function in pts undergoing coronary angiography | RCT | 78 | n=28, 45% saline alone for 12 h before and 12 h after | n=25 1) 45% saline plus mannitol n=25 2) 45% saline plus furosemide | 78 pts with chronic renal insufficiency undergoing coronary angiography Serum Cr measure prior to and 48 h after angiography | N/A | An increase in baseline serum Cr of ≥ 0.5 mgm/dL within 48 h of angiography 11% with saline 28% with saline + mannitol 40% with saline + furosemide p=0.05 | N/A | N/A | N/A | Hydration with 0.45% saline provides better protection against CIN than hydration plus either mannitol or furosemide Limitations: Small sample size |
| Charytan 2009 19423566 (240) | Evaluate effectiveness of an early invasive strategy or conservative strategy in pts with CKD admitted with UA/NSTEMI | Collaborative meta-analysis of RCT | 5 randomized studies of 1,453 pts with CKD | Early invasive strategy of routine coronary angiography | Conservative strategy of selective coronary angiography | Total 1,453 pts with CKD in 5 RCT stages 3a, 3b, and 4-5 GFR calculated using modification of diet in renal disease Serum Cr measure prior to and 48 h after angiography | N/A | 1-y mortality Invasive strategy associated with: Nonsignificant reduction in all-cause mortality RR: 0.76; 95% CI: 0.49–1.17; p=0.21 Nonfatal MI RR: 0.78; 95% CI: 0.52–1.16; p=0.22 Death or nonfatal MI RR: 0.79; 95% CI: 0.53–1.18; p=0.24 Significant reduction in rehospitalization RR: 0.76; 95% CI: 0.66–0.87; p<0.0001 | N/A | In-hospital death, MI, death/MI, 1-y MI, rehospitalization, combined death/MI | N/A | Routine coronary angiography should be considered for pts with CKD who are admitted with NSTEMI Limitations: Publication bias Small number trials Small number of stage 4-5 CKD |
| Szummer 2009 19704097 (241) | Evaluate influence of renal function on effects of early revascularization in NSTEMI | Nationwide registry | 23,262 consecutive NSTEMI pts ≤ 80 y old treated from 2003-2006 | Pts revascularized within 14 d of admission, N=12,030 | Patients not revascularized within 14 d of admission, n=11,232 | 23,262 consecutive pts ≤ 80 y with NSTEMI Subdivision in 5 groups eGFR ≥ 90 n=6,064 eGFR 60-89 n=11,509 eGFR 30-59 n=4,839 eGFR 15-29 n=572 eGFR <15/dialysis N=278 | N/A | After adjustment overall 1-y mortality was 36% lower (HR: 0.64; 95% CI: 0.56–0.73; p<0.001) with invasive strategy Magnitude of survival difference similar in normal to moderate renal function groups Lower mortality observed with invasive therapy declined with lower renal function No difference in mortality in pts with | N/A | N/A | N/A | Early invasive therapy is associated with greater 1-y survival in pts with NSTEMI and mild-moderate renal insufficiency. Benefit declines with lower renal function. Limitations: Registry study Selection bias Arbitrary cut point 14 d Pts ≤ 80 y |

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| | | | | | | Cox regression model with adjustment for propensity score and discharge medication to assess association between early revascularization and 1-y mortality | | kidney failure or in those dialysis p=0.15, HR: 1.61; 95% CI: 0.84–3.09 | | | | |
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AMI indicates acute myocardial infarction; BB, beta blocker; CKD, chronic kidney disease; CIN, contrast induced nephropathy; Cr, creatinine; CrCl, creatinine clearance; eGFR, estimated glomerular filtration rate; GFR, glomerular filtration rate; MI, myocardial infarction; N/A, nonapplicable; NSTEMI, Non–ST-elevation myocardial infarction; PCI, percutaneous coronary intervention; pts, patients; RCT, randomized controlled trial; RR, relative risk; UA, unstable angina; and U.S., United States.

Data Supplement 30. Women (Section 7.7)

| Study Name, Author, Year | Aim of study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
|--|--|---|--|------------------------------|----------------------------|--|---|--------------------|------------------|---|-----------------------------|--------------------------------|--------------------------------|------------------------------------|
| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| Hutchinson-Jaffe AB, Goodman SG, Yan RT, et al. Comparison of baseline characteristics, management and outcome of patients with non-ST-segment elevation acute coronary syndrome in versus not in clinical trials. Am J Cardiol. 2010;106:1389-96. | Characterize differences in clinical characteristics and clinical management between pts with NSTEMI-ACS in clinical trials and not in clinical trials | Retrospective case-control of several large NSTEMI-ACS registries | N=13,556 pts with NSTEMI-ACS (8.3% in clinical trials) | None | None | Pts with NSTEMI-ACS in 4 large prospectively collected registries: Canadian ACS I (1999 to 2001), ACS II (2002-2003), GRACE (2004-2007), and CANRACE (2008) over 10 y, ≥18 y age, within 24 h of NSTEMI-ACS presentation | Pts with NSTEMI-ACS with ACS precipitated or accompanied by a serious concurrent illness, such as trauma or GI bleeding | N/A | N/A | Pts enrolled in clinical trials were younger, more likely to be men, and had fewer comorbidities. Clinical trial pts were more likely to be on several GDMT, undergo invasive procedures (all p<0.001). Unadjusted in-hospital mortality nonclinical vs. clinical trials (2.1% vs. 0.7%, p<0.001) and 1-y (8.9% vs. 6.3%, p=0.037) In | N/A | N/A | Results too numerous to list | N/A |

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| 21059426 (242) | | | | | | | | | | multivariable analysis, pts who were older, women, had Hx of CHF failure, and increased CrCr levels on presentation were less likely to be enrolled in clinical trials. | | | | |
| Akhter N, Milford-Beland S, Roe MT, et al. Gender differences among patients with acute coronary syndromes undergoing percutaneous coronary intervention in the American College of Cardiology-National Cardiovascular Data Registry (ACC-NCDR). Am Heart J. 2009;157:141-8. 19081410 (243) | To assess clinical and angiographic characteristics, procedural and treatment patterns, and in-hospital outcomes between men and women | Retrospective case-control of registry data | N=199,690 pts, 55,691 women presented with NSTEMI- UA vs. 101,961 men | All pts underwent PCI (index) | None | Men and women with NSTEMI-ACS who underwent PCI in ACC-NCDR Registry 1/104-3/30/06; index PCI only | Not fitting predefined NSTEMI-ACS definition or not undergoing PCI | N/A | N/A | Women presented more often with NSTEMI-ACS than men (82% vs. 77% of men, <0.0001). Women with NSTEMI-ACS had more comorbidities, but fewer high-risk angiographic features than men. Women were less likely to receive ASA, GPI, and less often discharged on ASA or statin. In-hospital mortality, was similar for women and men (OR: 0.97, p=0.5). Women had higher rates of cardiogenic shock, CHF, any bleeding (7.6 vs. 3.6%, p<0.01), and any vascular complications, but subacute stent | N/A | Too numerous to list | Too numerous to list | Limited extrapolation – all subjects are registry NSTEMI-ACS pts |

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| | | | | | | | | | | thrombosis rates were less in women compared to men (0.43% vs. 0.57%, p=0003). | | | | |
| Blomkalns AL, Chen AY, Hochman JS, et al. Gender disparities in the Dx and treatment of non-ST-segment elevation acute coronary syndromes: large-scale observations from the CRUSADE National Quality Improvement Initiative. J Am Coll Cardiol. 2005;45:832-7. 15766815 (244) | To examine differences of gender in treatment and outcomes among pts with NSTE ACS | Retrospective case-control of registry data | N=35,875 pts (41% women) | None | None | 35,875 pts with NSTE-ACS (14,552 women) at 391 U.S. hospitals participating in the CRUSADE initiative between March 31, 2000, and December 31, 2002 | Pts excluded from this analysis included those who were transferred to another hospital, (3,210 men and 1,827 women), and pts with missing gender status (n=66) | N/A | N/a | Women were older (median age 73 vs. 65 y) and more often had DM and HTN. Women were less likely to receive acute heparin, ACE-I, and GPI and ASA, ACE-I, and statins at discharge. Men underwent more angiography/revere then women, but among pts with significant CAD, PCI was performed similarly in men and women. NS gender difference was seen in adjusted rates of in-hospital death, reinfarction, HF, and stroke. RBC transfusion rates were higher in women (OR: 1.17; CI: 1.09-1.25) | N/A | Too numerous to list | Too numerous to list | Limited generalizability from registry data |
| Lansky AJ, Mehran R, Cristea E, et al. Impact of gender and | To examine gender impact on antithrombotic therapy for | Retrospective analysis of ACUITY trial (prespecified) | 4,157 women with NSTE-ACS (31% of total) | Overall women =4,157 GPI + heparin | Overall men =9,662 GPI + heparin (UFH or | Men and women enrolled in ACUITY trial, randomized to open-label AT | Missing data/follow-up | AT Strategy: GPI + heparin Bivalirudin + GPI | 1) Men vs. women ± PCI – bleeding, net | No gender difference in 30 d composite ischemia; women significantly | In women: bivalirudin alone significantly less | Same as 1° endpoint findings at 1 y and ± PCI | 30-d composite ischemia: women=7%, men=8% p=NS; 30-d bleeding: | Although prespecified gender analysis, study was underpowered to detect difference so |

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| <p>antithrombin strategy on early and late clinical outcomes in patients with non-ST-elevation acute coronary syndromes (from the ACUITY trial). Am J Cardiol. 2009;103:119 6-203.</p> <p>19406258 (245)</p> | <p>ischemia vs. bleeding in pts with NSTE-ACS in ACUITY trial</p> | <p>d but not powered)</p> | <p>enrolled)</p> | <p>(UFH or enoxaparin) n=1,354 women vs. bivalirudin + GPI=1,386 women vs. bivalirudin =1,417 women PCI=1,190 women No PCI =2,967 women</p> | <p>enoxaparin) vs. bivalirudin + GPI vs. bivalirudin PCI=3,838 men No PCI=5,824 men</p> | <p>treatment</p> | | <p>Bivalirudin Intervention: PCI Non-PCI</p> | <p>ischemia, and overall clinical benefit at 30-d 2) AT strategy on outcome in women ± PCI at 30 d</p> | <p>higher 30-d bleeding; net clinical outcome 30 d worse in women due to bleeding</p> | <p>bleeding than GPI + heparin (5% vs. 10%, p<0.0001) with no difference in composite ischemia (7% vs. 6%); no difference in bivalirudin + GPI and GPI + heparin</p> | | <p>women=8% vs. men=3%; p<0.0001; 30-d net clinical outcome women=13% vs. men=10%; p<0.0001</p> | <p>regression analysis performed to account for baseline difference</p> |
| <p>Alexander KP, Chen AY, Newby LK, et al. Sex differences in major bleeding with glycoprotein IIb/IIIa inhibitors: results from the CRUSADE initiative. Circulation. 2006;114:138 0-7.</p> <p>16982940 (246)</p> | <p>To examine gender impact on GPI use, dose, bleeding in pts with NSTE-ACS in CRUSADE</p> | <p>Retrospective analysis of CRUSADE registry</p> | <p>N=32,601 total; GPI Rx=18,436 (6,084 women, 12,352 men)</p> | <p>Use of GPI-dose was evaluated based on pts' CrCl</p> | <p>Rate of dosing, excessive dosing, bleeding and outcome were compared by gender</p> | <p>All enrolled CRUSADE pts Jan.-Dec. 2004</p> | <p>Contraindicated to GPI; those without complete data including GPI dose, CrCl, follow-up</p> | <p>Those treated with GPI vs. not; women vs. men</p> | <p>Those treated with GPI vs. not; women vs. men</p> | <p>For GPI Rx: Rate of bleeding significantly higher in women vs. men (15.7% vs. 7.3%; p<0.0001); For those NOT GPI Rx'd: women had significantly higher bleeding rates than men (8.5 vs. 5.4%; p<0.0001)</p> | <p>Despite NS difference in serum Cr, women had mean CrCl significantly lower (20 mg/min) vs. men; excess GPI dose given to women significantly more than men (46.4 vs. 17.2%; p<0.0001)</p> | <p>Excess GPI dose associated with increased bleeding. Women (OR: 1.72; 95% CI: 1.30-2.28) Men (OR: 1.27; 95% CI: 0.97-1.66) GPI bleeding attributed risk=25% women, 4.4% men; Excess GPI dose for women vs.</p> | <p>N/A</p> | <p>N/A</p> |

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| | | | | | | | | | | | | men=3.81 (95% CI: 3.39- 4.27) | | |
| Bhatt DL, Roe MT, Peterson ED, et al. Utilization of early invasive management strategies for high-risk patients with non-ST-segment elevation acute coronary syndromes: results from the CRUSADE Quality Improvement Initiative. JAMA. 2004;292:2096-104. 15523070 (231) | Determine use and predictors of early invasive management strategies in high-risk pts with NSTEMI | Registry-observational study trial | 17,926 with NSTEMI in CRUSADE (women =7,353) 8,037 (44.8%) underwent early cardiac cath <48 h (women =2,842) | 8,037 (44%) underwent early cardiac cath <48 h | N/A | Pts with NSTEMI presenting to 248 US hospitals with cardiac cath facilities and PCI or CABG availability | N/A | N/A | N/A | Use of early invasive management within 48 h of presentation; predictors of early invasive management; in-hospital mortality Propensity matched analyses revealed OR: 0.8 significantly favors early invasive over selective invasive in women | N/A | Female sex as predictor of early invasive OR: 0.86 (95% CI: 0.80-0.92); | Registry data estimating "real world" practice' with usual limitations of generalizability | Predictors of early invasive management: lower-risk pts with lack of prior or current CHF, renal insufficiency, positive biomarkers Pts treated with early invasive strategy had lower in-hospital mortality 2.5% vs. 3.7%; p<0.001 |
| O'Donoghue M, Boden WE, Braunwald E, et al. Early invasive vs conservative treatment strategies in women and men with unstable angina and non-ST- | To compare the effects of an invasive vs. conservative strategy in women and men with NSTEMI ACS | Meta-analysis of RCTs (1970-4/2008) with gender-specific analyses | Data combined from 8 trials (3,075 women and 7,075 men). | Women: Early invasive =1,571 Initial conservative =1,581 | Men: Early invasive: 3,641 Initial conservative : 3,619 | Pts with NSTEMI-ACS in 8 RCTs evaluate early invasive vs. selective invasive (if recurrent Sx) or positive stress test after initial pharmacological test | Pts with missing biomarker data excluded from high-risk analyses | N/A | N/A | Women had lower MACE with early invasive vs. initial conservative as did men without significant gender interaction. Biomarker-positive women. Early invasive vs. initial conservative for death/MI/ACS (OR: 0.67; 95% | N/A | In men: early invasive vs. initial conservative for MACE. Biomarker positive: OR: 0.56 (95% CI: 0.46-0.67) Biomarker | MACE early invasive vs. initial conservative: Women: OR: 0.81 (95% CI: 0.65-1.01) Men: OR: 0.73 (95% CI: 0.550.98) | Results persisted for 12-m follow-up. Heterogeneity between trials; trials not individually powered for sex-specific analyses |

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| segment elevation myocardial infarction: a meta-analysis. JAMA. 2008;300:71-80. 18594042 (247) | | | | | | | | | | CI: 0.50-0.88), but not in biomarker negative women and 35% higher risk of death/MI (OR: 1.35; 95% CI: 0.78-2.35) | | Negative OR: 0.72 (95% CI: 0.51-1.01) | | |
| Dolor RJ, Melloni C, Chatterjee R, et al. Treatment Strategies for Women With Coronary Artery Disease [Internet].2012 23016160 (248) | To determine efficacy and safety of early invasive vs. initial conservative strategy in women with NSTE-ACS | Meta-analyses of RCTs and systematic reviews of observational studies | 7 studies early invasive vs. initial conservative for women with NSTE-ACSMI N=17,930 pts, of which 6,084 (34%) were women | Analyses run separately for different time points (6 mg, 1 y, 5 y); n=4,030 (36% women) for risk modifier studies; n=2,220 (34% women) for safety studies | N/A | Pts with NSTE-ACS in RCT of early invasive vs. initial conservative studies including FRISC-II, TACTICS-TIMI-18, GUSTO-IV-ACS, ICTUS, RITA-3, TIMI-IIIb | Those with missing data | Early invasive vs. initial conservative | N/A | Women showed trend toward benefit from early invasive vs. initial conservative at 6 mo and 1 y (death/MI) OR: 0.78; OR: 0.77, respectively), but at 5 y the trend favored initial conservative (1.05; CI: 0.81-1.35); Troponin-positive women benefit from early invasive vs. initial conservative (OR: 0.56; CI: 0.32-0.97) | Increased bleeding in women vs. men in NSTE-ACS pts undergoing PCI (adjusted OR: 3.6; 95% CI: 1.6-8.3) | Early invasive showed benefit (death/MI) over initial conservative in men at 6 m (OR: 0.65; CI: 0.52-0.82; p=0.0002). Results for these at 1y (OR: 0.88; CI: 0.64-1.20); 5 y (OR: 0.91; CI: 0.53-1.56) | N/A | N/A |
| Glaser R, Herrmann HC, Murphy SA, et al. Benefit of an early invasive management strategy in women with acute coronary syndromes. | To determine sex differences in baseline characteristics and outcome in ACS and if women benefit from early invasive strategy | Analyses of data from TACTIC TIMI-18 by gender (multivariable logistic regression of sex as predictor of outcome—prospective | N=2,220 (women =757) | Early invasive =1,114 – Angiography 4-48 h after randomization with PCI/revascularization as indicated | Initial conservative =1,106 – medical therapy – angiography/PCI if recurrent Sx or positive stress test | Pts with NSTE-ACS without contraindications to angiography; pt received ASA (325 mg), UFH, tirofiban | Missing data, lack of follow-up (6 mo and 1 y) | Early invasive =angiography 4-48 h after randomization with PCI/revascularization as indicated | Initial conservative =medical therapy – angiography/PCI if recurrent Sx or positive stress test | Women were older, had more HTN, less Hx CAD, and less positive biomarkers, no difference in TIMI risk score. Women had less severe CAD. Women benefit from early | Women who underwent PCI had higher bleeding rate vs. men (8.3% vs. 2.9%, OR: 3.6, 1.6-8.3). Rates of | For women with NSTE-ACS troponin negative OR: 1.46 (CI: 0.78, 2.72); TIMI Risk 0-2 OR: 1.59 (CI: 0.69-3.67), no | Early invasive vs. initial conservative for MACE Women: OR: 0.45 (95% CI: 0.24-0.88) adjusted for baseline difference Men: OR: 0.6 (95% CI: 0.47-0.88) (p=0.6 for gender interaction) | This subanalysis may not be adequately powered to detect differences among women. |

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| JAMA. 2002;288(24): 3124-9. 12495392 (249) | | RCT of early invasive vs. initial conservative strategy) | | | | | | | | invasive vs. initial conservative in MACE (OR: 0.72; 95% CI: 0.47-1.11) overall but OR: 0.47 (95% CI: 0.26-0.83) for elevated troponin | bleeding and stroke showed in women undergoing CABG no different from men | ST segment changes OR: 1.00 (CI: 0.61-1.65) | | |
| Chen J, Einstein AJ, Fazel R, et al. Cumulative exposure to ionizing radiation from diagnostic and therapeutic cardiac imaging procedures: a population-based analysis. J Am Coll Cardiol. 2010;56:702-11. 20619569 (250) | To determine the cumulative dose of ionizing radiation exposure of cardiac imaging over 3 y | Retrospective, observational. Administrative claims used to identify insured adults undergoing cardiac imaging | N=952,420 enrollees, n=90,121 ≥1 cardiac imaging procedure | Determine cumulative dose-cardiac procedure= myocardial perfusion imaging (CT or PET), cardiac CT, diagnostic cath/PCI, cardiac PET, MUGA, EPS/ablation 2005-7 vs. background radiation level | 3 categories were 3 mSv/y background level of naturally absorbed radiation in the U.S; 3-20 mSv/y, and 20 mSv/y (upper annual limit for occupational exposure for at-risk workers/ 5 y) | Insured adults (18-65) with 3 y data – member 1 of 5 health care markets having ≥1 cardiac imaging procedure | N/A | N/A | N/A | 9.5% underwent having ≥1 cardiac imaging procedure within 3 y. Mean cumulative dose=23.1 mSv (range 1.5 mSv-544 mSv). MPI accounted for 74%; 80/100 rec >3-20 mSv; 3.3/1,000 rec >20 mSv | Myocardial imaging studies account for most of radiation-identifies potential to reduce radiation with alternate imaging | Radiation levels for comparable procedure higher in doctors' office vs. hospital. Higher in men and increasing exposure with age. | N/A | Radiation estimates, insured younger adult population studied, not specific to those with NSTEMI-ACS |
| Einstein AJ, Weiner SD, Bernheim A, et al. Multiple testing, cumulative radiation dose, and clinical indications in patients undergoing myocardial perfusion imaging. | To characterize procedure counts, cumulative estimated effective radiation doses, and clinical indications for pts undergoing MPI | Retrospective cohort study of consecutive pts undergoing MPI –single center-index exam linked to all radiation studies pre (18 y)/post (2 y) follow- | N=1,097 pts with index exam in 2006; (51.5% women) | MPI | N/A | Consecutive inpts and outpts in single center undergoing single-photon emission CT MPI (index procedure) in 2006- EPR linked records 1988-2008 | Radiotherapy procedures excluded | N/A | N/A | Median procedures=15 (IQR 6-32), 4 were high-dose ionizing radiation; 31% received cumulative dose >100 mSv. Multiple MPIs performed on 39% pts, MPI accounted for majority of radiation | N/A | Women underwent more ionizing radiation procedures than men, even excluding mammogram, but cumulative effective-dose higher | Multiple outcomes-doses/types of testing. Multiple MPI performed on individual pats with highest radiation dose associated | Likely underestimation of longitudinal radiation exposure if scans could not be assessed (other institutions, not known); changes in technology over time, some date imputed, single center experience. |

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| JAMA. 2010;304:213-44. 21078807 (251) | | up | | | | | | | | exposure. | | in men. More procedure/dose in White>Blacks and Hispanics | | |
| Einstein AJ, Henzlova MJ, Rajagopalan S. Estimating risk of cancer associated with radiation exposure from 64-slice computed tomography coronary angiography. JAMA. 2007 Jul 18;298(3):317-23. 17635892 (252) | To determine the LAR of cancer incidence associated with 64-slice CTCA radiation exposure and determine influence of age, sex, and scan protocol | Monte Carlo simulation estimation of organ doses from 64 slice CTCA- age and sex-specific LAR of cancer using BEIR VII | N/A | N/A | N/A | N/A | N/A | N/A | N/A | Doses of 8 CTCA protocols given for organs; younger women had a significantly higher LAR of cancer, especially breast and lung, from single CTCA | N/A | N/A | RR of attributable cancer vs. 80 y Male: 20 y Female RR: 23, 40 y Female OR: 11.5, 60 y Female OR: 7.0 for heart scan (slightly higher for heart/aorta scan) | Models for single CTCA scans without shielding |

ACC-NCDR indicates American College of Cardiology National Cardiovascular Data Registry; ACE, angiotensin-converting enzyme; ACS, acute coronary syndromes; ACUITY, Acute Catheterization and Urgent Intervention Triage Strategy trial; ASA, aspirin; AT, antithrombins; BEIR, Biological Effects of Ionizing Radiation VII; CHF, congestive heart failure; CABG, coronary artery bypass graft; CAD, coronary artery disease; CANRACE, Canadian Registry of Acute Coronary Events; cath, catheterization; Cr, creatinine; CrCl, creatinine clearance; CRUSADE, Can Rapid Risk Stratification of Unstable Angina Patients Suppress Adverse Outcomes With Early Implementation of the American College of Cardiology/American Heart Association Guidelines; CT, computed tomography; CTCA, Cancer Treatment Centers of America; DM, diabetes mellitus; EPR, electronic patient record; EPS, electrophysiology study; FRISC, Framingham and Fast Revascularization During Instability in Coronary Artery Disease trial; GDMT, guideline-directed medical therapy; GI, gastrointestinal; GPI, glycoprotein IIb/IIIa inhibitors; GRACE, Global Registry of Acute Coronary Events; GUSTO-IV-ACS, Global Utilization of Streptokinase and Tissue Plasminogen Activator for Occluded Coronary Arteries –IV-acute coronary syndrome trial; HF, heart failure; HTN, hypertension; Hx, history; ICTUS, Invasive Versus Conservative Treatment in Unstable Coronary Syndromes trial ; IQR, interquartile range; LAR, life attributable risk; MACE, major adverse cardiac event; MI, myocardial infarction; MPI, myocardial perfusion imaging; MUGA, Multigated Wall Motion Study; N/A, not applicable; NS, not significant; NSTE-ACS, non–ST-elevation acute coronary syndrome; NSTEMI, non–ST-elevation myocardial infarction; PCI, percutaneous coronary intervention; PET, positron emission tomography; pts, patients; RCTs, randomized controlled trials; RITA, Randomized Trial of a Conservative Treatment Strategy Versus an Interventional Treatment Strategy in Patients with Unstable Angina-3 trial; RBC, red blood count; revasc, revascularization; RR, relative risk; Rx, prescription; Sx, symptom(s); TACTICS, Treat Angina With Tirofiban and Determine Cost of Therapy With an Invasive or Conservative Strategy; TIMI, Thrombolysis In Myocardial Infarction; UFH, unfractionated heparin; and U.S., United States.

Data Supplement 31. Anemia, Bleeding, and Transfusion-Relationship Between Transfusion and Mortality (Section 7.8)

| Study | Aim of Study | Type of Study | Study Size | Patient Population | Primary Endpoint | Outcome | Comments |
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| Alexander KP 2008 18513518 (253) | To describe the association between transfusion nadir HCT and outcome | Post hoc registry analysis | 44,242 | CRUSADE registry of NSTE-ACS pts | Numerous endpoints. Most relevant: adjusted OR for mortality with transfusion for | Adjusted OR: ●HCT ≤24%: 0.67 (0.45-1.02) ●HCT 24.1%-27%: 1.01 (0.79-1.30) | Transfusion only beneficial at HCT ≤24% |

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| | | | | | HCT range | <ul style="list-style-type: none"> •HCT 27.1%-30%: 1.18 (0.92-1.50) •HCT >30%: 3.47 (2.30-5.23) | |
| Yang 2007 17711710 (254) | To assess transfusion patterns and in-hospital outcomes in pts receiving transfusions | Post hoc registry analysis | 74,271 | CRUSADE registry of NSTE-ACS pts | Relevant endpoints: Death and death or MI | Adjusted OR: <ul style="list-style-type: none"> •Death: 1.67 (1.48-1.88) •Death or MI: 1.44 (1.30-1.60) | N/A |
| Rao 2004 15467057 (255) | To determine the association between blood transfusion and mortality in pts with ACS | Post hoc analysis of data from 3 randomized trials | 24,112 | GUSTO-IIb, PURSUIT, and PARAGON pts with ACS | 30-d mortality rates in transfused and nontransfused pts | Adjusted HR: <ul style="list-style-type: none"> •3.94 (3.26- 4.75) | Transfusion associated with increased mortality for Hct >25% |
| Carson 2012 22751760 (256) | Clinical guideline from the AABB on RBC transfusion | Analysis of all randomized trials of restrictive vs. liberal transfusion strategies | 19 trials; 30-d mortality available in 11 trials | Published randomized trials; various pt populations | Numerous endpoints assessed. Most relevant: 30-d mortality | <ul style="list-style-type: none"> •Restrictive transfusion strategy: 6.9% •Liberal transfusion strategy: 8.0% •RR: 0.85 (0.7- 1.03) | N/A |
| Carson 2012 22513904 (257) | Cochrane Database Systematic Review | Analysis of randomized trials of restrictive vs. liberal transfusion strategies | 19 trials | Various trials in context of surgery, acute blood loss/trauma, coronary care unit pts, or leukemia pts | Numerous endpoints assessed. Restrictive transfusion strategy compared to liberal transfusion strategy | <ul style="list-style-type: none"> •Hospital mortality OR: 0.77 (0.62- 0.95) •30-d mortality OR: 0.85 (0.70- 1.03) •MI OR: 0.88 (0.38-2.04) | N/A |

AABB indicates American Association of Blood Banks; ACS, coronary artery syndrome; CRUSADE, Can Rapid Risk Stratification of Unstable Angina Patients Suppress Adverse Outcomes With Early Implementation of the ACC/AHA Guidelines Registry; GUSTO IIb, GUSTO, Global Utilization of Streptokinase and Tissue Plasminogen Activator for Occluded Coronary Arteries trial; HCT, hematocrit; MI, myocardial infarction; N/A, nonapplicable; NSTE-ACS, non-ST-elevation-acute coronary syndrome; PARAGON, Platelet IIb/IIIa Antagonism for the Reduction of Acute Coronary Syndrome Events in a Global Organization Network trial; Pts, patients; PURSUIT, Platelet Glycoprotein IIb/IIIa in Unstable Angina: Receptor Suppression Using Integrilin Therapy; and RBC, red blood cell.

Data Supplement 32. Anemia, Bleeding, and Transfusion Studies for Weight-Based and Renally-Adjusted Dosing of Anticoagulants (Section 7.8)

| Study | Aim of Study | Type of Study | Study Size | Patient Population | Primary Endpoint | Outcome |
|--|--|-------------------------------|------------|----------------------------------|--|--|
| Alexander 2005 16380591 (258) | Investigation of relationship between UFH, LMWH and GPI excess dosing and major outcomes | Exploratory registry analysis | 3,354 | NSTE-ACS pts in CRUSADE registry | Major clinical outcomes and bleeding | Adjusted OR for major bleeding with excess dosing (vs. no excess dosing): <ul style="list-style-type: none"> •UFH: OR: 1.08 (0.94 — 1.26) •LMWH: OR: 1.39 (1.11 — 1.74) •GPI: OR: 1.36 (1.10 — 1.68) |
| Melloni 2008 18657648 (259) | Exploratory analysis of CRUSADE registry examining relation between UFH dosing and bleeding | Post hoc analysis of registry | 31,445 | NSTE-ACS pts in CRUSADE registry | Excess dosing percent; factors associated with excess dosing; major bleeding | <ul style="list-style-type: none"> •Dosing of UFH above recommended weight-based dosing associated with increased major bleeding •Excess bolus OR: 1.03 (1.00 — 1.06) •Excess infusion dosing OR: 1.16 (1.05 — 1.28) |
| LaPointe 2007 17646609 (260) | Exploratory analysis of CRUSADE registry examining relation between enoxaparin dosing and bleeding | Post hoc analysis of registry | 10,687 | NSTE-ACS pts in CRUSADE registry | Inappropriate dosing percent; major bleeding and death | Excess dosing associated significantly associated with increased risk of major bleeding (adjusted OR: 1.43; CI: 1.18 — 1.75) |
| Taylor LA 2012 22170973 (261) | Chart review assessing incidence of bleeding in CKD pts with incorrectly dosed bivalirudin or GPI | Chart review | 199 | Pts undergoing PCI | Incidence and extent of bleeding (TIMI or GUSTO) | <u>Eptifibatide:</u> <ul style="list-style-type: none"> •Incorrectly dosed in 64% •Incorrectly dosed pts experienced more overall bleeding (64% vs. 35%; p=0.04), numerically more TIMI major bleeding (19% vs. 5%; no p value given), and a greater extent of bleeding (p=0.03 for TIMI bleeding and p=0.009 for GUSTO bleeding) |

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| | | | | | | Bivalirudin: <ul style="list-style-type: none"> •Incorrectly dosed in 28% •Bleeding rates (incorrect vs. correct) 37% vs. 21% (p=0.055) •Extent of bleeding greater with incorrect bleeding (p=0.013 for GUSTO bleeding; p=0.058 for TIMI bleeding) |
| Becker 2002 12040334 (262) | Pharmacokinetic/dynamic study of enoxaparin and anti-Xa activity and factors that affect anti-Xa levels | Pharmacokinetic/pharmacodynamic substudy | | TIMI 11A study of ACS pts | Relationship of pt factors and anti-Xa levels | Pts with creatinine clearance <40 mL/min had sig higher trough and peak anti-Xa levels (numerous statistically significant p values for multiple comparisons) |

ACS indicates acute coronary syndrome; CKD, chronic kidney disease; CRUSADE, Can Rapid Risk Stratification of Unstable Angina Patients Suppress Adverse Outcomes with Early Implementation of the ACC/AHA Guidelines Registry; GPI, glycoprotein; GUSTO, Global Utilization of Streptokinase and Tissue Plasminogen Activator for Occluded Coronary Arteries; LMWH, low molecular weight heparin; N/A, not applicable; NSTE-ACS, non-ST-elevation-acute coronary syndrome; PCI, percutaneous coronary intervention; Pts, patients; TIMI, Thrombolysis In Myocardial Infarction; and UFH, unfractionated heparin.

Data Supplement 33. Cocaine and Methamphetamine Users (Section 7.10)

| Study Name, Author, Year | Study Aim | Study Type/ Size (N) | Intervention vs. Comparator (n) | Patient Population | | Study Intervention | Endpoints | | | P Values, OR: HR: RR: & 95 CI: | Adverse Events | Study Limitations |
|---|---|--|--|--|---|---|--|---------------------------|--|---|----------------|--|
| | | | | Inclusion Criteria | Exclusion Criteria | | Primary Endpoint & Results | Safety Endpoint & Results | Secondary Endpoint & Results | | | |
| Potential of cocaine-induced vasoconstriction by beta-blockade Lange RA et al. 1990 1971166 (263) | To determine whether beta-blockade augments cocaine-induced coronary vasoconstriction | Prospective; N=30 | Intracoronary propranolol (n=15) vs. saline (n=15) | Pts referred for coronary arteriogram for chest pain | HTN, recent MI | Quantitative angiography performed before and 15 min after intranasal saline or cocaine; repeat measurements obtained following intracoronary propranolol | Heart rate, arterial BP, coronary sinus blood flow, epicardial left coronary arterial dimensions; Intracoronary propranolol caused no change in BP or heart rate, but decreased coronary sinus blood flow and increased coronary vascular resistance | N/A | None | Decrease in coronary blood flow (p<0.05); increase in coronary vascular resistance (p<0.05) | N/A | Small n; not randomized; intranasal cocaine during catheterization does not apply to real world pts presenting with cocaine induced chest pain; intracoronary propranolol does not pertain to intravenous BB |
| BB associated with reduced risk of MI after cocaine use Dattilo PB et al. 2008 17583376 (264) | Determine if rates of MI increased with BB treatment after recent cocaine use | Retrospective N=348 (60 with recent cocaine use) | BB treatment vs. no BB treatment | Admitted pts with positive urine drug screen for cocaine who received BB | Cardiac markers not obtained; pt on oral BB | N/A | In-hospital MI after BB use; lower incidence of MI after administration of BB | N/A | In-hospital mortality; trend for lower mortality in pts receiving BB | Incidence MI in BB vs. no BB 6.1% vs. 26.0% (95% CI: 10.3% — 30.0%); Mortality 1.7% vs. 4.5% (95% CI: - | N/A | Included pts without ACS Sx (56% with chest pain); retrospective; did not take into consideration time of cocaine use; |

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| | | | | during current hospitalization | | | | | | 1.2% — 6.7% | | did not check serum cocaine levels; urine drug screen only detects pts with cocaine use within 48-72 h. Selection bias as pts receiving BB were older, more frequent Hx of HBP and CHF, higher SBP, and higher glucose levels; mortality mainly due to non-ACS causes |
| BB for chest pain associated with recent cocaine use Rangel C et al 2010 20498415 (265) | Determine if rates of adverse events associated with BB treatment in chest pain pts with recent cocaine use | Retrospective 331 (151 received BB) | BB treatment vs. no BB treatment | Chest pain pts with urine drug screen positive for cocaine | No chest pain; urine drug screen not performed or urine drug screen negative for cocaine | N/A | Death on long-term follow-up of National Death Registry (median 972 d) | N/A | ED BP; Peak Tn levels, ventricular fibrillation/tachycardia, intubation, or vasopressor agents Pts receiving BB had larger decrease in SBP in ED even after adjusting for other anti-HTN agents administered; there were no differences in any of the secondary outcome measures | BB use associated with 70% reduction in risk of CV death (HR: 0.29; 95% CI: 0.09 — 0.98) | N/A | Retrospective; unknown how recent was time of cocaine use; patients treated with BB more likely to be given nitrates in ED which may have ameliorated any cocaine induces spasm; unknown what factors may have influenced clinician to treat or not treat with BB (note: clinicians most commonly were treating pt without knowledge of cocaine use as results of drug screen pending) |
| Benzodiazepines and Nitroglycerine in treatment of cocaine chest pain Honderick T et al 2003 12563578 (266) | To compare the use of lorazepam and nitroglycerine in treatment of cocaine chest pain | Prospective, randomized, single-blinded controlled trial; N=27 | NTG (n=15) vs. NTG + lorazepam (n=12) | Chest pain and self-reported cocaine use in the preceding 72 h | Age >45 y, chest pain duration >72 h, documented CAD, pretreatment with NTG | NTG vs. NTG + lorazepam | Chest pain relief as assessed on a 0- 10 ordinal scale was greatest in the pts treated with the combination of NTG and lorazepam. | N/A | N/A | Kruskal-Wallis testing showed a sig difference in pain relief between the 2 study groups (p=0.003) with greater pain relief noted at 5 and 10 min in the NTG + lorazepam group | None | Small n; none of the pts diagnosed with MI; lorazepam only subgroup not investigated |

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| | | | | | | | | | | (p=0.02 and 0.005 respectively) | | |
| Diazepam, Nitroglycerin, or both for treatment of cocaine ACS Baumann BM et al 2010 10958127 (267) | To compare diazepam, nitroglycerin, or both in treatment of pts with potential cocaine-associated ACS | Randomized double-blinded trial; N=40. | Diazepam (n=12) vs. NTG (n=13) vs. both (n=15) | Chest pain and cocaine use within the preceding 24 h | <18 y age; >60 y age | Diazepam vs. NTG vs. both | Chest pain resolution as measured by a visual analog scale | Chest pain resolution equivalent in all 3 groups | Changes in BP, pulse rate, cardiac output, cardiac index, stroke volume, and stroke index | Hemodynamic parameters equivalent in all subgroups. Outcomes: though not statistically sig, changes in mean arterial pressure for diazepam, diazepam + NTG, and NTG respectively were 2.1, -12.1, and -8.4 mm Hg respectively (p=0.08) | None | Small n; only 3 pts had MI and 5 pts Dx of UA |
| ACS in chest pain pts after amphetamine use 2003 Turnipseed SD et al. 12745036 (268) | Determine frequency of ACS in pts presenting with methamphetamine induced chest pain | Retrospective N=36 visits in 33 pts (3 with CV events) | N/A | Nontraumatic chest pain, positive amphetamine on urine drug screen | Not admitted for MI rule out; abnormal CXR | N/A | ACS defined as MI, ischemia on cardiac stress testing, or $\geq 70\%$ stenosis on cardiac cath | N/A | Cardiac arrhythmias (V-tach, V-fib, SVT) | ACS diagnosed in 9 pt visits (25%; 95% CI: 11%- 48%) 3 pt visits with arrhythmias (8%; 95% CI: 2%- 24%) | N/A | Retrospective; small n; only investigated results in admitted pts and thus ACS rate over-estimated; urine drug testing in admitted pts not done routinely |

ACS indicates acute coronary syndrome; BB, beta blocker(s); BP, blood pressure; CAD, coronary artery disease; CHF, congestive heart failure; CV, cardiovascular; CXR, chest x-ray; Dx, diagnosis; ED, emergency department; HBP, high blood pressure; HTN, hypertension; Hx, history; MI, myocardial infarction; N/A, not applicable; NTG, nitroglycerin; pt(s), patient(s); SBP, systolic blood pressure; SVT, supraventricular tachycardia; Sx, symptoms; Tn, troponin; UA, unstable angina; V-fib, ventricular fibrillation; and V-tach, ventricular tachycardia.

Additional Data Supplement Tables

(These tables were created during the evidence review process but do not support a specific section of recommendations in the guideline. They are provided for transparency and completeness.)

Data Supplement A. Other (Newer) Biomarkers

| Study Name, Author, Year | Study Aim | Study Type/Size (N) | Intervention vs. Comparator (n) | Patient Population | | Study Intervention | Endpoints | | P Values, OR: HR: RR: & 95 CI: | Study Limitations |
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| | | | | Inclusion Criteria | Exclusion Criteria | | Primary Endpoint & Results | Secondary Endpoint & Results | | |
| FRISC-II Wollert 2007 (269) 17848615 | Effect of PGF-15 on ACS outcomes in invasive vs. conservative strategy | Multicenter prospective study (FRISC –II) 2,079 | PGF-15 in intervention vs. conservative treatment outcomes | ACS with criteria for PCI or conservative strategy with PGF-15 levels | Previous heart surgery, PCI within 6 mo, bleeding tendency, high creatinine | PGF-15 with PCI or conservative strategy | 2-y MACE. PGF independently predicted outcomes in conservative strategy only | Occurrence of MACE reduced with PCI with highest PGF-15 levels: 0.49 (0.33-0.73) p=0.001 | 2-y MACE prediction with PGF-15 levels p=0.016 | PGF-15 not independently related to ST depression or Tn levels |
| C-NET Viswanathan 2010 (270) 20513600 | Px value of H-FABP in low-int. risk ACS pts | Prospective observational cohort 955 | H-FABP vs. Tn | Chest pain | Non-cardiac Chest pain. Age <18 y | H-FABP/Tn 12-24 h from Sx onset | Death/MI 12 mo H-FABP predicted outcome after multivariate adjustment | Among Tr-pts, (79% of cohort) high FH-FA bp identify pts at high risk | HR:2.62 (1.30- 5.28) p=0.0007 H-FABP for adverse events ROC 0.79 (0.74- 0.84) ROC TnI 0.77 (0.72- 0.82) | Only 53% of eligible pts enrolled because of timing. Statistical modeling/ adjustment |
| Charpentier 2010 (271) 20078436 | Detection of AMI by H-FABP and IMA | Prospective. observational cohort 677 | H-FABP vs. IMA | Chest pain and suspected NSTEMI | Age <18 y Skeletal muscle injury, trauma, renal impairment. | H-FABP and IMA on admission | Dx NSTEMI IMA not predictor of ACS Dx H-FABP predictor | H-FABP did not add info to std predicted model | IMA OR 1.23 (0.87-1.81) H-GFABP OR 4.65 (2.39-9.04) Sens 96.8% Spec 98.1% | Relatively low enrollment. Some lack of agreement on Dx by 2 physicians. Possible misclassification of UA pts. No serial testing. |
| Haaf 2011 (272) 21531234 | BNP in Dx and risk in chest pain pts | Prospective multicenter 1,075 | BNP vs. TnT | Possible ACS | ESRD with dialysis | BNP and TnT at admission and 1 h, 2 h, 3 h, 6 h | Dx accuracy of BNP for MI lower than Tn | BNP predicted 24 mo outcome more accurate than TnT AUC 0.81 vs. 0.76 p<0.001 | BnP Dx: AUC: 0.74 (0.70-0.78) TnT: 0.88 (0.84-0.92) p<0.001 | Clinical benefit of risk stratification BNP levels linked to factors related to outcome confusing. |
| Keller 2010 (273) 20447532 | Copeptin in Dx of AMI | Prospective multicenter 1,386 | Copeptin vs. TnI | Possible ACS | Trauma, major surgery, IV drug abuse, anemia | Copeptin and TnT on admission | TnT vs. combined C-statistic vs. TnT alone: 0.93 vs.0.84 | C-statistic within 3 h chest pain combined 0.90 T alone 0.77 | Combination of copeptin and TnT superior to all single or other marker detm. | Using Tn for Dx might favor tested Tr compared with copeptin |

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| | | | | | | | | p<0.001 | (myocardial, CK-MB, BNP) | |
| Peacock 2011 (274) 22093206 | MPO for Dx of AMI | Prospective multicenter 1,018 | MPO vs. TnI | Possible ACS <8 h Sx | <18-y non-cardiac chest pain | MPO and TnT on admission | Using 90% spec. cutpoint MPO had insufficient accuracy | MPO C-statistic: ACS vs. NCCP 0.623 AMI vs. NCCP 0.666 | MPO sens 18% -PV 69%, +PV 0.47 to diff ACS from non-cardiac chest pain. | Spectrum bias Physician Dx bias Differing local Tn platforms |
| Iversen 2009 (275) 19932776 | PAPP-A as risk marker in ACS | Prospective cohort 123 NSTEMI | PAPP-A vs. std Dx (TnT) | Possible ACS NSTEMI | STE-ACS (evaluated separately) | PAPP-A on admission and every 6 h to 8 h | Risk for MI and death 2.66 y to 3.47 y PAPP-A related to risk for both in NSTEMI | N/A | PAPP-A risk MI p=0.02 Death p=0.03 Multivariable: combined risk 2.65 (1.40-5.03) in NSTEMI | Long time between sample collection (6 h to 8 h) |
| RISCA Bogaty 2008 (276) 18549920 | CRP in pred 1-y outcome in ACS | Prospective cohort 1,210 | CRP No comparator | Dx of UA or AMI | Transfer from other hospital | CRP on admission discharge and 1 mo later | MACE at 1-y multivariate analysis: NS predictability | NS pred of UA, MI, or death individually | Adjusted OR for MACE admission: 1.04 (0.91-1.14) Discharge: 0.90 (0.77-1.06) 1 m. 1.12 (0.93-1.34) | Not stated |
| Kuch 2008 (277) 18940277 MONICA/KORA | CRP and TnT in short term Px in NSTEMI | Prospective cohort 697 NSTEMI (612 with STEMI) | CRP vs. Tn in 28-d mortality event | Dx of NSTEMI | STEMI separately evaluated | CRP and TnT on admission | Multivariate analysis Both CRP+ and TnT+ showed pred of 28 d mortality | In NSTEMI CRP+ but not Tr+ pred mortality: 4.59 (1.68 — 12.5) vs. 1.75 (0.55 — 5.54) | Tr+ OR 1.99 (1.15-3.44) CRP+ OR 2.05 (1.09-3.84) For 28-d mortality prediction | Possible CRP influenced by larger myocardial necrosis or longer prehospital delay |
| Schaub 2012 (278) 22205695 | GDF-15 in early Dx and risk in AMI | Prospective multicenter 646 | GDF-15 vs. TnT and BNP | ACS Sx | ESRD | Assays on admission to ED | ROC for MIAUC GDF-15 0.69 Hs-TnT 0.96 BNP 0.74 | GDF-15 pred 26-mo mortality >TnT and BNP | 26-mo mortality AUC GDF-15: 0.85 TnT: 0.77 p=0.002 BNP: 0.75 p=0.007 | Clinical benefit of imp. risk strategy |
| Mega 2008 (279) 18565400 | Px of TpP in ACS | Prospective multicenter 2,349 with ACS | TpP+ vs. TpP- in predicted. Compared with Tn | NSTEMI UA | STEMI evaluated separately | Assay at median 40 h from presentation | 10-mo MACE TpP significant pred risk for comparative events as well as death or MI | Weak correlation of TpP with TnI, BNP, and Hs-CRP R<0.15 for each | HR for MACE: 1.45 (1.20-1.95)<0.001 adjusted for Cl. characteristic and other biomarkers: 1.51 (1.19-1.91) <0.001 | TpP not measured at presentation Possible that study median inflated TpP levels |
| Saraf 2010 (280) 20447533 | Px significant of ETA in ACS | Prospective cohort 300 with ACS on dual | Use of GTT | ACS | Sepsis, malignancy blood, Dyscrasia, anticoagulant | Assay time not stated Evaluation OT and LT | 12-mo death, MI, or stroke by LT pred MACE and CV death | No correlation between OT and MACE | LT predicted MACE: 2.52 (1.34-4.71)=0.004 | Antiplatelet effects of ASA and Clopidogrel. Heparin effects. |

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| | | antiplatelet therapy | | | | | | | CV Death: 4.2 (1.13-15.62)=0.033 | Diurnal variation of TpP |
| Body 2010 (281) 21167826 | Effect of P-selectin on Dx of AMI and risk | Prospective cohort 713 | P-selectin vs. TnT with 5 other novel biomarkers | Suspected ACS | Chest trauma, ESRD, pregnancy, prisoners | Assay time at present. for P-selectin | Only P-selectin and PAPP-A Dx AMI | 30-d MACE prediction: only P-selectin 1.84 (1.1-3.1) <0.001 | C-statistic for MI P-selectin: 0.68 (0.63-0.73) PAPP: 0.57 (0.51-0.63) | No serial evaluation |
| Wang 2007 (282) 16887214 | Presence of PMAs and other novel biomarkers in ACS | Prospective cohort 132 74 ACS 58 SAP | PMAs and other novel biomarkers | ACS SAP | Renal, hepatic, hematologic, immunologic disorders | Assay at presentation included IL-6, IL-8, MCP-1, sCD40L | Pts with ACS have higher levels of PMAs compared with SA | PMA, CRP, IL-6 Each confer risk for ACS | Regression analysis ACS and biomarkers PMA 1.33 (1.05-1.68) CRP 2.64 (1.01-6.89) IL-6 1.03 (1.001- 1.06) | Small observational study |

ACS indicates acute coronary syndrome; ACS NSTEMI, acute coronary syndrome non-ST elevation; AMI, acute myocardial infarction; ASA, aspirin; AUC, area under the curve; BNP, B-type natriuretic peptide; BP, blood pressure; CK-MB, creatine kinase-MB; CRP, C-reactive protein; CV, cardiovascular; Dx, diagnosis; ED, emergency department; ESRD, end stage renal disease; ETA, End Thrombosis Act; FRISC, Fragmin During Instability in Coronary Artery Disease; GDF-15, growth differentiation factor-15; GTT, global thrombosis test; H-FABP, heart fatty acid-binding protein; hs-CRP, high sensitivity C-reactive protein; hs-TnT, high-sensitivity troponin T; IL, interleukin; IMA, ischemia-modified albumin; IV, intravenous; LT, lysis time; MACE, major adverse cardiac events; MCP, monocyte chemoattractant protein; MI, myocardial infarction; MPO, myeloperoxidase; N/A, not applicable; NS, not significant; NSTEMI, non-ST elevation MI; NCCP, non-cardiac chest pain; OT, occluded time; PAPP-A, pregnancy-associated plasma protein A; PCI, percutaneous coronary intervention; PMA, platelet-monocyte aggregates; Pts, patients; Px, prognosis; ROC, receiver operator curve; SA, stable angina; SAP, stable angina pectoris; sCD40L, soluble CD40 ligand; Sens, sensitivities; Spec, specificities; Std, standard; STE-ACS, ST-elevation acute coronary syndrome; Sx, symptoms; Tn, troponin; TnI, troponin I; TnT, troponin T; TpP, thrombus precursor protein; and UA, unstable angina.

Data Supplement B. Other Anticoagulants

| Study Name, Author, Year | Aim of study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
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| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| Oldgren 2011 (283) 21551462 RE-DEEM | Safety and efficacy of dabigatran in ACS | Multi-center Prospective Dose Escalation trial | 1,861 on dual platelet therapy | Dabigatran bid. 50 mg 369 75 368 110 406 150 347 | PC 371 Both groups ASA and clopidogrel | AMI <14 d Dual antiplatelet therapy at least 1 risk factor for CV complications | Severe stroke Bleeding diathesis Recent GI ulcer Uncontrolled HTN Anemia Recent fibrinolytic agents | 4 doses of dabigatran for 6 mo | PC | 6-mo bleeding Dose dependent Increase with Dabigatran Sig with 110 mg and 150 mg dose | 3.8% PC pts had stroke, MI, or death vs., 3.0%-4.9% Dabigatran (not dose related) | Dabigatran reduced D-dimer in all dose groups | Bleeding Dabigatran vs. Warfarin Significant: Dabigatran 110 mg: 3.92 (1.71,8.95) Dabigatran 150 mg 4.27 (1.86,9.81) | Dose-dependent increase in bleeding significant at 110 and 150 mg qd Dabigatran. |
| Uchino 2012 (178) 22231617 | AMI risk with dabigatran | Meta-analysis of 7 trials | 30,514 | Dabigatran 20,001 | Warfarin 7,357 Enoxaparin | RCTs including stroke, AFIB, | Not stated | Dabigatran 6-10 d 28- 35 d | Warfarin, enoxaparin, or PC | Risk of ACS with Dabigatran higher than control | Not analyzed | Dabigatran risk with exclusion of | Dabigatran risk : 1.33 (1.03,1.71) p=0.03 | Dominant effect of RE-LY trial on results of |

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| | | | | | 2,851 Or PC 371 | ACS, DVT, acute embolus | | 12 wk 6 mo | | group. Risk similar when eliminating short-term trials. | | short-term trials: 1.33 (1.03 — 1.72) p=0.03 | | meta-analysis. MI events few and infrequent in other studies. |
| APPRAISE 2009 (284) 19470889 | Safety and efficacy of apixaban in ACS | Multicenter prospective trial | 1,715 | Apixaban 2.5 bid 317 10 qd 318 10 bid 248 20 qd 221 (611 total) | PC 611 | MI within 7 d with at least 1 additional risk factor for recurrent events | Planned PCI ASA allergy Significant. HTN Bleeding diathesis Recent stroke Pericardial effusion | 1 of 4 doses of apixaban 26-wk follow-up on ASA | PC On ASA | Clinically relevant bleeding: Apixaban increased bleeding at 10 mg qd | Similar liver enzyme elevations Apixaban and PC | Apixaban 2.5 mg bid and 10 mg qd trend toward decreased ischemic events | Bleeding with 10 mg 2.45 (1.31 — 4.61) p=0.005 Reduced ischemia 0.61 (0.35 — 1.04) p=0.07 | One intracranial hemorrhage with apixaban. 2 higher-dose Apixaban arms discontinued because of excess bleeding. |
| Alexander 2011 (179) 21780946 | Risk of events with Apixaban in ACS | Multicenter prospective trial | 7,392 | Apixaban 3705 | PC 3687 | Median 6 d after ACS with significant risk factors: prior MI, DM, HF | Planned PCI, ASA allergy, Significant HTN Bleeding diathesis Recent stroke Pericardial effusion | Apixaban 5 mg bid Median follow-up 241 d ASA | PC ASA | MACE: NS difference between apixaban and PC | Trial stopped because of major bleeding with apixaban | Bleeding Apixaban vs. PC 1.3% vs. 0.5% 2.59 (1.5,4.46) p=0.001 | MACE: Apixaban vs. PC. 0.95 (0.80- 1.11) p=0.051 | Only high-risk pts. No pts undergoing revascularization. |
| RUBY-1 Steg 2011 (285) 21878434 | Safety and tolerability of darexaban | Multicenter prospective trial | 1,258 | Darexaban Multiregimen 939 5 mg bid 10 mg qd 15 mg bid 30 mg qd 30 mg bid 60 mg qd | PC 319 | ACS <7 d from event | Bleeding diathesis Planned PCI Recent stroke Renal or hepatic Insufficiency Allergy to study drug | One of 6 regimens Darexaban 26-wk follow-up | PC 26 wk | Bleeding numerically higher in all darexaban arms than PC. Dose response effect | Safety was primary outcome | SI Increase in efficacy outcomes Darexaban 5.6% PC 4.4% | Pooled bleeding rate for darexaban: 2.275 (1.13- 4.60) p=0.022 Dose response: 6.2,6.2,9.3% Sig for 30 bid p=0.002 | Limited power for efficacy. Only relevant with dual platelet treatment |
| ATLAS ACS-2 TIMI-51Mega 2012 (180) 22077192 | CV outcomes with Rivaroxaban in ACS | Multicenter prospective trial | 15,526 | Rivaroxaban 2.5 mg bid (5,174) Rivaroxaban 5 mg bid (5,176) | PC (5,176) | ACS <7 d from event | Low platelet count Low hematocrit Renal dysfunction Recent GI bleed Hx of intracranial bleed | 1 of 2 rivaroxaban regimens Mean 13 mo follow-up | PC Mean 13mo follow-up | MACE Rivaroxaban lower than PC | Increased major bleeding 2.1% vs. 0.6% p<0.01 | Decreased total mortality 9.2% vs. 11.0% HR:0.84 (0.74- 0.95)p=0.006 | Primary endpoint 8.9% vs. 10.7% 0.84 (0.74, 0.96) 9=0.008 2.5 mg dose CV death 2.7% vs. 4.1% p=0.002 Total mortality: 6 | Increased major bleeding unrelated to CABG Large missing data |

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| | | | | | | | Stroke/TIA with antiplatelets | | | | | Reduced stent-throm 0.69 (0.51, 0.93) p=0.002 | 2.9% vs. 4.5% p=0.002 | |
| Meta-analysis 2012 (7) | Bleeding, outcomes in ACS | Meta-analysis | 31,286 | Apixaban Dabigatran Darexaban Rivaroxaban Ximelagatran | PC or warfarin | ACS (4-71%) <6 to <14 d from event | Trials of parental AC, VKA | OAC with antiplatelet 6-31 mo | Antiplatelet with PC or warfarin | Increase major bleeding: Decrease stent thrombosis, ischemic events, no difference in overall death, net clinical benefit | Major Bleeding 3.03 (2.20-4.16) <0.01 | Net clinical benefit 0.98 (0.90-1.06) Ischemic events 0.73 (0.63-0.84)<0.001 Mortality 0.90 (0.76-1.06) Stent thrombosis 0.73 (0.54-0.98) | Mixed clinical conditions Only 58% (avg) ACS <pst;y PC but also warfarin control Ximelagatran no longer active Newer antiplatelet drugs not adjuncts | |

ACS indicates acute coronary syndrome; AMI, acute myocardial infarction; ASA, aspirin; AFIB, atrial fibrillation; bid, twice daily; CABG, coronary artery bypass graft; CV, cardiovascular; DM, diabetes mellitus; DVT, deep vein thrombosis; GI, gastrointestinal; HF, heart failure; HTN, hypertension; Hx, history; MACE, major adverse cardiovascular events; MI, myocardial infarction; NS, nonsignificant; OAC, oral anticoagulant; PC, placebo; PCI, percutaneous coronary intervention; Pts, patients; qd, daily; RE-LY, Randomized Evaluation of Long-Term Anticoagulant Therapy; RCT, randomized controlled trial; TIA, transient ischemic attack; and VKA, vitamin K antagonist.

Data Supplement C. Lipid Management

| Study Name, Author, Year | Aim of study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
|--|--|------------------------|----------------|------------------------------|-----------------------------|--|--------------------|--------------------|----------------------|--|---|--|---|---|
| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| Cannon 2006 (286) 15687136 | Efficacy of high dose vs. standard dosing for CV | Meta-analysis 4 trials | 27,548 | High-dose statin 13,798 | Standard-dose statin 13,750 | Stable CAD or ACS Intensive vs. standard statin >1000 pts each | Not stated | High-dose statin | Standard-dose statin | High dose produced a significant 16% reduction in coronary death or MI Significant 16% reduction in | High-dose: Rhabdomyolysis 0.13% A to Z trial CK>10x ULN 0.15% PROVE-IT AST or ALT | Trend toward decreased CV mortality with high dose p=0.054 | Coronary death or MI 0.84 (0.77- 0.91) p<0.00001 Coronary death or CV events 0.84 (0.80- 0.89) p<0.0000001 | Underpowered for CV death and total death. Different duration and treatments. No individual pt data. No evaluation of benefit from statin or LDL-C level. |

| | outcome | | | | | | | | | coronary death or any CV event | 3× ULN: 3.3% PROVE-IT | | | |
|---|--|---------------------------------|--------|---|--|--|--|--|-----------------------|--|---|---|---|--|
| Spencer 2007 (287) 17826369 GRACE | Use of statin at hospital discharge with ACS | Registry Retrospective analysis | 8,492 | Statin use with LDL-C <100 mg/dL or ≥100 mg/dL at discharge 5,710 | No statin at discharge 2,782 | ACS | ACS not precipitated by non-CV comorbidities | Statin use with LDL-C <100 or ≥100 mg/dL | Control | LDL levels <100 55% receiving statin at discharge LDL levels >100 72% receiving statin at discharge | N/A | Statin at time of discharge associated with MACE reduction 0.76 (0.63,0.93) | Statin at time of discharge associated with 6-mo total mortality 0.66 (0.51- 0.85) | 6-mo statin use by pt self-report No info on statin types or dosages |
| Robinson 2009 (288) 19161879 | Non-HDL-C reduction and CV risk | Meta-analysis 30 trials | 11,254 | Non-HDL-C change 14 statin 100,827 7 fibrate 21,667 6 niacin 4,445 3 others 5,102 | Change in risk | Randomized PC or active control trials | <2-y trial No serious non-CV disease | Change in lipid level | Change in risk | Statins: each 1% Decrease in non-HDL-C decreased 4.5-y RR by 1% (0.98-1.00) | N/A | Fibrate and niacin models also had a 1:1 relation between non-HDL-C reduction and risk reduction | Fibrate trials vs. statin trials no different results Bayes factor K=0.49 Moderate different effect on non-HDL-C niacin vs. statin Bayes factor K=7.43 | Lack of access to pt data Unknown method of endpoint adjudication. No info on fibrates=statins. |
| Hulten 2008 (289) 17000936 | Effect of statin therapy in ACS | Meta-analysis 13 trials | 17,963 | Early statin in ACS Approximately 50% | No statin, PC or usual care Approximately 50% | Statin <14 d of hospitalization for ACS | Standard attain dose | Intensive statin | PC or standard statin | 2-y rate of death and CV events reduced with intensive statin therapy | Comparable tolerability for intensive statins and control. Only 3 cases of rhabdomyolysis. PROVE-IT: 3.3% hepatitis in high-dose GP. | Pooled 2-y HR For intensive statin therapy MI 0.89 (0.60,1.33) Ischemia 0.68 (0.50-0.92) CV death 0.76 (0.66=0.87) | Rate of death and CV events reduction: 0.81 (0.77 — 0.87) p<0.001 | Sig. statistical heterogeneity. Limited trials available. Not a pooled analysis. Adverse effects under safety box. |
| Sattar 2007 (290) 20167359 | Risk of DM with statins | Meta-analysis 13 statin trials | 4,278 | Statin use 2,226 | No statin 2,052 | Statin Trials with >1 y follow-up in both treatment groups | Mean follow-up ≤1 y | Statin | No statin | Statin therapy was associated with a 9% increased risk of incident DM with little | Aside from DM risk, not available | Lipophilic Statins risk: 1.10 (0.99=1.22) Hydrophilic Statins risk: | DM risk: 1.09 (1.02 — 1.17) PC controlled trials: 1.10 (1.01 — | Varied methods of dx of DM. HRs not available in all trials. In 2 trials Dx based on physician reporting rather than biochemical analysis. |

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| | | | | | | | | | | heterogeneity (11%) between trials | | 1.08 (0.98-1.20) | 1.20) | Nonstandard criteria for Dx of DM in some studies. |
| Javed 2010 (291) 21146668 GWTG | Discharge intensive LLT in ACS | Retrospective database analysis | 65,396 | Intensive LLT regimen likely to cause >50% LDL reduction 25,036 | Less intensive LLT regimen 40,360 | ACS related hospitalization with LLT | Left against medical advice discontinued care Discharged to nonparticipating facility | Intensive LLT regimen | Less intensive LLT regimen | Mostly AMI pts at discharge 38% received intensive LLT and 62% less intensive LLT | N/A | Factors associated with lack of LLT Female sex Increased age Dialysis (Multivariate 95% CI<1.00) | Factors associated with intensive LLT: LLT prior to admission PCI with stent Known CAD on admission PVD Prior MI (Multivariate 95% CI>1.00) | Discharge LLT dosing data not available on 50% of pts. Performance feedback in GWTG hospitals may influence pt care giving higher rates of LLT than general hospitals. Change in LLT dosing after not available. |
| Baigent 2010 (292) 21067804 CTT | Efficacy and safety of intensive LDL-C decrease | Meta-analysis 26 trials | 165,138 | More intensive 19,829 5 trials Statin 64,744 21 trials | Less intensive 19,783 Control 64,782 | Main effect of trial to lower LDL-C 1000+ pts >2 y follow-up treatment | Lack of trial eligibility criteria | Intensive LLT regimen | Less intensive LLT regimen | MACE reduction in 4.8 y by intensive LLT 15% | No further adverse effects from lowering cholesterol including cancer risk | Reduction in revasc 19% (15-24) p<0.0001 Ischemic stroke 16% (5-26] p=0.005 | MACE reduction by intensive LLT 15% (11-18) <0.0001 Major vascular events 13% 97-19) <0.0001 Total mortality 10%/1 mmol/L LDL-C Reduction 0.90 (0.87 — 0.93) | Nonsignificant excess of hemorrhagic stroke with lowering cholesterol p=0.2 |
| Boekholdt 2012 (293) 22453571 | RRs of lipid values in statin treatment | Meta-analysis 8 trials | 38,153 | Statin therapy | Risk with 1 SD increase in LDL-C non-HDL-C apoB | Trials with serial evaluation of TC, LDL-C, HDL-C, TG >2 y followup 1000+ participants | Lack of trial eligibility criteria | LDL-C HDL-C Apo B during statin Rx | RRs for values | Adjusted HR for major CV events Per 1-SD increase 1.16 non-HDL-C 1.14 apoB 1.13 LDL-C | N/A | HRs higher for non-HDL-C than LDL-C p=0.002 and apo B p=0.02 | Adjusted HR per 1-SD increase non-HDL-C :1.16 (1.12,1.19) apo B 1.14 (1.11 — 1.18) LDL-C 1.13 (1.10 — 1.17) | Fatal CV events occurring in the 1 st y of therapy not accounted for. Participating trials had different inclusion criteria. |
| Mora 2012 (294) 22461416 | CV risk in statin treated pts | Retrospective evaluation of a multicenter | 9251 | High-dose statin 80 mg Atorvastatin Approximately | Low-dose statin 10 mg Atorvastatin Approximately | CAD | TG>600 mg/dL Unstable CAD | High-dose atorvastatin | Low-dose atorvastatin | Multivariable detection of increased residual risk Older age | Decreased residual risk: High-dose statin Aspirin use | Known baseline variables performed moderately | Residual increased risk: HTN 1.38 (1.17,1.63) DM 1.33 | Excluded patients >130 mg/dL on Atorvastatin 10 mg, study was observational, novel risk factor data not available for |

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| | | nter trial | | y 50% | 50% | | | | | Increased BMI Male sex HTN DM Apo B BUN | Apo A1 | well in discriminatin g future cases Harrell c index=0.679 | (1.11,1.60) Male 1.33 (1.07,1.65) Age 1.13 (1.04,1.23) Apo B 1.19 (1.11,1.28) BUN 1.10 (1.03,1.17) BMI 1.09 (1.02,1.17) | the entire study group |
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A to Z indicates Aggrastat to Zocor; ACS, acute coronary syndrome; ALT, alanine aminotransferase; AMI, acute myocardial infarction; Apo A, Apolipoprotein A; Apo B, Apolipoprotein B; AST, aspartate aminotransferase; BMI, body mass index; BUN, blood urea nitrogen test; CAD, coronary artery disease; CV, cardiovascular; DM, diabetes mellitus; Dx, diagnosis; GP, glycoprotein; GWTG, Get With the Guidelines; HDL-C, high density lipoprotein cholesterol; HR, hazard ratio; HTN, hypertension; LDL-C, low-density lipoprotein cholesterol; LLT, lipid lowering therapy; MACE, major adverse cardiovascular events; N/A, not available; PC, placebo; PCI, percutaneous coronary intervention; PROVE-IT, Pravastatin or Atorvastatin Evaluation and Infection Therapy; Pts, patients; PVD, peripheral vascular disease; Revasc, revascularization; Rx, prescription; Sig, significant; TC, total cholesterol; TG, triglyceride; and ULN, upper limit of normal.

Data Supplement D. Blood Pressure Control

| Study Name, Author, Year | Aim of study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Study Intervention | Study Comparat or | Endpoints | | | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
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| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| Nissen 2004 (295) 15536108 CAMELOT | Antihypertensive agents on CV events in CAD and normal BP | Multicenter prospective study | 1991 274 IVUS | Amlodipine 663 Enalapril 673 IVUS substudy: Amlodipine 91 Enalapril 86 | PC 655 IVUS substy: 95 | Angiog.Doc. CAD Age 30- 79 DBP<100 BB, a1 blockers, Diuretics permitted | Left main CAD LVEF<40% Moderate or severe CHF >79 y | Amlodipine 10 mg or Enalapril 20 mg + IVUS Substudy 24-mo follow-up | PC | CV events in 24 mo/CV events in fewer Amlodipine vs. PC Substyd: No athero. Px in amlodipine Trend toward Px in Enalapril, progression in PC p<0.001 | BP baseline 129/78 Decreased by 4.8/2.5 mm in Amlodipine, 4.9'2.4 in Enalapril increased in PC p<0.001 vs. Amlodipine and Enalapril | Individual components of primary and 2° endpoints showed trend toward fewer events with enalapril | CV events: Amlodipine: 16.6% 0.69 (0.54 — 0.88)=.003 Enalapril:20.2% 0.85 (0.67 — 1.07)=.16 NS diff between Enalapril and Amlodipine 0.81 (0.63 — 1.04)=.10 | Amlodipine D/ced for edema in 5.0%. Enalapril D/C for cough in 3.9% HTN in 3.2% PC, 2.2% amlodipine, 9.5% enalapril. Limitations: extended composite endpoint, modest sample size, CIs around point estimates relatively large. |

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| Messerli 2006 (296) 16785477 | Low BP with adverse events in CAD | Multictr Ad hoc analysis | 22576 | BP reduction Sustained Rel. verapamil or atenolol | Outcome | Stable pts with CAD and hypertension | MI within 3 mo and Class IV or V CHF | Verapamil Purpose was to evaluate BP with outcomes, not compare agents | Atenolol | All-cause death and total MI 2.7 y/pts J-shaped curve Nadir at 119/84 | Lowest outcome 120-140 systolic 70-90 diastolic | DBP Nadir for MI: 70-90 mmHg Nadir for stroke 70-90 mmHg | Primary outcome 18% vs. 9% SBP 110 vs. 120-130 32% vs. 8% DBP 60 vs. 80-90 No p values provided | 2° analysis, limited to hypertensive pts with stable CAD. |
| PROVE-IT TIMI 22 Bangalore 2010 (297) 21060068 | BP control and adverse events in ACS | Multicenter prospective study Ad hoc analysis | 4162 | BP level reached | Outcome MACE | ACS within 10 d Randomly assigned to Pravastatin or atorvastatin | Not stated | Pravastatin 40 mg Purpose was to evaluate BP with outcome, not to compare agents | Atorvastatin 80 mg | Composite MACE SBP followed a J- or U-shaped curve Risk Nadir: 136 mmHg systolic 85 mmHg diastolic HR 49% vs. 13% SBP<100 vs. 130-140 HR 46% vs. 15% DBP<60 vs. 80-90 | Significant increased risk for outcomes As SBP decrease below 110 systol. or 70 diastolic | CAD death, nonfatal MI or revasc Similar J- or U-shaped curve. For SBP/DBP X ² =37, <0.0001 X ² =47, <0.0001 respectively | Risk for 1° outcome increased 4.9 fold with SBP<100 vs. 130-140 mmHg 136 mmHg had lowest event rate by Cox model on a continuous scale X ² =49, p<0.0001 | Ad hoc analysis limited to pts studies for lipid evaluation. Not adjusted for many confounders nor dosages of antihypertensive agents received. Cannot determine whether SBP, DBP, or mean BP is main risk |
| Cooper-DeHoff 2010 (298) 20606150 INVEST | Effect of tight BP control in CAD and diabetes | Observational substudy of multicenter clinical trial | 6400 | Tight BP control BP 130/85 | Usual BP control | Stable CAD and hypertension with diabetes | Not stated | Tight BP control Verapami/trandolapril 16,893 patient/y of follow-up | Usual BP control | Composite MACE Usual control vs. uncontrolled 12.8% vs. 19.8% Tight vs. usual Control : NS diff. 12.6% vs. 12.7% | Extended analysis follow-up indicated increased risk with tight BP control | Mortality: 11.0% vs. 10.2% Tight vs. Usual 1.20 (0.99-1.45) p=0.06 Extended follow-up 1.15 (1.01-1.32) p=0.04 | Tight vs. usual control MACE Usual control: 1.11(0.93-1.32)= 24 | Post hoc analysis. No randomization for different BP groups. Data only applied to CAD pts with diabetes. |

1° indicated primary; 2°, secondary; ACS, acute coronary syndrome; BP, blood pressure; CAD, coronary artery disease; CHF, congestive heart failure; CV, cardiovascular; DBP, diastolic blood pressure; IVUS, intravascular ultrasound; LVEF, left ventricular ejection fraction; MACE, major adverse cardiovascular events; PC, placebo; Pts, patients; Px, prognosis; and SBP, systolic blood pressure.

Data Supplement E. Diabetes Mellitus

| Study Name, Author, Year | Aim of study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | Study Intervention | Study Comparator | Endpoints | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
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| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
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| DIGAMI Malmberg 1999 (299) 10338454 | Glyco-metabolic state in DM in ACS and mortality risk | Multicenter prospective study | 620 | Intensive Insulin 306 | 314 Routine diabetic therapy | DM with AMI <24 h | Not stated | Intensive insulin-glucose infusion, then sc insulin 3.4-y follow-up | Regular DM coverage | Mortality 33% died in intensive group, 44% in regular group | Admission body weight, HbA1c, pulmonary rates, heart rate were all independently linked to hyperglycemia p<0.001 0.0001 | Admission blood glucose HbA1c were independent predictors of mortality | Long-term mortality reduction Intensive vs. regular 28% (8-45%)p=0.011 No prior insulin and low CV risk: reduction 51%(19-70)=0.004 | No indication whether increased use of insulin or decreased use of sulfonylureas decreased risk. |
| Diabetes Prevention Program Research Group Knowler 2002 (300) 11832527 | Effects of treating elevated glucose on development of DM | Multicenter prospective study | 3234 | Metformin 1,073 Or lifestyle modification 1,079 | PC 1,082 | 25 y or older BMI ≥24 FBS 95-125 Or 140-199 2-h global thrombosis test | Glucose tolerance affects medications Short life expectancy | Metformin 850 mg bid Or lifestyle Int. to reduce weight and increase exercise | PC or lack of lifestyle intervention | Incidence of DM 2.8-y follow-up Cases/100 pat-y PC 11.0 Metformin 7.8 Lifestyle 4.8 | Hospitalizations and deaths NS different among groups GI sx p<0.0167 metformin vs. PC | Average weight loss PC 0.1 kg Metformin 2.1 kg Life 5.6 kg p<0.001 v. Metformin and PC | Reduced incidence vs. PC Lifestyle: 58% (48 — 66) Metformin 31 (17 — 43) Lifestyle vs. metformin 39%[24-51%] | GI Sx highest in metformin group and musculoskeletal highest in lifestyle GP Incidence of DM in PC group higher than anticipated |
| Suleiman 2005 (301) 15699267 | Fasting glucose and 30-d mortality in AMI | Prospective cohort observational study | 735 | Fasting glucose | Admission glucose | Non-DM AMI <24 h | >24 h from Sx onset, inflammatory disease, surgery or trauma preceding mo | Fasting blood glucose | Admission blood glucose | 30-d mortality compared with FBG <110, adjusted 30 d-mortality increased with increasing tertile of FBG | 30-d death and heart failure vs. normal FBG: Impaired FBS: 2.6 (1.3-5.0)=0.004 FBS ≥126: 5.8 (2.2 — 10.3) <0.0001 | 30 d-mortality compared with normal AG and FG Elevated FG and AG: 9.6 Elevated AG and Normal FG 3.4 | 30-d mortality by tertile vs. normal FBS 1 st : 4.6 (1.7 — 12.7) P=0.003 2 nd : 6.4 (2.5 — 16.6) P<0.0001 3 rd : 11.5 (4.7 — 20.0) P<0.0001 | Did not attempt to evaluate for undiagnosed DM Significant overlap in HbA1c levels in AMI in known or newly diagnosed DM and no DM |
| Sinnaeve 2009 (302) 19237725 GRACE | Elevated FBS in ACS and | Multicenter retrospective | 13,526 | Range of FBS | In-hospital and 6-mo mortality | ACS | Noncardiac chest pain | Admission and FBS 6-mo follow-up | Mortality in-hospital 6 mo | Higher FBS associated with graded in-hospital and 6-mo | Major bleeding complications increased with | 6-mo death: FBS <100 vs. 100- 125 | 6 mo-mortality: FBS 126 — 199 mg/dL 1.71 (1.25 — | Retrospective analysis, unmeasured variables not accounted for, hospital glucose levels may not |

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| mortality | study | | | | | | | | | mortality. 6 mo sig higher with FBS above 125 mg/dL vs. <100 mg/sL | higher FBS. Stroke level unrelated to glucose level. | NSTEMI: 4.66 vs. 7.14% UA: 2.56 vs.2.28 | 2.34) FBS≥300: 2.93 (1.33 — 6.33) But not 200 — 299: 1.08 (0.60 — 1.95) | reflect “true” glucose levels. Because of glucose infusions, some FBS levels might not have been truly fasting levels. |
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ACS indicates acute coronary syndrome; AG, admission glucose; AMI, acute myocardial infarction; bid, twice daily; CV, cardiovascular; DM, diabetes mellitus; FBG, fasting blood glucose; FBS, fasting blood sugar; FG, fasting glucose; GI, gastrointestinal; GP, glycoprotein; HbA1c, Hemoglobin A1c; NS, nonsignificant; NSTEMI, non-ST-elevation myocardial infarction; PC, placebo; Sig, significant; Sx, symptom; and UA, unstable angina.

Data Supplement F. Smoking Cessation

| Study Name, Author, Year | Aim of study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: HR: RR & 95% CI: | Study Limitations & Adverse Events |
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| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| Daly 1983 (303) 6409291 | Persistence of smoking cessation after ACS | Prospective cohort study | 498 | Smoking cessation 217 Nonsmokers at entry and follow-up 147 | Continued smoking 157 | Survived 1 st attack of ACS by at least 28 d | Nonsmokers at entry who started to smoke died within 2 y of entry. | Follow up by life tables for 13 y beyond 2 y survival stopped smoking | Continued smoking | Mortality 13-y life tables beyond 1 st 2 y from ACS Stopped smoking vs. continued smoking was 2.8× lower | Vascular causes of death: 68% 24% MI 35% sudden death NS diff among 3 groups | Mortality of previous nonsmoker 62.1% n=124 Average annual RR of death: 2.4× for smokers vs. stopped p<0.01 | Mortality 2-15 y beyond ACS: stopped vs. continued 36.9% vs. 82.1% p<0.01 | Average annual mortality: stopped vs. continued smoking Initial ACS St Cont RR UA 1.9 10.0 5.4; p<0.01 MI uncomp 3.9 8.6 2.2 p<0.05 MI comp 4.7 12.4 2.7 p<0.01 |
| Jorenby 2006 (304) 16820547 | Efficacy and safety of varenline | Multicenter Prospective Study | 1,027 | Varenline 344 Bupropion 342 | PC 341 | 18-75 y. 10+ cigarettes/d during previous y No abstinence longer than 3 mo | Previous use of bupropion. Contraindications to medications. Sig CV disease; HTN; pulmonary disease; depression | Varenline 1 mg bid Bupropion SR 150 mg bid 12 wk + brief counseling 12 wk with 40-wk follow- | PC+brief smoking cessation counseling | Continuous abstinence: wk 9-12 Varenline vs. PC: 43.9% vs. 17.6% Bupropion vs. PC: 29.8% vs. 17.6% | >10% side effects: Bupropion Insomnia 21% Varenline Nausea 29% Abnormal dreams 13.1% | Wk 9-52 Abstinence Varenline vs. PC 23% vs. 10.3% 2.66 (1.72,4.11) p<0.001 | Abstinence 9-12 vs. PC 3.85 (2.69,5.50) p<0.001 9-12 Bupropion vs. PC: 1.90 (1.38- 2.62) p<0.001 | Volunteers. Minimal counseling may confound results. Exclusion of depression. 35% did not complete follow-up period. Dropout rate for adverse events higher in PC group. |

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| | | | | | | | | up | | | Headache 12.8% | Bupropion vs. PC 1.77 (1.19,2.63) p=0.004 | | |
| Tonstad 2006 (305) 16820548 | Effect of varenicline on smoking cessation | Multicenter Prospective Study | 1,210 | Varenicline 603 | PC 607 | 18-75 y. 10 cigarettes/d + smoking cessation After 12 wk of varenicline | Unstable disease, depression, COPD, CV disease within 6 mo, uncontrolled HTN, smoking cessation aid | 12-wk open label vs. if stopped smoking Randomized for 40 wk | PC | Continued abstinence Wk 13-24 Varenicline vs. PC 70.5% vs. 49.6% Wk 13-52 43.6% vs. 36.9% | Major adverse Effects: Varenicline Nasopharyngitis 4.8% Headache 2.8% Psych disorders 6.4% | N/A | Abstinence vs. PC Wk 13-24 2.48 (1.95-3.16)<0.001 Wk 13-52 1.34 (1.06,1.69)=0.02 | Generally healthy group. No depression. CO may not evaluate complete check on self-report of nonsmoking. Those lost to follow-up differed between groups. |
| Rigoitti 2006 (306) 17145253 | Bupropion in smokers with ACS | Multicenter Prospective Study | 248 | Bupropion 124 | PC 124 | Smoked >1 Cigarette in previous mo CAD admissions | Not willing to stop Smoking. Risk of seizure, sig. HTN, heavy alcohol use, depression, liver or renal disease, illegal drug use | Smoking counseling to 12-wk postdischarge Bupropion SR 1-y follow-up | Same smoking counseling PC | Abstinence and CV events 3 m and 1 y Borderline Sig abstinence at 3 mo only. NS diff in outcome events | Noncardiac serious adverse events: NS 3 mo: 1.31 (0.62,2.77) 1 y: 1.34 (0.64,2.84) | CV mortality 1 y Bupropion vs. PC 0% vs. 2% CV events 1 y: 26% vs. 18% 1.56 (0.91,2.69) NS | Abstinence vs. PC 3 mo: 37.1% vs. 26.8% 1.61 (0.94,2.76)=0.08 1 y: 25.0% vs. 21.3% 1.23 (0.68,2.23) NS | 1/3 lost at 1 y. Study not powered to detect less than a 1.8-fold increase in cessation rates with bupropion. Many eligible declined to enroll. Reluctance to be randomized to PC. |
| PREMIER Registry Dawood 2008 (307) 18852396 | Predictors of smoking cessation after AMI | Retrospective from registry | 639 | 342 smokers at 6 m | 297 Nonsmokers at 6 mo | AMI Smoker >18 y age | Transfer to hospital >24 h from AMI Did not speak English or Spanish. Could not consent | Smoking behavior by self-report During hospital and 6 mo in pt smoking cessation program Continued smoking | Same but stopped smoking at 6 mo | 6-mo post MI: 46% had stopped Odds greater for those receiving discharge recommendations for cardiac rehab or smoking cessation facility | Not evaluated | Hospital smoking cessation counseling did not predict cessation: 0.80 (0.51,1.25) Depressive pts during MI less likely to quit: | Smoking cessation with rehab: 1.80 (1.17-2.75) Treated at smoking cessation facility: 1.71 (1.03=2,83) | Limited insights on smoking cessation programs available at different hospitals. Loss to follow-up. Self-reporting assessment without biochemical evaluation. Unmeasured confounding. |

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| | | | | | | | | | | | | 0.57 (0.36-0.90) p<0.05 | | |
| Mohuidin 2007 (308) 17296646 | Intensive smoking cessation intervention in acute CV disease | Prospective randomized cohort | 209 | Intensive intervention 109 2 y follow-up | Usual care 100 2-y follow-up | 30-75 y Daily smokers >5 y in CCU with AMI or heart failure | Alcohol or illicit drug use Unfamiliar with English | 30-min counseling before discharge. Intensive counseling for 3 mo + pharmacotherapy in 75% | Same counseling before discharge only. | At each follow-up interval, point prevalence and continued abstinence greater in the intensive treatment group | Over 2-y period more in UC group Hospitalized RR reduction:44% (16,63)=0.007 | 2-y all-cause mortality: 2.8% intensive vs. 12.0% UC RR reduction: 77% (27, 93%) p=0.014 | 2-y abstinence: 33% intensive vs. 9% UC p<0.0001 | Small sample size-lacking multivariate analysis to adjust for other factors on outcome. Pharmacotherapy at no cost. Question of whether results would have been achieved if smokers purchased their own medications. |
| Smith 2009 (309) 19546455 | Hospital smoking cessation in CAD with long-term effects | Multi-institutional Prospective Study | 275 | Intensive smoking cessation intervention 136 | Minimal intervention 139 | 18 or older Smoked in previous mo AMI or CABG admission | Pregnant Medically unstable Lived in an institution No English Psychiatric disorder Substance abuse | Minimal intervention + 45-60 min bedside counseling 7 telephone counseling sessions after discharge | Minimal intervention 2 pamphlets No smoking message by physician | 1-y abstinence self-reported 62% intensive GP vs. 46% minimal GP Confirmed: 54% intensive GP vs. 35% minimal group | Not evaluated | Abstinence lower in those using pharmacotherapy p<0.01 Abstinence higher in CABG vs. MI pts p<0.05 | 1-y abstinence self-reported: 2.0 (95% CI: 1.2-3.1) Confirmed: 2.0 (CI: 1.3-3.6) | Pharmacotherapy used by 34% of pts in both groups. Slightly less than 1/2 smokers did not want to quit or refused to participate. Exclusion of pts with substance abuse or psychiatric comorbidities, many of whom are smokers, limits generalizability of results. |
| Rigotti 2008 (310) 18852395 | Hospital smoking cessation intervention with 6-mo follow-up | Meta-analysis of 33 trials | 6,252 (using numbers in Figure 1 and 2) | Intensive intervention counseling 2,673 Pharmacotherapy 332 | Usual care or control counseling 2,935 No pharmacotherapy 312 | Hospitalized and current smokers | Trials not recruiting on basis of smoking, Hx, Hospitalization with psychiatric disorder, or substance abuse | Intensive intervention with or without pharmacotherapy | Usual care with minimal smoking counseling | Smoking cessation rates 6-12 mo decreased with smoking counseling. No benefit with less postdischarge contact. | Not evaluated | Adding NRT produced a trend toward efficacy vs. counseling alone: 1.47 (CI: 0.92- 2.35) | Smoking cessation 6-12 mo with counseling: 1.65 (CI: 1.44-1.90) | Benefit of adding bupropion limited to 1 study. Counseling intervention not delivered by staff responsible for patient care. Only 1/2 studies used sustained abstinence to assess outcome, the rest point prevalence |
| Colivicchi 2011 (311) 21741609 | Smoking relapse rate after quitting following ACS | Prospective cohort study | 813 | 12-mo relapse 813 (of 1,294 not relapsing) | Predictors of relapse | Previous smokers who stopped after ACS following hospital | Major concurrent illness, depression, alcohol and drug abuse, | Several in-hospital counseling sessions. 12-mo follow-up | Predictors of relapse | Age and female sex were predictors of relapse. Pts in cardiac rehab and pts | Resumption of smoking predicted 1-y mortality: 3.1 (CI: 1.3-5.7) p=0.004 | Age and resumption: 1.034 (1.03,1.04) p=0.001 Female: | Cardiac rehab and abstinence: 0.74 (CI: 0.51-0.91)=0.02 DM and abstinence: | Sig diff in age and CV risk factors in cohort. Questions about sens of troponin assay for Dx of AMI |

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| | | | | | | discharge | renal, lung, liver disease, stroke, malignancy | | | with DM more likely to remain abstinent | | 1.23 (1.09,1.42) | 0.79 (CI: 0.68-0.94)=0.03 | |
| Planer 2011 (303) 21403011 | Efficacy of bupropion in smoking cessation after AMI | 2 center prospective study | 149 | Bupropion 74 | PC 75 | Smokers hospitalized for ACS Smoking >10 cigarettes/d Intention to quit smoking | Prior use of bupropion in past y or NRT in past 6 mo Prior head trauma, depression, bulimia liver or kidney disease, pregnancy | Bupropion 150 mg bid for 2 mo 1-y abstinence evaluation | PC Same abstinence evaluation | Abstinence rates at 3 mo, 6 mo and 1 y were not increased by bupropion | Bupropion safe. NS diff vs. PC in: death, any hospitalizations, MI, ACS, Chest pain | Adverse effects attributed to treatment was a negative predictor of smoking cessation: 0.23 (95% CI: 0.07-0.78) | 3-mo abstinence: Bupropion vs. PC: 45% b 44% p=0.99 6 mo. Abstinence: Bupropion vs. PC: 37% vs. 42% p=0.61 1-y abstinence: 31% vs. 33% p=0.86 | Recruitment stopped early after interim analysis limiting sample size. Self-reports of quitting, no biochemical confirmation. High self-reports of quitting in PC group. Dizziness more common than PC 14% vs. 1.4% p=0.005 |

ACS indicates acute coronary syndrome; AMI, acute myocardial infarction; bid, twice daily; CAD, coronary artery disease; CABG, coronary artery bypass graft; CCU, coronary care unit; CO, COPD, chronic obstructive pulmonary disease; CV, cardiovascular; Diff, difference(s); DM, diabetes mellitus; GP, glycoprotein; HTN, hypertension; Hx, history; MI, myocardial infarction; N/A, not available; NRT, nicotine replacement therapy; NS, nonsignificant; PC, placebo; Pt, patient; RR, relative risk; Sens, sensitivity; Sig, significance; SR, sustained release; UA, unstable angina; and UC, usual care.

Data Supplement G. Weight Management

| Study Name, Author, Year | Aim of study | Study Type | Study Size (N) | Study Intervention Group (n) | Study Comparator Group (n) | Patient Population | | Study Intervention | Study Comparator | Endpoints | | | P Values, OR: RR & 95% CI: | Study Limitations & Adverse Events |
|--|---|---------------|----------------|------------------------------|----------------------------|--|---|-------------------------------------|------------------|--|--|--|--|---|
| | | | | | | Inclusion Criteria | Exclusion Criteria | | | Primary Endpoint (efficacy) and Results | Safety Endpoint and Results | Secondary Endpoint and Results | | |
| Nordmann 2006 (312) 16476868 | Low-carb vs. low-fat diets on weight loss and CV risk | Meta-analyses | 447 5 trials | Low carb 222 | Low fat 225 | Randomized controlled low carb vs. low fat, BMI≥25, Follow-up 6 mo + Age 16+ | Trials with cross-over or sequential design | Low-carb weight loss at 6 and 12 mo | Low fat same | Weight loss to 6 and 12 mo. 6 mo: low carb>weight loss. 12 mo: NS difference | Trend toward lower BP in low carb group at 6 mo only. TG and HDL changed more favorably in high-carb diets, LDL-C in low-fat diets | In diabetics, HbA1c dec. In low carb gp. vs. low fat: 12 mo -0.7% vs. -0.1% p=0.02 | Weighted mean difference 6 mo Low carb vs. low fat -3.3 kg (-5.3,-1.4) 12 mo. -1.0 kg (-3.5,1.5) | Substantial losses to follow-up. No blinded outcome assessment. Had to use ITT analysis because of dropouts. Heterogeneity concerning main outcome. |

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| Chow 2010 (313) 20124123 | Adherence to behavioral recommendation in CV risk | Multicenter Observational study | 18,809 | Adherence to diet, exercise, smoking cessation | Nonadherence to individual components | UA, NSTEMI Age 60+ y | Contraindication to LMW heparin, recent hemorrhagic stroke AC for other than ACS, high creatinine | Survey at 30, 90, 180 d on 3 lifestyle values adherence | No diet, exercise, No smoking cessation | CV events at 6 mo decreased with exercise only and diet + exercise and ex-smoker vs. persistent smoker | Side effects not addressed | Decreased independent risk of stroke/MI/death All 3 with diet/exercise Death with ex-smoker vs. continued smoker | Risk of CV events Exercise vs. no 0.69 (0.54,0.89)=.0037 Exercise/diet vs. no 0.46 (0.38- 0.57) <0001 Ex-smoker vs. smoker 0.68 (0.51-.90).0067 | No active study intervention program. Self-report of outcomes. No details of actual diet and exercise quantification. Adherers/nonadherers categorized only at 30-d follow-up. |
| Gadde 2011 (314) 21481449 | Efficacy and safety of Qnexa | Multicenter prospective trial Phase 3 | 2,448 | Phenteramine/Topiramate 7.5mg/46mg 488 P/T 15/92mg 981 | PC 979 | Age: 18-70 BMI: 27-45 Or diabetes 2 or more CV risk factors | BP >160/100 FBS >13.32 mmol/L TG >4.52 mmol/L Type 1 diabetes or Type 2 managed with antidiabetic drugs except for metformin | Phenteramine/ Topiramate 1 of 2 dosages for 56 wk | PC for same period | Proportion of pts achieving at least 5% weight loss: Low-dose Qnexa: 62% High-dose Qnexa:70% PC: 21% | Adverse effects vs. PC 10% or more with sig dif: Dry mouth 21% Paresthesia 21% Constipation 17% Dysgeusia 10% Headache 10% Cognitive (sig Attention dist 4% | >10% weight loss Low-dose Qnexa 37% p<0.0001 High-dose Qnexa 48% p<0.0001 PC 7% | 5% weight loss: Low-dose Qnexa OR: 6.3 (4.9-8.0) p<0.0001 High-dose Qnexa OR: 9.0 (7.3-11.1) p<0.0001 | Endpoint assessment not available for 31% of sample. Restriction of upper limit to BMI: 45. Lack of ethnic diversity (86% white), few men (30%). No active comparator group such as orlistat or lorcaserin |
| Garvey 2012 (315) 22158731 | Long-term efficacy and safety of Qnexa | Multicenter prospective trial Extension of previous trial (4) | 676 Out of original 2,448 | Phenteramine/Topiramate 7.5mg/46mg 173 P/T15/92mg 295 | PC 227 | See above agreed to extension | See above | See above 52-wk extension | PC for same period | Percentages achieving >5%, >10%, >15% and >20% weight loss in 108-wk period, in all 4 categories, Qnexa low and high dose >PC | Change in percentages Adverse effects were 0-56 vs. 56-108 High-dose Q constipation 21% to 4% Paresthesia 21% to 2.4% Dry mouth | Percentage changes in BP, lipid, DM meds: High-dose Q BP: -9.8% Lipid: +4.7% DM: 0% Low-dose Q BP: -3.9% | >5% weight loss Low dose: 79.3% High dose: 75.2% PC: 30.0% p<0.0001 >10% weight loss Low dose: 53.9 High dose: 50.3% PC: 11.5% p<0.0001 >15% weight loss Low dose: 31.9% | Discontinuation rates similar to 1 st 56-wk period above. Higher rate lost to follow-up in the 15/92 arm. Impact of Rx of dyslipidemia and HTN on secondary cardiometabolic variables. Type of adverse events similar to 1 st 56-wk period but incidence rates lower. |

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| | | | | | | | | | | | 20% to 1.4% upper respiratory infection 18.6% to 15.3% Nasopharyngitis 13.2% to 8.8% Depression NS From PC | Lipid:+5.2% DM: +1.9% PC BP: +3.5% Lipid:+17.2% DM: +7.1% | High dose: 24.2% PC: 6.6% p<0.0001 >20% weight loss Low dose 9.2% High dose: 15.3% PC: 2.2% p=.0072 for low dose <0.0001 for high dose. | |
|--|--|--|--|--|--|--|--|--|--|--|--|--|---|--|

AC indicates anticoagulant; ACS, acute coronary syndrome; BMI, body mass index; BP, blood pressure; CV, cardiovascular; DM, diabetes mellitus; FBS, fasting blood sugar (glucose); HbA1c, Hemoglobin A1C; HDL-C, high-density lipoprotein cholesterol; HF, heart failure; HTN, hypertension; ITT, intention-to-treat; LDL-C, low-density lipoprotein cholesterol; LMW, low molecular weight; MI, myocardial infarction; NS, no(n) significance; NSTEMI, non-ST-elevation myocardial infarction; PC, placebo; Pt, patient; Rx, prescription; TG, triglycerides; and UA, unstable agina.

Data Supplement H. Cardiac Rehabilitation

| Study Name, Author, Year | Study Aim | Study Type/ Size (N) | Intervention vs. Comparator (n) | Patient Population | | Study Intervention | Endpoints | | | P Values, OR: HR: RR: & 95 CI: | Adverse Events | Study Limitations |
|--|---|---|--|-------------------------------|---------------------------|---|----------------------------|----------------------------|------------------------------|---|--------------------------------|--|
| | | | | Inclusion Criteria | Exclusion Criteria | | Primary Endpoint & Results | Safety Endpoint & Results | Secondary Endpoint & Results | | | |
| Goel, K et al Circulation. 2011; 123: 2344-2352 (316) 21576654 | Assess CR participation and impact on mortality | 2,395 | CR (1431) vs. non-CR (964) participants | PCI registry, Olmstead County | No prior pt authorization | At least 1 CR outpatient session | All-cause mortality HR | Subsequent MI, PCI-NS | Death, PCI, MI, CABG p=0.28 | HR 0.54 (0.41-0.71) p<0.001 | Events in CR=83; in non-CR=139 | Observational, Cohort |
| Hammil, Circulation. 2010;121:63-70 (317) 20026778 | Characterize dose-response for # CR sessions | 30,161 (6,181 with AMI as qualifying reason for CR) | Internal: cumulative comparison with # of CR sessions ("dose") | Medicare 5% sample 2001-2005 | None identified | At least 1 CR outpatient session billed to Medicare | Death | Subsequent hospitalization | MI | Death HR 0.86 (0.76-0.97) for those attending >6 sessions | Subsequent hospitalization | Observational, sample of Medicare claims |

AMI indicates acute myocardial infarction; CABG, coronary artery bypass graft; CR, cardiac rehabilitation; HR, hazard ratio; MI, myocardial infarction; NS, not significant; PCI, percutaneous coronary intervention; Pt, patient; and RR, relative risk.

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