



## GENDER AFFIRMING CARE: CULTURAL COMPETENCE (PART 1)

Cultural Competence is a foundational pillar for reducing health disparities through culturally sensitive and unbiased quality care. In the wake of COVID-19, culturally competent approaches to care are more necessary than ever. [AHRQ](#) and [Boston Medical Center](#)

### CULTURAL COMPETENCE IN CARING FOR THE LGBTQIA+ POPULATION

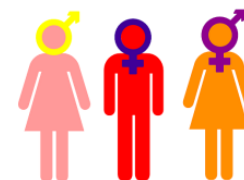
- ▶ Watch a [panelist of doctors](#) describe their experiences in engaging with Lesbian, Gay, Bisexual, Transgender, Queer, Intersex and Asexual (LGBTQIA+) population.
- ▶ Learn about [establishing relationships](#) and avoiding communication missteps.
- ▶ Watch [effective communication](#) strategies and lessons learned.



Click on images



- ▶ Watch a webinar on strategies in addressing providers' [unconscious and implicit bias](#).
- ▶ Learn more about health care approaches for [LGBTQIA+](#) indigenous communities.
- ▶ Watch movie documenting the experiences of [two spirit](#) and third-gender indigenous people in California.



Click on images



### RESOURCES WHEN ENGAGING WITH FAMILIES

#### Children and Adolescents

- ▶ Learn evidence-based [behavioral health care approaches](#) including affirming techniques that can be used by providers (recorded webinar).
- ▶ Learn how providers can [apply best practices in serving gender-diverse families by providing resources](#) and appropriate referrals.
- ▶ Learn and understand the [experiences of transgender and gender-diverse youth](#) and their families when accessing health care services (recorded webinar).

#### Older Adults

- ▶ Explore strategies to engage internal and community resources to support [gender-diverse older members](#) during COVID-19 (recorded webinar).
- ▶ Learn how to support LGBTQIA+ older adults with [housing and healthcare needs, provide affirming referrals for supportive services and offer inclusive health care environments](#).






## GENDER AFFIRMING CARE: CULTURAL COMPETENCE (PART 2)

Cultural Competence is a foundational pillar for reducing health disparities through culturally sensitive and unbiased quality care. In the wake of COVID-19, culturally competent approaches to care are more necessary than ever. [AHRQ](#) and [Boston Medical Center](#)

### RESOURCES FOR RACIAL AND ETHNIC MINORITY GROUPS WITHIN THE LGBTQIA+ COMMUNITY

- ▶ Find out the unique challenges and barriers to care faced by [racial and ethnic minority groups](#) in the LGBTQIA+ community and how to provide culturally responsive care (recorded webinar).
- ▶ Learn ways of addressing the [mental health needs](#) of LGBTQIA+ impacted by COVID-19.
- ▶ Learn and understand the [experiences of transgender and gender-diverse Black Indigenous and People of Color](#) when accessing health care services (recorded webinar).

### TRAINING RESOURCES FOR PROVIDERS ON GENDER AFFIRMING CARE

|  | Source  | Topics   |
|--|---|--|
| <br>↓<br><br>↓<br> | <a href="#">Quality Interactions</a>  | Offers multiple cultural competency courses that include clinical certificates. Example of a topic includes Creating a Welcoming Environment for LGBTQIA+ individuals. |
|  | <a href="#">National LGBTQIA+ Health Education Center</a>                   | Offers multiple learning resources and provides individualized training on topics affecting LGBTQIA+ population in health care. Most courses are free.                 |
|  | <a href="#">San Mateo Pride.Org</a>   | Offers LGBTQIA+ focused trainings in building cultural humility and creating more equitable environments.  |
|  | <a href="#">LGBTQIA+/2S Collaborative</a>                                   | Offers multiple infographic materials and brochures regarding health care issues affecting LGBTQIA+ populations.   |
|  | <a href="#">UCSF Lesbian, Gay, Bisexual and transgender Resource Center</a> | Offers multiple articles, publishing and on-line trainings.  |