



Education Articles

NSAIDS: Kidney Injury

September 13, 2024

Dear Provider,

The clinical team at Kern Health Systems (KHS) would like to remind you that non-steroidal anti-inflammatory drugs (NSAIDs) should be used with caution in individuals with known kidney disease or insufficiency. The use of NSAIDs may worsen existing disease and perhaps even cause the precipitating event.

NSAIDS are used routinely to manage pain and are available without a prescription (Over-The-Counter: OTC) and therefore constitute wide use. This makes the review of a patient's medical history all the more important.

For more information on how NSAIDS impact the kidney function, please visit the following website:

- [https://www.ajkd.org/article/S0272-6386\(20\)30724-1/fulltext](https://www.ajkd.org/article/S0272-6386(20)30724-1/fulltext)

[Provider Bulletins](#) are available on the [KHS website](#). Please visit the site regularly to stay informed about the latest updates and announcements.

Sincerely,

Bruce Wearda, R.Ph.
Director of Pharmacy