



January 30, 2023

**DMHC APL 22-031 – Newly Enacted Statuses Impacting Health Plans – 2022
Legislative Session
AB2585 Nonpharmacological Pain Management Treatment**

Dear Provider,

In an effort to encourage the use of evidence-based nonpharmacological therapies for pain management, Kern Health Systems (KHS) offers the following alternative therapies and or resources for KHS members:

Chiropractic

Acupuncture

Physical Therapy

Occupational Therapy

Nutrition (Registered Dietician)

Behavioral/Mental Health (i.e. Cognitive Behavioral Therapy)

KHS Health Education (referral via KHS Provider Portal)

Referral to specialists for evaluation and management (i.e. Physical Medicine and Rehabilitation, Rheumatology, Orthopedics)

KHS Library for resources

<https://www.kernfamilyhealthcare.com/health-library/>

To locate KHS contracted providers please visit:

<https://www.kernfamilyhealthcare.com/members/find-a-doctor-hospital-or-clinic/>

Please remember to review the KHS Prior Authorization List (PA) to determine if the referral to a specialist will require prior authorization. As a reminder, the PA list is updated on a monthly basis.

<https://www.kernfamilyhealthcare.com/clientfiles/getfile/PA-List.pdf>

KHS posts all bulletins on the KHS website, www.kernfamilyhealthcare.com, choose Provider, then Bulletins.

For any questions, please contact your Provider Relations Representative at 1-800-391-2000.

Sincerely,

Melissa McGuire

Deputy Director of Provider Network

Kern Health Systems