



May 20, 2025

Updated Behavioral Health Referral Process

Dear Provider,

Effective May 19, 2025, providers will have access to an updated Behavioral Health referral assessment in the KHS Provider Portal.

Behavioral Health Services Overview

Kern Health Systems (KHS) is responsible for ensuring access to medically necessary Behavioral Health Services. KHS maintains a network of Behavioral Health providers who offer non-specialty mental health services (NSMHS) and Behavioral Health Treatment (BHT)/Applied Behavioral Analysis (ABA).

KHS coordinates care with:

- The County Mental Health Plan, Kern Behavioral Health and Recovery Services (KBHRS), for Specialty Mental Health Services (SMHS)
- The Drug Medi-Cal Organized Delivery System (DMC-ODS) for Substance Use Disorder (SUD) services

Submitting a Behavioral Health Referral

If you believe a KHS member may benefit from behavioral health services, please submit a referral assessment through the **KHS Provider Portal** using the updated process:

How to Submit a Referral:

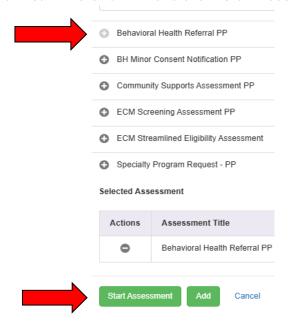
- 1. Go to www.kernfamilyhealthcare.com
- 2. Click on "Provider Portal"
- 3. Enter your username and password
- 4. Click on "Authorizations"
- 5. Click on "Menu"
- 6. Select "New Request"
- 7. Enter the required member information and click "Search"
- 8. Under "Action", select "Assessment"







- 9. Click "Add Assessment"
- 10. Select "Behavioral Health Referral-PP" and click "Start Assessment"



You will now be guided through the full **Behavioral Health Referral PP** assessment, which includes required questions depending on the type of service needed. Referral options now include:

- Mental Health
- Substance Use Disorder
- BHT/ABA

Complete the assessment by answering all required questions and selecting "Complete." Once submitted, the assessment will be sent directly to the KHS Behavioral Health Department.

Please note submitting this referral **does not replace** the authorization process. The provider should refer to the **Prior Authorization List** to determine if an authorization is required. In addition, a referral does not need to be completed each time an authorization is needed and should only be submitted if it is determined a member would benefit from behavioral health services.

<u>Provider Bulletins</u> are available on the <u>KHS website</u>. Please visit the site regularly to stay informed about the latest updates and announcements.

If you have any additional questions, please contact your Provider Relations Representative at 1-800-391-2000, silent prompt option #5.

Sincerely,

Melinda Santiago Director of Behavioral Health Kern Health Systems