



PROVIDER *bulletin*

May 24, 2021

Tobacco Cessation

Dear Provider,

KHS provides tobacco and smoking cessation services to Kern Family Health Care (KFHC) members, including 1-on-1 phone counseling through the CA Smoker's Helpline, **NEW KFHC- Fresh Start group educational classes** and educational material to assist KFHC members on their journey to quit tobacco and smoking. We have compiled a list of frequently asked questions below to assist KFHC members with accessing tobacco and smoking cessation services. We encourage your office to refer KFHC members to the KHS Health Education Department for these services. Every member needs a fresh start to quit today.

What cessation aids are covered?

KHS covers Nicotine Replacement Therapy medications and counseling services.

-The following products are covered without prior authorization-

1. Bupropion
2. Nicotine Gum
3. Nicotine Inhaler
4. Nicotine Lozenge
5. Nicotine Nasal Spray
6. Nicotine Patch
7. Varenicline

(Limits on medications qty per month may be in place, please see formulary)

Which KFHC members are covered for the smoking cessation services and classes?

Services are covered for children, teens, and adults.

How often are these services covered?

Except for monthly quantity limits on the medications, there is no limit on how often a KFHC member can access the cessation services over the phone and in group classes.

Who should I refer to the cessation services?

The cessation services assist KFHC members who are currently using vaping products, commercial cigarettes, cigarillos, and smokeless tobacco products.

How do I refer a KFHC member for smoking cessation services and The **NEW KFHC- Fresh Start Classes**?

1. Provider Portal– Log into your account to submit a Health Education referral.
2. Fax a Health Education Referral to (661) 664-5190
3. Call 1-800-391-2000 and ask for the KHS Health Education Department.



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Where can I obtain tobacco and smoking cessation education material for my office?

Call 1-800-391-2000 and ask for the KHS Health Education Department.
We are here to help.

Sincerely,

Isabel Silva MPH, CHES,
Director of Health Education Cultural and Linguistics Services