

KERN HEALTH SYSTEMS

POLICY AND PROCEDURES

SUBJECT: Community Supports Services (CSS) MemberPOLICY #: 17.04-PIdentification and Authorization					
DEPARTMENT: Community Supports Services					
Effective Date:	Review/Revised Date:	DMHC		PAC	
01/01/2022	10/16/2023	DHCS	Х	QI/UM COMMITTEE	
		BOD		FINANCE COMMITTEE	

Emily Duran Chief Executive Officer	Date
Chief Medical Officer	Date
Senior Director of Provider Network	Date
Director of Claims	Date
Director of Community and Social Services	_ Date

PURPOSE

To demonstrate how Kern Health Systems (KHS) will identify and authorize Members for administration of benefits for the Community Supports Services (CSS) Program in compliance with the Department of Health Care Services (DHCS) guidelines.

POLICY

KHS will identify eligible Members for Community Supports benefits through a compliant and comprehensive systems approach including assessments, Community Based Organizations, available data, and reports. KHS will manage the provision, authorization, and referral to Community Supports in coordination with the Enhanced Care Management (ECM) Program and Providers when possible.

DEFINITIONS

Term	Definition		
WPC	Whole Person Care Program		
HHP	Health Homes Program		
РСР	Primary Care Physician		
UM	Utilization Management		
CSS Care Team	Internal KHS Staff working to assign Members identified for CSS, coordinating with CSS Provider Sites (often CBOs or Community Based Organizations), and connecting Members to all available resources.		

PROCEDURES

A. Initiating Delivery of Community Supports

The table below identifies which Community Supports Services will be provided to Members, through which primary methods, and includes expected duration and frequency of service(s).

Primary Delivery Method		Expected Duration and Frequency of Service		
Housi	ng Transition/ Navigation Services	1. The expected duration of		
Individ	lualized assessment of needs and documentation of an individualized	this service depends on the		
	g support plan; Beneficiaries may require and access only a subset of	individual Member's need.		
	vices listed below:	The frequency of services is		
1.	Conducting a tenant screening and housing assessment that identifies	as needed and will be		
	the participant's preferences and barriers related to successful tenancy.	identified in the housing		
	The assessment will include collecting information on the participant's	support plan.		
	housing needs, potential housing transition barriers, and identification			
	of housing retention barriers.			
2.	Developing an individualized housing support plan based upon the			
	housing assessment that addresses identified barriers, includes short-			
	and long-term measurable goals for each issue, establishes the			
	participant's approach to meeting the goal, and identifies when other			
	providers or services, both reimbursed and not reimbursed by Medi-			
	Cal, may be required to meet the goal.			
3.	Searching for housing and presenting options.			
4.	Assisting in securing housing, including the completion of housing			
	applications and securing required documentation (e.g., Social			
	Security card, birth certificate, prior rental history).			
5.	Assisting with benefits advocacy, including assistance with obtaining			
	identification and documentation for SSI eligibility and supporting the			
	SSI application process. Such service can be subcontracted out to			
	retain needed specialized skillset.			
6.	Identifying and securing available resources to assist with subsidizing			
	rent (such as Section 8, state and local assistance programs etc.) and			
	matching available rental subsidy resources to Members.			

4			individual has assess to
4.	Coordination with the landlord and case management provider to		individual has access to
-	address identified issues that could impact housing stability.		supports needed to maintain
5.	Assistance in resolving disputes with landlords and/or neighbors to		tenancy.
	reduce risk of eviction or other adverse action including developing a		
	repayment plan or identifying funding in situations in which the client		
	owes back rent or payment for damage to the unit.		
6.	Advocacy and linkage with community resources to prevent eviction		
	when housing is or may potentially become jeopardized.		
7.	Assisting with benefits advocacy, including assistance with obtaining		
	identification and documentation for SSI eligibility and supporting the		
	SSI application process. Such service can be subcontracted out to		
	retain needed specialized skillset.		
8.	Assistance with the annual housing recertification process.		
	Coordinating with the tenant to review, update and modify their		
	housing support and crisis plan on a regular basis to reflect current		
	needs and address existing or recurring housing retention barriers.		
10	Continuing assistance with lease compliance, including ongoing		
10	support with activities related to household management.		
11	Health and safety visits, including unit habitability inspections.		
	Other prevention and early intervention services identified in the crisis		
12	plan that are activated when housing is jeopardized (e.g., assisting with		
	reasonable accommodation requests that were not initially required		
	upon move-in).		
12	Providing independent living and life skills including assistance with		
13	and training on budgeting, including financial literacy and connection		
	to community resources.		
Short	Term Post-Hospitalization Housing provides beneficiaries who do not	1.	The expected duration of
	residence and who have high medical or behavioral health needs with	1.	this service depends on the
	portunity to continue their medical/psychiatric/substance use disorder		individual Member's
	ry immediately after exiting an inpatient hospital (either acute or		condition (or until transition
	atric or Chemical Dependency and Recovery hospital), residential		to a more appropriate care
	ice use disorder treatment or recovery facility, residential mental health		setting, not to exceed 30
	ent facility, correctional facility, nursing facility, or recuperative care.		days).
	tting provides individuals with ongoing supports necessary for	2.	Services are not intended to
	ration and recovery such as gaining (or regaining) the ability to perform		replace or be duplicative of
	es of daily living, receiving necessary medical/psychiatric/substance use		the services provided to
disorde	er care, case management and beginning to access other housing		Members utilizing the ECM
suppor	ts such as Housing Transition Navigation.		program.
	tting may include an individual or shared interim housing setting, where	3.	Short-Term Post-
	ts receive the services described above.		Hospitalization Housing
	ciaries must be offered Housing Transition Navigation supports during		may be utilized in
	iod of Short-Term Post-Hospitalization housing to prepare them for		conjunction with other
	on from this setting. These services should include a housing		housing Community
	nent and the development of individualized housing support plan to		Supports.
	y preferences and barriers related to successful housing tenancy after	4.	Whenever possible, other
Short-	Term Post-Hospitalization housing.		housing Community
			Supports should be provided
			to Members onsite in the
			Short-Term Post- Hospitalization Housing
			Hospitalization Housing facility.
			1a0111ty.

 Recuperative Care (Medical Respite) At a minimum, the service will include interim housing with a bed and meals and ongoing monitoring of the individual's ongoing medical or behavioral health condition (e.g., monitoring of vital signs, assessments, wound care, medication monitoring). Based on the individual Member's needs, the service may also include: Limited or short-term assistance with Instrumental Activities of Daily Living &/or ADLs Coordination of transportation to post-discharge appointments Connection to any other on-going services an individual may require including mental health and substance use disorder services Support in accessing benefits and housing Gaining stability with case management relationships and programs 	 The expected duration of this service depends on the individual Member's condition (or until transition to a more appropriate care setting, not to exceed 90 days). Services are not intended to replace or be duplicative of the services provided to Members utilizing the ECM program. Recuperative Care may be utilized in conjunction with other housing Community Supports. Whenever possible, other housing Community Supports should be provided to Members onsite in the recuperative care facility.
 Asthma Remediation Environmental asthma trigger remediation services are physical modifications available in a home environment that is owned, rented, leased, or occupied by the individual or their caregiver. When authorizing asthma remediation as a Community Supports service, KHS will receive and document: The Member's current licensed health care provider's order specifying the requested remediation(s); Depending on the type of remediation(s) requested, documentation from the provider describing how the remediation(s) meets the medical needs of the Member. A brief written evaluation specific to the Member describing how and why the remediation(s) meets the needs of the individual will still be necessary. That a home visit has been conducted to determine the suitability of any requested remediation(s). Asthma remediation includes providing information to individuals about actions to take around the home to mitigate environmental exposures that could trigger asthma symptoms and remediations designed to avoid asthmarelated hospitalizations such as: Identification of environmental triggers commonly found in and around the home, including allergens and irritants. Using dust-proof mattress and pillow covers, high-efficiency particulate air vacuums, asthma-friendly cleaning products, dehumidifiers, and air filters. Health-related minor home repairs such as pest management or patching holes and cracks through which pests can enter. 	 As identified in the Member's current licensed health care provider's order specifying the requested remediation(s); and depending on the type of remediation(s) requested. A home visit must be conducted to determine the suitability of any requested remediation(s). Asthma remediations are payable up to a total lifetime maximum of \$7,500. The only exception to the \$7,500 total maximum is if the beneficiary's condition has changed so significantly that additional modifications are necessary to ensure the health, welfare, and safety of the beneficiary to function with greater independence in the home and avoid institutionalization or hospitalization.

<u>Respite Services</u> are provided to caregivers of Members who require ntermittent temporary supervision. The services are provided on a short-term		In the home setting, these
 basis because of the absence or need for relief of those persons who normally eare for and/or supervise them and are non-medical in nature. This service is distinct from medical respite/recuperative care and is rest for the caregiver only. When authorizing Respite Services, delivery can include any of the following: Services provided by the hour on an episodic basis because of the absence of or need for relief for those persons normally providing the care to individuals. Services provided by the day/overnight on a short-term basis because of the absence of or need for relief for those persons normally providing the care to individuals. Services that attend to the Member's basic self-help needs and other activities of daily living, including interaction, socialization and continuation of usual daily routines that would ordinarily be performed by those persons who normally care for and/or supervise them. Home Respite Services are provided to the Member in his or her own home or mother location being used as the home. Facility Respite Services are provided in an approved out-of-home location. Respite should be made available when it is useful and necessary to maintain a person in their own home and to preempt caregiver burnout to avoid nstitutional services for which the Medi-Cal managed care plan is responsible. 	2.	services, in combination with any direct care services the Member is receiving, may not exceed 24 hours per day of care. 2. Service limit is up to 336 hours per calendar year. The service is inclusive of all in- home and in-facility services. Exceptions to the 336 hour per calendar year limit can be made, with Medi-Cal managed care plan authorization, when the caregiver experiences an episode, including medical treatment and hospitalization that leaves a Medicaid member without their caregiver. Respite support provided during these episodes can be excluded from the 336-hour annual limit. This service is only to avoid placements for which the Medi-Cal managed care plan
 Medically Tailored Meals/Medically Supportive Food is a service intended o help individuals achieve their nutrition goals at critical times to help them egain and maintain their health. Results include improved Member health butcomes, lower hospital readmission rates, a well-maintained nutritional health status, and increased Member satisfaction. When authorizing medically tailored meals as a Community Supports service, KHS will monitor the following service delivery methods which may include: Meals delivered to the home immediately following discharge from a hospital or nursing home when Members are most vulnerable to readmission. Medically Tailored Meals: meals provided to the Member at home that meet the unique dietary needs of those with chronic diseases. Medically Tailored meals are tailored to the medical needs of the Member by a Registered Dietitian (RD) or other certified nutrition professional, reflecting appropriate dietary therapies based on evidence-based nutritional practice guidelines to address medical diagnoses, symptoms, allergies, medication management, and/or side effects to ensure the best possible nutrition-related health outcomes. Medically supportive food and nutrition services, including medically tailored groceries, healthy food vouchers, and food pharmacies. 	2.	would be responsible. The expected duration of this service depends upon the individual Member's condition, but allows for up to two (2) meals per day and/or medically-supportive food and nutrition services for up to 12 weeks, or longer if medically necessary. Meal services that are eligible for or reimbursed by alternate programs are not eligible. Meal services are not covered or intended to respond solely to food insecurities.

Sobering Centers are alternative destinations for individuals who are found to be publicly intoxicated (due to alcohol and/or other drugs) and would otherwise be transported to the emergency department or jail. Sobering centers provide these individuals, primarily those who are homeless or those with unstable living situations, with a safe, supportive environment to become sober. Sobering centers provide services such as medical triage, lab testing, a temporary bed, rehydration and food service, treatment for nausea, wound and dressing changes, shower and laundry facilities, substance use education and counseling, navigation and warm hand-offs for additional substance use services or other necessary health care services, and homeless care support services.	1. The expected duration of this service is less than 24 hours.
 When authorizing sobering centers as a Community Supports service, KHS will ensure the following are in place as required by DHCS: 1. When utilizing this service, direct coordination with the county behavioral health agency is required and warm hand-offs for additional behavioral health services are strongly encouraged. 2. The service also includes screening and linkage to ongoing supportive services such as follow-up mental health and substance use disorder treatment and housing options, as appropriate. 3. This service requires partnership with law enforcement, emergency personnel, and outreach teams to identify and divert individuals to Sobering Centers. Sobering centers must be prepared to identify Members with emergent physical health conditions and arrange transport to a hospital or appropriate source of medical care. 4. The services provided should utilize best practices for Members who are experiencing homelessness and who have complex health and/or behavioral health conditions including Housing First, Harm Reduction, Progressive 5. Engagement, Motivational Interviewing, and Trauma-Informed Care. 	
 Nursing Facility Transition/Diversion to Assisted Living Facilities services assist individuals to live in the community and/or avoid institutionalization when possible. The goal is to both facilitate nursing facility transition back into a home-like, community setting and/or prevent skilled nursing admissions for Members with an imminent need for nursing facility level of care (LOC). Individuals have a choice of residing in an assisted living setting as an alternative to long-term placement in a nursing facility when they meet eligibility requirements. The assisted living provider is responsible for meeting the needs of the Member, including Activities of Daily Living (ADLs), Instrumental ADLs (IADLs), meals, transportation, and medication administration, as needed. For individuals who are transitioning from a licensed health care facility to a living arrangement in a Residential Care Facilities for Elderly (RCFE) and Adult Residential Facilities (ARF). Includes wrap-around services: assistance w/ ADLs and IADLs as needed, companion services, medication oversight, and therapeutic social and recreational programming provided in a home-like environment. Includes 24-hour direct care staff on-site to meet scheduled unpredictable needs in a way that promotes maximum dignity and independence, and to provide supervision, safety, and security. 	 The expected duration of this service depends upon the individual Member's condition. Individuals are directly responsible for paying their own living expenses.

commin	ble expenses are those necessary to enable a person to establish a		
limited	nity facility residence (except room and board), including, but not to:		
1.	Assessing the Member's housing needs and presenting options.		
	Assessing the service needs of the Member to determine if the Member		
	needs enhanced onsite services at the RCFE/ARF so the Member can		
	be safely and stably housed in an RCFE/ARF.		
	Assisting in securing a facility residence, including the completion of		
	facility applications, and securing required documentation (e.g., Social		
	Security card, birth certificate, prior rental history).		
3.	Communicating with facility administration and coordinating the		
	move.		
4.	Establishing procedures and contacts to retain facility housing.		
	Coordinating with the Medi-Cal managed care plan to ensure that the		
	needs of Members who need enhanced services to be safely and stably		
	housed in RCFE/ARF settings have Community Supports and/or		
	Enhanced Care Management services that provide the necessary		
	enhanced services.		
	a. Managed care plans may also fund RCFE/ARF operators directly		
	to provide these enhanced services.		
<u>Commu</u>	inity Transition Services/Nursing Facility Transition to a Home	1.	Community Transition
helps in	dividuals to live in the community and avoid further		Services do not include
	onalization.		monthly rental or mortgage
	nity Transition Services/Nursing Facility Transition to a Home are		expense, food, regular utili
	urring set-up expenses for individuals who are transitioning from a		charges, and/or household
	facility to a living arrangement in a private residence where the		
			appliances or items that are
	s directly responsible for his or her own living expenses. Allowable		intended for purely
	s are those necessary to enable a person to establish a basic household		diversionary/recreational
that do 1	not constitute room and board and include:		purposes.
		2.	Community Transition
	Assessing the Member's housing needs and presenting options.		Services are payable up to
2.	Assisting in searching for and securing housing, including the		total lifetime maximum
	completion of housing applications and securing required		amount of \$7,500.00. The
	documentation (e.g., Social Security card, birth certificate, prior rental		only exception to the
	history).		\$7,500.00 total maximum
	Communicating with landlord (if applicable) and coordinating the		
5.	move.		if the Member is compelled
1			to move from a provider-
4.	Establishing procedures and contacts to retain housing.		to move from a provider- operated living arrangement
4. 2.	Establishing procedures and contacts to retain housing. Identifying, coordinating, securing, or funding non-emergency, non-		to move from a provider- operated living arrangement to a living arrangement in
4. 2.	Establishing procedures and contacts to retain housing.		to move from a provider- operated living arrangement
4. 2.	Establishing procedures and contacts to retain housing. Identifying, coordinating, securing, or funding non-emergency, non-		to move from a provider- operated living arrangement to a living arrangement in private residence through
4. 2.	Establishing procedures and contacts to retain housing. Identifying, coordinating, securing, or funding non-emergency, non- medical transportation to assist Members' mobility to ensure reasonable accommodations and access to housing options prior to		to move from a provider- operated living arrangement to a living arrangement in private residence through circumstances beyond his o
4. 2.	Establishing procedures and contacts to retain housing. Identifying, coordinating, securing, or funding non-emergency, non- medical transportation to assist Members' mobility to ensure reasonable accommodations and access to housing options prior to transition and on move-in day.	3	to move from a provider- operated living arrangement in private residence through circumstances beyond his of her control.
4. 2. 3.	Establishing procedures and contacts to retain housing. Identifying, coordinating, securing, or funding non-emergency, non- medical transportation to assist Members' mobility to ensure reasonable accommodations and access to housing options prior to transition and on move-in day. Identifying the need for and coordinating funding for environmental	3.	to move from a provider- operated living arrangement to a living arrangement in private residence through circumstances beyond his of her control. Community Transition
4. 2. 3.	Establishing procedures and contacts to retain housing. Identifying, coordinating, securing, or funding non-emergency, non- medical transportation to assist Members' mobility to ensure reasonable accommodations and access to housing options prior to transition and on move-in day.	3.	to move from a provider- operated living arrangement to a living arrangement in private residence through circumstances beyond his of her control. Community Transition Services must be necessary
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4. 2. 3. Identify	Establishing procedures and contacts to retain housing. Identifying, coordinating, securing, or funding non-emergency, non- medical transportation to assist Members' mobility to ensure reasonable accommodations and access to housing options prior to transition and on move-in day. Identifying the need for and coordinating funding for environmental modifications to install necessary accommodations for accessibility. ing the need for and coordinating funding for services and	3.	to move from a provider- operated living arrangement to a living arrangement in private residence through circumstances beyond his of her control. Community Transition Services must be necessary to ensure the health, welfar and safety of the Member,
4. 2. 3. Identify modific	Establishing procedures and contacts to retain housing. Identifying, coordinating, securing, or funding non-emergency, non- medical transportation to assist Members' mobility to ensure reasonable accommodations and access to housing options prior to transition and on move-in day. Identifying the need for and coordinating funding for environmental modifications to install necessary accommodations for accessibility. ing the need for and coordinating funding for services and ations necessary to enable a person to establish a basic household that	3.	to move from a provider- operated living arrangement to a living arrangement in private residence through circumstances beyond his of her control. Community Transition Services must be necessary to ensure the health, welfar and safety of the Member, and without which the
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 4. 2. 3. Identify modific does not obtain a utilities 	Establishing procedures and contacts to retain housing. Identifying, coordinating, securing, or funding non-emergency, non- medical transportation to assist Members' mobility to ensure reasonable accommodations and access to housing options prior to transition and on move-in day. Identifying the need for and coordinating funding for environmental modifications to install necessary accommodations for accessibility. ing the need for and coordinating funding for services and ations necessary to enable a person to establish a basic household that t constitute room and board, such as: security deposits required to lease on an apartment or home; set-up fees for or service access; first month coverage of utilities, including	3.	to move from a provider- operated living arrangement to a living arrangement in private residence through circumstances beyond his of her control. Community Transition Services must be necessary to ensure the health, welfar and safety of the Member, and without which the Member would be unable to
4. 2. 3. Identify modific does not obtain a utilities telephor	Establishing procedures and contacts to retain housing. Identifying, coordinating, securing, or funding non-emergency, non- medical transportation to assist Members' mobility to ensure reasonable accommodations and access to housing options prior to transition and on move-in day. Identifying the need for and coordinating funding for environmental modifications to install necessary accommodations for accessibility. ing the need for and coordinating funding for services and ations necessary to enable a person to establish a basic household that t constitute room and board, such as: security deposits required to lease on an apartment or home; set-up fees for or service access; first month coverage of utilities, including ne, electricity,	3.	to move from a provider- operated living arrangement to a living arrangement in private residence through circumstances beyond his of her control. Community Transition Services must be necessary to ensure the health, welfar and safety of the Member, and without which the Member would be unable to move to the private residence and would then
 4. 2. 3. Identify modific does not obtain a utilities telephor 	Establishing procedures and contacts to retain housing. Identifying, coordinating, securing, or funding non-emergency, non- medical transportation to assist Members' mobility to ensure reasonable accommodations and access to housing options prior to transition and on move-in day. Identifying the need for and coordinating funding for environmental modifications to install necessary accommodations for accessibility. ing the need for and coordinating funding for services and ations necessary to enable a person to establish a basic household that t constitute room and board, such as: security deposits required to lease on an apartment or home; set-up fees for or service access; first month coverage of utilities, including	3.	to move from a provider- operated living arrangement to a living arrangement in private residence through circumstances beyond his of her control. Community Transition Services must be necessary to ensure the health, welfar and safety of the Member, and without which the Member would be unable to move to the private

modifications, such as an air conditioner or heater; and other medically		
necessary services, such as hospital beds, Hoyer lifts, etc. to ensure access and		
reasonable accommodations.		
Personal Care Services and Homemaker Services are provided for	1.	This service cannot be
individuals who need assistance with Activities of Daily Living (ADLs) such		utilized in lieu of referring to
as bathing, dressing, toileting, ambulation, or feeding. Personal Care Services		the In-Home Supportive
can also include assistance with Instrumental Activities of Daily Living		Services program. Member
(IADLs) such as meal preparation, grocery shopping, and money management.		must be referred to the In-
		Home Supportive Services
Includes services provided through the In-Home Support Services (In-Home		program when they meet
Supportive Services) program, including house cleaning, meal preparation,		referral criteria.
laundry, grocery shopping, personal care services (such as bowel and bladder	2.	If a Member receiving
care, bathing, grooming, and paramedical services), accompaniment to medical		Personal Care and
appointments, and protective supervision for the mentally impaired. Services		Homemaker services has any
also include help with tasks such as cleaning and shopping, laundry, and		change in their current
grocery shopping. Personal Care and Homemaker programs aid individuals		condition, they must be
who could otherwise not remain in their homes.		referred to In-Home
		Supportive Services for
The Personal Care and Homemaker Services Community Support can be		reassessment and
utilized:		determination of additional
1. Above and beyond any approved county In-Home Supportive Services		hours. Members may
hours, when additional hours are required and if In-Home Supportive		continue to receive the
Services benefits are exhausted; and		Personal Care and
2. As authorized during any In-Home Supportive Services waiting period		Homemaker Services
(Member must be already referred to In-Home Supportive Services);		Community Support during
this approval time period includes services prior to and up through the		this reassessment waiting
In-Home Supportive Services application date.		period.
3. For Members not eligible to receive In-Home Supportive Services, to	3.	J 11
help avoid a short-term stay in a skilled nursing facility (not to exceed		supplement and not supplant
60 days).		services received by the
		Medi-Cal beneficiary
Similar services available through In-Home Supportive Services should always		through other State, local, or
be utilized first. These Personal Care and Homemaker services should only be		federally funded programs,
utilized if appropriate and if additional hours/supports are not authorized by In-		in accordance with the
Home Supportive Services.		CalAIM STCs and federal
		and DHCS guidance.

B. Identifying Members for Community Supports

- 1. KHS will identify Members who may benefit from Community Supports Services (CSS) using several approaches. These approaches include:
 - a. Monthly stratification processes of the KHS population, which uses defined criteria and methodologies of data elements, including but not limited to, medical and pharmacy claims, DHCS fee for service claims, care management program information, ACG modeler files, EMR data, HRA results and other external supplemental data.
 - b. Self-referrals or referrals made by family members, caregivers, and support networks.
 - c. Primary Care Providers, Specialist, or other Providers in the community
 - d. Internal Case Management and Utilization Management Program referrals

- 2. KHS will identify newly eligible Community Supports Members who were previously enrolled in another plan through the presence of Community Supports service HCPCS codes within the prior 90 days. The presence of such historical utilization data received by KHS via Plan Data Feed will initiate both the standard assignment and outreach and engagement processes for these Members within 30 days of KHS notification.
- 3. Beginning 2024, when Members are dually eligible for Medicare and Medi-Cal, and enrolled in a Medicare Advantage Plan, including a D-SNP, KHS will coordinate with the Medicare Advantage Plan in the provision of Community Supports by notifying and informing the Member's CSS provider through member-level information sharing via established Secure File Transfer Protocol (SFTP) sites.

C. Authorizations and Referrals for Community Supports:

- 1. KHS will utilize a standardized CSS staff review process for each elected Community Support ensuring appropriate clinical support authorization of Community Supports for Members who meet the Medical Necessity determination. KHS requires all Network Providers using their professional judgement to have determined it to be medically appropriate for the Member to receive Community Supports as it is likely to reduce or prevent the need for acute care or other California Medicaid State Plan services in accordance with all applicable APLs and to be defined in forthcoming guidance.
- 2. KHS will work with the CSS Providers in order to authorize CSS benefits in the most medically appropriate, equitable, and non-discriminatory manner to each eligible Member. This approach includes consistent:
 - a. Validation of Member eligibility for CSS using methodology which will not restrict the authorization of CSS only to Members who are transitioning from WPC and/or HHP.
 - b. Monitoring and evaluation of inequitable service authorizations through auditing for quality assurance
 - c. Analysis of all CSS reporting measures, activities, and service outcomes
 - d. Training and Education that aligns with non-discriminatory practices.
- 3. For Community Supports without "once in a lifetime" restrictions, KHS will automatically authorize CSS-eligible Members who have received Community Supports services under a previous plan so long as KHS has also elected to offer such services. KHS will identify such Members utilizing CSS encounter data as part of the 12-month historical utilization data set under the Plan Data Feed which ensures Members are included in the CSS stratification process using a 90-day look back period and flagging system.
 - a. KHS CSS Care Team will be responsible for the follow-up outreach and coordination with the Member's previous MCP, and the Member or CSS Provider in order to gain access to the Member's Care Management Plan and mitigate any gaps in care.
- 4. KHS will accept referrals from the following:
 - a. Self-referrals
 - b. Referrals by family members/caregivers, or authorized representative (AR)
 - c. Support networks
 - d. Primary Care Providers

- e. Specialist
- f. Other Providers in the Community
- 5. KHS will utilize the standard UM Referral and Authorization process (Policy 3.22) to authorize CSS:
 - a. All referrals not auto approved based on Member assessment questions, will be evaluated for eligibility by the CSS Care Team within 5 working days for routine authorizations and within 72 working hours of receipt for urgent requests.
 - b. If a Member meets eligibility, an authorization will be issued for a period of time based on service requested. Authorization notifications will be sent to the PCP and ECM Provider, if applicable, within 10 business days of authorization.
 - c. If a Member does not meet eligibility criteria, the Member's referral will be reviewed by a KHS medical director for consideration.
 - d. Notification of approval or denial will be sent to the Member and entity requesting CSS.
 - e. If denied, the Member will receive a Denial Notice of Action from KHS and be provided with notification of grievance and appeal rights.
- 6. KHS will treat the following Community Supports as urgent, or expedited, authorization requests in accordance with Section 4a:
 - a. Recuperative Care
 - b. Short Term Post Hospitalization Housing
 - c. Sobering Centers
 - d. Medically Tailored Meals being offered post-acute care.
- 7. KHS will accept presumptive authorizations for the following Community Supports whereby selected Providers can presumptively authorize services, potentially only for a limited period of time, under specified circumstances when a delay would be harmful to the beneficiary or inconsistent with efficiency and cost-effectiveness:
 - a. Recuperative Care
 - b. Short Term Post Hospitalization Housing
 - c. Sobering Centers
- 8. For Members enrolled in ECM, KHS will use closed loop referrals and work closely with the ECM Care Team, to communicate the outcome of referrals back to the ECM Provider. This standard process of notifying the ECM Provider within 10 business days of the authorization will also be followed by the CSS Care Team.
- 9. KHS will also track referrals to CSS Providers to verify if the authorized service(s) have been delivered to the Member. If the Member receiving CSS is also receiving ECM, this too will be tracked to ensure that the ECM Member receives the authorized service from the CSS Provider.
- 10. KHS Network of CSS Providers will be responsible for the following:
 - a. Ensuring the Member agrees to the receipt of Community Supports;

- b. Where required by law, ensure that Members authorize information sharing with KHS and all others involved in the Member's care as needed to support the Member and maximize the benefits of Community Supports, in accordance with all applicable DHCS APLs;
- c. Communicate Member-level records of any obtained authorization for Community Supportsrelated data sharing which are required by law, and to facilitate ongoing data sharing with KHS; and
- d. Obtain Member authorization to communicate electronically with the Member, Member's family, legal guardians, authorized representatives, caregivers, and other authorized support persons, if KHS intends to do so.
- 11. KHS will operationalize a no "wrong door" policy providing Members' access to centralized services.
 - a. All requests for services are processed by KHS using a centralized approach in which all referrals can be processed during the same encounter regardless of the type of requested service or program.
 - b. If a CSS Provider identifies a Member that needs additional services or care, regardless of what type of service is being provided, the CSS Provider will make the necessary referrals to the appropriate resources either internally to KHS or to community-based resources to ensure that the Member receives the necessary services and/or care.
 - c. CSS Providers will receive training regarding all care management programs that are available to KHS Members. If during assessment the CSS Provider identifies that the Member could benefit from other care management programs, the Provider will refer the Member to the appropriate program.
 - d. KHS will accept referrals for CSS from Providers, other community-based entities, and Members and their families.

D. Discontinuation of Community Supports Services and/or Outreach

- 1. Members are able to decline or end Community Supports upon initial outreach and engagement, or at any other time.
- 2. Reasons CSS Provider has for discontinuing outreach may include:
 - a. Member declines participation
 - b. Member is well managed and not in need of CSS.
 - c. Duplicative services are being provided to Member.
 - d. Member displays an unsafe behavior.
 - e. Member is not eligible for services.
 - f. Member is deceased.
- 3. Community Supports Providers will notify KHS to discontinue CSS for Members if any of the following circumstances are met:
 - a. The Member has met all goals and is in no longer need of services.
 - b. The Member loses insurance coverage and no longer eligible for services.
 - c. The Member no longer wishes to receive CSS or is unresponsive or unwilling to engage; and/or

- d. The CSS Provider has not been able to connect with the Member after multiple attempts.
- 4. CSS Providers will be notified of Members' CSS discontinuation using disenrollment reasons and codes via an Enrollment File accessed via SFTP.
- 5. If a CSS is discontinued for any reason, CSS Provider shall support transition planning for the Member into other programs or services that meet their needs.
- 6. CSS Provider is encouraged to identify additional CSS the Member may benefit from and send any additional request(s) for CSS to KHS for authorization.
- 7. Members no longer authorized to receive the CSS benefit and who qualify for discontinuation will receive a Notice of Action from KHS identifying their disenrollment from the CSS Program. This includes information of their right to appeal and the appeals process by way of the DHCS outlined NOA process. Notification of disenrollment will be sent to each Member's Provider.

REFERENCE:

UM Referral and Authorization Policy 3.22

Revision 2023-09: Policy updated to comply with DHCS Community Supports Attestation Form due 9/15/2023. **Revision 2023-09:** Policy approved on 9/5/2023 per 2024 Operational Readiness R.0146. **Update 2023-07**: Policy updated to comply with the DHCS 2024 Medi-Cal Managed Care Plan Contract. **2023-05**: Policy received approval on 05/31/2023 per updated DHCS-approved Model of Care (MOC) Template. **2023-02**: Policy submitted per DHCS MOC request. **2022-11**: Policy received approval on 11/30/2022 per updated DHCS-approved Model of Care (MOC) Template. **2022-09**: Policy submitted per DHCS MOC request. **2022-02**: Policy submitted per DHCS MOC r