



# KERN HEALTH SYSTEMS

<b>KERN HEALTH SYSTEMS</b>				
<b>POLICY AND PROCEDURES</b>				
SUBJECT: Asthma Treatment and Management			POLICY #: 3.36-P	
DEPARTMENT: Health Services – Utilization Management				
Effective Date: 03/31/2006	Review/Revised Date: 1/19/2017	DMHC		PAC
		DHCS		QI/UM COMMITTEE
		BOD		FINANCE COMMITTEE

  
 \_\_\_\_\_  
 Douglas A. Hayward  
 Chief Executive Officer

Date 1/19/17

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 Chief Medical Officer  
  
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 Administrative Director of Health Services

Date \_\_\_\_\_  
 Date 1/19/17

## POLICY<sup>1</sup>:

KHS will provide asthma treatment and management as required by California Health and Safety Code § 1367.06.

## PROCEDURES:

### 1.0 ACCESS

Asthma treatment and management services may be accessed through the PCP. Any necessary authorization should be requested as outlined in *KHS Policy and Procedure #3.22-P: Referral and Authorization Process*.<sup>2</sup>

Prescription medicine that is not covered on the KHS Formulary requires prior authorization. Authorization should be requested as outlined in *KHS Policy and Procedure #13.01-P: Drug Utilization and Non-Formulary Treatment Requests*.

Pediatric asthma education should be accessed as outlined in *KHS Policy and Procedure #2.35-P: Disease Management*.<sup>3</sup>

## 2.0 COVERED SERVICES

KHS covers all medically necessary care, equipment, and supplies for the treatment and management of asthma. KHS coverage includes, but is not limited to, the following asthma equipment and supplies when medically necessary for the management and treatment of pediatric asthma<sup>4</sup> and adult asthma:

- A. Inhaler spacers when medically necessary for the management and treatment of asthma
- B. Nebulizers, including face masks and tubing
- C. Peak flow meters

Quantities of equipment and supplies may be limited if the limitations do not inhibit appropriate compliance with treatment as prescribed by the member's treating practitioner.<sup>5</sup>

Additional information on the provision of asthma education is outlined in *KHS Policy and Procedure #2.35-P: Disease Management*.

## REFERENCE:

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<sup>1</sup> **Revision 2017-01:** Review and minor revision provided by Health Services Department. **Revision 2006-02:** Policy created to comply with AB2185 (2004) which was effective 1/1/05. KHS coverage included all elements of AB2185 prior to its effective date. Policy reviewed against DHS Contract 03-76165 (Effective 5/1/2004).

<sup>2</sup> HSC §1367.06 (c)

<sup>3</sup> HSC §1367.06 (d)

<sup>4</sup> HSC §1367.06(a) and (b)

<sup>5</sup> HSC §1367.06 (c)