

PROVIDER Bulletin



KERN HEALTH
SYSTEMS

May 13, 2025

Asthma Preventative Services (APS)

Dear Provider,

Kern Health Systems (KHS) is excited to shed a spotlight on the APS benefit, which aims to provide Medi-Cal beneficiaries with information regarding the basic facts of asthma, proper use of medications, evidence-based self-management and self-monitoring techniques, and actions to control environmental exposures that exacerbate asthma symptoms.

The APS benefit encompasses the following services:

- Clinic-based asthma self-management education
- Home-based asthma self-management education
- In-home environmental trigger assessments, which identify environmental asthma triggers commonly found in and around the home

Members with an asthma diagnosis and a recommendation for APS from a licensed health care provider are eligible to receive asthma self-management education. However, to receive an in-home environmental trigger assessment, members must have a current diagnosis of poorly controlled asthma or a recommendation from a licensed healthcare provider. “Poorly controlled asthma” is defined as:

1. Having a score of 19 or lower on the Asthma Control Test, or
2. An asthma-related emergency department visit or hospitalization or two instances of sick or urgent care asthma-related visits in the past 12 months

A recommendation for APS must be documented in writing by a licensed healthcare provider including, but not limited to, a physician (MD), physician’s assistant (PA), or a nurse practitioner (NP). Prior authorization by KHS is not required to receive APS.

For additional information, please refer to the Medi-Cal Provider Manual for APS which can be found by visiting: [DHCS Medi-Cal APS Provider Manual Guidance](#)

[Provider Bulletins](#) are available on the [KHS website](#). Please visit the site regularly to stay informed about the latest updates and announcements.

If you have any additional questions or are interested in becoming an APS provider, please contact your Provider Relations Representative at 1-800-391-2000. If a member would like to receive APS, please refer them to Member Services at 1-800-391-2000.

Sincerely,

Kristie Onaindia
Provider Relations Manager
Kern Health Systems