

| KERN HEALTH SYSTEMS POLICY AND PROCEDURES  |                                 |                         |            |  |
|--|---------------------------------|-------------------------|------------|--|
| Policy Title  Non-Physician Medical Practitioners - Supervision by Physicians  Policy #  23.06-P |                                 |                         |            |  |
| Policy Owner   | Quality Performance/Contracting | Original Effective Date | 08/1997    |  |
| <b>Revision Effective Date</b>   | 10/1/2024                       | Approval Date           | 10/29/2024 |  |
| Line of Business   | ⊠ Medi-Cal ☐ Medicare           | ☐ Corporate             |            |  |

#### I. PURPOSE

Physician offices will have standardized procedures that clearly define the scope of services and supervision of all non-physician medical providers (NPMP) in accordance with applicable California Code of Regulations, Business and Professions Code (BPC) and/or California Licensing Agency.

#### II. POLICY

Kern Health Systems (KHS) will encourage the use of non-physician medical practitioners (NPMP), also referred to as mid-level providers, with the intent of increasing member access to medical care and thereby improving patient outcome. All NPMPs must have an established supervisory relationship with a contracted physician provider, when required, and the supervising requirements must follow the standards and guidelines set forth in the applicable California Code of Regulations, Business and Professions Code (BPC), and/or California Licensing Agencies as follows:

- A. Certified Nurse Midwife (CNM): Physician supervision is not required for any CNM practicing pursuant to Business and Professions Code, Section 2746.5.
- B. Licensed Midwives (LM): LMs can bill for services pursuant to their scope of practice as licensed practitioners with established protocols, procedures and treatments authorized pursuant to Business and Professions Code 2505-2521.
- C. Nurse Practitioner (NP): Physician Supervision is required for services rendered pursuant to Business and Professions Code, (BPC) Section 2725, 2836.1(e) (furnishing numbers).
- D. Physician Assistant (PA) Business and Professions Code, Sections 3502, 3502.1, 3516 and 3516.5, Welfare and Institutions Code (W&I Code), Section 14132.966 and California Code of Regulations, Title 16, Section 1399.540.

#### III. DEFINITIONS

| TERMS              | DEFINITIONS  |
|--------------------|--|
| Non-Physician      | A healthcare practitioner, other than a physician, licensed by the state in which they |
| Medical            | practice to assist or act in the place of a physician, who may bill directly under     |
| Practitioner       | applicable state law. For the purposes of this policy, an Advanced Practice Health     |
|                    | Care Provider includes, without limitation, Physician Assistants (PA), Nurse           |
|                    | Practitioners (NP) and Clinical Nurse Specialists (CNS).                               |
| Supervising Health | Professional A physician or Advanced Practice Health Care Provider, who has their      |
| Care Provider      | own NPI number, when responsible for supervising services rendered by an               |
| Professional       | Advanced Practice Health Care or Nonphysician Provider.                                |
| Delegation of      | The writing which delegates the medical services shall be known as a delegation of     |
| Services           | services agreement. A delegation of services agreement shall be signed and dated by    |
| Agreement          | the physician assistant and each supervising physician. A delegation of services       |
|                    | agreement may be signed by more than one supervising physician only if the same        |
|                    | medical services have been delegated by each supervising physician. A physician        |
|                    | assistant may provide medical services pursuant to more than one delegation of         |
|                    | services agreement.  |
|                    |  |

#### IV. PROCEDURES

# A. TYPES OF NON-PHYSICIAN MEDICAL PRACTITIONERS (NPMP)

The terms non-physician medical practitioner and mid-level practitioner refers to the following categories of licensed medical providers:

- 1. Nurse Practitioners licensed by the Board of Registered Nursing (BRN)
- 2. Certified Nurse Midwife licensed by BRN
- 3. Licensed Midwives licensed by the Medical Board of California
- 4. Physician Assistant licensed by the Physician Assistant Board of California.

#### B. SCOPE OF NON-PHYSICIAN MEDICAL PRACTITIONERS

KHS Plan members either select or are randomly assigned to a contracted primary care provider (PCP). The PCP may choose to arrange with a NPMP to provide primary care to assigned members but must provide active supervision of the care delivered. A Supervising Physician does not need to be present, and at a minimum, be available by telephone or other electronic communication; however, if the NPMP is performing a complete procedure that requires informed consent, the Supervising Physician must be immediately available to deal with any emergency complication that may occur. The NPMP shall consult with a physician regarding any task, procedure or diagnostic problem which the NPMP determines exceeds their level of competence or shall refer such cases to a

physician.

A current specialty provider may employ a NPMP and may permit this provider to participate in the care delivered to members in accordance with the Standardized Procedure Guidelines, Delegation of Medical Services Agreement, and KHS. NPMPs will be credentialed in the specific specialty in which they will be working. The credentialing will be dependent on their training and experience in the field in which the NPMP is requesting to be credentialed. NPMPs practicing in a specialty setting may perform an initial evaluation of the patient as long as there are no significant clinical decisions or recommendations (i.e. surgery, admission, etc.). In cases of emergencies, as defined in California Code Regulations, Title 22, Section 51056 "Emergency Services", the NPMP, to the extent permitted by the laws relating to license or certificate involved, may render emergency services to a patient pending establishment of contact with the physician. In all cases, the NPMP shall be responsible to maintain reasonable communication with the physician to keep the physician informed, to follow instructions and, in case of doubt, to seek assistance or additional instructions.

#### C. KHS APPROVAL OF NON PHYSICIAN MEDICAL PRACTITIONERS

- 1. All NPMPs must meet the credentialing standards set forth in the KHS credentialing policy and procedure, KHS P&P 23.05-P Credentialing Program.
- 2. Additionally, all NPMPs, with the exception of CNMs, and their supervising physician must submit to KHS for review. as part of their credentialing packet, the following:
  - a. Supervising Physician Agreement at initial, and when there are any changes in their supervising physician (See Attachment A). The supervising physician may submit the existing delegation of service agreement on file in lieu of submitting the KHS Supervising Physician Agreement.
  - b. NPMP Training is variable. There are differences between Nurse Practitioners and Physician Assistants. KHS recognizes some NPMPs will receive formal "specialty" training in areas such as OB/GYN, Women's Health, Pediatrics, Surgery, Orthopedics, Oncology, etc. KHS requires six (6) months formal training in an official training program or one (1) year of full-time work experience in the designated sub-specialty field being requested.

# 3. Physician Supervisor to Non-Physician Medical Practitioner Ratios

- a. The supervising physician holds ultimate responsibility for the practice of each supervised non-physician medical practitioner. The number of non-physician medical practitioners who may be supervised by a single primary care physician is limited to the full-time equivalent of one of the following: 4 Nurse Practitioners
- b. Four (4) Physician Assistants
- c. A Physician supervisor may not supervise more than four (4) non-physician medical practitioners in any combination.

The number of non-physician medical practitioners who may be supervised by a single subspecialty care physician is limited, pursuant to BPC, Section 2836.1(e), and BPC Section 3502.5, and permitted to supervise:

- a. Four (4) Physician Assistants
- b. There is no limit to Nurse Practitioners (NP) unless the NP has a Furnishing License, the maximum supervision by a physician is 4-Nurse Practitioners with a Furnishing License.
- c. A total of eight (8) equaling 4-NPs with furnishing licenses and 4-PAs at one time.
- d. Certified Nurse Midwives and Licensed Midwives Physician Supervision is not required.

On a quarterly basis the Plan will utilize network and enrollee data to review non-physician medical practitioners' caseloads and physician supervisor to non-physician medical practitioner ratios to ensure they do not exceed standards outlined in this policy.

# 4. Physician – Practitioner Interface

It is the responsibility of the supervising physician. to comply with all applicable state and federal laws, regulations, standards that govern supervision of any and all activities related to non-physician medical practitioners; attest to having provided the legally required collaboration, consultation, and supervision consistent their physician licensure; and agree to be available to the non-physician medical practitioner in person, or through electronic means to provide supervision to the extent required by California professional licensing laws, necessary instruction in patient management, consultation and referral to appropriate care/services by specialist physicians or other licensed health care professionals, as may be required. The practice agreement document must be kept on file at the physician's or medical group's office, and readily available for review by the Department of Health Care Services (DHCS), upon request.

#### D. NOTIFICATION OF CHANGES/ADDITIONS IN MID-LEVEL STAFF

KHS requires physicians or groups to report and submit required information to KHS on all non-physician practitioners as part of the initial or on-going credentialing process. It is the responsibility of the contracting physician or medical group to notify KHS of changes or additions to their non-physician medical practitioners.

#### E. IDENTIFICATION OF NONPHYSICIAN MEDICAL PRACTITIONERS

A health care practitioner shall disclose his or her name and practitioner's license status, as granted by the State of California, on a nametag with at least 18-point type. A health care practitioner in a practice or office, whose license is prominently displayed may opt not to wear a nametag and must ensure each patient is initially informed that he/she may be treated by an NPMP.

#### F. NON-COMPLIANCE WITH STANDARDS AND REGULATIONS

KHS contracting physicians, who are identified as non-compliant with KHS standards or state guidelines, receive notification from the KHS Chief Medical Officer regarding clinical issues or from KHS Provider Relations regarding NPMP practitioner ratios or caseloads. Non-compliant physicians are subject to KHS Policy and Procedure #23.15 - Provider Disciplinary Action.

# V. ATTACHMENTS

| Supervising Physician Agreement |                                 |
|---------------------------------|---------------------------------|
|                                 | Supervising Physician Agreement |

# VI. REFERENCES

| Reference Type    | Specific Reference  |
|-------------------|---|
| Regulatory        | Business and Professions Code (BPC), Sections 2505-2521, 2725,  |
|                   | 2746.5, 2386.1 (e), 3502, 3502.1-5, 3516 and 3516.5, and        |
|                   | Welfare and Institutions Code (W&I Code), Section 14132.966.    |
|                   | California Code of Regulations, Title 16, Section 1399.540.     |
| DHCS Contract     | DHCS Contact Section 5.2.4 Network Ratios (C)                   |
| (Specify Section) |   |
| Regulatory        | DHCS Provider Manual Non-Physicians Medical Practitioners (NMP) |
|                   | March 2024  |
|                   | California Code Regulation Title 22, Section 51241 Physician    |
|                   | Relationship to Nonphysician Medical Practitioners              |

# VII. REVISION HISTORY

| Action  | Date    | Brief Description of Updates  | Author                 |
|---------|---------|---|------------------------|
| Revised | 10-2024 | Policy revised to bring language current with regulatory requirements CCR, B&PC, CA Licensing Agencies. Renumbered from 4.04-P to 23.06-P.  | Y.H.<br>QP/Contracting |
| Revised | 3-2018  | Policy revised to bring language current with DHCS Contract requirements.   | PNM                    |
| Revised | 10-2017 | Revised policy to be in compliance with CCR Title 22 51240 NP/CNM, Title 16, 1399 for PAs. Remove requirements for Supervising Physician 30-mile radius, Mid-levels in a hospital setting, Updated site review criteria referencing policy 2.22 and QI's current process. Annual receipt of provider information letter and only require at initial, recredentialing or when changes are made. Remove | PNM                    |

|         |         | requirement of monitoring physician interface and replace with supervising physician attestation on the revised Attachment A-Provider Information Letter.                    |            |
|---------|---------|--|------------|
| Revised | 12-2016 | Reviewed by Provider Relations Manager. Removed section 3.2 as no longer applicable.   | PNM        |
| Revised | 12-2010 | Added language to allow mid-levels perform initial consults in a specialty setting.  | PNM        |
| Revised | 03-2011 | Mid-Levels will be credentialed in the specialty they will be working and dependent on their training and experience in that field. Specific language added for orthopedics. | PNM        |
| Revised | 11-2009 | Revisions provided by Director of Claims and Provider Relations.   | PNM/Claims |
| Revised | 09-2005 | Revised per DHS Comment 7/12/05 for Workplan Item 6c.  | Claims     |
| Revised | 08-2002 | Revised per DHS Comment (04/05/02).  | PNM        |
| Revised | 2002    | Revised per Medical Director request and DHS comment (10/31/01).   | PNM        |
| Revised | 02-2001 | Changes made as a result of DHS/DMHC Medical Review Audit (YE 08/31/00).   | PNM        |
| Revised | 10-2000 | Routine review.  | PNM        |

# VIII. APPROVALS

| Committees   Board (if applicable) | Date Reviewed | Date Approved |
|------------------------------------|---------------|---------------|
| Physician Advisory Committee (PAC) |               | 10/2/2024     |
| Board of Directors (BOD)           |               | 10/17/2024    |

| Regulatory Agencies (if applicable) | Date Reviewed | Date Approved |
|-------------------------------------|---------------|---------------|
| Choose an item.                     |               |               |

| <b>Chief Executive Leadership Approv</b>   | val *     |               |  |
|--|-----------|---------------|--|
| Title  | Signature | Date Approved |  |
| Chief Executive Officer  |           |               |  |
| Chief Medical Officer  |           |               |  |
| Chief Operating Officer  |           |               |  |
| Choose an item.  |           |               |  |
| *Signatures are kept on file for reference but will not be on the published copy |           |               |  |



# **Policy and Procedure Review**

KHS Policy & Procedure: 23.06-P Non-Physician Medical Practitioner

| Last approved version: 4/2018   |           |               |  |
|---|-----------|---------------|--|
| <b>Reason for revision:</b> Policy was revised to bring language current with regulatory requirements CCR, Busin and Professions Code, CA Licensing Agencies. |           |               |  |
| Director Approval   |           |               |  |
| Title   | Signature | Date Approved |  |
| Jake Hall Senior Director of Quality Performance & Contracting  |           |               |  |
| Date posted to public drive:  |           |               |  |

Date posted to website ("P" policies only):

# SUPERVISING PHYSICIAN AGREEMENT (NON-PHYSICIAN MEDICAL PRACTITIONERS)

Complete and return to:

Kern Health Systems Attention: Credentialing 2900 Buck Owens Blvd Bakersfield, CA 93308

| Name:  | Group Na  | ame:   |   |   |
|--|---|--|---|---|
| State License No.:   | NPI:  |  |   |   |
| Type of Practice:  | Provider S  | Specialty:   |   |   |
| Address:   | City:   |  | Zip: _  |   |
| Non-Physician Medical I  | Practitioner Information *  | Form required for  | each sepa   | arate Tax ID location.  |
| Name:  | License No.:  |  | ☐ PA  | ☐ CNM   |
| Address:   | City:   |  | Zip: _  |   |
| _  | ily/General Practice  |  | edicine   | ☐ Pediatrics  |
| Max. Hours worked per week:  | / Physician Super   | vised Hours per we   | eek:  |   |
| applicable supervisory guidelines  | nat my office/clinic is in possession, as required by Section 1399.540 a<br>julations approved under California   | and Section 1399.54  | 45(e), Titl   | e 16, California Code   |
| the Business & Professions Code,   | ttest that my office/clinic is in posse<br>Nurse Practice Act (NPA) Section 2<br>readily available for review upon rec  | 2725 and further cla   |   |   |
| all activities related to non-physic<br>collaboration, consultation, and s<br>physician medical practitioner in<br>California professional licensing la<br>appropriate care/services by spec | ble state and federal laws, regulation medical practitioners. I further upervision consistent with my licent person, or through electronic meanaws, necessary instruction in patientialist physicians or other licensed habove must be reported to the Pro- | r attest to have pro<br>sure; and agree to<br>us to provide superv<br>at management, con<br>nealth care profession | vided the<br>be availal<br>vision to the<br>nsultation<br>onals, as | legally required<br>ble to the non-<br>he extent required by<br>and referral to<br>may be required. Any |
|  | Signature of Supervising Physicia   | an   |   |   |
|  | Dat   | te   |   |   |