



PROVIDER *bulletin*

March 22, 2022

Re: Initial Health Assessment

Dear Provider:

The Department of Health Care Services (DHCS) requires that each PCP complete an Initial Health Assessment (IHA) for all Medi-Cal members. The IHA is a comprehensive assessment including complete social history, complete physical exam, mental health exam, diagnoses and plan of care, Individual Health Education Behavioral Assessment (IHEBA) using the Staying Healthy Assessment (SHA) or other state-approved tool and provision of appropriate preventive services. The purpose of the IHA is to assess and set the baseline for managing the acute, chronic, and preventive health needs of the member.

All new KFHC Members must receive an Individual Health Assessment. For Medi-Cal members this must be completed within **120 days** of enrollment. PCP's compliance with this standard will be assessed during audits.

To access a list of members assigned to your practice who need an IHA:

- Login to the Kern Family Provider Portal
- Provider Practice
- MCAS
- IHA

Kern Health Systems will be sending a letter to your office indicating the number of incomplete IHAs based on your assigned members. Please ensure you have either documented a refusal in the members record or have documented outreach to members in an effort to schedule the IHA.

If you have any questions, please feel free to contact your Provider Relations Representative at 800-391-2000.

Melissa McGuire
Provider Relations Manager