



June 22, 2023

### All Plan Letter (APL) 22-030 Initial Health Appointment

Dear Provider,

The Department of Health Care Services has released All Plan Letter (APL) 22-030, *Initial Health Appointment*, which supersedes APL 13-017, *Initial Health Assessment*. As outlined in the revised APL which was effective January 1, 2023, the Initial Health Assessment has been renamed to Initial Health Appointment (IHA). **Individual Health Education Behavioral Assessment (IHEBA) and Staying Healthy Assessment (SHA) are no longer required as part of the IHA.**

An IHA must be completed within 120 days of enrollment for new members and must include all of the following:

- A history of the Member's physical and mental health
- An identification of risks
- An assessment of need for preventive screens or services
- Health education
- The diagnosis and plan for treatment of any diseases

An IHA should be billed to Kern Health Systems (KHS) using one of the following CPT codes and diagnosis codes:

CPT Code Series: 99381-99387

Diagnosis Code: Z00.00 – Z00.8

When conducting outreach to KHS members to schedule an IHA, please document outreach attempts.

To access the full APL, please visit:

<https://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/APL2022/APL22-030.pdf>

KHS posts all bulletins on the KHS website, [www.kernfamilyhealthcare.com](http://www.kernfamilyhealthcare.com), choose Provider, then Bulletins.

For any questions, please contact your Provider Relations Representative at 1-800-391-2000.

Sincerely,

Melissa McGuire  
Deputy Director of Provider Network  
Kern Health Systems