



PROVIDER *bulletin*

January 30, 2020

Re: Initial Health Assessment

Dear Provider:

The Department of Health Care Services (DHCS) requires that each PCP complete an Initial Health Assessment (IHA) for all Medi-Cal members. The IHA is a comprehensive assessment that is completed during the member's initial visit(s) with his or her primary care provider, or mid-level provider that is qualified to perform patient history and physicals. The purpose of the IHA is to assess and set the baseline for managing the acute, chronic, and preventive health needs of the member.

All new KFHC Members must receive an Individual Health Assessment. For Medi-Cal members this must be completed within **120 days** of enrollment. PCP's compliance with this standard will be assessed during audits. If any member, or a member's parent or guardian, refuses an IHA, this should be documented in the member's medical record with a statement signed by the member.

At a minimum, an IHA must include the following: comprehensive medical history including a complete social history complete physical exam, mental health exam, diagnoses and plan of care, Individual Health Education Behavioral Assessment (IHEBA) using the Staying Healthy Assessment (SHA) or other state-approved tool and provision of appropriate preventive services. To obtain age appropriate SHA tool, please visit <https://www.kernfamilyhealthcare.com/providers/provider-resources/manuals-and-forms/> and select *Staying Health Assessment Forms*. **The appropriate forms should be present in all member records in which an IHA has been completed.**

If you have any questions, please feel free to contact your Provider Relations Representative at 661-664-5000.

Melissa Lopez
Provider Relations Manager