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Vital Updates

Leveraging Health Risk Assessments

Health Risk Assessment (HRA) is a detailed questionnaire that collects key information about a patient's health, helping to identify potential risks and areas that need attention. This tool evaluates various aspects of health, including lifestyle choices, medical history, and social factors that influence well-being. The data gathered from an HRA enables healthcare providers like you to create a personalized care plan, pinpointing patients who may require extra support or intervention.

The HRA can be transformative for our members' health. It not only gives you a clearer understanding of the patient's physical health but also provides insight into mental health, lifestyle habits, and even living conditions—factors that play a critical role in overall well-being.

A comprehensive HRA covers the following areas to ensure a thorough assessment:

- Demographic Characteristics
- Lifestyle Behaviors
- Mental Health
- Physical Health
- Current and Previous Health Conditions
- Preventive Screenings
- Activities of Daily Living (ADLs)
- Access to Healthcare and Living Conditions

The HRA goes beyond a simple checklist—it provides a holistic view of the patient's health. By completing the HRA, KFHC can better tailor its programs and services to meet each patient's unique needs. This aides our provider network in offering our members personalized care and make proactive decisions, addressing potential health risks before they escalate.

For patients enrolled with KFHC, the HRA is sent to be completed at enrollment, annually, and whenever there is a significant change in their health status (such as a new diagnosis). Once the HRA is complete, the results are shared with you, ensuring you're always informed and involved in your patient's care.

If you have any questions or need more details, please don't hesitate to contact our Population Health Management Team at **1-661-426-7760** or **711 TTY/TDD**, Monday through Friday, from 8:00 a.m. to 5:00 p.m.

Prioritizing Early Developmental Screening for Children

The Centers for Medicare & Medicaid Services (CMS) emphasizes the critical importance of early developmental screening in children's first three years of life. This measure evaluates the percentage of children screened for developmental, behavioral, and social delays using standardized tools within the 12 months preceding or on the 1st, 2nd, or 3rd birthday.



Standardized tools, such as the Ages and Stages Questionnaire (ASQ) and the Parents' Evaluation of Developmental Status (PEDS), assess key developmental domains: motor, language, cognitive, and social-emotional. These tools must demonstrate established reliability and validity, with specificity scores of approximately 0.70 or above.

CMS recommends screening at the 9-, 18-, and 24- or 30-month well-child visits. Early detection through these screenings enables timely interventions, which are crucial for optimal child development.

Healthcare providers are encouraged to integrate these screening into routine pediatric care. Parents should be encouraged to ensure timely developmental assessments.

Please use CPT code 96110. For a list of commonly used codes, please see the KHS Coding Card: [Common Codes for 2025 MCAS Measures](#).

Please reference the Provider Guide in the Provider Portal for more information regarding the DEV-CH measure: [2025 MCAS Provider Resource Guide](#).

New June Vendors

DOULA

- Danesha Lashay Wallace
(DBA: *The Yoga & Birth Advocate*)

SKILLED NURSING FACILITY

- 13333 Fenton Avenue, LLC.
(DBA: *Mountain View Convalescent Hospital*)

URGENT CARE

- Lancaster Urgent Care Inc. (DBA: *Lancaster Urgent Care*)

PRIMARY CARE/PCP

- JWCH Institute Inc. (DBA: *Wesley Health Centers*)
- Peridot Health (DBA: *Peridot Health Medical Clinic*)

TRANSPORTATION (NMT, NEMT, GURNEY, WHEELCHAIR)

- RC Limousines LLC. (DBA: *RC MedTrans*)

welcome